

## Register

1. Academic Writing.....	3
2. Alternative and Unconventional Sports Games.....	5
3. Coaching Practice 1.....	6
4. Coaching Practice 1.....	7
5. Continual Teaching Practice.....	8
6. Continuous Practice/Observation Practice.....	9
7. Continuous Practice/Performance Practice 1.....	11
8. Continuous Practice/Performance Practice 2.....	14
9. Course of Life and Health Protection.....	17
10. Cross-Country Skiing Exercises 2.....	18
11. Cross-cutting themes in education.....	19
12. Diagnostics in Sports.....	20
13. Didactics of Physical and Sport Education.....	21
14. Educational and school psychology.....	23
15. Fitness Programme Creation in Sports.....	24
16. Fitness Workout 2.....	25
17. Hron River Rafting 2.....	26
18. Ice skating and ice hockey exercises.....	27
19. Mediation and resolution of interpersonal conflicts.....	28
20. Methodology of Sports.....	29
21. Methodology of Sports 1 (Sports Games, Swimming).....	30
22. Methodology of Sports 2 (Athletics, Gymnastics, Forms of Combat, Skiing, Snowboarding).....	33
23. Modern Rhetoric.....	36
24. Positive psychology.....	39
25. Regeneration and Massage.....	40
26. Research methodology in education.....	41
27. School pedagogy and school management.....	42
28. Snowboarding Exercises 2.....	43
29. Social pathology and prevention.....	44
30. Sport Medicine.....	45
31. Sport Specialization 1 – Alpine Skiing.....	46
32. Sport Specialization 1 – Athletics.....	47
33. Sport Specialization 1 – Basketball.....	48
34. Sport Specialization 1 – Biathlon.....	49
35. Sport Specialization 1 – Conditioning Coach.....	50
36. Sport Specialization 1 – Ice Hockey.....	51
37. Sport Specialization 1 – Judo.....	52
38. Sport Specialization 1 – Karate.....	53
39. Sport Specialization 1 – Kickbox.....	54
40. Sport Specialization 1 – Snowboarding.....	55
41. Sport Specialization 1 – Sports Gymnastics.....	56
42. Sport Specialization 1 – Swimming.....	57
43. Sport Specialization 1 – Taekwondo.....	58
44. Sport Specialization 1 – Volleyball.....	59
45. Sport Specialization 1 – Weightlifting.....	60
46. Sport Specialization 1 – Wrestling.....	61
47. Sport Specialization 2 – Alpine Skiing.....	62

48. Sport Specialization 2 – Athletics.....	63
49. Sport Specialization 2 – Basketball.....	64
50. Sport Specialization 2 – Biathlon.....	65
51. Sport Specialization 2 – Conditioning Coach.....	66
52. Sport Specialization 2 – Ice Hockey.....	67
53. Sport Specialization 2 – Judo.....	68
54. Sport Specialization 2 – Karate.....	69
55. Sport Specialization 2 – Kickbox.....	70
56. Sport Specialization 2 – Snowboarding.....	71
57. Sport Specialization 2 – Sports Gymnastics.....	72
58. Sport Specialization 2 – Swimming.....	73
59. Sport Specialization 2 – Taekwondo.....	74
60. Sport Specialization 2 – Volleyball.....	75
61. Sport Specialization 2 – Weightlifting.....	76
62. Sport Specialization 2 – Wrestling.....	77
63. Sports Research.....	78
64. Sports terminology for advanced in English.....	79
65. State Exam Master Thesis with Defence.....	80
66. Team Building in PE and Sports.....	84
67. Theory and Didactics of Recreational Sports.....	85

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2e-ap-55	<b>Course name:</b> Academic Writing
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture <b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26s <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 1., 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> <b>a) continuous assessment:</b> 1st written test: 0–40 p. <b>b) final assessment:</b> 2nd written test: 0–60 p. The maximum number of points consisting of continuous and final assessment is 100. Credits are assigned to the student who acquires the minimum of 65 points out of the possible 100 for completing the given requirements.	
<b>Learning objectives:</b> The student 1. understands the differences between oral and written communication 2. uses the knowledge acquired to produce a written text 3. can work independently and formulate information 4. applies theoretical knowledge to practical tasks 5. evaluates can justify their solution using arguments 6. can create a complex written communication and address it to expert vs. layperson.	
<b>Brief outline of the course:</b> Contemporary specialised/scholarly text. Means of expression signalling the social and interactional nature of a scholarly text. The processual nature of academic writing and strategy. Intercultural strategies. Strategies – polite, critical, polemical (reviews, polemics, criticism), informal. Structure, draft, canonical parts of a text. Cohesion, coherence, connection – syntactic, semantic, and functional cohesion and interdependence. Composition – introduction – material – methods – results – interpretation/discussion – summary. Sources, copyright, citation standards. Bibliography – norms, scholarly ethics, copyright.	
<b>Recommended literature:</b> 1. ČMEJRKOVÁ, S. – DANEŠ, F. – SVĚTLÁ, J.: Jak napsat odborný text. Praha : Leda, 1999. 2. GÁLISOVÁ, A.: Verejný odborný prejav. Banská Bystrica : UMB, 2011. 3. KATUŠČÁK, D. Ako písať záverečné a kvalifikačné práce. Martin : Enigma, 2007. 4. KLINCKOVÁ, J.: Neverbálna komunikácia alebo ... Banská Bystrica : UMB, 2011. 5. LESTER, J. D.: Writing Research Papers. Illionis : Glenview, 1986. 6. MEŠKO, D. et al.: Akademická príručka. 2. uprav. a dopln. vyd. Martin : Osveta, 2005. 7. MULDERIG, G. P.: The Heath Guide to Writing the	

Research Paper. Lexington : D. C. Heath and Co., 1992. 8. SPOUSTA, V.: Vademékum autora odborné a vědecké práce. Brno : Akademické nakladatelství CERM, s. r. o., 2009. 9. ŠESTÁK, Z.: Jak psát a přednášet o vědě. 1. vyd. Praha : Academia, 2000. 10. ŠIROKÝ, J. a kol.: Tvoříme a publikujeme odborné texty. Brno : Computer Press, 2011.

**Language of instruction:**

Slovak

**Notes:student time load:**

Total: 90 h.

Combined study (lectures, consulting): 26 h.

Self-study: 39 h.

Preparation for tests: 25 h.

**Course assessment**

The final number of assessed students: 0

A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0

**Instructor:** prof. PaedDr. Vladimír Patráš, CSc.

**Last changed:** 28.10.2022

**Approved by:** prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-005		<b>Course name:</b> Alternative and Unconventional Sports Games				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 2.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 55						
A	B	C	D	E	FX(0)	FX(1)
32.73	47.27	14.55	0.0	0.0	5.45	0.0
<b>Instructor:</b> doc. PaedDr. Štefan Adamčák, PhD., doc. PaedDr. Miroslav Nemeč, PhD.						
<b>Last changed:</b> 07.02.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-001		<b>Course name:</b> Coaching Practice 1				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined						
<b>Number of credits:</b> 2						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b> 1. ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9 2. DOVALIL, J. a kol. 2009. Výkon a tréning ve sportu. Praha: Olympia. 336 s. ISBN 978-80-7376-130-1 3. KAMPMILLER, T. a kol. 2012. Teória športu a didaktika športového tréningu. Bratislava: ICM Agency. 353 s. ISBN 978-80-89257-48-5 4. Knižné, časopisecké a internetové domáce a zahraničné zdroje podľa športovej špecializácie.						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 45						
A	B	C	D	E	FX(0)	FX(1)
77.78	6.67	8.89	4.44	2.22	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD., Mgr. David Brúnn, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD., PaedDr. Zuzana Pupišová, PhD., Mgr. Andrea Izáková, PhD., doc. PhDr. Peter Šťastný, Ph.D., PaedDr. Mgr. Lukáš Opáth, PhD., doc. PaedDr. Jirí Michal, PhD.						
<b>Last changed:</b> 05.09.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-003		<b>Course name:</b> Coaching Practice 1				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Prax <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined						
<b>Number of credits:</b> 2						
<b>Recommended semester/trimester:</b> 4.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b> 1. ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9 2. DOVALIL, J. a kol. 2009. Výkon a tréning ve sportu. Praha: Olympia. 336 s. ISBN 978-80-7376-130-1 3. KAMPMILLER, T. a kol. 2012. Teória športu a didaktika športového tréningu. Bratislava: ICM Agency. 353 s. ISBN 978-80-89257-48-5 Recommended literature: domestic/ foreign books, journals, magazines, internet sources						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 16						
A	B	C	D	E	FX(0)	FX(1)
93.75	0.0	0.0	0.0	0.0	6.25	0.0
<b>Instructor:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD., doc. PaedDr. Miroslav Nemeč, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD., PaedDr. Zuzana Pupišová, PhD., Mgr. Andrea Izáková, PhD., Mgr. David Brúnn, PhD., doc. PaedDr. Jiří Michal, PhD.						
<b>Last changed:</b> 05.09.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-ozvstv-106		<b>Course name:</b> Continual Teaching Practice				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Prax <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 30s <b>Method of study:</b> combined						
<b>Number of credits:</b> 2						
<b>Recommended semester/trimester:</b> 4.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b> Brief outline of the course: The content of the continuous teaching practice is to project a lesson on the basis of the instructions from the training teachers. Students will consult their preparation for teaching with the training teacher and then teach a lesson on their own.						
<b>Recommended literature:</b>						
<b>Language of instruction:</b> Language of instruction: Slovak, Czech						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 29						
A	B	C	D	E	FX(0)	FX(1)
89.66	3.45	0.0	0.0	0.0	6.9	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD.						
<b>Last changed:</b> 17.02.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2e-ozvstv-103	<b>Course name:</b> Continuous Practice/Observation Practice
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Prax <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26s <b>Method of study:</b> combined	
<b>Number of credits:</b> 2	
<b>Recommended semester/trimester:</b> 1.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> <b>a) continuous assessment:</b> Continuous assessment: attending the observations – 50 points <b>b) final assessment:</b> Final assessment: portfolio of the materials concerning teaching practice – 50 points	
<b>Learning objectives:</b>	
<b>Brief outline of the course:</b> Brief outline of the course: During the observations of students in the lessons, it is recommended to observe: the readiness of the class and of the pupils for schooling (neatness of the classroom, arrival of teacher to the class, preparation of the teaching aids and technical means and their use in the lessons, etc.). The readiness of the pupils after the bell rings, welcoming the teacher (behaviour of the teacher and the pupils, method of checking class attendance, etc.). Checking homework (when during the lesson and how it is carried out, difficulty and extent of the homework, frequency of assigning homework, used forms and methods of checking, orientation of the homework in the creative thinking of the pupils, how the theoretical knowledge is applied to the practical activities, verbal evaluation and classification of pupils' performance, etc.). Checking out the pupils' knowledge (the method of checking, its content and extent), activation of the pupils when individually examining a pupil, orientation of the teacher on the creative thinking of the pupils, the way of applying the theoretical knowledge on practical activities, verbal evaluation and classification of pupils' performance, etc. Setting out the topic and aim of the lesson (how the pupils are motivated for active learning, use of interdisciplinary relations, etc.). Exposition of the course material (used forms and means of work, activity of the teacher and pupils, modernizing the content, forms and means of the work, etc.). Fixating the new course material (organizing the fixing of the course material, types of fixation methods, their relationship towards exposition methods, orientation of the pupils' attention on the possibilities of the practical application of new knowledge into practice, formulating and the means of giving checking questions, use of technical means for the fixation of the course material, feedback during the fixation, etc.). Homework (how the teacher assigns homework, motivation to	

do homework, individualised, individual, pair and group homework, etc.). The teacher (teacher's communicative skills, objectivity, demands, respecting the wants of pupils, respecting personality possibilities, gesticulation and facial expressions, their neatness, motion in the classroom, their reactions to unexpected impulses, their temperament, voice intensity, etc.).

**Recommended literature:**

**Language of instruction:**

Language of instruction:  
Slovak, Czech

**Notes: student time load:**

**Course assessment**

The final number of assessed students: 85

A	B	C	D	E	FX(0)	FX(1)
92.94	5.88	0.0	0.0	0.0	1.18	0.0

**Instructor:** doc. PaedDr. Jiří Michal, PhD.

**Last changed:** 17.05.2023

**Approved by:** prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2e-ozvstv-104	<b>Course name:</b> Continuous Practice/Performance Practice 1
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Prax <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26s <b>Method of study:</b> combined	
<b>Number of credits:</b> 2	
<b>Recommended semester/trimester:</b> 2.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> Course completion conditions: During the semester, the students will attend the practice and there they will prove their practical skills as well as theoretical knowledge in organizing lessons as a PE teacher. The maximum number of points covering a continual and final assessment is 100. The course assessment corresponds to the A-FX grading scale: A (100 – 94%), B (93 – 87%), C (86 – 80%), D (79 – 73%), E (72 – 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100. <b>a) continuous assessment:</b> Continuous assessment: 100% attendance at the teaching practice – observations and individual performances: 50 points <b>b) final assessment:</b> Final assessment: materials portfolio concerning the teaching practice: - written records of the didactic observations of the lessons – observations of the training teacher: 20 points - written preparations for direct teaching, consulted and evaluated by a teacher from the Department of Physical Education and Sports, including the didactic analysis of the course material and analysis with the training teacher of a primary school: 30 points	
<b>Learning objectives:</b> Course aims: Students will: <ol style="list-style-type: none"> <li>1. Remember the theoretical knowledge about the learnt course material as the basis for the practical part of the university preparation.</li> <li>2. Have general knowledge about the basic issues of the theory and didactics of the PE.</li> <li>3. Be able to show and use the technique of practicing exercises correctly.</li> <li>4. Be able to prepare for active performance in PE classes.</li> <li>5. Be able to work with specialised literature.</li> </ol>	
<b>Brief outline of the course:</b> Brief outline of the course:	

Orientation in actual school practice, in the work of teachers and pupils and in the individualities of primary and secondary school pupils.  
Integration and confrontation of the theoretical and practical part of the university preparation, carrying out of the teaching performances and real education activities in primary and secondary schools, broadening of the motivation for further study and self-education.  
Perception of pedagogical and psychological phenomena in an actual school situation, their recording and interpreting; psychological and pedagogical thinking.

**Recommended literature:**

Recommended literature:

1. Antala, B. 2001. Didaktika školskej telesnej výchovy. Bratislava : FTVŠ UK, 2001.
  2. Čapek, R. (2015). Moderní didaktika. Grada Publishing.
  3. Hrčka, J a kol. 2000. Základy športovej edukológie. Bratislava : FTVŠ UK, 2000.
  4. Inovovaný štátny vzdelávací program pre ISCED 2, 3. (aktuálna verzia dostupná na internete)
  5. Kalhoust, Z., & Obst, O. (2002). Školní didaktika. Portál.
  6. Kožuchová, M., Obdržálek, Z., Porubská, E., & Káník, R. (2000). Didaktika pre učiteľov základnej a strednej školy. VEDA.
  7. László, K., & Osvaldová, Z. (2014). Didaktika. Belianum.
  8. Mertin, V. (2012). Metody a postupy poznávaní žáka. Pedagogická diagnostika. Wolters Kluwer.
  9. Michal, J.: Učebné osnovy z predmetu Telesná a športová výchova pre ISCED 2. In:
  10. Obdržálek, Z. (2003). Didaktika pre študentov učiteľstva základnej školy. UK v Bratislave.
  11. Petlák, E. (2012). Inovácie v didaktike. Dubnický technologický inštitút.
  12. Petlák, E. (2000). Pedagogicko-didaktická práca učiteľa. IRIS.
  13. Petty, G. (2013). Moderní vyučování. Portál.
  14. Průcha, J. (2017). Moderní pedagogika. 6. vyd. Portál.
  15. Rovňanová, L. (2015). Profesijské kompetencie učiteľov. Belianum.
  16. Rovňanová, L. (2015). Učebné štýly žiakov a vyučovacie štýly učiteľov. MPC.
  17. Sieglóvá, D. (2019). Konec školní nudy: didaktické metody pro 21. století. Grada Publishing.
  18. Sitná, D. (2013). Metody aktivního vyučování. Portál.
  19. Športový edukátor 1. č.2/09, Nitra: UKF, 2009, s.4-28. ISSN –1337-7809
  20. Šimonek, Jaromír. Didaktika telesnej výchovy. Nitra : PF UKF, 2005. 112 s. ISBN 80-8050-873-
  21. Tilinger, P.a kol. 2002. Pedagogické praxe v telesné výchově a sportu. Praha: Karolínium, 2002, s. 115
  22. Turek, I. (2014). Didaktika. 3. prepr. vyd. Wolters Kluwer.
  23. Zormanová, L. (2012). Výukové metody v pedagogice. Grada Publishing.
- Odborné časopisy a noviny, aj v e-podobe.  
Odkazy na e-zdroje v LMS Moodle.  
Internetový portál rezortu školstva a s ním súvisiace webstránky relevantných inštitúcií:  
[www.minedu.sk](http://www.minedu.sk), [www.statpedu.sk](http://www.statpedu.sk), [www.nucem.sk](http://www.nucem.sk), [www.casopisdobraskola.sk](http://www.casopisdobraskola.sk)  
Zborníky a časopisy z odboru školská telesná výchovy a šport.

**Language of instruction:**

Language of instruction:

Slovak, Czech

**Notes:student time load:**

Notes:

Student time load: 60 hrs.

In-class work: 26 hrs.

Preparation for teaching: 10 hrs. Preparation of the portfolio: 24 hrs.						
<b>Course assessment</b> The final number of assessed students: 57						
A	B	C	D	E	FX(0)	FX(1)
42.11	36.84	5.26	7.02	1.75	7.02	0.0
<b>Instructor:</b> Mgr. Andrea Izáková, PhD.						
<b>Last changed:</b> 17.02.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2e-ozvstv-105	<b>Course name:</b> Continuous Practice/Performance Practice 2
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Prax <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26s <b>Method of study:</b> combined	
<b>Number of credits:</b> 2	
<b>Recommended semester/trimester:</b> 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> Course completion conditions: During the semester the students will attend practice and there prove their practical skills as well as theoretical knowledge in organizing lessons as a PE teacher. The maximum number of points covering a continual and final assessment is 100. The course assessment corresponds to the A-FX grading scale: A (100 – 94%), B (93 – 87%), C (86 – 80%), D (79 – 73%), E (72 – 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.	
<b>a) continuous assessment:</b> Continuous assessment: 100% attendance at the teaching practice – observations and individual performances: 50 points	
<b>b) final assessment:</b> Final assessment: materials portfolio concerning teaching practice: - written records of the didactic observations of the lessons – observations of the training teacher: 20 points. - written preparations for the direct teaching, consulted and evaluated by a teacher from the Department of Physical Education and Sports, including the didactic analysis of the course material and analysis with the training teacher of a primary school: 30 points	
<b>Learning objectives:</b> Course aims: Students will: <ol style="list-style-type: none"> <li>1. Remember the theoretical knowledge about the learnt course material as the basis for the practical part of the university preparation.</li> <li>2. Have general knowledge about the basic issues of PE theory and didactics.</li> <li>3. Be able to show and use the technique of practicing exercises correctly.</li> <li>4. Be able to prepare for the active performance in PE classes.</li> <li>5. Be able to work with specialised literature.</li> </ol>	
<b>Brief outline of the course:</b> Brief outline of the course:	

Orientation in actual school practice, in the work of teachers and pupils and in the individualities of primary and secondary school pupils.  
Integration and confrontation of the theoretical and practical part of the university preparation, execution of teaching performances and actual education activities in primary and secondary schools, broadening the motivation for further study and self-education.  
Perception of pedagogical and psychological phenomena in an actual school situation, their recording and interpreting; psychological and pedagogical thinking.

**Recommended literature:**

Recommended literature:

1. Antala, B. 2001. Didaktika školskej telesnej výchovy. Bratislava : FTVŠ UK, 2001.
  2. Čapek, R. (2015). Moderní didaktika. Grada Publishing.
  3. Hrčka, J a kol. 2000. Základy športovej edukológie. Bratislava : FTVŠ UK, 2000.
  4. Inovovaný štátny vzdelávací program pre ISCED 2, 3. (aktuálna verzia dostupná na internete)
  5. Kalhoust, Z., & Obst, O. (2002). Školní didaktika. Portál.
  6. Kožuchová, M., Obdržálek, Z., Porubská, E., & Kánik, R. (2000). Didaktika pre učiteľov základnej a strednej školy. VEDA.
  7. László, K., & Osvaldová, Z. (2014). Didaktika. Belianum.
  8. Mertin, V. (2012). Metody a postupy poznávaní žiaka. Pedagogická diagnostika. Wolters Kluwer.
  9. Michal, J.: Učebné osnovy z predmetu Telesná a športová výchova pre ISCED 2. In:
  10. Obdržálek, Z. (2003). Didaktika pre študentov učiteľstva základnej školy. UK v Bratislave.
  11. Petlák, E. (2012). Inovácie v didaktike. Dubnický technologický inštitút.
  12. Petlák, E. (2000). Pedagogicko-didaktická práca učiteľa. IRIS.
  13. Petty, G. (2013). Moderní vyučování. Portál.
  14. Průcha, J. (2017). Moderní pedagogika. 6. vyd. Portál.
  15. Rovňanová, L. (2015). Profesijské kompetencie učiteľov. Belianum.
  16. Rovňanová, L. (2015). Učebné štýly žiakov a vyučovacie štýly učiteľov. MPC.
  17. Sieglóvá, D. (2019). Konec školní nudy: didaktické metody pro 21. století. Grada Publishing.
  18. Sitná, D. (2013). Metody aktivního vyučování. Portál.
  19. Športový edukátor 1. č.2/09, Nitra: UKF, 2009, s.4-28. ISSN –1337-7809
  20. Šimonek, Jaromír. Didaktika telesnej výchovy. Nitra : PF UKF, 2005. 112 s. ISBN 80-8050-873-
  21. Tilinger, P.a kol. 2002. Pedagogické praxe v telesné výchově a sportu. Praha: Karolínium, 2002, s. 115
  22. Turek, I. (2014). Didaktika. 3. prepr. vyd. Wolters Kluwer.
  23. Zormanová, L. (2012). Výukové metody v pedagogice. Grada Publishing.
- Odborné časopisy a noviny, aj v e-podobe.  
Odkazy na e-zdroje v LMS Moodle.  
Internetový portál rezortu školstva a s ním súvisiace webstránky relevantných inštitúcií:  
[www.minedu.sk](http://www.minedu.sk), [www.statpedu.sk](http://www.statpedu.sk), [www.nucem.sk](http://www.nucem.sk), [www.casopisdobraskola.sk](http://www.casopisdobraskola.sk)  
Zborníky a časopisy z odboru školská telesná výchovy a šport.

**Language of instruction:**

Language of instruction:  
Slovak, Czech

**Notes:student time load:**

Notes:  
Student time load: 60 hrs.  
In-class work: 26 hrs.

Preparation for teaching: 10 hrs. Preparation of the portfolio: 24 hrs.						
<b>Course assessment</b> The final number of assessed students: 55						
A	B	C	D	E	FX(0)	FX(1)
54.55	29.09	5.45	1.82	3.64	3.64	1.82
<b>Instructor:</b> Mgr. Andrea Izáková, PhD.						
<b>Last changed:</b> 17.02.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-007		<b>Course name:</b> Course of Life and Health Protection				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 2.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 56						
A	B	C	D	E	FX(0)	FX(1)
55.36	37.5	3.57	0.0	0.0	3.57	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD., PaedDr. Stanislava Straňavská, PhD.						
<b>Last changed:</b> 08.02.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-201		<b>Course name:</b> Cross-Country Skiing Exercises 2				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1., 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 82						
A	B	C	D	E	FX(0)	FX(1)
96.34	0.0	0.0	0.0	0.0	3.66	0.0
<b>Instructor:</b> Mgr. Bc. Jana Daubnerová, PhD., PaedDr. Rastislav Kollár, PhD.						
<b>Last changed:</b> 04.10.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-PTE-102		<b>Course name:</b> Cross-cutting themes in education				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Practical						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13s / 13s						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 50						
A	B	C	D	E	FX(0)	FX(1)
48.0	26.0	20.0	2.0	0.0	2.0	2.0
<b>Instructor:</b> doc. PaedDr. Lenka Rovňanová, PhD., doc. Mgr. Lívia Nemcová, PhD.						
<b>Last changed:</b> 06.12.2021						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-002		<b>Course name:</b> Diagnostics in Sports				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 39						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 2.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 29						
A	B	C	D	E	FX(0)	FX(1)
10.34	13.79	17.24	31.03	13.79	0.0	13.79
<b>Instructor:</b> prof. PaedDr. Ľudmila Jančoková, CSc., doc. Mgr. PhDr. Miroslav Sližik, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Juraj Kremnický, PhD., Mgr. Vladimír Franek, PhD., MUDr. Lucia Zacharová						
<b>Last changed:</b> 29.11.2021						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2e-ozvstv-101	<b>Course name:</b> Didactics of Physical and Sport Education
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined	
<b>Number of credits:</b> 4	
<b>Recommended semester/trimester:</b> 1.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> Course completion conditions: The course assessment corresponds to the A-FX grading scale: A (100 – 94%), B (93 – 87%), C (86 – 80%), D (79 – 73%), E (72 – 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100. <b>a) continuous assessment:</b> Continuous assessment: seminar paper – thematic plan and preparation for teaching: 0 – 40 points <b>b) final assessment:</b> Final assessment: written exam: 0 – 60 points	
<b>Learning objectives:</b> Course aims: Students will: <ol style="list-style-type: none"> <li>1. Use the acquired knowledge in other courses, e.g. in the theory and didactics of recreational sports, in continuous practice, etc..</li> <li>2. Be able to use the acquired knowledge in the didactics of separate sports.</li> <li>3. Apply the acquired knowledge in professional practice.</li> <li>4. Assess their knowledge about PE didactics and be able to apply them in the PE process.</li> <li>5. Assess themselves and each other in PE didactics.</li> <li>6. Write seminar paper.</li> </ol>	
<b>Brief outline of the course:</b> Brief outline of the course: Education process in the PE – the PE process. Essence, basic factors and structure of PE. General and specific features of PE. Learning and teaching PE. Improving movement abilities in PE. Education influence in the PE process. Pupil in PE. PE teacher. PE projects in basic and high school. Conditions of the PE process. Assessment in PE. Importance of assessment. Types of assessment. Assessment of physical development and general movement abilities of pupils. Assessment of knowledge. Assessment of the pupil relationships towards PE, social expressions	

of pupils. Organizational forms in PE, didactical forms. PE lesson. Typology of PE lesson. Lesson structure. Planning in school PE. PE in elementary and high schools.

**Recommended literature:**

Recommended literature:

1. ANTALA, B. 2001. Didaktika školskej telesnej výchovy. Bratislava : FTVŠ UK, 2001.
2. BARTÍK, P. 2009. Postoje žiakov základných škôl k telesnej výchove a športu a úroveň ich teoretických vedomostí z telesnej výchovy v intenciách vzdelávacieho štandardu. Banská Bystrica: FHV UMB, 2009, 132 s. ISBN 978-80-8083-764-8.
3. FRŮMEL, K.: Specifické zásady v telesnej výchove na stredných školách. Teor. Praxe těl. Vých., 35 (1), s. 51-57.
4. HRČKA, J. a kol. 2000. Základy športovej edukológie. Bratislava: FTVŠ UK 2000.
5. CHROMÍK, M. a kol.: Didaktika telesnej výchovy. Bratislava: Univerzita Komenského, 1993, s. 14-24.
6. MICHAL, J.2003. Sledovanie intenzity zaťaženia na hodinách telesnej výchovy u žiakov stredných škôl. In: Súčasný stav a perspektívne tendencie v telovýchovnom procese. Banská Bystrica: PF UMB, 2003. s. 68-73. ISBN80-8055-850-7.
7. MICHAL, J. a kol. 2001. Vybrané kapitoly z didaktiky telesnej výchovy a športu detí mladšieho školského veku. 3. vyd. Banská Bystrica : UMB, 2001. 125 s
8. MICHAL, J. a kol : Učebné osnovy z predmetu Telesná a športová výchova pre ISCED 2. In: Športový edukátor 1. č.2/09, Nitra: UKF, 2009, s.4-28.
9. SÝKORA, F. a kol.: Telesná výchova a šport. Terminologický a výkladový slovník. Bratislava: FRG s.r.o., 1995.
10. ŠIMONEK, J. 2005. Didaktika telesnej výchovy. Nitra : PF UKF, 2005. 112 s. ISBN 80-8050-873-
11. TRUNEČKOVÁ, E. 2002. Základy športovej edukácie na školách. Banská Bystrica: UMB PF 2002
12. Zborníky a časopisy z odboru školská telesná výchovy a šport.

**Language of instruction:**

Language of instruction:  
Slovak/Czech

**Notes: student time load:**

Notes  
120 hrs., of which:  
combined study (l,s,c): 26 hrs.  
exam preparation: 64 hrs.  
seminar paper preparation: 30 hrs.

**Course assessment**

The final number of assessed students: 84

A	B	C	D	E	FX(0)	FX(1)
17.86	30.95	36.9	11.9	0.0	0.0	2.38

**Instructor:** doc. PaedDr. Miroslav Nemeč, PhD., doc. PaedDr. Jiří Michal, PhD., Mgr. Andrea Izáková, PhD.

**Last changed:** 29.11.2021

**Approved by:** prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-PGS-401		<b>Course name:</b> Educational and school psychology				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26s / 13s						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 84						
A	B	C	D	E	FX(0)	FX(1)
9.52	19.05	20.24	14.29	29.76	2.38	4.76
<b>Instructor:</b> doc. PaedDr. Lada Kaliská, PhD.						
<b>Last changed:</b> 19.04.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-010		<b>Course name:</b> Fitness Programme Creation in Sports				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 2.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 13						
A	B	C	D	E	FX(0)	FX(1)
53.85	15.38	7.69	7.69	7.69	0.0	7.69
<b>Instructor:</b> PaedDr. Jaroslav Kompán, PhD., Mgr. David Brúnn, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-220		<b>Course name:</b> Fitness Workout 2				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b>						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Vladimír Franek, PhD., PaedDr. Jaroslav Kompán, PhD.						
<b>Last changed:</b> 09.02.2024						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-230		<b>Course name:</b> Hron River Rafting 2				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 2.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 22						
A	B	C	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> PaedDr. Jaroslav Kompán, PhD.						
<b>Last changed:</b> 17.02.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-237		<b>Course name:</b> Ice skating and ice hockey exercises				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b>						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> PaedDr. Mgr. Lukáš Opáth, PhD.						
<b>Last changed:</b> 06.02.2024						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-MRK-402		<b>Course name:</b> Mediation and resolution of interpersonal conflicts				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13s / 13s						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Zuzana Heinzová, PhD., doc. Mgr. Lenka Ďuricová, PhD.						
<b>Last changed:</b> 03.02.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-005		<b>Course name:</b> Methodology of Sports				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b> 1. ČILLÍK, I. 2004. Športová príprava v atletike. Banská Bystrica: FHV UMB, 2004. 128 s. 2. ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9 3. DOVALIL, J. a kol. 2009. Výkon a tréning ve sportu. Praha: Olympia. 336 s. ISBN 978-80-7376-130-1 4. KAMPMILLER, T a kol. 2012. Teória športu a didaktika športového tréningu. Bratislava: ICM Agency. 353 s. ISBN 978-80-89257-48-5 5. MARTENS, R. Úspěšný tréner. Praha : Grada. 2006. Recommended literature: domestic/ foreign books, journals, magazines, internet sources						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 27						
A	B	C	D	E	FX(0)	FX(1)
25.93	11.11	37.04	11.11	11.11	0.0	3.7
<b>Instructor:</b> prof. PaedDr. Martin Pupiš, PhD., prof. PaedDr. Ivan Čillík, CSc.						
<b>Last changed:</b> 05.09.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2e-ozvstv-001	<b>Course name:</b> Methodology of Sports 1 (Sports Games, Swimming)
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 52 <b>Method of study:</b> combined	
<b>Number of credits:</b> 4	
<b>Recommended semester/trimester:</b> 2.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> During the semester, the student undergoes verification of the level of didactic skills and methodological knowledge in conducting a lesson in sports, movement games and swimming. The prerequisite is the preparation for the lesson of sport and movement games and swimming according to the assigned topic. Successful completion of the examination in didactics and methodology of sport and movement games and swimming.	
<b>a) continuous assessment:</b> Verification of the level of didactic skills in conducting a lesson in sport and movement games: practical output of the student according to the assigned topic - 0-20 points (minimum 13 points). Verification of the level of didactic skills in conducting a lesson in swimming: practical output of the student according to the assigned topic - 0-20 points (minimum 13 points).	
<b>b) final assessment:</b> Written test on didactics and methodology of sport and movement games: 0-30 points (minimum 20 points). Written test on the didactics and methodology of swimming: 0-30 points (minimum 20 points). The course assessment corresponds to the A-FX grading scale: A (100 – 94%), B (93 – 87%), C (86 – 80%), D (79 – 73%), E (72 – 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.	
<b>Learning objectives:</b> The student acquires (in terms of knowledge): <ul style="list-style-type: none"> <li>- Ability to apply the acquired knowledge and skills from sports, movement games and swimming in other subjects (e.g., as part of a continuous practice)</li> <li>- The ability to use the correct terminology of individual sports, movement games and swimming when explaining the curriculum.</li> <li>- Able to teach the basic game activities (HČJ, HK and HS) in the sports games of football, volleyball, basketball, handball, and floorball correctly according to the knowledge of the content of the game.</li> <li>- Able to use adequate movement games from the point of view of the focus and structure of the lesson and to apply them methodically correctly in the classroom.</li> <li>- Able to teach the basic skills of swimming methodically correctly.</li> </ul>	

The student acquires the ability (in terms of understanding):

- Apply adequate procedures and appropriate didactic methods and forms of teaching (MOF) of sports games according to the level of the pupils.
- Identify and differentiate swimming skills according to the needs of the pupils.

The student will acquire the ability (in terms of application, evaluation, and creation):

- Name and describe the content of a game and practically in a game (match) demonstrate and apply the technique of basic game actions (HČJ, HK and HS) in individual sports games (football, volleyball, basketball, handball, and floorball).
- Select adequate movement games to develop movement skills and the acquisition of movement skills from the sports.
- Apply individual movement skills from sports, movement games and swimming to the development of their own teaching project for teaching in primary and secondary school.
- Evaluate his/her strengths and weaknesses in teaching sports, movement games and swimming, can use the principle of feedback, whether from the practitioner or the content of the teaching, can evaluate the level and quality of methodological outputs of classmates.
- Integrate the acquired knowledge and skills into different pedagogical situations.

#### **Brief outline of the course:**

- The importance and position of sports and physical games in a person's life (school and leisure)
- History of sports games and swimming
- The position of sports, movement games and swimming in the school education system (ISCED1-3)
- Basic terminology in sports, movement games and swimming
- Movement games in the preparatory part of the lesson
- Movement games in the main part of the lesson
- Didactic procedures for practicing and improving game activities (HČJ, HK and HS) in sports games - football, volleyball, basketball, handball, and floorball
- Didactics of swimming (objectives, content forms, means, methods and procedures)
- Organisational and methodological units of basic swimming
- Methodology of individual swimming methods, starts and turns
- Principles of fair-play, sports and movement games and their determinants for the health and healthy development of the individual - Game performance (IHV and HVD) in sports games and the basics of its diagnostics (motor tests, control exercises, etc.) in school physical and sports education.

#### **Recommended literature:**

- ARGAJ, G. - REHÁK, M. 2007. Teória a didaktika basketbalu II. Bratislava : UK, 2007. 137s. 2.
- NEMEC, M. a kol. 2013. Športové hry 1. časť. Banská Bystrica : UMB FHV - Belianum, 202 s. 2013
- NEMEC, M. - KOLLÁR, R. 2009 Teória a didaktika futbalu, Banská Bystrica : KollárRastislav, 2009. 200s.
- ONDRUŠ, D. 2010. Florbal, ako trénovať a hrať. Žilina : ŠK Juventa Žilina, 2010. 117s.
- PERÁČEK, P. a kol. 2004. Teória a didaktika športových hier 1. Bratislava : PEEM, 2004. 184s.
- PŘIDAL, V. - ZAPLETALOVÁ, L. 2003. Volejbal. Bratislava : PEEM, 2003. 180s.
- TÁBORSKÝ, F. 2004. Sportovní hry. Praha : Grada, 2004. 164s.
- TÁBORSKÝ, F. 2005. Sportovní hry II. Praha : Grada, 2005. 172s.
- ZAPLETALOVÁ, L. - PŘIDAL, V. 1996. Teória a didaktika volejbalu. Bratislava : UK, 1996. 108s.
- ZATKOVÁ, V. 1999. Teória a didaktika hádzanej. Bratislava : UK, 1999. 199s.

11. BENCE M., MERICA M., HLAVATÝ R. 2005. Plávanie. Banská Bystrica : Univerzita Mateja Bela, 2005. 198 s.
12. MACEJKOVÁ, Y. 2005. Didaktika plávania. Bratislava: ICM agency, 2005, 149 s.
13. MANDZÁK, P. a kol. 2011. Návnik plaveckých spôsobov v praxi. Banská Bystrica: KTVŠFHV UMB, 2011, 115 s.
14. RUŽBARSKÝ, P., MATÚŠ, I. 2017. Technická a kondičná príprava v plávaní. Prešov: FŠPU, 2017. 239 s.

**Language of instruction:**

slovak

**Notes: student time load:**

student time load: 120 hrs., of which:

combined study (l,s,c): 65 hrs.

written test preparation: 25 hrs.

didactic output assessment preparation: 30 hrs

**Course assessment**

The final number of assessed students: 0

A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0

**Instructor:** doc. PaedDr. Štefan Adamčák, PhD., doc. PaedDr. Miroslav Nemec, PhD., PaedDr. Martina Mandzáková, PhD.

**Last changed:** 08.09.2023

**Approved by:** prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2e-ozvstv-002	<b>Course name:</b> Methodology of Sports 2 (Athletics, Gymnastics, Forms of Combat, Skiing, Snowboarding)
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 / 104 <b>Method of study:</b> combined	
<b>Number of credits:</b> 5	
<b>Recommended semester/trimester:</b> 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> During the semester, the student will complete the verification of the level of didactic skills in didactics of athletics, didactics of gymnastics and didactics of combats in the conduct of the classroom lesson and verification of the level of practical skills in downhill and cross-country skiing and snowboarding. <b>a) continuous assessment:</b> Practical presentation of the lesson: athletics - 10 points (min.6,5 points), gymnastics - 10 points (min.6,5 points), combats - 10 points (min.6,5 points), Verification of the level of practical skills (downhill skiing, cross-country skiing, snowboarding) in conducting lessons in the ski education and training course 30b (min. 19.5 points), Written test: Athletics - 10b (min. 6,5b), Gymnastics - 10b (min. 6,5b), Combats - 10b (min. 6,5b), Downhill and cross-country skiing and snowboarding - 10b (min. 6,5b). <b>b) final assessment:</b> On the basis of a continuous assessment. The course assessment corresponds to the A-FX grading scale: A (100 – 94%), B (93 – 87%), C (86 – 80%), D (79 – 73%), E (72 – 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.	
<b>Learning objectives:</b> Learning objectives: The student acquires (in terms of knowledge): <ul style="list-style-type: none"> <li>• Ability to apply the acquired knowledge and skills from athletics, gymnastics, combats, downhill and cross-country skiing and snowboarding in other subjects (e.g., as part of a continuous practice)</li> <li>• The student is able to methodically teach the basic skills of athletics, gymnastics, combats and self-defence, downhill and cross-country skiing and snowboarding.</li> </ul> The student acquires the ability (in terms of understanding):	

- Identify and differentiate athletic, gymnastic, and combat exercises.
  - Work with the content of downhill and cross-country skiing and snowboarding instruction in the basic means of developing motor skills and acquiring motor skills from these sports.
- The student will acquire the ability (in terms of application, evaluation, and creation):
- Apply individual movement skills from athletics, gymnastics, combats, downhill and cross-country skiing, and snowboarding to the development of a custom teaching project for elementary and middle school instruction.
  - Evaluate the level and quality of the methodological outputs of classmates in athletics, gymnastics, combats and downhill and cross-country skiing and snowboarding.
  - Integrate acquired knowledge and skills into a variety of teaching situations.

**Brief outline of the course:**

Didactics of athletics:

- Methodological outputs of students focused on the training of individual athletic disciplines and preparatory athletic exercises.
- Theoretical knowledge of the history, systematics, types, and significance of athletics.
- General fundamentals of the technique and didactics of athletic disciplines.
- Technique, methodology of individual athletic disciplines.
- Short distance running, middle and long distance running, athletic walking, hurdles, relay races; jumping, and throwing. Organization, refereeing of athletics competitions.
- Fundamentals of sports training in athletics and development of movement skills and athletics.

Didactics of gymnastics:

- History of gymnastics, gymnastics in Slovakia.
- Didactics of general gymnastics (basic, fitness, rhythmic and health).
- Gymnastic sports - characteristics.
- Movement means of gymnastics.
- Construction of gymnastic units with different content.
- Nomenclature of physical exercises.

Didactics of the combats:

- The didactics of combat sports. Didactics of the combat sport and self-defense.
- Didactic use of preparatory combats (combat lifts, resistances, and combat games) in the classroom.
- Didactics of practicing and improving the falling technique (falling backwards, falling sideways, falling forwards) -methodological outputs.
- Didactics of practicing and improving basic technical activities of combat sports (karate, wrestling, judo)- methodological outputs.
- Didactics of training and improvement of basic techniques of self-defense - methodological outputs.

Didactics of downhill and cross-country skiing and snowboarding:

- The importance and position of downhill and cross-country skiing, snowboarding and sports games in human life (school and leisure).
- Organization of skiing and snowboarding education and training course.
- Preparatory exercises and movement games for cross-country skiing - practical outcomes.
- Preparatory exercises and movement games for downhill skiing - practical outcomes.
- Preparatory exercises and movement games for snowboarding - practical outcomes.
- Methodical series of basic cross-country training - practical outputs.
- Methodological series of basic downhill training - practical outputs.
- Methodological series of basic snowboard training - practical outputs.

**Recommended literature:**

1. BARTÍK, P. et al. 2010. Teória a didaktika úpolov pre základné a stredné školy. BanskáBystrica: FHV UMB, 2010. 241 s. ISBN 978-80-557-0004-5.
2. ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica : Slovenský atletický zväz., 2020. 245 s.
3. Kolektív autorov. 2014. Telesná a športová výchova – kolektívne športové činnosti, gymnastické a tanečné pohybové činnosti. Bratislava: NŠC a FTVŠ UK Bratislava, 246s. ISBN: 978-80-971466-3-4 [cit. 2021-09-08]. Dostupné na internete: [http://www.telesnavychova.sk/userfiles/file/kolektivne\\_sportove\\_cinnosti\\_m.pdf](http://www.telesnavychova.sk/userfiles/file/kolektivne_sportove_cinnosti_m.pdf)
4. MICHAL, J. 2010. Snowboarding 1.časť. Študijný materiál pre učiteľov I. kvalifikačného stupňa. Banská Bystrica : SAS, 2010. 56s.
5. MICHAL, J. 2001. Teória a didaktika lyžovania. Banská Bystrica : UMB PF, 2001. 94s.
6. PAUGSCHOVÁ, B. a kol. 2005. Lyžovanie. Banská Bystrica : FHV UMB, 2005. 237s.
7. Najnovšia odborná literatúra v časopisoch, zborníkoch a periodikách, metodické materiály, internetové zdroje.

**Language of instruction:**

slovak

**Notes: student time load:**

student time load: 150 hrs., of which:  
 combined study (l,s,c): 130 hrs.  
 written test preparation: 20 hrs.

**Course assessment**

The final number of assessed students: 27

A	B	C	D	E	FX(0)	FX(1)
0.0	14.81	40.74	22.22	11.11	0.0	11.11

**Instructor:** prof. PaedDr. Pavol Bartík, PhD., prof. PaedDr. Ivan Čillík, CSc., Mgr. Miroslava Rošková, PhD., Mgr. Juraj Kremnický, PhD., Mgr. Michaela Slováková, PhD., doc. Mgr. PhD. Miroslav Sližik, PhD., doc. PaedDr. Štefan Adamčák, PhD., PaedDr. Rastislav Kollár, PhD., doc. PaedDr. Jiří Michal, PhD., doc. PaedDr. Miroslav Nemeč, PhD.

**Last changed:** 08.09.2023

**Approved by:** prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2e-mr-54	<b>Course name:</b> Modern Rhetoric
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture <b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26s <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 2.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> <b>a) continuous assessment:</b> discussible approaches to the introduced case studies (0 – 20 points), suggestions for the synchronization of the parts in the rhetoric speech (0 – 20 points) <b>b) final assessment:</b> presentation of the chosen motif in the public performance with the speech analysis (0 – 60 points) Maximum number of points obtained is 100. Credits are assigned to the student who acquires minimum 65 points for fulfilling certain conditions.	
<b>Learning objectives:</b> The student will be able: <ol style="list-style-type: none"> <li>1. To know the purpose and be aware of the meaning of the public communication,</li> <li>2. To understand the interdisciplinary definition, relations and connections in the speech communication,</li> <li>3. To identify the conceptual-compositional essence of the speech text,</li> <li>4. To master the content-motivic peculiarities and expressional possibilities of the rhetoric communicate,</li> <li>5. To respect the principles of preparation and rules of successful rhetoric,</li> <li>6. To purposefully apply the acquired knowledge in a way to make the speech interesting, impressive, argumentative persuasive, understandable and cultivated.</li> </ol>	
<b>Brief outline of the course:</b> Profile and purpose of the subject, literature and sources. (Self)image, stage fright. Communication means of the speaker - verbal and nonverbal part. Verbal part of the rhetoric communication - selective excurses. Accuracy and comprehensibility: the topic and its structure. Genres of speech. Nonverbal components of rhetoric communication - essence and meaning. Arguing, wrong arguments and communication risks. Detailed preparation of public speaking.	
<b>Recommended literature:</b> a) basic <ol style="list-style-type: none"> <li>1. ARISTOTELES: Rétorika. Martin : Thetis, 2009.</li> <li>2. BECK/ová, G.: Zakázaná rétorika. 30 manipulativních technik. Praha : Grada, 2007.</li> <li>3. BRAUN, R.: Umění rétoriky. Lépe mluvit – více dokázat. Praha : Grada, 2009.</li> <li>4. DAŇKOVÁ, M.: Prokoukněte komunikační styly druhých. Praha : Grada Publishing, 2018.</li> </ol>	

5. FEJES, H.: Nejlepší přesvědčovací techniky. Praha : Grada Publishing, 2017.
6. FINDRA, J.: Stavba a přednes řečnického projevu. Martin : Osveta, 1989.
7. HIERHOLD, E.: Rétorika a prezentace. Praha : Grada, 2005.
8. JELÍNEK, M. – ŠVANDOVÁ, B.: Argumentace a umění komunikovat. Brno : MU, 1999.
9. KRÁL, Ā.: Pravidlá slovenskej výslovnosti. Martin : Matica slovenská, 2005.
10. KRAUS, J. a kol.: Člověk mluvící. Voznice : Leda, 2011.
11. MISTRÍK, J.: Rétorika. 3. vyd. Bratislava : SPN, 1987.
12. MIKULÁŠTÍK, M.: Komunikační dovednosti v praxi. Praha : Grada, 2003.
13. PATRÁŠ, V.: Pohotovité čítanie a myšlienkové spracovanie textu. Banská Bystrica : UMB, 2011.
14. QUINTILIANUS, M. F.: Základy rétoriky. Praha : Odeon, 1985.
15. SLANČOVÁ, D.: Základy praktickej rétoriky. Prešov : Náuka, 2001.
16. ŠKVARENINOVÁ, O.: Rečová komunikácia. 3., rozšír. vyd. Trnava : UCM, 2014.
17. ŠPAČKOVÁ, A.: Moderní rétorika na univerzitě. Praha : UK, 2017.
18. ŠTĚPANÍK, J.: Umění jednat s lidmi 2. Komunikace. Praha : Grada, 2005.
19. URBANOVÁ, M. a kol.: Rétorika pro právníky. Plzeň : Aleš Čeněk, 2009.
20. VYBÍRAL, Z.: Psychologie komunikace. Praha : Portál, 2005.

b) recommended

1. ALLHOFF, D.-W. – ALLHOFF/ová, W.: Rhetorik & Kommunikation. München : Reinhardt, 2006.
2. BRUNO/vá, T. – ADAMCZYK, G.: Řeč těla. Praha : Grada, 2005.
3. BUČEK, J.: Rola moderátora v masmediálním dialógu. Zlín : VeRBuM, 2012.
4. CARMINE, G.: Hovor ako TED. 9 tajomstiev verejnej prezentácie od najlepších rečníkov z TEDx konferencií. Bratislava : BizBooks, 2016.
5. CARNEGIE, D.: Prejavy na verejnosti – cesta k úspechu. Bratislava : Príroda, 2011.
6. EKMAN, P. – FRIESEN, W.: Emoce pod maskou. Praha : Biz Books, 2015.
7. FLUME, P.: Rétorika v praxi. Praha : Grada, 2008.
8. HERTZER/ová, K.: Rétorika v zaměstnání. Praha : Grada, 2005.
9. KLINCKOVÁ, J.: Verbálna komunikácia z pohľadu lingvist(i)ky. Banská Bystrica : Univerzita Mateja Bela – Fakulta humanitných vied, 2008.
10. KOHOUT, J.: Rétorika. Umění mluvit a jednat s lidmi. Praha : Management Press, 1995.
11. KŘIVOHLAVÝ, J.: Jak si navzájem lépe porozumíme. Praha : Svoboda, 1988.
12. LESŇÁK, R.: Umenie živého slova. Bratislava : Veda, 1980.
13. MARKOŠ, J.: Sila rozumu v bláznivej dobe. Bratislava : NPress, 2019.
14. PATRÁŠ, V.: Sociolingvistické aspekty elektronickej podmienenej komunikácie. Karviná : Obchodně podnikatelská fakulta SU, 2009.
15. SLEZÁK, M.: Achillova pata a jiné patálie: dobrodružný výklad živých slov, rčení, úsloví a často používaných frází od A do Ž. Praha : Euromedia Group, 2019.
16. STEHLÍKOVÁ, M.: Tajomstvo reči tela. Bratislava : BodyTalks, 2018.
17. STANČEK, L. – ŠURÁB, M.: Rétorika dnes. Ružomberok : Rektorát KU, 2006.
18. STOCKS, Ch.: Syndrom vyhoření a jak jej zvládnout. Praha : Grada, 2010.
19. TERMANN, S.: Umění přesvědčit a vyjednat. Praha : Grada, 2009.
20. TOMAN, J.: Ako správne hovoriť. Bratislava : Smena, 1981.
21. WEBSTER, R.: Čítanie z tváre. Rýchlo a ľahko. Bratislava : Ikar, 2013.

**Language of instruction:**

**Notes:student time load:**

90 hrs.

Sit-in-class study (L,S,C): 26 hrs.

Work with the technical literature and sources: 20 hrs. E-learning, case studies: 10 hrs. Preparation for the final assessment: 24 hrs. Preparation for the public performance in front of the audience: 10 hrs.						
<b>Course assessment</b> The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Vladimír Patráš, CSc.						
<b>Last changed:</b> 01.12.2021						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-POZ-402		<b>Course name:</b> Positive psychology				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture <b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26s <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 2.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 27						
A	B	C	D	E	FX(0)	FX(1)
11.11	14.81	22.22	18.52	11.11	3.7	18.52
<b>Instructor:</b> Mgr. Zuzana Heinzová, PhD.						
<b>Last changed:</b> 19.04.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-002		<b>Course name:</b> Regeneration and Massage				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 88						
A	B	C	D	E	FX(0)	FX(1)
27.27	22.73	25.0	5.68	7.95	5.68	5.68
<b>Instructor:</b> PaedDr. Zuzana Pupišová, PhD., Mgr. Bc. Jana Daubnerová, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-MVE-221		<b>Course name:</b> Research methodology in education				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26s						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 2.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 56						
A	B	C	D	E	FX(0)	FX(1)
0.0	12.5	33.93	23.21	26.79	1.79	1.79
<b>Instructor:</b> prof. PhDr. Miriam Niklová, PhD., prof. PhDr. Bronislava Kasáčová, CSc.						
<b>Last changed:</b> 02.12.2021						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Arts			
<b>Code:</b> 2e-SPM-101		<b>Course name:</b> School pedagogy and school management	
<b>Type, extent and method of instruction:</b>			
<b>Form of instruction:</b> Lecture / Practical			
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)			
<b>Recommended number of periods:</b> 26s / 26s			
<b>Method of study:</b> combined			
<b>Number of credits:</b> 4			
<b>Recommended semester/trimester:</b> 2.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b>			
The final number of assessed students: 27			
abs	n	p	v
96.3	3.7	0.0	0.0
<b>Instructor:</b> Mgr. Petra Fridrichová, PhD., doc. PaedDr. Lenka Rovňanová, PhD., Mgr. Karina Zošáková, PhD., prof. PaedDr. Dana Hanesová, PhD.			
<b>Last changed:</b> 08.02.2022			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-233		<b>Course name:</b> Snowboarding Exercises 2				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 28						
A	B	C	D	E	FX(0)	FX(1)
10.71	14.29	21.43	28.57	21.43	3.57	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD.						
<b>Last changed:</b> 18.10.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-SPP-102		<b>Course name:</b> Social pathology and prevention				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26s / 13s						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 83						
A	B	C	D	E	FX(0)	FX(1)
6.02	22.89	20.48	24.1	24.1	2.41	0.0
<b>Instructor:</b> doc. PhDr. Mário Dulovics, PhD., prof. PhDr. Miriam Niklová, PhD.						
<b>Last changed:</b> 06.12.2021						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-003		<b>Course name:</b> Sport Medicine				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 88						
A	B	C	D	E	FX(0)	FX(1)
65.91	7.95	6.82	11.36	6.82	1.14	0.0
<b>Instructor:</b> prof. PaedDr. Ľudmila Jančoková, CSc., MUDr. Lucia Zacharová, prof. PaedDr. Martin Pupiš, PhD., Mgr. Vladimír Franek, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-351		<b>Course name:</b> Sport Specialization 1 – Alpine Skiing				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-201		<b>Course name:</b> Sport Specialization 1 – Athletics				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 1						
A	B	C	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Ivan Čillík, CSc.						
<b>Last changed:</b> 05.09.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-211		<b>Course name:</b> Sport Specialization 1 – Basketball				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 4						
A	B	C	D	E	FX(0)	FX(1)
75.0	25.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Andrea Izáková, PhD.						
<b>Last changed:</b> 14.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-221		<b>Course name:</b> Sport Specialization 1 – Biathlon				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 1						
A	B	C	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Bc. Jana Daubnerová, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-261		<b>Course name:</b> Sport Specialization 1 – Conditioning Coach				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 21						
A	B	C	D	E	FX(0)	FX(1)
52.38	14.29	19.05	9.52	4.76	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Martin Pupiš, PhD., Mgr. David Brúnn, PhD., Mgr. Jozef Sýkora, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-271		<b>Course name:</b> Sport Specialization 1 – Ice Hockey				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 5						
A	B	C	D	E	FX(0)	FX(1)
0.0	40.0	40.0	20.0	0.0	0.0	0.0
<b>Instructor:</b> PaedDr. Mgr. Lukáš Opáth, PhD., doc. PhDr. Peter Šťastný, Ph.D.						
<b>Last changed:</b> 14.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-231		<b>Course name:</b> Sport Specialization 1 – Judo				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 3						
A	B	C	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-241		<b>Course name:</b> Sport Specialization 1 – Karate				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-251		<b>Course name:</b> Sport Specialization 1 – Kickbox				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-291		<b>Course name:</b> Sport Specialization 1 – Snowboarding				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-301		<b>Course name:</b> Sport Specialization 1 – Sports Gymnastics				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Juraj Kremnický, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-281		<b>Course name:</b> Sport Specialization 1 – Swimming				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 7						
A	B	C	D	E	FX(0)	FX(1)
0.0	71.43	14.29	0.0	14.29	0.0	0.0
<b>Instructor:</b> PaedDr. Zuzana Pupišová, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-311		<b>Course name:</b> Sport Specialization 1 – Taekwondo				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-321		<b>Course name:</b> Sport Specialization 1 – Volleyball				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Jaroslav Popelka, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-331		<b>Course name:</b> Sport Specialization 1 – Weightlifting				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 4						
A	B	C	D	E	FX(0)	FX(1)
25.0	75.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-341		<b>Course name:</b> Sport Specialization 1 – Wrestling				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 1.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-352		<b>Course name:</b> Sport Specialization 2 – Alpine Skiing				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-202		<b>Course name:</b> Sport Specialization 2 – Athletics				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 1						
A	B	C	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Ivan Čillík, CSc.						
<b>Last changed:</b> 05.09.2023						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-212		<b>Course name:</b> Sport Specialization 2 – Basketball				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 4						
A	B	C	D	E	FX(0)	FX(1)
0.0	75.0	25.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Andrea Izáková, PhD.						
<b>Last changed:</b> 14.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-222		<b>Course name:</b> Sport Specialization 2 – Biathlon				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 1						
A	B	C	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Bc. Jana Daubnerová, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-262		<b>Course name:</b> Sport Specialization 2 – Conditioning Coach				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 14						
A	B	C	D	E	FX(0)	FX(1)
21.43	21.43	28.57	0.0	28.57	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Martin Pupiš, PhD., Mgr. Jozef Sýkora, PhD., Mgr. David Brúnn, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-272		<b>Course name:</b> Sport Specialization 2 – Ice Hockey				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 3						
A	B	C	D	E	FX(0)	FX(1)
33.33	33.33	33.33	0.0	0.0	0.0	0.0
<b>Instructor:</b> PaedDr. Mgr. Lukáš Opáth, PhD., doc. PhDr. Peter Šťastný, Ph.D.						
<b>Last changed:</b> 14.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-232		<b>Course name:</b> Sport Specialization 2 – Judo				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-242		<b>Course name:</b> Sport Specialization 2 – Karate				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-252		<b>Course name:</b> Sport Specialization 2 – Kickbox				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-292		<b>Course name:</b> Sport Specialization 2 – Snowboarding				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-302		<b>Course name:</b> Sport Specialization 2 – Sports Gymnastics				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Juraj Kremnický, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-282		<b>Course name:</b> Sport Specialization 2 – Swimming				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 2						
A	B	C	D	E	FX(0)	FX(1)
0.0	50.0	0.0	0.0	0.0	0.0	50.0
<b>Instructor:</b> PaedDr. Zuzana Pupišová, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-312		<b>Course name:</b> Sport Specialization 2 – Taekwondo				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-322		<b>Course name:</b> Sport Specialization 2 – Volleyball				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Jaroslav Popelka, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-332		<b>Course name:</b> Sport Specialization 2 – Weightlifting				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 4						
A	B	C	D	E	FX(0)	FX(1)
75.0	0.0	25.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-342		<b>Course name:</b> Sport Specialization 2 – Wrestling				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 13						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD.						
<b>Last changed:</b> 13.01.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-tre-004		<b>Course name:</b> Sports Research				
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 26 <b>Method of study:</b> combined						
<b>Number of credits:</b> 3						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b> The final number of assessed students: 28						
A	B	C	D	E	FX(0)	FX(1)
3.57	32.14	32.14	14.29	7.14	7.14	3.57
<b>Instructor:</b> doc. PaedDr. Pavol Pivovarniček, PhD., prof. PaedDr. Martin Pupiš, PhD., Mgr. David Brúnn, PhD., doc. PaedDr. Štefan Adamčák, PhD., prof. PaedDr. Pavol Bartík, PhD., PaedDr. Boris Beňák, PhD., prof. PaedDr. Ivan Čillík, CSc., Mgr. Andrea Izáková, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Juraj Kremnický, PhD., MUDr. Mgr. Peter Kysel', PhD., PaedDr. Martina Mandzáková, PhD., doc. PaedDr. Jiří Michal, PhD., doc. PaedDr. Miroslav Nemeč, PhD., Mgr. Jaroslav Popelka, PhD., PaedDr. Zuzana Pupišová, PhD., Mgr. Miroslava Rošková, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD., Mgr. Michaela Slováková, PhD., PaedDr. Stanislava Straňavská, PhD., Mgr. Jozef Sýkora, PhD.						
<b>Last changed:</b> 29.11.2021						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-008		<b>Course name:</b> Sports terminology for advanced in English				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 2.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 26						
A	B	C	D	E	FX(0)	FX(1)
11.54	19.23	23.08	15.38	26.92	3.85	0.0
<b>Instructor:</b> Mgr. Bc. Jana Daubnerová, PhD.						
<b>Last changed:</b> 15.02.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Arts	
<b>Code:</b> 2e-tre-007	<b>Course name:</b> State Exam Master Thesis with Defence
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> <b>Method of study:</b> combined	
<b>Number of credits:</b> 20	
<b>Recommended semester/trimester:</b> 5., 6..	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The state examination consists of two parts: 1. Defence of the master's thesis. The master's thesis supervisor and opponent will write an assessment of the thesis and propose an evaluation. The state examination committee comprehensively evaluates the quality of the master's thesis based on the assessments and student's defence of the thesis. 2. The independent part of the state examination from the Theory and Didactics of Physical Education. (The course has a separate information list with specified requirements for the state examination.) The exam is based on an oral discussion, questions formulated to encompass a more broadly conceived problem related to the master's thesis. The solution to this problem requires that the student have the necessary knowledge listed in the theses for the state examination. These are based on the socio-scientific, psychological-pedagogical and subject-didactic context of the physical education pedagogy field. The conditions for receiving the A to E, or FX assessment from the committee, after taking the content of the state examination into account, are specified in the theses for the state examination.	
<b>a) continuous assessment:</b> None	
<b>b) final assessment:</b> The state examination consists of two parts: 1. Defence of the master's thesis. The master's thesis supervisor and opponent will write an assessment of the thesis and propose an evaluation. The state examination committee comprehensively evaluates the quality of the master's thesis based on the assessments and student's defence of the thesis. 2. The independent part of the state examination from the Theory and Didactics of Physical Education. (The course has a separate information list with specified requirements for the state examination.) The exam is based on an oral discussion, questions formulated to encompass a more broadly conceived problem related to the master's thesis. The solution to this problem requires that the student have the necessary knowledge listed in the theses for the state examination. These are based on the socio-scientific, psychological-pedagogical and subject-didactic context of the physical education pedagogy field. The conditions for receiving the A to E, or FX assessment from the committee, after taking the content of the state examination into account, are specified in the theses for the state examination.	

**Learning objectives:**

y passing the state examination and defending the master's thesis students will be able:

- To gain bearings in knowledge related to the problem addressed in the master's thesis and broader relations of the given subject matter.
- To understand the contexts of the problem at hand, formulate preliminary conclusions from the master's thesis and clear recommendations for practice.
- To understand the mutual relations between various knowledge from individual disciplines of university studies.
- To utilise relevant specialized sources and from these identify important notions for the context of the thesis.
- To utilise theoretical knowledge of the subject matter in practical diagnostic and didactic applications.
- To utilise basic pedagogical, psychological and social relations to explain the problem at hand.
- To apply principles of bibliographic and citation standards.
- To analyse the problem at hand in the logical, systematically selected and mutually interconnected structural parts of the thesis
- To design and verify teaching methods and education programs to solve the problem addressed in the master's thesis, or design and carry out research and interpret the results.
- To critically work with the theoretical background of the problem at hand, synthesise it in the given context and use it in specialised communication while reasoning and defending their own views on the problem at hand.
- To create a consistent specialised, theoretical-didactic or theoretical-experimental text containing the creative utilisation of relevant specialised sources, their own unique thoughts and possible solutions to the problem at hand from the field of physical and sports education didactics in schools.

**Brief outline of the course:**

Specialised knowledge of the problem addressed in the master's thesis, of its international, social, broader psychological-pedagogical context. Didactic transformation of chosen theoretical knowledge in the given specialisation. Research methodology of the problem at hand. Integration of knowledge from the individual disciplines of university studies and the broader relations of the qualification course's theoretical background, according to the theses for the state examination. Integration of education and practical theory on the example of the issue addressed in the master's thesis. Specialized communication and reasoning. Work with literature, bibliographic and citation standards.

**Recommended literature:**

Literatúra k problematike diplomovej práce podľa odporúčania vedúceho diplomovej práce.

KIMLIČKA, Š. 2002. Ako citovať a vytvárať zoznamy bibliografických odkazov podľa noriem ISO 690 pre „klasické“ a elektronické zdroje. Bratislava : STIMUL, 2002.

MEŠKO, D. – KATUŠČÁK, D. 2005. Akademická príručka. 2. dopl. vydanie. Martin : Osveta, 2005.

Smernica č.12/2011 o záverečných, rigorózných a habilitačných prácach na UMB v Banskej Bystrici.

ŠVAŘÍČEK, R. – ŠEĐOVÁ, K. 2007. Kvalitativní výskum v pedagogických vědách. Praha: Portál, 2007.

ŠVEC, Š. a kol. 1998. Metodológia vied o výchove. Bratislava : IRIS 1998.

ADAMČÁK, Š. – NEMEC, M. 2010. Pohybové hry a školská telesná a športová výchova.

Banská Bystrica: Univerzita Mateja Bela, Fakulta humanitných vied, Bratia Sabovci s.r.o., 2010, 241 s.

- ADAMČÁK, Š. – NOVOTNÁ, N. 2009. Hry v telocvični a základná gymnastika. Žilina: EDIS Žilina, 2009, 204 s.
- ANTALA a kol. 2001. Didaktika školskej telesnej výchovy. Bratislava: FTVŠ UK, 2001.
- BARTÍK, P. – SLIŽIK, M. – ADAMČÁK, Š. et.al 2010. Teória a didaktika úpolov pre základné a stredné školy. Banská Bystrica: FHV UMB, 2010, 241s.
- BARTÍK, P. – SLIŽIK, M. – REGULI, Z. 2007. Teória a didaktika úpolov a bojových umení. Banská Bystrica : PF UMB, 2007, 279s.
- BARTÍK, P. 2005. Zdravotná telesná výchova I. Banská Bystrica: PF UMB, 2005, 124 s.
- BENCE, M. a kol. 2005. Plávanie. Banská Bystrica : FHV UMB, 2005, 197 s.
- ČILLÍK, I. a kol. 2009. Atletika. Banská Bystrica: FHV UMB, 2009, 200 s.
- GREXA, J. et.al. 2006. Olympijská výchova. Bratislava, SOV, 2006, 86 s.
- GURSKÝ, T. 2005. Psychológia športu. Bratislava : SZTK, 2005.
- HRČKA, J.:2005. Edukológia športu pre všetkých. In.: Základy športovej edukológie. Bratislava: 2005.
- KAČÁNI, L. 2005. Teória a prax hernej prípravy. Bratislava : Šport, 2005. 228 s.
- KOMPÁN, J. - PAUGSCHOVÁ, B. - VALENČÁKOVÁ, V. 2010. Vedy o športe. Banská Bystrica : FHV UMB, 2010. 162s.
- MAČURA, P a kol. 1994. Teória a didaktika basketbalu. Bratislava : FTVŠ UK, 1994
- MERICA, M. 2007. Plávanie. Trnava : MTF STU, 2007, 137 s.
- MICHAL, J. 2001. Teória a didaktika lyžovania. Banská Bystrica : UMB PF, 2001. 94s.
- MICHAL, J. 2010. Snowboarding. Študijný materiál pre učiteľov I. kvalifikačného stupňa. Banská Bystrica: SAS, 2010. 56 s.
- NEMEC, M. et. al. 2008. Tréner futbalu – učebné texty pre trénerov EURO B licencie. Banská Bystrica: KŠC, SsFZ TMK vo vydavateľstve PARTNER, 2008. 199 s.
- NEMEC, M.- KOLLÁR, R. Teória a didaktika futbalu. Banská Bystrica: Rastislav Kollár, 2009. 200s.
- NOVOTNÁ, B. – KRŠKA, P. 2011. Gymnastika. Ružomberok: KU, PF, 2011, 115 s.
- PAUGSCOVÁ, B. a kol. 2005. Lyžovanie. Banská Bystrica: FHV UMB, 2005.
- PERÁČEK, P. a kol. 2004. Teória a didaktika športových hier. Bratislava : FTVŠ UK, 2004. 187s.
- PEREČINSKÁ,K. - ANTOŠOVSKÁ, M. 2000.Všeobecná gymnastika. Prešov: FHPV PU, 2000. 105 s.
- PŘIDAL, V. - ZAPLETALOVÁ, L. 2003. Volejbal. Bratislava : PEEM, 2003. 180 s.
- SLEPIČKA, P. – HOŠEK, V. – HÁTLOVÁ, B. 2006. Psychologie sportu. Praha: Karolinum, 2006. ISBN 80-246 1290-9
- STARŠÍ, J. - GORNER, K. 1995. Vedeckovýskumná činnosť v telesnej výchove a športe. Banská Bystrica : FHV UMB, 1995.84s.
- ŠIMONEK, J. 2005. Didaktika telesnej výchovy. Nitra: PF UKF, 2005. 112 s.
- ŠVEC, Š. 1998. Metodológia vied o výchove. Bratislava : 1998, 303 s. Univerzita Komenského, 2000. ISBN 80 – 88901 – 37 -5, str. 36 – 55.
- ZAPLETALOVÁ, L. a kol. 2007. Volejbal. Bratislava : FTVŠ UK, 2007.158 s.
- ZAŤKOVÁ, V. - HIANIK,J. 2006. Hádzaná. Bratislava : FTVŠ UK, 2006.

**Language of instruction:**

**Notes:student time load:**

Student workload: 600 hrs., consisting of:

Consultations: 20 hrs.

Independent study: 250 hrs.

Processing research and writing the master's thesis: 290 hrs.

Preparation for the state examination: 40 hrs.					
<b>Course assessment</b>					
The final number of assessed students: 9					
A	B	C	D	E	FX(1)
44.44	22.22	22.22	0.0	11.11	0.0
<b>Instructor:</b>					
<b>Last changed:</b> 21.02.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-009		<b>Course name:</b> Team Building in PE and Sports				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Seminar						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 2.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 17						
A	B	C	D	E	FX(0)	FX(1)
88.24	0.0	0.0	0.0	0.0	11.76	0.0
<b>Instructor:</b> doc. Mgr. PhDr. Miroslav Sližik, PhD., Mgr. Miroslava Rošková, PhD., PaedDr. Jaroslav Kompán, PhD.						
<b>Last changed:</b> 15.02.2022						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica						
<b>Faculty:</b> Faculty of Arts						
<b>Code:</b> 2e-utr-004		<b>Course name:</b> Theory and Didactics of Recreational Sports				
<b>Type, extent and method of instruction:</b>						
<b>Form of instruction:</b> Lecture / Seminar						
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)						
<b>Recommended number of periods:</b> 13 / 26						
<b>Method of study:</b> combined						
<b>Number of credits:</b> 4						
<b>Recommended semester/trimester:</b> 3.						
<b>Level:</b> II.						
<b>Prerequisites:</b>						
<b>Course completion conditions:</b>						
<b>Learning objectives:</b>						
<b>Brief outline of the course:</b>						
<b>Recommended literature:</b>						
<b>Language of instruction:</b>						
<b>Notes:student time load:</b>						
<b>Course assessment</b>						
The final number of assessed students: 46						
A	B	C	D	E	FX(0)	FX(1)
21.74	34.78	32.61	8.7	0.0	2.17	0.0
<b>Instructor:</b> PaedDr. Stanislava Straňavská, PhD., doc. PaedDr. Jiří Michal, PhD.						
<b>Last changed:</b> 02.11.2021						
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD.						