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16. Philosophy and Methodology of Social Sciences and Humanities	
17. Polish Language A1 1	
18. Polish Language A1 2	
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20. Polish Language A2 2	
21. Professional Papers in Journal or Proceedings Abroad.	
22. Professional Papers in a National Journal or Proceedings	
23. Project Education for Practice	
24. Publications at domestic scientific conferences.	
25. Publications at foreign scientific conferences	
26. Russian Language and for Beginners 1	
27. Russian Language and for Beginners 2.	
28. Scientific Communication and Public Performing.	
29. Scientific papers in scientific journals indexed in databases (ULRICHSWEB, EBSCO,	
DOAJ,)	
30. Scientific papers in scientific journals indexed in databases (WoS or Scopus)	
31. Spanish Language 2.	
32. Sport Psychology	
33. Statistics in Sport Sciences.	
34. Structure of Sport Performance - Individual Sports	
35. Structure of Sport Performance - Team Sports	
36. Student Scientific Activity	
37. Study Mobility Abroad	
38. Study in a Peer-Reviewed Scientific Journal or Proceedings Abroad	
39. Study in a Peer-reviewed National Scientific Journal or Proceedings	
40. Theoretical and Methodological Bases of Sport Educology	
41. Theory and Didactics of Health Physical Education	
42. Theory and Didactics of Sport Performance - Individual Sports	
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University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-208 | **Course name:** Citations in foreign and domestic publications not registered

in the citation indexes

Type, extent and method of instruction:

Form of instruction:

Course type: (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods:

Method of study: combined

Number of credits: 1

Recommended semester/trimester: 1., 2.., 3., 4.., 5., 6..

Level: III.

Prerequisites:

Course completion conditions:

Citation in foreign and domestic publications not registered in the citation indexes

Learning objectives:

Student by noticing a citation in foreign or a domestic publication not registered in the citation indexes:

- 1. proves his ability to record a response at the international or domestic level,
- 2. demonstrates the importance of research results at the international or domestic level,
- 3. achieves acceptance of research at the international or domestic level,
- 4. proves that he has become an accepted member of the scientific community.

Brief outline of the course:

Responses to publication activity not registered in citation indexes. Record of feedback on publication activity not registered in citation indexes.

Recommended literature:

- 1. SLOVAK MINISTRY OF EDUCATION, SCIENCE, RESEARCH AND SPORTS REPUBLIC. 2022. Records of publication and artistic activity. Available on the Internet: https://www.minedu.sk/evidencia-publikacnej-a-umeleckej-cinnosti/
- 2. UNIVERSITY LIBRARY OF MATEJA BELA UNIVERSITY BANSKÁ BYSTRICA. 2022. Responses to publication activity. Available online: https://kniznica.umb.sk/podpora-vedy/record-of-publication-activity/responses-to-publication-activity-14820/

Language of instruction:

slovak, english

Notes: student time load:

Student workload: 30 hrs., of which:

service for registering a foreign or domestic citation: 30 hrs.

	Course assessment The final number of assessed students: 0						
A	В	Е	FX(0)	FX(1)			
0.0	0.0	0.0	0.0	0.0	0.0	0.0	

Instructor: prof. PaedDr. Martin Pupiš, PhD.

Last changed: 21.04.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-209 | **Course name:** Citations in foreign and domestic publications registered in

the citation indexes WoS and Scopus

Type, extent and method of instruction:

Form of instruction:

Course type: (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods:

Method of study: combined

Number of credits: 2

Recommended semester/trimester: 1., 2.., 3., 4.., 5., 6..

Level: III.

Prerequisites:

Course completion conditions:

Citation in foreign and domestic publications registered in the citation indexes WoS and Scopus

Learning objectives:

Student by noticing a citation in foreign or a domestic publication registered in the citation indexes WoS and Scopus:

- 1. proves his ability to record a response at the highest international or domestic level,
- 2. demonstrates the importance of research results at the highest international or domestic level,
- 3. achieves acceptance of research at the highest international or domestic level,
- 4. proves that he has become an accepted member of the scientific community.

Brief outline of the course:

Responses to publication activity registered in citation indexes WoS and Scopus. Recording of feedback on publication activity registered in citation indexes WoS and Scopus.

Recommended literature:

- 1. SLOVAK MINISTRY OF EDUCATION, SCIENCE, RESEARCH AND SPORTS REPUBLIC. 2022. Records of publication and artistic activity. Available on the Internet: https://www.minedu.sk/evidencia-publikacnej-a-umeleckej-cinnosti/
- 2. UNIVERSITY LIBRARY OF MATEJA BELA UNIVERSITY BANSKÁ BYSTRICA. 2022. Responses to publication activity. Available online: https://kniznica.umb.sk/podpora-vedy/record-of-publication-activity/responses-to-publication-activity-14820/

Language of instruction:

english, slovak

Notes: student time load:

Student workload: 60 hrs., of which:

service for registering a foreign or domestic citation: 60 hrs.

	Course assessment The final number of assessed students: 1						
A B C D E FX(0) FX(1)							
100.0	0.0	0.0	0.0	0.0	0.0	0.0	

Instructor: prof. PaedDr. Martin Pupiš, PhD.

Last changed: 21.04.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-203 | **Course name:** Co-investigator of a National or international Scientific

Research Project

Type, extent and method of instruction:

Form of instruction:

Course type: (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods:

Method of study: combined

Number of credits: 3

Recommended semester/trimester: 1., 2., 3., 4., 5., 6..

Level: III.

Prerequisites:

Course completion conditions:

During the studies, the student participates in national or international grant project VEGA, KEGA under the guidance of a supervisor with the solution of a partial task of his dissertation.

Learning objectives:

The student:

- 1. can develop a partial project of a research task,
- 2. critically analyse the state of knowledge in the given field of solving the research task,
- 3. use appropriate research methods,
- 4. analyse partial research results,
- 5. draw conclusions for physical education theory and practice.

Brief outline of the course:

It is based on an approved research project and then transforms the main goal of the research into the solution of a partial task.

Recommended literature:

Specified in cooperation with the supervisor and the receiving workplace.

Language of instruction:

slovak, english

Notes: student time load:

According to the determination of the solving capacity by the project leader - at least 90 hours.

Course assessment

The final number of assessed students: 3

A	В	С	D	Е	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: prof. PaedDr. Martin Pupiš, PhD.

Last changed: 21.04.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-ajs-303 | Course name: Conversation in English

Type, extent and method of instruction:

Form of instruction: Seminar

Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 5

Recommended semester/trimester: 1., 3.

Level: III.

Prerequisites:

Course completion conditions:

Oral exam - selected conversational topics

b) final assessment:

Oral Exam

Learning objectives:

The student can converse in English, they are able to speak fluently, they can present and defend their opinions, they can fluently present.

Brief outline of the course:

1 GREETINGS!

Good mornings

2 IN THE BEGINNING...

Conversation cards

3 A THOUSAND YEARS OF CONVERSATION

Battle rapping

4 EXCHANGES

An unusual exchange

5 TAKING TURNS—OR NOT

Telephone turns

6 INTERRUPTING

One-sided turns

7 WHAT WE TALK ABOUT

Topical allusions

8 HOW WE TALK ABOUT IT

Enjoy!

9 TAKING IT EASY

Phone beginnings

10 STORY-TELLING

A thousand days

11 STYLISTIC OPTIONS

Hello, Dave

12 THE VOCAL AND THE VISUAL

Dickensian pauses

13 CONVERSATION AS THEATRE

Always a conversation

14 ONLINE 'CONVERSATIONS'

Online help

15 CULTURAL CONVERSATIONS

A case of cultural misunderstanding

16 BREAKING THE RULES

The father of it all

17 DOES CONVERSATION CHANGE?

New openings, reactions, and closings

18 #ALMOST DONE

Recommended literature:

David Crystal - Let's Talk: How English Conversation Works

Language of instruction:

English B2

Notes: student time load:

150 total

26 seminars

24 self-study

50 preparation for class

50 preparation for the final exam

Course assessment

The final number of assessed students: 3

A	В	С	D	Е	FX(0)	FX(1)
66.67	0.0	0.0	0.0	0.0	33.33	0.0

Instructor: Mgr. Barbora Vinczeová, PhD.

Last changed: 29.09.2022

Approved by: prof. PaedDr. Ivan Čillík, CSc.

Page: 10

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-103 | Course name: Dissertation Project I

Type, extent and method of instruction:

Form of instruction:

Course type: (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods:

Method of study: combined

Number of credits: 10

Recommended semester/trimester: 2.

Level: III.

Prerequisites:

Course completion conditions:

During the first year the supervisor will assess the submitted written part of the theoretical basis for dissertation (20 pages at least) and publication outputs of the postgraduate student.

The course assessment corresponds to the A-FX grading scale: A (100 - 94%), B (93 - 87%), C (86 - 80%), D (79 - 73%), E (72 - 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.

a) continuous assessment:

Twice during semester, the supervisor will assess the methods of the postgraduate student concerning the fulfilment of the given tasks and assess their theoretical basis of the dissertation thesis and publication outputs.

b) final assessment:

The supervisor will assess the submitted written part of the theoretical basis for dissertation and publication outputs of the postgraduate student.

Learning objectives:

Students will:

- Be able to search various information sources, critically analyse and synthesize literature and information on Slovak and foreign authors, with publication outputs at the national level.
- understand the context of addressed issue.
- Be able to form the basis of the dissertation

Brief outline of the course:

Critical analysis of the contemporary state of knowledge and processing of scientific studies from addressed area.

Recommended literature:

domestic/ foreign monographs, journals, magazines, internet sources according to dissertation problem.

Language of instruction:

slovak

Notes:student time load:

300 hrs., of which: consultations: 50 hrs.

processing literature and internet sources: 150 hrs.

project preparation: 100 hrs.

Course assessment

The final number of assessed students: 3

A	В	С	D	Е	FX(0)	FX(1)
0.0	66.67	33.33	0.0	0.0	0.0	0.0

Instructor: prof. PaedDr. Martin Pupiš, PhD.

Last changed: 21.04.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-129 | **Course name:** Dissertation examination

Type, extent and method of instruction:

Form of instruction:

Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods:

Method of study: combined

Number of credits: 0

Recommended semester/trimester: 3., 4..

Level: III.

Prerequisites:

Course completion conditions:

Learning objectives:

Brief outline of the course:

Recommended literature:

Language of instruction:

Notes: student time load:

Course assessment

The final number of assessed students: 3

A	В	С	D	Е	FX(1)
0.0	33.33	33.33	0.0	33.33	0.0

Instructor:

Last changed:

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-105 | **Course name:** Dissertation with Defence

Type, extent and method of instruction:

Form of instruction:

 $\pmb{Course \ type:} \ A \ (\text{A - Compulsory courses}, \text{B - Compulsory elective courses}, \text{C - Elective courses})$

Recommended number of periods:

Method of study: combined

Number of credits: 40

Recommended semester/trimester: 5., 6..

Level: III.

Prerequisites:

Course completion conditions:

Learning objectives:

Brief outline of the course:

Recommended literature:

Language of instruction:

Notes: student time load:

Course assessment

The final number of assessed students: 2

A	В	С	D	Е	FX(1)
0.0	50.0	50.0	0.0	0.0	0.0

Instructor:

Last changed: 14.03.2022

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-110 | Course name: Doctoral Colloquium

Type, extent and method of instruction:

Form of instruction:

Course type: (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods:

Method of study: combined

Number of credits: 5

Recommended semester/trimester: 1., 2.., 3., 4..

Level: III.

Prerequisites:

Course completion conditions:

The student actively participates in the doctoral colloquium organised for the doctoral students at FA MBU – Doctoral Quodlibet (the student presents a paper, actively participates in the scholarly discussion, and writes a paper incorporating the comments received, which will be published in an edited collection).

a) continuous assessment:

Active participation in the doctoral colloquium – paper presentation, responding to the questions received, discussing other students' presentations.

b) final assessment:

Publishing the scholarly text (study) in an edited collection (reviewed).

Learning objectives:

The student:

- can formulate the goals of their research
- can present their research to a specialised audience (consisting of experts in different fields) in a comprehensible and attractive way
- is prepared to participate in a specialised discussion and respond in a clear and matter-of-fact way
- can incorporate the recommendations from the discussion in the creation of a comprehensive scholarly text.

Brief outline of the course:

Formulation of the basic theses addressed in the DT. Presentation of a specialised subject matter in a comprehensive way to peers who specialise in different scholarly fields. Preparation of theses and their defence in terms of scholarly discussion. Processing the recommendations from the discussion and their incorporation into the author's scholarly study. Publishing the scholarly study.

Recommended literature:

Per the supervisor's instructions.

Language of instruction:

slovak, english

Notes: student time load:

150 hours, of which:

- heuristics and research: 90 hours

- presentation preparation: 20 hours

- preparation of the paper for publication: 40 hours

Course assessment

The final number of assessed students: 3

A	В	С	D	Е	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: prof. PaedDr. Martin Pupiš, PhD.

Last changed: 21.04.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-ajd-201 | Course name: English in Scholarly Communication

Type, extent and method of instruction:

Form of instruction: Seminar

Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 5

Recommended semester/trimester: 3.

Level: III.

Prerequisites:

Course completion conditions:

The maximum total number of points obtained for the interim and final evaluation is 100. Credits will be awarded to a student who has obtained at least 65 out of 100 points for meeting the specified conditions. The student has the right to one correction term of the written test, which he must pass at least 65%.

a) continuous assessment:

During the semester, the student is expected to: 1. active participation in seminars: 0 - 30 points, 2. home preparation for the seminar part: 0 - 20 points.

b) final assessment:

Final written test: 0 - 50 points in total.

Learning objectives:

The language level required to complete the academic course is English at a level of at least B2 (and higher). The learning outcome will be level C1 and the student will be able to autonomously and actively at this level in academic English: - use key vocabulary and syntactic structures (eg passive verbs) of academic English used in scientific communication, - present their study and research background, i. research project, conference paper, lead a lecture / seminar, etc. using the appropriate terminological apparatus, - prepare an English abstract (journal / proceedings, monographs, dissertations and other qualifications, etc.), - prepare an English summary (summary), - understand the essence of demanding professional texts of longer scope at the C1 level on specific and abstract topics, - translate into English an academic or other professional related text or study from their research discipline.

Brief outline of the course:

Academic English as part of standard English. Specifics of academic English (key terms and structures). Necessity to work with the dictionary. Types of codifying Slovak and English dictionaries (mono- and bilingual dictionaries). Using google compiler and other critical thinking translation tools. Collocations with nouns, adjectives and verbs. How to refer to sources, data, statistics, etc. Research intentions and methods. Structure of the academic text. Abstract. Summary. Presentation preparation.

Recommended literature:

TEXTBOOKS

DUŠKOVÁ, Libuše et al. 2009. Mluvnice současné angličtiny na pozadí češtiny. Electronic edition. Ústav anglického jazyka a didaktiky, FF UK, 2009. http://www.mluvniceanglictiny.cz McCARTHY, Michael – O´DELL, Felicity. 2014. Academic Vocabulary in Use. Cambridge: Cambridge University Press, 2014, 176 pp. ISBN 978-0-521-68939-7

Collins Dictionary. https://www.collinsdictionary.com/dictionary/english/

Google Prekladač. https://translate.google.com/?sl=en&tl=sk&op=translate&hl=sk

Longman Dictionary Online. https://www.ldoceonline.com/dictionary/

Online OXFORD Collocation Dictionary. https://www.freecollocation.com/ Oxford Collocations Dictionary for Students of English. 2003. Oxford: Oxford University Press, 2003, 898 pp. ISBN 0-19-431243-7

Slovak dictionaries

DICTIONARIES

https://slovnik.juls.savba.sk/

OTHER MATERIALS AND SOURCES

CRYSTAL, David. 2020. Prof. David Crystal on Standard vs. Non-standard English https://www.youtube.com/watch?v=cwmXfCerwPU (video, 5:39)

Developing Academic English. https://help.open.ac.uk/what-is-academic-english (text a video) Developing Academic English. https://help.open.ac.uk/academic-writing-style (text a video) FITIKIDES, T.J. 2014.Common Mistakes in English. Harlow: Longman, 200 pp. ISBN 0-582-34458-1

Language of instruction:

Slovak, English (B2), Czech

Notes: student time load:

150 hours, incl. combined study: 26 individual self-study: 124

Course assessment

The final number of assessed students: 9

A	В	С	D	Е	FX(0)	FX(1)
77.78	11.11	0.0	11.11	0.0	0.0	0.0

Instructor: doc. PaedDr. Petra Jesenská, PhD.

Last changed: 12.09.2022

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-sfi-034 | **Course name:** Ethics of science and scholarship

Type, extent and method of instruction:

Form of instruction: Lecture

Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 5

Recommended semester/trimester: 2.

Level: III.

Prerequisites:

Course completion conditions:

The student must acquire at least 50% on all duties in the written in the continuous assessment. Students have the right to one resit of the written test and on resit of the final oral exam. The course assessment corresponds to the A-FX grading scale: A (100 - 94%), B (93 - 87%), C (86 - 80%), D (79 - 73%), E (72 - 65%). Credits are assigned to students who acquire a minimum of 65 points out of a possible 100.

a) continuous assessment:

Test: 0 - 50 points **b) final assessment:**

final discussion-based exam: 0 - 50 points

Learning objectives:

Students will: 1. be able to identify the essence of moral problem in scholarship and specialised creation, 2. gain understanding of the basic ethical approaches used in scholarship. 3. be able to critically evaluate non-ethical practices in scholarship and creation, 4. put the acquired knowledge in scientific and research into practice, 5. become familiar with the authors and main opinion trends that influence the contemporary discourse in the area of ethics of scholarship.

Brief outline of the course:

Changes in the image of science and science as a system of knowledge and institution in postmodern; science and the place of ethics of science; the idea of technoscience and its criticism; challenging the idea of enlightenment - progress and legitimizing science; changes in the relationship between science and society and the problem of social responsibility. Morality as a normative system, contrary to legal norms. The structure of morality. Relevant ethical theories as a starting point for applied ethics (naturalism vs. antinaturalism in ethics, cognitivism vs. emotivism); ethics of virtues and deontological ethics, utilitarianism and its forms (consequentialism and rule utilitarianism, discourse ethics). Basic ethical dilemmas. Ethics as a philosophical discipline and applied ethics. Basic forms of applied ethics (bioethics, ethics of science and technology). Ethical implications of scientific research and their impact on individuals, humanity, society and nature. Responsibility for science, ethics and code of ethics for the scientific community. Institutionalization of the ethics of science (science, education, politics, public administration, business, etc.). Ethics of science as a search for an answer to the question: technical possibilities and their moral requirements - manifestations in medical ethics and bioethics). The relationship

between applied ethics and rights. Etc. Institutions for science ethics and international ethical standards for science and research. Forms of moral misconduct in science. Responsibility of the scientist and responsibility in scientific work. The question of authorship as an ethical issue. Honest statements and thanks as ethical forms in science. Grant and team tasks as moral obligations. Rules for publication and scientific discourse. Plagiarism and self-plagiarism. Reviewing as an ethical tool. Responding to fraud in scientific work. Minimizing unethical practices. The importance of ethical regulators in scientific work. Ethics code and ethics committee in scientific and research communities. Situation in the field of the use of ethical tools in scientific institutions in Slovakia.

Recommended literature:

Drozenová, W. (2010): Etika vědy v České republice. Od historických kořenů k současné bioetice. Praha: Filosofia.

Kovaľová, D., Fobel, P., Ďuríček, V., Ignajatovičová, D. (2009): Bioetika ako akademická a profesionálna špecializácia. Banská Bystrica: UMB, Fakulta humanitných vied.

Jonas, H. (1997): Princíp odpovědnosti. Praha: OIKOYMENH.

Ethical principles of research in the humanities and social and behavioural sciences and proposals for ethical review. National Advisory Board on Research Ethics. Helsinki 2009, http://www.tenk.fi/sites/tenk.fi/files/ethicalprinciples.pdf

Frolov, I. T., Judin B. G. (1989): Etika vedy. Bratislava: Pravda.

Etický kódex SAV.

Etický kódex zamestnanca UMB.

Heidegger, M. (2004): Věda, technika a zamyšlení. Praha: OIKOYMENH.

Journal Teorie Vědy. Časopis pro teorii vědy, techniky a komunikace / Theory of Science. Journal for Theory of Science, Technology & Communication", No. 3/2006 (Theme: "Ethics of Science") Európska charta výskumných pracovníkov.

Max, W. (2009): Věda jako povolání. In: Metodologie, sociologie a politika. Praha:

OIKOYMENH, s. 108-132.

Smreková, D., Palovičová, Z. (2003): Dobro a cnosť. Etická tradícia a súčasnosť. Bratislava: Iris. Tugendhat, E. (2004): Přednášky o etice. Praha: OIKOYMENH.

Walzer, M. (2000): Tri cesty v morální filosofii. In: Interpretace a sociální kritika. Praha: Filosofia.

Šimek, J. (2015): Lékařská etika. Praha: Grada Publishing.

Kořenek, J. (2002): Lékařská etika. Praha.

Všeobecné etické zásady vedeckovýskumnej, publikačnej či inej tvorivej činnosti zamestnankýň a zamestnancov FF UMB (viď www.ff.umb.sk).

Language of instruction:

Slovak, Czech, English

Notes: student time load:

150 hours consisting of: Combined studies (L, S, C): 26 hrs. Library study: 44 hrs. Self-study for case study: 50 hrs. Preparation for the final discussion-based exam: 30 hrs.

Course assessment

The final number of assessed students: 6

A	В	С	D	Е	FX(0)	FX(1)
66.67	16.67	16.67	0.0	0.0	0.0	0.0

Instructor: prof. PhDr. Tatiana Sedová, CSc.

Last changed: 23.06.2022

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-fj-001 | Course name: French Language 2

Type, extent and method of instruction:

Form of instruction: Seminar

Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 3

Recommended semester/trimester: 2.

Level: III.

Prerequisites:

Course completion conditions:

The maximum total number of points obtained for the interim and final assessment is 100.

Credits will be awarded to a student who has earned at least 65 out of 100 points for fulfilling the specified requirements.

a) continuous assessment:

participation and activities in classes (0-20 points)

b) final assessment:

final exam (0-80 points)

Learning objectives:

The student 1. uses basic language skills in French, 2. is able to talk about his interests and his plans for the future. 3. can write an e-mail asking for something. 4. can talk about events that took place in the past.

Brief outline of the course:

1. Understand interests and preferences based on recordings and then be able to talk about yours. 2. Weekend plans. 3. Description of the house/apartment and its equipment. 4. Gastronomy in France and Slovakia. 5. Tense of irregular verbs. 6. Free time.

Recommended literature:

LOISEAU, Y. - MERIEUX, R. 2009. Latitudes 1. Paris: Didier

Pecníková, J. - Ráčková, L. 2023. Základy francúzštiny. Belianum.

Language of instruction:

French A1

Notes:student time load:

120 hours, of which: full-time study: 26 hours Exam preparation + written exam: 94 hours

Course assessment

The final number of assessed students: 0

A	В	С	D	Е	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: PhDr. Jana Pecníková, PhD., Gautier Quentin Crept

Last changed: 14.09.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-nj-001 | Course name: German Language for PhD. Candidates 1

Type, extent and method of instruction:

Form of instruction: Seminar

Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 3

Recommended semester/trimester: 1., 3.

Level: III.

Prerequisites:

Course completion conditions:

The student has the right to one regular and one remedial term for the written test and/or oral examination. The assessment is carried out according to a grading scale: A (100-94%), B (93-87%), C (86-80 %), D (79 - 73 %), E (72 - 65 %).

The student must have the course registered in AIS for the relevant period.

a) continuous assessment:

preparation for seminars - completion of assigned tasks, active participation in seminars (0-40 points)

b) final assessment:

final test and/or oral examination (0-60 points)

Learning objectives:

- 1. The student expand the language and communication competences (reading comprehension, listening comprehension, oral expression, written expression) at a A2-B1 level;
- 2. The student will be able to communicate in everyday situations at a A2-B1 level;
- 3. The student consolidate previously acquired and gain new knowledge of grammar, which can be used correctly in oral and written expression;
- 4. The student will gain knowledge about German-speaking countries, including knowledge about communication and socio-cultural standards in these countries.

Brief outline of the course:

1. Presentation, introductions, greetings 2. In a shop 3. In a bank 3. At the doctor. 4. At the theatre, cinema and exhibition 5. At the university and in the library 6. Travelling in German-speaking countries 7. Standards in intercultural communication in the context of German-speaking countries - working with authentic texts.

Recommended literature:

1. NEKOVÁŘOVÁ, A. – FLIEGLER, D. Alltagssprache Deutsch. Plzeň: Fraus, 2003. 311 s.

Language of instruction:

German, Slovak

Notes:student time load:

Student's time workload: 90 hrs.

Combined studies (lectures, seminars, tutorials): 26 hrs.

Self-study (continuous preparation for seminars): 26 hrs.

Preparation for the final test: 38 hrs.

Course assessment

The final number of assessed students: 0

A	В	С	D	Е	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: prof. PhDr. Zuzana Bohušová, PhD., M.A. Jörn Nuber, Mgr. Jana Štefaňáková, PhD., Dominik Timmermann

Last changed: 01.04.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-nj-002 | Course name: German Language for PhD. Candidates 2

Type, extent and method of instruction:

Form of instruction: Seminar

Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 3

Recommended semester/trimester: 2.

Level: III.

Prerequisites:

Course completion conditions:

The student has the right to one regular and one remedial term for the written test and/or oral examination. The assessment is carried out according to a grading scale: A (100-94%), B (93-87%), C (86-80 %), D (79 - 73 %), E (72 - 65 %).

The student must have the course registered in AIS for the relevant period.

a) continuous assessment:

preparation for seminars – completion of assigned tasks, active participation in seminars (0-40 points)

b) final assessment:

final test and/or oral examination

Learning objectives:

- 1. The student expand the language and communication competences (reading comprehension, listening comprehension, oral expression, written expression) at a B1-B2 level;
- 2. The student will be able to communicate in everyday situations at a B1-B2 level;
- 3. The student consolidate previously acquired and gain new knowledge of grammar, which can be used correctly in oral and written expression;
- 4. The student is able to comprehend and discuss linguistically "moderately demanding" popular-scientific and scientific texts about language and language communication; is able to formulate arguments for and against the topic of the text, as well as opinions related to it.

Brief outline of the course:

In addition to improving linguistic and communicative competences in various communication situations, the main emphasis is placed on working with print and electronic texts that are thematically focused on the area of language and language communication.

Recommended literature:

- 1. NEKOVÁŘOVÁ, A. FLIEGLER, D. Alltagssprache Deutsch. Plzeň: Fraus, 2003. 311 s.
- 2. Der Sprachdienst jazykovedný časopis spoločnosti Gesellschaft für deutsche Sprache

Language of instruction:

Slovak, German

Notes: student time load:

Student's time workload: 90 hrs.

Combined studies (lectures, seminars, tutorials): 26 hrs. Self-study (continuous preparation for seminars): 26 hrs.

Preparation for the final test: 38 hrs.

Course assessment

The final number of assessed students: 0

A	В	С	D	Е	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: prof. PhDr. Zuzana Bohušová, PhD., M.A. Jörn Nuber, Mgr. Jana Štefaňáková, PhD.,

Dominik Timmermann

Last changed: 01.04.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-101 | **Course name:** Methodology of Sport Educology

Type, extent and method of instruction: Form of instruction: Lecture / Seminar

Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 13 / 26

Method of study: combined

Number of credits: 8

Recommended semester/trimester: 3.

Level: III.

Prerequisites:

Course completion conditions:

During the semester, the students will prepare a presentation of the written processing of the research methods of the issues solved: the aim, hypotheses, tasks and set methodological steps of the dissertation research. After the end of the semester, they will take the oral part of the doctoral examination.

The course assessment corresponds to the A-FX grading scale: A (100 - 94%), B (93 - 87%), C (86 - 80%), D (79 - 73%), E (72 - 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.

a) continuous assessment:

Continuous check of fulfilling the given assignments when preparing the research methods.

b) final assessment:

Processing the written part of the research methods: 0-60 points.

Presentation of the research methods: 0-40 points.

Learning objectives:

Student can:

Students will be able:

- To search, process and analyse information from various sources, generate the essence of a scientific question.
- To identify, solve and determine the hypothesis of a scholarly work.
- To plan, organize and control a scientific research.

Brief outline of the course:

The following topics will be introduced: primary determinants of the methodological procedures of the issues concerned, from the point of view of approaches, methods and techniques. Primary characteristics of sports and PE didactics from the point of view of developing the physical abilities in stated areas. Characteristics of the sports educology principles from particular types of sports.

Recommended literature:

KAMPMILLER, T. a kol.: Základy metodológie výskumu v telesnej výchove a športe.

Bratislava: FTVŠ UK. 2015. 192 s. ISBN 978-80-89257-27-0.

KERLINGER, F. N.: Základy výzkumu chování. Praha : ACADEMIA, ČSAV, 1972. 705 s. MEŠKO, D. a kol.: Akademická príručka. [2. upravené vydanie]. Martin : Osveta, 2005. 494 s. ISBN 80-8063-200-6.

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SILVERMAN, D.: Ako robiť kvalitatívny výskum. Bratislava : IKAR, PEGAS, 2005. 327 s. ISBN 80-551-09047-4.

SKALKOVÁ, J. a kol.: Úvod do metodológie a metód výskumu. Praha : SPN, 1983. 208 s. č. 46-00-22/1.

SÝKORA, F. a kol.: Telesná výchova a šport. Terminologický a výkladový slovník. Bratislava : F.R.G., s.r.o., 1995. 402 s. ISBN 8085508265.

ZRUBÁK, A. – LABUDOVÁ, J. a kol.: Vedy o športe. Bratislava : UK, 1998. 126 s. ISBN 80-88901-20-0.

GAVORA a kol.: http://www.e-metodologia.fedu.uniba.sk/

Language of instruction:

slovak

Notes: student time load:

Student time load: 240 hrs.

Combined studies (L, S, C): 39 hrs. Studying the literature: 60 hrs.

Preparation of the research methods: 60 hrs.

Presentation: 10 hrs.

Preparation for the final oral exam: 71 hrs.

Course assessment

The final number of assessed students: 4

A	В	С	D	Е	FX(0)	FX(1)
0.0	25.0	25.0	50.0	0.0	0.0	0.0

Instructor: prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Martin Pupiš, PhD.

Last changed: 05.09.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-ajs-301 | **Course name:** Oral Expression in English

Type, extent and method of instruction:

Form of instruction: Seminar

Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 5

Recommended semester/trimester: 2.

Level: III.

Prerequisites:

Course completion conditions:

a) active participation: 15% b) persuasive speech in English: 85%

Learning objectives:

Students will learn to deliver a persuasive speech in English.

Brief outline of the course:

Introduction: What do I want to change? Why? And how? Overview of rhetorical devices using real examples. Sppeches + feedback

Recommended literature:

Language of instruction:

English B2

Notes: student time load:

150 hrs, seminars: 26 self-study: 100 speech preparation: 24

Course assessment

The final number of assessed students: 1

A	В	С	D	Е	FX(0)	FX(1)
0.0	100.0	0.0	0.0	0.0	0.0	0.0

Instructor: prof. Mgr. Vladimír Biloveský, PhD., Mgr. Michael Eliot Dove

Last changed: 29.09.2022

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-sfi-001 | Course name: Philosophy and Methodology of Social Sciences and

Humanities

Type, extent and method of instruction:

Form of instruction: Lecture

Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 5

Recommended semester/trimester: 1.

Level: III.

Prerequisites:

Course completion conditions:

The maximum number of points is 100. Credits are assigned to students who acquire a minimum of 65 points out of a possible 100.

a) preliminary assessment:

Test regarding topic: Possibilities of philosophy in relation to science: 0-10 points

Test regarding topic: Unity of science and nature of facts in social science and humanities 0-10

points

Test regarding topic: Naturalism vs. Anti-naturalism: 0-10 points

Test regarding topic: Varieties of explanation: 0-10 points

b) final assessment:

Final essay where the students apply the discussed issues for their own research for the

dissertation: 0-60 points

Learning objectives:

Students:

- 1. Will be able to identify relevant issues of philosophy and methodology of social sciences and humanities.
- 2. Will understand the basic solutions of the relationship between philosophy and special sciences.
- 3. Will be able to critically analyse and compare the possibilities and limits of thematic concept.
- 4. Will apply the gained concepts in philosophy and methodology of science when writing their own dissertation.
- 5. Will become familiar with the authors significance in contemporary discussions about methodology of social sciences and humanities.

Brief outline of the course:

Recurring problems of unity of sciences, classification of sciences and "war of the sciences". Overcoming the fragmentizing and proliferation of social knowledge and humanities. Possibilities and limits of philosophy with regard to social knowledge (meta-ideology, meta-physics, methodology). Epistemological shifts in the bases of social sciences in the 20th century – analysis (logical turn, linguistic turn, historical-cultural turn, cognitive turn). Action as a priori of social sciences and humanities. Basic theories of action, difference between agency and behaviour. Basic concepts – intentionality, power, rule, human nature, culture. Naturalism vs. Anti-naturalism,

realism and constructivism. Holism vs. Individualism. Main protagonists and key solutions. Nature of social fact, institutional vs. "brute" facts. Individual and general facts. Explanation and understanding. The history of this conflict and its contemporary forms. Interpretativism as a methodological programme. Aims of social sciences. Issue of rationality and social criticism.

Recommended literature:

BOHMAN, J. (1991): New philosophy of Social Science. Oxford: Polity Press.

ČERNÍK, V./VICENÍK, J. (eds.) (2004): Problém rekonštrukcie sociálnych a humanitných vied. IRIS, Bratislava.

FLYVBJERG, B. (1991): Making social science matter. Westview Press, Boulder-San Francicso-Oxford

HABERMAS, J. (2011): Teória jazyka a východiská sociálnych vied. Úvodné štúdie a dodatky k teórii komunikatívneho konania. Kalligram, Bratislava.

HOLLIS, M. (1986): The Philosophy of Social Science. Cambridge University Press.

HOWELL, Kerry, E. (2013): An Introduction to Philosophy of Methodology. SAGe. LENK, H.: (1986): Zwischen Wissenschaftstheorie und Sozialwissenschaften, Frankfurt.

SEDOVÁ, T. (2000): Úvod do filozofie sociálneho poznania. STIMUL, Bratislava.

WALLERSTEIN, I. (1998): Kam směrují sociální vědy? Zpráva Gulbenkianovy komise o restrukturaci sociálních věd. SLON, Praha.

WEBER, M. (2009): Metodologie, sociologie a politika, OIKOYMENH, Praha.

WINCH, P. (2004): Idea sociální vědy a její vztah k filosofii, CDK, Brno.

Časopisy: Mind, ORGANON F, Filozofia, Filosofický časopis, Journal for Social Science.

Language of instruction:

Slovak and English

Notes: student time load:

150 hrs consisting of:

Combined studies (L, S, C): 26 hrs

Library study: 14 hrs

Preparation and writing of the essay: 60 hrs

Preparation for the tests: 50 hrs

Course assessment

The final number of assessed students: 15

A	В	С	D	Е	FX(0)	FX(1)
0.0	46.67	33.33	13.33	6.67	0.0	0.0

Instructor: prof. PhDr. Tatiana Sedová, CSc.

Last changed: 23.06.2022

Approved by: prof. PaedDr. Ivan Čillík, CSc.

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University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-pol-201 | Course name: Polish Language A1 1

Type, extent and method of instruction:

Form of instruction: Seminar

Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 3

Recommended semester/trimester: 1., 3.

Level: III.

Prerequisites:

Course completion conditions:

Learning objectives:

Brief outline of the course:

Recommended literature:

Language of instruction:

Notes:student time load:

Course assessment

The final number of assessed students: 3

A	В	С	D	Е	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: doc. Mgr. Gabriela Olchowa, PhD.

Last changed:

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-pol-202 | Course name: Polish Language A1 2

Type, extent and method of instruction:

Form of instruction: Seminar

Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 3

Recommended semester/trimester: 2.

Level: III.

Prerequisites:

Course completion conditions:

Learning objectives:

Brief outline of the course:

Recommended literature:

Language of instruction:

Notes:student time load:

Course assessment

The final number of assessed students: 1

A	В	С	D	Е	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: doc. Mgr. Gabriela Olchowa, PhD.

Last changed:

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-pol-203 | Course name: Polish Language A2 1

Type, extent and method of instruction:

Form of instruction: Seminar

Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 3

Recommended semester/trimester: 1., 3.

Level: III.

Prerequisites:

Course completion conditions:

Learning objectives:

Brief outline of the course:

Recommended literature:

Language of instruction:

Notes:student time load:

Course assessment

The final number of assessed students: 0

A	В	С	D	Е	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: doc. Mgr. Gabriela Olchowa, PhD.

Last changed:

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-pol-204 | Course name: Polish Language A2 2

Type, extent and method of instruction:

Form of instruction: Seminar

Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 3

Recommended semester/trimester: 2.

Level: III.

Prerequisites:

Course completion conditions:

Learning objectives:

Brief outline of the course:

Recommended literature:

Language of instruction:

Notes:student time load:

Course assessment

The final number of assessed students: 0

A	В	С	D	Е	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: doc. Mgr. Gabriela Olchowa, PhD.

Last changed:

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-207 | Course name: Professional Papers in Journal or Proceedings Abroad

Type, extent and method of instruction:

Form of instruction:

Course type: (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods:

Method of study: combined

Number of credits: 4

Recommended semester/trimester: 1., 2., 3., 4., 5., 6..

Level: III.

Prerequisites:

Course completion conditions:

A paper published in a Journal or Proceedings Abroad

Learning objectives:

Student by publishing a contribution in the proceedings of a domestic scientific conference:

- demonstrates his ability to present research results at the national level,
- demonstrates acquired skills in the preparation of a scientific article and its presentation at the national level,
- achieves the competence to communicate with the domestic academic community and disseminate the results in an effective manner.
- is able to establish himself within the domestic scientific community.

Brief outline of the course:

The basic formal and content structure of the contribution according to the requirements of the editors of the collection.

Recommended literature:

Student by publishing a contribution in the proceedings of a domestic scientific conference:

- demonstrates his ability to present research results at the national level,
- demonstrates acquired skills in the preparation of a scientific article and its presentation at the national level,
- achieves the competence to communicate with the domestic academic community and disseminate the results in an effective manner.
- is able to establish himself within the domestic scientific community.

Language of instruction:

english

Notes: student time load:

120 hrs., of which: Consultation: 20 hrs.

Paper preparation: 100 hrs.

	Course assessment The final number of assessed students: 2							
						FX(1)		
100.0	0.0	0.0	0.0	0.0	0.0	0.0		

Instructor: prof. PaedDr. Martin Pupiš, PhD.

Last changed: 21.04.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-206 | **Course name:** Professional Papers in a National Journal or Proceedings

Type, extent and method of instruction:

Form of instruction:

Course type: (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods:

Method of study: combined

Number of credits: 3

Recommended semester/trimester: 1., 2., 3., 4., 5., 6..

Level: III.

Prerequisites:

Course completion conditions:

A paper published in a National Journal or Proceedings

Learning objectives:

Student by publishing a contribution in the proceedings of a domestic scientific conference:

- demonstrates his ability to present research results at the national level,
- demonstrates acquired skills in the preparation of a scientific article and its presentation at the national level.
- achieves the competence to communicate with the domestic academic community and disseminate the results in an effective manner.
- is able to establish himself within the domestic scientific community.

Brief outline of the course:

The basic formal and content structure of the contribution according to the requirements of the editors of the collection.

Recommended literature:

- 1. ASH, E., SCHOLEFIELD, L. 2019. What's the best journal for my paper? Elservier ConnectResources. Dostupné na internete: https://www.elsevier.com/connect/whats-the-best-journal-formy-paper-new-tool-can-help
- 2. BORJA, A. 2021. 11 steps to structuring a science paper editors will take seriously. ElservierConnect Resources. Dostupné na internete: https://www.elsevier.com/connect/11-steps-tostructuring-a-science-paper-editors-will-take-seriously.
- 3. SUITER, A. M., SARLI, C. C. 2019. Selecting a journal for publication: Criteria to consider. Missouri Medicine, 116(6), 461–465.
- 4. THOMAS, J. R., NELSON, J. K., SILVERMAN, S. J. 2015. Research Methods in Physical Activity. Champaign, IL: Human Kinetics, 2015. ISBN 9781450470445.

Language of instruction:

slovak, english

Notes:student time load:

90 hrs., of which: Consultation: 10 hrs. Paper preparation: 80 hrs.

	Course asses	Course assessment								
	The final number of assessed students: 3									
A B C D E FX(0)						FX(0)	FX(1)			
	100.0	0.0	0.0	0.0	0.0	0.0	0.0			

Instructor: prof. PaedDr. Martin Pupiš, PhD.

Last changed: 21.04.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-pepx | Course name: Project Education for Practice

Type, extent and method of instruction:

Form of instruction: Seminar

 $\pmb{Course \ type: } \ B \ (\text{A - Compulsory courses}, \ B \ - \ Compulsory \ elective \ courses, \ C \ - \ Elective \ courses)$

Recommended number of periods: 26

Method of study: combined

Number of credits: 5

Recommended semester/trimester: 2.

Level: III.

Prerequisites:

Course completion conditions:

The students will prepare a model project application (0-60 points) and then present it (0-40 points). The maximum number of points obtained is 100. The assessment corresponds to the standard grading scale: A (100-94 %), B (93-87 %), C (86-80 %), D (79-73 %), E (72-65 %). Credits are assigned to the student who acquires a minimum of 65 points out of possible 100.

a) continuous assessment:

a) Preparing of the model project application (0 - 60 points)

b) final assessment:

b) Presentation of the model project application (0 - 40 points)

Learning objectives:

The student:

- 1. Acquired the theoretical knowledge about the classes and types of grant schemes, support funds and appeals, preparation and planning of grant projects
- 2. Is able to practically search the information about the sources of project financing
- 3. Acquired the information about the preparation and planning of grant projects
- 4. Understand the project cycle and its relation towards the planning and realisation of the project
- 5. Is able to create his/her own project application for target financing

Brief outline of the course:

Specification of scientific-research projects. Scientific-research projects carried out in FF UMB. Sources of project financing. Project cycle. Identification of project purpose. Appeals and instructions. Preparing of applications. Description of the project. Project schedule. Financial planning. Preparing of the project documentation.

Recommended literature:

- 1. HULLOVÁ, D.: Riadenie projektového cyklu. Metodika tvorby projektov. Nitra, 2010;
- 2. VŠETEČKA, P. BELAN, L.: Projektový manažment I (vysokoškolská učebnica). Liptovský Mikuláš, 2006;
- 3. KRÁTKÝ J., DOLEŽAL J.: Projektový management v praxi. Praha : Grada 2016.

Language of instruction:

Notes: student time load:

Student workload: 150 hrs, of which:

combined studies (L,S): 26 hrs (0/2)

self-study: 40 hrs consultations: 4 hrs

working with the internet sources: 20 hrs

Preparing of the project: 60 hrs

Course assessment

The final number of assessed students: 7

A	В	С	D	Е	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: Mgr. Milena Konôpková, doc. Mgr. Imrich Nagy, PhD.

Last changed: 27.06.2022

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-106 | **Course name:** Publications at domestic scientific conferences

Type, extent and method of instruction:

Form of instruction:

Course type: (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods:

Method of study: combined

Number of credits: 4

Recommended semester/trimester: 1., 2., 3., 4., 5., 6..

Level: III.

Prerequisites:

Course completion conditions:

Presented and published invited paper from the domestic scientific conference in the printed or electronic proceedings of this scientific conference.

Learning objectives:

Student by publishing a contribution in the proceedings of a domestic scientific conference:

- demonstrates his ability to present research results at the national level,
- demonstrates acquired skills in the preparation of a scientific article and its presentation at the national level,
- achieves the competence to communicate with the domestic academic community and disseminate the results in an effective manner,
- is able to establish himself within the domestic scientific community.

Brief outline of the course:

The basic formal and content structure of the contribution according to the requirements of the editors of the collection. Framework content of the IMRAD structure: Introduction to the issue. The current state of the researched topic. Objective and hypotheses. Research methodology. The results. Discussion. Conclusions. List of bibliographic references. (Attachments).

Recommended literature:

- 1. ASH, E., SCHOLEFIELD, L. 2019. What's the best journal for my paper? Elservier ConnectResources. Dostupné na internete: https://www.elsevier.com/connect/whats-the-best-journal-formy-paper-new-tool-can-help
- 2. BORJA, A. 2021. 11 steps to structuring a science paper editors will take seriously. ElservierConnect Resources. Dostupné na internete: https://www.elsevier.com/connect/11-steps-tostructuring-a-science-paper-editors-will-take-seriously.
- 3. SUITER, A. M., SARLI, C. C. 2019. Selecting a journal for publication: Criteria to consider. Missouri Medicine, 116(6), 461–465.

THOMAS, J. R., NELSON, J. K., SILVERMAN, S. J. 2015. Research Methods in Physical Activity. Champaign, IL: Human Kinetics, 2015. ISBN 9781450470445.

Language of instruction:

slovak, english

Notes: student time load:

workload: 120 hrs., of which: Paper preparation: 100 hrs.

service of review procedure and proofreading: 20 hrs.

Course assessment

The final number of assessed students: 3

A	В	С	D	Е	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: prof. PaedDr. Martin Pupiš, PhD.

Last changed: 21.04.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-107 | **Course name:** Publications at foreign scientific conferences

Type, extent and method of instruction:

Form of instruction:

Course type: (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods:

Method of study: combined

Number of credits: 6

Recommended semester/trimester: 1., 2., 3., 4., 5., 6..

Level: III.

Prerequisites:

Course completion conditions:

Presented and published invited paper from the foreign scientific conference in the printed or electronic proceedings of this scientific conference.

Learning objectives:

Student by publishing a contribution in the proceedings of a foreign scientific conference:

- demonstrates his ability to present research results at the international level,
- demonstrates acquired skills in the preparation of a scientific article and its presentation at the international level,
- achieves the competence to communicate with the foreign academic community and disseminate the results in an effective manner,
- can establish himself within the foreign scientific community

Brief outline of the course:

The basic formal and content structure of the contribution according to the requirements of the editors of the collection. Framework content of the IMRAD structure: Introduction to the issue. The current state of the researched topic. Objective and hypotheses. Research methodology. The results. Discussion. Conclusions. List of bibliographic references. (Attachments).

Recommended literature:

- 1. ASH, E., SCHOLEFIELD, L. 2019. What's the best journal for my paper? Elservier ConnectResources. Dostupné na internete: https://www.elsevier.com/connect/whats-the-best-journal-formy-paper-new-tool-can-help
- 2. BORJA, A. 2021. 11 steps to structuring a science paper editors will take seriously. ElservierConnect Resources. Dostupné na internete: https://www.elsevier.com/connect/11-steps-tostructuring-a-science-paper-editors-will-take-seriously.
- 3. SUITER, A. M., SARLI, C. C. 2019. Selecting a journal for publication: Criteria to consider. Missouri Medicine, 116(6), 461–465.

THOMAS, J. R., NELSON, J. K., SILVERMAN, S. J. 2015. Research Methods in Physical Activity. Champaign, IL: Human Kinetics, 2015. ISBN 9781450470445.

Language of instruction:

english

Notes: student time load:

workload: 180 hrs., of which: Paper preparation: 160 hrs.

service of review procedure and proofreading: 20 hrs.

Course assessment

The final number of assessed students: 3

A	В	С	D	Е	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: prof. PaedDr. Martin Pupiš, PhD.

Last changed: 21.04.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-rus-201 | Course name: Russian Language and for Beginners 1

Type, extent and method of instruction:

Form of instruction: Seminar

Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 3

Recommended semester/trimester: 1., 3.

Level: III.

Prerequisites:

Course completion conditions:

Learning objectives:

Brief outline of the course:

Recommended literature:

Language of instruction:

Notes:student time load:

Course assessment

The final number of assessed students: 0

	A	В	С	D	Е	FX(0)	FX(1)	
	0.0	0.0	0.0	0.0	0.0	0.0	0.0	

Instructor: Mgr. Igor Cintula, PhD., doc. PhDr. Marta Kováčová, PhD.

Last changed:

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-rus-202 | Course name: Russian Language and for Beginners 2

Type, extent and method of instruction:

Form of instruction: Seminar

 $\pmb{Course \ type: } C \ (\text{A - Compulsory courses}, \text{B - Compulsory elective courses}, \text{C - Elective courses})$

Recommended number of periods: 26

Method of study: combined

Number of credits: 3

Recommended semester/trimester: 2.

Level: III.

Prerequisites:

Course completion conditions:

Learning objectives:

Brief outline of the course:

Recommended literature:

Language of instruction:

Notes:student time load:

Course assessment

The final number of assessed students: 0

	A	В	С	D	Е	FX(0)	FX(1)	
	0.0	0.0	0.0	0.0	0.0	0.0	0.0	

Instructor: Mgr. Igor Cintula, PhD., doc. PhDr. Marta Kováčová, PhD.

Last changed:

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vek-001 | Course name: Scientific Communication and Public Performing

Type, extent and method of instruction:

Form of instruction: Seminar

Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 5

Recommended semester/trimester: 3.

Level: III.

Prerequisites:

Course completion conditions:

a) continuous assessment:

critical reading and relational-argumentative evaluation of the relevant technical sources corresponding with the topic of the student's own dissertation thesis (40 points)

b) final assessment:

public presentation of the chosen motif and defence of the introduced concept in the colloquium (60 points)

Maximum number of points covering a continual and final assessment is 100. Credits are assigned to the student who acquires a minimum of 65 points out of possible 100.

Learning objectives:

The student will be able:

- 1. To identify the conceptual-compositional essence, to know the purpose and is aware of the meaning of the academic communicates in the technical communication,
- 2. To understand the limits, depth relations and connections of the technical communication,
- 3. To understand the level of similarity and to distinguish the differences between the oral and written form of the technical text.
- 4. To respect the rules of the preparation and the rules of managing of the successful scientific dialogue,
- 5. To adequately correlate the theoretical-methodological bases, peculiarities of the subject of the scientific attention and in the correspondence with the scientific moral to politely present the acquired knowledge in the public environment at the required technical level,
- 6. To apply the acquired knowledge and experience in the scientific communication during the modelling of the project of the student's own dissertation thesis,
- 7. To effectively apply the critical skills in the technical communication in a way that the student 's perception, thinking, reading oral and written communication were accurate, understandable and dynamically presented.

Brief outline of the course:

Modern paradigms in the scientific communication sphere. Essence, function and goals of the scientific communication. Supporting trends and frequent genres of the scientific communication. Technical text as an idea, intention and architecture. Accurateness, persuasiveness and intelligibility: topic and its structuring. Technical text and critical contexts. Introducing

of the technical text as a complex matter. Verbal element of the scientific communication-general characteristics and the so called neuralgic places. Non-verbal elements of the scientific communication- essence, cooperation and meaning. Argumentation in the scientific communication. Presentation and defence of the scientific opinions- synthesis of attempts, degree of professionalism and measure of the success.

Recommended literature:

- 1. COHEN, R. F. MILLER, J. L.: Reason to Write: Strategies for Success in Academic Writing. (Intermediate.) London: Oxford University Press, 2003.
- 2. ČMEJRKOVÁ, S. DANEŠ, F. SVĚTLÁ, J.: Jak napsat odborný text. Praha: Leda, 1999.
- 3. GÁLISOVÁ, A.: Verejný odborný prejav a prezentácia. Banská Bystrica: UMB, 2011.
- 4. GERŠLOVÁ, J.: Vádemékum vědecké a odborné práce. Šenov : Professional Publishing, 2009.
- 5. HIERHOLD, E.: Rétorika a prezentace. Praha: Grada, 2005.
- 6. KATUŠČÁK, D. DROBÍKOVÁ, B. PAPÍK, R.: Jak psát závěrečné a kvalifikační práce. Nitra: Enigma, 2008.
- 7. PATRÁŠ, V.: Sociolingvistické aspekty elektronicky podmienenej komunikácie. Karviná : OPF SU, 2009.
- 8. PATRÁŠ, V.: Pohotové čítanie a myšlienkové spracovanie textu. Banská Bystrica : UMB, 2011
- 9. SPOUSTA, V.: Vádemékum autora odborné a vědecké práce humanitního a sociálního zaměření. Brno : Akademické nakladatelství CERM, 2009.
- 10. STAROŇOVÁ, K.: Vedecké písanie. Ako písať akademické a vedecké texty. Martin : Vydavateľstvo Osveta, 2011.
- 11. ŠIROKÝ, J. a kol.: Tvoříme a publikujeme odborné texty. Brno: Computer Press, 2011.
- 12. VETRÁKOVÁ, M. KLINCKOVÁ, J.: Efektívna komunikácia predpoklad úspešnosti manažéra. Banská Bystrica: UMB, 2013.

Language of instruction:

Notes:student time load:

150 hours in total:

Sit-in-class study (L,S,C): 26 hrs.

Work with the technical literature and sources: 40 hrs.

Preparation for the seminars, e-learning, case studies: 30 hrs.

Preparation for the final assessment: 34 hrs.

Preparation for the public presentation: 20 hrs.

Course assessment

The final number of assessed students: 5

A	В	С	D	Е	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: prof. PaedDr. Vladimír Patráš, CSc.

Last changed: 17.09.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-108 | **Course name:** Scientific papers in scientific journals indexed in databases

(ULRICHSWEB, EBSCO, DOAJ, ...)

Type, extent and method of instruction:

Form of instruction:

Course type: (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods:

Method of study: combined

Number of credits: 10

Recommended semester/trimester: 1., 2., 3., 4., 5., 6..

Level: III.

Prerequisites:

Course completion conditions:

Scientific paper, published in scientific journals indexed in databases ULRICHSWEB, EBSCO and DOAJ.

Learning objectives:

Student by publishing a scientific paper in scientific journals indexed in databases ULRICHSWEB, EBSCO and DOAJ:

- demonstrates his ability to present research results at the international level,
- demonstrates acquired skills in the preparation of a scientific article and its presentation at the international level,
- achieves the competence to communicate with the foreign academic community and disseminate the results in an effective manner,
- can establish himself within the foreign scientific community.

Brief outline of the course:

The basic formal and content structure of the contribution according to the requirements of the editors of the collection. Framework content of the IMRAD structure: Introduction to the issue. The current state of the researched topic. Objective and hypotheses. Research methodology. The results. Discussion. Conclusions. List of bibliographic references. (Attachments).

Recommended literature:

Student by publishing a scientific paper in scientific journals indexed in databases ULRICHSWEB, EBSCO and DOAJ:

- demonstrates his ability to present research results at the international level,
- demonstrates acquired skills in the preparation of a scientific article and its presentation at the international level,
- achieves the competence to communicate with the foreign academic community and disseminate the results in an effective manner,
- can establish himself within the foreign scientific community.

Language of instruction:

slovak, english

Notes: student time load:

Student workload: 300 hrs., of which: Consultation with the supervisor: 50 hrs.

Paper preparation: 200 hrs.

Service of review procedure and proofreading: 50 hrs.

Course assessment

The final number of assessed students: 3

A	В	С	D	Е	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: prof. PaedDr. Martin Pupiš, PhD.

Last changed: 21.04.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-109 | **Course name:** Scientific papers in scientific journals indexed in databases

(WoS or Scopus)

Type, extent and method of instruction:

Form of instruction:

Course type: (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods:

Method of study: combined

Number of credits: 15

Recommended semester/trimester: 1., 2., 3., 4., 5., 6..

Level: III.

Prerequisites:

Course completion conditions:

Scientific paper, published, or at least accepted for future publishing, in scientific journals indexed in databases Web of Science or Scopus with IF, SJR (Scimago Journal Rank), JCR (Journal Citation Rank) ≥ 0.10 - #categories ADM, ADN, ADC, ADD] - first autor

Learning objectives:

Student by publishing a scientific paper in scientific journals indexed in databases WoS or Scopus:

- demonstrates his ability to present research results at the highest international level,
- demonstrates acquired skills in the preparation of a scientific article and its presentation at the highest international level,
- achieves the competence to communicate with the foreign academic community and disseminate the results in an effective manner,
- can establish himself within the best foreign scientific community.

Brief outline of the course:

The basic formal and content structure of the contribution according to the requirements of the editors of the collection. Framework content of the IMRAD structure: Introduction to the issue. The current state of the researched topic. Objective and hypotheses. Research methodology. The results. Discussion. Conclusions. List of bibliographic references. (Attachments).

Recommended literature:

Student by publishing a scientific paper in scientific journals indexed in databases WoS or Scopus:

- demonstrates his ability to present research results at the highest international level,
- demonstrates acquired skills in the preparation of a scientific article and its presentation at the highest international level,
- achieves the competence to communicate with the foreign academic community and disseminate the results in an effective manner,
- can establish himself within the best foreign scientific community.

Language of instruction:

english

Notes: student time load:

Student workload: 450 hrs., of which: Consultation with the supervisor: 50 hrs.

Paper preparation: 300 hrs.

Service of review procedure and proofreading: 100 hrs.

Course assessment

The final number of assessed students: 3

A	В	С	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: prof. PaedDr. Martin Pupiš, PhD.

Last changed: 21.04.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-sju-001 | Course name: Spanish Language 2

Type, extent and method of instruction:

Form of instruction: Seminar

Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 3

Recommended semester/trimester: 2.

Level: III.

Prerequisites:

Course completion conditions:

The maximum total number of points obtained for the interim and final assessment is 100. Credits will be awarded to a student who has earned at least 65 out of 100 points for fulfilling the specified requirements.

a) continuous assessment:

participation and activities in classes (0-20 points)

b) final assessment:

final exam (0-80 points)

Learning objectives:

At the end of the course, the student is able to give information about himself and his family, introduce his field of study and the school where he studies, talk about his habits, describe his room/apartment/house; he can communicate in the present tense, recognises the announcement and command modes; knows the principles of Spanish grammar at A1 level; understands basic vocabulary expressions and can use them in the right situation; can understand simple text on common topics, understand simple instructions and follow simple orientation instructions.

Brief outline of the course:

1. Family, 2. Days of the week, months, 3. Everyday repetitive activities, 4. Reversible verbs in the present tense, 5. Imperative negative, 6. Description of the house/apartment and furnishings, 7. Eating habits in Spain and Slovakia, 8. Timing of irregular verbs in the present tense, 9. Leisure time

Recommended literature:

- 1. CASTRO VIÚDEZ, F. et al. 2012. Español en marcha. Madrid: SGEL. 2012
- 2. CORPAS, J. et al. 2013. Aula internacional 1 Nueva edición. Barcelona: difusión.

Language of instruction:

Spanish A1

Notes: student time load:

120 hours, of which: full-time study: 26 hours Exam preparation + written exam: 94 hours

	Course assessment The final number of accessed students: 0							
The final nur	The final number of assessed students: 0							
A	В	С	D	E	FX(0)	FX(1)		
0.0	0.0	0.0	0.0	0.0	0.0	0.0		

Instructor: Mgr. Eva Reichwalderová, PhD.

Last changed: 14.09.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-301 | Course name: Sport Psychology

Type, extent and method of instruction:

Form of instruction: Lecture

Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 13

Method of study: combined

Number of credits: 4

Recommended semester/trimester:

Level: III.

Prerequisites:

Course completion conditions:

During the semester, the student will complete a seminar paper on the assigned topic and a professional debate on the assigned topic.

The course assessment corresponds to the A-FX grading scale: A (100 - 94%), B (93 - 87%), C (86 - 80%), D (79 - 73%), E (72 - 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.

a) continuous assessment:

Seminar paper (literature search of scientific and professional literature in the field of sport psychology and its use in scientific research work in sport sciences): 0 - 60 points

b) final assessment:

Expert debate on the assigned topic 0 - 40 points. The final grade will be based on the sum of the continuous and final assessment.

Learning objectives:

- 1/ The student will deepen and broaden his/her knowledge of sport psychology,
- 2/ The student is able to orientate himself/herself in the scientific and professional literature.

Brief outline of the course:

Psychological aspects of sport performance, psychological component of sport training, determinants of mental performance, methodology of psychological research in sport, psychodiagnostics. Compliance check.

Recommended literature:

BLAHUTKOVÁ, M. – SLIŽIK, M. 2014. Vybrané kapitoly z psychologie sportu. Brno: MU 2014

GREGOR T. 2013 Psychológia športu. Bratislava: MAURO Slovakia 2013

GURSKÝ, T. 2005. Psychológia športu. Bratislava: SZTK, 2005.

SLEPIČKA. et al. 2009. Psychologie sportu. Praha: UK Karolinum 2009

ZUSKOVÁ, K. a kol. 2010 Osobnosť športovca. Prešov: FŠ 2010

MACÁK, I. – HOŠEK, V. 1987. Psychológia telesnej výchovy a športu. Bratislava : SPN, 1987.

Language of instruction:

slovak

Notes: student time load:

student time load: 120 hrs., of which:

combined study (s): 26 hrs.

self-study: 54 hrs.

preparation of seminar work: 40 hrs.

Course assessment

The final number of assessed students: 4

A	В	С	D	Е	FX(0)	FX(1)
0.0	75.0	25.0	0.0	0.0	0.0	0.0

Instructor: doc. Mgr. PhDr. Miroslav Sližik, PhD.

Last changed: 08.09.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-102 | **Course name:** Statistics in Sport Sciences

Type, extent and method of instruction:

Form of instruction: Seminar

Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 5

Recommended semester/trimester: 1., 2., 3., 4..

Level: III.

Prerequisites:

Course completion conditions:

During the semester, the student will present the procedure of the specified statistical test in the IBM SPSS Statistics program, with a minimum score of 52 points. As part of the final assessment, the student takes a written test, while the minimum required number of points is 13. The course assessment corresponds to the A-FX grading scale: A (100 - 94%), B (93 - 87%), C (86 - 80%), D (79 - 73%), E (72 - 65%).

Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.

a) continuous assessment:

presentation of the procedure of the selected statistical test: 0-80 points,

b) final assessment:

written test: 0-20 points

Learning objectives:

Student:

- understands data evaluation through exploratory, inferential and substantive analysis,
- knows basic statistical procedures in the IBM SPSS Statistics program,
- can apply statistical procedures and methods within various research designs in sport science.

Brief outline of the course:

Introduction to statistical analysis. Characteristics of statistics. Basic statistical terms. Types of variable scales. Types of selection. Work in the IBM SPSS Statistics program. Exploratory data analysis. Basic descriptive characteristics of statistical signs. Inferential data analysis. Baseline parameter estimates. Statistical hypothesis testing. Effect size and objective significance. Verification of normality of data distribution. Parametric and non-parametric tests. One-sample significance tests. Two-choice tests of significance. Multiple choice tests of significance. Dependency analysis.

Recommended literature:

- 1. BROĎÁNI, J. 2019. Základy štatistiky : vysokoškolské skriptá pre študentov vedného odboru,,Vedy o športe", Nitra : Univerzita Konštantína Filozofa, 2019. 104 s. ISBN 978-80-558-1441-4.
- 2. CORDER, G.W. FOREMAN, D.I. 2009. Nonparametric Statistics for Non-Statisticians: A Step-by-Step Approach. New Jersey: John Wiley & Sons, 2009. 267 s. ISBN 978-1-118-16588-1.

- 3. HENDL, J. 2009. Přehled statistických metod: analýza a metaanalýza dat. Praha: Portál, 2009. 695 s. ISBN 978-80-7367-482-3.
- 4. HINTON, P.H. McMURRAY, I. BROWNLOW, CH. 2014. SPSS Explained. Londýn, New York: Routledge, Taylor & Francis Group, 2014. 386 s. ISBN 9780415616027.
- 5. KOMPÁN, J. PAUGSCHOVÁ, B. VALENČÁKOVÁ, V. 2010. Vedy o športe. Ústí nad Labem: Univerzita J.E. Purkyně, Pedagogická fakulta, 2010. 162 s. ISBN 978-80-7414-274-1.
- 6. PIVOVARNIČEK, P. 2021. Štatistické vyhodnocovacie metódy vo vedách o športe pomocousoftvéru SPSS. Bratislava : VEDA, vydavateľstvo Slovenskej akadémie vied & Praha : Nakladatelství Academia, Středisko společných činností AV ČR, v.v.i., 2021. 225 s. ISBN 978-80-200-3295-9 & ISBN 978-80-224-1889-4.
- 7. THOMAS, J.R. NELSON, J.K. SILVERMAN, S.J. 2015. Research Methods in PhysicalActivity. Champaign: Human Kinetics, 2015. 479 s. ISBN 978-1-4504-7044-5. Najnovšia knižná a periodická literatúra z oblasti štatistiky vo vedách o športe

Language of instruction:

slovak, english

Notes: student time load:

150 hrs, of which:

- Combined study: 26 hrs.

- Obtaining and processing results: 60 hrs.

- Self-study: 20 hrs.

- Presentation preparation: 24 hrs.

- Preparation for test: 20 hrs.

Course assessment

The final number of assessed students: 4

A	В	С	D	Е	FX(0)	FX(1)
75.0	0.0	0.0	0.0	25.0	0.0	0.0

Instructor: doc. PaedDr. Pavol Pivovarniček, PhD.

Last changed: 21.04.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-302 | **Course name:** Structure of Sport Performance - Individual Sports

Type, extent and method of instruction:

Form of instruction: Seminar

Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 3

Recommended semester/trimester:

Level: III.

Prerequisites:

Course completion conditions:

During the semester, students will prepare a presentation on a specified topic and prepare a seminar paper on an issue related to the focus of the dissertation.

The course assessment corresponds to the A-FX grading scale: A (100 - 94%), B (93 - 87%), C (86 - 80%), D (79 - 73%), E (72 - 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.

a) continuous assessment:

presentation in one lesson using available resources 0 - 30 points.

b) final assessment:

Term paper 0 - 70 points

Learning objectives:

Student:

- 1. remembers the knowledge of the structure of sports performance with a focus on individual sports,
- 2. knows the context of sport performance structure and can use it in sport practice in individual sports,
- 3. is able to orientate himself/herself in the issues of sports performance structure in individual sports at all performance levels,
- 4. applies the knowledge acquired in the course to a specific sport,
- 5. is able to develop theoretical concepts of sport performance structure related to a specific sport,
- 6. innovates the structure of sport performance in sport practice in the light of current trends and can apply them in research.

Brief outline of the course:

Theoretical foundations of sport performance structure. Current trends in sport performance of children and youth, in performance and elite sport. Innovation of sport performance structure in specific sports. Creation of models of sports performance structure in a particular sport. The structure of sport performance in recreational, performance and elite sport. Interpretation of performance in sport.

Recommended literature:

BOYLE, M.: New Functional Trainining for Sports (Second Edition). 2016. Nový funkčný tréning pre športovcov. 2021. ISBN 978-80-89761-79-1

DOVALIL, J. a kol.: Výkon a trénink ve sportu. Praha : Olympia, 2009. 336 s. ISBN 978-80-7376-130-1

HELLER, J.: Zátěžová funkční diagnostika ve sportu. Východiska, aplikace a interpretace.

Praha: Karolinum, 2018. 310 s. ISBN 978-80-2463-359-6.

JANDAČKA, D.: Kinetická analýza lidského pohybu. Ostrava : Ostravská univerzita, 2011. 138 s. ISBN 978-80-7464-103-9.

KAMPMILLER, T. a kol.: Teória športu a didaktika športového tréningu. Bratislava : ICM Agency, 2012. 353 s. ISBN 978-80-89257-48-5.

KAPOUNKOVÁ, K. - NOVOTNÝ, J. - STRUHÁR, I. - BERNACIKOVÁ, M. et al.:

Zátěžová diagnostika v tělovýchovné a sportovní praxi. Brno: Muni Press, 2019. 129 s. 978-80-210-9431-4.

LEE, M.: Coaching children in sport. London: Epson, 1995. 311 s. ISBN 0-419-18250-0. ZEMKOVÁ, E. – HAMAR, D.: Diagnostika vybraných pohybových schopností. Bratislava: FTVŠ UK, 2006. 114 s. ISBN 80-89197-55-8.

Časopisecká literatúra z domácich, zahraničných zdrojov.

Language of instruction:

slovak

Notes: student time load:

student time load: 90 hrs., of which:

- combined study: 26 hrs.
- preparation for presentation: 20 hrs.
- preparation of the seminar paper: 44 hrs.

Course assessment

The final number of assessed students: 2

A	В	С	D	Е	FX(0)	FX(1)
50.0	0.0	50.0	0.0	0.0	0.0	0.0

Instructor: prof. PaedDr. Ivan Čillík, CSc.

Last changed: 08.09.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-303 | **Course name:** Structure of Sport Performance - Team Sports

Type, extent and method of instruction:

Form of instruction: Seminar

Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 3

Recommended semester/trimester:

Level: III.

Prerequisites:

Course completion conditions:

During the semester, students will prepare a presentation on a specified topic and prepare a seminar paper on an issue related to the focus of the dissertation.

The course assessment corresponds to the A-FX grading scale: A (100 - 94%), B (93 - 87%), C (86 - 80%), D (79 - 73%), E (72 - 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.

a) continuous assessment:

Seminar paper (literature search of scientific and professional literature in the field of sports performance in team sports): 0 - 100 points

b) final assessment:

On the basis of the continuous assessment

Learning objectives:

1/ The student will deepen and broaden his/her knowledge of the structure of sports performance in team sports.

2/ The student is able to orientate himself/herself in the scientific and professional literature.

Brief outline of the course:

Theory of sport performance, structure of sport performance. Factors of sport performance structure. Evaluation of sports performance. Game performance - individual game performance, team game performance. Determinants of game performance. Control of the fulfilment of requirements.

Recommended literature:

DOVALIL, J. a kol. 2002. Výkon a trénink ve sportu. Praha: Olympia, 2002. 336 s.

MARTENS, R. 2006. Úspěšný trenér. Praha: Grada, 2006. 504s.

NEMEC, M. et. al. 2008. Tréner futbalu – učebné texty pre trénerov EURO B licencie. Banská Bystrica: KŠC, SsFZ TMK vo vydavateľstve PARTNER, 2008. Rozsah 199 s.

NEMEC, M., KOLLÁR, R. 2009. Teória a didaktika futbalu. Banská Bystrica : Rastislav Kollár, 2009. 200s.

PERÁČEK, P. et.al. 2004. Teória a didaktika športových hier I. Bratislava : FTVŠ UK, 2004.

Recent literature in journals, proceedings and periodicals

Language of instruction:

slovak

Notes: student time load:

student time load: 90 hrs., of which:

- combined study: 26 hrs.

- preparation of the seminar paper (literary research): 25 hrs. - self-study: 39 hrs.

Course assessment

The final number of assessed students: 1

	A	В	С	D	Е	FX(0)	FX(1)
ĺ	0.0	0.0	0.0	100.0	0.0	0.0	0.0

Instructor: doc. PaedDr. Miroslav Nemec, PhD.

Last changed: 08.09.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-210 | Course name: Student Scientific Activity

Type, extent and method of instruction:

Form of instruction:

Course type: (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods:

Method of study: combined

Number of credits: 2

Recommended semester/trimester: 1., 2., 3., 4., 5., 6..

Level: III.

Prerequisites:

Course completion conditions:

Participation in SSA:

- compulsory once during the course of study with recognition of credits contribution related to the topic of Dissertation thesis recommended 2nd year,
- in other years, contributions with the achieved results of the research solution.

Learning objectives:

The student through SSA:

- 1. demonstrates his analytical skills and creativity,
- 2. supports the development of creativity and research activity,
- 3. acquires the skills to present and publicly defend the presented topic in front of the committee,
- 4. improves his communication skills, receives feedback, learns to accept constructive criticism,
- 3. observes, applies and respects ethical principles, norms and principles of research work.

Brief outline of the course:

The structure of the student scientific work corresponds to the structure of the final theses in the sport sciences. The scope of work is usually 8-15 standard pages and has a prescribed title page https://www.ff.umb.sk/veda-a-vyskum/sva/smernica-c-2-2021-organizovanie-studentskejvedeckej-activities.html

Recommended literature:

Relevant literature in relation to the presented topic

Language of instruction:

english

Notes:student time load:

60 hours, of which:

- consultation: 10 hours

- preparation of the paper: 40 hours - presentation preparation: 10 hours

	Course asses	Course assessment									
The final number of assessed students: 3											
	A	В	C	D	Е	FX(0)	FX(1)				
	100.0	0.0	0.0	0.0	0.0	0.0	0.0				

Instructor: prof. PaedDr. Martin Pupiš, PhD.

Last changed: 21.04.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-202 | Course name: Study Mobility Abroad

Type, extent and method of instruction:

Form of instruction:

Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods:

Method of study: combined

Number of credits: 5

Recommended semester/trimester: 1., 2.., 3., 4..

Level: III.

Prerequisites:

Course completion conditions:

During the period of study according to the recommended study plan, the student will participate in "Study Mobility Abroad" on the basis and proof of confirmation, and the associated documentation will subsequently be recognized by the supervisor credit rating.

UMB is committed to promoting the automatic recognition of study results obtained within the framework individual mobility of students in directive no. 4/2019 on Erasmus+ mobilities at UMB.

The recognition of credits in the ECTS system is made possible thanks to the precise monitoring of mobility activities in the stage before, during and after mobility.

Learning objectives:

The student:

can select a suitable workplace and study programme with staff that will provide optimal support for the student's dissertation thesis research and can design an individual study plan regarding their research topic.

Brief outline of the course:

The study program makes it possible to complete a part of the study outside the FF UMB. Directive no. 4/2019 on ERASMUS+ mobilities at Matej Bel University in Banská Bystrica https://www.ff.umb.sk/app/cmsSiteAttachment.php?ID=7215

Directive no. 1/2020 on student foreign study stays, practical internships, language courses and their relationship to studying at FF UMB https://www.ff.umb.sk/app/cmsFile.php? disposition=a&ID=23440

Recommended literature:

Specified in cooperation with the supervisor and the receiving workplace.

Language of instruction:

slovak, english

Notes: student time load:

150 hrs, of which: Consultation: 30 hrs. Self-study: 70 hrs.

Work with legislation: 10 hrs

Preparation and filling of forms: 20 hrs

Other (in connection with a stay abroad): 20 hrs.

Course assessment

The final number of assessed students: 0

A	В	С	D	Е	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor:

Last changed: 21.04.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-205 | **Course name:** Study in a Peer-Reviewed Scientific Journal or Proceedings

Abroad

Type, extent and method of instruction:

Form of instruction:

Course type: (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods:

Method of study: combined

Number of credits: 5

Recommended semester/trimester: 1., 2., 3., 4., 5., 6..

Level: III.

Prerequisites:

Course completion conditions:

A paper published in a Peer-Reviewed Scientific Journal or Proceedings Abroad

Learning objectives:

Student by publishing a contribution in the proceedings of a domestic scientific conference:

- demonstrates his ability to present research results at the national level,
- demonstrates acquired skills in the preparation of a scientific article and its presentation at the national level,
- achieves the competence to communicate with the domestic academic community and disseminate the results in an effective manner,
- is able to establish himself within the domestic scientific community.

Brief outline of the course:

The basic formal and content structure of the contribution according to the requirements of the editors of the collection. Framework content of the IMRAD structure: Introduction to the issue. The current state of the researched topic. Objective and hypotheses. Research methodology. The results. Discussion. Conclusions. List of bibliographic references. (Attachments).

Recommended literature:

- 1. ASH, E., SCHOLEFIELD, L. 2019. What's the best journal for my paper? Elservier ConnectResources. Dostupné na internete: https://www.elsevier.com/connect/whats-the-best-journal-formy-paper-new-tool-can-help
- 2. BORJA, A. 2021. 11 steps to structuring a science paper editors will take seriously. ElservierConnect Resources. Dostupné na internete: https://www.elsevier.com/connect/11-steps-tostructuring-a-science-paper-editors-will-take-seriously.
- 3. SUITER, A. M., SARLI, C. C. 2019. Selecting a journal for publication: Criteria to consider. Missouri Medicine, 116(6), 461–465.
- 4. THOMAS, J. R., NELSON, J. K., SILVERMAN, S. J. 2015. Research Methods in Physical Activity. Champaign, IL: Human Kinetics, 2015. ISBN 9781450470445.

Language of instruction:

english

Notes: student time load:

150 hrs., of which:

Paper preparation: 120 hrs.

Service of review procedure and proofreading: 30 hrs.

Course assessment

The final number of assessed students: 3

A	В	С	D	Е	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: prof. PaedDr. Martin Pupiš, PhD.

Last changed: 21.04.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-204 | **Course name:** Study in a Peer-reviewed National Scientific Journal or

Proceedings

Type, extent and method of instruction:

Form of instruction:

Course type: (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods:

Method of study: combined

Number of credits: 3

Recommended semester/trimester: 1., 2.., 3., 4.., 5., 6..

Level: III.

Prerequisites:

Course completion conditions:

A paper published in a Peer-reviewed National Scientific Journal or Proceedings

Learning objectives:

Student by publishing a contribution in the proceedings of a domestic scientific conference:

- demonstrates his ability to present research results at the national level,
- demonstrates acquired skills in the preparation of a scientific article and its presentation at the national level,
- achieves the competence to communicate with the domestic academic community and disseminate the results in an effective manner,
- is able to establish himself within the domestic scientific community.

Brief outline of the course:

The basic formal and content structure of the contribution according to the requirements of the editors of the collection. Framework content of the IMRAD structure: Introduction to the issue. The current state of the researched topic. Objective and hypotheses. Research methodology. The results. Discussion. Conclusions. List of bibliographic references. (Attachments).

Recommended literature:

- 1. ASH, E., SCHOLEFIELD, L. 2019. What's the best journal for my paper? Elservier ConnectResources. Dostupné na internete: https://www.elsevier.com/connect/whats-the-best-journal-formy-paper-new-tool-can-help
- 2. BORJA, A. 2021. 11 steps to structuring a science paper editors will take seriously. ElservierConnect Resources. Dostupné na internete: https://www.elsevier.com/connect/11-steps-tostructuring-a-science-paper-editors-will-take-seriously.
- 3. SUITER, A. M., SARLI, C. C. 2019. Selecting a journal for publication: Criteria to consider. Missouri Medicine, 116(6), 461–465.
- 4. THOMAS, J. R., NELSON, J. K., SILVERMAN, S. J. 2015. Research Methods in Physical Activity. Champaign, IL: Human Kinetics, 2015. ISBN 9781450470445.

Language of instruction:

slovak, english

Notes: student time load:

90 hrs., of which:

Paper preparation: 70 hrs.

Service of review procedure and proofreading: 20 hrs.

Course assessment

The final number of assessed students: 3

A	В	С	D	Е	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: prof. PaedDr. Martin Pupiš, PhD.

Last changed: 21.04.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-100 | **Course name:** Theoretical and Methodological Bases of Sport Educology

Type, extent and method of instruction: Form of instruction: Lecture / Seminar

Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 13 / 26

Method of study: combined

Number of credits: 8

Recommended semester/trimester: 2.

Level: III.

Prerequisites:

Course completion conditions:

In the course of the semester students prepare and present a seminar paper based on the analysis of 15 selected foreign publications related to the subject matter.

The course assessment corresponds to the A-FX grading scale: A (100 - 94%), B (93 - 87%), C (86 - 80%), D (79 - 73%), E (72 - 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.

a) continuous assessment:

presentation of theoretical bases in a seminar: 0-40 points

b) final assessment:

seminar paper: 0 - 60 points

Learning objectives:

Students will be able:

- To define, describe, name and recognise basic concepts of sports educology.
- To explain, determine and summarise philosophical and methodological aspects.
- To discover, qualify and organize acquired information from the field of the subject matter

Brief outline of the course:

Students will:

- Have knowledge of basic concepts and principles in sports sciences with an emphasis on sport educology.
- Analyse and synthesise the mutual relations in the field of the subject matter.
- Be able to apply and present the acquired knowledge from the subject matter.

Recommended literature:

FILKORN, V.: Povaha súčasnej vedy a jej metódy. 1. vyd. Bratislava : Veda, 1998. 377 s. ISBN 80224056647.

KAMPMILLER, T. a kol.: Základy metodológie výskumu v telesnej výchove a športe.

Bratislava: FTVŠ UK. 2015. 192 s. ISBN 978-80-89257-27-0.

KERLINGER, F. N.: Základy výzkumu chování. Praha: ACADEMIA, ČSAV, 1972. 705 s.

KASA, J. - ŠVEC, Š. et. al.: Štruktúra poznatkovej bázy vied o športe. Bratislava : FTVŠ UK, 2006. 266 s. ISBN 978-80-89197-65-1.

MEŠKO, D. a kol.: Akademická príručka. [2. upravené vydanie]. Martin : Osveta, 2005. 494 s. ISBN 80-8063-200-6.

SILVERMAN, D.: Ako robiť kvalitatívny výskum. Bratislava : IKAR, PEGAS, 2005. 327 s. ISBN 80-551-09047-4.

SKALKOVÁ, J. a kol.: Úvod do metodológie a metód výskumu. Praha : SPN, 1983. 208 s. č. 46-00-22/1. SÝKORA, F. a kol.: Telesná výchova a šport. Terminologický a výkladový slovník. Bratislava : F.R.G., s.r.o., 1995. 402 s. ISBN 8085508265.

ZRUBÁK, A. – LABUDOVÁ, J. a kol.: Vedy o športe. Bratislava : UK, 1998. 126 s. ISBN 80-88901-20-0.

Language of instruction:

slovak

Notes: student time load:

Student workload: 240 hrs.

Combined studies (L, S, C): 39 hrs.

Self-study: 33 hrs. Seminar paper: 50 hrs. Presentation: 10 hrs.

Translation of a specialised text: 108 hrs.

Course assessment

The final number of assessed students: 4

A	В	C	D	Е	FX(0)	FX(1)
0.0	0.0	75.0	0.0	25.0	0.0	0.0

Instructor: prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Martin Pupiš, PhD.

Last changed: 05.09.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-306 | Course name: Theory and Didactics of Health Physical Education

Type, extent and method of instruction:

Form of instruction: Lecture

Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 3

Recommended semester/trimester:

Level: III.

Prerequisites:

Course completion conditions:

The student must master the specified requirements for the final course evaluation.

The course assessment corresponds to the A-FX grading scale: A (100 - 94%), B (93 - 87%), C (86 - 80%), D (79 - 73%), E (72 - 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.

a) continuous assessment:

No

b) final assessment:

During the semester the student will prepare and submit a seminar paper on the subject theory and didactics of health physical education (health, prevention, system, health-oriented fitness ...) in the context of the thematic scope of their own dissertation, which he/she will present orally in the examination period with a presentation submitted in PDF format (100 points).

Learning objectives:

Student:

- 1. knows current methodological approaches related to diagnostic methods in health TV,
- 2. is able to apply and evaluate them within the sport sciences,
- 3. has an in-depth knowledge of health TV research within the sport sciences,
- 4. is familiar with the latest examples of the issues under investigation in the EU and worldwide,
- 5. is able to propose methods for investigating factors in health TV
- 6. is able to apply the compensatory effect of selected factors in relation to health and the acquired can creatively apply the knowledge in real models,
- 7. is able to understand the interrelationships of knowledge from individual disciplines of higher education studies,
- 8. is able to apply the theoretical foundations of the physical education process in health TV in the real conditions of his/her dissertation.

Brief outline of the course:

Characteristics of health physical education and diagnosis.

Status and perspectives of research in sport of individuals (with health disorders) from the perspective of the subject of research in sport sciences. Methods and methodological approaches to research and processing causal relationships between elements of the educational system. Principles of diagnosis and intervention in terms of age, gender, and health status. Morphological (body

structure and body composition) and functional (aerobic and muscular fitness, flexibility) variables in terms of health. Health oriented fitness and prevention. Age specific variables in terms of health prevention in children, women, seniors, persons with chronic non-communicable diseases and those with debilitating health conditions. Pathology Sports - impairment and health impairment. Injury prevention, general principles of first aid - provision of first aid in accordance with the recommendations of the European and Slovak Resuscitation Council. Scientific and research activity in the field of health with a focus on the issue of the phenomenon under study in dissertation.

Recommended literature:

- 1. BARTÍK, P. 2005. Zdravotná telesná výchova I. Banská Bystrica: PF UMB, 2005, 124 s. ISBN 80-8083-132-7.
- 2. JURAŠKOVÁ, Ž. BARTÍK, P. 2010. Vplyv pohybového programu na držanie tela a svalovú nerovnováhu žiakov 1.stupňa základnej školy. Banská Bystrica: FHV UMB, 2010, 172 s. ISBN 978-80-8083-983-3.
- 3. JURAŠKOVÁ, Ž. BARTÍK, P. 2011. Kompenzačné cvičenia na karimatkách a fitloptách pre žiakov základných škôl. Banská Bystrica: FHV UMB, 2011, 64 s. ISBN 978-80-55700-29-8.
- 4. SAMEKOVÁ, Z. 1999. Kompenzačné cvičenia pre žiakov mladšieho školského veku 1.diel (Preventívne cvičenia). Banská Bystrica: PF UMB, 1999, 172 s. ISBN 80-8055-258-4.
- 5. SAMEKOVÁ, Z. 2001. Kompenzačné cvičenia pre žiakov mladšieho školského veku 2.diel (Vyrovnávajúce cvičenia). Banská Bystrica: PF UMB, 1999, 172 s. ISBN 80-8055-258-4.

Language of instruction:

slovak

Notes: student time load:

student time load: 90 hrs., of which:

- combined study: 26 hrs.
- self-study: 24 hrs.
- preparation of analytical and synthesizing background with professional and scientific literature in connection with the dissertation problem: 30 hrs.
- presentation: 10 hrs.

Course assessment

The final number of assessed students: 3

A	В	С	D	Е	FX(0)	FX(1)
66.67	33.33	0.0	0.0	0.0	0.0	0.0

Instructor: prof. PaedDr. Pavol Bartík, PhD.

Last changed: 08.09.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-304 | **Course name:** Theory and Didactics of Sport Performance - Individual

Sports

Type, extent and method of instruction:

Form of instruction: Seminar

Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 3

Recommended semester/trimester:

Level: III.

Prerequisites:

Course completion conditions:

During the semester, students will prepare a presentation on a specified topic and prepare a seminar paper on an issue related to the focus of the dissertation.

The course assessment corresponds to the A-FX grading scale: A (100 - 94%), B (93 - 87%), C (86 - 80%), D (79 - 73%), E (72 - 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.

a) continuous assessment:

presentation in one lesson using available resources 0 - 30 points.

b) final assessment:

Term paper 0 - 70 points

Learning objectives:

Student:

- 1. remembers knowledge of the theory and didactics of sports performance and sports training with a focus on individual sports,
- 2. knows the background of the theory and didactics of sport performance and can use them in sport practice,
- 3. is able to orientate himself/herself in the issues of theory and didactics of sports performance in all levels of performance,
- 4. applies the knowledge acquired in the course to a specific sport,
- 5. is able to develop theoretical concepts of training related to a specific sport,
- 6. innovates training procedures in sport practice and can apply them in research.

Brief outline of the course:

Theoretical foundations of sport performance and training with a focus on individual sports. Current trends in sport performance and training of children and youth in performance and elite sport. Innovations in sport-specific training. Development of long-term models of sport performance in specific sports. Interpretation of results in sport training in practice.

Recommended literature:

BOYLE, M.: New Functional Trainining for Sports (Second Edition). 2016. Nový funkčný tréning pre športovcov. 2021. ISBN 978-80-89761-79-1

DOVALIL, J. a kol.: Výkon a trénink ve sportu. Praha : Olympia, 2009. 336 s. ISBN 978-80-7376-130-1

HELLER, J.: Zátěžová funkční diagnostika ve sportu. Východiska, aplikace a interpretace.

Praha: Karolinum, 2018. 310 s. ISBN 978-80-2463-359-6.

JANDAČKA, D.: Kinetická analýza lidského pohybu. Ostrava : Ostravská univerzita, 2011. 138 s. ISBN 978-80-7464-103-9.

KAMPMILLER, T. a kol.: Teória športu a didaktika športového tréningu. Bratislava : ICM Agency, 2012. 353 s. ISBN 978-80-89257-48-5.

KAPOUNKOVÁ, K. - NOVOTNÝ, J. - STRUHÁR, I. - BERNACIKOVÁ, M. et al.:

Zátěžová diagnostika v tělovýchovné a sportovní praxi. Brno: Muni Press, 2019. 129 s. 978-80-210-9431-4.

LEE, M.: Coaching children in sport. London: Epson, 1995. 311 s. ISBN 0-419-18250-0. ZEMKOVÁ, E. – HAMAR, D.: Diagnostika vybraných pohybových schopností. Bratislava: FTVŠ UK, 2006. 114 s. ISBN 80-89197-55-8.

Journal literature from domestic, foreign sources.

Language of instruction:

slovak

Notes: student time load:

student time load: 90 hrs., of which:

- combined study: 26 hrs.
- preparation for presentation: 20 hrs.
- preparation of the seminar paper: 44 hrs.

Course assessment

The final number of assessed students: 2

A	В	С	D	Е	FX(0)	FX(1)
0.0	50.0	50.0	0.0	0.0	0.0	0.0

Instructor: prof. PaedDr. Ivan Čillík, CSc.

Last changed: 08.09.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-305 | **Course name:** Theory and Didactics of Sport Performance - Team Sports

Type, extent and method of instruction:

Form of instruction: Seminar

Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 3

Recommended semester/trimester:

Level: III.

Prerequisites:

Course completion conditions:

During the semester, students will prepare a presentation on a specified topic and prepare a seminar paper on an issue related to the focus of the dissertation.

The course assessment corresponds to the A-FX grading scale: A (100 - 94%), B (93 - 87%), C (86 - 80%), D (79 - 73%), E (72 - 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.

a) continuous assessment:

Seminar thesis (literature search of scientific and professional literature in the field of theory and didactics of sports training in team sports): 0 - 100 points.

b) final assessment:

On the basis of the continuous assessment

Learning objectives:

- 1/ The student will deepen and broaden his/her knowledge of the theory and didactics of sports training in team sports,
- 2/ The student, according to the focus of his/her dis. thesis can present new possible approaches to the implementation of sports training in selected sports disciplines
- 3/ The student is able to orientate himself/herself in the scientific and professional literature.

Brief outline of the course:

The course deepens students' knowledge of the theory, didactics and practice of sports training, its goals, tasks, conditions and means. It attempts to specify possible theoretical and practical procedures in selected types of collective sports in the implementation of sports training or in the manipulation of its content. It presents new trends in sports training. Control of the fulfillment of the requirements.

Recommended literature:

DOVALIL, J. a kol. 2002. Výkon a trénink ve sportu. Praha: Olympia, 2002. 336 s.

LEHNERT, M. a kol. 2001. Základy sportovního tréninku 1. Olomouc : Hanex, 2001. 92s.

MARTENS, R. 2006. Úspěšný trenér. Praha: Grada, 2006. 504s.

NEMEC, M. et. al. 2008. Tréner futbalu – učebné texty pre trénerov EURO B licencie. Banská

Bystrica: KŠC, SsFZ TMK vo vydavateľstve PARTNER, 2008. Rozsah 199 s.

NEMEC, M., KOLLÁR, R. 2009. Teória a didaktika futbalu. Banská Bystrica : Rastislav Kollár, 2009. 200s.

NEUMANN, G. a kol. 2005. Trénink pod kontrolou. Praha : Grada, 2005. 184s. PERÁČEK, P. et.al. 2004. Teória a didaktika športových hier I. Bratislava : FTVŠ UK, 2004. Journal literature from domestic, foreign sources.

Language of instruction:

slovak

Notes: student time load:

student time load: 90 hrs., of which:

- combined study: 26 hrs.

- preparation of the seminar paper (literary research): 25 hrs.

- self-study: 39 hrs.

Course assessment

The final number of assessed students: 0

A	В	С	D	Е	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: doc. PaedDr. Miroslav Nemec, PhD.

Last changed: 04.10.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-201 | **Course name:** Theory, didactics and diagnostics in school physical

education and sport, recreational and health physical education

Type, extent and method of instruction:

Form of instruction: Lecture

Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 5

Recommended semester/trimester: 1., 2.., 3., 4..

Level: III.

Prerequisites:

Course completion conditions:

For the final evaluation of the subject, the student must meet the set requirements.

The course assessment corresponds to the A-FX grading scale: A (100 - 94%), B (93 - 87%), C (86 - 80%), D (79 - 73%), E (72 - 65%). Credits are assigned to the student who acquires a minimum of 65% points out of a possible 100%.

a) continuous assessment:

nothing

b) final assessment:

During the semester, the student prepares and submits a seminar paper on the issues of the components of theory, didactics and diagnostics of school, recreational or health physical education (health, prevention, system, health-oriented fitness...) in the context of the thematic scope of his own dissertation, which he presents orally in the exam period by a presentation submitted in PDF format (100 points).

Learning objectives:

Students:

- 1. knows current methodological approaches related to diagnostic methods in school TV, recreational and health TV,
- 2. can apply and evaluate them within the framework of sports sciences,
- 3. has deeper knowledge in the field of research in school education, recreational and health TV in the field of science and sports,
- 4. know the latest examples of the researched issue within EU countries and the world,
- 5. can propose procedures for investigating factors in school TV, recreational and health TV,
- 6. can apply the compensatory effect of selected factors in relation to health and can creatively apply the acquired knowledge in real models,
- 7. can understand the interrelationships of knowledge from individual disciplines of higher education,
- 8. knows how to apply the theoretical principles of the physical education process in school PE, recreational and health TV in the real conditions of his dissertation.

Brief outline of the course:

Characteristics of the theory and didactics of school, recreational and health physical education and diagnostics. Status and perspectives of research in the sport of individuals (with health disorders) from the point of view of the subject of research in sports sciences. Methods and methodological approaches to the investigation and processing of causal relationships between elements of the educational system. Principles of diagnosis and intervention from the point of view of age, gender and health status. Morphological (body structure and body composition) and functional (aerobic and muscular fitness, flexibility) variables from the point of view of health. Health-oriented fitness and prevention. Age characteristics from the point of view of children's health prevention, women, seniors, persons with chronic non-communicable diseases and with weakened health. Pathology of sports - weakening and damage to health. Prevention of injuries, general principles of first aid. Provision of first aid in accordance with the recommendations of the European and Slovak Resuscitation Council. Scientific research activity in the field of health with a focus on the issue of the observed phenomenon in the dissertation.

Recommended literature:

Literary sources available through national and international platforms, databases and libraries (also made available by the university library of the UMB in B. Bystrica) in connection with the solved issue of the dissertation.

Language of instruction:

slovak

Notes:student time load:

Student workload: 150 hrs, of which: Combined studies (L, S, C): 26 hrs.

Self-study: 40 hrs.

Preparation of analytical-synthesizing starting points with professional and scientific literature in connection with the solved issue of the dissertation: 60 hrs.

Presentation preparation: 24 hrs.

Course assessment

The final number of assessed students: 0

A	В	С	D	Е	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: doc. PaedDr. Pavol Pivovarniček, PhD., PaedDr. Zuzana Pupišová, PhD.

Last changed: 21.04.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-200 | **Course name:** Theory, didactics and diagnostics in sport

Type, extent and method of instruction:

Form of instruction: Lecture

Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 5

Recommended semester/trimester: 1., 2.., 3., 4..

Level: III.

Prerequisites:

Course completion conditions:

During the semester students prepare and present a seminar paper related to the dissertation subject matter.

The course assessment corresponds to the A-FX grading scale: A (100 - 94%), B (93 - 87%), C (86 - 80%), D (79 - 73%), E (72 - 65%). Credits are assigned to the student who acquires a minimum of 65% points out of a possible 100%.

a) continuous assessment:

presentation of theoretical bases in a seminar: 0 - 30 points

b) final assessment:

seminar paper: 0 - 70 points

Learning objectives:

Students:

- remembers knowledge of theory, didactics and diagnostics in sports,
- knows the connections from theory, didactics and diagnostics in sports and knows how to use them in sports practice,
- can orient himself in the issues of theory, didactics and diagnostics in sports at all performance levels.
- applies the knowledge acquired in the subject to a specific sport,
- can create theoretical concepts of training related to a specific sport,
- innovates diagnostic procedures in sports practice and knows how to apply them in research.

Brief outline of the course:

Theoretical foundations of sports training. Current trends in sports training for children and youth in performance and elite sports. Innovation of sports training in a specific sport. Creation of long-term models of sports training in a specific sport. Diagnostics in recreational, performance and elite sports. Innovative approaches to diagnostics in physical education and sports. Interpretation of diagnostic results in physical education and sports.

Recommended literature:

DOVALIL, J. a kol.: Výkon a trénink ve sportu. Praha : Olympia, 2009. 336 s. ISBN 978-80-7376-130-1

HELLER, J.: Zátěžová funkční diagnostika ve sportu. Východiska, aplikace a interpretace.

Praha: Karolinum, 2018. 310 s. ISBN 978-80-2463-359-6.

JANDAČKA, D.: Kinetická analýza lidského pohybu. Ostrava : Ostravská univerzita, 2011. 138 s. ISBN 978-80-7464-103-9.

KAMPMILLER, T. a kol.: Teória športu a didaktika športového tréningu. Bratislava : ICM Agency, 2012. 353 s. ISBN 978-80-89257-48-5.

KAPOUNKOVÁ, K. - NOVOTNÝ, J. - STRUHÁR, I. - BERNACIKOVÁ, M. et al.: Zátěžová diagnostika v tělovýchovné a sportovní praxi. Brno: Muni Press, 2019. 129 s. 978-80-210-9431-4.

LEE, M.: Coaching children in sport. London: Epson, 1995. 311 s. ISBN 0-419-18250-0. ZEMKOVÁ, E. – HAMAR, D.: Diagnostika vybraných pohybových schopností. Bratislava: FTVŠ UK, 2006. 114 s. ISBN 80-89197-55-8.

Časopisecká literatúra z domácich, zahraničných zdrojov.

Language of instruction:

slovak, english

Notes: student time load:

Student workload: 150 hrs, of which: Combined studies (L, S, C): 26 hrs. Presentation preparation: 30 hrs. Seminar paper preparation: 94 hrs.

Course assessment

The final number of assessed students: 2

A	В	С	D	Е	FX(0)	FX(1)
0.0	50.0	50.0	0.0	0.0	0.0	0.0

Instructor: prof. PaedDr. Ivan Čillík, CSc., doc. PaedDr. Pavol Pivovarniček, PhD., prof. PaedDr. Martin Pupiš, PhD.

Last changed: 05.09.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Type, extent and method of instruction:

Form of instruction: Seminar

Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods: 26

Method of study: combined

Number of credits: 5

Recommended semester/trimester: 1., 3.

Level: III.

Prerequisites:

Course completion conditions:

Grades are calculated using the following ECTS scale: A (100 - 94%), B (93 - 87%), C (86-80%), D (79 - 73%), E (72 - 65%). Students who earn at least 65% on each graded writing assignment and as their final grade will receive a passing grade for the course and credits. a) active participation + homework: 0-10 points b) Writing Assignment 1: 0-30 points c) Writing Assignment 2: 0-60 points

Learning objectives:

Students will learn to write communicative texts of various genres in English. Possible genres include the following: persuasive academic essay, travel brochure, arts and culture criticism, formal letter.

Brief outline of the course:

Introduction: Creating professional-looking texts in English. Text 1. Text 2.

Recommended literature:

Language of instruction:

English B2

Notes: student time load:

150 hrs, seminars: 26 hrs self-study: 62 hrs writing graded assignments: 62 hrs

Course assessment

The final number of assessed students: 1

A	В	С	D	Е	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: prof. Mgr. Vladimír Biloveský, PhD., Mgr. Michael Eliot Dove

Last changed: 04.09.2023

University: Matej Bel University in Banská Bystrica

Faculty: Faculty of Arts

Code: 3d-vos-104 | **Course name:** Written Work for the Dissertation

Type, extent and method of instruction:

Form of instruction:

Course type: (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)

Recommended number of periods:

Method of study: combined

Number of credits: 10

Recommended semester/trimester: 3.

Level: III.

Prerequisites:

Course completion conditions:

The student has to reach 60 credits from the study. The student will submit the written part of the dissertation (at least 40 pages; theoretical foundations, aim, hypotheses, functions and methods of the research) to the supervisor. The course assessment corresponds to the A-FX grading scale: A (100-94%), B (93-87%), C (86-80%), D (79-73%), E (72-65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.

a) continuous assessment:

The supervisor continuously checks and evaluates the advancement of the student when composing the written part of the dissertation. The supervisor also evaluates the publications of the student.

b) final assessment:

A second reader will assess the written part of the dissertation: 0-100 points. The defence of the dissertation is the content of the doctoral examination.

Learning objectives:

Students will:

- Be able to apply and use the methods of scholarly work when dealing with their own project.
- Be familiar with the applicability of the methodological bases of creating and formulating an aim, hypotheses, tasks and methods of research in relation to the given topic.
- Be able to present and publish original scholarly works acceptable on the international level.

Brief outline of the course:

The students will be familiar with the methods of the scientific and research work on the basis of a critical analysis of existing approaches, formulating dissertation theses.

Recommended literature:

domestic/ foreign monographs, journals, magazines, other internet sources according to dissertation problem.

Language of instruction:

slovak

Notes:student time load:

Student time load: 300 hrs. Consultation: 30 hrs.

Preparation of the project: 80 hrs. Presentation of the project: 10 hrs.

Preparation for the oral exam and defence of the project: 80 hrs.

Preparation of the publications: 100 hrs.

Course assessment

The final number of assessed students: 3

A	В	С	D	Е	FX(0)	FX(1)
0.0	33.33	33.33	0.0	33.33	0.0	0.0

Instructor: prof. PaedDr. Martin Pupiš, PhD.

Last changed: 21.04.2023