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## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-utr-333		<b>Course name:</b> Aerobic			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Seminar					
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 26					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 4					
<b>Recommended semester/trimester:</b> 3.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 3					
A	B	C	D	E	FX
33.33	33.33	33.33	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Michaela Slováková, PhD.					
<b>Last changed:</b> 19.11.2021					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Sports, Science and Health			
<b>Code:</b> D_2_APB_cupv		<b>Course name:</b> Akadémia podnikania BASIC	
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined			
<b>Number of credits:</b> 4			
<b>Recommended semester/trimester:</b> 1., 3.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b> The final number of assessed students: 7			
abs	n	p	v
100.0	0.0	0.0	0.0
<b>Instructor:</b> Ing. Lenka Theodoulides, PhD., MBA			
<b>Last changed:</b> 27.02.2025			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Sports, Science and Health			
<b>Code:</b> D_2_APE_cupv		<b>Course name:</b> Akadémia podnikania EXPERT	
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined			
<b>Number of credits:</b> 4			
<b>Recommended semester/trimester:</b> 2., 4.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b> The final number of assessed students: 0			
abs	n	p	v
0.0	0.0	0.0	0.0
<b>Instructor:</b> Ing. Lenka Theodoulides, PhD., MBA			
<b>Last changed:</b> 15.07.2024			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-utr-005		<b>Course name:</b> Alternative and Unconventional Sports Games			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Seminar					
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 26					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 4					
<b>Recommended semester/trimester:</b> 2.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 165					
A	B	C	D	E	FX
53.33	33.33	10.91	2.42	0.0	0.0
<b>Instructor:</b> doc. PaedDr. Štefan Adamčák, PhD., doc. PaedDr. Miroslav Nemeč, PhD.					
<b>Last changed:</b> 07.02.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-103		<b>Course name:</b> Antidoping and Nutrition			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Lecture / Seminar					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 13 / 26					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 4					
<b>Recommended semester/trimester:</b> 2.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 7					
A	B	C	D	E	FX
0.0	85.71	14.29	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Martin Pupiš, PhD., Mgr. Jozef Sýkora, PhD.					
<b>Last changed:</b> 10.09.2021					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Sports, Science and Health	
<b>Code:</b> 2d-utr-224	<b>Course name:</b> Beach Volleyball Exercises 2
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 2.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The student will actively participate in the practical teaching of beach volleyball during the classes, which are normally held after the teaching part of the semester in May or June. The student is evaluated on the basis of testing basic beach volleyball game skills and performance in the game. The maximum number of points obtained for the interim and final evaluation is 100%. Corresponds to the rating scale (A: 100-94 points, B: 93-87 points, C: 86-80 points, D: 79-73 points, E: 72-65 points, F: 64 and less points). Credits will be awarded to a student who obtained at least 65% of all points from the subject for fulfilling the specified conditions. <b>a) continuous assessment:</b> Testing basic game skills: 0–40 p. (min. 26 p.). Individual player performance: 0–40 p. (min. 39 p.). <b>b) final assessment:</b> Based on the continuous assessment	
<b>Learning objectives:</b> The student <ol style="list-style-type: none"> <li>1. knows and uses correct terminology</li> <li>2. can name and describe the game and demonstrate the basic game action techniques (individual, combinations, system)</li> <li>3. knows players' roles (defence/offence) and game rules on the level allowing them to judge a beach volleyball match</li> <li>4. can self-evaluate own player performance as well as team performance</li> <li>5. understands the importance of this game for the physical development and can integrate it into their regimen to prevent civilisation diseases</li> </ol>	
<b>Brief outline of the course:</b> The importance and position of beach volleyball in human life (school, leisure time). Game terminology. Rules and terminology. Characteristics, analysis, game system, contents. Slovak beach volleyball athletes. Player performance and its diagnostics. Training and improvement – defence and offence (individual). Training and improvement – defence and offence (combinations), standard situations. Training and improvement – defence and offence (basic game systems). Complex individual improvement (match). Judging, beach volleyball tournament – organisation	



and management.					
<b>Recommended literature:</b>					
1. NEMEC, M. a kol. 2013. Športové hry 1. časť. Belinianum : Banská Bystrica, 2013. 202 s. ISBN 978-80-557-0608-5					
2. KAPLAN, O. - DŽAVORONOK, M. 2001. Plážový volejbal. GRADA, 2001. 104 s. ISBN 80-247-0055-7					
3. VLACH, J. - PINZÍK, M. - TURNEROVÁ, T. 2010. Plážový volejbal – hra pre každého. Žilina : Milan Pinzík, 2010. 122s. ISBN 978-80-970313-0-5					
4. ZAPLETALOVÁ, L. - PŘIDAL, V. – LAUREN, T. 2007. VOLEJBAL. Základy techniky, taktiky a výučby. UK Bratislava, 2007. 158 s. ISBN 978-80-223-2280-5					
<b>Language of instruction:</b>					
slovak					
<b>Notes:student time load:</b>					
student time load					
Total: 90 h.					
Presence study: 26 h.					
Preparation for the evaluation (practical skills): 32 h.					
Preparation for the exam: 32 h.					
<b>Course assessment</b>					
The final number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> PaedDr. Boris Beťák, PhD., Mgr. Jaroslav Popelka, PhD., Mgr. Vladimír Franek, PhD.					
<b>Last changed:</b> 05.06.2024					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-utr-322		<b>Course name:</b> Children and Youth Training			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Seminar					
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 26					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 4					
<b>Recommended semester/trimester:</b> 3.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
1. ČILLÍK, I. 2003. Učebné osnovy športovej prípravy v atletike. Bratislava: MŠ SR. 170 s. ISBN 80-88992-51-6					
2. ČILLÍK, I. a kol. 2018. Detská atletika. Bratislava: Slovenský atletický zväz. 100 s.					
3. ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9					
4. ČILLÍK, I. Vplyv Detskej atletiky na úroveň všeobecnej pohybovej výkonnosti. Banská Bystrica : Slovenský atletický zväz. 2021. 72 s.					
5. DOVALIL, J. a kol. 2009. Výkon a tréning ve sportu. Praha: Olympia. 336 s. ISBN 978-80-7376-130-1					
6. KAMPMILLER, T a kol. 2012. Teória športu a didaktika športového tréningu. Bratislava: ICM Agency. 353 s. ISBN 978-80-89257-48-5					
7. PERIČ, T. 2006. Výběr sportovních talentu. Praha: Grada. 100 s. ISBN 80-247-1827-8					
9. PERIČ, T. 2008. Sportovní příprava dětí. Praha: Grada. 192 s. ISBN 978-80-247-2643-4					
10. Časopisecká literatúra z domácich, zahraničných zdrojov.					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 4					
A	B	C	D	E	FX
0.0	50.0	25.0	0.0	0.0	25.0
<b>Instructor:</b> prof. PaedDr. Ivan Čillík, CSc., PaedDr. Martina Mandzáková, PhD.					
<b>Last changed:</b> 05.09.2023					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-utr-202		<b>Course name:</b> Children's Athletics 2			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Seminar					
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 26					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 1., 3.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 50					
A	B	C	D	E	FX
96.0	4.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Ivan Čillík, CSc.					
<b>Last changed:</b> 05.09.2023					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Sports, Science and Health	
<b>Code:</b> 2d-tre-001	<b>Course name:</b> Coaching Practice 1
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Prax <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 2	
<b>Recommended semester/trimester:</b> 1.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> During the semester, the student leads a part of the training unit, evaluates other methodological procedures and prepares hospital records from the completed coaching experience. <b>a) continuous assessment:</b> - leading part of the training unit: 60 points - written preparations for leading part of the training unit: 20 points - hospital records from practice: 20 points <b>b) final assessment:</b> - on the basis of an ongoing assessment The maximum number of points obtained for the interim and final assessment is 100 points, which represents 100%. Students can correct the interim assessment on the dates listed by the teacher within the period for completing the study obligations.	
<b>Learning objectives:</b> Student: - remembers knowledge from practice, - will use theoretical knowledge, practical skills and abilities in leading a training unit, - is able to orient himself in the management of the training unit, - applies knowledge, especially from sports specialization when conducting training, - evaluates individual parts of the training unit, evaluates the course of training, content, methods, forms and training means, - will create a comprehensive view of the management of the training unit in youth categories.	
<b>Brief outline of the course:</b> Management of the training unit in sports specialization. Breakdown and analysis of the training unit as a whole and individual parts of the training unit. Participation at least 10 TJ.	
<b>Recommended literature:</b> 1. ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9	

2. DOVALIL, J. a kol. 2009. Výkon a trénink ve sportu. Praha: Olympia. 336 s. ISBN 978-80-7376-130-1  
 3. KAMPMILLER, T. a kol. 2012. Teória športu a didaktika športového tréningu. Bratislava: ICM Agency. 353 s. ISBN 978-80-89257-48-5  
 Recommended literature: domestic/ foreign books, journals, magazines, internet sources

**Language of instruction:**

slovak

**Notes:student time load:**

60 hours, of which:  
 combined study: 26 hours  
 preparation for leading trainings: 2 p.m.  
 analysis of practice, training evaluation: 10 hrs.  
 preparation of hospitalization records: 10 hours

**Course assessment**

The final number of assessed students: 115

A	B	C	D	E	FX
92.17	5.22	1.74	0.87	0.0	0.0

**Instructor:** prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD., Mgr. David Brúnn, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD., PaedDr. Jaroslav Kompán, PhD., PaedDr. Zuzana Pupišová, PhD., Mgr. Andrea Izáková, PhD., doc. PhDr. Peter Šťastný, Ph.D., PaedDr. Mgr. Lukáš Opáth, PhD., doc. PaedDr. Jiří Michal, PhD., Mgr. Jaroslav Popelka, PhD., Mgr. Juraj Kremnický, PhD.

**Last changed:** 07.09.2024

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Sports, Science and Health	
<b>Code:</b> 2d-tre-003	<b>Course name:</b> Coaching Practice 1
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Prax <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 2	
<b>Recommended semester/trimester:</b> 4.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> During the semester, the student leads a part of the training unit, evaluates other methodological procedures and prepares hospital records from the completed coaching experience. <b>a) continuous assessment:</b> - management of the training unit: 60 points - written preparations for leading part of the training unit: 20 points - hospital records from practice: 20 points <b>b) final assessment:</b> - on the basis of an ongoing assessment. Students can correct the interim assessment on the dates listed by the teacher within the period for completing the study obligations.	
<b>Learning objectives:</b> Student: - remembers knowledge from practice, - will use theoretical knowledge, practical skills and abilities in leading a training unit, - is able to orient himself in the management of the training unit, - applies knowledge, especially from sports specialization when conducting training, - evaluates individual parts of the training unit, evaluates the course of training, content, methods, forms and training means, - will create a comprehensive view of the management of the training unit in youth categories.	
<b>Brief outline of the course:</b> Management of the training unit in sports specialization. Breakdown and analysis of the training unit as a whole and individual parts of the training unit. Participation at least 10 TJ.	
<b>Recommended literature:</b> 1. ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9 2. DOVALIL, J. a kol. 2009. Výkon a tréning ve sportu. Praha: Olympia. 336 s. ISBN 978-80-7376-130-1 3. KAMP MILLER, T. a kol. 2012. Teória športu a didaktika športového tréningu. Bratislava: ICM Agency. 353 s. ISBN 978-80-89257-48-5	

Recommended literature: domestic/ foreign books, journals, magazines, internet sources					
<b>Language of instruction:</b> slovan					
<b>Notes:student time load:</b> 60 hours, of which: combined study: 26 hours preparation for leading trainings: 2 p.m. analysis of practice, training evaluation: 10 hrs. preparation of hospitalization records: 10 hours					
<b>Course assessment</b> The final number of assessed students: 54					
A	B	C	D	E	FX
100.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD., PaedDr. Zuzana Pupišová, PhD., Mgr. Andrea Izáková, PhD., Mgr. David Brúnn, PhD., doc. PaedDr. Jiří Michal, PhD., PaedDr. Jaroslav Kompán, PhD.					
<b>Last changed:</b> 07.09.2024					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-100		<b>Course name:</b> Communication in Sports			
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined					
<b>Number of credits:</b> 4					
<b>Recommended semester/trimester:</b> 1.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b> The final number of assessed students: 6					
A	B	C	D	E	FX
33.33	66.67	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. Mgr. PhDr. Miroslav Sližik, PhD., Mgr. Miroslava Rošková, PhD.					
<b>Last changed:</b> 14.09.2021					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-utr-006		<b>Course name:</b> Compensatory and Regenerative Movement Programmes			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Seminar					
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 26					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 4					
<b>Recommended semester/trimester:</b> 2.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 54					
A	B	C	D	E	FX
59.26	25.93	7.41	3.7	3.7	0.0
<b>Instructor:</b> Mgr. Michaela Slováková, PhD., Mgr. et Mgr. Jana Daubnerová, PhD.					
<b>Last changed:</b> 15.02.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-utr-201		<b>Course name:</b> Cross-Country Skiing Exercises 2			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Seminar					
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 26					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 1., 3.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 87					
A	B	C	D	E	FX
96.55	0.0	2.3	0.0	1.15	0.0
<b>Instructor:</b> Mgr. et Mgr. Jana Daubnerová, PhD., PaedDr. Rastislav Kollár, PhD.					
<b>Last changed:</b> 04.10.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Sports, Science and Health	
<b>Code:</b> 2d-tre-002	<b>Course name:</b> Diagnostics in Sports
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 39 <b>Method of study:</b> combined	
<b>Number of credits:</b> 4	
<b>Recommended semester/trimester:</b> 2.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The condition for the evaluation of the course is mandatory, active participation of the student in the class. <b>a) continuous assessment:</b> - Diagnosis of psychological aptitudes in sport: 34 points (min. 22pts) - Diagnosis of physical fitness: 33 points (min. 21.5pts) - Diagnosis of coordination of movement skills: 33 points (min. 21,5pts) <b>b) final assessment:</b> - on the basis of an interim evaluation The maximum number of points obtained for the interim and final assessment is 100 points, which is 100%. This corresponds to the grading scale (A = 100-94%, B = 93-87%, C = 86-80%, D = 79-73%, E = 72-65%, Fx = 64% or less). Credit will be awarded to a student who has earned at least 65% of the total points in the course for meeting the specified requirements.	
<b>Learning objectives:</b> Student: - Knows the basic methods of assessing the performance and capacity of basic energy systems in elite, performance, and recreational sport, - understands the importance of testing body functions for refining the assessment of movement abilities, - knows the basics of measurement theory and assessment of test reliability and validity, knows the methods of diagnosis and assessment of fitness, - know methods of diagnosis and assessment of coordination skills, - understands the methods of diagnosing the personality disposition of an individual in terms of age and performance, - can use the acquired knowledge and practical experience to assess the current state of training, predict performance and manage sports training.	
<b>Brief outline of the course:</b> Introduction to diagnostics in sport (field, laboratory). Assessment of anaerobic capacity (alactate, lactate), aerobic capacity tests, anaerobic threshold. Physical and physiological principles of quantification of exercise intensity and prerequisites in children, adolescents, adults and seniors.	

Diagnosis and assessment of fitness abilities (methodological procedures, testing systematics, standardization of testing, practical skills of testing strength, speed, endurance and flexibility abilities, development of fitness test batteries taking into account age specificities).

Diagnosis and assessment of coordination abilities, practical skills from testing: balance abilities, spatial-orientation abilities, kinesthetic-differentiation abilities, rhythmic abilities, motor learning - docility, flexibility, creation of test batteries of coordination abilities taking into account age specificities.

Diagnosis and assessment of psychological prerequisites of children, adolescents, adults and seniors.

**Recommended literature:**

1. BELEJ, M. – JUNGER, J. 2006. Motorické testy koordinačných schopností. Prešov: FŠ PU. 177 s. ISBN 80-8068-500-2
2. BLAHÚTKOVÁ, M. – SLIŽIK, M. 2014. Vybrané kapitoly z psychologie sportu. Brno: FSPS. 120 s. ISBN 978-80-210-6859-9.
3. GREGOR, T. 2013. Psychológia športu. Bratislava: MAURO Slovakia, 400 s. ISBN 978-80-968092-7-1.
4. GURSKÝ, T. 2005. Psychológia športu. Bratislava: SZTK, 2005. Nitra: PF UKF. 107 s.
5. JANČOKOVÁ, Ľ. 2018. Fyziológia vo vedách o športe v pojmoch. Žilina: IPV, UMB FF, KTVŠ. 190 s. ISBN 978-80-89902-12-5.
6. LACZO, E. a kol. 2014. Rozvoj a diagnostika pohybových schopností detí a mládeže. Bratislava : NŠC, FTVŠ UK. 160 s. ISBN 978-80-971466-0-3, online: <http://www.telesnavychova.sk/stranka/ucebne-materialy>
7. MĚKOTA, M. – NOVOSAD, J. 2005. Motorické schopnosti. Olomouc: FTK UP. 175. ISBN 80-244-0981-X.
8. MORAVEC, R. – KAMPMILLER, T. – SEDLÁČEK, J. a kol. 2002. Eurofit – Telesný rozvoj a pohybová výkonnosť školskej populácie na Slovensku. 2. vyd. Bratislava: SVSTVS. 180 s. ISBN: 80- 89075-11-8.
9. NEUMAN, J. 2003 Cvičení a testy obratnosti, vytrvalosti a síly. Praha: Portál. 160 s. ISBN 80-7178-730-2
10. TANNER, R. – GORE, CH. 2013. Physiological tests for Elite Athletes, 2nd edition, Australian Institute of Sport. 560 s. ISBN: 9781492575894

**Language of instruction:**

slovak

**Notes: student time load:**

120 hours, of which:

combined studies (P, S, K): 52 hrs.

40 hrs.

preparation of diagnostic protocols and their processing: 28 hrs.

**Course assessment**

The final number of assessed students: 73

A	B	C	D	E	FX
21.92	54.79	17.81	4.11	1.37	0.0

**Instructor:** doc. Mgr. PhDr. Miroslav Sližik, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Juraj Kremnický, PhD., Mgr. Vladimír Franek, PhD., MUDr. Lucia Zacharová

**Last changed:** 14.03.2025

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Sports, Science and Health			
<b>Code:</b> 2d-fpv-124		<b>Course name:</b> Finance in practice	
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined			
<b>Number of credits:</b> 3			
<b>Recommended semester/trimester:</b> 1., 3.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b> The final number of assessed students: 63			
abs	n	p	v
96.83	3.17	0.0	0.0
<b>Instructor:</b> Ing. Jana Crmanová			
<b>Last changed:</b> 24.07.2024			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-utr-010		<b>Course name:</b> Fitness Programme Creation in Sports			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Seminar					
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 26					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 4					
<b>Recommended semester/trimester:</b> 2.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 38					
A	B	C	D	E	FX
34.21	10.53	42.11	10.53	2.63	0.0
<b>Instructor:</b> PaedDr. Jaroslav Kompán, PhD., Mgr. David Brúnn, PhD.					
<b>Last changed:</b> 08.02.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Sports, Science and Health	
<b>Code:</b> 2d-uVZSP	<b>Course name:</b> General Foundations of Private Law
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 2., 4.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The prerequisite for passing the course is attendance at a minimum of 90% of the teaching and active participation of students in class. The evaluation is in accordance with the classification scale according to the Study Regulations of Matej Bel University. <b>a) continuous assessment:</b> Continuous evaluation is not performed. <b>b) final assessment:</b> The basis for the award of the final grade is the demonstration of mastery of the knowledge of the lecture material, which is demonstrated in an active dialogue with the teacher in the teaching of the subject.	
<b>Learning objectives:</b> The graduate will be able to distinguish private law from public law, will be oriented in the basic principles of private law, which in the European continental legal system traditionally includes civil law, commercial law, family law and international private law. The graduate will have knowledge of the basic institutions of private law (both substantive and procedural), their current legal regulation and use in practice.	
<b>Brief outline of the course:</b>	
<b>Recommended literature:</b> VOJČÍK, P. a kol.: Občianske právo hmotné 1. a 2., Plzeň: Aleš Čenek, 2018. 764 s. ISBN 978-80-73807-19-1. CIRÁK, J. - GANDŽALOVÁ, D.: Základy rodinného práva, Úvodná časť - Manželské práva - Osvojenie, Banská Bystrica: UMB Belianum, 2019. ISBN 978-80-557-1548-3. MURÁNSKA, J. - GANDŽALOVÁ, D. - TAKÁČ, J.: Základy rodinného práva, Rodičia a deti - Výživné, Banská Bystrica: UMB Belianum, 2019. ISBN 978-80-557-1622-0. KUBÍČEK, P. – ŠKRINÁR, A. – NEVOLNÁ, Z. – KOLKUSOVÁ, R. – ĎURICA, M.: Obchodné právo. 3. vydanie. Plzeň: Aleš Čeněk, 2021, 420 s. ISBN 978-80-7380-847-1. Act No. 40/1964 Coll. Civil Code as amended. Act No. 36/2005 Coll. on the Family, as amended. Act No. 160/2015 Coll. on the Civil Procedure Code, as amended. Act No. 161/2015 Coll. on the Civil Procedure Code, as amended.	



Act No. 513/1990 Coll., Commercial Code, as amended.			
<b>Language of instruction:</b> Slovak language			
<b>Notes:student time load:</b> 90 hours combined study (L, C): 26 hours self-study: 64 hours			
<b>Course assessment</b> The final number of assessed students: 24			
abs	n	p	v
58.33	41.67	0.0	0.0
<b>Instructor:</b> prof. JUDr. Daniela Gandžalová, PhD., doc. JUDr. Marián Ďurana, PhD., doc. JUDr. Juraj Takáč, PhD., doc. JUDr. Katarína Zajác Ševcová, PhD., JUDr. Monika Némethová, PhD., Mgr. Miroslava Dolíhalová, PhD., JUDr. Jakub Dzimko, PhD., JUDr. Dominik Čipka, JUDr. Ing. Miroslav Paller, JUDr. Lucia Petříková, PhD.			
<b>Last changed:</b> 30.03.2023			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-utr-221		<b>Course name:</b> Golf Exercises 2			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Seminar					
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 26					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 2.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 58					
A	B	C	D	E	FX
84.48	15.52	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD.					
<b>Last changed:</b> 04.10.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-utr-222		<b>Course name:</b> Gymnastic Exercises 2			
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 2.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b> The final number of assessed students: 78					
A	B	C	D	E	FX
82.05	10.26	6.41	0.0	1.28	0.0
<b>Instructor:</b> PaedDr. Zuzana Pupišová, PhD., Mgr. Michaela Slováková, PhD., Mgr. Kristián Bako, PhD.					
<b>Last changed:</b> 06.10.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Sports, Science and Health	
<b>Code:</b> 2d-utr-332	<b>Course name:</b> Hypoxic Training
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 4	
<b>Recommended semester/trimester:</b> 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The condition for the evaluation of the course is mandatory, active participation of the student in the class. During the semester, the student will prepare a seminar paper with a specific topic related to hypoxic preparation and hypoxic training, which will be presented in class. In the period on completion of the coursework, the student will take a written test. <b>a) continuous assessment:</b> Seminar work: 70 points <b>b) final assessment:</b> Written test: 30 points The course assessment corresponds to the A-FX grading scale: A (100 – 94%), B (93 – 87%), C (86 – 80%), D (79 – 73%), E (72 – 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.	
<b>Learning objectives:</b> Student: <ul style="list-style-type: none"> <li>- should know the principles of hypoxic training application,</li> <li>- to know how to apply hypoxic training,</li> <li>- should know the principles of acclimatisation, adaptation and reacclimatisation in relation to hypoxic training,</li> <li>- know the alternatives to hypoxic training,</li> <li>- know the importance of hypoxic training,</li> <li>- be familiar with the specifics of hypoxic training in different sports,</li> <li>- be familiar with the age specificities of hypoxic training.</li> </ul>	
<b>Brief outline of the course:</b> Theory of hypoxic training and its application in sports training. Principles of acclimatization, adaptation and reacclimatization in relation to hypoxic training. Alternatives of hypoxic training, the importance of hypoxic training in sports practice, specifics hypoxic training in different sports, age specificities of hypoxic training.	
<b>Recommended literature:</b> 1 PUPIŠ, M. - KORČOK, P. 2007. Hypoxia ako súčasť športovej prípravy. 1. vyd. Banská Bystrica: Univerzita Mateja Bela, 2007. 167 s. ISBN 978-80-8083-495-1.	

2 PUPIŠ, M. a kol. 2014. World research of hypoxic training. 1. vyd. Banská Bystrica: Slovak Conditioning Trainers Association and Department of Physical Education and Sports, Faculty of Arts, Matej Bel University, 2014. 160 s. ISBN 978-80-814-1080-2.

3 PUPIŠ, M. 2021. Hypoxický tréning : vysokoškolská učebnica Bratislava : Slovenský atletický zväz, 2021. - 114 s. - ISBN 978-80-8141-267-7

**Language of instruction:**

slovak

**Notes:student time load:**

student time load: 120 hrs., of which:

combined study (s): 26 hrs.

written test preparation: 34 hrs.

preparation of term papers: 60 hrs.

**Course assessment**

The final number of assessed students: 7

A	B	C	D	E	FX
71.43	28.57	0.0	0.0	0.0	0.0

**Instructor:** prof. PaedDr. Martin Pupiš, PhD.

**Last changed:** 08.09.2023

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-utr-226		<b>Course name:</b> Inline Skating 2			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Seminar					
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 26					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 2.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 76					
A	B	C	D	E	FX
78.95	6.58	14.47	0.0	0.0	0.0
<b>Instructor:</b> PaedDr. Stanislava Straňavská, PhD.					
<b>Last changed:</b> 05.10.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Sports, Science and Health			
<b>Code:</b> 2d-LMT-123		<b>Course name:</b> Limity intimity: o zodpovedných vzťahoch	
<b>Type, extent and method of instruction:</b>			
<b>Form of instruction:</b> Practical / Seminar			
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)			
<b>Recommended number of periods:</b> 13 / 13			
<b>Method of study:</b> combined			
<b>Number of credits:</b> 3			
<b>Recommended semester/trimester:</b> 2., 4.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b>			
The final number of assessed students: 224			
abs	n	p	v
98.21	1.79	0.0	0.0
<b>Instructor:</b> doc. Mgr. Lívia Nemcová, PhD., doc. PaedDr. Lenka Rovňanová, PhD., univerzitný profesor			
<b>Last changed:</b> 22.03.2023			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-005		<b>Course name:</b> Methodology of Sports			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Lecture / Seminar					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 13 / 13					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 4					
<b>Recommended semester/trimester:</b> 3.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
1. ČILLÍK, I. 2004. Športová príprava v atletike. Banská Bystrica: FHV UMB, 2004. 128 s.					
2. ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9					
3. DOVALIL, J. a kol. 2009. Výkon a tréning ve sportu. Praha: Olympia. 336 s. ISBN 978-80-7376-130-1					
4. KAMP MILLER, T a kol. 2012. Teória športu a didaktika športového tréningu. Bratislava: ICM Agency. 353 s. ISBN 978-80-89257-48-5					
5. MARTENS, R. Úspěšný tréner. Praha : Grada. 2006.					
Recommended literature: domestic/ foreign books, journals, magazines, internet sources					
<b>Language of instruction:</b>					
<b>Notes: student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 74					
A	B	C	D	E	FX
8.11	22.97	28.38	24.32	14.86	1.35
<b>Instructor:</b> prof. PaedDr. Martin Pupiš, PhD., prof. PaedDr. Ivan Čillík, CSc.					
<b>Last changed:</b> 05.09.2023					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-utr-228		<b>Course name:</b> Mountain Climbing Basics 2			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Seminar					
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 26					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 2.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 42					
A	B	C	D	E	FX
100.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> PaedDr. Jaroslav Kompán, PhD.					
<b>Last changed:</b> 20.09.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-107		<b>Course name:</b> Olympism and Sport Ethics			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Lecture / Seminar					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 13 / 13					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 4					
<b>Recommended semester/trimester:</b> 2.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 3					
A	B	C	D	E	FX
33.33	0.0	33.33	33.33	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Martin Pupiš, PhD., PaedDr. Boris Beťák, PhD.					
<b>Last changed:</b> 13.09.2021					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-105		<b>Course name:</b> Philosophy of Sport			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Lecture / Seminar					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 13 / 13					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 4					
<b>Recommended semester/trimester:</b> 3.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 3					
A	B	C	D	E	FX
33.33	0.0	66.67	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., PaedDr. Boris Beňák, PhD.					
<b>Last changed:</b> 13.09.2021					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Sports, Science and Health			
<b>Code:</b> 2d-vstv-106		<b>Course name:</b> Physical Education 6	
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined			
<b>Number of credits:</b> 3			
<b>Recommended semester/trimester:</b> 1., 3.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b> The final number of assessed students: 124			
abs	n	p	v
95.16	4.84	0.0	0.0
<b>Instructor:</b> Mgr. Jaroslav Popelka, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Andrea Izáková, PhD., doc. PaedDr. Jiří Michal, PhD., PaedDr. Mgr. Lukáš Opáth, PhD., doc. PaedDr. Pavol Pivovarniček, PhD., Mgr. Kristián Bako, PhD., Mgr. Michal Hlávek, Mgr. Marián Škorik, Mgr. Andrej Dibdiak, Mgr. Bc. Lukáš Karabín			
<b>Last changed:</b> 27.03.2023			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Sports, Science and Health			
<b>Code:</b> 2d-vstv-107		<b>Course name:</b> Physical Education 7	
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined			
<b>Number of credits:</b> 3			
<b>Recommended semester/trimester:</b> 2., 4.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b> The final number of assessed students: 115			
abs	n	p	v
90.43	9.57	0.0	0.0
<b>Instructor:</b> Mgr. Jaroslav Popelka, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Andrea Izáková, PhD., doc. PaedDr. Jiří Michal, PhD., PaedDr. Mgr. Lukáš Opáth, PhD., doc. PaedDr. Pavol Pivovarniček, PhD., Mgr. Martin Bako, Mgr. Marián Škorik, Mgr. Michal Hlávek, Mgr. Bc. Lukáš Karabín, Mgr. Andrej Dibdiak			
<b>Last changed:</b> 27.03.2023			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Sports, Science and Health			
<b>Code:</b> 2d-vstv-108		<b>Course name:</b> Physical Education 8	
<b>Type, extent and method of instruction:</b>			
<b>Form of instruction:</b> Seminar			
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)			
<b>Recommended number of periods:</b> 26			
<b>Method of study:</b> combined			
<b>Number of credits:</b> 3			
<b>Recommended semester/trimester:</b> 1., 3.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b>			
The final number of assessed students: 93			
abs	n	p	v
92.47	7.53	0.0	0.0
<b>Instructor:</b> PaedDr. Boris Beťák, PhD., Mgr. Jaroslav Popelka, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Andrea Izáková, PhD., doc. PaedDr. Jiří Michal, PhD., PaedDr. Mgr. Lukáš Opáth, PhD., doc. PaedDr. Pavol Pivovarniček, PhD., Mgr. Michal Hlávek, Mgr. Kristián Bako, PhD., Mgr. Marián Škorik, Mgr. Andrej Dibdiak, Mgr. Bc. Lukáš Karabín			
<b>Last changed:</b> 27.03.2023			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-104		<b>Course name:</b> Psychological Skill Training in Sports			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Lecture / Seminar					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 13 / 13					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 4					
<b>Recommended semester/trimester:</b> 2.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 3					
A	B	C	D	E	FX
0.0	33.33	66.67	0.0	0.0	0.0
<b>Instructor:</b> doc. Mgr. PhDr. Miroslav Sližik, PhD., Mgr. Miroslava Rošková, PhD.					
<b>Last changed:</b> 22.03.2023					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-utr-002		<b>Course name:</b> Regeneration and Massage			
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 26 <b>Method of study:</b> combined					
<b>Number of credits:</b> 4					
<b>Recommended semester/trimester:</b> 1.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b> The final number of assessed students: 303					
A	B	C	D	E	FX
28.38	29.04	30.03	9.24	1.98	1.32
<b>Instructor:</b> PaedDr. Zuzana Pupišová, PhD., Mgr. et Mgr. Jana Daubnerová, PhD.					
<b>Last changed:</b> 16.02.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Sports, Science and Health	
<b>Code:</b> 2d-utr-256	<b>Course name:</b> Representation 1
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 2.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> 1. Participation in the Olympic Games, World Championships, European Championships, junior or senior category, participation in the World Universiade, participation in the Academic World Championships. 2. Placing up to 3rd place in the individual championship of the Slovak Republic (in the junior category). 3. Placing up to 6th place in the individual championship of the Slovak Republic (in the senior category). 4. Successful representation at the Academic Championships of the Slovak Republic, Slovak Universiade. 5. Participation in the team that plays the highest Slovak national competition. 6. Documented coaching activities in clubs at the representative level or in clubs that play the highest Slovak national competition. <b>b) final assessment:</b> For the awarding of the evaluation from the given subject it is necessary to bring documents (results list, diploma, coaching activity confirmed by the club's statutes...), which prove the successful representation of the student according to points 1 - 6, to PaedDr. Martina Mandzáková, PhD., (no. office 12). The student's name should be highlighted in the document. Deadline for submitting the documents: Continuously until the end of the teaching part of the winter semester of the academic year!	
<b>Learning objectives:</b>	
<b>Brief outline of the course:</b>	
<b>Recommended literature:</b>	
<b>Language of instruction:</b>	
<b>Notes:student time load:</b>	

<b>Course assessment</b>			
The final number of assessed students: 0			
abs	n	p	v
0.0	0.0	0.0	0.0
<b>Instructor:</b> PaedDr. Boris Beťák, PhD., PaedDr. Rastislav Kollár, PhD., PaedDr. Martina Mandzáková, PhD.			
<b>Last changed:</b> 09.01.2025			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Sports, Science and Health	
<b>Code:</b> 2d-utr-257	<b>Course name:</b> Representation 2
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 4.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> 1. Participation in the Olympic Games, World Championships, European Championships, junior or senior category, participation in the World Universiade, participation in the Academic World Championships. 2. Placing up to 3rd place in the individual championship of the Slovak Republic (in the junior category). 3. Placing up to 6th place in the individual championship of the Slovak Republic (in the senior category). 4. Successful representation at the Academic Championships of the Slovak Republic, Slovak Universiade. 5. Participation in the team that plays the highest Slovak national competition. 6. Documented coaching activities in clubs at the representative level or in clubs that play the highest Slovak national competition. <b>b) final assessment:</b> For the awarding of the evaluation from the given subject it is necessary to bring documents (results list, diploma, coaching activity confirmed by the club's statutes...), which prove the successful representation of the student according to points 1 - 6, to PaedDr. Martina Mandzáková, PhD., (no. office 12). The student's name should be highlighted in the document. Deadline for submitting the documents: Continuously until the end of the teaching part of the winter semester of the academic year!	
<b>Learning objectives:</b>	
<b>Brief outline of the course:</b>	
<b>Recommended literature:</b>	
<b>Language of instruction:</b>	
<b>Notes:student time load:</b>	

<b>Course assessment</b>			
The final number of assessed students: 0			
abs	n	p	v
0.0	0.0	0.0	0.0
<b>Instructor:</b> PaedDr. Boris Beťák, PhD., PaedDr. Rastislav Kollár, PhD., PaedDr. Martina Mandzáková, PhD.			
<b>Last changed:</b> 09.01.2025			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-utr-233		<b>Course name:</b> Snowboarding Exercises 2			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Seminar					
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 26					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 1., 3.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 24					
A	B	C	D	E	FX
33.33	45.83	20.83	0.0	0.0	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD., PaedDr. Stanislava Straňavská, PhD.					
<b>Last changed:</b> 18.10.2023					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Sports, Science and Health	
<b>Code:</b> 2d-tre-106	<b>Course name:</b> Sport Diplomacy
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The condition of subject evaluation is mandatory, active participation of the student in classes. Acceptable absence is 6 hours from the total subsidy per semester. It only applies to students without an individual study plan. For the final evaluation of the course, the student must master the set practical and theoretical requirements.	
<b>a) continuous assessment:</b> - presentation on the given topic: 50 points - volunteering at an international event organized by a sports organization, or membership in the organizing committee of an international event: 50 points	
<b>Learning objectives:</b> Student: <ul style="list-style-type: none"> <li>- obtains a comprehensive overview of the organization and financing of sports organizations,</li> <li>- acquires basic knowledge and skills of strategic management and marketing of sports organizations,</li> <li>- get an overview of the international legal framework of the sports environment,</li> <li>- can clearly communicate his ideas and knowledge, can discuss the interests of his organizations and the Slovak sports environment in general,</li> <li>- acquires basic knowledge of communication and working with the media,</li> <li>- acquires basic knowledge of protocol and etiquette.</li> </ul>	
<b>Brief outline of the course:</b> Sports diplomacy. Olympic movement. Organization and financing of sports in Slovakia. Sports law. Communication and work with the media. Basics of management and marketing. Basics of protocol and etiquette.	
<b>Recommended literature:</b>	

1. DUBSKÝ, Z. 2018. Sportovní diplomacie jako součást zahraniční politiky státu. *Scientia et societas: časopis pro společenské vědy a management*. Praha: Newton College, 2018, 14(1), 3-21. ISSN 1801 7118.
2. DURDOVÁ, I. 2004. Sociálně ekonomické aspekty sportu. Ostrava: Repronis, s. 86. ISBN 80-7329-075 8.
3. HRBEK, P. - VICOVÁ, V. 2017. Závěry Rady o športovej diplomacii (2016/C467/04). [online]. In : Úradný vestník Európskej únie (2016/C467/04). Dostupné na internete: [http://www.ucps.sk/clanok-0\\_3120/Zavery\\_Rady\\_o\\_sportovej\\_diplomacii\\_\(2016\\_C\\_467\\_04\).html](http://www.ucps.sk/clanok-0_3120/Zavery_Rady_o_sportovej_diplomacii_(2016_C_467_04).html)
4. CHMELÁR, F. 2013. Význam športovej diplomacie. [online]. In: Zborník prednášok z konferencie Športová diplomacia v medzinárodných podmienkach a v rámci Slovenskej republiky. Bratislava: Ministerstvo zahraničných vecí a európskych záležitostí SR, 2013, s. 3–4. [cit. 06.04.2014]. Dostupné na internete: <http://www.olympic.sk/userfiles/files/Publikacie/zbornik-z-konferencie-sportovadiplomacia-79376.pdf>.
5. SEKOT, A. 2006. Sociologie sportu. Brno: Paido, 2006, p. 410. ISBN 80-7315-132-4.
6. ŠTULAJTER, I. – ŠTULAJTER, M. - BARTEKOVÁ, D. 2013. Športová diplomacia. Banská Bystrica: Belianum, 2013. 118 s. ISBN 978-80-557-0693-1.
7. ŠTULAJTER, I. - ŠTULAJTER, M. 2016. Significance of Sport in International Relations. In : *Journal of Modern Science*, 2013, 2(29), ISSN 1734-2031, pp 381-388.
8. TEREM, P. 2012. Športová diplomacia a jej význam v medzinárodných vzťahoch : [úvod k zborníku]. In : Významné medzinárodné športové podujatia 2012 z pohľadu športovej diplomacie : zborník vedeckých prác. Banská Bystrica : Vydavateľstvo Univerzity Mateja Bela - Belianum, 2013. ISBN 978-80-557 0657-3, s. 4-5.
9. UNITED NATIONS OFFICE ON DRUGS AND CRIME. 2020. Preventing Violent Extremism through Sport, Technical Guide. [online]. In : *Criminal Justice Handbook Series*. Vienna, 2018. Dostupné na internete: [https://www.unodc.org/documents/dohadeclearation/Sports/PVE/Guide\\_PVE\\_Ebook.pdf](https://www.unodc.org/documents/dohadeclearation/Sports/PVE/Guide_PVE_Ebook.pdf)

**Language of instruction:**

slovak

**Notes:student time load:**

the student's time burden is 90 hours, of which:

combined study: 26 hours

self-study: 3 p.m.

creation of independent work: 25 hours

volunteering/event organization: 24 hours

**Course assessment**

The final number of assessed students: 3

A	B	C	D	E	FX
33.33	0.0	33.33	33.33	0.0	0.0

**Instructor:** Mgr. et Mgr. Jana Daubnerová, PhD.

**Last changed:** 22.09.2024

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-utr-003		<b>Course name:</b> Sport Medicine			
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined					
<b>Number of credits:</b> 4					
<b>Recommended semester/trimester:</b> 1.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b> The final number of assessed students: 211					
A	B	C	D	E	FX
41.23	7.11	17.54	13.74	19.43	0.95
<b>Instructor:</b> PaedDr. Martina Mandzáková, PhD., prof. PaedDr. Martin Pupiš, PhD., MUDr. Lucia Zacharová, Mgr. Vladimír Franek, PhD.					
<b>Last changed:</b> 08.02.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-351		<b>Course name:</b> Sport Specialization 1 – Alpine Skiing			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Lecture / Seminar					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 13 / 13					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 1.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Sports, Science and Health	
<b>Code:</b> 2d-tre-201	<b>Course name:</b> Sport Specialization 1 – Athletics
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 1.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> Presentation of assigned topics, participation in organizing and deciding athletic competitions, active participation in the training process, passing a written and oral exam. <b>a) continuous assessment:</b> - presentation of assigned topics 0 - 20 points - active participation in 2 athletic races as organizer, referee 0 - 10 points - active participation in the training process 0 - 20 points <b>b) final assessment:</b> -written and oral exam 0 - 50 points and based on continuous evaluation. Students can correct the interim assessment on the dates listed by the teacher within the period for completing the study obligations.	
<b>Learning objectives:</b> A student 1. remembers the knowledge from the studied subject as a prerequisite for the analysis of technique, 2. uses the skills acquired in the training process, 3. is able to orientate himself in technical issues: analysis, particularities in age categories and performance levels. Eliminating errors in technique. 4. applies knowledge when evaluating current performance in athletics, 5. evaluates the technique and can immediately point out shortcomings, 6. is able to create a record of the technique of an athletic discipline, has a comprehensive view of the biomechanical laws of the technique of athletic disciplines and is able to apply them in the training process.	
<b>Brief outline of the course:</b> Technique of athletic disciplines with a focus on: analysis of technique, peculiarities of technique in individual age and performance levels, immediate evaluation of technique, elimination of technical deficiencies. The use of technical support when creating a record of an athletic discipline, analyzing the technique of athletic disciplines.	
<b>Recommended literature:</b> ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9 KAMPMILLER, T. a kol. 2000. Teória a didaktika atletiky II. Bratislava: FTVŠ UK. 96 s.	

Časopisecká literatúra z domácich, zahraničných zdrojov.  
www.atletikasvk.sk  
www.wa.org  
www.ea.or

**Language of instruction:**

slovak

**Notes:student time load:**

Total student workload: 90 hours, of which:

full-time study: 26 hours

preparation for presentations: 8 p.m.

exam preparation: 24 hours

active participation in the organization and decision-making of the race: 8 p.m.

**Course assessment**

The final number of assessed students: 11

A	B	C	D	E	FX
0.0	54.55	0.0	45.45	0.0	0.0

**Instructor:** prof. PaedDr. Ivan Čillík, CSc.

**Last changed:** 16.09.2024

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-211		<b>Course name:</b> Sport Specialization 1 – Basketball			
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 1.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b> The final number of assessed students: 12					
A	B	C	D	E	FX
33.33	0.0	16.67	50.0	0.0	0.0
<b>Instructor:</b> Mgr. Andrea Izáková, PhD.					
<b>Last changed:</b> 14.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-221		<b>Course name:</b> Sport Specialization 1 – Biathlon			
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 1.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b> The final number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. et Mgr. Jana Daubnerová, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-261		<b>Course name:</b> Sport Specialization 1 – Conditioning Coach			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Lecture / Seminar					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 13 / 13					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 1.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 51					
A	B	C	D	E	FX
94.12	3.92	0.0	1.96	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Martin Pupiš, PhD., Mgr. David Brúnn, PhD., Mgr. Jozef Sýkora, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-271		<b>Course name:</b> Sport Specialization 1 – Ice Hockey			
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 1.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b> The final number of assessed students: 27					
A	B	C	D	E	FX
0.0	37.04	55.56	7.41	0.0	0.0
<b>Instructor:</b> PaedDr. Mgr. Lukáš Opáth, PhD., doc. PhDr. Peter Šťastný, Ph.D.					
<b>Last changed:</b> 14.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-231		<b>Course name:</b> Sport Specialization 1 – Judo			
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 1.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b> The final number of assessed students: 3					
A	B	C	D	E	FX
100.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-241		<b>Course name:</b> Sport Specialization 1 – Karate			
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 1.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b> The final number of assessed students: 2					
A	B	C	D	E	FX
100.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. Mgr. PhDr. Miroslav Sližik, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-251		<b>Course name:</b> Sport Specialization 1 – Kickbox			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Lecture / Seminar					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 13 / 13					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 1.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-291		<b>Course name:</b> Sport Specialization 1 – Snowboarding			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Lecture / Seminar					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 13 / 13					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 1.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-301		<b>Course name:</b> Sport Specialization 1 – Sports Gymnastics			
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 1.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b> The final number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Juraj Kremnický, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Sports, Science and Health	
<b>Code:</b> 2d-tre-281	<b>Course name:</b> Sport Specialization 1 – Swimming
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 1.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The prerequisite is to present 2 presentations during the semester according to the assigned topics. Participate actively in 2 competitions in the specialization as an organizer, judge. Pass a written and an oral exam in the period for completion of the study obligations. <b>a) continuous assessment:</b> - presentation in two classes: 20 points - active participation in competitions as a referee or coach (min. 2 competitions): 20 points - written examination: 20 points <b>b) final assessment:</b> On the basis of a continuous assessment (60 points) and an oral examination (40 points) The maximum number of points obtained for the interim and final assessment is 100 points, which is 100%. This corresponds to the grading scale (A = 100-94%, B = 93-87%, C = 86-80%, D = 79-73%, E = 72-65%, Fx = 64% or less). Credit will be awarded to a student who has earned at least 65% of the total points in the course for meeting the specified requirements.	
<b>Learning objectives:</b> Learning Outcome: Student: - remembers the knowledge of technique and biomechanics of swimming techniques, can analyze and methodologically describe them, - can use the knowledge gained from the training process, - is able to orientate himself/herself in the problems of the training process and training unit construction, - is able to apply the knowledge in the training process and reflect on the current state of performance, - knows how to evaluate deficiencies in technique and knows how to correct them, - knows how to create a scheme of testing and diagnostics, knows its meaning and benefits.	
<b>Brief outline of the course:</b>	
<b>Recommended literature:</b>	
<b>Language of instruction:</b>	
<b>Notes:student time load:</b>	

<b>Course assessment</b>					
The final number of assessed students: 8					
A	B	C	D	E	FX
37.5	0.0	50.0	12.5	0.0	0.0
<b>Instructor:</b> PaedDr. Zuzana Pupišová, PhD.					
<b>Last changed:</b> 11.09.2024					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-311		<b>Course name:</b> Sport Specialization 1 – Taekwondo			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Lecture / Seminar					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 13 / 13					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 1.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-321		<b>Course name:</b> Sport Specialization 1 – Volleyball			
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 1.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b> The final number of assessed students: 2					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	100.0	0.0
<b>Instructor:</b> Mgr. Jaroslav Popelka, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-331		<b>Course name:</b> Sport Specialization 1 – Weightlifting			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Lecture / Seminar					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 13 / 13					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 1.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-341		<b>Course name:</b> Sport Specialization 1 – Wrestling			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Lecture / Seminar					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 13 / 13					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 1.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-352		<b>Course name:</b> Sport Specialization 2 – Alpine Skiing			
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 3.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b> The final number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Sports, Science and Health	
<b>Code:</b> 2d-tre-202	<b>Course name:</b> Sport Specialization 2 – Athletics
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> Presentation of assigned topics, participation in organizing and deciding athletic competitions, active participation in the training process, passing a written and oral exam. <b>a) continuous assessment:</b> - presentation of assigned topics 0 - 20 points - active participation in 2 athletic races as organizer, referee 0 - 10 points - active participation in the training process 0 - 20 points <b>b) final assessment:</b> - written and oral exam 0 - 50 points and based on continuous assessment. Students can correct the interim assessment on the dates listed by the teacher within the period for completing the study obligations.	
<b>Learning objectives:</b> A student 1. remembers knowledge from the issue of sports training and knows how to apply it in practice, 2. uses the skills acquired in the training process, 3. is able to orient himself in athletic training and in the training of individual athletic disciplines at all performance levels, 4. applies knowledge when evaluating current performance in athletics, 5. evaluates the training, its structure, content, methods, forms and training means, 6. creates a comprehensive view of the issue of sports training in athletics. He masters the issue of research work in sports specialization. He can apply his knowledge in practical training activities.	
<b>Brief outline of the course:</b> Sports training in athletics: management of training in all athletic disciplines. Management of training in all performance levels: recreational sport, performance sport, elite sport. Research work in athletics: content, methodology, results, application of knowledge in practice. Current questions from the athletic movement.	
<b>Recommended literature:</b> ČILLÍK, I. 2003. Učebné osnovy športovej prípravy v atletike. Bratislava: MŠ SR. 170 s. ISBN 80-88992-51-6 ČILLÍK, I. 2004. Športová príprava v atletike. Banská Bystrica FHV UMB. 128 s. ISBN 80-8055-992-9	

ČILLÍK, I. a kol. 2018. Detská atletika I. Bratislava: Slovenský atletický zväz. 100 s. ISBN 978-80-8141-247-9

ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9

DOVALIL, J. a kol. 2009. Výkon a tréning ve sportu. Praha: Olympia. 336 s. ISBN 978-80-7376-130-1

KAMPMILLER, T. a kol. 2000. Teória a didaktika atletiky II. Bratislava: FTVŠ UK. 96 s.

KAMPMILLER, T a kol. 2012. Teória športu a didaktika športového tréningu. Bratislava: ICM Agency. 353 s. ISBN 978-80-89257-48-5

LACZO, E. 2006. Prekážkové šprinty. Bratislava: IGM Agency. 140 s. ISBN 80-969268-9-6

MILLEROVÁ, V. a kol. 2001. Běhy na krátké tratě. Praha: Olympia. 288 s. ISBN 80-7033-570-X

PERIČ, T. 2008. Sportovní příprava dětí. Praha: Grada. 192 s. ISBN 978-80-247-2643-4

PERIČ, T. 2006. Výběr sportovních talentu. Praha: Grada. 100 s. ISBN 80-247-1827-8

PUPIŠ, M. 2018. Atletická chôdza : učebné texty pre trénerskú špecializáciu atletika a školenia trénerov atletiky. 1. vyd. Bratislava : Slovenský atletický zväz, 2018. 74 s. ISBN 978-80-8141-170-0.

ŠIMON, J. a kol. 2004. Atletické vrhy a hody. Praha: Olympia. 236 s. SBN 80-7033-815-6

VELEBIL, V. a kol. 2002. Skoky. Praha: Olympia. 120 s.

Časopisecká literatúra z domácich, zahraničných zdrojov.  
[www.atletikasvk.sk](http://www.atletikasvk.sk)  
[www.wa.org](http://www.wa.org)  
[www.ea.org](http://www.ea.org)

**Language of instruction:**

slovak

**Notes:student time load:**

Total student workload: 90 hours, of which:

full-time study: 26 hours

preparation for presentations: 8 p.m.

exam preparation: 24 hours

active participation in the organization and decision-making of the race: 8 p.m.

**Course assessment**

The final number of assessed students: 10

A	B	C	D	E	FX
20.0	50.0	0.0	0.0	30.0	0.0

**Instructor:** prof. PaedDr. Ivan Čillík, CSc.

**Last changed:** 16.09.2024

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-212		<b>Course name:</b> Sport Specialization 2 – Basketball			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Lecture / Seminar					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 13 / 13					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 3.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 8					
A	B	C	D	E	FX
25.0	25.0	25.0	25.0	0.0	0.0
<b>Instructor:</b> Mgr. Andrea Izáková, PhD.					
<b>Last changed:</b> 14.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-222		<b>Course name:</b> Sport Specialization 2 – Biathlon			
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 3.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b> The final number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. et Mgr. Jana Daubnerová, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-262		<b>Course name:</b> Sport Specialization 2 – Conditioning Coach			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Lecture / Seminar					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 13 / 13					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 3.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 30					
A	B	C	D	E	FX
23.33	43.33	10.0	16.67	6.67	0.0
<b>Instructor:</b> prof. PaedDr. Martin Pupiš, PhD., Mgr. Jozef Sýkora, PhD., Mgr. David Brúnn, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-272		<b>Course name:</b> Sport Specialization 2 – Ice Hockey			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Lecture / Seminar					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 13 / 13					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 3.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 18					
A	B	C	D	E	FX
11.11	22.22	50.0	11.11	0.0	5.56
<b>Instructor:</b> PaedDr. Mgr. Lukáš Opáth, PhD., doc. PhDr. Peter Šťastný, Ph.D.					
<b>Last changed:</b> 14.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-232		<b>Course name:</b> Sport Specialization 2 – Judo			
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 3.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b> The final number of assessed students: 1					
A	B	C	D	E	FX
100.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-242		<b>Course name:</b> Sport Specialization 2 – Karate			
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 3.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b> The final number of assessed students: 2					
A	B	C	D	E	FX
100.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. Mgr. PhDr. Miroslav Sližik, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-252		<b>Course name:</b> Sport Specialization 2 – Kickbox			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Lecture / Seminar					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 13 / 13					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 3.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-292		<b>Course name:</b> Sport Specialization 2 – Snowboarding			
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 3.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b> The final number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. PaedDr. Jiří Michal, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-302		<b>Course name:</b> Sport Specialization 2 – Sports Gymnastics			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Lecture / Seminar					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 13 / 13					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 3.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Juraj Kremnický, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Sports, Science and Health	
<b>Code:</b> 2d-tre-282	<b>Course name:</b> Sport Specialization 2 – Swimming
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The prerequisite for passing the course is to present 2 presentations during the semester according to the assigned topics. Actively participate in 2 competitions as an organizer, co-organizer, judge or coach. Pass a written and oral examination in the period for completion of the course requirements.	
<b>a) continuous assessment:</b> - active presentation of seminar papers (10 points) - active participation in the competition (referee, organizer, coach): (10 points) - written test (30 points) - active participation (10 points)	
<b>b) final assessment:</b> On the basis of a continuous assessment (60 points) and an oral examination (40 points) The maximum number of points obtained for the interim and final assessment is 100 points, which is 100%. This corresponds to the grading scale (A = 100-94%, B = 93-87%, C = 86-80%, D = 79-73%, E = 72-65%, Fx = 64% or less). Credit will be awarded to a student who has earned at least 65% of the total points in the course for meeting the specified requirements.	
<b>Learning objectives:</b> Student controls: <ul style="list-style-type: none"> <li>- theoretical knowledge of the organization of swimming competitions,</li> <li>- knows the possibilities of increasing performance by developing movement skills,</li> <li>- knows the methods of diagnostics and their importance,</li> <li>- knows how to apply training in alpine environment,</li> <li>- knows the knowledge of adaptation in hypoxic environment,</li> <li>- knows the importance and focus of training load in the period of tuning sports performance.</li> </ul>	
<b>Brief outline of the course:</b> Organization of swimming competitions, sports training in swimming, possibilities of increasing performance by developing movement abilities, methods of diagnosis and their importance, training in alpine environment, adaptation in hypoxic environment, time shift, competitions in indoor pool and in open pool, focus of training load in the period of tuning of sports performance.	
<b>Recommended literature:</b>	

<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 6					
A	B	C	D	E	FX
50.0	0.0	0.0	0.0	50.0	0.0
<b>Instructor:</b> PaedDr. Zuzana Pupišová, PhD.					
<b>Last changed:</b> 11.09.2024					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-312		<b>Course name:</b> Sport Specialization 2 – Taekwondo			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Lecture / Seminar					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 13 / 13					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 3.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-322		<b>Course name:</b> Sport Specialization 2 – Volleyball			
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 13 <b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 3.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b> The final number of assessed students: 1					
A	B	C	D	E	FX
100.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Jaroslav Popelka, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-332		<b>Course name:</b> Sport Specialization 2 – Weightlifting			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Lecture / Seminar					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 13 / 13					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 3.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-342		<b>Course name:</b> Sport Specialization 2 – Wrestling			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Lecture / Seminar					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 13 / 13					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 3.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> prof. PaedDr. Pavol Bartík, PhD.					
<b>Last changed:</b> 13.01.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-utr-302		<b>Course name:</b> Sports Kinesiology			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Seminar					
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 26					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 4					
<b>Recommended semester/trimester:</b> 1.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 6					
A	B	C	D	E	FX
100.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Jozef Sýkora, PhD., Mgr. Vladimír Franek, PhD.					
<b>Last changed:</b> 26.09.2023					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-utr-321		<b>Course name:</b> Sports Prevention for Seniors			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Seminar					
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 26					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 4					
<b>Recommended semester/trimester:</b> 2.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. David Brúnn, PhD., Mgr. Michaela Slováková, PhD., Mgr. et Mgr. Jana Daubnerová, PhD.					
<b>Last changed:</b> 14.09.2021					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Sports, Science and Health	
<b>Code:</b> 2d-tre-004	<b>Course name:</b> Sports Research
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 13 / 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 3.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The condition for the evaluation of the course is mandatory, active participation of the student in the class and consultation with the supervisor of the final thesis. The outcome of the course is the submission and presentation of the thesis project during the teaching part of the semester to the course instructor and the submission of the project to the thesis supervisor at the end of the teaching part of the semester. The student must master the specified requirements for the final course grade.	
<b>a) continuous assessment:</b> - Partial part of the final thesis project evaluated by the subject teacher: max 40 points, min 26 points, - Partial part of the final thesis project assessed by the supervisor: max 60 points, min 39 points. Both parts of the interim assessment can be corrected by the student in case of an insufficient assessment (FX) within the period for completion of the study obligations within the deadlines set by the course teacher and the supervisor of the thesis.	
<b>b) final assessment:</b> - on the basis of a mid-term evaluation. The maximum number of points obtained for the mid-term and final evaluation is 100 points, which is 100 %. This corresponds to the grading scale (A = 100-94 %, B = 93-87 %, C = 86-80 %, D = 79-73 %, E = 72-65 %, FX = 64 % or less). Credit will be awarded to a student who has achieved a minimum of 65 % marks in both interim assessment tasks in order to fulfil the specified requirements and thus meet the requirements for the final assessment of the course. The award of credits is also subject to the minimum attendance criterion set by the course instructor (applies only to students without an individual study plan).	
<b>Learning objectives:</b> Student: <ul style="list-style-type: none"> <li>- remembers and masters the knowledge of the issues of preparation and implementation of the final thesis,</li> <li>- knows how to apply the knowledge in a specific thesis,</li> <li>- is able to orientate himself/herself in the issues of different types of professional, qualification and scientific theses,</li> </ul>	

- is able to understand the interrelationships of knowledge from individual disciplines of higher education,
- is able to apply the knowledge acquired in the course to specific procedures in his/her own final thesis,
- can correctly use methods, interpret results and formulate conclusions,
- can create a specific thesis project in sport, which can be the basis for his/her master thesis.
- can analyze the problem to be solved into logically and systematically separated and interrelated structural parts of the thesis,
- is able to continue his/her education in the subject and is able to be independent and autonomous.

**Brief outline of the course:**

- Types of professional, qualifying and scientific papers.
- Preparation and implementation of scientific work.
- Timetable of the final thesis development
- Specific features of final theses in sport.
- Working with sources, list of bibliographic references.
- Individual parts of the thesis.
- Methods of data acquisition.
- Methods of data evaluation (e.g. statistical analysis, basics of inferential data analysis, statistical hypothesis testing, parametric and non-parametric statistical tests, validation of normality of data distribution. Interpretation of results, formulation of conclusions, etc.)
- Assessment of written final papers.
- Ethical issues related to scientific work.
- Communication skills in presentation.
- Organisation of a scientific event.
- Shortcomings in conducting research and writing scientific papers.

**Recommended literature:**

1. Časopisecká odborná a vedecká literatúra z domácich, zahraničných printových aj online literárnych zdrojov, ktoré vychádzajú zo záverečných prác.
2. HENDL, J. 2009. Přehled statistických metod : analýza a metaanalýza dat. Praha : Portál, 2009. 736 s. ISBN 978-80-7367-482-3.
3. KIMLIČKA, Š. 2002. Ako citovať a vytvárať zoznamy bibliografických odkazov podľa noriem ISO 690 pre „klasické“ a elektronické zdroje. Bratislava : STIMUL, 2002. 82 s. ISBN 80-88982-57-X.
4. KOMPÁN, J. a kol. 2010. Vedy o športe. Pedagogická fakulta, Univerzita J. E. Purkyně v Ústí nad Labem : PrintActive s.r.o. Ústí nad Labem, 2010. 166 s. ISBN 9788074142741
5. MEŠKO, D. – KATUŠČÁK, D. a kol. 2004. Akademická príručka. Martin : Osveta. 2004. 317 s.
6. PIVOVARNÍČEK, P. 2021 Štatistické vyhodnocovacie metódy vo vedách o športe pomocou softvéru SPSS. Bratislava : VEDA, 2021. 225 s. ISBN 978-80-200-3295-9
7. SMERNICA č.12/2011 o záverečných, rigorózných a habilitačných prácach na UMB v Banskej Bystrici a jej dodatky
8. ŠVAŘÍČEK, R. – ŠEĐOVÁ, K. 2007. Kvalitativní výskum v pedagogických vědách. Praha : Portál, 2007. 384 s. ISBN 9788026206446
9. ŠVEC, Š. a kol. 1998. Metodológia vied o výchove. Bratislava : IRIS,1998. 300s. ISBN 8088778735

**Language of instruction:**

slovak



**Notes:student time load:**

90 hours, of which:

combined study: 39 hours

preparation of the final thesis project: 36 hours

mandatory contact consultations with the supervisor: min. 15 hours.

**Course assessment**

The final number of assessed students: 76

A	B	C	D	E	FX
2.63	18.42	27.63	26.32	25.0	0.0

**Instructor:** doc. PaedDr. Pavol Pivovarniček, PhD., prof. PaedDr. Martin Pupiš, PhD., doc. PaedDr. Štefan Adamčák, PhD., prof. PaedDr. Pavol Bartík, PhD., PaedDr. Boris Beťák, PhD., Mgr. David Brúnn, PhD., prof. PaedDr. Ivan Čillík, CSc., Mgr. et Mgr. Jana Daubnerová, PhD., Mgr. Andrea Izáková, PhD., PaedDr. Rastislav Kollár, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Juraj Kremnický, PhD., PaedDr. Martina Mandzáková, PhD., doc. PaedDr. Jiří Michal, PhD., doc. PaedDr. Miroslav Nemeč, PhD., PaedDr. Mgr. Lukáš Opáth, PhD., Mgr. Jaroslav Popelka, PhD., PaedDr. Zuzana Pupišová, PhD., Mgr. Miroslava Rošková, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD., Mgr. Michaela Slováková, PhD., PaedDr. Stanislava Straňavská, PhD., Mgr. Jozef Sýkora, PhD., Mgr. Vladimír Franek, PhD.

**Last changed:** 10.09.2024**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-utr-008		<b>Course name:</b> Sports terminology for advanced in English			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Seminar					
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 26					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 4					
<b>Recommended semester/trimester:</b> 2.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 62					
A	B	C	D	E	FX
24.19	22.58	32.26	6.45	14.52	0.0
<b>Instructor:</b> Mgr. et Mgr. Jana Daubnerová, PhD., Mgr. Jozef Sýkora, PhD.					
<b>Last changed:</b> 15.02.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-tre-108		<b>Course name:</b> State Exam Master Thesis with Defence			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b>					
<b>Course type:</b> A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b>					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 20					
<b>Recommended semester/trimester:</b> 3., 4..					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Instructor:</b>					
<b>Last changed:</b> 02.03.2021					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Sports, Science and Health	
<b>Code:</b> 2d-utr-250	<b>Course name:</b> Student scientific activity 1
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 2.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> A condition of the course assessment is the active participation of the student in the SSCC. During the semester, the student continuously works on his/her research project or on the creation of a movement composition. The outcome of the course is the submission and handing in of the project of the scientific thesis or the idea sheet of the movement composition and the active performance at the all-faculty SVUK on the specified date in the summer semester. The student must master the specified requirements for the final course grade.	
<b>b) final assessment:</b> - on the basis of active participation in the faculty-wide SACS (graduated).	
<b>Learning objectives:</b> Theoretical section - remembers and masters the knowledge of the issues of preparation and implementation of scientific work, - can apply the knowledge in specific scientific work. - is able to orientate himself/herself in the problems of different types of professional and scientific work, - is able to understand the interrelationships of knowledge from individual disciplines of higher education, - is able to apply the knowledge acquired in the subjects to specific procedures in his/her own scientific work. - can correctly use methods, interpret results and formulate conclusions, - can create a specific scientific work in sport, which can be the basis for his/her final thesis. - can analyse a solved problem into logically and systematically separated and interconnected structural parts of a scientific thesis. - is able to continue his/her education in the subject and can be independent and autonomous.	
Movement tracks - Can perform an overall harmonisation of movement and music - knows how to apply appropriate content means in relation to the subject and the maturity of the practitioners, technical demonstration - can interpret the musical subject in rhythmic, tempo and dynamic structure, uniformity of performance, interplay in plan and space.	

- can use variety, gradations, logical sequence of exercises, development and variations of supporting movement motifs,
- knows how to incorporate appropriate elements with the application of compositional articulation, application of contrast and variety of variations of movement motifs
- can create and perform a complete movement composition with an original theme.

**Brief outline of the course:**

Theoretical section

- Preparation and implementation of scientific work.
- Timetable of thesis development.
- The peculiarities of scientific work in sport.
- Work with sources, list of bibliographic references - Individual parts of the scientific work.
- Methods of data acquisition.
- Methods of evaluation.
- Interpretation of results, formulation of conclusions, etc.
- Ethical issues related to scientific work.
- Communication skills in presentation.
- Shortcomings in conducting research and writing scientific papers.

Movement tracks

- Preparation of the theme of a movement composition.
- selection of a musical theme
- choreography
- technical mastery of individual movement elements and their variations
- application of spatial changes
- use of appropriate expressive elements and means

**Recommended literature:**

1. Časopisecká odborná a vedecká literatúra z domácich, zahraničných printových aj online literárnych zdrojov, ktoré vychádzajú zo záverečných prác.
2. HENDL, J. 2009. Přehled statistických metod : analýza a metaanalýza dat. Praha : Portál, 2009. 736 s. ISBN 978-80-7367-482-3.
3. KIMLIČKA, Š. 2002. Ako citovať a vytvárať zoznamy bibliografických odkazov podľa noriem ISO 690 pre „klasické“ a elektronické zdroje. Bratislava : STIMUL, 2002. 82 s. ISBN 80-88982-57-X.
4. KOMPÁN, J. a kol. 2010. Vedy o športe. Pedagogická fakulta, Univerzita J. E. Purkyně v Ústí nad Labem: PrintActive s.r.o. Ústí nad Labem, 2010. 166 s. ISBN 9788074142741
5. MEŠKO, D. – KATUŠČÁK, D. a kol. 2004. Akademická príručka. Martin : Osveta. 2004. 317 s.
6. PIVOVARNIČEK, P. 2021 Štatistické vyhodnocovacie metódy vo vedách o športe pomocou softvéru SPSS. Bratislava: VEDA, 2021. 225 s. ISBN 978-80-200-3295-9
7. SMERNICA č.12/2011 o záverečných, rigorózných a habilitačných prácach na UMB v Banskej Bystrici a jej dodatky
8. ŠVAŘÍČEK, R. – ŠEĐOVÁ, K. 2007. Kvalitativní výskum v pedagogických vedách. Praha : Portál, 2007. 384 s. ISBN 9788026206446
9. ŠVEC, Š. a kol. 1998. Metodológia vied o výchove. Bratislava : IRIS,1998. 300s. ISBN 8088778735
10. HALMOVÁ, N.- PALOVIČOVÁ, J.-ŠIMONEKOVÁ, H.-TRUNEČKOVÁ, E. 2002. Rytmická gymnastika a tance II. časť. Nitra: PF UKF, 2002,156 s. ISBN: 80- 8050- 560- 8.
11. NOVOTNÁ, N.- VLADOVIČOVÁ, N. – PALOVIČOVÁ, J. 2013. Kreativne, estetické a psychomotorické činnosti. Banská Bystrica: FHV UMB, 2013 96s. ISBN 978-80-557-0579-8
11. HALMOVÁ, N. 2000. Rytmická gymnastika a aerobik. Nitra: PF UKF, 2000, 66 s.

12. Kolektív autorov. 2014. Telesná a športová výchova – kolektívne športové činnosti, gymnastické a tanečné pohybové činnosti. Bratislava: NŠC a FTVŠ UK Bratislava, 246s. ISBN: 978-80-971466-3-4 [cit. 2021-09-09]. Dostupné na internete:  
13. [http://videoportal.fhpu.unipo.sk/2015/2015\\_projekt\\_fasportu/rl\\_aer/rl\\_aer.htm](http://videoportal.fhpu.unipo.sk/2015/2015_projekt_fasportu/rl_aer/rl_aer.htm)

**Language of instruction:**

slovak

**Notes:student time load:**

90 hours, of which: preparation of the final thesis project and contact consultations with the thesis supervisor: 80 hours, active output at the faculty-wide SVUK 10 hours.

**Course assessment**

The final number of assessed students: 0

abs	n	p	v
0.0	0.0	0.0	0.0

**Instructor:** PaedDr. Boris Beňák, PhD., Mgr. Miroslava Rošková, PhD., PaedDr. Rastislav Kollár, PhD.

**Last changed:** 13.01.2025

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Sports, Science and Health	
<b>Code:</b> 2d-utr-251	<b>Course name:</b> Student scientific activity 2
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 4.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> A condition of the course assessment is the active participation of the student in the SSCC. During the semester, the student continuously works on his/her research project or on the creation of a movement composition. The outcome of the course is the submission and handing in of the project of the scientific thesis or the idea sheet of the movement composition and the active performance at the all-faculty SVUK on the specified date in the summer semester. The student must master the specified requirements for the final course grade.	
<b>b) final assessment:</b> - on the basis of active participation in the faculty-wide SACS (graduated).	
<b>Learning objectives:</b> Student: Theoretical section <ul style="list-style-type: none"> <li>- remembers and masters the knowledge of the issues of preparation and implementation of scientific work, - can apply the knowledge in specific scientific work.</li> <li>- is able to orientate himself/herself in the problems of different types of professional and scientific work,</li> <li>- is able to understand the interrelationships of knowledge from individual disciplines of higher education,</li> <li>- is able to apply the knowledge acquired in the subjects to specific procedures in his/her own scientific work.</li> <li>- can correctly use methods, interpret results and formulate conclusions, - can create a specific scientific work in sport, which can be the basis for his/her final thesis.</li> <li>- can analyse a solved problem into logically and systematically separated and interconnected structural parts of a scientific thesis.</li> <li>- is able to continue his/her education in the subject and can be independent and autonomous.</li> </ul> Movement tracks <ul style="list-style-type: none"> <li>- Can perform an overall harmonisation of movement and music</li> <li>- knows how to apply appropriate content means in relation to the subject and the maturity of the practitioners, technical demonstration</li> <li>- can interpret the musical subject in rhythmic, tempo and dynamic structure, uniformity of performance, interplay in plan and space.</li> </ul>	

- can use variety, gradations, logical sequence of exercises, development and variations of supporting movement motifs,
- knows how to incorporate appropriate elements with the application of compositional articulation, application of contrast and variety of variations of movement motifs
- can create and perform a complete movement composition with an original theme.

#### **Brief outline of the course:**

##### Theoretical section

- Preparation and implementation of scientific work.
- Timetable of thesis development.
- The peculiarities of scientific work in sport.
- Work with sources, list of bibliographic references - Individual parts of the scientific work.
- Methods of data acquisition.
- Methods of evaluation.
- Interpretation of results, formulation of conclusions, etc.
- Ethical issues related to scientific work.
- Communication skills in presentation.
- Shortcomings in conducting research and writing scientific papers.

##### Movement tracks

- Preparation of the theme of a movement composition.
- selection of a musical theme
- choreography
- technical mastery of individual movement elements and their variations
- application of spatial changes
- use of appropriate expressive elements and means

#### **Recommended literature:**

1. Časopisecká odborná a vedecká literatúra z domácich, zahraničných printových aj online literárnych zdrojov, ktoré vychádzajú zo záverečných prác.
2. HENDL, J. 2009. Přehled statistických metod : analýza a metaanalýza dat. Praha : Portál, 2009. 736 s. ISBN 978-80-7367-482-3.
3. KIMLIČKA, Š. 2002. Ako citovať a vytvárať zoznamy bibliografických odkazov podľa noriem ISO 690 pre „klasické“ a elektronické zdroje. Bratislava : STIMUL, 2002. 82 s. ISBN 80-88982-57-X.
4. KOMPÁN, J. a kol. 2010. Vedy o športe. Pedagogická fakulta, Univerzita J. E. Purkyně v Ústí nad Labem: PrintActive s.r.o. Ústí nad Labem, 2010. 166 s. ISBN 9788074142741
5. MEŠKO, D. – KATUŠČÁK, D. a kol. 2004. Akademická príručka. Martin : Osveta. 2004. 317 s.
6. PIVOVARNIČEK, P. 2021 Štatistické vyhodnocovacie metódy vo vedách o športe pomocou softvéru SPSS. Bratislava: VEDA, 2021. 225 s. ISBN 978-80-200-3295-9
7. SMERNICA č.12/2011 o záverečných, rigorózných a habilitačných prácach na UMB v Banskej Bystrici a jej dodatky
8. ŠVAŘÍČEK, R. – ŠEĐOVÁ, K. 2007. Kvalitativní výskum v pedagogických vedách. Praha : Portál, 2007. 384 s. ISBN 9788026206446
9. ŠVEC, Š. a kol. 1998. Metodológia vied o výchove. Bratislava : IRIS,1998. 300s. ISBN 8088778735
9. HALMOVÁ, N.- PALOVIČOVÁ, J.-ŠIMONEKOVÁ, H.-TRUNEČKOVÁ, E. 2002. Rytmická gymnastika a tance II. časť. Nitra: PF UKF, 2002,156 s. ISBN: 80- 8050- 560- 8.
10. NOVOTNÁ, N.- VLADOVIČOVÁ, N. – PALOVIČOVÁ, J. 2013. Kreativne, estetické a psychomotorické činnosti. Banská Bystrica: FHV UMB, 2013 96s. ISBN 978-80-557-0579-8
11. HALMOVÁ, N. 2000. Rytmická gymnastika a aerobik. Nitra: PF UKF, 2000, 66 s.



12. Kolektív autorov. 2014. Telesná a športová výchova – kolektívne športové činnosti, gymnastické a tanečné pohybové činnosti. Bratislava: NŠC a FTVŠ UK Bratislava, 246s. ISBN: 978-80-971466-3-4 [cit. 2021-09-09]. Dostupné na internete:  
13. [http://videoportal.fhpu.unipo.sk/2015/2015\\_projekt\\_fasportu/rl\\_aer/rl\\_aer.htm](http://videoportal.fhpu.unipo.sk/2015/2015_projekt_fasportu/rl_aer/rl_aer.htm)

**Language of instruction:**

slovak

**Notes:student time load:**

90 hours, of which: preparation of the final thesis project and contact consultations with the thesis supervisor: 80 hours, active output at the faculty-wide SVUK 10 hours.

**Course assessment**

The final number of assessed students: 0

abs	n	p	v
0.0	0.0	0.0	0.0

**Instructor:** PaedDr. Boris Beňák, PhD., Mgr. Miroslava Rošková, PhD., PaedDr. Rastislav Kollár, PhD.

**Last changed:** 13.01.2025

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-utr-009		<b>Course name:</b> Team Building in PE and Sports			
<b>Type, extent and method of instruction:</b>					
<b>Form of instruction:</b> Seminar					
<b>Course type:</b> B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)					
<b>Recommended number of periods:</b> 26					
<b>Method of study:</b> combined					
<b>Number of credits:</b> 4					
<b>Recommended semester/trimester:</b> 2.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b>					
The final number of assessed students: 56					
A	B	C	D	E	FX
98.21	1.79	0.0	0.0	0.0	0.0
<b>Instructor:</b> doc. Mgr. PhDr. Miroslav Sližik, PhD., Mgr. Miroslava Rošková, PhD., PaedDr. Jaroslav Kompán, PhD.					
<b>Last changed:</b> 15.02.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica					
<b>Faculty:</b> Faculty of Sports, Science and Health					
<b>Code:</b> 2d-utr-225		<b>Course name:</b> Tennis Exercises 2			
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined					
<b>Number of credits:</b> 3					
<b>Recommended semester/trimester:</b> 2.					
<b>Level:</b> II.					
<b>Prerequisites:</b>					
<b>Course completion conditions:</b>					
<b>Learning objectives:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:student time load:</b>					
<b>Course assessment</b> The final number of assessed students: 71					
A	B	C	D	E	FX
39.44	35.21	16.9	5.63	2.82	0.0
<b>Instructor:</b> PaedDr. Boris Beťák, PhD.					
<b>Last changed:</b> 05.10.2022					
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.					

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Sports, Science and Health	
<b>Code:</b> 2d-vdsl-02	<b>Course name:</b> The Great Works in World Literature II
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Lecture <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 2., 4.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> The student prepares an essay in which he/she takes a position on the issue discussed. The final assessment is passed/failed.	
<b>Learning objectives:</b> 1. The student will obtain an adequate overview of the origin and functioning of selected representative literary works from several civilizational and cultural areas from medieval literature to contemporary literature; will improve in professional terminology. 2. The student will acquire the specific interpretation skills necessary when working with a literary text anchored in a radically different cultural environment, thereby strengthening tolerance towards cultural differences and the will to respect the right to be different. 3. The student is able to conduct research on the assigned topic, can identify reliable sources, select relevant information from them and present it to others in a clear and useful form. 4. The student will acquire an organized sum of knowledge and a more widely applicable set of useful habits, methods, approaches, competences applicable in the interpretation of literary and non-literary texts or other cultural phenomena from various cultural periods.	
<b>Brief outline of the course:</b> Some of the greatest works of the European literature from the Middle Ages to the present day will be presented. It will be a selective selection of the presentation of literary worlds and the values they created. The Divine Comedy as the main work of the Middle Ages or the Renaissance? The Middle Ages as the "cradle" of European culture and education. Testaments enfant terrible. The spiciness of the Decameron and Laura's ephemerality. From Shakespeare to French classical drama. Playwrights and their (non)dramatic characters. Fairy tales that changed the world. Shock the bourgeois! Avant-gardes in world art. Literature as a place for women. On Freedom, Being and Apricot Cocktails: Existentialism in World Literature. Crazy for Life: The Beat Generation and Their Followers. Great works in small publishers.	
<b>Recommended literature:</b> 1. BURKE, Peter. Kulturní historie. Dokořán, 2011. 2. MACURA, V. a kol.: Slovník světových literárních děl. 3. PIŠŮT, M.: Dejiny svetovej literatúry (I., II.). 4. Malá encyklopédia spisovateľov sveta	

5. VANTUCH, A.: Dejiny francúzskej literatúry.
6. BAŠTÍN, Š.: Dejiny anglickej a americkej literatúry.
7. STROMŠÍK, J.: Od Grimmshausena k Dürenmattovi – Kapitoly z nemecké literatury.
8. CVRKAL, I.: Z dejín európskych literatúr 20. storočia.
9. CVRKAL, I.: Kapitoly z moderny, avantgardy a postmoderny.
10. NEZVAL, V.: Moderní básnické směry.
11. KASÁČ, Z.: Svetová literatúra 20. storočia.
12. Heslo Svetová literatúra, v: <http://hyperlexikon.sav.sk/sk/pojem/zobrazit///svetova-literatura>
13. <http://encyclopedia.thefreedictionary.com/Literature>

**Language of instruction:**

Slovak

**Notes:student time load:**

90 hours, of which 26 hours full-time, 64 hours self-study

**Course assessment**

The final number of assessed students: 23

abs	n	p	v
95.65	4.35	0.0	0.0

**Instructor:** PaedDr. Zuzana Bariaková, PhD., prof. PaedDr. Martin Golema, PhD., doc. Ivan Jančovič, PhD., Mgr. Martina Kubealaková, PhD., Mgr. Eva Pršová, PhD., doc. PaedDr. Jozef Tatár, PhD., Mgr. Eva Urbanová, PhD.

**Last changed:** 19.09.2023

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Sports, Science and Health			
<b>Code:</b> 2d-FS1-003		<b>Course name:</b> Univerzitný folklórny súbor 1	
<b>Type, extent and method of instruction:</b>			
<b>Form of instruction:</b> Seminar			
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)			
<b>Recommended number of periods:</b> 26			
<b>Method of study:</b> combined			
<b>Number of credits:</b> 3			
<b>Recommended semester/trimester:</b> 1., 3.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b>			
The final number of assessed students: 16			
abs	n	p	v
100.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. art. Martin Urban, PhD.			
<b>Last changed:</b> 04.04.2023			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Sports, Science and Health			
<b>Code:</b> 2d-UKO1-003	<b>Course name:</b> Univerzitný komorný orchester 1		
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> Seminar <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> 26 <b>Method of study:</b> combined			
<b>Number of credits:</b> 3			
<b>Recommended semester/trimester:</b> 1., 3.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b> The final number of assessed students: 1			
abs	n	p	v
100.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Pavel Martinka, PhD.			
<b>Last changed:</b> 04.04.2023			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica			
<b>Faculty:</b> Faculty of Sports, Science and Health			
<b>Code:</b> 2d-SPZ1-003		<b>Course name:</b> Univerzitný spevácky zbor 1	
<b>Type, extent and method of instruction:</b>			
<b>Form of instruction:</b> Seminar			
<b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses)			
<b>Recommended number of periods:</b> 26			
<b>Method of study:</b> combined			
<b>Number of credits:</b> 3			
<b>Recommended semester/trimester:</b> 1., 3.			
<b>Level:</b> II.			
<b>Prerequisites:</b>			
<b>Course completion conditions:</b>			
<b>Learning objectives:</b>			
<b>Brief outline of the course:</b>			
<b>Recommended literature:</b>			
<b>Language of instruction:</b>			
<b>Notes:student time load:</b>			
<b>Course assessment</b>			
The final number of assessed students: 5			
abs	n	p	v
100.0	0.0	0.0	0.0
<b>Instructor:</b> Mgr. Pavel Martinka, PhD.			
<b>Last changed:</b> 04.04.2023			
<b>Approved by:</b> prof. PaedDr. Ivan Čillík, CSc.			



## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Sports, Science and Health	
<b>Code:</b> 2d-utr-253	<b>Course name:</b> Volunteering in sports 1
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 2.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> 1. Active volunteering for a total of 40 hours for: (a) an international or domestic sporting event organised by a national sports federation or other sports organisation, (b) a faculty or national round of the SVA; or (c) co-organising sporting events for students and staff of UMB 2. Preparation of a final report on the volunteering activity, which is also a certificate of completion. The student's final report will be certified by the organisation for which the volunteering activity was carried out. The confirmation shall include the name of the organisation, the student's name, surname and date of birth, the name of the sporting event, the date and the total time in hours of the volunteering activity. The student shall briefly describe the content of the volunteering activity and the skills acquired during the volunteering.	
<b>b) final assessment:</b> Final grade based on completion of course requirements and student completion of a final report - (Pass). The student may also acquire a total of 40 hours through a combination of volunteering at several events in which he/she has actively participated.	
<b>Learning objectives:</b> Student: - is able to use terminology correctly in the chosen sport, - is able to correctly name and describe the content of the chosen sport, - knows the rules in the chosen sport, - is flexible and able to fulfil the tasks of the organising committee	
<b>Brief outline of the course:</b> Volunteering at an international sporting event.	
<b>Recommended literature:</b>	
<b>Language of instruction:</b> Slovak/Czech/English	
<b>Notes:student time load:</b>	

Total time commitment of the student: 90 hours, of which:  
40 hours of volunteering  
Preparation for volunteering: 35 hours  
Preparation of the final report: 15 hours

**Course assessment**

The final number of assessed students: 0

abs	n	p	v
0.0	0.0	0.0	0.0

**Instructor:** PaedDr. Boris Beťák, PhD., Mgr. et Mgr. Jana Daubnerová, PhD., PaedDr. Rastislav Kollár, PhD.

**Last changed:** 14.03.2025

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

## Course Description

<b>University:</b> Matej Bel University in Banská Bystrica	
<b>Faculty:</b> Faculty of Sports, Science and Health	
<b>Code:</b> 2d-utr-254	<b>Course name:</b> Volunteering in sports 2
<b>Type, extent and method of instruction:</b> <b>Form of instruction:</b> <b>Course type:</b> C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) <b>Recommended number of periods:</b> <b>Method of study:</b> combined	
<b>Number of credits:</b> 3	
<b>Recommended semester/trimester:</b> 4.	
<b>Level:</b> II.	
<b>Prerequisites:</b>	
<b>Course completion conditions:</b> 1. Active volunteering for a total of 40 hours for: (a) an international or domestic sporting event organised by a national sports federation or other sports organisation, (b) a faculty or national round of the SVA; or (c) co-organising sporting events for students and staff of UMB 2. Preparation of a final report on the volunteering activity, which is also a certificate of completion. The student's final report will be certified by the organisation for which the volunteering activity was carried out. The confirmation shall include the name of the organisation, the student's name, surname and date of birth, the name of the sporting event, the date and the total time in hours of the volunteering activity. The student shall briefly describe the content of the volunteering activity and the skills acquired during the volunteering.	
<b>b) final assessment:</b> Final grade based on completion of course requirements and student completion of a final report - (Pass). The student may also acquire a total of 40 hours through a combination of volunteering at several events in which he/she has actively participated.	
<b>Learning objectives:</b> Student: - is able to use terminology correctly in the chosen sport, - is able to correctly name and describe the content of the chosen sport, - knows the rules in the chosen sport, - is flexible and able to fulfil the tasks of the organising committee	
<b>Brief outline of the course:</b> Volunteering at an international sporting event.	
<b>Recommended literature:</b>	
<b>Language of instruction:</b> Slovak/Czech/English	
<b>Notes:student time load:</b>	

Total time commitment of the student: 90 hours, of which:  
40 hours of volunteering  
Preparation for volunteering: 35 hours  
Preparation of the final report: 15 hours

**Course assessment**

The final number of assessed students: 0

abs	n	p	v
0.0	0.0	0.0	0.0

**Instructor:** PaedDr. Boris Beťák, PhD., Mgr. et Mgr. Jana Daubnerová, PhD., PaedDr. Rastislav Kollár, PhD.

**Last changed:** 14.03.2025

**Approved by:** prof. PaedDr. Ivan Čillík, CSc.