

# Register

1. Aerobic.....	3
2. Alternative and Unconventional Sports Games.....	4
3. Antidoping and Nutrition.....	5
4. Children and Youth Training.....	6
5. Coaching Practice 1.....	7
6. Coaching Practice 1.....	8
7. Communication in Sports.....	9
8. Compensatory and Regenerative Movement Programmes.....	10
9. Cross-Country Skiing Exercises 2.....	11
10. Diagnostics in Sports.....	12
11. Fitness Programme Creation in Sports.....	13
12. Fitness Workout 2.....	14
13. Hron River Rafting 2.....	15
14. Hypoxic Training.....	16
15. Ice skating and ice hockey exercises.....	18
16. Methodology of Sports.....	19
17. Olympism and Sport Ethics.....	20
18. Philosophy of Sport.....	21
19. Psychological Skill Training in Sports.....	22
20. Regeneration and Massage.....	23
21. Snowboarding Exercises 2.....	24
22. Sport Diplomacy.....	25
23. Sport Medicine.....	26
24. Sport Specialization 1 – Alpine Skiing.....	27
25. Sport Specialization 1 – Athletics.....	28
26. Sport Specialization 1 – Basketball.....	29
27. Sport Specialization 1 – Biathlon.....	30
28. Sport Specialization 1 – Conditioning Coach.....	31
29. Sport Specialization 1 – Ice Hockey.....	32
30. Sport Specialization 1 – Judo.....	33
31. Sport Specialization 1 – Karate.....	34
32. Sport Specialization 1 – Kickbox.....	35
33. Sport Specialization 1 – Snowboarding.....	36
34. Sport Specialization 1 – Sports Gymnastics.....	37
35. Sport Specialization 1 – Swimming.....	38
36. Sport Specialization 1 – Taekwondo.....	39
37. Sport Specialization 1 – Volleyball.....	40
38. Sport Specialization 1 – Weightlifting.....	41
39. Sport Specialization 1 – Wrestling.....	42
40. Sport Specialization 2 – Alpine Skiing.....	43
41. Sport Specialization 2 – Athletics.....	44
42. Sport Specialization 2 – Basketball.....	45
43. Sport Specialization 2 – Biathlon.....	46
44. Sport Specialization 2 – Conditioning Coach.....	47
45. Sport Specialization 2 – Ice Hockey.....	48
46. Sport Specialization 2 – Judo.....	49
47. Sport Specialization 2 – Karate.....	50
48. Sport Specialization 2 – Kickbox.....	51

49. Sport Specialization 2 – Snowboarding.....	52
50. Sport Specialization 2 – Sports Gymnastics.....	53
51. Sport Specialization 2 – Swimming.....	54
52. Sport Specialization 2 – Taekwondo.....	55
53. Sport Specialization 2 – Volleyball.....	56
54. Sport Specialization 2 – Weightlifting.....	57
55. Sport Specialization 2 – Wrestling.....	58
56. Sports Kinesiology.....	59
57. Sports Prevention for Seniors.....	60
58. Sports Research.....	61
59. Sports terminology for advanced in English.....	62
60. State Exam Master Thesis with Defence.....	63
61. Team Building in PE and Sports.....	64

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica							
<b>Faculty:</b> Faculty of Arts							
<b>Code:</b> 2e-utr-333		<b>Course name:</b> Aerobic					
<b>Type, extent and method of instruction:</b>							
<b>Form of instruction:</b> Seminar							
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)							
<b>Recommended number of periods:</b> 26							
<b>Method of study:</b> combined							
<b>Number of credits:</b> 4							
<b>Recommended semester/trimester:</b> 1., 3.							
<b>Level:</b> II.							
<b>Prerequisites:</b>							
<b>Course completion conditions:</b>							
<b>Learning objectives:</b>							
<b>Brief outline of the course:</b>							
<b>Recommended literature:</b>							
<b>Language of instruction:</b>							
<b>Notes:student time load:</b>							
<b>Course assessment</b>							
The final number of assessed students: 0							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Andrea Izáková, PhD.							
<b>Last changed:</b> 19.11.2021							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-005		<b>Course name:</b> Alternative and Unconventional Sports Games				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 2., 4.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 55						
A	B	C	D	E	FX(0)	FX(1)
32.73	47.27	14.55	0.0	0.0	5.45	0.0
<b>Instructor:</b> doc. PaedDr. Štefan Adamčák, PhD., doc. PaedDr. Miroslav Nemeč, PhD.						
<b>Last changed:</b> 07.02.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica							
<b>Faculty:</b> Faculty of Arts							
<b>Code:</b> 2e-tre-103		<b>Course name:</b> Antidoping and Nutrition					
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 26 <b>Method of study:</b> combined							
<b>Number of credits:</b> 4							
<b>Recommended semester/trimester:</b> 2.							
<b>Level:</b> II.							
<b>Prerequisites:</b>							
<b>Course completion conditions:</b>							
<b>Learning objectives:</b>							
<b>Brief outline of the course:</b>							
<b>Recommended literature:</b>							
<b>Language of instruction:</b>							
<b>Notes:student time load:</b>							
<b>Course assessment</b> The final number of assessed students: 0							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Martin Pupiš, PhD., Mgr. Jozef Sýkora, PhD.							
<b>Last changed:</b> 10.09.2021							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica							
<b>Faculty:</b> Faculty of Arts							
<b>Code:</b> 2e-utr-322		<b>Course name:</b> Children and Youth Training					
<b>Type, extent and method of instruction:</b>							
<b>Form of instruction:</b> Practical							
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)							
<b>Recommended number of periods:</b> 26							
<b>Method of study:</b> combined							
<b>Number of credits:</b> 4							
<b>Recommended semester/trimester:</b> 1., 3.							
<b>Level:</b> II.							
<b>Prerequisites:</b>							
<b>Course completion conditions:</b>							
<b>Learning objectives:</b>							
<b>Brief outline of the course:</b>							
<b>Recommended literature:</b>							
1. ČILLÍK, I. a kol. 2018. Detská atletika. Bratislava: Slovenský atletický zväz. 100 s. ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9							
2. ČILLÍK, I. 2003. Učebné osnovy športovej prípravy v atletike. Bratislava: MŠ SR. 170 s. ISBN 80-88992-51-6							
3. DOVALIL, J. a kol. 2009. Výkon a tréning ve sportu. Praha: Olympia. 336 s. ISBN 978-80-7376-130-1							
4. KAMPMILLER, T a kol. 2012. Teória športu a didaktika športového tréningu. Bratislava: ICM Agency. 353 s. ISBN 978-80-89257-48-5							
5. PERIČ, T. 2006. Výběr sportovních talentu. Praha: Grada. 100 s. ISBN 80-247-1827-8							
6. PERIČ, T. 2008. Sportovní příprava dětí. Praha: Grada. 192 s. ISBN 978-80-247-2643-4							
Recommended literature: domestic/ foreign books, journals, magazines, internet sources							
<b>Language of instruction:</b>							
<b>Notes:student time load:</b>							
<b>Course assessment</b>							
The final number of assessed students: 1							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	100.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Ivan Čillík, CSc., PaedDr. Martina Mandzáková, PhD.							
<b>Last changed:</b> 05.09.2023							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-001		<b>Course name:</b> Coaching Practice 1				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined						
<b>Number of credits:</b> 2						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b> 1. ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9 2. DOVALIL, J. a kol. 2009. Výkon a tréning ve sportu. Praha: Olympia. 336 s. ISBN 978-80-7376-130-1 3. KAMPMILLER, T. a kol. 2012. Teória športu a didaktika športového tréningu. Bratislava: ICM Agency. 353 s. ISBN 978-80-89257-48-5 4. Knižné, časopisecké a internetové domáce a zahraničné zdroje podľa športovej špecializácie.						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 45						
A	B	C	D	E	FX(0)	FX(1)
77.78	6.67	8.89	4.44	2.22	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD., Mgr. David Brúnn, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD., PaedDr. Zuzana Pupišová, PhD., Mgr. Andrea Izáková, PhD., doc. PhDr. Peter Šťastný, Ph.D., PaedDr. Mgr. Lukáš Opáth, PhD., doc. PaedDr. Jirí Michal, PhD.						
<b>Last changed:</b> 05.09.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-003		<b>Course name:</b> Coaching Practice 1				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Prax <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined						
<b>Number of credits:</b> 2						
<b>Recommended semester/trimester:</b> 4.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b> 1. ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9 2. DOVALIL, J. a kol. 2009. Výkon a tréning ve sportu. Praha: Olympia. 336 s. ISBN 978-80-7376-130-1 3. KAMPMILLER, T. a kol. 2012. Teória športu a didaktika športového tréningu. Bratislava: ICM Agency. 353 s. ISBN 978-80-89257-48-5 Recommended literature: domestic/ foreign books, journals, magazines, internet sources						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 16						
A	B	C	D	E	FX(0)	FX(1)
93.75	0.0	0.0	0.0	0.0	6.25	0.0
<b>Instructor:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD., doc. PaedDr. Miroslav Nemeč, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD., PaedDr. Zuzana Pupišová, PhD., Mgr. Andrea Izáková, PhD., Mgr. David Brünn, PhD., doc. PaedDr. Jiří Michal, PhD.						
<b>Last changed:</b> 05.09.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica							
<b>Faculty:</b> Faculty of Arts							
<b>Code:</b> 2e-tre-100		<b>Course name:</b> Communication in Sports					
<b>Type, extent and method of instruction:</b>							
<b>Form of instruction:</b> Lecture / Seminar							
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)							
<b>Recommended number of periods:</b> 13 / 13							
<b>Method of study:</b> combined							
<b>Number of credits:</b> 4							
<b>Recommended semester/trimester:</b> 1.							
<b>Level:</b> II.							
<b>Prerequisites:</b>							
<b>Course completion conditions:</b>							
<b>Learning objectives:</b>							
<b>Brief outline of the course:</b>							
<b>Recommended literature:</b>							
<b>Language of instruction:</b>							
<b>Notes:student time load:</b>							
<b>Course assessment</b>							
The final number of assessed students: 5							
A	B	C	D	E	FX(0)	FX(1)	n
60.0	40.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. Mgr. PhDr. Miroslav Sližik, PhD., Mgr. Miroslava Rošková, PhD.							
<b>Last changed:</b> 14.09.2021							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-006		<b>Course name:</b> Compensatory and Regenerative Movement Programmes				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 2., 4.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 4						
A	B	C	D	E	FX(0)	FX(1)
50.0	25.0	25.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Michaela Slováková, PhD., Mgr. Bc. Jana Daubnerová, PhD.						
<b>Last changed:</b> 15.02.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-201		<b>Course name:</b> Cross-Country Skiing Exercises 2				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1., 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 82						
A	B	C	D	E	FX(0)	FX(1)
96.34	0.0	0.0	0.0	0.0	3.66	0.0
<b>Instructor:</b> Mgr. Bc. Jana Daubnerová, PhD., PaedDr. Rastislav Kollár, PhD.						
<b>Last changed:</b> 04.10.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-002		<b>Course name:</b> Diagnostics in Sports				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 39 <b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 2.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 29						
A	B	C	D	E	FX(0)	FX(1)
10.34	13.79	17.24	31.03	13.79	0.0	13.79
<b>Instructor:</b> prof. PaedDr. Ľudmila Jančoková, CSc., doc. Mgr. PhDr. Miroslav Sližik, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Juraj Kremnický, PhD., Mgr. Vladimír Franek, PhD., MUDr. Lucia Zacharová						
<b>Last changed:</b> 29.11.2021						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-010		<b>Course name:</b> Fitness Programme Creation in Sports				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 2., 4.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 13						
A	B	C	D	E	FX(0)	FX(1)
53.85	15.38	7.69	7.69	7.69	0.0	7.69
<b>Instructor:</b> PaedDr. Jaroslav Kompán, PhD., Mgr. David Brúnn, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-220		<b>Course name:</b> Fitness Workout 2				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b>						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Vladimír Franek, PhD., PaedDr. Jaroslav Kompán, PhD.						
<b>Last changed:</b> 09.02.2024						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-230		<b>Course name:</b> Hron River Rafting 2				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 2.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 22						
A	B	C	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> PaedDr. Jaroslav Kompán, PhD.						
<b>Last changed:</b> 17.02.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2e-utr-332	<b>Course name:</b> Hypoxic Training
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 4	
<b>Recommended semester/trimester:</b> 1., 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The condition for the evaluation of the course is mandatory, active participation of the student in the class. During the semester, the student will prepare a seminar paper with a specific topic related to hypoxic preparation and hypoxic training, which will be presented in class. In the period on completion of the coursework, the student will take a written test. <b>a) continuous assessment:</b> Seminar work: 70 points <b>b) final assessment:</b> Written test: 30 points The course assessment corresponds to the A-FX grading scale: A (100 – 94%), B (93 – 87%), C (86 – 80%), D (79 – 73%), E (72 – 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.	
<b>Learning objectives:</b> Student: <ul style="list-style-type: none"> <li>- should know the principles of hypoxic training application,</li> <li>- to know how to apply hypoxic training,</li> <li>- should know the principles of acclimatisation, adaptation and reacclimatisation in relation to hypoxic training,</li> <li>- know the alternatives to hypoxic training,</li> <li>- know the importance of hypoxic training,</li> <li>- be familiar with the specifics of hypoxic training in different sports,</li> <li>- be familiar with the age specificities of hypoxic training.</li> </ul>	
<b>Brief outline of the course:</b> Theory of hypoxic training and its application in sports training. Principles of acclimatization, adaptation and reacclimatization in relation to hypoxic training. Alternatives of hypoxic training, the importance of hypoxic training in sports practice, specifics hypoxic training in different sports, age specificities of hypoxic training.	
<b>Recommended literature:</b> 1 PUPIŠ, M. - KORČOK, P. 2007. Hypoxia ako súčasť športovej prípravy. 1. vyd. Banská Bystrica: Univerzita Mateja Bela, 2007. 167 s. ISBN 978-80-8083-495-1.	



2 PUPIŠ, M. a kol. 2014. World research of hypoxic training. 1. vyd. Banská Bystrica: Slovak Conditioning Trainers Association and Department of Physical Education and Sports, Faculty of Arts, Matej Bel University, 2014. 160 s. ISBN 978-80-814-1080-2.

3 PUPIŠ, M. 2021. Hypoxický tréning : vysokoškolská učebnica Bratislava : Slovenský atletický zväz, 2021. - 114 s. - ISBN 978-80-8141-267-7

**Language of instruction:**

slovak

**Notes:student time load:**

student time load: 120 hrs., of which:

combined study (s): 26 hrs.

written test preparation: 34 hrs.

preparation of term papers: 60 hrs.

**Course assessment**

The final number of assessed students: 0

A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

**Instructor:** prof. PaedDr. Martin Pupiš, PhD.

**Last changed:** 08.09.2023

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-237		<b>Course name:</b> Ice skating and ice hockey exercises				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b>						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> PaedDr. Mgr. Lukáš Opáth, PhD.						
<b>Last changed:</b> 06.02.2024						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-005		<b>Course name:</b> Methodology of Sports				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
1. ČILLÍK, I. 2004. Športová príprava v atletike. Banská Bystrica: FHV UMB, 2004. 128 s.						
2. ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9						
3. DOVALIL, J. a kol. 2009. Výkon a tréning ve sportu. Praha: Olympia. 336 s. ISBN 978-80-7376-130-1						
4. KAMP MILLER, T a kol. 2012. Teória športu a didaktika športového tréningu. Bratislava: ICM Agency. 353 s. ISBN 978-80-89257-48-5						
5. MARTENS, R. Úspěšný tréner. Praha : Grada. 2006.						
Recommended literature: domestic/ foreign books, journals, magazines, internet sources						
<b>Language of instruction:</b>						
<b>Notes: student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 27						
A	B	C	D	E	FX(0)	FX(1)
25.93	11.11	37.04	11.11	11.11	0.0	3.7
<b>Instructor:</b> prof. PaedDr. Martin Pupiš, PhD., prof. PaedDr. Ivan Čillík, CSc.						
<b>Last changed:</b> 05.09.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica							
<b>Faculty:</b> Faculty of Arts							
<b>Code:</b> 2e-tre-107		<b>Course name:</b> Olympism and Sport Ethics					
<b>Type, extent and method of instruction:</b>							
<b>Form of instruction:</b> Lecture / Seminar							
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)							
<b>Recommended number of periods:</b> 13 / 13							
<b>Method of study:</b> combined							
<b>Number of credits:</b> 4							
<b>Recommended semester/trimester:</b> 2.							
<b>Level:</b> II.							
<b>Prerequisites:</b>							
<b>Course completion conditions:</b>							
<b>Learning objectives:</b>							
<b>Brief outline of the course:</b>							
<b>Recommended literature:</b>							
<b>Language of instruction:</b>							
<b>Notes:student time load:</b>							
<b>Course assessment</b>							
The final number of assessed students: 0							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Martin Pupiš, PhD., PaedDr. Boris Beťák, PhD.							
<b>Last changed:</b> 13.09.2021							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica							
<b>Faculty:</b> Faculty of Arts							
<b>Code:</b> 2e-tre-105		<b>Course name:</b> Philosophy of Sport					
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined							
<b>Number of credits:</b> 4							
<b>Recommended semester/trimester:</b> 3.							
<b>Level:</b> II.							
<b>Prerequisites:</b>							
<b>Course completion conditions:</b>							
<b>Learning objectives:</b>							
<b>Brief outline of the course:</b>							
<b>Recommended literature:</b>							
<b>Language of instruction:</b>							
<b>Notes:student time load:</b>							
<b>Course assessment</b> The final number of assessed students: 0							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., PaedDr. Boris Beťák, PhD.							
<b>Last changed:</b> 13.09.2021							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica							
<b>Faculty:</b> Faculty of Arts							
<b>Code:</b> 2e-tre-104		<b>Course name:</b> Psychological Skill Training in Sports					
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined							
<b>Number of credits:</b> 4							
<b>Recommended semester/trimester:</b> 2.							
<b>Level:</b> II.							
<b>Prerequisites:</b>							
<b>Course completion conditions:</b>							
<b>Learning objectives:</b>							
<b>Brief outline of the course:</b>							
<b>Recommended literature:</b>							
<b>Language of instruction:</b>							
<b>Notes:student time load:</b>							
<b>Course assessment</b> The final number of assessed students: 0							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. Mgr. PhDr. Miroslav Sližik, PhD., Mgr. Miroslava Rošková, PhD.							
<b>Last changed:</b> 22.03.2023							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-002		<b>Course name:</b> Regeneration and Massage				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 88						
A	B	C	D	E	FX(0)	FX(1)
27.27	22.73	25.0	5.68	7.95	5.68	5.68
<b>Instructor:</b> PaedDr. Zuzana Pupišová, PhD., Mgr. Bc. Jana Daubnerová, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-233		<b>Course name:</b> Snowboarding Exercises 2				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 28						
A	B	C	D	E	FX(0)	FX(1)
10.71	14.29	21.43	28.57	21.43	3.57	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD.						
<b>Last changed:</b> 18.10.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica							
<b>Faculty:</b> Faculty of Arts							
<b>Code:</b> 2e-tre-106		<b>Course name:</b> Sport Diplomacy					
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined							
<b>Number of credits:</b> 3							
<b>Recommended semester/trimester:</b> 3.							
<b>Level:</b> II.							
<b>Prerequisites:</b>							
<b>Course completion conditions:</b>							
<b>Learning objectives:</b>							
<b>Brief outline of the course:</b>							
<b>Recommended literature:</b>							
<b>Language of instruction:</b>							
<b>Notes:student time load:</b>							
<b>Course assessment</b> The final number of assessed students: 0							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Bc. Jana Daubnerová, PhD.							
<b>Last changed:</b> 02.03.2021							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-003		<b>Course name:</b> Sport Medicine				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 88						
A	B	C	D	E	FX(0)	FX(1)
65.91	7.95	6.82	11.36	6.82	1.14	0.0
<b>Instructor:</b> prof. PaedDr. Ľudmila Jančoková, CSc., MUDr. Lucia Zacharová, prof. PaedDr. Martin Pupiš, PhD., Mgr. Vladimír Franek, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-351		<b>Course name:</b> Sport Specialization 1 – Alpine Skiing				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-201		<b>Course name:</b> Sport Specialization 1 – Athletics				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 1						
A	B	C	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Ivan Čillík, CSc.						
<b>Last changed:</b> 05.09.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-211		<b>Course name:</b> Sport Specialization 1 – Basketball				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 4						
A	B	C	D	E	FX(0)	FX(1)
75.0	25.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Andrea Izáková, PhD.						
<b>Last changed:</b> 14.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-221		<b>Course name:</b> Sport Specialization 1 – Biathlon				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 1						
A	B	C	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Bc. Jana Daubnerová, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-261		<b>Course name:</b> Sport Specialization 1 – Conditioning Coach				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 21						
A	B	C	D	E	FX(0)	FX(1)
52.38	14.29	19.05	9.52	4.76	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Martin Pupiš, PhD., Mgr. David Brúnn, PhD., Mgr. Jozef Sýkora, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-271		<b>Course name:</b> Sport Specialization 1 – Ice Hockey				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 5						
A	B	C	D	E	FX(0)	FX(1)
0.0	40.0	40.0	20.0	0.0	0.0	0.0
<b>Instructor:</b> PaedDr. Mgr. Lukáš Opáth, PhD., doc. PhDr. Peter Šťastný, Ph.D.						
<b>Last changed:</b> 14.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-231		<b>Course name:</b> Sport Specialization 1 – Judo				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 3						
A	B	C	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-241		<b>Course name:</b> Sport Specialization 1 – Karate				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-251		<b>Course name:</b> Sport Specialization 1 – Kickbox				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-291		<b>Course name:</b> Sport Specialization 1 – Snowboarding				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-301		<b>Course name:</b> Sport Specialization 1 – Sports Gymnastics				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Juraj Kremnický, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-281		<b>Course name:</b> Sport Specialization 1 – Swimming				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 7						
A	B	C	D	E	FX(0)	FX(1)
0.0	71.43	14.29	0.0	14.29	0.0	0.0
<b>Instructor:</b> PaedDr. Zuzana Pupišová, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-311		<b>Course name:</b> Sport Specialization 1 – Taekwondo				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-321		<b>Course name:</b> Sport Specialization 1 – Volleyball				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Jaroslav Popelka, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-331		<b>Course name:</b> Sport Specialization 1 – Weightlifting				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 4						
A	B	C	D	E	FX(0)	FX(1)
25.0	75.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-341		<b>Course name:</b> Sport Specialization 1 – Wrestling				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-352		<b>Course name:</b> Sport Specialization 2 – Alpine Skiing				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-202		<b>Course name:</b> Sport Specialization 2 – Athletics				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 1						
A	B	C	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Ivan Čillík, CSc.						
<b>Last changed:</b> 05.09.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-212		<b>Course name:</b> Sport Specialization 2 – Basketball				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 4						
A	B	C	D	E	FX(0)	FX(1)
0.0	75.0	25.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Andrea Izáková, PhD.						
<b>Last changed:</b> 14.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-222		<b>Course name:</b> Sport Specialization 2 – Biathlon				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 1						
A	B	C	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Bc. Jana Daubnerová, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-262		<b>Course name:</b> Sport Specialization 2 – Conditioning Coach				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 14						
A	B	C	D	E	FX(0)	FX(1)
21.43	21.43	28.57	0.0	28.57	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Martin Pupiš, PhD., Mgr. Jozef Sýkora, PhD., Mgr. David Brúnn, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-272		<b>Course name:</b> Sport Specialization 2 – Ice Hockey				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 3						
A	B	C	D	E	FX(0)	FX(1)
33.33	33.33	33.33	0.0	0.0	0.0	0.0
<b>Instructor:</b> PaedDr. Mgr. Lukáš Opáth, PhD., doc. PhDr. Peter Šťastný, Ph.D.						
<b>Last changed:</b> 14.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-232		<b>Course name:</b> Sport Specialization 2 – Judo				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-242		<b>Course name:</b> Sport Specialization 2 – Karate				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-252		<b>Course name:</b> Sport Specialization 2 – Kickbox				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-292		<b>Course name:</b> Sport Specialization 2 – Snowboarding				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-302		<b>Course name:</b> Sport Specialization 2 – Sports Gymnastics				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Juraj Kremnický, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-282		<b>Course name:</b> Sport Specialization 2 – Swimming				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 2						
A	B	C	D	E	FX(0)	FX(1)
0.0	50.0	0.0	0.0	0.0	0.0	50.0
<b>Instructor:</b> PaedDr. Zuzana Pupišová, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-312		<b>Course name:</b> Sport Specialization 2 – Taekwondo				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-322		<b>Course name:</b> Sport Specialization 2 – Volleyball				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Jaroslav Popelka, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-332		<b>Course name:</b> Sport Specialization 2 – Weightlifting				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 4						
A	B	C	D	E	FX(0)	FX(1)
75.0	0.0	25.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-342		<b>Course name:</b> Sport Specialization 2 – Wrestling				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica							
<b>Faculty:</b> Faculty of Arts							
<b>Code:</b> 2e-utr-302		<b>Course name:</b> Sports Kinesiology					
<b>Type, extent and method of instruction:</b>							
<b>Form of instruction:</b> Seminar							
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)							
<b>Recommended number of periods:</b> 26							
<b>Method of study:</b> combined							
<b>Number of credits:</b> 4							
<b>Recommended semester/trimester:</b> 1., 3.							
<b>Level:</b> II.							
<b>Prerequisites:</b>							
<b>Course completion conditions:</b>							
<b>Learning objectives:</b>							
<b>Brief outline of the course:</b>							
<b>Recommended literature:</b>							
<b>Language of instruction:</b>							
<b>Notes:student time load:</b>							
<b>Course assessment</b>							
The final number of assessed students: 5							
A	B	C	D	E	FX(0)	FX(1)	n
100.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Jozef Sýkora, PhD., Mgr. Vladimír Franek, PhD.							
<b>Last changed:</b> 26.09.2023							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica							
<b>Faculty:</b> Faculty of Arts							
<b>Code:</b> 2e-utr-321		<b>Course name:</b> Sports Prevention for Seniors					
<b>Type, extent and method of instruction:</b>							
<b>Form of instruction:</b> Seminar							
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)							
<b>Recommended number of periods:</b> 26							
<b>Method of study:</b> combined							
<b>Number of credits:</b> 4							
<b>Recommended semester/trimester:</b> 2., 4.							
<b>Level:</b> II.							
<b>Prerequisites:</b>							
<b>Course completion conditions:</b>							
<b>Learning objectives:</b>							
<b>Brief outline of the course:</b>							
<b>Recommended literature:</b>							
<b>Language of instruction:</b>							
<b>Notes:student time load:</b>							
<b>Course assessment</b>							
The final number of assessed students: 0							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. David Brúnn, PhD., Mgr. Michaela Slováková, PhD., Mgr. Bc. Jana Daubnerová, PhD.							
<b>Last changed:</b> 14.09.2021							
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.							

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-004		<b>Course name:</b> Sports Research				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 26 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 28						
A	B	C	D	E	FX(0)	FX(1)
3.57	32.14	32.14	14.29	7.14	7.14	3.57
<b>Instructor:</b> doc. PaedDr. Pavol Pivovarniček, PhD., prof. PaedDr. Martin Pupiš, PhD., Mgr. David Brúnn, PhD., doc. PaedDr. Štefan Adamčák, PhD., prof. PaedDr. Pavol Bartík, PhD., PaedDr. Boris Beňák, PhD., prof. PaedDr. Ivan Čillík, CSc., Mgr. Andrea Izáková, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Juraj Kremnický, PhD., MUDr. Mgr. Peter Kysel', PhD., PaedDr. Martina Mandzáková, PhD., doc. PaedDr. Jiří Michal, PhD., doc. PaedDr. Miroslav Nemeč, PhD., Mgr. Jaroslav Popelka, PhD., PaedDr. Zuzana Pupišová, PhD., Mgr. Miroslava Rošková, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD., Mgr. Michaela Slováková, PhD., PaedDr. Stanislava Straňavská, PhD., Mgr. Jozef Sýkora, PhD.						
<b>Last changed:</b> 29.11.2021						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-008		<b>Course name:</b> Sports terminology for advanced in English				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 2., 4.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 26						
A	B	C	D	E	FX(0)	FX(1)
11.54	19.23	23.08	15.38	26.92	3.85	0.0
<b>Instructor:</b> Mgr. Bc. Jana Daubnerová, PhD.						
<b>Last changed:</b> 15.02.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Arts					
<b>Code:</b> 2e-tre-108		<b>Course name:</b> State Exam Master Thesis with Defence			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b>					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b>					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 20					
<b>Recommended semester/trimester:</b> 3., 4..					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 0					
A	B	C	D	E	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b>					
<b>Last changed:</b> 02.03.2021					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-009		<b>Course name:</b> Team Building in PE and Sports				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 2., 4.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 17						
A	B	C	D	E	FX(0)	FX(1)
88.24	0.0	0.0	0.0	0.0	11.76	0.0
<b>Instructor:</b> doc. Mgr. PhDr. Miroslav Sližik, PhD., Mgr. Miroslava Rošková, PhD., PaedDr. Jaroslav Kompán, PhD.						
<b>Last changed:</b> 15.02.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.						