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## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-utr-333		<b>Course name:</b> Aerobic				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Andrea Izáková, PhD.						
<b>Last changed:</b> 19.11.2021						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica							
<b>Faculty:</b> Faculty of Arts							
<b>Code:</b> 2d-utr-005		<b>Course name:</b> Alternative and Unconventional Sports Games					
<b>Type, extent and method of instruction:</b>							
<b>Form of instruction:</b> Seminar							
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)							
<b>Recommended number of periods:</b> 26							
<b>Method of study:</b> combined							
<b>Number of credits:</b> 4							
<b>Recommended semester/trimester:</b> 2.							
<b>Level:</b> II.							
<b>Prerequisites:</b>							
<b>Course completion conditions:</b>							
<b>Learning objectives:</b>							
<b>Brief outline of the course:</b>							
<b>Recommended literature:</b>							
<b>Language of instruction:</b>							
<b>Notes:student time load:</b>							
<b>Course assessment</b>							
The final number of assessed students: 75							
A	B	C	D	E	FX(0)	FX(1)	n
45.33	36.0	12.0	2.67	0.0	2.67	1.33	0.0
<b>Instructor:</b> doc. PaedDr. Štefan Adamčák, PhD., doc. PaedDr. Miroslav Nemeč, PhD.							
<b>Last changed:</b> 07.02.2022							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-103		<b>Course name:</b> Antidoping and Nutrition				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 2.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Martin Pupiš, PhD., Mgr. Jozef Sýkora, PhD.						
<b>Last changed:</b> 10.09.2021						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-utr-322		<b>Course name:</b> Children and Youth Training				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
1. ČILLÍK, I. 2003. Učebné osnovy športovej prípravy v atletike. Bratislava: MŠ SR. 170 s. ISBN 80-88992-51-6						
2. ČILLÍK, I. a kol. 2018. Detská atletika. Bratislava: Slovenský atletický zväz. 100 s.						
3. ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9						
4. ČILLÍK, I. Vplyv Detskej atletiky na úroveň všeobecnej pohybovej výkonnosti. Banská Bystrica : Slovenský atletický zväz. 2021. 72 s.						
5. DOVALIL, J. a kol. 2009. Výkon a tréning ve sportu. Praha: Olympia. 336 s. ISBN 978-80-7376-130-1						
6. KAMPMILLER, T a kol. 2012. Teória športu a didaktika športového tréningu. Bratislava: ICM Agency. 353 s. ISBN 978-80-89257-48-5						
7. PERIČ, T. 2006. Výběr sportovních talentu. Praha: Grada. 100 s. ISBN 80-247-1827-8						
9. PERIČ, T. 2008. Sportovní příprava dětí. Praha: Grada. 192 s. ISBN 978-80-247-2643-4						
10. Časopisecká literatúra z domácich, zahraničných zdrojov.						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Ivan Čillík, CSc., PaedDr. Martina Mandzáková, PhD.						
<b>Last changed:</b> 05.09.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-utr-202		<b>Course name:</b> Children's Athletics 2				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b>						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 25						
A	B	C	D	E	FX(0)	FX(1)
96.0	0.0	0.0	0.0	0.0	4.0	0.0
<b>Instructor:</b> prof. PaedDr. Ivan Čillík, CSc.						
<b>Last changed:</b> 05.09.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-001		<b>Course name:</b> Coaching Practice 1				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Prax <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined						
<b>Number of credits:</b> 2						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b> 1. ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9 2. DOVALIL, J. a kol. 2009. Výkon a tréning ve sportu. Praha: Olympia. 336 s. ISBN 978-80-7376-130-1 3. KAMPMILLER, T. a kol. 2012. Teória športu a didaktika športového tréningu. Bratislava: ICM Agency. 353 s. ISBN 978-80-89257-48-5 Recommended literature: domestic/ foreign books, journals, magazines, internet sources						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 54						
A	B	C	D	E	FX(0)	FX(1)
92.59	1.85	1.85	1.85	0.0	0.0	1.85
<b>Instructor:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD., Mgr. David Brúnn, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD., PaedDr. Jaroslav Kompán, PhD., PaedDr. Zuzana Pupišová, PhD., Mgr. Andrea Izáková, PhD., doc. PhDr. Peter Šťastný, Ph.D., PaedDr. Mgr. Lukáš Opáth, PhD., doc. PaedDr. Jirí Michal, PhD.						
<b>Last changed:</b> 05.09.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-003		<b>Course name:</b> Coaching Practice 1				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Prax <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined						
<b>Number of credits:</b> 2						
<b>Recommended semester/trimester:</b> 4.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b> 1. ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9 2. DOVALIL, J. a kol. 2009. Výkon a tréning ve sportu. Praha: Olympia. 336 s. ISBN 978-80-7376-130-1 3. KAMPMILLER, T. a kol. 2012. Teória športu a didaktika športového tréningu. Bratislava: ICM Agency. 353 s. ISBN 978-80-89257-48-5 Recommended literature: domestic/ foreign books, journals, magazines, internet sources						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 11						
A	B	C	D	E	FX(0)	FX(1)
90.91	0.0	0.0	0.0	0.0	9.09	0.0
<b>Instructor:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD., PaedDr. Zuzana Pupišová, PhD., Mgr. Andrea Izáková, PhD., Mgr. David Brúnn, PhD., doc. PaedDr. Jiří Michal, PhD.						
<b>Last changed:</b> 05.09.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-100		<b>Course name:</b> Communication in Sports				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 3						
A	B	C	D	E	FX(0)	FX(1)
33.33	66.67	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. Mgr. PhDr. Miroslav Sližik, PhD., Mgr. Miroslava Rošková, PhD.						
<b>Last changed:</b> 14.09.2021						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-utr-006		<b>Course name:</b> Compensatory and Regenerative Movement Programmes				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 2.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 16						
A	B	C	D	E	FX(0)	FX(1)
43.75	31.25	6.25	6.25	6.25	0.0	6.25
<b>Instructor:</b> Mgr. Michaela Slováková, PhD., Mgr. Bc. Jana Daubnerová, PhD.						
<b>Last changed:</b> 15.02.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-pol-205	<b>Course name:</b> Contemporary Poland (A2 - B1)
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 1., 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> During the semester, the student continuously submits their completed homework. In the last week of the semester, the student takes a written test. After completing the semester, they take a final oral exam. Credits will not be awarded to a student who scores fewer than 19.5 in the written test and/or fewer than 22.5 in the oral exam. The student has the right to one resit (For each part of the final exam respectively.) The grading scale: A (100 – 94 %), B (93 – 87 %), C (86 – 80 %), D (79 – 73 %), E (72 – 65 %). Credits are assigned to the student who collects the minimum of 65 points (%). <b>a) continuous assessment:</b> Completing homework: 0–30 p. Written test in week 13: 35 p. <b>b) final assessment:</b> Oral exam during the exam period: 35 p.	
<b>Learning objectives:</b> The student is able to analyse thematic maps. They can identify and analyse the components of a socio-geographic system and evaluate how they are linked to the physical-geographic sphere. The student follows the state and development of economy, transport, and services and has detailed knowledge of the Polish state administration, self-governments, and current political situation in Poland. They collect this information on their own and apply them in the translation process as well as in general and specialised communication in Polish.	
<b>Brief outline of the course:</b> The geographic position of Poland (Central Europe), its characteristics, and significance. Administrative division. Regions. Nature, soil types, plants, animals. National parks, protected monuments and areas. Demography. Population (development, distribution, major settlements – classification and structure). Ethnic minorities. Religion in Poland. Mineral resources. Diversification of gas and oil supply. Development and structure of economy. Importance and characteristics of agriculture. Basic factors in Polish industrial production. Main types of transport, its distribution, and tourism. Social and technical services. International trade (export, import). Selected topics in political geography – the Republic of Poland, the structure of state and self-government bodies, parliamentary democracy in Poland - legislative, executive and judicial powers. Polish political parties. Poland in international institutions. The geopolitical position of Poland.	

**Recommended literature:**

- 1 STARZOMSKI, J. 2011. Geografia. Warszawa : READ ME, 2011.
- 2 WSPÓŁCZESNE SPOŁECZEŃSTWO POLSKIE, 2020. Ed. A. Gizy, M. Sikorska. Warszawa : PWN, 2020.
3. ŚLESZYŃSKI, P. – CZAPIEWSKI, K. 2021. Atlas Wyszehradzki. Warszawa : GADGET, 2021.
3. WĘCŁAWOWICZ, G. 2018. Geografia społeczna Polski. Warszawa : PWN, 2018.
- 4 KRAWCZYK. SZ. 2013. Wiedza o społeczeństwie. Warszawa : Lango. 2013.
5. OSTASZEWSKA, K, RICHLING, A. 2005. Geografia fizyczna Polski. Warszawa : PWN. 2005.

**Language of instruction:**

Slovak, Polish

**Notes: student time load:**

90 h.  
Presence, combined studies (L, S, C): 26 h.  
Self-study: 14 h.  
Completing homework: 15 h.  
studying for the written test: 15 h.  
Studying for the oral exam: 20 h.

**Course assessment**

The final number of assessed students: 0

A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

**Instructor:** doc. Mgr. Gabriela Olchowa, PhD.

**Last changed:** 16.02.2023

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica							
<b>Faculty:</b> Faculty of Arts							
<b>Code:</b> 2d-rus-232		<b>Course name:</b> Contemporary Russia (A2 - B1)					
<b>Type, extent and method of instruction:</b>							
<b>Form of instruction:</b> Seminar							
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)							
<b>Recommended number of periods:</b> 26							
<b>Method of study:</b> combined							
<b>Number of credits:</b> 3							
<b>Recommended semester/trimester:</b> 2., 4.							
<b>Level:</b> II.							
<b>Prerequisites:</b>							
<b>Course completion conditions:</b>							
The student has the right to one resit. Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements. The grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%).							
<b>a) continuous assessment:</b>							
Active participation in seminars: 50%							
<b>b) final assessment:</b>							
Discussion on the selected topic: 50%							
<b>Learning objectives:</b>							
The course aims to help the student develop their communication skills. The course focuses on the contemporary form of the Russian language and works with up-to-date resources, mainly mass media texts. The student expands their vocabulary and learns about the specificities of contemporary Russian in practice.							
<b>Brief outline of the course:</b>							
The course addresses a broad variety of current social, political, and cultural issues presented by mass media in Russia and abroad.							
<b>Recommended literature:</b>							
current Russian print, TV, radio, Internet							
<b>Language of instruction:</b>							
Slovak, Russian (B2)							
<b>Notes:student time load:</b>							
120 h.							
Active participation in seminars: 26 h.							
Text preparation: 94 h.							
<b>Course assessment</b>							
The final number of assessed students: 0							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

<b>Instructor:</b> Mgr. Martin Lizoň, PhD.
<b>Last changed:</b> 02.11.2022
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-utr-201		<b>Course name:</b> Cross-Country Skiing Exercises 2				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 34						
A	B	C	D	E	FX(0)	FX(1)
97.06	0.0	0.0	0.0	0.0	2.94	0.0
<b>Instructor:</b> Mgr. Bc. Jana Daubnerová, PhD., PaedDr. Rastislav Kollár, PhD.						
<b>Last changed:</b> 04.10.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-ksc-201	<b>Course name:</b> Cultural and social inclusion of foreign students 1
<b>Type, extent and method of instruction:</b>	
<b>Form of instruction:</b>	
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)	
<b>Recommended number of periods:</b>	
<b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 1., 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b>	
<p>The student has to participate in at least 5 projects. Each project is worth 20 p. The student can score the total of 100 p.</p> <p>Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%), FX (64%–0%).</p> <p>Credits are assigned to the student who acquires the minimum of 65 points out of the possible 100 for completing the given requirements.</p> <p>a) continuous assessment: Active participation in project organisation focused on foreign students enrolled in MBU programmes.</p> <p>b) final assessment: A portfolio of materials pertaining to the projects organised – a written report.</p>	
<b>Learning objectives:</b>	
<p>The student gains practical experience with organising activities for foreign students (persons with other than Slovak citizenship officially studying at MBU). The student knows and correctly uses the academic terminology. Volunteering provides the student with an opportunity to pursue their interests and learn how to manage their free time while feeling self-fulfilled and useful. The student feels that their work is meaningful. It allows them to improve their self-confidence and self-evaluation. They acquire new friends, knowledge, experience, and skills and improve their foreign language skills. They gain intercultural and international experience.</p>	
<b>Brief outline of the course:</b>	
<p>The student actively participates in educational, cultural, sports, and other interest-based activities for the community of foreign MBU students. The student helps organise educational activities, provides consulting to fresh students, organises free-time activities and competitions for the foreign MBU students. The student helps integrate their foreign peers into MBU student organisations and provides them with information on further educational possibilities offered by MBU.</p>	
<b>Recommended literature:</b>	
<p>BROZMANOVÁ GREGOROVÁ Alžbeta et. al. Service learning. Inovatívna stratégia učenia (sa). 2014. Banská Bystrica : UMB, 2014. 200 s. ISBN 978-80-557-0829-4.</p> <p>BROZMANOVÁ GREGOROVÁ, A., MATULAYOVÁ, T., MRAČKOVÁ, A., VAVRINČÍKOVÁ, L., VLAŠIČOVÁ, J.: Dobrovoľníctvo keď pomoc baví a zábava pomáha. Bratislava: ŠEVT, a.s. pre Úrad vlády SR, 2011. ISBN 978-80-8106-049-6.</p>	

BROZMANOVÁ GREGOROVÁ, A.: Dobrovoľníctvo ako prostriedok rozvoja mladého človeka. In: ZOOM - M Zaostrené na mladých, 2008, č. 4, s. 11-14.

BÚTORA, M. – FIALOVÁ, Z. 1995. Neziskový sektor a dobrovoľníctvo na Slovensku. Bratislava: SAIA-SCTS.

DLOUHÁ, Regina, e.al. Dobrovolnictví a dárcovství. Praha : Informační centrum neziskových organizací, o.p.s., 2001. 40 s.

GREGOROVÁ, A.: Centrum dobrovoľníctva a jeho úloha pri rozvoji dobrovoľníctva. In: Dobrovoľníctvo v meste Banská Bystrica (zborník). Banská Bystrica: PF UMB, 2003. s. 22 - 24. ISBN 80-8055-750-0.

HAPALOVÁ, M. 2017. Dobrovoľnícke programy a podpora dobrovoľníctva. Bratislava : Implementačná agentúra MSVaR SR, 2017. 12 s. ISBN 978-80-89837-03-8. . [dostupné online 12. 6. 2019] [https://www.ia.gov.sk/npkiku//data/files/np\\_kiku/dokumenty/Dobrovolnicke%20programy%20brozura%20Jun2017%20blok.pdf](https://www.ia.gov.sk/npkiku//data/files/np_kiku/dokumenty/Dobrovolnicke%20programy%20brozura%20Jun2017%20blok.pdf)

KOLEKTIV, autorů, et al. Dobrovolníci v neziskových organizacích. Praha : Informační centrum neziskových organizací, o.p.s., 2001. 24 s. ISBN 80-86423-05-0.

KRÁLIKOVÁ, N. (zost.) 2006. Ja nie som dobrovoľník! Ja to robím iba tak... Bratislava : IUVENTA, 2006. 28 s. ISBN 80-8072-0054-1

MYDLÍKOVÁ, E. a kol. 2002. Dobrovoľníctvo na Slovensku alebo čo si počať s dobrovoľníkom. Bratislava: ASSP, ISBN 80-968713-0-7.

NAZAREJOVÁ, V. – ROTH, P. (zost.). 2012. Dobrovoľníctvo a čo ty? Prešov : Domka – Združenie saleziánskej mládeže. 2012. 16 s. [dostupné online 12. 6. 2019] [http://dobrovolnictvo.sk/subory/publikacie/Dobrovolnictvo\\_a\\_co\\_TY\\_1.pdf](http://dobrovolnictvo.sk/subory/publikacie/Dobrovolnictvo_a_co_TY_1.pdf)

OCHMANOVÁ, M. – JORDAN, P. 1997. Dobrovoľníci – cenný zdroj pomoci: Institute for Policy Studies, ISBN 1-886333-29-7.

ONDRUŠEK, D. 2000. Čítanka pre pokročilé neziskové organizácie. Bratislava: Centrum prevencie a riešenia konfliktov, ISBN 80-968095-3-9.

TOŠNER, J. - SOZANSKÁ, O. (eds.) 2006. Dobrovoľníci a metodika práce s nimi v organizacích. Praha : Portál 2006. 149 s. ISBN 80-7367-178-6.

**Language of instruction:**

Slovak, English

**Notes:student time load:**

Student time load: 90 h.  
 Project preparation and implementation: 75 h.  
 Portfolio: 15 h.

**Course assessment**

The final number of assessed students: 0

A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

**Instructor:** Mgr. Lujza Urbancová, PhD.

**Last changed:** 27.10.2022

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-ksc-202	<b>Course name:</b> Cultural and social inclusion of foreign students 2
<b>Type, extent and method of instruction:</b>	
<b>Form of instruction:</b>	
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)	
<b>Recommended number of periods:</b>	
<b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 2., 4.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b>	
<p>The student has to participate in at least 5 projects. Each project is worth 20 p. The student can score the total of 100 p.</p> <p>Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%), FX (64%–0%).</p> <p>Credits are assigned to the student who acquires the minimum of 65 points out of the possible 100 for completing the given requirements.</p> <p>a) continuous assessment: Active participation in project organisation focused on foreign students enrolled in MBU programmes.</p> <p>b) final assessment: A portfolio of materials pertaining to the projects organised – a written report.</p>	
<b>Learning objectives:</b>	
<p>The student gains practical experience with organising activities for foreign students (persons with other than Slovak citizenship officially studying at MBU). The student knows and correctly uses the academic terminology. Volunteering provides the student with an opportunity to pursue their interests and learn how to manage their free time while feeling self-fulfilled and useful. The student feels that their work is meaningful. It allows them to improve their self-confidence and self-evaluation. They acquire new friends, knowledge, experience, and skills and improve their foreign language skills. They gain intercultural and international experience.</p>	
<b>Brief outline of the course:</b>	
<p>The student actively participates in educational, cultural, sports, and other interest-based activities for the community of foreign MBU students. The student helps organise educational activities, provides consulting to fresh students, organises free-time activities and competitions for the foreign MBU students. The student helps integrate their foreign peers into MBU student organisations and provides them with information on further educational possibilities offered by MBU.</p>	
<b>Recommended literature:</b>	
<p>BROZMANOVÁ GREGOROVÁ Alžbeta et. al. Service learning. Inovatívna stratégia učenia (sa). 2014. Banská Bystrica : UMB, 2014. 200 s. ISBN 978-80-557-0829-4.</p> <p>BROZMANOVÁ GREGOROVÁ, A., MATULAYOVÁ, T., MRAČKOVÁ, A., VAVRINČÍKOVÁ, L., VLAŠIČOVÁ, J.: Dobrovoľníctvo keď pomoc baví a zábava pomáha. Bratislava: ŠEVT, a.s. pre Úrad vlády SR, 2011. ISBN 978-80-8106-049-6.</p>	

BROZMANOVÁ GREGOROVÁ, A.: Dobrovoľníctvo ako prostriedok rozvoja mladého človeka. In: ZOOM - M Zaostrené na mladých, 2008, č. 4, s. 11-14.

BÚTORA, M. – FIALOVÁ, Z. 1995. Neziskový sektor a dobrovoľníctvo na Slovensku. Bratislava: SAIA-SCTS.

DLOUHÁ, Regina, e.al. Dobrovolnictví a dárcovství. Praha : Informační centrum neziskových organizací, o.p.s., 2001. 40 s.

GREGOROVÁ, A.: Centrum dobrovoľníctva a jeho úloha pri rozvoji dobrovoľníctva. In: Dobrovoľníctvo v meste Banská Bystrica (zborník). Banská Bystrica: PF UMB, 2003. s. 22 - 24. ISBN 80-8055-750-0.

HAPALOVÁ, M. 2017. Dobrovoľnícke programy a podpora dobrovoľníctva. Bratislava : Implementačná agentúra MSVaR SR, 2017. 12 s. ISBN 978-80-89837-03-8. . [dostupné online 12. 6. 2019] [https://www.ia.gov.sk/npkiku//data/files/np\\_kiku/dokumenty/Dobrovolnicke%20programy%20brozura%20Jun2017%20blok.pdf](https://www.ia.gov.sk/npkiku//data/files/np_kiku/dokumenty/Dobrovolnicke%20programy%20brozura%20Jun2017%20blok.pdf)

KOLEKTIV, autorů, et al. Dobrovolníci v neziskových organizacích. Praha : Informační centrum neziskových organizací, o.p.s., 2001. 24 s. ISBN 80-86423-05-0.

KRÁLIKOVÁ, N. (zost.) 2006. Ja nie som dobrovoľník! Ja to robím iba tak... Bratislava : IUVENTA, 2006. 28 s. ISBN 80-8072-0054-1

MYDLÍKOVÁ, E. a kol. 2002. Dobrovoľníctvo na Slovensku alebo čo si počať s dobrovoľníkom. Bratislava: ASSP, ISBN 80-968713-0-7.

NAZAREJOVÁ, V. – ROTH, P. (zost.). 2012. Dobrovoľníctvo a čo ty? Prešov : Domka – Združenie saleziánskej mládeže. 2012. 16 s. [dostupné online 12. 6. 2019] [http://dobrovolnictvo.sk/subory/publikacie/Dobrovolnictvo\\_a\\_co\\_TY\\_1.pdf](http://dobrovolnictvo.sk/subory/publikacie/Dobrovolnictvo_a_co_TY_1.pdf)

OCHMANOVÁ, M. – JORDAN, P. 1997. Dobrovoľníci – cenný zdroj pomoci: Institute for Policy Studies, ISBN 1-886333-29-7.

ONDRUŠEK, D. 2000. Čítanka pre pokročilé neziskové organizácie. Bratislava: Centrum prevencie a riešenia konfliktov, ISBN 80-968095-3-9.

TOŠNER, J. - SOZANSKÁ, O. (eds.) 2006. Dobrovoľníci a metodika práce s nimi v organizacích. Praha : Portál 2006. 149 s. ISBN 80-7367-178-6.

**Language of instruction:**

Slovak, English

**Notes:student time load:**

Total: 90 h.

Project preparation and implementation: 75 h.

Portfolio: 15 h.

**Course assessment**

The final number of assessed students: 0

A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

**Instructor:** Mgr. Lujza Urbancová, PhD.

**Last changed:** 27.10.2022

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-002		<b>Course name:</b> Diagnostics in Sports				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 39						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 2.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 33						
A	B	C	D	E	FX(0)	FX(1)
15.15	54.55	12.12	9.09	3.03	3.03	3.03
<b>Instructor:</b> prof. PaedDr. Ľudmila Jančoková, CSc., doc. Mgr. PhDr. Miroslav Sližik, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Juraj Kremnický, PhD., Mgr. Vladimír Franek, PhD., MUDr. Lucia Zacharová						
<b>Last changed:</b> 29.11.2021						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Arts			
<b>Code:</b> 2d-DEP-513		<b>Course name:</b> Digital empowerment and participation	
<b>Type, extent and method of instruction:</b>			
<b>Form of instruction:</b> Practical			
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)			
<b>Recommended number of periods:</b> 26			
<b>Method of study:</b> combined			
<b>Number of credits:</b> 2			
<b>Recommended semester/trimester:</b>			
<b>Level:</b> II., III.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b>			
The final number of assessed students: 0			
abs	n	p	v
0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. PhDr. Alžbeta Brozmanová Gregorová, PhD., Mgr. Zuzana Heinzová, PhD.			
<b>Last changed:</b> 08.09.2023			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-esn-200	<b>Course name:</b> ESN MBU Volunteer 1
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 1.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The student participates in at least five projects. Each project is worth 20 p. The student can collect max. 100 p. Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
<b>a) continuous assessment:</b> - Active participation in project organisation involving foreign MBU students as the target group. Preparation of a database, schedule, and budget for the activities. - Creating and evaluating an online survey before and after the semester focused on foreign students' needs and their satisfaction. - Providing tutoring to foreign students during the semester.	
<b>b) final assessment:</b> A portfolio of materials related to the projects organised: - report - photo documentation - list of the students involved.	
<b>Learning objectives:</b> Upon completion, the student has developed practical experience with organising activities focused on foreign students. They know and use correct university-related terminology in foreign languages. They have developed specific competences necessary to perform their job related to the promotion of civic engagement and public service. They can independently identify the default situation, activity goals, steps towards their achievement, schedule, problems; find partners; determine appropriate promotion methods; draft the budget; identify the needs of the participants; perform and evaluate activities. They have learned how to motivate other students to participate in volunteering and develop intercultural understanding.	
<b>Brief outline of the course:</b> In terms of volunteering, students actively participate in the MBU Erasmus Student Network. It is a non-profit student organisation that represents foreign students thus creating opportunities for the development of intercultural understanding and personal development. It is based on peer help. Volunteers help organise educational and	



leisure activities as well as competitions for the foreign students from MBU partner universities. They help the foreign students integrate into the community and other MBU student organisations.

**Recommended literature:**

- BROZMANOVÁ GREGOROVÁ Alžbeta et. al. Service learning. Inovatívna stratégia učenia (sa). 2014. Banská Bystrica : UMB, 2014. 200 s. ISBN 978-80-557-0829-4.
- BÚTORA, M. – FIALOVÁ, Z. 1995. Neziskový sektor a dobrovoľníctvo na Slovensku. Bratislava: SAIA-SCTS.
- DLOUHÁ, Regina, e.al. Dobrovoľníctví a dárcovství. Praha : Informační centrum neziskových organizací, o.p.s., 2001. 40 s.
- FRIČ, Pavol. Dárcovství a dobrovoľníctví v České republice. Praha : AGNES a NROS, 2001. 115 s. ISBN 80-902633-7-2.
- Ja nie som dobrovoľník! Ja to robím len tak... KRÁLIKOVÁ, Nadežda (zost.) Bratislava : IUVENTA, 2006, ISBN 80-8072-054-1.
- KOLEKTIV, Autorů, et al. Dobrovoľníci v neziskových organizacích. Praha : Informační centrum neziskových organizací, o.p.s., 2001. 24 s. ISBN 80-86423-05-0.
- MYDLÍKOVÁ, E. a kol. 2002. Dobrovoľníctvo na Slovensku alebo čo si počať s dobrovoľníkom. Bratislava: ASSP, ISBN 80-968713-0-7.
- OCHMANOVÁ, M. – JORDAN, P. 1997. Dobrovoľníci – cenný zdroj pomoci: Institute for Policy Studies, ISBN 1-886333-29-7.
- ONDRUŠEK, D. 2000. Čítanka pre pokročilé neziskové organizácie. Bratislava: Centrum prevencie a riešenia konfliktov, ISBN 80-968095-3-9.
- Příručka pro dobrovoľníky. Klikatá 90c, Praha 5 : Občanské združení ADRA, 1997. 35 s. vydáno s podporou MVČR
- TOŠNER, Jiří, SOZANSKÁ, Olga. Dobrovoľníci a metodika práce s nimi v organizacích. Dominik Dvořák; Michal Kaplánek, Th.D., SDB. 2. vyd. Praha : Portál, s. r. o., 2006. 149 s. ISBN 80-7367-178-6.
- Helcom.cz [online]. 2004 [cit. 2010-06-25]. Dobrovoľníci. Dostupné z WWW: <<http://www.helcom.cz/download/sborniky/dobrovoľnici.doc>>.
- Www.dobrovoľnik.cz [online]. 2006 [cit. 2010-03-16]. Dobrovoľník. Dostupné z WWW: <[http://www.dobrovoľnik.cz/d\\_druhy.shtml](http://www.dobrovoľnik.cz/d_druhy.shtml)>.
- Www.dcul.cz [online]. 2005 [cit. 2010-03-16]. Dostupné z WWW: <<http://www.dcul.cz/stranky/dobrovoľnik.htm>>.
- E-cvns.cz [online]. 2009 [cit. 2010-06-25]. Konference Pardubice. Dostupné z WWW: <[http://www.e-cvns.cz/soubory/Konference\\_Pardubice\\_Hladka.pdf](http://www.e-cvns.cz/soubory/Konference_Pardubice_Hladka.pdf)>.
- Dobrovoľn%C3%ADk In Wikipedia : the free encyclopedia [online]. St. Petersburg (Florida) : Wikipedia Foundation, , [cit. 2010-03-16]. Dostupné z WWW: <<http://cs.wikipedia.org/wiki/Dobrovoľn%C3%ADk>>.
- Portal [online]. 2005 [cit. 2010-03-18]. Dostupné z WWW:<<http://www.portal.cz/scripts/detail.php?id=2982>>

**Language of instruction:**

Slovak, English

**Notes:student time load:**

Total student time load: 90 h.  
Project preparation and management: 75 h.  
Portfolio preparation: 15 h.

<b>Course assessment</b>							
The final number of assessed students: 5							
A	B	C	D	E	FX(0)	FX(1)	n
80.0	20.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Lujza Urbancová, PhD.							
<b>Last changed:</b> 27.10.2022							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-esn-201	<b>Course name:</b> ESN MBU Volunteer 2
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 2.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The student participates in at least five projects. Each project is worth 20 p. The student can collect max. 100 p. Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
<b>a) continuous assessment:</b> - Active participation in project organisation involving foreign MBU students as the target group. Preparation of a database, schedule, and budget for the activities. - Creating and evaluating an online survey before and after the semester focused on foreign students' needs and their satisfaction. - Providing tutoring to foreign students during the semester.	
<b>b) final assessment:</b> A portfolio of materials related to the projects organised: - report - photo documentation - list of the students involved.	
<b>Learning objectives:</b> Upon completion, the student has developed practical experience with organising activities focused on foreign students. They know and use correct university-related terminology in foreign languages. They have developed specific competences necessary to perform their job related to the promotion of civic engagement and public service. They can independently identify the default situation, activity goals, steps towards their achievement, schedule, problems; find partners; determine appropriate promotion methods; draft the budget; identify the needs of the participants; perform and evaluate activities. They have learned how to motivate other students to participate in volunteering and develop intercultural understanding.	
<b>Brief outline of the course:</b> Brief outline of the course: In terms of volunteering, students actively participate in the MBU Erasmus Student Network. It is a non-profit student organisation that represents foreign students thus creating opportunities for the development of intercultural understanding and personal development.	

It is based on peer help. Volunteers help organise educational and leisure activities as well as competitions for the foreign students from MBU partner universities. They help the foreign students integrate into the community and other MBU student organisations.

**Recommended literature:**

- BROZMANOVÁ GREGOROVÁ Alžbeta et. al. Service learning. Inovatívna stratégia učenia (sa). 2014. Banská Bystrica : UMB, 2014. 200 s. ISBN 978-80-557-0829-4.
- BÚTORA, M. – FIALOVÁ, Z. 1995. Neziskový sektor a dobrovoľníctvo na Slovensku. Bratislava: SAIA-SCTS.
- DLOUHÁ, Regina, e.al. Dobrovolníctví a dárcovství. Praha : Informační centrum neziskových organizací, o.p.s., 2001. 40 s.
- FRIČ, Pavol. Dárcovství a dobrovolníctví v České republice. Praha : AGNES a NROS, 2001. 115 s. ISBN 80-902633-7-2.
- Ja nie som dobrovoľník! Ja to robím len tak... KRÁLIKOVÁ, Nadežda (zost.) Bratislava : IUVENTA, 2006, ISBN 80-8072-054-1.
- KOLEKTIV, Autorů, et al. Dobrovolníci v neziskových organizacích. Praha : Informační centrum neziskových organizací, o.p.s., 2001. 24 s. ISBN 80-86423-05-0.
- MYDLÍKOVÁ, E. a kol. 2002. Dobrovoľníctvo na Slovensku alebo čo si počať s dobrovoľníkom. Bratislava: ASSP, ISBN 80-968713-0-7.
- OCHMANOVÁ, M. – JORDAN, P. 1997. Dobrovoľníci – cenný zdroj pomoci: Institute for Policy Studies, ISBN 1-886333-29-7.
- ONDRUŠEK, D. 2000. Čítanka pre pokročilé neziskové organizácie. Bratislava: Centrum prevencie a riešenia konfliktov, ISBN 80-968095-3-9.
- Průručka pro dobrovolníky. Klikatá 90c, Praha 5 : Občanské združení ADRA, 1997. 35 s. vydáno s podporou MVČR
- TOŠNER, Jiří, SOZANSKÁ, Olga. Dobrovolníci a metodika práce s nimi v organizacích. Dominik Dvořák; Michal Kaplánek, Th.D., SDB. 2. vyd. Praha : Portál, s. r. o., 2006. 149 s. ISBN 80-7367-178-6.
- Helcom.cz [online]. 2004 [cit. 2010-06-25]. Dobrovolníci. Dostupné z WWW: <<http://www.helcom.cz/download/sborniky/dobrovolnici.doc>>.
- Www.dobrovolnik.cz [online]. 2006 [cit. 2010-03-16]. Dobrovolník. Dostupné z WWW: <[http://www.dobrovolnik.cz/d\\_druhy.shtml](http://www.dobrovolnik.cz/d_druhy.shtml)>.
- Www.dcul.cz [online]. 2005 [cit. 2010-03-16]. Dostupné z WWW: <<http://www.dcul.cz/stranky/dobrovolnik.htm>>.
- E-cvns.cz [online]. 2009 [cit. 2010-06-25]. Konference Pardubice. Dostupné z WWW: <[http://www.e-cvns.cz/soubory/Konference\\_Pardubice\\_Hladka.pdf](http://www.e-cvns.cz/soubory/Konference_Pardubice_Hladka.pdf)>.
- Dobrovoln%C3%ADk In Wikipedia : the free encyclopedia [online]. St. Petersburg (Florida) : Wikipedia Foundation, , [cit. 2010-03-16]. Dostupné z WWW: <<http://cs.wikipedia.org/wiki/Dobrovoln%C3%ADk>>.
- Portal [online]. 2005 [cit. 2010-03-18]. Dostupné z WWW: <<http://www.portal.cz/scripts/detail.php?id=2982>>

**Language of instruction:**

Slovak, English

**Notes: student time load:**

Total student time load: 90 h.

Project preparation and management: 75 h.

Portfolio preparation: 15 h.

<b>Course assessment</b>							
The final number of assessed students: 5							
A	B	C	D	E	FX(0)	FX(1)	n
100.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Lujza Urbancová, PhD.							
<b>Last changed:</b> 27.10.2022							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-esn-202	<b>Course name:</b> ESN MBU Volunteer 3
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The student participates in at least five projects. Each project is worth 20 p. The student can collect max. 100 p. Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
<b>a) continuous assessment:</b> - Active participation in project organisation involving foreign MBU students as the target group. Preparation of a database, schedule, and budget for the activities. - Creating and evaluating an online survey before and after the semester focused on foreign students' needs and their satisfaction. - Providing tutoring to foreign students during the semester.	
<b>b) final assessment:</b> A portfolio of materials related to the projects organised: - report - photo documentation list of the students involved.	
<b>Learning objectives:</b> Upon completion, the student has developed practical experience with organising activities focused on foreign students. They know and use correct university-related terminology in foreign languages. They have developed specific competences necessary to perform their job related to the promotion of civic engagement and public service. They can independently identify the default situation, activity goals, steps towards their achievement, schedule, problems; find partners; determine appropriate promotion methods; draft the budget; identify the needs of the participants; perform and evaluate activities. They have learned how to motivate other students to participate in volunteering and develop intercultural understanding.	
<b>Brief outline of the course:</b> In terms of volunteering, students actively participate in the MBU Erasmus Student Network. It is a non-profit student organisation that represents foreign students thus creating opportunities for the development of intercultural understanding and personal development. It is based on peer help.	

Volunteers help organise educational and leisure activities as well as competitions for the foreign students from MBU partner universities. They help the foreign students integrate into the community and other MBU student organisations.

**Recommended literature:**

- BROZMANOVÁ GREGOROVÁ Alžbeta et. al. Service learning. Inovatívna stratégia učenia (sa). 2014. Banská Bystrica : UMB, 2014. 200 s. ISBN 978-80-557-0829-4.
- BÚTORA, M. – FIALOVÁ, Z. 1995. Neziskový sektor a dobrovoľníctvo na Slovensku. Bratislava: SAIA-SCTS.
- DLOUHÁ, Regina, e.al. Dobrovoľníctví a dárcovství. Praha : Informační centrum neziskových organizací, o.p.s., 2001. 40 s.
- FRIČ, Pavol. Dárcovství a dobrovoľníctví v České republice. Praha : AGNES a NROS, 2001. 115 s. ISBN 80-902633-7-2.
- Ja nie som dobrovoľník! Ja to robím len tak... KRÁLIKOVÁ, Nadežda (zost.) Bratislava : IUVENTA, 2006, ISBN 80-8072-054-1.
- KOLEKTIV, Autorů, et al. Dobrovoľníci v neziskových organizáciach. Praha : Informační centrum neziskových organizací, o.p.s., 2001. 24 s. ISBN 80-86423-05-0.
- MYDLÍKOVÁ, E. a kol. 2002. Dobrovoľníctvo na Slovensku alebo čo si počať s dobrovoľníkom. Bratislava: ASSP, ISBN 80-968713-0-7.
- OCHMANOVÁ, M. – JORDAN, P. 1997. Dobrovoľníci – cenný zdroj pomoci: Institute for Policy Studies, ISBN 1-886333-29-7.
- ONDRUŠEK, D. 2000. Čítanka pre pokročilé neziskové organizácie. Bratislava: Centrum prevencie a riešenia konfliktov, ISBN 80-968095-3-9.
- Průručka pro dobrovoľníky. Klikatá 90c, Praha 5 : Občanské združení ADRA, 1997. 35 s. vydáno s podporou MVČR
- TOŠNER, Jiří, SOZANSKÁ, Olga. Dobrovoľníci a metodika práce s nimi v organizáciach. Dominik Dvořák; Michal Kaplánek, Th.D., SDB. 2. vyd. Praha : Portál, s. r. o., 2006. 149 s. ISBN 80-7367-178-6.
- Helcom.cz [online]. 2004 [cit. 2010-06-25]. Dobrovoľníci. Dostupné z WWW: <<http://www.helcom.cz/download/sborniky/dobrovoľnici.doc>>.
- Www.dobrovoľnik.cz [online]. 2006 [cit. 2010-03-16]. Dobrovoľník. Dostupné z WWW: <[http://www.dobrovoľnik.cz/d\\_druhy.shtml](http://www.dobrovoľnik.cz/d_druhy.shtml)>.
- Www.dcul.cz [online]. 2005 [cit. 2010-03-16]. Dostupné z WWW: <<http://www.dcul.cz/stranky/dobrovoľnik.htm>>.
- E-cvns.cz [online]. 2009 [cit. 2010-06-25]. Konference Pardubice. Dostupné z WWW: <[http://www.e-cvns.cz/soubory/Konference\\_Pardubice\\_Hladka.pdf](http://www.e-cvns.cz/soubory/Konference_Pardubice_Hladka.pdf)>.
- Dobrovoľn%C3%ADk In Wikipedia : the free encyclopedia [online]. St. Petersburg (Florida) : Wikipedia Foundation, , [cit. 2010-03-16]. Dostupné z WWW: <<http://cs.wikipedia.org/wiki/Dobrovoľn%C3%ADk>>.
- Portal [online]. 2005 [cit. 2010-03-18]. Dostupné z WWW: <<http://www.portal.cz/scripts/detail.php?id=2982>>

**Language of instruction:**

Slovak, English

**Notes: student time load:**

Total student time load: 90 h.

Project preparation and management: 75 h.

Portfolio preparation: 15 h.

<b>Course assessment</b>							
The final number of assessed students: 3							
A	B	C	D	E	FX(0)	FX(1)	n
33.33	33.33	0.0	0.0	33.33	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Lujza Urbancová, PhD.							
<b>Last changed:</b> 27.10.2022							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-esn-203	<b>Course name:</b> ESN MBU Volunteer 4
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 4.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The student participates in at least five projects. Each project is worth 20 p. The student can collect max. 100 p. Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
<b>a) continuous assessment:</b> - Active participation in project organisation involving foreign MBU students as the target group. Preparation of a database, schedule, and budget for the activities. - Creating and evaluating an online survey before and after the semester focused on foreign students' needs and their satisfaction. - Providing tutoring to foreign students during the semester.	
<b>b) final assessment:</b> A portfolio of materials related to the projects organised: - report - photo documentation list of the students involved.	
<b>Learning objectives:</b> Upon completion, the student has developed practical experience with organising activities focused on foreign students. They know and use correct university-related terminology in foreign languages. They have developed specific competences necessary to perform their job related to the promotion of civic engagement and public service. They can independently identify the default situation, activity goals, steps towards their achievement, schedule, problems; find partners; determine appropriate promotion methods; draft the budget; identify the needs of the participants; perform and evaluate activities. They have learned how to motivate other students to participate in volunteering and develop intercultural understanding.	
<b>Brief outline of the course:</b> In terms of volunteering, students actively participate in the MBU Erasmus Student Network. It is a non-profit student organisation that represents foreign students thus creating opportunities for the development of intercultural understanding and personal development. It is based on peer help.	

Volunteers help organise educational and leisure activities as well as competitions for the foreign students from MBU partner universities. They help the foreign students integrate into the community and other MBU student organisations.

**Recommended literature:**

- BROZMANOVÁ GREGOROVÁ Alžbeta et. al. Service learning. Inovatívna stratégia učenia (sa). 2014. Banská Bystrica : UMB, 2014. 200 s. ISBN 978-80-557-0829-4.
- BÚTORA, M. – FIALOVÁ, Z. 1995. Neziskový sektor a dobrovoľníctvo na Slovensku. Bratislava: SAIA-SCTS.
- DLOUHÁ, Regina, e.al. Dobrovoľníctví a dárcovství. Praha : Informační centrum neziskových organizací, o.p.s., 2001. 40 s.
- FRIČ, Pavol. Dárcovství a dobrovoľníctví v České republice. Praha : AGNES a NROS, 2001. 115 s. ISBN 80-902633-7-2.
- Ja nie som dobrovoľník! Ja to robím len tak... KRÁLIKOVÁ, Nadežda (zost.) Bratislava : IUVENTA, 2006, ISBN 80-8072-054-1.
- KOLEKTIV, Autorů, et al. Dobrovoľníci v neziskových organizáciach. Praha : Informační centrum neziskových organizací, o.p.s., 2001. 24 s. ISBN 80-86423-05-0.
- MYDLÍKOVÁ, E. a kol. 2002. Dobrovoľníctvo na Slovensku alebo čo si počať s dobrovoľníkom. Bratislava: ASSP, ISBN 80-968713-0-7.
- OCHMANOVÁ, M. – JORDAN, P. 1997. Dobrovoľníci – cenný zdroj pomoci: Institute for Policy Studies, ISBN 1-886333-29-7.
- ONDRUŠEK, D. 2000. Čítanka pre pokročilé neziskové organizácie. Bratislava: Centrum prevencie a riešenia konfliktov, ISBN 80-968095-3-9.
- Průručka pro dobrovoľníky. Klikatá 90c, Praha 5 : Občanské združení ADRA, 1997. 35 s. vydáno s podporou MVČR
- TOŠNER, Jiří, SOZANSKÁ, Olga. Dobrovoľníci a metodika práce s nimi v organizáciach. Dominik Dvořák; Michal Kaplánek, Th.D., SDB. 2. vyd. Praha : Portál, s. r. o., 2006. 149 s. ISBN 80-7367-178-6.
- Helcom.cz [online]. 2004 [cit. 2010-06-25]. Dobrovoľníci. Dostupné z WWW: <<http://www.helcom.cz/download/sborniky/dobrovoľnici.doc>>.
- Www.dobrovoľnik.cz [online]. 2006 [cit. 2010-03-16]. Dobrovoľník. Dostupné z WWW: <[http://www.dobrovoľnik.cz/d\\_druhy.shtml](http://www.dobrovoľnik.cz/d_druhy.shtml)>.
- Www.dcul.cz [online]. 2005 [cit. 2010-03-16]. Dostupné z WWW: <<http://www.dcul.cz/stranky/dobrovoľnik.htm>>.
- E-cvns.cz [online]. 2009 [cit. 2010-06-25]. Konference Pardubice. Dostupné z WWW: <[http://www.e-cvns.cz/soubory/Konference\\_Pardubice\\_Hladka.pdf](http://www.e-cvns.cz/soubory/Konference_Pardubice_Hladka.pdf)>.
- Dobrovoľn%C3%ADk In Wikipedia : the free encyclopedia [online]. St. Petersburg (Florida) : Wikipedia Foundation, , [cit. 2010-03-16]. Dostupné z WWW: <<http://cs.wikipedia.org/wiki/Dobrovoľn%C3%ADk>>.
- Portal [online]. 2005 [cit. 2010-03-18]. Dostupné z WWW: <<http://www.portal.cz/scripts/detail.php?id=2982>>

**Language of instruction:**

Slovak, English

**Notes: student time load:**

Total student time load: 90 h.

Project preparation and management: 75 h.

Portfolio preparation: 15 h.

<b>Course assessment</b>							
The final number of assessed students: 2							
A	B	C	D	E	FX(0)	FX(1)	n
50.0	50.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Lujza Urbancová, PhD.							
<b>Last changed:</b> 27.10.2022							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Arts			
<b>Code:</b> 2d-fpv-307		<b>Course name:</b> Electoral Geography	
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 <b>Method of study:</b> combined			
<b>Number of credits:</b> 3			
<b>Recommended semester/trimester:</b> 2., 4.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b> The final number of assessed students: 186			
abs	n	p	v
97.85	2.15	0.0	0.0
<b>Instructor:</b>			
<b>Last changed:</b> 24.07.2015			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-ajmL-316	<b>Course name:</b> English Language B2 for FF UMB students
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 2., 4.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> This elective course is intended for students of sports education, sports science and other humanities and philology studies at the Faculty of Arts, UMB in Banská Bystrica, except for study programmes English Language and Culture, English for Translation in Economic Practice and Teaching English Language and Literature. Students will take three written continuous assessment tests during the semester. Upon completion of the course students will take a written final test. Credits will not be awarded to a student who scores less than 65% on the continuous assessment tests and the final test. The student is entitled to one re-sit exam. The assessment is in compliance with the following grading scale: A (100-94%), B (93-87%), B (93-87%), B (93-87%), C (86-80%), D (79-73%), E (72-65%). <b>a) continuous assessment:</b> Three continuous written tests: 30% Active participation in seminars: 10% <b>b) final assessment:</b> Written final test: 60%	
<b>Learning objectives:</b> The student: <ol style="list-style-type: none"> <li>1. understands not only essential but also specific information in broader English texts and can communicate in more challenging communicative situations in the professional and private spheres;</li> <li>2. masters upper-intermediate language activities and strategies in English (listening comprehension, speaking, writing, reading comprehension)</li> <li>3. is able to identify elements of narrative style in written discourse at B2 level;</li> <li>4. is able to translate from/into English texts at B2 level;</li> <li>6. is able to use summarising techniques to summarise relevant data.</li> </ol>	
<b>Brief outline of the course:</b> Selected topics include: <ol style="list-style-type: none"> <li>1. Passions and fashions</li> <li>2. No fear!</li> <li>3. It depends how you look at it</li> <li>4. All things high tech</li> <li>5. Seeing is believing</li> </ol>	

6. Telling it how it is							
<b>Recommended literature:</b> SOARS, Liz - SOARS, John. New Headway Intermediate. 4th Edition. Students Book. Oxford : OUP, 2010. SOARS, Liz - SOARS, John. New Headway Intermediate. 4th Edition. Work Book. Oxford : OUP, 2010.							
<b>Language of instruction:</b> English							
<b>Notes:student time load:</b> Total: 90 hours Seminars: 13 Preparation for continuous written tests: 15 Preparation for the final written test: 30 Self-study: 32							
<b>Course assessment</b> The final number of assessed students: 8							
A	B	C	D	E	FX(0)	FX(1)	n
75.0	0.0	0.0	25.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> PaedDr. Alena Štulajterová, PhD., M.A. James Ó Connell							
<b>Last changed:</b> 11.09.2023							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-ajmZ-317	<b>Course name:</b> English Language B2 for FF UMB students
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 1., 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> This elective course is intended for students of sports education, sports science and other humanities and philology studies at the Faculty of Arts, UMB in Banská Bystrica, except for study programmes English Language and Culture, English for Translation in Economic Practice and Teaching English Language and Literature. Students will take three written continuous assessment tests during the semester. Upon completion of the course students will take a written final test. Credits will not be awarded to a student who scores less than 65% on the continuous assessment tests and the final test. The student is entitled to one re-sit exam. The assessment is in compliance with the following grading scale: A (100-94%), B (93-87%), B (93-87%), B (93-87%), C (86-80%), D (79-73%), E (72-65%). <b>a) continuous assessment:</b> Three continuous written tests: 30% Active participation in seminars: 10% <b>b) final assessment:</b> Written final test: 60%	
<b>Learning objectives:</b> The student: <ol style="list-style-type: none"> <li>1. understands not only essential but also specific information in broader English texts and can communicate in more challenging communicative situations in the professional and private spheres;</li> <li>2. masters upper-intermediate language activities and strategies in English (listening comprehension, speaking, writing, reading comprehension)</li> <li>3. is able to identify elements of narrative style in written discourse at B2 level;</li> <li>4. is able to translate from/into English texts at B2 level;</li> <li>6. is able to use summarising techniques to summarise relevant data.</li> </ol>	
<b>Brief outline of the course:</b> Selected topics include: <ol style="list-style-type: none"> <li>1. Passions and fashions</li> <li>2. No fear!</li> <li>3. It depends how you look at it</li> <li>4. All things high tech</li> <li>5. Seeing is believing</li> </ol>	

6. Telling it how it is							
<b>Recommended literature:</b> SOARS, Liz - SOARS, John. New Headway Intermediate. 4th Edition. Students Book. Oxford : OUP, 2010. SOARS, Liz - SOARS, John. New Headway Intermediate. 4th Edition. Work Book. Oxford : OUP, 2010.							
<b>Language of instruction:</b> English, Slovak							
<b>Notes:student time load:</b> Total: 90 hours Seminars: 13 Preparation for continuous written tests: 15 Preparation for the final written test: 30 Self-study: 32							
<b>Course assessment</b> The final number of assessed students: 10							
A	B	C	D	E	FX(0)	FX(1)	n
60.0	10.0	10.0	10.0	0.0	0.0	10.0	0.0
<b>Instructor:</b> PaedDr. Alena Štulajterová, PhD., M.A. James Ó Connell, Mgr. Richard Gramanich Štromajer							
<b>Last changed:</b> 17.05.2023							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Arts			
<b>Code:</b> ESN1	<b>Course name:</b> Erasmus student network 1		
<b>Type, extent and method of instruction:</b>			
<b>Form of instruction:</b>			
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)			
<b>Recommended number of periods:</b>			
<b>Method of study:</b> combined			
<b>Number of credits:</b> 3			
<b>Recommended semester/trimester:</b> 1., 3.			
<b>Level:</b> I., II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b>			
The final number of assessed students: 11			
abs	n	p	v
100.0	0.0	0.0	0.0
<b>Instructor:</b> doc. Mgr. et Mgr. Ing. Miroslava Knapková, PhD.			
<b>Last changed:</b>			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Arts			
<b>Code:</b> 2d-fpv-205		<b>Course name:</b> Field Course Abroad	
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Practical <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 1560 <b>Method of study:</b> combined			
<b>Number of credits:</b> 6			
<b>Recommended semester/trimester:</b> 2., 4.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b> The final number of assessed students: 30			
abs	n	p	v
93.33	6.67	0.0	0.0
<b>Instructor:</b> doc. RNDr. Alfonz Gajdoš, PhD.			
<b>Last changed:</b> 03.02.2017			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Arts			
<b>Code:</b> 2d-fpv-124		<b>Course name:</b> Finance in practice	
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined			
<b>Number of credits:</b> 3			
<b>Recommended semester/trimester:</b> 1., 3.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b> The final number of assessed students: 16			
abs	n	p	v
100.0	0.0	0.0	0.0
<b>Instructor:</b> Ing. Janka Crmanová			
<b>Last changed:</b> 28.03.2023			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-utr-010		<b>Course name:</b> Fitness Programme Creation in Sports				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 2.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 15						
A	B	C	D	E	FX(0)	FX(1)
53.33	6.67	40.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> PaedDr. Jaroslav Kompán, PhD., Mgr. David Brúnn, PhD.						
<b>Last changed:</b> 08.02.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-utr-220		<b>Course name:</b> Fitness Workout 2				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b>						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> PaedDr. Jaroslav Kompán, PhD., Mgr. David Brúnn, PhD., Mgr. Jozef Sýkora, PhD., Mgr. Vladimír Franek, PhD.						
<b>Last changed:</b> 14.02.2024						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-utr-227		<b>Course name:</b> Fitness swimming 2				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b>						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 8						
A	B	C	D	E	FX(0)	FX(1)
37.5	0.0	50.0	0.0	0.0	12.5	0.0
<b>Instructor:</b> PaedDr. Zuzana Pupišová, PhD., PaedDr. Martina Mandzáková, PhD.						
<b>Last changed:</b> 05.10.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica							
<b>Faculty:</b> Faculty of Arts							
<b>Code:</b> 2d-fj-001		<b>Course name:</b> French Language 2					
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined							
<b>Number of credits:</b> 3							
<b>Recommended semester/trimester:</b> 2., 4.							
<b>Level:</b> II.							
<b>Prerequisites:</b>							
<b>Course completion conditions:</b> The maximum total number of points obtained for the interim and final assessment is 100. Credits will be awarded to a student who has earned at least 65 out of 100 points for fulfilling the specified requirements. <b>a) continuous assessment:</b> participation and activities in classes (0-20 points) <b>b) final assessment:</b> final exam (0-80 points)							
<b>Learning objectives:</b> The student 1. uses basic language skills in French, 2. is able to talk about his interests and his plans for the future. 3. can write an e-mail asking for something. 4. can talk about events that took place in the past.							
<b>Brief outline of the course:</b> 1. Understand interests and preferences based on recordings and then be able to talk about yours. 2. Weekend plans. 3. Description of the house/apartment and its equipment. 4. Gastronomy in France and Slovakia. 5. Tense of irregular verbs. 6. Free time.							
<b>Recommended literature:</b> LOISEAU, Y. - MERIEUX, R. 2009. Latitudes 1. Paris: Didier Pecníková, J. - Ráčková, L. Základy francúzštiny, Belianum, 2023							
<b>Language of instruction:</b> French A1							
<b>Notes:student time load:</b> 120 hours, of which: full-time study: 26 hours Exam preparation + written exam: 94 hours							
<b>Course assessment</b> The final number of assessed students: 1							
A	B	C	D	E	FX(0)	FX(1)	n
100.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> PhDr. Jana Pecníková, PhD., Gautier Quentin Crept							

**Last changed:** 14.09.2023

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-fj-002	<b>Course name:</b> French language 1
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 1., 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> During the semester, the student participates in oral activities (10%). He passes a written French language test (questions based on audio document, written questions) (30%). After at the end of the semester, he passes a written final test in French language (questions based on audio document, written questions) and from the basics of French culture in Slovak language (60%). The student has the right to one remedial written final test. Maximum total number points obtained for the continuous and final assessment is 100. The assessment is carried out according to classification scale: A (100-94%), B (93-87%), C (86-80%), D (79-73%), E (72-65 %). Credits will be awarded to the student who has obtained at least 65 of the specified conditions 100 points. a) continuous assessment: participation in oral activities (10%) written test of the French language (30%) b) final assessment: written final test on the French language and on French realities (60%) <b>a) continuous assessment:</b> continuous assessment: participation in oral activities (10%) written test of the French language (30%) <b>b) final assessment:</b> final assessment: written final test on the French language and on French realities (60%)	
<b>Learning objectives:</b> The student 1. is able to tell basic information about himself and his immediate surroundings 2. is able to react in basic situations (greeting, thanking, introducing yourself, expressing yourself taste) 3. understands audio and written basic information (announcements, basic conversation) 4. has basic knowledge of French culture	
<b>Brief outline of the course:</b> 1. Acquaintance with the French language, with greetings, the alphabet and polite words. 2. Introducing yourself and family members. 3. Names of states and nationalities. 4. Numbers. 5. Activities in free time 6. Main geographical data about France 7. Customs and celebrations in France during the year 8. The most important personalities from the history and culture of France	
<b>Recommended literature:</b> 1. Mérieux, R. ; Loiseau, Y. 2008. Latitudes A1-A2. Paris : Didier	
<b>Language of instruction:</b>	

slovak or another language (except french)							
<b>Notes:student time load:</b>							
<b>Course assessment</b>							
The final number of assessed students: 2							
A	B	C	D	E	FX(0)	FX(1)	n
50.0	50.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> PhDr. Jana Pecníková, PhD.							
<b>Last changed:</b> 21.09.2023							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-uVZSP	<b>Course name:</b> General Foundations of Private Law
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 2., 4.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The prerequisite for passing the course is attendance at a minimum of 90% of the teaching and active participation of students in class. The evaluation is in accordance with the classification scale according to the Study Regulations of Matej Bel University. <b>a) continuous assessment:</b> Continuous evaluation is not performed. <b>b) final assessment:</b> The basis for the award of the final grade is the demonstration of mastery of the knowledge of the lecture material, which is demonstrated in an active dialogue with the teacher in the teaching of the subject.	
<b>Learning objectives:</b> The graduate will be able to distinguish private law from public law, will be oriented in the basic principles of private law, which in the European continental legal system traditionally includes civil law, commercial law, family law and international private law. The graduate will have knowledge of the basic institutions of private law (both substantive and procedural), their current legal regulation and use in practice.	
<b>Brief outline of the course:</b>	
<b>Recommended literature:</b> VOJČÍK, P. a kol.: Občianske právo hmotné 1. a 2., Plzeň: Aleš Čenek, 2018. 764 s. ISBN 978-80-73807-19-1. CIRÁK, J. - GANDŽALOVÁ, D.: Základy rodinného práva, Úvodná časť - Manželské práva - Osvojenie, Banská Bystrica: UMB Belianum, 2019. ISBN 978-80-557-1548-3. MURÁNSKA, J. - GANDŽALOVÁ, D. - TAKÁČ, J.: Základy rodinného práva, Rodičia a deti - Výživné, Banská Bystrica: UMB Belianum, 2019. ISBN 978-80-557-1622-0. KUBÍČEK, P. – ŠKRINÁR, A. – NEVOLNÁ, Z. – KOLKUSOVÁ, R. – ĎURICA, M.: Obchodné právo. 3. vydanie. Plzeň: Aleš Čeněk, 2021, 420 s. ISBN 978-80-7380-847-1. Act No. 40/1964 Coll. Civil Code as amended. Act No. 36/2005 Coll. on the Family, as amended. Act No. 160/2015 Coll. on the Civil Procedure Code, as amended. Act No. 161/2015 Coll. on the Civil Procedure Code, as amended.	

Act No. 513/1990 Coll., Commercial Code, as amended.			
<b>Language of instruction:</b> Slovak language			
<b>Notes:student time load:</b> 90 hours combined study (L, C): 26 hours self-study: 64 hours			
<b>Course assessment</b> The final number of assessed students: 0			
abs	n	p	v
0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. JUDr. Daniela Gandžalová, PhD., doc. JUDr. Marián Ďurana, PhD., doc. JUDr. Juraj Takáč, PhD., doc. JUDr. Katarína Zajác Ševcová, PhD., JUDr. Monika Némethová, PhD., Mgr. Miroslava Dolíhalová, PhD., Mgr. Jakub Dzimko, PhD., JUDr. Eva Cvengová, JUDr. Dominik Čipka, JUDr. Drahomíra Dibdiaková, JUDr. Ing. Miroslav Paller			
<b>Last changed:</b> 30.03.2023			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Arts			
<b>Code:</b> 2d-fpv-323		<b>Course name:</b> Geographical learning of Europe	
<b>Type, extent and method of instruction:</b>			
<b>Form of instruction:</b> Seminar			
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)			
<b>Recommended number of periods:</b> 13			
<b>Method of study:</b> combined			
<b>Number of credits:</b> 3			
<b>Recommended semester/trimester:</b> 1., 3.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b>			
The final number of assessed students: 411			
abs	n	p	v
96.35	3.65	0.0	0.0
<b>Instructor:</b>			
<b>Last changed:</b> 19.09.2018			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica							
<b>Faculty:</b> Faculty of Arts							
<b>Code:</b> 2d-fpv-114		<b>Course name:</b> Geopolitical development of the World					
<b>Type, extent and method of instruction:</b>							
<b>Form of instruction:</b> Seminar							
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)							
<b>Recommended number of periods:</b> 26							
<b>Method of study:</b> combined							
<b>Number of credits:</b> 4							
<b>Recommended semester/trimester:</b> 1., 3.							
<b>Level:</b> II.							
<b>Prerequisites:</b>							
<b>Course completion conditions:</b>							
<b>Learning objectives:</b>							
<b>Brief outline of the course:</b>							
<b>Recommended literature:</b>							
<b>Language of instruction:</b>							
<b>Notes:student time load:</b>							
<b>Course assessment</b>							
The final number of assessed students: 71							
A	B	C	D	E	FX(0)	FX(1)	n
53.52	12.68	15.49	5.63	4.23	7.04	1.41	0.0
<b>Instructor:</b>							
<b>Last changed:</b> 03.02.2017							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-nj-001	<b>Course name:</b> German Language 1
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 1., 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> Continuous assessment. Active participation in seminars: 0–40 p. Completion of assignments and exercises: 0–20 p. Final assessment. Written exam: 0–40 p. The maximum number of points consisting of continuous and final assessment is 100. Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
<b>Learning objectives:</b> The student learns the basic rules of German pronunciation, orthography, grammar, and vocabulary used in the basic common communication situations (A1 level).	
<b>Brief outline of the course:</b> The seminar focuses on learning basic orthoepic, orthographic, grammatical rules, and vocabulary on the A1 level. German language course book texts are used along with authentic texts, and grammatical and lexical exercises (printed and electronic). 1. Grammar – conjugation of auxiliary, weak, and strong verbs; modal verbs, declination of the determiners and nouns in 1st and 4th cases; personal pronouns, the negative, syntax in indicative, interrogative, and exclamatory sentences. 2. Topics: German in basic communication situations: introduction, travelling, family, housing, etc. 3. Training receptive and productive language skills – A1 level.	
<b>Recommended literature:</b> 1. ALBRECHT, U. – DANE, D. – FANDRYCH, CH.: Passwort Deutsch neu 1 – Kurs/Übungsbuch + CD. Stuttgart : Klett Verlag, 2014. ISBN 9783126764100 2. WITZLINGER, H: Deutsch. Aber Hallo! Grundstufe I A1. Online: <a href="http://www.deutschkursepassau.de">www.deutschkursepassau.de</a> . 3. KRENN, W. – PUCHTA, H.: Ideen 1. Deutsch ales Fremdsprache. Kursbuch. München : Hueber-Verlag, 2008. ISBN 978-3-19-001823-9 4. KRENN, W. – PUCHTA, H.: Ideen 1. Deutsch ales Fremdsprache. Arbeitsbuch. München : Hueber-Verlag, 2008. ISBN 9783190118236 <a href="http://www.mein-deutschbuch.de">www.mein-deutschbuch.de</a> <a href="http://www.lingolia.de">www.lingolia.de</a> <a href="http://www.schubert-verlag.de/aufgaben/uebungen_a1/a1_uebungen_index_z.htm">www.schubert-verlag.de/aufgaben/uebungen_a1/a1_uebungen_index_z.htm</a> (on-line cvičenia na	

slovnú zásobu a gramatiku, úrovne A1 – A2)							
<b>Language of instruction:</b> Slovak language							
<b>Notes:student time load:</b>							
<b>Course assessment</b> The final number of assessed students: 52							
A	B	C	D	E	FX(0)	FX(1)	n
55.77	32.69	3.85	3.85	0.0	3.85	0.0	0.0
<b>Instructor:</b> Mgr. Jana Štefaňáková, PhD.							
<b>Last changed:</b> 25.03.2023							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-nj-002	<b>Course name:</b> German Language 2
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 2., 4.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> Continuous assessment. Active participation in seminars: Completion of assignments and exercises: 0–40 p. 0–20 p. Final assessment. Written exam: 0–40 p. The maximum number of points consisting of continuous and final assessment is 100. Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
<b>Learning objectives:</b> Upon successful completion of this course, the student: <ol style="list-style-type: none"> <li>1. masters grammar on the A1–A2 level</li> <li>2. has the vocabulary to communicate in the A1–A2 level communication situations</li> <li>3. can read, listen to, and write texts on the selected topics on the A1–A2 level</li> <li>4. can speak on the A1–A2 level</li> </ol>	
<b>Brief outline of the course:</b> The seminar is focused on learning and training German grammar and vocabulary on the A1–A2 level. <ol style="list-style-type: none"> <li>1. Grammar: possessive pronouns, prepositions for the 3rd and 4th cases, adjectives, coordinating conjunctions, reflective verbs, verb „werden“; weak verbs – future tense, preterite, and perfectum.</li> <li>2. Topics: daily regime, social relationships, clothes, housing, navigation in a city, hobbies</li> <li>3. Development of the receptive and productive language skills through completing assignments and working with texts on the A1–A2 level.</li> </ol>	
<b>Recommended literature:</b> <ol style="list-style-type: none"> <li>1. ALBRECHT, U. – DANE, D. – FANDRYCH, CH.: Passwort Deutsch neu 1 – Kurs/Übungsbuch + CD. Stuttgart : Klett Verlag, 2014. ISBN 9783126764100</li> <li>2. WITZLINGER, H: Deutsch. Aber Hallo! A2. Online: <a href="http://www.deutschkurse-passau.de">www.deutschkurse-passau.de</a>.</li> <li>3. KRENN, W. – PUCHTA, H.: Ideen 1. Deutsch ales Fremdsprache. Kursbuch. München : Hueber-Verlag, 2008. ISBN 978-3-19-001823-9</li> <li>4. KRENN, W. – PUCHTA, H.: Ideen 1. Deutsch ales Fremdsprache. Arbeitsbuch. München : Hueber-Verlag, 2008. ISBN 9783190118236  <a href="http://www.mein-deutschbuch.de">www.mein-deutschbuch.de</a>  <a href="http://www.lingolia.de">www.lingolia.de</a> </li> </ol>	

[www.schubert-verlag.de/aufgaben/uebungen\\_a1/a1\\_uebungen\\_index\\_z.htm](http://www.schubert-verlag.de/aufgaben/uebungen_a1/a1_uebungen_index_z.htm) (on-line cvičenia na slovnú zásobu a gramatiku, úrovne A1 – A2)

**Language of instruction:**

German A1, Slovak

**Notes: student time load:**

**Course assessment**

The final number of assessed students: 9

A	B	C	D	E	FX(0)	FX(1)	n
88.89	11.11	0.0	0.0	0.0	0.0	0.0	0.0

**Instructor:** Mgr. Jana Štefaňáková, PhD.

**Last changed:** 25.03.2023

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-nj-003	<b>Course name:</b> German Language 3
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 1., 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> <b>a) continuous assessment:</b> completion of exercises and short texts: 40 p <b>b) final assessment:</b> Written exam: 60 p. The maximum number of points consisting of continuous and final assessment is 100. Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
<b>Learning objectives:</b> The student learns the rules of the German grammatical system and vocabulary for the selected topics on the A2–B1 level. They can apply these rules in common communication situations and engage in written and spoken communication.	
<b>Brief outline of the course:</b> The seminar is focused on enhancing the knowledge of German grammar and its oral and written application to improve the student's communication competence in the selected topics. It employs a system of grammatical and communication exercises enhancing the associations between language forms and their meaning.	
<b>Recommended literature:</b> H. Funk a kol. STUDIO d A2. Plzeň: Fraus, 2006. ISBN 80-7238-580-1 L.M. Brand. Die Schöne ist angekommen..München:Klett, 1999. ISBN 3-12-675318-3 <a href="http://www.schubert-verlag.de/aufgaben/uebungen_a1/a1_uebungen_index_z.htm">http://www.schubert-verlag.de/aufgaben/uebungen_a1/a1_uebungen_index_z.htm</a> (on-line cvičenia na slovnú zásobu a gramatiku)	
<b>Language of instruction:</b> German A2–B1, Slovak	
<b>Notes:student time load:</b>	

<b>Course assessment</b>							
The final number of assessed students: 3							
A	B	C	D	E	FX(0)	FX(1)	n
100.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> M.A. Jörn Nuber							
<b>Last changed:</b> 21.11.2022							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-utr-221		<b>Course name:</b> Golf Exercises 2				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b>						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 20						
A	B	C	D	E	FX(0)	FX(1)
75.0	25.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD.						
<b>Last changed:</b> 04.10.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-utr-222		<b>Course name:</b> Gymnastic Exercises 2				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b>						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 34						
A	B	C	D	E	FX(0)	FX(1)
67.65	17.65	8.82	0.0	2.94	2.94	0.0
<b>Instructor:</b> PaedDr. Zuzana Pupišová, PhD., Mgr. Michaela Slováková, PhD., Mgr. Kristián Bako						
<b>Last changed:</b> 06.10.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-utr-332	<b>Course name:</b> Hypoxic Training
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 4	
<b>Recommended semester/trimester:</b> 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The condition for the evaluation of the course is mandatory, active participation of the student in the class. During the semester, the student will prepare a seminar paper with a specific topic related to hypoxic preparation and hypoxic training, which will be presented in class. In the period on completion of the coursework, the student will take a written test. <b>a) continuous assessment:</b> Seminar work: 70 points <b>b) final assessment:</b> Written test: 30 points The course assessment corresponds to the A-FX grading scale: A (100 – 94%), B (93 – 87%), C (86 – 80%), D (79 – 73%), E (72 – 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.	
<b>Learning objectives:</b> Student: <ul style="list-style-type: none"> <li>- should know the principles of hypoxic training application,</li> <li>- to know how to apply hypoxic training,</li> <li>- should know the principles of acclimatisation, adaptation and reacclimatisation in relation to hypoxic training,</li> <li>- know the alternatives to hypoxic training,</li> <li>- know the importance of hypoxic training,</li> <li>- be familiar with the specifics of hypoxic training in different sports,</li> <li>- be familiar with the age specificities of hypoxic training.</li> </ul>	
<b>Brief outline of the course:</b> Theory of hypoxic training and its application in sports training. Principles of acclimatization, adaptation and reacclimatization in relation to hypoxic training. Alternatives of hypoxic training, the importance of hypoxic training in sports practice, specifics hypoxic training in different sports, age specificities of hypoxic training.	
<b>Recommended literature:</b> 1 PUPIŠ, M. - KORČOK, P. 2007. Hypoxia ako súčasť športovej prípravy. 1. vyd. Banská Bystrica: Univerzita Mateja Bela, 2007. 167 s. ISBN 978-80-8083-495-1.	

2 PUPIŠ, M. a kol. 2014. World research of hypoxic training. 1. vyd. Banská Bystrica: Slovak Conditioning Trainers Association and Department of Physical Education and Sports, Faculty of Arts, Matej Bel University, 2014. 160 s. ISBN 978-80-814-1080-2.

3 PUPIŠ, M. 2021. Hypoxický tréning : vysokoškolská učebnica Bratislava : Slovenský atletický zväz, 2021. - 114 s. - ISBN 978-80-8141-267-7

**Language of instruction:**

slovak

**Notes:student time load:**

student time load: 120 hrs., of which:

combined study (s): 26 hrs.

written test preparation: 34 hrs.

preparation of term papers: 60 hrs.

**Course assessment**

The final number of assessed students: 0

A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0

**Instructor:** prof. PaedDr. Martin Pupiš, PhD.

**Last changed:** 08.09.2023

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-utr-226		<b>Course name:</b> Inline Skating 2				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b>						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 32						
A	B	C	D	E	FX(0)	FX(1)
68.75	6.25	18.75	0.0	0.0	6.25	0.0
<b>Instructor:</b> PaedDr. Stanislava Straňavská, PhD.						
<b>Last changed:</b> 05.10.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-kom-138	<b>Course name:</b> International Certificate of German Language
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 1., 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> a) continuous assessment: active participation in seminars: 0–30 p. Written test: 0–30 p. b) final assessment: Written and oral test: 0–40 p. The grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
<b>Learning objectives:</b> The student can read and listen with comprehension, speak fluently, write, and actively participate in a conversation about general topics on the respective CEFR level (A1–C2).	
<b>Brief outline of the course:</b> The seminar focuses on improving language skills in the four basic areas (reading and listening comprehension, writing, speaking). The goal is to prepare the student for an international language certificate exam proving their German language skills on the respective CEFR level (A1–C2).	
<b>Recommended literature:</b> HELBIG, G. - BUSCHA, J. Übungsgrammatik Deutsch. Langenscheidt, 1992. ISBN 3-324-00379-2 HILPERT, S. - SCHÜMANN, A. - GOTTSTEIN-SCHRAMM, B. - KALENDER, S. – ROBERT, A. -SPECHT, F. 2008. Schritte international 1, 2, 3. München : Hueber-Verlag. KANISOVÁ, Z. – RICHTER, M. Sprache im Alltag. Ein Konversationsbuch für Fortgeschrittene. Nové prepracované vydanie, Bratislava, Remedium, 2005 WITZLINGER, H: Deutsch. Aber Hallo! A2, B1, B2. Online: <a href="http://www.deutschkurse-passau.de">www.deutschkurse-passau.de</a> . <a href="http://www.mein-deutschbuch.de">www.mein-deutschbuch.de</a> <a href="http://www.lingolia.dehttp://www.schubert-verlag.de/aufgaben/uebungen_a1/a1_uebungen_index_z.htm">www.lingolia.dehttp://www.schubert-verlag.de/aufgaben/uebungen_a1/a1_uebungen_index_z.htm</a> 1.	
<b>Language of instruction:</b> German A1 - C2	
<b>Notes:student time load:</b>	

<b>Course assessment</b>							
The final number of assessed students: 6							
A	B	C	D	E	FX(0)	FX(1)	n
100.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Jana Štefaňáková, PhD.							
<b>Last changed:</b> 25.03.2023							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-ajs-304	<b>Course name:</b> Irish Language 1
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 1., 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The students will take part in a preliminary assessment (a test). After the semester students will take part in the final written exam. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. Credits will not be assigned to the student who will fail to submit the preliminary test during semester or gaining less than 10 points, being a part of preliminary assessment. The student has the right to resit the preliminary test and one resit of the final written exam. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%)	
<b>Learning objectives:</b> Irish Language will explore basic conversational Irish phrases, common vocabulary, as well as basic grammar and phonology so as to enable students to form and correctly pronounce grammatical sentences with independently-learned vocabulary. Irish Language 1 aims to give students; <ul style="list-style-type: none"> <li>- an ability to read and pronounce Irish as pronounced by native Irish-speakers</li> <li>- a knowledge of the International Phonetic Alphabet as applied to Irish</li> <li>- a knowledge of basic Irish vocabulary</li> <li>- a knowlede of basic Irish grammar and grammatical terminology</li> <li>- an ability to form basic grammatical sentences involving various parts of speech (prepositions, pronouns, nouns, adjectives, verbs, adverbs, etc.)</li> </ul>	
<b>Brief outline of the course:</b>	
<b>Recommended literature:</b> Irish dictionaries; <ul style="list-style-type: none"> <li>- <a href="https://www.teanglann.ie/en/fgb/">https://www.teanglann.ie/en/fgb/</a></li> <li>- <a href="https://en.wiktionary.org/wiki/Category:Irish_lemmas">https://en.wiktionary.org/wiki/Category:Irish_lemmas</a></li> <li>- Dineen's Dictionary (pre-standardised spelling) - <a href="http://www.scriobh.ie/page.aspx?id=26&amp;l=2">http://www.scriobh.ie/page.aspx?id=26&amp;l=2</a></li> </ul> General Irish-language resources; <ul style="list-style-type: none"> <li>- <a href="http://nualeargais.ie/foghlaim/">http://nualeargais.ie/foghlaim/</a></li> <li>- Bibliography of Irish Linguistics and Literature; <a href="https://bill.celt.dias.ie/vol4/index2.html">https://bill.celt.dias.ie/vol4/index2.html</a></li> </ul> Irish grammar;	

- <http://nualeargais.ie/gnag/gram.htm>
- Graiméar na Gaedhilge (1906) - [https://en.wikisource.org/wiki/Graim%C3%A9ar\\_na\\_Gaedhilge](https://en.wikisource.org/wiki/Graim%C3%A9ar_na_Gaedhilge)
- Resources for Munster Irish;
- Myles Dillon & Donncha Ó Cróinín; 1961, Teach Yourself Irish (<https://ia801608.us.archive.org/34/items/TeachYourselfIrish/TYI1961.pdf>) (in French)
- Marie-Louise Sjoestedt-Jonval; 1931, Phonétique d'un parler irlandais de Kerry [https://fr.wikisource.org/wiki/Phon%C3%A9tique\\_d%E2%80%99un\\_parler\\_irlandais\\_de\\_Kerry](https://fr.wikisource.org/wiki/Phon%C3%A9tique_d%E2%80%99un_parler_irlandais_de_Kerry)
- Marie-Louise Sjoestedt-Jonval; 1938, Description de un parler irlandais de Kerry [https://fr.wikisource.org/wiki/Description\\_d%E2%80%99un\\_parler\\_irlandais\\_de\\_Kerry](https://fr.wikisource.org/wiki/Description_d%E2%80%99un_parler_irlandais_de_Kerry)
- Irish-language History;
- Doyle, Aidan; 2015, A History of the Irish Language: From the Norman Invasion to Independence. Oxford.
- The Story of English (effect on Irish language) – Episode 8 “The Loaded Weapon” (in 7 parts) <https://www.youtube.com/watch?v=hsOduU-20qk&list=PL1DAC7C41112A9B3E>
- Authors of Munster Irish; “The Blasket-Island Writers”; Tomás Ó Criomhthain, Muiris Ó Súilleabháin, Peig Sayers <https://www.youtube.com/watch?v=DM166JoI-Us> - Oileán Eile (“Another Island”)
- Tomás Ó Criomhthain; [https://wikisource.org/wiki/Author:Tom%C3%A1s\\_%C3%93\\_Criomhthain](https://wikisource.org/wiki/Author:Tom%C3%A1s_%C3%93_Criomhthain)
- An t-Oileánach (“The Islandman”)
- Muiris Ó Súilleabháin;
- Fiche Bliadhain ag Fás (“Twenty Years a-Growing”)
- Peig Sayers;
- Peig – A Scéal Féin (Peg – Her Own Story)
- Machtnamh Seanamhná (The Reflections of an Old Woman)
- Peadar Ua Laoghaire; [https://wikisource.org/wiki/Author:Peadar\\_Ua\\_Laoghaire](https://wikisource.org/wiki/Author:Peadar_Ua_Laoghaire)
- Mo Sgéal Féin (“My Own Story”); [https://wikisource.org/wiki/Mo\\_Sg%C3%A9al\\_F%C3%A9in](https://wikisource.org/wiki/Mo_Sg%C3%A9al_F%C3%A9in) (with audio of native speaker)
- Irish-Language Media;
- Raidió na Gaeltachta, <https://www.rte.ie/rnag/>
- TG4, <https://www.tg4.ie/ga/>
- BILOVESKÝ, V. 2012. Globalizácia ako negatívum rozvoja. In: Studia russico-slovaca 1. Ružomberok : UC Rosenbergensis. s. 119 – 122. ISBN 978-8080-8497-02.
- BILOVESKÝ, V. 2013. Does Integrating Europe Need Polylingualism and Multiculturalism? In: European Researcher. Vol. 42, no. 2-3, s. 455-461.
- DE PAOR. 1988. The People of Ireland. In: The People of Ireland. 1988. Dublin : The Appletree Press. ISBN 0-86281-198-8.
- MHIC MHATHÚNA, M. 2008. Supporting children’s participation in second-language stories in an Irish-language preschool. In: Early Years: An International Research Journal. 2008. vol, 28, no. 3. s. 299-309. ISSN 0957-5146.
- MORIARTY, M. 2009. Normalising language through television: the case of the Irish language television channel, TG4. In: Journal of Multicultural Discourses. 2009. vol. 4, no. 2, s. 137-149. ISSN 1744-7143.
- Ó HIFEARNÁIN, T. 2008. Raising Children to be Bilingual in the Gaeltacht: Language Preference and Practice. In: International Journal of Bilingual Education and Bilingualism. 2008. vol. 10, no. 4, s. 510-528. ISSN 1367-0050.

Ó LAOIRE, M. 2012. Language policy and minority language education in Ireland: re-exploring the issues. In: Language, Culture and Curriculum. 2012. vol 25, no. 1, s. 17-25. ISSN 0790-8318.

Ó RIAIN, S. 2010. Irish and Scottish Gaelic. A European Perspective. In: Naukovij visnik Volinskogo nacional'nogo universitetu imeni Lesi Ukrainki. 2010. s. 262-267.

Ó TUATHAIGH, G. 1988. The Celts II. In: BBC, The People of Ireland. Dublin: The Appletree Press, 1988. pp. 40-54. ISBN 0-86281-198-8.

Ó TOOLE, C, FLETCHER, P. 2010. Validity of a Parent Report Instrument for Irish-Speaking Toddlers. In: First Language. 2010. s. 199-217.

SLATINSKÁ, A. 2014. Irish language as a part of cultural identity of the Irish. In European journal of social and human sciences. - Banská Bystrica : Univerzita Mateja Bela v Banskej Bystrici, Filozofická fakulta, 2014. - ISSN 1339-6773. - Vol. 3, no. 3 (2014), pp.151-155.

**Language of instruction:**

English Language B2

**Notes:student time load:**

**Course assessment**

The final number of assessed students: 6

A	B	C	D	E	FX(0)	FX(1)	n
50.0	0.0	33.33	0.0	0.0	16.67	0.0	0.0

**Instructor:** Mgr. Anna Slatinská, PhD., M.A. James Ó Connell

**Last changed:** 29.04.2022

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-ajs-314	<b>Course name:</b> Irish Language 1
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 2.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The students will take part in a preliminary assessment (a test). After the semester students will take part in the final written exam. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. Credits will not be assigned to the student who will fail to submit the preliminary test during semester or gaining less than 10 points, being a part of preliminary assessment. The student has the right to resit the preliminary test and one resit of the final written exam. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%)	
<b>Learning objectives:</b> Irish Language will explore basic conversational Irish phrases, common vocabulary, as well as basic grammar and phonology so as to enable students to form and correctly pronounce grammatical sentences with independently-learned vocabulary. Irish Language 1 aims to give students; <ul style="list-style-type: none"> <li>- an ability to read and pronounce Irish as pronounced by native Irish-speakers</li> <li>- a knowledge of the International Phonetic Alphabet as applied to Irish</li> <li>- a knowledge of basic Irish vocabulary</li> <li>- a knowlede of basic Irish grammar and grammatical terminology</li> <li>- an ability to form basic grammatical sentences involving various parts of speech (prepositions, pronouns, nouns, adjectives, verbs, adverbs, etc.)</li> </ul>	
<b>Brief outline of the course:</b>	
<b>Recommended literature:</b> Irish dictionaries; <ul style="list-style-type: none"> <li>- <a href="https://www.teanglann.ie/en/fgb/">https://www.teanglann.ie/en/fgb/</a></li> <li>- <a href="https://en.wiktionary.org/wiki/Category:Irish_lemmas">https://en.wiktionary.org/wiki/Category:Irish_lemmas</a></li> <li>- Dineen's Dictionary (pre-standardised spelling) - <a href="http://www.scriobh.ie/page.aspx?id=26&amp;l=2">http://www.scriobh.ie/page.aspx?id=26&amp;l=2</a></li> </ul> General Irish-language resources; <ul style="list-style-type: none"> <li>- <a href="http://nualeargais.ie/foghlaim/">http://nualeargais.ie/foghlaim/</a></li> <li>- Bibliography of Irish Linguistics and Literature; <a href="https://bill.celt.dias.ie/vol4/index2.html">https://bill.celt.dias.ie/vol4/index2.html</a></li> </ul> Irish grammar;	

- <http://nualeargais.ie/gnag/gram.htm>
- Graméar na Gaedhilge (1906) - [https://en.wikisource.org/wiki/Graim\\_%C3%A9ar\\_na\\_Gaedhilge](https://en.wikisource.org/wiki/Graim_%C3%A9ar_na_Gaedhilge)
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- Doyle, Aidan; 2015, A History of the Irish Language: From the Norman Invasion to Independence. Oxford.
- The Story of English (effect on Irish language) – Episode 8 “The Loaded Weapon” (in 7 parts) <https://www.youtube.com/watch?v=hsOduU-20qk&list=PL1DAC7C41112A9B3E>
- Authors of Munster Irish; “The Blasket-Island Writers”; Tomás Ó Criomhthain, Muiris Ó Súilleabháin, Peig Sayers <https://www.youtube.com/watch?v=DM166JoI-Us> - Oileán Eile (“Another Island”)
- Tomás Ó Criomhthain; [https://wikisource.org/wiki/Author:Tom%C3%A1s\\_%C3%93\\_Criomhthain](https://wikisource.org/wiki/Author:Tom%C3%A1s_%C3%93_Criomhthain)
- An t-Oileánach (“The Islandman”)
- Muiris Ó Súilleabháin;
- Fiche Bliá[dha]n ag Fás (“Twenty Years a-Growing”)
- Peig Sayers;
- Peig – A Scéal Féin (Peg – Her Own Story)
- Machtnamh Seanamhná (The Reflections of an Old Woman)
- Peadar Ua Laoghaire; [https://wikisource.org/wiki/Author:Peadar\\_Ua\\_Laoghaire](https://wikisource.org/wiki/Author:Peadar_Ua_Laoghaire)
- Mo Sgéal Féin (“My Own Story”); [https://wikisource.org/wiki/Mo\\_Sg%C3%A9al\\_F%C3%A9in](https://wikisource.org/wiki/Mo_Sg%C3%A9al_F%C3%A9in) (with audio of native speaker)
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- Raidió na Gaeltachta, <https://www.rte.ie/rnag/>
- TG4, <https://www.tg4.ie/ga/>
- BILOVESKÝ, V. 2012. Globalizácia ako negatívum rozvoja. In: Studia russico-slovaca 1. Ružomberok : UC Rosenbergensis. s. 119 – 122. ISBN 978-8080-8497-02.
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- MHIC MHATHÚNA, M. 2008. Supporting children’s participation in second-language stories in an Irish-language preschool. In: Early Years: An International Research Journal. 2008. vol, 28, no. 3. s. 299-309. ISSN 0957-5146.
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Ó TUATHAIGH, G. 1988. The Celts II. In: BBC, The People of Ireland. Dublin: The Appletree Press, 1988. pp. 40-54. ISBN 0-86281-198-8.

Ó TOOLE, C, FLETCHER, P. 2010. Validity of a Parent Report Instrument for Irish-Speaking Toddlers. In: First Language. 2010. s. 199-217.

SLATINSKÁ, A. 2014. Irish language as a part of cultural identity of the Irish. In European journal of social and human sciences. - Banská Bystrica : Univerzita Mateja Bela v Banskej Bystrici, Filozofická fakulta, 2014. - ISSN 1339-6773. - Vol. 3, no. 3 (2014), pp.151-155.

**Language of instruction:**

English Language B2

**Notes:student time load:**

**Course assessment**

The final number of assessed students: 0

A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

**Instructor:** Mgr. Anna Slatinská, PhD., M.A. James Ó Connell

**Last changed:** 14.09.2023

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-ajs-308	<b>Course name:</b> Irish Language 2
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 2.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The students will take part in a preliminary assessment (a test). After the semester students will take part in the final written exam. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. Credits will not be assigned to the student who will fail to submit the preliminary test during semester or gaining less than 10 points, being a part of preliminary assessment. The student has the right to resit the preliminary test and one resit of the final written exam. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%)	
<b>Learning objectives:</b> Irish Language Irish Language will explore basic conversational Irish phrases, common vocabulary, as well as basic grammar and phonology so as to enable students to form and correctly pronounce grammatical sentences with independently-learned vocabulary. Irish Language 1 aims to give students; <ul style="list-style-type: none"> <li>- an ability to read and pronounce Irish as pronounced by native Irish-speakers</li> <li>- a knowledge of the International Phonetic Alphabet as applied to Irish</li> <li>- a knowledge of basic Irish vocabulary</li> <li>- a knowlede of basic Irish grammar and grammatical terminology</li> <li>- an ability to form basic grammatical sentences involving various parts of speech (prepositions, pronouns, nouns, adjectives, verbs, adverbs, etc.)</li> <li>-is able to make simple dialogues and communicate on basic topics such as family, food, travelling.</li> </ul>	
<b>Brief outline of the course:</b>	
<b>Recommended literature:</b> General Irish-language resources; <ul style="list-style-type: none"> <li>- <a href="http://nualeargais.ie/foghlaim/">http://nualeargais.ie/foghlaim/</a></li> <li>- Bibliography of Irish Linguistics and Literature; <a href="https://bill.celt.dias.ie/vol4/index2.html">https://bill.celt.dias.ie/vol4/index2.html</a></li> </ul> Irish grammar; <ul style="list-style-type: none"> <li>- <a href="http://nualeargais.ie/gnag/gram.htm">http://nualeargais.ie/gnag/gram.htm</a></li> </ul>	

- Graiméar na Gaedhilge (1906) - [https://en.wikisource.org/wiki/Graim%C3%A9ar\\_na\\_Gaedhilge](https://en.wikisource.org/wiki/Graim%C3%A9ar_na_Gaedhilge)  
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(in French)
- Marie-Louise Sjoestedt-Jonval; 1931, Phonétique d'un parler irlandais de Kerry  
[https://fr.wikisource.org/wiki/Phon%C3%A9tique\\_d%E2%80%99un\\_parler\\_irlandais\\_de\\_Kerry](https://fr.wikisource.org/wiki/Phon%C3%A9tique_d%E2%80%99un_parler_irlandais_de_Kerry)
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Irish-language History;
- Doyle, Aidan; 2015, A History of the Irish Language: From the Norman Invasion to Independence. Oxford.
- The Story of English (effect on Irish language) – Episode 8 “The Loaded Weapon” (in 7 parts)  
<https://www.youtube.com/watch?v=hsOduU-20qk&list=PL1DAC7C41112A9B3E>  
Authors of Munster Irish;  
“The Blasket-Island Writers”; Tomás Ó Criomhthain, Muiris Ó Súilleabháin, Peig Sayers  
<https://www.youtube.com/watch?v=DM166JoI-U> - Oileán Eile (“Another Island”)
- Tomás Ó Criomhthain; [https://wikisource.org/wiki/Author:Tom%C3%A1s\\_%C3%93\\_Criomhthain](https://wikisource.org/wiki/Author:Tom%C3%A1s_%C3%93_Criomhthain)  
An t-Oileánach (“The Islandman”)
- Muiris Ó Súilleabháin;  
Fiche Bliadhain ag Fás (“Twenty Years a-Growing”)
- Peig Sayers;  
Peig – A Scéal Féin (Peg – Her Own Story)  
Machtnamh Seanamhná (The Reflections of an Old Woman)
- Peadar Ua Laoghaire; [https://wikisource.org/wiki/Author:Peadar\\_Ua\\_Laoghaire](https://wikisource.org/wiki/Author:Peadar_Ua_Laoghaire)  
Mo Sgéal Féin (“My Own Story”);  
[https://wikisource.org/wiki/Mo\\_Sg%C3%A9al\\_F%C3%A9in](https://wikisource.org/wiki/Mo_Sg%C3%A9al_F%C3%A9in) (with audio of native speaker)  
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- BILOVESKÝ, V. 2013. Does Integrating Europe Need Polylingualism and Multiculturalism? In: *European Researcher*. Vol. 42, no. 2-3, s. 455-461.
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- Ó HIFEARNÁIN, T. 2008. Raising Children to be Bilingual in the Gaeltacht: Language Preference and Practice. In: *International Journal of Bilingual Education and Bilingualism*. 2008. vol. 10, no. 4, s. 510-528. ISSN 1367-0050.
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Ó TUATHAIGH, G. 1988. The Celts II. In: BBC, The People of Ireland. Dublin: The Appletree Press, 1988. pp. 40-54. ISBN 0-86281-198-8.

Ó TOOLE, C, FLETCHER, P. 2010. Validity of a Parent Report Instrument for Irish-Speaking Toddlers. In: First Language. 2010. s. 199-217.

SLATINSKÁ, A. 2014. Irish language as a part of cultural identity of the Irish. In European journal of social and human sciences. - Banská Bystrica : Univerzita Mateja Bela v Banskej Bystrici, Filozofická fakulta, 2014. - ISSN 1339-6773. - Vol. 3, no. 3 (2014), pp.151-155.

**Language of instruction:**

English Language B2

**Notes:student time load:**

Student workload: 90 hrs  
 seminar course (S): 13 hrs  
 preliminary test preparation: 37 hrs  
 study for the final written test: 40 hrs

**Course assessment**

The final number of assessed students: 1

A	B	C	D	E	FX(0)	FX(1)	n
100.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

**Instructor:** Mgr. Anna Slatinská, PhD., M.A. James Ó Connell

**Last changed:** 29.04.2022

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-ajs-306	<b>Course name:</b> Irish Language 3
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 1., 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> <p>The students will take part in a preliminary assessment (a test). After the semester students will take part in the final written exam. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. Credits will not be assigned to the student who will fail to submit the preliminary test during semester or gaining less than 10 points, being a part of preliminary assessment. The student has the right to resit the preliminary test and one resit of the final written exam. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%)</p>	
<b>Learning objectives:</b> Irish Language 1 aims to give students; <ul style="list-style-type: none"> <li>- an ability to read and pronounce Irish as pronounced by native Irish-speakers</li> <li>- a knowledge of the International Phonetic Alphabet as applied to Irish</li> <li>- a knowledge of basic Irish vocabulary</li> <li>- a knowlede of basic Irish grammar and grammatical terminology</li> <li>- an ability to form basic grammatical sentences involving various parts of speech (prepositions, pronouns, nouns, adjectives, verbs, adverbs, etc.)</li> <li>-is able to make simple dialogues and communicate on basic topics such as family, food, travelling.</li> <li>-enhances listening and reading skills on pre-intermediate level</li> </ul>	
<b>Brief outline of the course:</b>	
<b>Recommended literature:</b> Irish dictionaries; <ul style="list-style-type: none"> <li>- <a href="https://www.teanglann.ie/en/fgb/">https://www.teanglann.ie/en/fgb/</a></li> <li>- <a href="https://en.wiktionary.org/wiki/Category:Irish_lemmas">https://en.wiktionary.org/wiki/Category:Irish_lemmas</a></li> <li>- Dineen’s Dictionary (pre-standardised spelling) - <a href="http://www.scriobh.ie/page.aspx?id=26&amp;l=2">http://www.scriobh.ie/page.aspx?id=26&amp;l=2</a></li> </ul> General Irish-language resources; <ul style="list-style-type: none"> <li>- <a href="http://nualeargais.ie/foghlaim/">http://nualeargais.ie/foghlaim/</a></li> <li>- Bibliography of Irish Linguistics and Literature; <a href="https://bill.celt.dias.ie/vol4/index2.html">https://bill.celt.dias.ie/vol4/index2.html</a></li> </ul> Irish grammar; <ul style="list-style-type: none"> <li>- <a href="http://nualeargais.ie/gnag/gram.htm">http://nualeargais.ie/gnag/gram.htm</a></li> </ul>	

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<https://www.youtube.com/watch?v=hsOduU-20qk&list=PL1DAC7C41112A9B3E>  
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“The Basket-Island Writers”; Tomás Ó Criomhthain, Muiris Ó Súilleabháin, Peig Sayers  
<https://www.youtube.com/watch?v=DM166JoI-U> - Oileán Eile (“Another Island”)
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- Peig Sayers;  
Peig – A Scéal Féin (Peg – Her Own Story)  
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- Peadar Ua Laoghaire; [https://wikisource.org/wiki/Author:Peadar\\_Ua\\_Laoghaire](https://wikisource.org/wiki/Author:Peadar_Ua_Laoghaire)  
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Ó TUATHAIGH, G. 1988. The Celts II. In: BBC, The People of Ireland. Dublin: The Appletree Press, 1988. pp. 40-54. ISBN 0-86281-198-8.

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**Language of instruction:**

English Language B2

**Notes:student time load:**

Student workload: 90 hrs  
 seminar course (S): 13 hrs  
 preliminary test preparation: 37 hrs  
 study for the final written test: 40 hrs

**Course assessment**

The final number of assessed students: 0

A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

**Instructor:** Mgr. Anna Slatinská, PhD., M.A. James Ó Connell

**Last changed:** 29.04.2022

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-izi-01	<b>Course name:</b> Knowledge Implementation in Foreign Person Integration 1
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 1., 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The student creates a project addressing the topic of caring for a person from a target group. The project covers min. 5 activities (20 p.). The maximum score is 100 p. Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%), FX (64%–0%).	
<b>Learning objectives:</b> The student: - can identify the default situation, activity goals, how to achieve them, schedule, problems, partners, appropriate promotion, perform and evaluate activities. - applies the knowledge and competences developed through their study programme in practice.	
<b>Brief outline of the course:</b> Addressing the target group to identify its needs. Project draft. Assistance provided to foreign persons – interpreting, establishing social contacts, communication with authorities, integration into majority society. Evaluation.	
<b>Recommended literature:</b> BROZMANOVÁ GREGOROVÁ, Alžbeta et. al. Service learning. Inovatívna stratégia učenia (sa). 2014. Banská Bystrica : UMB, 2014. 200 s. ISBN 978-80-557-0829-4. BROZMANOVÁ-GREGOROVÁ, Alžbeta - FRIMMEROVÁ, Alžbeta - ŠOLCOVÁ, Jana. Dobrovoľníctvo v zariadeniach sociálnych služieb: Sprievodca tvorbou dobrovoľníckeho programu. 1. vyd. Stupava: Platforma dobrovoľníckych centier a organizácií, 2019. 92 s. ISBN 978-80-973034-2-6 BROZMANOVÁ-GREGOROVÁ, Alžbeta - ŠAVRNOCHOVÁ, Michaela - ŠOLCOVÁ, Jana. Objav sa v dobrovoľníctve. 1. vyd. Bratislava : Bratislavské dobrovoľnícke centrum, 2016. 102 s. ISBN 978-80-972255-2-0 BROZMANOVÁ-GREGOROVÁ, Alžbeta - MRAČKOVÁ, Alžbeta. D-zručnosti pre zamestnanie: manuál pre dobrovoľníkov a dobrovoľníčky, dobrovoľnícke organizácie a dobrovoľnícke centrá. Rec. Peter Jusko, Ladislav Vaska. 1. vyd. Banská Bystrica : Univerzita Mateja Bela, 2014. 50 s. ISBN 978-80-557-0728-0	
<b>Language of instruction:</b> Slovak, Ukrainian, Russian, English	



**Notes:student time load:**

60 h.

Project and report preparation: 13 h.

Project implementation: 47 h.

**Course assessment**

The final number of assessed students: 0

A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

**Instructor:** Mgr. Lujza Urbancová, PhD.**Last changed:** 27.10.2022**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-izc-02	<b>Course name:</b> Knowledge Implementation in Foreign Person Integration 2
<b>Type, extent and method of instruction:</b>	
<b>Form of instruction:</b>	
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)	
<b>Recommended number of periods:</b>	
<b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 2., 4.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b>	
The student creates a project addressing the topic of caring for a person from a target group. The project covers min. 5 activities (20 p.). The maximum score is 100 p. A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%), FX (64%–0%).	
<b>Learning objectives:</b>	
The student:	
- can identify the default situation, activity goals, how to achieve them, schedule, problems, partners, appropriate promotion, perform and evaluate activities.	
- applies the knowledge and competences developed through their study programme in practice.	
<b>Brief outline of the course:</b>	
Addressing the target group to identify its needs. Project draft. Assistance provided to foreign persons – interpreting, establishing social contacts, communication with authorities, integration into majority society. Evaluation.	
<b>Recommended literature:</b>	
BROZMANOVÁ GREGOROVÁ, Alžbeta et. al. Service learning. Inovatívna stratégia učenia (sa). 2014. Banská Bystrica : UMB, 2014. 200 s. ISBN 978-80-557-0829-4.	
BROZMANOVÁ-GREGOROVÁ, Alžbeta - FRIMMEROVÁ, Alžbeta - ŠOLCOVÁ, Jana. Dobrovoľníctvo v zariadeniach sociálnych služieb: Sprievodca tvorbou dobrovoľníckeho programu. 1. vyd. Stupava: Platforma dobrovoľníckych centier a organizácií, 2019. 92 s. ISBN 978-80-973034-2-6	
BROZMANOVÁ-GREGOROVÁ, Alžbeta - ŠAVRNOCHOVÁ, Michaela - ŠOLCOVÁ, Jana. Objav sa v dobrovoľníctve. 1. vyd. Bratislava : Bratislavské dobrovoľnícke centrum, 2016. 102 s. ISBN 978-80-972255-2-0	
BROZMANOVÁ-GREGOROVÁ, Alžbeta - MRAČKOVÁ, Alžbeta. D-zručnosti pre zamestnanie: manuál pre dobrovoľníkov a dobrovoľníčky, dobrovoľnícke organizácie a dobrovoľnícke centrá. Rec. Peter Jusko, Ladislav Vaska. 1. vyd. Banská Bystrica : Univerzita Mateja Bela, 2014. 50 s. ISBN 978-80-557-0728-0	
<b>Language of instruction:</b>	
Slovak, Russian, Ukrainian, English	

**Notes:student time load:**

60 h.

Project and report preparation: 13 h.

Project implementation: 47 h.

**Course assessment**

The final number of assessed students: 1

A	B	C	D	E	FX(0)	FX(1)	n
100.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

**Instructor:** Mgr. Lujza Urbancová, PhD.**Last changed:** 27.10.2022**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Arts			
<b>Code:</b> 2d-LMT-123		<b>Course name:</b> Limity intimity: o zodpovedných vzťahoch	
<b>Type, extent and method of instruction:</b>			
<b>Form of instruction:</b> Practical / Seminar			
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)			
<b>Recommended number of periods:</b> 13 / 13			
<b>Method of study:</b> combined			
<b>Number of credits:</b> 3			
<b>Recommended semester/trimester:</b> 2., 4.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b>			
The final number of assessed students: 0			
abs	n	p	v
0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. Mgr. Lívia Nemcová, PhD., doc. PaedDr. Lenka Rovňanová, PhD.			
<b>Last changed:</b> 22.03.2023			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-005		<b>Course name:</b> Methodology of Sports				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b> 1. ČILLÍK, I. 2004. Športová príprava v atletike. Banská Bystrica: FHV UMB, 2004. 128 s. 2. ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9 3. DOVALIL, J. a kol. 2009. Výkon a tréning ve sportu. Praha: Olympia. 336 s. ISBN 978-80-7376-130-1 4. KAMP MILLER, T a kol. 2012. Teória športu a didaktika športového tréningu. Bratislava: ICM Agency. 353 s. ISBN 978-80-89257-48-5 5. MARTENS, R. Úspěšný tréner. Praha : Grada. 2006. Recommended literature: domestic/ foreign books, journals, magazines, internet sources						
<b>Language of instruction:</b>						
<b>Notes: student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 31						
A	B	C	D	E	FX(0)	FX(1)
9.68	29.03	35.48	12.9	9.68	3.23	0.0
<b>Instructor:</b> prof. PaedDr. Martin Pupiš, PhD., prof. PaedDr. Ivan Čillík, CSc.						
<b>Last changed:</b> 05.09.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-utr-228		<b>Course name:</b> Mountain Climbing Basics 2				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b>						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 10						
A	B	C	D	E	FX(0)	FX(1)
90.0	0.0	0.0	0.0	0.0	10.0	0.0
<b>Instructor:</b> PaedDr. Jaroslav Kompán, PhD.						
<b>Last changed:</b> 20.09.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-107		<b>Course name:</b> Olympism and Sport Ethics				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 2.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Martin Pupiš, PhD., PaedDr. Boris Beťák, PhD.						
<b>Last changed:</b> 13.09.2021						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-105		<b>Course name:</b> Philosophy of Sport				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., PaedDr. Boris Beťák, PhD.						
<b>Last changed:</b> 13.09.2021						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Arts			
<b>Code:</b> 2d-vstv-106		<b>Course name:</b> Physical Education 6	
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined			
<b>Number of credits:</b> 3			
<b>Recommended semester/trimester:</b> 1., 3.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b> The final number of assessed students: 73			
abs	n	p	v
94.52	5.48	0.0	0.0
<b>Instructor:</b> Mgr. Jaroslav Popelka, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Andrea Izáková, PhD., doc. PaedDr. Jiří Michal, PhD., PaedDr. Mgr. Lukáš Opáth, PhD., doc. PaedDr. Pavol Pivovarniček, PhD., Mgr. Kristián Bako, Mgr. Michal Hlávek, Mgr. Marián Škorik			
<b>Last changed:</b> 27.03.2023			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Arts			
<b>Code:</b> 2d-vstv-107		<b>Course name:</b> Physical Education 7	
<b>Type, extent and method of instruction:</b>			
<b>Form of instruction:</b> Seminar			
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)			
<b>Recommended number of periods:</b> 26			
<b>Method of study:</b> combined			
<b>Number of credits:</b> 3			
<b>Recommended semester/trimester:</b> 2., 4.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b>			
The final number of assessed students: 0			
abs	n	p	v
0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Jaroslav Popelka, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Andrea Izáková, PhD., doc. PaedDr. Jiří Michal, PhD., PaedDr. Mgr. Lukáš Opáth, PhD., doc. PaedDr. Pavol Pivovarniček, PhD., Mgr. Martin Bako, Mgr. Marián Škorik, Mgr. Michal Hlávek			
<b>Last changed:</b> 27.03.2023			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Arts			
<b>Code:</b> 2d-vstv-108		<b>Course name:</b> Physical Education 8	
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined			
<b>Number of credits:</b> 3			
<b>Recommended semester/trimester:</b> 1., 3.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b> The final number of assessed students: 54			
abs	n	p	v
92.59	7.41	0.0	0.0
<b>Instructor:</b> PaedDr. Boris Beťák, PhD., Mgr. Jaroslav Popelka, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Andrea Izáková, PhD., doc. PaedDr. Jiří Michal, PhD., PaedDr. Mgr. Lukáš Opáth, PhD., doc. PaedDr. Pavol Pivovarniček, PhD., Mgr. Michal Hlávek, Mgr. Kristián Bako, Mgr. Marián Škorik			
<b>Last changed:</b> 27.03.2023			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-pol-201	<b>Course name:</b> Polish Language A1 1
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 1.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> During the semester, the student continuously submits their completed homework. In the last week of the semester, the student takes a written test. After completing the semester, they take a final oral exam. Credits will not be awarded to a student who scores fewer than 19.5 in the written test and/or fewer than 22.5 in the oral exam. The student has the right to one resit (For each part of the final exam respectively.) The grading scale: A (100 – 94 %), B (93 – 87 %), C (86 – 80 %), D (79 – 73 %), E (72 – 65 %). Credits are assigned to the student who collects the minimum of 65 points (%). <b>a) continuous assessment:</b> Completing homework: 0–30 p. Written test in week 13: 35 p. <b>b) final assessment:</b> Oral exam during the exam period: 35 p.	
<b>Learning objectives:</b> The student understands the most important content and intent of written and oral texts addressing everyday life. They can use the Polish language fluently and spontaneously. Their communication competence allows them to speak to Polish native speakers in most everyday situations.	
<b>Brief outline of the course:</b> Polish alphabet. Pronunciation of vowels and consonants. Informal and formal greetings. Introduction. Basic courtesies. Polish names and surnames. Personal information. Countries and nationalities. Colours. In the classroom. Self-presentation. Description of a person – appearance and attributes. Hobbies. Sports. Occupations. Expressing possessiveness. Numerals 0–100. Fruit and vegetables. Shopping in a stall, supermarket, market, mall. Foodstuff. Meals. Café & restaurant. Expressing preferences. Family and relatives. Family tree. Parts of day and seasons. Months and week days. Life and institutions in Poland.	
<b>Recommended literature:</b> 1. STEMPEK, I. – STELMACH, A. i in. 2011. Polski. Krok po kroku A1. Podręcznik. Kraków : Glosa, 2011. 2. STEMPEK, I. – STELMACH, A. i in. 2011. Polski. Krok po kroku A1. Zeszyt ćwiczeń. Kraków : Glosa, 2011.	

3. MAŁOLEPSZA, M., SZYMKIEWICZ, A. 2020. Hurra. Po polsku. Część 1. Podręcznik studenta. Kraków : Prolog, 2020.
- 4 MAŁOLEPSZA, M., SZYMKIEWICZ, A. 2020. Hurra. Po polsku 1. Zeszyt ćwiczeń. Kraków : Prolog, 2020.
5. MADELSKA, L., WARCHOŁ-SCHLOTTMANN, M. 2013. Hurra! Odkrywamy język polski. Gramatyka dla uczących (się) języka polskiego jako obcego. Kraków : Prolog, 2013.
6. MACHOWSKA, J. 2022. Gramatyka? Dlaczego nie?!. Ćwiczenia gramatyczne dla poziomu A!. Kraków : Universitas, 2022.
7. GARNCAREK, P. 2022. Czas na czasownik. Kraków : Universitas, 2022.
8. LIPIŃSKA, E. 2022. Nie ma róży bez kolców. Ćwiczenia ortograficzne dla cudzoziemców. Kraków : Universitas, 2022.

**Language of instruction:**

Slovak, Polish

**Notes:student time load:**

90 h.

Presence, combined studies (L, S, C): 26 h.

Self-study: 14 h.

Completing homework: 15 h.

studying for the written test: 15 h.

Studying for the oral exam: 20 h.

**Course assessment**

The final number of assessed students: 32

A	B	C	D	E	FX(0)	FX(1)	n
46.88	15.63	25.0	9.38	0.0	0.0	3.13	0.0

**Instructor:** doc. Mgr. Gabriela Olchowa, PhD.

**Last changed:** 16.02.2023

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-pol-202	<b>Course name:</b> Polish Language A1 2
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 2.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> During the semester, the student continuously submits their completed homework. In the last week of the semester, the student takes a written test. After completing the semester, they take a final oral exam. Credits will not be awarded to a student who scores fewer than 19.5 in the written test and/or fewer than 22.5 in the oral exam. The student has the right to one resit (For each part of the final exam respectively.) The grading scale: A (100 – 94 %), B (93 – 87 %), C (86 – 80 %), D (79 – 73 %), E (72 – 65 %). Credits are assigned to the student who collects the minimum of 65 points (%). <b>a) continuous assessment:</b> Completing homework: 0–30 p. Written test in week 13: 35 p. <b>b) final assessment:</b> Oral exam during the exam period: 35 p.	
<b>Learning objectives:</b> The student understands the most important content and intent of written and oral texts addressing everyday life. They can use the Polish language fluently and spontaneously. Their communication competence allows them to speak to Polish native speakers in most everyday situations.	
<b>Brief outline of the course:</b> Free time. Expressing temporal relations. Communication tools. Collecting information: station, airport, hotel, travel agency. Travelling. Meetings. Invitation. Positive and negative response to proposals. Shopping. Size, measure, weight, clothing. Requests, feelings, compliments, opinions. Future plans. Weather forecast. Furniture and home appliances. Rooms. Rental. Expressing spatial relationships. Writing advertisements. Polish physical geography and demography. Tourist attractions. Weekend and holiday plans. Family celebrations. Congratulations. Language etiquette. Savoir-vivre. Famous Polish figures – biography. Body parts, disease symptoms. Visiting doctors and dentists.	

Providing advice, expressing dis/satisfaction. Writing complaints.  
Police chronicles – car accident, theft, loss of personal items, fire.

**Recommended literature:**

1. STEMPEK, I. – STELMACH, A. i in. 2011. Polski. Krok po kroku A1. Podręcznik. Kraków : Glossa, 2011.
2. STEMPEK, I. – STELMACH, A. i in. 2011. Polski. Krok po kroku A1. Zeszyt ćwiczeń. Kraków : Glossa, 2011.
3. MAŁOLEPSZA, M., SZYMKIEWICZ, A. 2020. Hurra. Po polsku. Część 1. Podręcznik studenta. Kraków : Prolog, 2020.
4. MAŁOLEPSZA, M., SZYMKIEWICZ, A. 2020. Hurra. Po polsku 1. Zeszyt ćwiczeń. Kraków : Prolog, 2020.
5. MADELSKA, L., WARCHOŁ-SCHLOTTMANN, M. 2013. Hurra! Odkrywamy język polski. Gramatyka dla uczących (się) języka polskiego jako obcego. Kraków : Prolog, 2013.
6. SZELC-MAYS, M. 2022. Coś Wam powiem... Ćwiczenia komunikacyjne. Kraków : Universitas, 2022.
7. GARNCAREK, P. 2022. Czas na czasownik. Kraków : Universitas, 2022.
8. LIPIŃSKA, E. 2022. Z polskim na Ty. Kraków : Universitas, 2022.
9. PYZIK, J. 2022. Przygoda z gramatyką. Kraków : Universitas, 2022.

**Language of instruction:**

Slovak, Polish

**Notes: student time load:**

90 h.  
Combined study (S, C): 26 h.  
Self-study: 14 h.  
Completing homework: 10 h.  
studying for the written test: 20 h.  
Studying for the oral exam: 20 h.

**Course assessment**

The final number of assessed students: 2

A	B	C	D	E	FX(0)	FX(1)	n
100.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

**Instructor:** doc. Mgr. Gabriela Olchowa, PhD.

**Last changed:** 16.02.2023

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-pol-203	<b>Course name:</b> Polish Language A2 1
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> During the semester, the student continuously submits their completed homework and presents a selected topic. After completing the semester, the student takes the final oral and written exams. The student will not be assigned the credits if they score fewer than 19.5 for the homework and presentation submitted; and/or fewer than 22.5 for the final written and oral exams respectively. The student has the right to one resit. The grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
<b>a) continuous assessment:</b> Completing homework: 0–15 p. Presentation: 0–15 p.	
<b>b) final assessment:</b> written final exam (test): 0–35 p. final oral exam: 0–35 p. Final exam in total: 0–70 p. 0–70 p.	
<b>Learning objectives:</b> The student understands the most important content and intent of written and oral texts addressing general, specific, and abstract topics. They can use the Polish language fluently and spontaneously. The level of communication competence allows the student to easily communicate with Polish native speakers. They are able to express their opinion on the topic they find interesting as well as past events, and participate in a (formal) discussion.	
<b>Brief outline of the course:</b> Reporting events – disasters. Summarisation. Favourite film – a comparison. Requests, proposals, commands. Expressing opinions. Adjectives describing people. Structure of definition. Computer and the Internet – people’s friends. Discussing education. Classroom meeting. Job and occupation. Job interview. Types of companies. Discussing work-related problems. Writing e-mails. CV and cover letter. Roots – discussion. Orders, bans, recommendations. Travel, packing, airport. Holiday in Poland – tourist attractions. Letters, e-mails, text messages. Weekend in mountains – verbs of movement.	
<b>Recommended literature:</b>	



- 1 STEMPEK, I. – STELMACH, A. i in. 2020. Polski. Krok po kroku A2. Kraków : Glossa, 2020.
- 2 BURKAT, A. – JASIŃSKA, A. 2020. Hurra! Po polsku cz.2. Kraków : Prolog, 2020.
3. SZELC-MAYS, M. 2022. Coś Wam powiem... Ćwiczenia komunikacyjne. Kraków : Universiadas, 2022.
- 4 BURKAT, A. – JASIŃSKA, A. 2020. Hurra! Po polsku cz.2. Zeszyt ćwiczeń. Kraków : Prolog, 2020.
5. STEMPEK, I. – STELMACH, A. i in. 2011. Polski. Krok po kroku A2. Zeszyt ćwiczeń. Kraków : Glossa, 2014.

**Language of instruction:**

Slovak, Polish A1

**Notes:student time load:**

90 h.

Presence, combined studies (L, S, C): 26 h.

Self-study: 14 h.

Completing of homework and preparation of presentations: 20 h.

Studying for the written test: 15 h.

Studying for the oral exam: 15 h.

**Course assessment**

The final number of assessed students: 2

A	B	C	D	E	FX(0)	FX(1)	n
100.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

**Instructor:** doc. Mgr. Gabriela Olchowa, PhD.

**Last changed:** 16.02.2023

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-pol-204	<b>Course name:</b> Polish Language A2 2
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 4.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> During the semester, the student continuously submits their completed homework and presents a selected topic. After completing the semester, the student takes the final oral and written exams. The student will not be assigned the credits if they score fewer than 19.5 for the homework and presentation submitted; and/or fewer than 22.5 for the final written and oral exams respectively. The student has the right to one resit. The grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
<b>a) continuous assessment:</b> Completing homework: 0–15 p. Presentation: 0–15 p.	
<b>b) final assessment:</b> written final exam (test ): 0–35 p. final oral exam: 0–35 p. Final exam in total: 0–70 p. 0–70 p.	
<b>Learning objectives:</b> The student understands the most important content and intent of written and oral texts addressing general, specific, and abstract topics. They can use the Polish language fluently and spontaneously. The level of communication competence allows the student to easily communicate with Polish native speakers. They are able to express their opinion on the topic they find interesting as well as past events, and participate in a (formal) discussion.	
<b>Brief outline of the course:</b> Traffic rules. Discussing life problems: unemployment, alcoholism, violence, discrimination, depression. Key life situations, interpersonal relationships. Foundations, volunteering. Expressing dissatisfaction and resentment. Recent Polish history – describing events, discussing historical facts. Polish holidays. Easter and traditions. Describing situations. Expressing temporal contexts. Discussing the past – important dates, Solidarity, martial law. Poland and Polish society. Politics. Power in Poland. Polish parliament, political parties, elections. Animals. Ecology and environmental protection. Polish consumer. Exchanging opinions. Comparison. Discussing films	

and theatre. Expressing emotions. Discussions – arguments for and against. Museum, exhibitions – discussing art. Expressing appreciation, respect, and critical attitudes.

**Recommended literature:**

- 1 STEMPEK, I. – STELMACH, A. i in. 2020. Polski. Krok po kroku A2. Kraków : Glossa, 2020.
- 2 BURKAT, A. – JASIŃSKA, A. 2020. Hurra! Po polsku cz.2. Kraków : Prolog, 2020.
3. SZELC-MAYS, M. 2022. Coś Wam powiem... Ćwiczenia komunikacyjne. Kraków : Universiadas, 2022.
- 4 BURKAT, A. – JASIŃSKA, A. 2020. Hurra! Po polsku cz.2. Zeszyt ćwiczeń. Kraków : Prolog, 2020.
5. STEMPEK, I. – STELMACH, A. i in. 2011. Polski. Krok po kroku A2. Zeszyt ćwiczeń. Kraków : Glossa, 2014.

**Language of instruction:**

Slovak, Polish A1

**Notes:student time load:**

90 h.

Combined study (S, C): 26 h.

Self-study: 14 h.

Completing of homework and preparation of presentations: 20 h.

Studying for the written test: 15 h.

Studying for the oral exam: 15 h.

**Course assessment**

The final number of assessed students: 0

A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

**Instructor:** doc. Mgr. Gabriela Olchowa, PhD.

**Last changed:** 16.02.2023

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica							
<b>Faculty:</b> Faculty of Arts							
<b>Code:</b> 2d-PMG-513		<b>Course name:</b> Project management					
<b>Type, extent and method of instruction:</b>							
<b>Form of instruction:</b> Seminar							
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)							
<b>Recommended number of periods:</b> 26							
<b>Method of study:</b> combined							
<b>Number of credits:</b> 3							
<b>Recommended semester/trimester:</b>							
<b>Level:</b> II.							
<b>Prerequisites:</b>							
<b>Course completion conditions:</b>							
<b>Learning objectives:</b>							
<b>Brief outline of the course:</b>							
<b>Recommended literature:</b>							
<b>Language of instruction:</b>							
<b>Notes:student time load:</b>							
<b>Course assessment</b>							
The final number of assessed students: 0							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. PhDr. Alžbeta Brozmanová Gregorová, PhD.							
<b>Last changed:</b> 08.09.2023							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-104		<b>Course name:</b> Psychological Skill Training in Sports				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 2.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. Mgr. PhDr. Miroslav Sližik, PhD., Mgr. Miroslava Rošková, PhD.						
<b>Last changed:</b> 22.03.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica							
<b>Faculty:</b> Faculty of Arts							
<b>Code:</b> 2d-utr-002		<b>Course name:</b> Regeneration and Massage					
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 26 <b>Method of study:</b> combined							
<b>Number of credits:</b> 4							
<b>Recommended semester/trimester:</b> 1.							
<b>Level:</b> II.							
<b>Prerequisites:</b>							
<b>Course completion conditions:</b>							
<b>Learning objectives:</b>							
<b>Brief outline of the course:</b>							
<b>Recommended literature:</b>							
<b>Language of instruction:</b>							
<b>Notes:student time load:</b>							
<b>Course assessment</b> The final number of assessed students: 155							
A	B	C	D	E	FX(0)	FX(1)	n
29.68	25.81	29.68	10.32	1.94	1.94	0.65	0.0
<b>Instructor:</b> PaedDr. Zuzana Pupišová, PhD., Mgr. Bc. Jana Daubnerová, PhD.							
<b>Last changed:</b> 16.02.2022							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-rus-230	<b>Course name:</b> Russian Language and for Beginners 1
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 1., 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The student has the right to one resit. Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100 for completing the given requirements. The grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). <b>a) continuous assessment:</b> 1. Test: 25 p. 2. Test: 25 p.	
<b>Learning objectives:</b> The student can speak in Russian on the level A1–A2. They can answer the questions: Who is it? What is it? What is its name? What is your name? Where is it? (place adverbial) They can form negative sentences, decline, and conjugate. They can apply this knowledge to create their own professional CV. They can use the lexical units in accordance with the speech etiquette.	
<b>Brief outline of the course:</b> The course focuses on developing basic language skills on the A1–A2 level. Simple communication situations, reading and listening comprehension are trained. Specific attention is paid to speech etiquette, addressing, and greeting (Russian vs. Slovak).	
<b>Recommended literature:</b> 1. ARKADIEVA, E. V., GORBANEVSKAJA, G. V., KIRSANOVA, N. D. MARČUK, I. B. <i>Kogda ne pomagajut slovari... časť 1.</i> Moskva: Flinta, 2011, ISBN 978-5-89349-804-2 2. ARKADIEVA, E. V., GORBANEVSKAJA, G. V., KIRSANOVA, N. D. MARČUK, I. B. <i>Kogda ne pomagajut slovari... časť 2.</i> Moskva: Flinta, Nauka, 2011, ISBN 978-5-89349-938-4 3. BITECHINA, G. A. a kol.: <i>26 urokov po razvitiu reči.</i> Moskva: Russkij jazyk, 1975 4. DEKANOVÁ, E., ONDREJČEKOVÁ, E.: <i>Да! Ruština, Učebnica a cvičebnica.</i> ENIGMA, 2008, ISBN 80-89132-30-8 5. KAPITANOVA, T. I. a kol.: <i>Testy, testy, testy...</i> Sankt-Peterburg: Zlatoust, 2010, ISBN 978-5-86547-406-7 6. KOVÁČIKOVÁ, T.: <i>Ruština pre samoukov.</i> Bratislava: Slovenské pedagogické nakladateľstvo, 2009, ISBN 978-80-10-01588 7. LIZOŇ, M.: <i>Jazykové cvičenia pre 1. a 2.ročník,</i> FF UMB, Banská Bystrica 8. NEKOLOVÁ, V., CAMUTALIOVÁ, I., VASILJEVOVÁ, A.: <i>Ruština nejen pro samouky.</i>	

Praha: Leda, 2006, ISBN 8085927969							
<b>Language of instruction:</b> Russian A1, Slovak C2							
<b>Notes:student time load:</b> 150 h. Combined study (S, C): 26 h. self-study: 50 h. studying for continuous test 1: 20 h. studying for continuous test 2: 25 h. studying for the final test: 25 h.							
<b>Course assessment</b> The final number of assessed students: 8							
A	B	C	D	E	FX(0)	FX(1)	n
100.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Nataliia Kalnychenko, PhD.							
<b>Last changed:</b> 21.09.2022							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-rus-231	<b>Course name:</b> Russian Language and for Beginners 2
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 2., 4.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The student has the right to one resit. Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100 for completing the given requirements. The grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). <b>a) continuous assessment:</b> 1. Test: 25 p. 2. Test: 25 p. <b>b) final assessment:</b> Written exam: 50 p.	
<b>Learning objectives:</b> The student can speak in Russian on the A2 level. They can navigate the following topics: nationalities, states, languages, professions, housing. They understand and can retell and interpret simple texts. They know and use the correct grammatical categories and can identify stylistic differences among texts. They can translate simple texts on the selected topics.	
<b>Brief outline of the course:</b> The subject is aimed at mastering basic language skills at the A1-A2 level. Attention focuses on simple communication situations, understanding read and spoken text. He devotes a special place to the issue of speech etiquette, forms of address, greeting and farewell in Russian language in comparison with Slovak.	
<b>Recommended literature:</b> 1. ARKADIEVA, E. V., GORBANEVSKAJA, G. V., KIRSANOVA, N. D. MARČUK, I. B. <i>Kogda ne pomagajut slovari... časť 1.</i> Moskva: Flinta, 2011, ISBN 978-5-89349-804-2 2. ARKADIEVA, E. V., GORBANEVSKAJA, G. V., KIRSANOVA, N. D. MARČUK, I. B. <i>Kogda ne pomagajut slovari... časť 2.</i> Moskva: Flinta, Nauka, 2011, ISBN 978-5-89349-938-4 3. BITECHINA, G. A. a kol.: <i>26 urokov po razvitiu reči.</i> Moskva: Russkij jazyk, 1975 4. DEKANOVÁ, E., ONDREJČEKOVÁ, E.: <i>Да! Ruština, Učebnica a cvičebnica.</i> ENIGMA, 2008, ISBN 80-89132-30-8 5. KAPITANOVA, T. I. a kol.: <i>Testy, testy, testy...</i> Sankt-Peterburg: Zlatoust, 2010, ISBN 978-5-86547-406-7 6. KOVÁČIKOVÁ, T.: <i>Ruština pre samoukov.</i> Bratislava: Slovenské pedagogické nakladateľstvo, 2009, ISBN 978-80-10-01588	

7. LIZOŇ, M.: Jazykové cvičenia pre 1. a 2.ročník, FF UMB, Banská Bystrica  
8. NEKOLOVÁ, V., CAMUTALIOVÁ, I., VASILJEVOVÁ, A.: Ruština nejen pro samouky.  
Praha: Leda, 2006, ISBN 8085927969

**Language of instruction:**

Russian A2, Slovak C2

**Notes:student time load:**

150 h. Combined study (S, C): 26 h. self-study: 50 h. studying for continuous test 1: 20 h.  
studying for continuous test 2: 25 h. studying for the final test: 25 h.

**Course assessment**

The final number of assessed students: 5

A	B	C	D	E	FX(0)	FX(1)	n
100.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

**Instructor:** Nataliia Kalnychenko, PhD.

**Last changed:** 21.09.2022

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-sju-001	<b>Course name:</b> Spanish Language 2
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 2., 4.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The maximum total number of points obtained for the interim and final assessment is 100. Credits will be awarded to a student who has earned at least 65 out of 100 points for fulfilling the specified requirements. <b>a) continuous assessment:</b> participation and activities in classes (0-20 points) <b>b) final assessment:</b> final exam (0-80 points)	
<b>Learning objectives:</b> At the end of the course, the student is able to give information about himself and his family, introduce his field of study and the school where he studies, talk about his habits, describe his room/apartment/house; he can communicate in the present tense, recognises the announcement and command modes; knows the principles of Spanish grammar at A1 level; understands basic vocabulary expressions and can use them in the right situation; can understand simple text on common topics, understand simple instructions and follow simple orientation instructions.	
<b>Brief outline of the course:</b> 1. Family, 2. Days of the week, months, 3. Everyday repetitive activities, 4. Reversible verbs in the present tense, 5. Imperative negative, 6. Description of the house/apartment and furnishings, 7. Eating habits in Spain and Slovakia, 8. Timing of irregular verbs in the present tense, 9. Leisure time	
<b>Recommended literature:</b> 1. CASTRO VIÚDEZ, F. et al. 2012. Español en marcha. Madrid: SGEL. 2012 2. CORPAS, J. et al. 2013. Aula internacional 1 Nueva edición. Barcelona: difusión.	
<b>Language of instruction:</b> Spanish A1	
<b>Notes:student time load:</b> 120 hours, of which: full-time study: 26 hours Exam preparation + written exam: 94 hours	

<b>Course assessment</b>							
The final number of assessed students: 0							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Eva Reichwalderová, PhD.							
<b>Last changed:</b> 14.09.2023							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica							
<b>Faculty:</b> Faculty of Arts							
<b>Code:</b> 2d-sj-001		<b>Course name:</b> Spanish language 1					
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined							
<b>Number of credits:</b> 3							
<b>Recommended semester/trimester:</b> 1., 3.							
<b>Level:</b> II.							
<b>Prerequisites:</b>							
<b>Course completion conditions:</b>							
<b>Learning objectives:</b>							
<b>Brief outline of the course:</b>							
<b>Recommended literature:</b>							
<b>Language of instruction:</b> slovak or another language (except spanish)							
<b>Notes:student time load:</b>							
<b>Course assessment</b> The final number of assessed students: 5							
A	B	C	D	E	FX(0)	FX(1)	n
60.0	20.0	20.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Eva Reichwalderová, PhD.							
<b>Last changed:</b> 21.09.2023							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-106		<b>Course name:</b> Sport Diplomacy				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Bc. Jana Daubnerová, PhD.						
<b>Last changed:</b> 14.09.2021						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica							
<b>Faculty:</b> Faculty of Arts							
<b>Code:</b> 2d-utr-003				<b>Course name:</b> Sport Medicine			
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined							
<b>Number of credits:</b> 4							
<b>Recommended semester/trimester:</b> 1.							
<b>Level:</b> II.							
<b>Prerequisites:</b>							
<b>Course completion conditions:</b>							
<b>Learning objectives:</b>							
<b>Brief outline of the course:</b>							
<b>Recommended literature:</b>							
<b>Language of instruction:</b>							
<b>Notes:student time load:</b>							
<b>Course assessment</b> The final number of assessed students: 100							
A	B	C	D	E	FX(0)	FX(1)	n
60.0	6.0	9.0	10.0	15.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Ľudmila Jančoková, CSc., MUDr. Lucia Zacharová, prof. PaedDr. Martin Pupiš, PhD., Mgr. Vladimír Franek, PhD.							
<b>Last changed:</b> 08.02.2022							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-351		<b>Course name:</b> Sport Specialization 1 – Alpine Skiing				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-201		<b>Course name:</b> Sport Specialization 1 – Athletics				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 6						
A	B	C	D	E	FX(0)	FX(1)
0.0	50.0	0.0	50.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Ivan Čillík, CSc.						
<b>Last changed:</b> 05.09.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-211		<b>Course name:</b> Sport Specialization 1 – Basketball				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 6						
A	B	C	D	E	FX(0)	FX(1)
33.33	0.0	16.67	50.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Andrea Izáková, PhD.						
<b>Last changed:</b> 14.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-221		<b>Course name:</b> Sport Specialization 1 – Biathlon				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Bc. Jana Daubnerová, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-261		<b>Course name:</b> Sport Specialization 1 – Conditioning Coach				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 23						
A	B	C	D	E	FX(0)	FX(1)
91.3	4.35	0.0	4.35	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Martin Pupiš, PhD., Mgr. David Brúnn, PhD., Mgr. Jozef Sýkora, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-271		<b>Course name:</b> Sport Specialization 1 – Ice Hockey				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 12						
A	B	C	D	E	FX(0)	FX(1)
0.0	41.67	41.67	8.33	0.0	8.33	0.0
<b>Instructor:</b> PaedDr. Mgr. Lukáš Opáth, PhD., doc. PhDr. Peter Šťastný, Ph.D.						
<b>Last changed:</b> 14.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-231		<b>Course name:</b> Sport Specialization 1 – Judo				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 1						
A	B	C	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-241		<b>Course name:</b> Sport Specialization 1 – Karate				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 1						
A	B	C	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-251		<b>Course name:</b> Sport Specialization 1 – Kickbox				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-291		<b>Course name:</b> Sport Specialization 1 – Snowboarding				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-301		<b>Course name:</b> Sport Specialization 1 – Sports Gymnastics				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Juraj Kremnický, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-281		<b>Course name:</b> Sport Specialization 1 – Swimming				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 4						
A	B	C	D	E	FX(0)	FX(1)
25.0	0.0	50.0	25.0	0.0	0.0	0.0
<b>Instructor:</b> PaedDr. Zuzana Pupišová, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-311		<b>Course name:</b> Sport Specialization 1 – Taekwondo				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-321		<b>Course name:</b> Sport Specialization 1 – Volleyball				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 1						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	100.0	0.0	0.0
<b>Instructor:</b> Mgr. Jaroslav Popelka, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-331		<b>Course name:</b> Sport Specialization 1 – Weightlifting				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-341		<b>Course name:</b> Sport Specialization 1 – Wrestling				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-352		<b>Course name:</b> Sport Specialization 2 – Alpine Skiing				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-202		<b>Course name:</b> Sport Specialization 2 – Athletics				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 5						
A	B	C	D	E	FX(0)	FX(1)
20.0	40.0	0.0	0.0	40.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Ivan Čillík, CSc.						
<b>Last changed:</b> 05.09.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-212		<b>Course name:</b> Sport Specialization 2 – Basketball				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 4						
A	B	C	D	E	FX(0)	FX(1)
25.0	25.0	25.0	25.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Andrea Izáková, PhD.						
<b>Last changed:</b> 14.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-222		<b>Course name:</b> Sport Specialization 2 – Biathlon				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Bc. Jana Daubnerová, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-262		<b>Course name:</b> Sport Specialization 2 – Conditioning Coach				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 12						
A	B	C	D	E	FX(0)	FX(1)
41.67	41.67	8.33	8.33	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Martin Pupiš, PhD., Mgr. Jozef Sýkora, PhD., Mgr. David Brúnn, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-272		<b>Course name:</b> Sport Specialization 2 – Ice Hockey				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 7						
A	B	C	D	E	FX(0)	FX(1)
14.29	28.57	57.14	0.0	0.0	0.0	0.0
<b>Instructor:</b> PaedDr. Mgr. Lukáš Opáth, PhD., doc. PhDr. Peter Šťastný, Ph.D.						
<b>Last changed:</b> 14.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-232		<b>Course name:</b> Sport Specialization 2 – Judo				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-242		<b>Course name:</b> Sport Specialization 2 – Karate				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 1						
A	B	C	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-252		<b>Course name:</b> Sport Specialization 2 – Kickbox				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-292		<b>Course name:</b> Sport Specialization 2 – Snowboarding				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-302		<b>Course name:</b> Sport Specialization 2 – Sports Gymnastics				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Juraj Kremnický, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-282		<b>Course name:</b> Sport Specialization 2 – Swimming				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 3						
A	B	C	D	E	FX(0)	FX(1)
33.33	0.0	0.0	0.0	66.67	0.0	0.0
<b>Instructor:</b> PaedDr. Zuzana Pupišová, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-312		<b>Course name:</b> Sport Specialization 2 – Taekwondo				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-322		<b>Course name:</b> Sport Specialization 2 – Volleyball				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Jaroslav Popelka, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-332		<b>Course name:</b> Sport Specialization 2 – Weightlifting				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-342		<b>Course name:</b> Sport Specialization 2 – Wrestling				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-utr-302		<b>Course name:</b> Sports Kinesiology				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 3						
A	B	C	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Jozef Sýkora, PhD., Mgr. Vladimír Franek, PhD.						
<b>Last changed:</b> 26.09.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-utr-321		<b>Course name:</b> Sports Prevention for Seniors				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 2.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. David Brúnn, PhD., Mgr. Michaela Slováková, PhD., Mgr. Bc. Jana Daubnerová, PhD.						
<b>Last changed:</b> 14.09.2021						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-tre-004		<b>Course name:</b> Sports Research				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 26 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 35						
A	B	C	D	E	FX(0)	FX(1)
2.86	17.14	25.71	20.0	28.57	5.71	0.0
<b>Instructor:</b> doc. PaedDr. Pavol Pivovarniček, PhD., prof. PaedDr. Martin Pupiš, PhD., doc. PaedDr. Štefan Adamčák, PhD., prof. PaedDr. Pavol Bartík, PhD., PaedDr. Boris Beťák, PhD., Mgr. David Brúnn, PhD., prof. PaedDr. Ivan Čillík, CSc., Mgr. Bc. Jana Daubnerová, PhD., Mgr. Andrea Izáková, PhD., PaedDr. Rastislav Kollár, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Juraj Kremnický, PhD., MUDr. Mgr. Peter Kysel', PhD., PaedDr. Martina Mandzáková, PhD., doc. PaedDr. Jiří Michal, PhD., doc. PaedDr. Miroslav Nemeč, PhD., PaedDr. Mgr. Lukáš Opáth, PhD., Mgr. Jaroslav Popelka, PhD., PaedDr. Zuzana Pupišová, PhD., Mgr. Miroslava Rošková, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD., Mgr. Michaela Slováková, PhD., PaedDr. Stanislava Straňavská, PhD., Mgr. Jozef Sýkora, PhD.						
<b>Last changed:</b> 29.11.2021						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-utr-008		<b>Course name:</b> Sports terminology for advanced in English				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 2.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 16						
A	B	C	D	E	FX(0)	FX(1)
31.25	50.0	0.0	6.25	6.25	6.25	0.0
<b>Instructor:</b> Mgr. Bc. Jana Daubnerová, PhD.						
<b>Last changed:</b> 15.02.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Arts					
<b>Code:</b> 2d-tre-108		<b>Course name:</b> State Exam Master Thesis with Defence			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b>					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b>					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 20					
<b>Recommended semester/trimester:</b> 3., 4..					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 0					
A	B	C	D	E	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b>					
<b>Last changed:</b> 02.03.2021					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-utr-223		<b>Course name:</b> Swimming Exercises 2				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b>						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 1						
A	B	C	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> PaedDr. Zuzana Pupišová, PhD., PaedDr. Martina Mandzáková, PhD.						
<b>Last changed:</b> 05.10.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-utr-009		<b>Course name:</b> Team Building in PE and Sports				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 2.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 23						
A	B	C	D	E	FX(0)	FX(1)
82.61	4.35	0.0	0.0	0.0	13.04	0.0
<b>Instructor:</b> doc. Mgr. PhDr. Miroslav Sližik, PhD., Mgr. Miroslava Rošková, PhD., PaedDr. Jaroslav Kompán, PhD.						
<b>Last changed:</b> 15.02.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2d-utr-225		<b>Course name:</b> Tennis Exercises 2				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b>						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 22						
A	B	C	D	E	FX(0)	FX(1)
63.64	27.27	0.0	0.0	0.0	9.09	0.0
<b>Instructor:</b> PaedDr. Boris Beťák, PhD.						
<b>Last changed:</b> 05.10.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-vdsl-02	<b>Course name:</b> The Great Works in World Literature II
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 2., 4.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The student prepares an essay in which he/she takes a position on the issue discussed. The final assessment is passed/failed.	
<b>Learning objectives:</b> 1. The student will obtain an adequate overview of the origin and functioning of selected representative literary works from several civilizational and cultural areas from medieval literature to contemporary literature; will improve in professional terminology. 2. The student will acquire the specific interpretation skills necessary when working with a literary text anchored in a radically different cultural environment, thereby strengthening tolerance towards cultural differences and the will to respect the right to be different. 3. The student is able to conduct research on the assigned topic, can identify reliable sources, select relevant information from them and present it to others in a clear and useful form. 4. The student will acquire an organized sum of knowledge and a more widely applicable set of useful habits, methods, approaches, competences applicable in the interpretation of literary and non-literary texts or other cultural phenomena from various cultural periods.	
<b>Brief outline of the course:</b> Some of the greatest works of the European literature from the Middle Ages to the present day will be presented. It will be a selective selection of the presentation of literary worlds and the values they created. The Divine Comedy as the main work of the Middle Ages or the Renaissance? The Middle Ages as the "cradle" of European culture and education. Testaments enfant terrible. The spiciness of the Decameron and Laura's ephemerality. From Shakespeare to French classical drama. Playwrights and their (non)dramatic characters. Fairy tales that changed the world. Shock the bourgeois! Avant-gardes in world art. Literature as a place for women. On Freedom, Being and Apricot Cocktails: Existentialism in World Literature. Crazy for Life: The Beat Generation and Their Followers. Great works in small publishers.	
<b>Recommended literature:</b> 1. BURKE, Peter. Kulturní historie. Dokořán, 2011. 2. MACURA, V. a kol.: Slovník světových literárních děl. 3. PIŠŮT, M.: Dejiny svetovej literatúry (I., II.). 4. Malá encyklopédia spisovateľov sveta	



5. VANTUCH, A.: Dejiny francúzskej literatúry.
6. BAŠTÍN, Š.: Dejiny anglickej a americkej literatúry.
7. STROMŠÍK, J.: Od Grimmshausena k Dürenmattovi – Kapitoly z německé literatury.
8. CVRKAL, I.: Z dejín európskych literatúr 20. storočia.
9. CVRKAL, I.: Kapitoly z moderny, avantgardy a postmoderny.
10. NEZVAL, V.: Moderní básnické směry.
11. KASÁČ, Z.: Svetová literatúra 20. storočia.
12. Heslo Svetová literatúra, v: <http://hyperlexikon.sav.sk/sk/pojem/zobrazit///svetova-literatura>
13. <http://encyclopedia.thefreedictionary.com/Literature>

**Language of instruction:**

Slovak

**Notes:student time load:**

90 hours, of which 26 hours full-time, 64 hours self-study

**Course assessment**

The final number of assessed students: 1

abs	n	p	v
100.0	0.0	0.0	0.0

**Instructor:** PaedDr. Zuzana Bariaková, PhD., prof. PaedDr. Martin Golema, PhD., doc. Ivan Jančovič, PhD., Mgr. Martina Kubealaková, PhD., Mgr. Eva Pršová, PhD., doc. PaedDr. Jozef Tatár, PhD.

**Last changed:** 19.09.2023

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-ajm-313	<b>Course name:</b> Turkish Language 1
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 1., 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> During the semester, students will take a written test that will verify the practical use of their knowledge. They will take a written test with variable assignments for the practical application of theoretical knowledge and take the final oral exam after the end of the semester. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%). <b>a) continuous assessment:</b> a) written test – 40 points <b>b) final assessment:</b> b) final written examination: 0 – 60 points	
<b>Learning objectives:</b> Students will be able: 1. to talk about places/directions/family/occupation in Turkish, 2. to listen to and understand some simple short dialogues in Turkish, 3. to read some texts in Turkish, 4. to write some texts in Turkish.	
<b>Brief outline of the course:</b> 1. Greeting 2. Daily Life 3. Our family and our relatives 4. Time is passing 5. Enjoy your mail 6. Bureaucracy everywhere 7. The future will come some day also 8. He said something 9. Different worlds and lifes 10. Our media 11. Healthy living	

## 12. Travel

### **Recommended literature:**

1. Gökkuşuğu Türkçe Eğitim Kitabı (Rainbow Turkish Education Book), Mgr Öztürk TUNCAY, Dilset, 2014.
2. Yeni Hayat (New Life), Gedik Enver, Mevsimler, 2015.
3. Yabancı Dil Olarak Türkçe Öğretimi, Prof Dr. Güzel Abdurrahman, Akçağ, 2002.
4. Etkinliklerle Türkçe Öğretimi, Aslan Derya and Doğan Birsen, Ekin, 2013.
5. Haydi Türkçe Öğrenelim, commision, Yunus Emre enstitüsü, 2015.

### **Language of instruction:**

English language B2

### **Notes:student time load:**

student workload: 90 hrs.

seminars: 13

study for the continuous written test: 30 hrs.

study for the final oral exam: 47 hrs.

### **Course assessment**

The final number of assessed students: 60

A	B	C	D	E	FX(0)	FX(1)	n
70.0	1.67	15.0	8.33	3.33	1.67	0.0	0.0

**Instructor:** Mgr. Görkem Arslan

**Last changed:** 16.08.2022

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-ajm-314	<b>Course name:</b> Turkish Language 2
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 2.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> During the semester, students will take a written test that will verify the practical use of their knowledge. They will take a written test with variable assignments for the practical application of theoretical knowledge and take the final oral exam after the end of the semester. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%). <b>a) continuous assessment:</b> a) written test – 40 points <b>b) final assessment:</b> b) final written examination: 0 – 60 points	
<b>Learning objectives:</b> Students will be able: 1. to talk about places/directions/family/occupation in Turkish, 2. to listen to and understand some simple short dialogues in Turkish, 3. to read some texts in Turkish, 4. to write some texts in Turkish.	
<b>Brief outline of the course:</b> 1. Greeting 2. Daily Life 3. Our family and our relatives 4. Time is passing 5. Enjoy your mail 6. Bureaucracy everywhere 7. The future will come some day also 8. He said something 9. Different worlds and lifes 10. Our media 11. Healthy living	

12. Travel
13. Turkish culture and identity
14. Lifestyle

**Recommended literature:**

1. Gökkuşuğu Türkçe Eğitim Kitabı (Rainbow Turkish Education Book), Mgr Öztürk TUNCAY, Dilset, 2014.
2. Yeni Hayat (New Life), Gedik Enver, Mevsimler, 2015.
3. Yabancı Dil Olarak Türkçe Öğretimi, Prof Dr. Güzel Abdurrahman, Akçağ, 2002.
4. Etkinliklerle Türkçe Öğretimi, Aslan Derya and Doğan Birsen, Ekin, 2013.
5. Haydi Türkçe Öğrenelim, commission, Yunus Emre enstitüsü, 2015.

**Language of instruction:**

English language B2

**Notes:student time load:**

student workload: 90 hrs.  
seminars: 13  
study for the continuous written test: 30 hrs.  
study for the final oral exam: 47 hrs.

**Course assessment**

The final number of assessed students: 30

A	B	C	D	E	FX(0)	FX(1)	n
63.33	16.67	16.67	0.0	0.0	3.33	0.0	0.0

**Instructor:** Mgr. Görkem Arslan

**Last changed:** 16.08.2022

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2d-ajm-315	<b>Course name:</b> Turkish Language 3
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 1., 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> During the semester, students will take a written test that will verify the practical use of their knowledge. They will take a written test with variable assignments for the practical application of theoretical knowledge and take the final oral exam after the end of the semester. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%). <b>a) continuous assessment:</b> a) written test – 40 points <b>b) final assessment:</b> b) final written examination: 0 – 60 points	
<b>Learning objectives:</b> Students will be able: 1. to talk about places/directions/family/occupation in Turkish, 2. to listen to and understand some simple short dialogues in Turkish, 3. to read some texts in Turkish, 4. to write some texts in Turkish.	
<b>Brief outline of the course:</b> 1. Greeting 2. Daily Life 3. Our family and our relatives 4. Time is passing 5. Enjoy your mail 6. Bureaucracy everywhere 7. The future will come some day also 8. He said something 9. Different worlds and lifes 10. Our media 11. Healthy living	

12. Travel
13. Turkish culture and identity
14. Lifestyle

**Recommended literature:**

1. Gökkuşuğu Türkçe Eğitim Kitabı (Rainbow Turkish Education Book), Mgr Öztürk TUNCAY, Dilset, 2014.
2. Yeni Hayat (New Life), Gedik Enver, Mevsimler, 2015.
3. Yabancı Dil Olarak Türkçe Öğretimi, Prof Dr. Güzel Abdurrahman, Akçağ, 2002.
4. Etkinliklerle Türkçe Öğretimi, Aslan Derya and Doğan Birsen, Ekin, 2013.
5. Haydi Türkçe Öğrenelim, commission, Yunus Emre enstitüsü, 2015.

**Language of instruction:**

English language B2

**Notes:student time load:**

student workload: 90 hrs.  
seminars: 13  
study for the continuous written test: 30 hrs.  
study for the final oral exam: 47 hrs.

**Course assessment**

The final number of assessed students: 9

A	B	C	D	E	FX(0)	FX(1)	n
44.44	0.0	11.11	44.44	0.0	0.0	0.0	0.0

**Instructor:** Mgr. Görkem Arslan

**Last changed:** 16.08.2022

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Arts			
<b>Code:</b> 2d-FS1-003		<b>Course name:</b> Univerzitný folklórny súbor 1	
<b>Type, extent and method of instruction:</b>			
<b>Form of instruction:</b> Seminar			
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)			
<b>Recommended number of periods:</b> 26			
<b>Method of study:</b> combined			
<b>Number of credits:</b> 3			
<b>Recommended semester/trimester:</b> 1., 3.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b>			
The final number of assessed students: 10			
abs	n	p	v
100.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. art. Martin Urban, PhD.			
<b>Last changed:</b> 04.04.2023			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Arts			
<b>Code:</b> 2d-UKO1-003	<b>Course name:</b> Univerzitný komorný orchester 1		
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined			
<b>Number of credits:</b> 3			
<b>Recommended semester/trimester:</b> 1., 3.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b> The final number of assessed students: 1			
abs	n	p	v
100.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Pavel Martinka, PhD.			
<b>Last changed:</b> 04.04.2023			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Arts			
<b>Code:</b> 2d-SPZ1-003		<b>Course name:</b> Univerzitný spevácky zbor 1	
<b>Type, extent and method of instruction:</b>			
<b>Form of instruction:</b> Seminar			
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)			
<b>Recommended number of periods:</b> 26			
<b>Method of study:</b> combined			
<b>Number of credits:</b> 3			
<b>Recommended semester/trimester:</b> 1., 3.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b>			
The final number of assessed students: 2			
abs	n	p	v
100.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Pavel Martinka, PhD.			
<b>Last changed:</b> 04.04.2023			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica							
<b>Faculty:</b> Faculty of Arts							
<b>Code:</b> 2d-VMG-513		<b>Course name:</b> Volunteer management					
<b>Type, extent and method of instruction:</b>							
<b>Form of instruction:</b> Seminar							
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)							
<b>Recommended number of periods:</b> 26							
<b>Method of study:</b> combined							
<b>Number of credits:</b> 3							
<b>Recommended semester/trimester:</b>							
<b>Level:</b> II.							
<b>Prerequisites:</b>							
<b>Course completion conditions:</b>							
<b>Learning objectives:</b>							
<b>Brief outline of the course:</b>							
<b>Recommended literature:</b>							
<b>Language of instruction:</b>							
<b>Notes:student time load:</b>							
<b>Course assessment</b>							
The final number of assessed students: 0							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. PhDr. Alžbeta Brozmanová Gregorová, PhD.							
<b>Last changed:</b> 08.09.2023							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							