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Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1d-EPT1-003		Course name: (E)motion – movement atanec in emotions 1	
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3., 5.			
Level: I.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 230			
abs	n	p	v
92.61	7.39	0.0	0.0
Instructor:			
Last changed: 23.02.2023			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-fil-034	Course name: Academic Ethics
Type, extent and method of instruction: Form of instruction: Lecture Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3.	
Level: I.	
Prerequisites:	
Course completion conditions: The maximum number of points consisting of continuous and final assessment is 100. Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements. a) continuous assessment: continuous test: 0–15 p. Analysis and interpretation of a selected text 0–15 p. Case study: 0–30 p. b) final assessment: Written exam: 0–40 p.	
Learning objectives: The student: 1. understands the nature and specificities of contemporary academic ethics as a specific type of applied ethics 2. understand the distinction between ethics and morals (knows moral sources and justifications) 3. can identify, understand, analyse, and interpret the basic problems of academic ethics 4. applies this knowledge in practice (in the academic environment); can evaluate the correctness and acceptability of students' actions and behaviour in the context of the rules and standards of academic ethics, MBU Student Code of Ethics, and MBU Employee Code of Ethics; evaluates the moral climate and ethical problems in the academic environment of their own university/faculty.	
Brief outline of the course: Academic ethics as the foundation for improving the quality of the relationships within an ethical environment, improving student ethical culture and reputation of the academic institution. The nature and theory of academic ethics as a specific type of applied ethics. The principles and theory of academic ethics. The development of academic ethics in Slovakia and abroad. Ethical problems in the academic environment (the most frequent academic ethical problems and topics related to violations of academic ethics). The legislation of academic ethics (the relationship of morality and law, legal aspects of the academic environment). Preventive ethics – how to prevent unethical behaviour in the academic environment? The Code of Ethics as a representation of the values held by the university management (tradition, academic liberty, moral responsibility and its conditions). MBU Employee Code of Ethics. MBU Student Code of Ethics and academic ethics management forms. Ethical Commission as an important tool of the university policy.	

Recommended literature:

COOP, D. 2006. The Oxford Handbook of Ethical Theory. Edited by David Copp. Oxford: Oxford University Press (vybrané kapitoly)

GUITCHÉVA, G., FOBEL, P., KREMNIČANOVÁ, E., VINCÚR, B. 2011. Akademická etika. Tvorba a implementácia etického kódexu. Banská Bystrica: Univerzita Mateja Bela v Banskej Bystrici, Fakulta humanitných vied

HAMILTON, N.W. 2002. Academic. Ethics. Problems and Materials on Professional Conduct and Shared Governance. Prager Publisher: Wesport.

KRÁLIKOVÁ, R. 2009. Zavádzanie pravidiel akademickej etiky na slovenských vysokých školách. Inštitút pre dobre spravovanú spoločnosť, 2009. Dostupné na: <http://www.governance.sk/index.php?id=1192>

Language of instruction:

Slovak, Czech, English

Notes: student time load:

Total: 90 h. combined study (lectures/seminars/consultations): 26 h. Studying for the continuous tests: 20 h. Analysis of a selected text: 10 h. Case study: 20 h.
Studying for the written exam: 24 h.

Course assessment

The final number of assessed students: 307

A	B	C	D	E	FX(0)	FX(1)	n
27.04	38.11	21.17	4.23	1.3	5.21	2.93	0.0

Instructor: doc. PhDr. Andrea Klimková, PhD., PhDr. Daniela Kováčová, PhD., doc. Mgr. Ulrich Wollner, PhD., univ. prof.

Last changed: 27.09.2022

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-asc-01	Course name: Academic Slovak for Foreigners
Type, extent and method of instruction: Form of instruction: Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: a) continuous assessment: public presentation (0 – 50 points), b) final assessment: final written exam (0 – 50 points). The maximum number of points consisting of continuous and final assessment is 100. 100. Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100 for completing the given requirements.	
Learning objectives: The student is able to analyse differences between oral and written communication, they are able to analyse specifics of written and oral communications, they gain complex writing skills and are familiar with linguistic styles and genres. Development of productive and receptive communication skills - C level. Students will be able to adequately use specialised terminology. Students are able to apply acquired knowledge in order to prepare intelligible, argumentative, terminologically adequate and cultivated speech or paper. They are able to formally discuss opinions on complex topics and is able to give convincing claims on the level of native speakers. They are able to discuss abstract and complex topics. They are able to give proper arguments, to answer questions and comments and to fluently, spontaneously and appropriately argue in polemic discussions.	
Brief outline of the course:	
Recommended literature: FINDRA, J.: Stavba a prednes rečníckeho prejavu. Martin : Osveta, 1989. KATUŠČÁK, D. a kol.: Ako písať záverečné a kvalifikačné práce. Martin : Enigma, 2007. KLINCKOVÁ, J.: Neverbálna komunikácia alebo... Banská Bystrica : UMB, 2011. KLINCKOVÁ, J.: Verbálna komunikácia z pohľadu lingvist(i)ky. Banská Bystrica : Univerzita Mateja Bela – Fakulta humanitných vied, 2008. MEŠKO, D. et al.: Akademická príručka. 2. uprav. a dopln. vyd. Martin : Osveta, 2005. MISTRÍK, J.: Rétorika. 3. vyd. Bratislava : SPN, 1987. PATRÁŠ, V.: Pohotovité čítanie a myšlienkové spracovanie textu. Banská Bystrica : UMB, 2011. SLANČOVÁ, D.: Základy praktickej rétoriky. Prešov : Náuka, 2001. STAROŇOVÁ, K.: Vedecké písanie. Ako písať akademické a vedecké texty. Martin : Osveta, 2011.	

ŠKVARENINOVÁ, O.: Rečová komunikácia. 3., rozšír. vyd. Trnava : UCM, 2014.							
Language of instruction: Slovak							
Notes:student time load: 90 hours: Combined studies (L, S, C): 26, self-study: 26 presentation preparation: 18 written exam preparation: 20 information acquirement, legislative work: filling forms: others:							
Course assessment The final number of assessed students: 65							
A	B	C	D	E	FX(0)	FX(1)	n
6.15	15.38	12.31	13.85	10.77	23.08	18.46	0.0
Instructor: Mgr. Veronika Gondeková, PhD.							
Last changed: 06.10.2022							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-305	Course name: Academic Writing in English
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: During the semester, students realise research on special linguistic topic selected by the teacher. Outside assignments include reading sources, note taking, excerpting primary and secondary sources and summarising. In the last week of the term students submit their final paper which has the form of a bachelor thesis and presents the results of research realised during the term. The number of points obtained corresponds to the grading assessment scale. Credits will be given to students who obtain at least 65 out of 100 points. a) continuous assessment: active participation at seminars: 0-20 points b) final assessment: final paper: 0-80 points	
Learning objectives: The student will be able: 1. To use basic concepts of research work, such as note taking, paraphrasing, summarising and quoting in writing student's final thesis. 2. To understand issues related to avoiding plagiarism and to learn how to put together larger written assignment. 3. To identify the stylistic variations of an academic text. 4. To develop students' overall writing skills in English as well as skills necessary for completing higher-level research. 5. To be able to present qualitative and quantitative analysis of the linguistic corpus.	
Brief outline of the course: Students learn how to write academic papers in the scientific and technical style, they learn how to quote, paraphrase, summarize, search for sources, organize their note cards, etc. The course is aimed for those students who want to write their bachelor thesis at the Department of English and American Studie.	
Recommended literature: KLINCKOVÁ, J. 2000. Rukoväť diplomanta. Banská Bystrica : FHV UMB, 2000. KATUŠČÁK, D. 1998. Ako písať vysokoškolské a kvalifikačné práce. Bratislava : Stimul, 1998. WEIDENBORN, S. 1990. Writing Research Papers. New York : St. Martin's Press, 1990. TRZECIAK, J. 1994. Study Skills for Academic Writing. London : Prentice Hall Int., 1994.	

Strana: 108 WHITE, R. 1994. Writing. London : Prentice Hall International, 1994.							
Language of instruction: English C1 and Slovak							
Notes:student time load: Time load: 90 combined studies: 13 self-study: 17 collecting linguistic corpus: 20 writing final paper: 40							
Course assessment The final number of assessed students: 17							
A	B	C	D	E	FX(0)	FX(1)	n
64.71	23.53	5.88	0.0	5.88	0.0	0.0	0.0
Instructor: prof. Leonid Chernovaty, PhD.							
Last changed: 03.05.2022							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-115	Course name: American Literature 1
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 4.	
Level: I.	
Prerequisites:	
Course completion conditions: Over the course of the semester, the student will develop a presentation of an assigned novel according to criteria defined by the instructor. The student will read a total of eleven shorter texts (essays, short stories) assigned for each week of the semester and five novels. At the end of the semester, the student will take a written test and an oral exam. The student is entitled to one make-up period for both the written and oral parts of the examination. Grading is based on a grading scale of A (100-94%), B (93-87%), C (86-80%), D (79-73%), and E (72-65%). Credits will be awarded to a student who earns a minimum of 65 out of 100 points for meeting the requirements. a) Continuous assessment: presentation of the chosen novel: 0-30 points b) Final assessment: written test: 0-35 points oral exam: 0-35 points a) continuous assessment: Continuous assessment: Presentation of an assigned novel: 0-30 points b) final assessment: Final assessment: written test: 0-35 points, oral exam: 0-35 points	
Learning objectives: 1. Based on the knowledge gained, the student will gain a broader overview of the major stages of development, genres, authors, and works of American literature from the 20th century to the present. 2. The student will be able to apply theoretical knowledge to the analysis and interpretation of representative fiction texts from the periods covered. 3. The student will apply the acquired theoretical foundation in the development of a presentation of an assigned novel.	
Brief outline of the course:	
Recommended literature: 1. FORD, Boris (ed.) American Literature. Volume 9 of the New Pelican Guide to English Literature. London : Penguin Group, 1991. 2. LAUTER, Paul (gen.editor). The Heath Anthology, Volume II., Lexington, Mass. Toronto Heath and Company, 1990. 3. RULAND, Richard – Malcolm Bradbury. Od puritanismu k postmodernismu. Dějiny americké literatury. Praha : Mladá fronta, 1997.	

4. BAŠTÍN, Štefan – Olexa, Jozef – Studená, Zora. Dejiny anglickej a americkej literatúry. Bratislava : Obzor, 1993.
 5. CUNLIFFE, Marcus. The Literature of the United States. London : Penguin Books, 1991.
 6. PROCHÁZKA, Martin, a kol. Lectures on American Literature. Praha: Karolinum, 2002.
 7. GEYH, Paula, Fred G. Leebron, Andrew Levy. Postmodern American Fiction. A Norton Anthology. 1998
 8. FEŤKOVÁ, Katarína. Ne/lásky matiek a dcér. Feministická interpretácia prozaického diela Toni Morrisonovej. Banská Bystrica : FHV UMB, 2006.
 9. FEŤKOVÁ, Katarína. Cestovateľky v tele, mysli a fantázii. Dve štúdie o afroamerickej ženskej literatúre. Banská Bystrica : FHV UMB, 2009.
 10. FEŤKOVÁ, Katarína. Hlasy spoza mechie. Vývoj a smerovanie americkej židovskej ženskej literatúry od začiatku 20. storočia po súčasnosť. Banská Bystrica : FHV UMB, 2013.
- Online sources: www.ipl.com; www.bartleby.com

Language of instruction:

English language, level B2 (CEFR)

Notes:student time load:

120 hours, of which:

Combined study (P, S): 26

Lecturing of primary texts: 34

Preparation of a presentation: 10

Preparation for the midterm test: 20

Preparation for the final exam: 30

Course assessment

The final number of assessed students: 487

A	B	C	D	E	FX(0)	FX(1)	n
28.34	19.3	18.48	9.65	11.29	5.95	6.98	0.0

Instructor: PhDr. Ľubica Pliešovská, PhD., doc. PaedDr. Jana Javorčíková, PhD., univ. prof.,
PhDr. Miroslava Melicherčíková, PhD., univ. doc.

Last changed: 31.03.2022

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-215	Course name: American Literature 2
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 5	
Recommended semester/trimester: 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: Over the course of the semester, students will read a total of eleven shorter texts (essays, short stories) assigned to each week of the semester and five novels. They must actively participate in seminar discussions. At the end of the semester, each student will take a written test and an oral exam. Students are entitled to one make-up period for both the written and oral portions of the exam. The evaluation is carried out according to the grading scale: A (100-94%), B (93-87%), C (86-80%), D (79-73%), E (72-65%). Credits will be awarded to a student who earns a minimum of 65 out of 100 points for meeting the requirements. a) continuous assessment: Active participation in seminars: 0-30 points b) final assessment: Final assessment: Written test: 0-30 points Oral exam: 0-30 points	
Learning objectives: 1. Student can work analytically with English written literary text. 2. Through an exact decoding of the linguistic code in which the text is written, student is able to decipher its symbolism, hidden meanings, possible interpretations, timelessness and relevance of the text for the present. 3. Student is able to present the results of his/her own interpretive analysis in seminars and confront his/her position with different interpretive approaches.	
Brief outline of the course: Colonial Literature: William Bradford, Jonathan Edwards. The origins of the new democracy: Thomas Paine. Origins of Romanticism: Washington Irving, James Fenimore Cooper. American Renaissance: Edgar Allan Poe. Transcendentalism: Ralph Waldo Emerson, Henry David Thoreau. Late Romanticism: Nathaniel Hawthorne, Herman Melville. Realism - regional prose: Mark Twain. Psychological realism: Henry James. Naturalism: Stephen Crane. Jack London.	
Recommended literature: Recommended literature:	

1. BLAIR, W. et al. (1971). The Literature of United States. Glenview: Scott, Foresman and Company.
2. HART, James D. (1980). The Oxford Companion to American Literature. New York: Oxford University Press. Strana:
3. LAWRENCE, Herbert D. (2002). Studie z klasické americké literatury. Brno: Host.
4. LEE, B. (1987). American Fiction 1865-1940. London and New York: Longman.
5. McMICHAEL, George et al. (2000). Anthology of American Literature. Volume I: Colonial through Romantic. London: Prentice-Hall.
6. PROCHÁZKA, M. a kol. (2002). Lectures on American Literature. Praha: Univerzita Karlova v Praze – Nakladatelství Karolinum.

Language of instruction:

English language, level B1 (according to CEFR)

Notes: student time load:

150 hours, of which:

Combined study (P, S): 26

Lecturing of primary texts: 44

Preparation for the midterm test: 40

Preparation for the final exam: 40

Course assessment

The final number of assessed students: 108

A	B	C	D	E	FX(0)	FX(1)	n
47.22	15.74	15.74	12.04	4.63	0.93	3.7	0.0

Instructor: PhDr. Ľubica Pliešovská, PhD., PhDr. Miroslava Melicherčíková, PhD., univ. doc., doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Last changed: 31.03.2022

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-118	Course name: American Studies
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 5.	
Level: I.	
Prerequisites:	
Course completion conditions: At the end of semester students will take a final exam (100 %). The student has the right to one resit of the written final exam composed of the whole curriculum. The total course assessment corresponds to the A-FX grading scale: A (100 – 94%), B (93 – 87%), C (86 – 80%), D (79 – 73%), E (72 – 65%). Credits will be awarded to students who earn a minimum of 65 points out of a possible 100. a) continuous assessment: During the course of a semester students' progress will be informally monitored in seminars. b) final assessment: Exam (100%)	
Learning objectives: After completing the course, the student will be able: 1. To search for, analyse and present information about chosen cultural, political and social phenomena in current American society 2. To actively use appropriate and relevant vocabulary regarding cultural studies 3. To understand the principle of functioning important institutions and organisations in the US and explain it in a foreign language 4. To apply a critical analysis in the assessment of selected social and political phenomena	
Brief outline of the course: The essence, content and methods of the discipline “American studies”. Topography and regional geography of the US. Immigration waves in the US. Social theories and metaphors. The problem of national identity and stereotypes. American institutions. The American political system. Political parties in the US. The election system in the US. The law system in the US. The education system in the US. American mass media. Art and culture in the US.	
Recommended literature: 1. JAVORČÍKOVÁ, J. – DOVE, M. E. 2019. Explorations in American Life and Culture. Banská Bystrica: Belianum, 2021. DOI: https://doi.org/10.24040/2021.9788055718606	
Language of instruction: English B2	
Notes:student time load:	

120 hrs., including: Combined study (lectures/seminars/consultations): 26 Self-study: 94							
Course assessment The final number of assessed students: 316							
A	B	C	D	E	FX(0)	FX(1)	n
31.96	27.85	18.04	11.39	8.86	1.27	0.63	0.0
Instructor: doc. PaedDr. Jana Javorčíková, PhD., univ. prof., Mgr. Michael Eliot Dove							
Last changed: 22.06.2022							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 12-IDR	Course name: An Introduction to Debate and Reasoning		
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 0 / 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3., 5.			
Level: I., II.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment			
The final number of assessed students: 0			
abs	n	p	v
0.0	0.0	0.0	0.0
Instructor: doc. PhDr. Dana Benčíková, PhD.			
Last changed: 16.06.2026			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-fil-014	Course name: Analytical writing and reading
Type, extent and method of instruction: Form of instruction: Lecture Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: I.	
Prerequisites:	
Course completion conditions: The maximum number of points covering continual and final assessment is 100. Credits are assigned to students who acquire a minimum of 65 points out of a possible 100. a) continuous assessment: continuous specialized tasks (0 - 40 points) b) final assessment: final assessment: writing a final academic essay (0 - 60 points)	
Learning objectives: Students will be able: 1. To understand the specifics of an academic text with emphasis on the critical and analytical aspects. 2. To use basic strategies and techniques of critical reading and writing. 3. Knowledge of preparing, planning and writing academic texts. 4. To fulfil academic homework connected to academic reading and writing.	
Brief outline of the course: 1. Author and reader – the teacher as reader, the student as author. 2. Logic and argumentation in writing and reading – consistency, contradiction, contrary and contradictory statements, the expressive strength of propositions. 3. Essay structure – basic features of structure. 4. Writing – how to select an essay topic, techniques for composing, outlining, successive elaboration, conceptual note taking, research and composing, polishing the text. 5. Tactics for analytic writing and reading – definitions, distinctions, analysis, dilemmas, counterexamples, Reductio ad Absurdum. 6. Some constraints on content – the pursuit of truth, the use of authority, the burden of proof.	
Recommended literature: ČMEJRKOVÁ, S. – DANEŠ, F. – SVĚTLÁ, J. (1999): Jak napsat odborný text. Praha: Leda. KATUŠČÁK, D. (2008): Ako písať záverečné a kvalifikačné práce. Nitra: Enigma. MARTINICH, A. P. (2005): Philosophical Writing: An Introduction. Oxford: Blackwell Publishing, 3rd Edition.	

STARŇOVÁ, K. (2001): Vedecké písanie: Ako písať akademické a vedecké texty. Martin: Osveta.

VYDRA, A. (2010): Akademické písanie. Trnava: Trnavská univerzita v Trnave.

ZOUHAR, M. (2008): Základy logiky pre spoločenskovedné a humanitné odbory. Bratislava: Veda.

SCHMIDT, M.-TALIGA, M.-ŠEDÍK, M: (2018): Ako správne argumentovať, písať a diskutovať. Banská Bystrica: Belianum. dostupné aj na internete: <https://www.ff.umb.sk/mschmidt/online-ucebnica-argumentacie-a-kritickeho-myslenia.html>
 stránka o argumentácii a kritickom myslení: <http://argumentacia.umb.sk/>

Language of instruction:

Slovak

Notes:student time load:

90 hrs., consisting of:
 combined studies (L,S,C): 26 hrs.
 writing of continuous specialized tasks: 20 hrs.
 library study: 15 hrs.
 writing a final academic essay: 29 hrs.

Course assessment

The final number of assessed students: 412

A	B	C	D	E	FX(0)	FX(1)	n
5.34	10.92	22.33	20.39	25.0	7.52	8.5	0.0

Instructor: Mgr. Michal Šedík, PhD., doc. Mgr. Jaroslav Cepko, PhD., doc. Mgr. Miloš Taliga, PhD.

Last changed: 07.07.2025

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ozvstv-103	Course name: Anatomy, Traumatology, and First Aid
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 / 13 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 2.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: Active attendance is required. During the last week of the semester, the student demonstrates their ability to perform resuscitation techniques in practice; during the examination period, the student takes a written test. a) continuous assessment: continuous assessment: The ability to perform resuscitation techniques in practice: 20 points (min. 13 p.) b) final assessment: final assessment: Written test: 80 p. (min. 52 p.) The maximum number of points consisting of continuous and final assessment is 100 (=100%). Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%), Fx (less than 64%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: Learning outcomes: The student: - actively uses correct specialised terminology related to anatomy, traumatology, and basic first aid; - knows the positions, structure, and functions of human body parts – organs, and organs systems (the prerequisite to further develop their theoretical and practical knowledge); - has the theoretical knowledge and practical skills necessary to provide first aid in the case of typical injuries and health disorders, mainly those related to physical education and sports. - understands the importance of anatomy, traumatology, and basic first aid for health and physical development; can apply this knowledge in their own physical regime as well as to prevent civilisation diseases.	
Brief outline of the course: Brief outline of the course: Cell and tissues – basic division and characteristics.	

The anatomy and functions of human organ systems – musculoskeletal system, respiratory system, circulatory system, vascular system, digestive system, nervous system, endocrine system, sensory system, excretory and genitourinary system, skin. The aetiology of injuries and their prevention. Endogenous and exogenous factors, accident prevention. Sports pathology, sports injuries. Symptoms of injuries and body damage. First aid – characteristics, goals, categorisation. Telephone numbers. Life-threatening conditions - cessation of breathing and blood circulation, unconsciousness, shock, bleeding. Kardiopulmonálna resuscitácia. Epilepsy, acute myocardial infarction, hypoglycaemia, stroke, fractures, wounds, acid/base burns, scalds, heatstroke, overheating, hypothermia, frostbite, car accident. Bandaging and transport techniques.																				
Recommended literature: Recommended literature: 1. ABRAHAMAS, P., ZLATOŠ, J. 2004. Ľudské telo. Atlas anatómie človeka. Praha : CESTY, 2004, 256s. ISBN 80-718-195-65. 2. BINOVSÝ, A. 2015. Anatómia pre športovcov II. Bratislava : FTVŠ, UK, 2015, 377s. ISBN: 978-80-223-3817-2 3. DOBIÁŠ, V., 2007. Urgentná zdravotná starostlivosť. Druhé doplnené vydanie. Martin : Osveta, 2007, 178s. ISBN: 9788080632441 4. MATÚŠ, I. 2016. Základy prvej pomoci. Prešov : Prešovská univerzita, 2016. [Online] [cit. 2021-09-09]. Dostupné z internetu: http://www.pulib.sk/web/kniznica/elpub/dokument/Matus1 5. MELLOVÁ, Y. 2018. Anatómia človeka pre nelekárske študijné programy. Martin : Osveta, 2018, 185s. ISBN: 978-80-8063-454-4 6. ŠANTA, M. a kol. 2006. Prvá pomoc. Martin : Osveta, 179s. ISBN: 8080632073 7. BALKÓ, I. 2018. Stručný přehled anatomie člověka. Ústí Nad Labem : UJEP PF Ústí Nad Labem, 2018, 53s. [Online] [cit. 2021-09-09]. Dostupné z internetu: https://www.pf.ujep.cz/wp-content/uploads/2018/09/Funk%C4%8Dn%C3%AD-anatomie-I.-a-II.-komplet.pdf																				
Language of instruction: slovak																				
Notes:student time load: student time load 120 h. Combined study: 39 h. Studying for the written test: 51 h. preparation for the evaluation of practical skills (resuscitation techniques): 30 h.																				
Course assessment The final number of assessed students: 939 <table border="1"> <thead> <tr> <th>A</th><th>B</th><th>C</th><th>D</th><th>E</th><th>FX(0)</th><th>FX(1)</th></tr> </thead> <tbody> <tr> <td>3.94</td><td>12.57</td><td>24.07</td><td>26.09</td><td>25.35</td><td>0.53</td><td>7.45</td></tr> </tbody> </table>							A	B	C	D	E	FX(0)	FX(1)	3.94	12.57	24.07	26.09	25.35	0.53	7.45
A	B	C	D	E	FX(0)	FX(1)														
3.94	12.57	24.07	26.09	25.35	0.53	7.45														
Instructor: doc. PaedDr. Štefan Adamčák, PhD., PaedDr. Rastislav Kollár, PhD., MUDr. Lucia Zacharová																				
Last changed: 23.03.2023																				
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.																				

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1d-ark-199		Course name: Anthropological curiosities	
Type, extent and method of instruction: Form of instruction: Lecture Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3., 5.			
Level: I.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 60			
abs	n	p	v
88.33	11.67	0.0	0.0
Instructor: prof. PhDr. Alexandra Bitušíková, CSc., doc. PhDr. Katarína Košťálová, PhD., PhDr. Kamila Koza Beňová, PhD., doc. PhDr. Ivan Murin, PhD., Mgr. Ivan Souček, PhD.			
Last changed: 29.01.2025			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ozvstv-112	Course name: Anthropometrics and Sports Anthropology
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 26 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 5.	
Level: I.	
Prerequisites:	
Course completion conditions: The condition of subject evaluation is mandatory, active participation of the student in classes. Acceptable absence is 2 hours. from the total subsidy for the semester. It only applies to students without an individual study plan. During the semester, the student will perform anthropometric measurements, based on which he will prepare seminar papers. Submission of seminar papers in the required quality in the field of anthropometrics and sports anthropology is a condition for the student's participation in written tests in anthropometrics and sports anthropology. Students can correct the interim evaluation in sports anthropology in the deadlines listed by the teacher within the period for completing the study obligations. Students can correct the interim evaluation of anthropometrics in the deadlines set by the teacher within the period for completing the study obligations.	
a) continuous assessment: a) continuous assessment: - Written test focused on anthropometrics: 50 p. (min. 32.5 p.) - Written test focused on sports anthropology: 50 p. (min. 32.5 p.)	
b) final assessment: final assessment: Based on the continuous assessment. The maximum number of points consisting of continuous and final assessment is 100 (=100%). Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%), Fx (less than 64%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: Learning outcomes: The student: - can use their knowledge to measure physical, functional, and motor development of a person; - can diagnose different parameters of physical, functional, and motor development in children, youth, and adults; - can apply the methods of physical anthropology to determine whether a person is growing and developing correctly;	

- can evaluate the biological criteria related to identifying potential talents and assess the risks;
- can design a survey or research focused on physical education and sports;
- can apply the anthropometric methods and instruments to physical education and sports;
- masters the motor skill measurement methods.

Brief outline of the course:

Brief outline of the course:

Anthropometrics – basic categories, terminology, application in PE practice. Basic concepts and research methods in anthropometrics.

Human physical attributes and motor skills. Motor skill disorders and laterality in PE and sports.

Testing physical ability and performance to tailor PE and sports.

Sports anthropology – basic concepts and categories. Anthropometry – methodology of measuring human body parameters.

Physical anthropology methods (proportional indexes, somatotype, body composition).

Human ontogenesis (definition of terms: body growth and development, development stages, ontogenesis of motor skills).

Body growth in children.

Regulation of human growth and development (genetics, endocrine factors, environmental factors, etc.). Biological criteria for selecting sporting talents (children and youth): genetic and somatic preconditions, biological age).

Evaluation of physical and motor skill development in children and youth.

Recommended literature:

Recommended literature:

1 BENCE, L. 2012. Základy antropomotoriky 2. Banská Bystrica : Univerzita Mateja Bela, 2012. 105 s. ISBN 978-80-8141-022-2. 2. ČEPIČKA, L. 2003. Modely teorie položkových odpovědi v diagnostice motoriky člověka. [online]. Plzeň : Západočeská univerzita, 2003. 165 s. [cit. 2021.13.09.] Dostupné na internetu: https://is.muni.cz/el/1451/jaro2013/bp1053/45110955/Skripta_Antropo_Mgr_2011.pdf 3.

3. KOPECKÝ, M. 2011. Somatotyp a motorická výkonnost' 7-15 ročných chlapcov a dievčat. Olomouc : Univerzita Palackého, 2011. 221 s. ISBN- 978 80 244-2618-6. 4. LACZO, E. a kol. 2013. Rozvoj a diagnostika pohybových schopností detí a mládeže. [online]. Bratislava : Národné športové centrum, 2013. 156 s. [cit. 2021.13.09.] Dostupné na internetu: http://www.sportcenter.sk/userfiles/file/Eduka%C4%8Dny_material%20pre%20N%C5%A0C%20n%C3%A1r.%20program%20mod.%207.pdf

5. LEBL, J. – KRÁSNÍČANOVÁ, H. 1996. Růst dětí a jeho poruchy. Galén, Praha : 1996, 157 s. 6. MASAŘÍKOVÁ, H. Hodnocení kostního věku. Klinika dětské radiologie, FN Brno LF MU Brno [online]. Dostupné na internetu: <https://telemedicina.med.muni.cz/pdm/detska-radiologie/res/f/hodnoceni-kostniho-veku.pdf> 7. NOVOTNÝ, J. 2013. Sportovní antropologie. [online].

Dostupné na internetu: http://www.fsps.muni.cz/~novotny/SA_text.pdf 8. RIEGEROVÁ, J. - PŘIDALOVÁ, M., ULBRICHOVÁ, M. 2006. Aplikace fyzické antropologie. Olomouc: Hanex, 2006. 261 s. ISBN 80-85783-52-5.

9. ŠELINGEROVÁ, M. – ŠELINGER, P. 2017. Športová antropológia. Bratislava : ICM agency, Bratislava, 2017. 151 s. ISBN 978-80-89257-75-1.

Language of instruction:

slovak

Notes: student time load:

student time load

120 h.

Combined study (L, S, C): 39 h. Seminar papers focused on sports anthropology: 20 h. Seminar papers focused on anthropometrics: 20 h. Studying for the test focused on sports anthropology: 20.5 h. Studying for the test focused on anthropometrics: 20.5 h.						
Course assessment The final number of assessed students: 488						
A	B	C	D	E	FX(0)	FX(1)
22.75	26.02	28.89	10.86	8.81	1.23	1.43
Instructor: PaedDr. Martina Mandzáková, PhD., univ. doc., Mgr. Vladimír Franek, PhD., Mgr. Jozef Sýkora, PhD.						
Last changed: 07.09.2024						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1d-VA1-003		Course name: Art studio I.	
Type, extent and method of instruction: Form of instruction: Practical Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3., 5.			
Level: I.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 206			
abs	n	p	v
74.27	25.73	0.0	0.0
Instructor: PaedDr. Renáta Pondelíková, PhD., Mgr. Lenka Lipárová, PhD.			
Last changed: 30.03.2023			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-322	Course name: Artificial intelligence and critical reading
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: Assessment: In the first, theoretical part of the course, students will learn about the principles of critical reading and thinking about different genres of texts in L1 and L2, generated through AI, the creation and editing of AI texts, as well as the principles of plagiarism and ways to prevent it. They will also be introduced to the principles of Service Learning and e-Service Learning (further: SL and e-SL). This section ends with a written test (50%). In the second, practical part of the course, the students will develop a group project within the framework of the SL/e-SL principles, and this will be implemented in the field (in primary schools, secondary schools, other social institutions). This part of the course ends with a group evaluated presentation and a written summary (40%) and reflection of the implemented project (10%). Passing the test and submitting all activities is a prerequisite for the course. It is not possible to skip or substitute any of the activities without the instructor's permission. a) Continuous assessment: Test 1 (content-based): (0-50 points) b) Final assessment: finalising and presenting students' group project as a part of SL/e-SL (0-50 points) a) continuous assessment: Course completion conditions: Assessment: In the first, theoretical part of the course, students will learn about the principles of critical reading and thinking about different genres of texts in L1 and L2, generated through AI, the creation and editing of AI texts, as well as the principles of plagiarism and ways to prevent it. They will also be introduced to the principles of Service Learning and e-Service Learning (further: SL and e-SL). This section ends with a written test (50%). In the second, practical part of the course, the students will develop a group project within the framework of the SL/e-SL principles, and this will be implemented in the field (in primary schools, secondary schools, other social institutions). This part of the course ends with a group evaluated presentation and a written summary (40%) and reflection of the implemented project (10%). Passing the test and submitting all activities is a prerequisite for the course. It is not possible to skip or substitute any of the activities without the instructor's permission. a) Continuous assessment: Test 1 (content-based): (0-50 points)	

b) Final assessment:
finalising and presenting students' group project as a part of SL/e-SL (0-50 points)

b) final assessment:

a) Continuous assessment:
Test 1 (content-based): (0-50 points)

b) Final assessment:
finalising and presenting students' group project as a part of SL/e-SL (0-50 points)

Learning objectives:

Knowledge acquired in the course:

- terminology and professional discourse, linked to reading comprehension and critical reading
- fact-based knowledge of types of artificial intelligence (further: AI)
- fact-based knowledge of text attributes (media, styles, genres, etc.)
- fact-based knowledge of plagiarism, academic ethics and netiquette.
- fact-based knowledge of the principles and methods of SL/e-SL.

Skills acquired in the course:

- generating and further processing texts through AI
- critical reading of texts of various genres in L1 and L2
- application of foreign language, digital and presentation skills
- designing students' own project and its implementation

Competences acquired in the course:

- reading competence, discussion competence, participation in academic debate
- participation in teamwork, problem solving in L2
- use of self-learning strategies
- reading literature in L2
- competences for active participation in one's future professional life

Brief outline of the course:

Brief outline of course:

- 1.Introduction to the topic: What is AI, its potential in philology and pedagogy, reading skills and texts generated by AI
2. Attributes of factual and artistic texts, attributes of AI texts. Texts 1
3. Reading skills: critical reading, building on prior knowledge, logical thinking: Critical reading: texts 2
4. Reading skills: critical reading, meaning of the text for readers and their communities: Critical reading: texts 3.
5. SL/e-SL: What is SL/e-SL, its potential in philology and pedagogy, preparing a group activity; Comparing classical and AI texts: texts 4
6. SL/e-SL: preparation of a group activity; Comparison of classical texts and AI texts : texts 5; Group work: generation of own AI texts
7. SL/e-SL: preparation of group activity
- 8.-11. Teaching critical reading of AI texts – primary or secondary schools
12. Ppt presentation of group results, submission of final written report and reflection paper
- 13.Giving evaluation, course feedback.

Recommended literature:

Odporúčaná literatúra:

JAVORČÍKOVÁ, J. 2025. New Perspectives on Reading. Koln : Kirch-Verlag.

ALDERSON, CH. (2005). Assessing Reading, Cambridge : CUP, selected chapters.

KISSINGER, H. – SCHMIDT, E. – HUTTENLOCHER, D. (2021). The Age of AI. London: John Murray, selected chapters.

MITCHELL, M. (2020). Artificial Intelligence – A Guide for Thinking Humans. New York: Pelican Books, selected chapters

ORWELL, G. (1946): Jazyk a politika. In: Ako som strieľal slona a iné eseje. Prel. Ján Vilikovský (2003). Bratislava: Odeon. s. 117-131. English: <https://gutenberg.net.au/ebooks02/0200141h.html>

PAUL, R. (2005). Critical Thinking: What? Why? How? January 6, 2021, <https://ctwhatwhyhow.weebly.com/richard-paul.html>

PAUL, R. – ELDER, L. (2010). The Miniature Guide to Critical Thinking Concepts and Tools. Dillon Beach: Foundation for Critical Thinking Press. IN: <https://louisville.edu/ideastoaction/about/criticalthinking/framework>

PAUL, R. – ELDER, L. (2019). How to Read a Paragraph. London : Rowman & Littlefield, pp. 1–31.

PAUL, R. – ELDER, L. (2021). Critical Thinking (tools for taking charge of your learning and your life). London : Rowman & Littlefield, selected chapters.

BROZMANOVÁ a kol. (2020). Service Learning in Social Work Education in Slovakia (video). Available at: <https://www.youtube.com/watch?v=CIdNp7w2IVs>

AI (TBS)

VEVERKOVÁ, D. 2020. Rozvíjanie cudzojazyčnej čitateľskej kompetencie pri práci s odborným textom. (vedecká monografia). Zvolen : TU, 50 s.

Ďalšie nepovinné zdroje/ Additional sources:

WILLINGHAM, D.T. 2007. Critical Thinking: Why Is It So Hard to Teach? In American Educator [online]. 2007, vol. 31, p. 8–19 [cit. 2020-02-18].

Language of instruction:

Slovak, English

Notes: student time load:

Poznámka: časová záťaž študentstva: 90 h

Kombinované štúdium/combined study: 13

Príprava na semináre/preparation for seminars: 26

Príprava na test/Preparation for TEst 1 1: 15

Skupinová príprava a realizácia AI textov a vyučovacej hodiny/Group work - preparation of lesson plan based on AI texts: 25

Príprava záverečnej prezentácie a reflexie/Final presentation and reflexion: 11

Course assessment

The final number of assessed students: 3

A	B	C	D	E	FX(0)	FX(1)	n
33.33	66.67	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Last changed: 05.09.2025

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ozvstv-105	Course name: Athletics
Type, extent and method of instruction: Form of instruction: Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 52 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 4.	
Level: I.	
Prerequisites:	
Course completion conditions: In the course of the semester, the student completes the verification of the level of technique and performance in athletic disciplines, completes a test on the rules and participates in the organization and decision-making of athletic competitions. a) continuous assessment: - mastering the technique and achieving the required performance level in athletic disciplines: 70 points - written test focused on athletic rules and terminology: 20 points - active participation in the organization of an athletic competition: 10 points b) final assessment: - on the basis of an ongoing assessment. Students can correct the interim assessment on the dates listed by the teacher within the period for completing the study obligations.	
Learning objectives: Learning outcomes: The student: - navigates the basic athletic disciplines; - masters their techniques; - knows the influence of fitness training on the development of physical abilities and fitness, and can use it in their own training to improve their performance; - knows the basic rules of athletic disciplines; - understands the importance of general and specific warm-up and can use it in teaching as well as in training; - knows the terminology, procedures, and methodology of basic athletic training.	
Brief outline of the course: Brief outline of the course: Technique, methodology of practicing basic athletic discipline preparatory exercises: short distance running, hurdles, relay running, endurance running, long jump, high jump, shot put, javelin throw, shot put, low start, special running exercises, special rebounding exercises. Performance development, measuring athletic performance.	

Basic rules and judging in athletics.						
Recommended literature: ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9. Recommended literature: domestic/ foreign books, journals, magazines, internet sources						
Language of instruction: slovak						
Notes:student time load: Time load for the student: 90 h. Combined study: 52 h. Studying for the written test: 10 h. Skill and performance improvement: 18 h. Active participation in races (organiser/race official): 10 h.						
Course assessment The final number of assessed students: 663						
A	B	C	D	E	FX(0)	FX(1)
1.51	5.73	12.82	19.31	31.52	1.66	27.45
Instructor: prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Martin Pupiš, PhD., Mgr. Miroslava Rošková, PhD.						
Last changed: 16.09.2024						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-zaknj-001	Course name: Basic German
Type, extent and method of instruction: Form of instruction: Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: Continuous assessment. Active participation in seminars: 0–40 p., completion of exercises and assignments: 0–20 p. Final assessment: written test. 0–40 p. The final assessment involves active participation in seminars, completion of exercises and assignments, and results of the final written test. The maximum number of points consisting of continuous and final assessment is 100. Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: The student learns the rules of the German grammatical system, pronunciation, orthography, and vocabulary for the selected topics on the A1–A2 level. They can apply these rules in common communication situations. Upon successful completion of this course, the student: 1. has the vocabulary to communicate in the A1–A2 level communication situations 2. understands the (elementary) grammar 3. can write and read words using the basic orthographic rules	
Brief outline of the course: The seminar is focused on developing the communication competence in the selected topics, German grammar and its application in the written and spoken form (A1–A2 level). 1. Grammar – conjugation of auxiliary, weak, and strong verbs, modal verbs, noun declension, personal and possessive pronouns, the negative, syntax in indicative, interrogative, and exclamatory sentences. 2. Topics: Topics: German in basic communication situations: introduction, travelling, family, housing, leisure time etc. 3. Training receptive and productive language skills – A1–A2 level.	
Recommended literature: 1. ALBRECHT, U. – DANE, D. – FANDRYCH, CH. 2014. Passwort Deutsch neu 1 – Kurs/Übungsbuch mit CD. Stuttgart: Klett Verlag.	

2. WITZLINGER, H: Deutsch. Aber Hallo! Grundstufe I A1. Online: www.deutschkurse-passau.de.
3. KRENN, W. – PUCHTA, H. 2008. Ideen 1. Deutsch als Fremdsprache. Kursbuch. München: Hueber-Verlag.
4. KRENN, W. – PUCHTA, H. 2008. Ideen 1. Deutsch als Fremdsprache. Arbeitsbuch. München: Hueber-Verlag.
5. www.mein-deutschbuch.de
6. www.lingolia.dehttp://www.schubert-verlag.de/aufgaben/uebungen_a1/a1_uebungen_index_z.htm

Language of instruction:

Slovak

Notes: student time load:

90 h.

combined studies (S, C): 26 h.

completion of assignments and exercises, self-study: 34 h. Preparation for the final written exam: 30 h.

Course assessment

The final number of assessed students: 191

A	B	C	D	E	FX(0)	FX(1)	n
62.83	21.99	8.9	2.62	2.62	1.05	0.0	0.0

Instructor: Mgr. Jana Štefaňáková, PhD., univ. doc.

Last changed: 25.03.2023

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-zakpj-002	Course name: Basic Polish
Type, extent and method of instruction: Form of instruction: Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: During the semester, the student continuously submits their completed homework. After completing the semester, the student takes the final oral and written exams. The student will not be assigned the credits if they score fewer than 19.5 for the homework submitted and fewer than 22.5 for the final written and oral exams respectively. The student has the right to one resit. (For each part of the final exam respectively.) The grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100 for completing the given requirements. a) continuous assessment: Completing the exercises: 0–30 p. b) final assessment: Written final exam (test): 0–35 p. Oral final exam (test): 0–35 p. The final exam in total: 0–70 p.	
Learning objectives: The student understands the most important content and intent of written and oral texts addressing everyday life. They can use the Polish language fluently and spontaneously. Their communication competence allows them to speak to Polish native speakers in most everyday situations.	
Brief outline of the course: Making contact. Greetings and farewell. Questions and expression of emotions. Describing personal attributes and appearance. Numerals. Age. Family and personal relationships. Hobbies. Food and beverages. Café & restaurant. Expressing positive attitudes to objects and phenomena. Months and week days. Parts of the day, the clock. Expressing temporal contexts. Common activities. Communication tools. Travelling. Meetings. Collecting information: station, airport, hotel, travel agency. Shops, services. Shopping. Measuring, quantity, clothing and its parts. Expressing preferences, negation, appreciation. Making compliments. Geographical location. Directions, localisation. Buildings, city landmarks. Equipment and tools. Rooms. Rental. Expressing spatial relationships. Weather and atmosphere. Body parts and disease symptoms. At a doctor's office. Giving advice. Free time. Sports. Education, courses, training. Holidays and customs. Congratulations. At work. Company operation. Looking for a job.	
Recommended literature:	

1. STEMPEK, I. – STELMACH, A. a kol.: Polski. Krok po kroku A1. Podręcznik. Kraków: Glossa 2011.
2. STEMPEK, I. – STELMACH, A. a kol.: Polski. Krok po kroku A1. Zeszyt ćwiczeń. Kraków: Glossa 2011.
3. MACHOWSKA, J.: Gramatyka? Dlaczego nie?! Kraków: Universitas 2014.
4. MACHOWSKA, J.: Gramatyka? Ależ tak! Kraków: Universitas 2014.
5. Po polsku po Polsce – kurs języka polskiego on line. Dostępne na: <http://www.popolskupopolsce.edu.pl>

Language of instruction:

Slovak B2, Polish A1

Notes:student time load:

90 h.

combined studies (S, C): 26 h.

completing exercises: 24 h.

preparation for the final oral exam: 20 h.

preparation for the final written exam: 20 h.

Course assessment

The final number of assessed students: 158

A	B	C	D	E	FX(0)	FX(1)	n
42.41	28.48	12.03	6.33	0.63	9.49	0.63	0.0

Instructor: Mgr. Anita Račáková, PhD., doc. Mgr. Gabriela Olchowa, PhD.

Last changed: 13.09.2022

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-zakrj-001	Course name: Basic Russian
Type, extent and method of instruction: Form of instruction: Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: During the semester, the student takes 2 written tests. After completing the semester, the student takes the final written exam. The student has the right to one resit. The grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100 for completing the given requirements. a) continuous assessment: Test 1: 0–25 p. Test 2: 0–25 p.	
Learning objectives: The student learns the Cyrillic and basic pronunciation rules. During the semester, they learn the basic grammar and orthography. They can communicate on the basic level using the vocabulary pertaining to the topics addressed during the course.	
Brief outline of the course: The Cyrillic. Basic rules of the Russian pronunciation. Vowels and consonants. Russian intonation. Speech construction referring to objects. Who is it? What is it? Family and relatives. Russian greetings. Getting to know someone. Inviting someone somewhere. Arranging a meeting. Week days. What is the day today? What is the time? Weather and seasons. What do you do? Where do you live? Where do you study? What language are you learning? Free time and hobbies. Human traits. Appearance and clothing. In a shop. In a restaurant. Health and diseases.	
Recommended literature: 1. АВАНЕСОВ, Р.: Русское литературное произношение. Moskva: 1972. 2. БРЫЗГУНОВА, Е. А.: Практическая фонетика и интонация русского языка. Moskva: 1963. 3. РЕПОНЬ, А. – СИРОТКИНА, Т.: Русский язык как иностранный: чтение и аудирование текста. Surgut: 2018. 4. LIZOŇ, M.: Jazykové cvičenia z ruského jazyka pre 1. a 2. ročník Bc. štúdia. Banská	

Bystrica: Belianum 2014.
 5. LIZOŇ, M. – BREUSOVÁ, E.: Jazykové cvičenia z ruského jazyka 1. Banská Bystrica: Belianum 2018.
 6. SVETLÍK, J. a kol.: Príručná gramatika ruského jazyka pre stredné školy. Bratislava: SPN 1974.

Language of instruction:

Slovak B2, Russian A1

Notes: student time load:

90 h.

Combined study (S, C): 26 h.

self-study: 13 h.

seminar preparation: 13 h.

studying for the continuous tests: 16 h.

preparation for the final exam: 22 h.

Course assessment

The final number of assessed students: 117

A	B	C	D	E	FX(0)	FX(1)	n
48.72	22.22	9.4	8.55	1.71	6.84	2.56	0.0

Instructor: Svitlana Shekhavtsova, PhD.

Last changed: 13.09.2022

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ozvstv-106	Course name: Basics of Gymnastic Sports and Combat Exercises
Type, extent and method of instruction: Form of instruction: Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 52 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 4.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: Active attendance is required. The student is allowed to miss 3 classes per each thematic block. This applies to students without an individual study plan. During the semester, the student fulfils theoretical and practical requirements within the respective thematic blocks: artistic gymnastics, rhythmic gymnastics, and combat sports. a) continuous assessment: a) continuous assessment: - Mastering practical skills in artistic gymnastics: 35 p. - Written test focused on artistic gymnastics: 5 p. - Mastering practical skills in rhythmic gymnastics: 20 p. - Written test focused on rhythmic gymnastics: 10 p. - Mastering practical skills in combat sports: 30 p. Students can correct the interim assessment from individual parts of the subject in the deadlines listed by the teacher within the period for completing the study obligations. b) final assessment: final assessment: Based on the continuous assessment. The maximum number of points consisting of continuous and final assessment is 100 (=100%). Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%), Fx (less than 64%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: Course completion conditions: Active attendance is required. The student is allowed to miss 3 classes per each thematic block. This applies to students without an individual study plan. During the semester, the student fulfils theoretical and practical requirements within the respective thematic blocks: artistic gymnastics, rhythmic gymnastics, and combat sports.	
Brief outline of the course: Brief outline of the course:	

Preparatory and imitation exercises, the methodological procedure of learning gymnastic shapes, combinations, and series.
 Motor learning in gymnastics.
 Types of exercises and women's/men's gymnastic combinations, modern gymnastics. Safety principles, assistance, rescue.
 Preparation and organisation of a competition.
 Preparatory combat exercises and games. Correct falling techniques (backward, sideways, forward).
 Basic technical activities in combat sports (karate, wrestling, judo). Basic self-defence techniques.

Recommended literature:

Recommended literature:

1. BARTÍK, P. – SLIŽIK, M. – REGULI, Z. 2007. Teória a didaktika úpolov a bojových umení. Banská Bystrica : PF UMB, 2007. 279s. ISBN 978-80-8083-477-7.
2. BARTÍK, P. 2006. Úpoly na 2.stupni ZŠ. Banská Bystrica: PF UMB, 2006. 136 s. ISBN 80-8083-332-X
3. BARTÍK, P. et al. 2010. Teória a didaktika úpolov pre základné a stredné školy. Banská Bystrica: FHV UMB, 2010. 241 s. ISBN 978-80-557-0004-5.
4. NOVOTNÁ, N. – NOVOTNÁ, B. – KRŠKA, P. 2011. Gymnastika (vybrané kapitoly). Ružomberok: PF KU, 2011, 121 s. ISBN 978 – 80 – 8084 – 755 – 5
5. Pravidlá ŠG muži – ženy. Vydáva Medzinárodná gym. Federácia Technická komisia muži – ženy
6. Kolektív autorov. 2014. Telesná a športová výchova – kolektívne športové činnosti, gymnastické a tanečné pohybové činnosti. Bratislava: NŠC a FTVŠ UK Bratislava, 246s. ISBN: 978-80-971466-3-4 [cit. 2021-09-08]. Dostupné na internete: http://www.telesnavychova.sk/userfiles/file/kolektivne_sportove_cinnosti_m.pdf
7. Najnovšia odborná literatúra v časopisoch, zborníkoch a periodikách, metodické materiály, internetové zdroje.

Language of instruction:

slovak

Notes:student time load:

student time load

120 h.

Combined study (L, S, C): 52 h.

Preparation for completing the practical assignments: 38 h. Studying for the written test: 30 h.

Course assessment

The final number of assessed students: 647

A	B	C	D	E	FX(0)	FX(1)
5.1	16.54	41.27	13.45	2.78	0.0	20.87

Instructor: Mgr. Juraj Kremnický, PhD., univ. doc., doc. Mgr. PhDr. Miroslav Sližik, PhD., Mgr. Michaela Slováková, PhD.

Last changed: 09.09.2024

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-his-201	Course name: Basics of Latin
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: Attending of contact lessons and the passing of the final assessment: credits are assigned only in the case a student acquires a minimum of 65 points out of a possible 100. Students have one chance to retake the final written test. The course assessment corresponds to the A-FX grading scale: A (100 – 94%), B (93 – 87%), C (86 – 80%), D (79 – 73%), E (72 – 65%). Credits are assigned to the student who acquires a minimum of 65 points out of possible 100. a) continuous assessment: Two partial written works during the semester, each of them with the point score: 0 – 50 points. b) final assessment: Only according to the continuous assessment	
Learning objectives: Students of the course will: 1. Use grammatical handbooks and dictionaries for the primary analysis of Latin expressions 2. Be able to pronounce and identify the meaning of simple Latin phrases with the help of dictionaries 3. Correctly apply Latin terminology in the specialized communication 4. Consider and evaluate the orthography and adequacy of the Latin expressions used in the scientific texts 5. Make translations and dictionaries for specialized Latin expressions.	
Brief outline of the course: 1. Historical context of Latin language development, its holders, the culture connected to them, Latin formation to the communicative tools of science. 2. Latin alphabet, pronunciation, language structure, relation to other languages, grammatical terminology, work with a dictionary 3. Noun flexion – overview of declinations, suffixes, natural and grammatical gender of substantives . 4. Adjectives, their functions and link, adjectives comparison – meaning and use of comparative and superlative, derivation of adverbials and substantives from adjectives. 5. Overview of adverbials – function of personal and reflexive pronoun, use of possessive pronouns, meaning distinction of demonstrative and indefinite pronouns.	

6. Overview of numerals – cardinal, ordinal, distributives and compound, time enumeration in Latin, Latin numerals, Roman calendar.
7. Morphology basics of Latin word – its flexion (4 conjugations), tense overview, overview of verb roots.
8. Irregular verbs and their flexion – the verb “esse” and its derivatives, nominal verb forms (infinitive, participle, gerund and gerundive) and their use.
9. Overview of verb mood – indicative, imperative and conjunctive – functions and role of conjunctive in the Latin sentence.
10. Prepositions and their links, introduction to the grammatical case syntax (expression of place, time and tool), role of accusative and ablative in the links.
11. Latin sentence structure, the position of a verb in the sentence, Latin clauses and their overview.
12. Sequence of tenses rule and its use in subordinate clauses.
13. Loci communes or sources of argumentation – Latin sayings and their universal validity in the scientific literature.

Recommended literature:

1. NAGY, I.: Náčrt latinskej gramatiky. Banská Bystrica : FiF UMB, 1998.
2. NAGY, I.: Učebný materiál pre vzdelávací kurz Latinčina. Banská Bystrica : UMB, 2011.
3. STROH, W. R.: Latina je mrtvá, až žije latina. Praha : Oioymenh, 2016.
4. HRABOVSKÝ, J.: Latinsko-slovenský a slovensko-latinský slovník. Bratislava : SPN, 1987 and next editions.
5. KEPARTOVÁ, J.: Římané a Evropa. Praha : Karolinum, 2005.
6. PANHUIS, D.: Gramatika latiny. Praha : Academia, 2014.

Language of instruction:

Slovak

Notes:student time load:

90 hrs consisting of: combined study (L,S): 39 hrs (1/2); self-study: 30 hrs; preparation of materials for seminar exercises (identification of vocabularies and translation of sentences): 21 hrs

Course assessment

The final number of assessed students: 72

A	B	C	D	E	FX(0)	FX(1)	n
48.61	13.89	6.94	6.94	13.89	2.78	6.94	0.0

Instructor: doc. Mgr. Imrich Nagy, PhD.

Last changed: 12.11.2021

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-234	Course name: Basics of Movement Training
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: Active attendance is required. The subject is intended exclusively for students of the 1st year of the bachelor study. a) continuous assessment: - active participation and demonstration of basic skills in sport games, athletics, strengthening and hiking - 70 points - active participation in two organized sport events - 30 points b) final assessment: The maximum number of points consisting of continuous and final assessment is 100 (=100%). Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: The student: - is able to implement basic skills from performed movement activities.	
Brief outline of the course: During the lessons, the student will become acquainted with the basics of movement training in selected sports in terms of the teaching process requirements. During the implementation of the subject, he will have the opportunity to acquire basic skills and subsequently demonstrate them during the implemented competitive organized activities.	
Recommended literature: ARGAJ, G. - REHÁK, M. 2007. Teória a didaktika basketbalu II. Bratislava : UK, 2007. 137s. ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica : Slovenský atletický zväz., 2020. 245 s. JARKOVSKÁ, H. – JARKOVSKÁ, M. 2009. Posilování s náčiním 306 krát jinak. Praha: Grada. 2009. 208 s. ISBN 9788024725352 KOMPÁN, J., a kol. 2017. Outdoorové aktivity, športy a špecifiká pobytu v prírode. Banská Bystrica: Univerzita Mateja Bela. 2017. ISBN: 978-80-557-1342-7 NEMEC, M. a kol. 2013. Športové hry 1. časť. Banská Bystrica : UMB FHV - Belianum, 202s. 2013 ONDRUŠ, D. 2010. Florbal, ako trénovať a hrať. Žilina : ŠK Juventa Žilina, 2010. 117s. PERÁČEK, P. a kol. 2004. Teória a didaktika športových hier 1. Bratislava : PEEM, 2004. 184s. PŘÍBRAMSKÝ, M. 2001. Lyžování. Praha : Grada, 2001. 187s.	

PŘIDAL, V. - ZAPLETALOVÁ, L. 2003. Volejbal. Bratislava : PEEM, 2003. 180s. STOPPANI, J. 2016. Velká kniha posilování. Praha: Grada 2. vyd. 2016. 640 s. ISBN 978-80-247-5643-1. 9.						
Language of instruction: slovak						
Notes:student time load: 90 hrs., of which: combined study: 26 hrs. individual preparation for demonstrating practical skills: 32 hrs. individual theoretical preparation necessary for the implementation of practical and competitive activities: 32 hrs.						
Course assessment The final number of assessed students: 400						
A	B	C	D	E	FX(0)	FX(1)
67.75	0.5	3.0	0.0	11.5	7.25	10.0
Instructor: PaedDr. Boris Beťák, PhD., PaedDr. Jaroslav Kompán, PhD.						
Last changed: 06.10.2025						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Arts							
Code: 1d-ZEV-101		Course name: Basics of educational sciences					
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 / 26 Method of study: combined							
Number of credits: 4							
Recommended semester/trimester: 2.							
Level: I.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction:							
Notes:student time load:							
Course assessment The final number of assessed students: 1765							
A	B	C	D	E	FX(0)	FX(1)	n
11.22	13.43	22.89	22.95	18.53	3.57	7.42	0.0
Instructor: prof. PaedDr. Dana Hanesová, PhD., PhDr. Patrícia Zólyomiová, PhD., doc. Mgr. Lívia Nemcová, PhD., doc. PaedDr. Lenka Rovňanová, PhD., univ. prof.							
Last changed: 08.02.2024							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Arts						
Code: 1d-utr-239		Course name: Basketball Exercises 1				
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1., 3., 5.						
Level: I.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: Mgr. Andrea Izáková, PhD.						
Last changed:						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-224	Course name: Beach Volleyball Exercises 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: I.	
Prerequisites:	
Course completion conditions: The student will actively participate in the practical teaching of beach volleyball during the classes, which are normally held after the teaching part of the semester in May or June. The student is evaluated on the basis of testing basic beach volleyball game skills and performance in the game. The maximum number of points obtained for the interim and final evaluation is 100%. Corresponds to the rating scale (A: 100-94 points, B: 93-87 points, C: 86-80 points, D: 79-73 points, E: 72-65 points, F: 64 and less points). Credits will be awarded to a student who obtained at least 65% of all points from the subject for fulfilling the specified conditions. a) continuous assessment: Testing basic game skills: 0–40 p. (min. 26 p.). Individual player performance: 0–40 p. (min. 39 p.). b) final assessment: Based on the continuous assessment	
Learning objectives: The student 1. knows and uses correct terminology 2. can name and describe the game and demonstrate the basic game action techniques (individual, combinations, system) 3. knows players' roles (defence/offence) and game rules on the level allowing them to judge a beach volleyball match 4. can self-evaluate own player performance as well as team performance 5. understands the importance of this game for the physical development and can integrate it into their regimen to prevent civilisation diseases	
Brief outline of the course: The importance and position of beach volleyball in human life (school, leisure time). Game terminology. Rules and terminology. Characteristics, analysis, game system, contents. Slovak beach volleyball athletes. Player performance and its diagnostics. Training and improvement – defence and offence (individual). Training and improvement – defence and offence (combinations), standard situations. Training and improvement – defence and offence (basic game systems). Complex individual improvement (match). Judging, beach volleyball tournament – organisation	

and management.						
Recommended literature: 1. NEMEC, M. a kol. 2013. Športové hry 1. časť. Belinianum : Banská Bystrica, 2013. 202 s. ISBN 978-80-557-0608-5 2. KAPLAN, O. - DŽAVORONOK, M. 2001. Plážový volejbal. GRADA, 2001. 104 s. ISBN 80-247-0055-7 3. VLACH, J. - PINZÍK, M. - TURNEROVÁ, T. 2010. Plážový volejbal – hra pre každého. Žilina : Milan Pinzík, 2010. 122s. ISBN 978-80-970313-0-5 4. ZAPLETALOVÁ, L. - PŘIDAL, V. – LAUREN, T. 2007. VOLEJBAL. Základy techniky, taktiky a výučby. UK Bratislava, 2007. 158 s. ISBN 978-80-223-2280-5						
Language of instruction: slovak						
Notes:student time load: student time load Total: 90 h. Presence study: 26 h. Preparation for the evaluation (practical skills): 32 h. Preparation for the exam: 32 h.						
Course assessment The final number of assessed students: 44						
A	B	C	D	E	FX(0)	FX(1)
70.45	20.45	0.0	0.0	0.0	9.09	0.0
Instructor: PaedDr. Boris Beťák, PhD., Mgr. Jaroslav Popelka, PhD., Mgr. Vladimír Franek, PhD.						
Last changed: 05.06.2024						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ozvstv-110	Course name: Biomechanics
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 4.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: Active attendance is required. The student is allowed to miss 2 classes per semester. This applies to students without an individual study plan. During the semester, the student creates and submits two seminar papers, and takes a test during the examination period. a) continuous assessment: continuous assessment: Seminar papers 1 and 2 in the required quality are submitted during the final week of the semester. b) final assessment: b) final assessment: - Written test (min. 65%) Grading scale: A (100–94%), B (93–86%), C (85–79%), - D = 79–73%, E = 72 –65%, Fx = <64%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: Learning outcomes: The student: - can explain the basic mechanical and physical principles; - can explain how physical and biological subsystems cooperate in human movement; - can apply their knowledge and skills in practice to improve their sports performance.	
Brief outline of the course: Brief outline of the course: Introduction to biomechanics, basic terminology related to sports and physical exercises. The biological basis of biomechanics – human body model, body segments, centre of gravity, muscle mechanics, kinematic chains, mechanics of musculoskeletal system. Movement principle and lever mechanisms. Physics in biomechanics (the base). Kinematics – point of mass, kinematic characteristics of motion, uniform rectilinear motion, uniformly accelerated motion, circular motion.	

Dynamics – Newton's laws of motion, principle of force triad, effects of internal and external forces, inertial forces. Rigid body mechanics – moment theorem, lever mechanisms, equilibrium positions. Mechanical work, performance, energy conservation law. Biomechanical characteristics of movements and equilibrium positions. Methods applied in biomechanical research.																				
Recommended literature: Recommended literature: 1. HAMILL, J. – KNUTZEN, K. M. 2009. Biomechanical basis of human movement. 3. vyd. Philadelphia: Lippincott Williams & Wilkins, 2009. 491 s. ISBN 978-0-7817-2329-19-x 2. HUČKO, B. et al. 2019. Športová biomechanika. Bratislava: Spektrum STU, 2019. 70 s. ISBN 978-80-227-4920-6 3. JANURA, M. – ZAHÁLKA, F. 2004. Kinematická analýza pohybu človeka. 1. vyd. Olomouc: Univerzita Palackého, 2004. 206 s. ISBN 80-244-0930-5. 4. KALICHOVÁ, M. et al. 2011. Základy biomechaniky tělesných cvičení. [online]. Brno : Masarykova univerzita Brno, 2011. 193 s. [cit. 2021.13.09.] Dostupné na internete: https://is.muni.cz/el/1451/jaro2017/bp2054/um/SKRIPTA_KALICHOVA_-_zrecenzovane.pdf. 5. KONIAR, M. - LEŠKO, M. 1990. Biomechanika. VŠ učebnica pre FTVŠ UK. Bratislava: SPN. 1990. 310 s. ISBN 80-08-00331-6																				
Language of instruction: slovak																				
Notes:student time load: student time load 90 h. Combined study (L, S, C): 26 h. Seminar paper preparation: 24 h. Preparation for the written test focused on biomechanics: 40 h.																				
Course assessment The final number of assessed students: 645 <table border="1"> <thead> <tr> <th>A</th><th>B</th><th>C</th><th>D</th><th>E</th><th>FX(0)</th><th>FX(1)</th></tr> </thead> <tbody> <tr> <td>33.02</td><td>32.87</td><td>20.0</td><td>9.3</td><td>2.64</td><td>0.0</td><td>2.17</td></tr> </tbody> </table>							A	B	C	D	E	FX(0)	FX(1)	33.02	32.87	20.0	9.3	2.64	0.0	2.17
A	B	C	D	E	FX(0)	FX(1)														
33.02	32.87	20.0	9.3	2.64	0.0	2.17														
Instructor: Mgr. Jozef Sýkora, PhD.																				
Last changed: 23.03.2023																				
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.																				

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-326	Course name: Book Club
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: At the end of the semester, the student completes a final presentation. The student is entitled to one resit attempt. Assessment is carried out according to the grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%).	
Learning objectives: Participants will be able to identify and compare the characteristic features of various literary genres, analyse literary texts in terms of theme, narrative techniques, and style, interpret meanings within broader cultural, historical, and social contexts, critically reflect on the works read and formulate their own arguments supported by textual evidence, engage in informed and respectful group discussions, further develop their reading literacy and ability to work with diverse types of texts, and demonstrate openness to a wide range of literary forms, perspectives, and interpretations.	
Brief outline of the course: Week 1 - Introduction Week 2, 3 – Contemporary Fiction Week 4, 5 – Mystery / Thriller Week 6, 7 – Memoir / Biography Week 8, 9 – Science Fiction / Fantasy Week 10, 11 – Classic Literature Week 12, 13 – Wild Card / Member's Choice	
Recommended literature: McMahon, Susan I., Ed.; Raphael, Taffy E., Ed.: The Book Club Connection: Literacy Learning and Classroom Talk. Language and Literacy Series.	
Language of instruction: Slovak C1	
Notes:student time load: Attendance: 13 hours Work on assigned tasks (reading): 39 hours Preparation of the final presentation: 38 hours Total: 90 hours	

Course assessment							
The final number of assessed students: 0							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: Mgr. Barbora Vinczeová, PhD., Mgr. Veronika Gondeková, PhD.							
Last changed: 24.04.2026							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-uSDP	Course name: Brief History of Law
Type, extent and method of instruction: Form of instruction: Lecture Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: The prerequisite for passing the course is attendance at a minimum of 90% of the teaching and active participation of students in class. The evaluation is in accordance with the classification scale according to the Study Regulations of Matej Bel University. a) continuous assessment: Continuous evaluation is not performed. b) final assessment: The basis for the award of the final grade is the demonstration of mastery of the knowledge of the lecture material, which is demonstrated in an active dialogue with the teacher in the teaching of the subject.	
Learning objectives: The aim of the subject is to present the basic features of the development of the state and law from ancient times to the 20th century. It is intended to clarify to the student how law was born, what stages of development it went through in terms of form and content, with an emphasis on the development of public and private law (basically) in the countries of Europe and the USA. After completing the subject, the student should be able to understand the historical context, understand the authentic meaning and content of contemporary terms, clarify the meaning and content of legal institutes, critically evaluate historical legal institutes, the philosophical and value roots of law, and on their basis should be able to create his own opinion on current law and legal systems (not only) in the European area.	
Brief outline of the course: Basic characteristics of the state establishment in the Greek poleis. Greek ancient law. Ancient Rome – constitutional development in individual periods. Brief basics of Roman law - selected institutes. Medieval state and law; feudalism and the feudal system. Sources of medieval law in Europe. Reception of Roman law. Medieval public and private law. Specifics of the Anglo-Saxon legal system. Modern age - anti-feudal revolutions, constitutionalism, modern law codifications. The origin and development of the United States of America. US law. The French Revolution, the codification of law during the reign of Napoleon, the influence on the development of modern law.	
Recommended literature: ŠOŠKOVÁ, I.: Praktikum k štúdiu dejín práva štátov Európy a USA. 2. dopl. a preprac. vydanie. Banská Bystrica : Vydavateľstvo Univerzity Mateja Bela - Belianum, 2022. 132 s.	

ISBN 978-80-557-1968-9; SKALOŠ, M. – ŠOŠKOVÁ, I.: Vývoj inštitútov súkromného práva (vybrané problémy). 1. vyd. Banská Bystrica : Vydavateľstvo Univerzity Mateja Bela - Belianum, 2023. 224 s. ISBN 978-80-557-2081-4 ŠOŠKOVÁ, I. - LETKOVÁ, A.: Dejiny práva štátov Európy a USA. Banská Bystrica : Belianum - Vydavateľstvo Univerzity Mateja Bela v Banskej Bystrici, 2021. ISBN 978-80-557-1869-9. Kol. autorů Právnické fakulty UK: Dějiny evropského kontinentálního práva. 3. vydání. Praha : Leges, 2010. 808 s. ISBN 978-80-87212-54-7. SELTENREICH, R. – KUKLÍK, J.: Dějiny angloamerického práva. 2.vydání. Praha : Leges, 2011. 872 s. ISBN 978-80-87212-87-5.			
Language of instruction: Slovak language			
Notes:student time load: 90 hours combined study (L, C): 26 hours self-study: 64 hours			
Course assessment The final number of assessed students: 475			
abs	n	p	v
89.26	10.74	0.0	0.0
Instructor: doc. JUDr. Ivana Šošková, PhD.			
Last changed: 05.02.2024			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-116	Course name: British Studies
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 4.	
Level: I.	
Prerequisites:	
Course completion conditions: The course evaluation consists of continuous (50%) and final evaluation (50%). As part of the continuous assessment, the student will take a mid-semester written test (50%). The final assessment consists of a written exam (50%). The final course grade is awarded according to the grading scale: A (100-94%), B (93-87%), C (86-80%), D (79-73%), E (72-65%). Credits will be awarded to a student who earns a minimum of 65 out of 100 points for the fulfillment of the specified requirements. a) continuous assessment: written test: 50% b) final assessment: written exam: 50%	
Learning objectives: After completing the course the student will be able to: 1. use relevant vocabulary related to selected aspects of British politics, economy and culture in written and oral English, 2. explain the basic principles of the functioning of the British political system, selected state and cultural institutions, be able to compare them in selected cases with their Slovak equivalents, 3. take a critical, informed stance in a foreign language and be able to argue in a discussion on selected topics related to current social issues in the UK, 4.	
Brief outline of the course:	
Recommended literature: 1. O'DRISCOLL, James. Britain: For Learners of English. Student's Book. Oxford University Press, 2nd edition, 2009. 2. OAKLAND, John. British Civilisation, Routledge, 7th edition, 2011	
Language of instruction: English B2	
Notes: student time load: 120 hrs., including: Combined study (lectures/seminars/consultations): 26 Self-study: 94	

Course assessment							
The final number of assessed students: 428							
A	B	C	D	E	FX(0)	FX(1)	n
23.36	17.06	15.19	12.15	19.63	1.64	10.98	0.0
Instructor: doc. PaedDr. Jana Javorčíková, PhD., univ. prof., PhDr. Roman Ličko, PhD.							
Last changed: 14.04.2026							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: D_1_AP1_cupv	Course name: Business Academy 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: Participation in seminars, completion of assigned group tasks, and a final presentation of an idea are voluntary activities. A condition for completing the course is the completion and submission of self-reflection presented in the initial and final mapping of the development of skills related to entrepreneurship, carried out in person during the seminars. The condition for completing the self-reflection is participation in at least three professional seminars.	
Learning objectives: The student: 1. Develops creativity and innovative thinking in order to identify new business opportunities. 2. Knows methods and techniques of convergent and divergent thinking, design thinking, learning through collaborative problem-solving, project-based learning, and challenge-based learning. 3. Is able to design a Business Model Canvas for their future business or team of collaborators. 4. Is able to test the viability of the model and propose possible changes. 5. Is able to evaluate individual components of the business model, compare them with competitors, predict future value, and assess the benefits/revenues of the business. 6. Collaborates effectively with innovators and other inspiring successful entrepreneurs. 7. Is able to apply the latest ICT tools in teamwork as well as in the final processing of a team solution, such as Padlet, Jamboard, Miro, Looka, BioRender, ScreanPal, Genially, Pecha Kucha, Wordwall, and other applications. 8. Demonstrates the ability to work in a team and clearly present their position supported by strong arguments.	
Brief outline of the course: Techniques for searching for business ideas (IF matrix, Crazy 8s, and “pinstagoogling”). Finding at least three own business ideas. Knock-out criteria for business ideas. Selection of a suitable idea with top potential, which the student will further develop. Business Model Canvas. Visual outline of one’s own business idea. Competitor analysis on the domestic and foreign market. Selection and analysis of the most relevant competitors, differentiation of one’s own idea from competitors, and definition of at least two strong competitive advantages.	

Business calculator. Basics of pricing, costs, demand, production volume, consideration of direct, indirect, and variable costs, margin, and setting the price of one's own product/service.

Demo slide + reflection on and coordination of prototype development and market research

Visual design and wording of the demo slide as presentation material for the customer. Creation of a product/service prototype, including description, parameters, benefits, and sales arguments.

Implementation of research and incorporation of customer feedback.

Pitch deck or investor presentation. Main requirements of this type of presentation, structure, visualisation, delivery, formulation of key ideas and action steps as a CTA — Call to Action — with the aim of generating interest.

Psychology of sales. Fundamentals of sales skills, definition of the target customer group, identification of customer needs, creation of tailor-made solutions and argumentation, detection of buying signals during sales, and techniques for closing a sale.

The entrepreneur's journey. A personal story of a successful entrepreneur: successes, failures, lessons learned, sharing know-how and personal experience. Sharing specific recommendations for successful entrepreneurship.

Methods and possibilities of financing business ideas. Practical demonstration and presentation of specific options and procedures for obtaining funding for beginning entrepreneurs.

Competition and final presentations of business ideas

Recommended literature:

HANESOVÁ, D., THEODOULIDES, L. 2022. Mastering Transversal Competencies in the Higher Education Environment: Through Processes of Critical Thinking and Reflection. Banská Bystrica: UMB, Belianum. <https://doi.org/10.24040/2022.9788055720159>

OSTERWALDER, A., PIGNEUR, Y. 2012. Business Model Generation. Praha: Bizbooks, 2012. ISBN 9788026500254.

THEODOULIDES, L. 2020. Development of Critical Thinking through a Coaching Approach in the Higher Education Environment. Banská Bystrica: Belianum. E-book. <https://doi.org/10.24040/2020.9788055717920>

TIDD, J., BESSANT, J. 2010. Managing Innovation. Chichester: Wiley and Sons Ltd., 2010. ISBN 798-0-470-99810-6.

Language of instruction:

Slovak, English

Notes: student time load:

120 hours in total, including:
 blended study — lectures, seminars, consultations: 26 hours
 self-study: 54 hours
 preparation of partial outputs: 25 hours
 preparation of the final business model: 15 hours

Course assessment

The final number of assessed students: 0

abs	n	p	v
0.0	0.0	0.0	0.0

Instructor: Ing. Lenka Theodoulides, PhD., MBA

Last changed: 13.05.2026

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-320	Course name: Canadian Studies
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 3.	
Level: I.	
Prerequisites:	
Course completion conditions: Assessment: Maximum course scoring is 100%, based on ECTS scale. Preparation for the seminar includes weekly readings, written explanation of the vocabulary and completion of seminar tasks. Students will take two progress tests during the term (test 1 = 50% of their final grade and test 2 = 50% of their final grade). Upon instructor's approval, one of the test can be replaced by a project or presentation, presented as suggested by the teacher. Course completion conditions: a) continuous assessment: participation in seminars (0-5 bonus points), progress test 1 (0-50 points) b) final assessment: written test (0-50 points) Maximum number of points: 100. Course assessment corresponds to the standard A-FX grading scale. Credits are assigned to the student who acquires a minimum of 70 points out of a possible 100. a) continuous assessment: participation in seminars (0-5 bonus points), progress test 1 (0-50 points) b) final assessment: written test (0-50 points) Maximum number of points: 100. The course assessment corresponds to the standard A-FX grading scale. Credits are assigned to the student who acquires a minimum of 70 points out of a possible 100. a) continuous assessment: Course completion conditions: a) continuous assessment: participation in seminars (0-5 bonus points), progress test 1 (0-50 points) b) final assessment: b) final assessment: written test (0-50 points)	
Learning objectives: Knowledge gained in the course: -fact-based information about geography, history, political system and institutions of North America and Canada -interdisciplinary information about the development of literature and culture in North America and Canada	

-terminology in English and Slovak languages for the analysed phenomena (such as political systems, institutions, etc.)

Skill gained in the course:

Students can:

- read academic texts, analyse them and present selected texts in broader cultural contexts,
- apply presentation and argumentation skills,
- analyse the most recent research and field-based information, apply analytical and critical thinking, enhance empathy and creativity,
- apply their foreign language skills and discuss selected cultural phenomena at B2 level,
- further develop their presentation and digital skills, conduct research in digital environment, use educational platform Moodle, design a project and present it.

Competences:

Students can:

- participate in a discussion, defend their arguments,
- read and think critically, present their opinions in academic manner,
- transmit the cultural message of the anglophone countries in educational or cross-cultural environment,
- use self-study strategies,
- read scholarly literature in foreign language,
- use their intercultural competences,
- use their competences to participate in a professional life.

Brief outline of the course:

Couse Layout:

- 1 Course Logistics, Who Are The Canadians?
- 2 Shaping The Nation (History Of Immigration)
- 3 The Canadian Topography
- 4 The Canadian Identity
- 5 The Canadian Political System
- 6 Progress Test 1
- 7 The Canadian Legal System
- 8 The Canadian School System
- 9 The Canadian Literature 1
- 10 The Canadian Literature 2
- 11 The Canadian Experience In Arts & Pop Culture
- 12 Progress Test 2
- 13 Course evaluation

Recommended literature:

Povinná literatúra:

Bain, C. 1994. Canadian Society: A Changing Tapestry. Oxford : Oxford University Press, 158 s. ISBN 9780195409864. (selected texts and chapters)

Encyclopaedia Encarta. 1995. Microsoft corporation. (selected texts and chapters)

JAVORČÍKOVÁ, J. - ZELENKOVÁ, A. 2020. Voices from beyond: modern coursebook of cultural studies for philologists : with the focus on (e)migration as a political, ethic, linguistic and cultural phenomenon in the era of globalization / rec. Rodica Albu, Jaroslav Kušnír, Ruslan Saduov, Vyacheslav Shevchenko. - Bratislava : Z-F Lingua, 2020.

JAVORČÍKOVÁ, J. - ZELENKOVÁ, A. 2014. The role, methodological basis and the subject of cultural studies in the globalized world = Úloha, metodologická základňa a predmet kultúrnych štúdií v globalizovanom svete / Jana Javorčíková.

In European Journal of Social and Human Sciences. - Banská Bystrica : Matej Bel University, 2014. - ISSN 1339-6773. - Vol. 1, no. 1 (2014), pp. 28-33.

JAVORČÍKOVÁ, J. 2005. "Smiling Discrimination" in Canadian Society = Formy nepriamej diskriminácie v kanadskej spoločnosti / Jana Javorčíková. In Central European Journal of Canadian Studies. - Brno : Masaryk University, 2005. - ISSN 1213-7715. - Vol. 5 (2005), pp. 123-131.

JAVORČÍKOVÁ, J. 2011. Canadian Identity Through Literature: On the "Canadianness" of Margaret Atwood's Fiction = Kanadská identita v literatúre: o "kanadskosti" prózy Margaret Atwoodovej / Jana Javorčíková.

In (Re)connecting Through Diversity: Canadian Perspectives = Les relations dans la diversité: perspectives Canadiennes / vedec. red. Jelena Novaković, Slobodan Pajović, Vladimir Gvozden ; rec. Nevenka Trifunović, Vladimir Gvozden. - Beograd : Megatrend University, 2011. - ISBN 978-86-7747-429-4. - S. 53-62.

Odporúčaná literatúra:

ADELMAN, Ch., SCHWARTZ, B. L., ed. 2013. Prairie directory of North America: The United States, Canada, and Mexico. 2nd ed. Oxford University Press.

BOEHMER, E. 2008. Nelson Mandela: A Very Short Introduction. Oxford: OUP.

FERGUSON, N. 2003. Empire. New York : Allen Lane.

MORGAN, K. 2012. Australia: A Very Short Introduction. Oxford: OUP.

SCHAPER, I., ed. 2004. Western civilization and the natives of South Africa: Studies in culture contact. Routledge. Routledge library editions.

SAYERS, A. 2001. Australian art. Oxford: OUP.

WITELAW, Anne, Brian FOSS a Sandra PAIKOWSKY, eds. 2010. The visual arts in Canada: The twentieth century. Oxford: OUP.

WRIGHT, D. 2020. Canada: A Very Short Introduction. Oxford: OUP.

Uvedené zdroje sú dostupné v slovenských knižniciach a kníhkupectvách. (The aforementioned sources are available in Slovak libraries and bookstores).

Language of instruction:

English B2

Notes:student time load:

120 h:

Combined study (S): 13

Preparation for seminars: 26

Preparation for test 1 or presentation or project: 31

Preparation for test 2: 50

Course assessment

The final number of assessed students: 11

A	B	C	D	E	FX(0)	FX(1)	n
45.45	45.45	9.09	0.0	0.0	0.0	0.0	0.0

Instructor: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Last changed: 14.09.2023

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-KTPM1-003	Course name: Ceramics and creations from natural materials 1
Type, extent and method of instruction: Form of instruction: Practical Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: Overall evaluation: To obtain grade A, a total of at least 94 points is required; for grade B at least 87 points; for grade C at least 80 points; for grade D at least 73 points; and for grade E at least 65 points. Credits will not be awarded to a student who receives fewer than 30 points in any component. a) continuous assessment: A portfolio of the student's artworks with reflection from a pedagogical perspective; ongoing completion of seminar activities and tasks in LMS Moodle.	
Learning objectives: There are two possible study plans for meeting the course requirements: Basic plan – consisting of theoretical preparation (resources in LMS Moodle) and practical training (in the PF UMB ceramics studio). The student: 1. demonstrates knowledge of safety principles when working in a workshop, 2. understands the origin of modeling clay, can describe its properties, and select suitable material, 3. understands the principle of recycling and can prepare clay for modeling, 4. can prepare the working environment, take care of tools, and maintain clay, 5. practices basic techniques of working with clay (e.g., slab building, ...), 6. recognizes selected surface treatments of ceramics, 7. presents a chosen type of ceramics from art history, 8. documents and reflects on their creative processes and arrives at their own solution to a given task. Extended plan – implemented through service-learning participation in leading a ceramics and natural materials creative club for children (ages 6–13). In addition to the basic outcomes (1–8), the student: 9. is able to guide children in working with clay, collaborate, and reflect on the creative process from a pedagogical perspective, 10. evaluates the suitability and feasibility of an art activity for a selected child's age, including preparation demands on the teacher and the creative potential of the activity, 11. develops a portfolio of art activities applicable in extracurricular education for children.	
Brief outline of the course: 1. Safety principles at work 2. Creating with materials from the Earth 3. Techniques of working with clay 4. Ceramics in art history	

Recommended literature:			
Language of instruction: english			
Notes:student time load: 90 hours total, including: Lectures: 0 hours, Seminars: 26 hours, Self-study: 64 hours			
Course assessment The final number of assessed students: 314			
abs	n	p	v
82.48	17.52	0.0	0.0
Instructor: Mgr. Lenka Lipárová, PhD.			
Last changed: 30.04.2026			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-203	Course name: Children's Athletics 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: The student presents min. 3 games using the aids provided by the Kids' Athletics programme. Attends 1 children's athletics competition. a) continuous assessment: a) continuous assessment: Presentation of 3 children's games: 50 p. Participation in the competition: 50 p. b) final assessment: b) final assessment: Based on continuous assessment.	
Learning objectives: Learning outcomes: The student: 1) has knowledge of athletics, mainly children's athletics 2) can apply this knowledge in project creation 3) navigates children's athletics as a field 4) applies their knowledge at a primary school 5) can evaluate the course of children's athletics teaching in terms of methodology 6) uses their knowledge in the teaching process	
Brief outline of the course: Brief outline of the course: Introduction. The world Kids' Athletics project. The Slovak Kids' Athletics project. Specificities of training children. Kids' Athletics project aids and their use. Participation in children's competitions. Practical output.	
Recommended literature: Recommended literature: Čillík, I. a kol. Detská atletika I. Bratislava, 2018. Slovenský atletický zväz. Čillík, I. a kol. Detská atletika II. Bratislava, 2020. Slovenský atletický zväz.	
Language of instruction:	
Notes: student time load: student time load Total: 60 h. Presence study: 26 h. Output creation: 10 h. Participation in the children's competition + analysis: 14 h. Studying theory: 10 h.	

Course assessment						
The final number of assessed students: 108						
A	B	C	D	E	FX(0)	FX(1)
75.93	9.26	6.48	0.0	0.0	6.48	1.85
Instructor: prof. PaedDr. Ivan Čillík, CSc.						
Last changed: 05.09.2023						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: D_1_PG_cuvp	Course name: Computer Graphics
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: Final assessment is based on tasks, test, and final project. a) continuous assessment: tasks 0-40, test: 0-20 b) final assessment: project: 0-40	
Learning objectives: After successful completion of the course, the student can: 1. apply design principles to evaluate, modify or create business graphics like logo, poster, brochure, newsletter, social media graphics or other 2. compare various graphics file formats according to their practical usage in business 3. use various graphics application for creation & modification of both vector & bitmap graphics 4. create graphics that can be used in business practice	
Brief outline of the course: Basic design principles. Computer graphics applications. Graphics fileformats. Vector graphics editors: Inkscape, ... Object creation and manipulation, text editing, color models, layers and styles. Import and export between various graphic fileformats. Bitmap manipulation applications. Computer usage in creation of classic and electronic publications, on-line publishing.	
Recommended literature: 1. WILLIAMS, R. 2008. The Non-Designer's Design Book. Berkeley : Peachpit Press, 3rd edition, 2008. ISBN 978-0321534040. 2. Internet graphics standards World Wide Web: www.w3c.org. 3. Inkscape on-line tutorials and documentation: https://inkscape.org/en/learn/	
Language of instruction: slovak	
Notes:student time load: 90 hours combined study: S: 26 self-study: 64	

Course assessment							
The final number of assessed students: 1							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	100.0	0.0	0.0	0.0
Instructor: Ing. Peter Laco, PhD.							
Last changed: 22.04.2026							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 12-SKS	Course name: Contemporary Conflicts in the World: Economic, Political, Social and Legal Dimensions		
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 / 0 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3., 5.			
Level: I., II.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 0			
abs	n	p	v
0.0	0.0	0.0	0.0
Instructor: doc. PhDr. Rastislav Kazanský, PhD., EMBA			
Last changed:			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Arts							
Code: 1d-ajs-303		Course name: Conversation in English					
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 1., 3., 5.							
Level: I.							
Prerequisites:							
Course completion conditions: a) active participation (homework): 20% b) oral exam: 80% a) continuous assessment: a) active participation: 0-20% b) oral exam: 0-80%							
Learning objectives: Students will... 1. ...develop the ability to converse on a variety of topics in English. 2. ...use logical arguments in a debate. 3. will interpret texts and discuss it based on the material read.							
Brief outline of the course: various conversation activities; common mistakes when leading conversations; conversation lesson planning							
Recommended literature:							
Language of instruction: English B2							
Notes:student time load: 90 hrs seminars: 13 hrs self-study: 60 hrs homework: 17 hrs							
Course assessment The final number of assessed students: 162							
A	B	C	D	E	FX(0)	FX(1)	n
87.04	3.7	1.23	0.62	0.0	7.41	0.0	0.0
Instructor: Mgr. Barbora Vinczeová, PhD., M.A. James Ó Conaill							
Last changed: 29.04.2022							

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-202	Course name: Cross-Country Skiing Exercises 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1.	
Level: I.	
Prerequisites:	
Course completion conditions: The student proves their ability to use the correct cross-country skiing technique. Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements. B=93-86%; C=85-79%; D=78-72%; E=71-65%). a) continuous assessment: N/A b) final assessment: final assessment: Demonstration of two cross-country skiing techniques.	
Learning objectives: Learning outcomes: The student: 1. knows the cross-country skiing techniques and can explain them 2. masters the two cross-country skiing techniques in practice 3. knows the influence of cross-country skiing on the development of physical abilities and fitness, and can use it in their own training to improve their performance 4. knows the basic rules of the cross-country skiing competitions 5. understands the importance of general and specific warm-up and can use it in teaching as well as in training 6. knows the terminology, procedures, and learning methods.	
Brief outline of the course: Brief outline of the course: Cross-country skiing – preparatory games and exercises. Improving classic and skating techniques. Ski hiking. Night cross-country skiing and hiking. Safety rules and winter outdoor survival.	
Recommended literature: Recommended literature: 1. BRTNÍK, J. – NEUMAN, J. 1999. Zimní hry na sněhu i bez něj. Praha : Grada, 1999. 2. PAUGSCHOVÁ, B. a kol. 2004. Lyžovanie. Učebné texty pre študentov telesnej výchovy. Banská Bystrica : UMB, FHV, SLZ, 2004. 237 s. 3. PŘÍBRAMSKÝ, M. 1999. Bežecké lyžování. Praha : Grada, 1999	

Language of instruction: Slovak, Czech						
Notes:student time load: Notes: student time load 90 h. 26 h. – combined study. 14 h. – self-study. 50 h. – skill and performance improvement.						
Course assessment The final number of assessed students: 79						
A	B	C	D	E	FX(0)	FX(1)
83.54	0.0	0.0	0.0	0.0	16.46	0.0
Instructor: PaedDr. Rastislav Kollár, PhD., doc. PaedDr. Jiří Michal, PhD.						
Last changed: 07.11.2022						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: D_1_KvOF_cuvp	Course name: Cryptocurrencies in Personal Finances
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: a) continuous assessment – active participation 50 points; b) final assessment – presentation of current topics 50 points.	
Learning objectives: The student will: 1. be able to describe what cryptocurrencies and blockchain technology are, i.e. cryptographic functions (hash), the process of mining and issuing new currency, various consensus mechanisms including Proof-of-Work and Proof-of Stake used in the Bitcoin and Ethereum blockchains. 2. understand how cryptocurrencies work, distinguish the basic characteristics and key metrics of Bitcoin and altcoins such as Ethereum, Tether, XRP, BNB Cardano, Dogecoin, etc. 3. identify the advantages of cryptocurrencies, distinguishes between different types and features of centralized, decentralized and hybrid blockchains and appropriately assesses which one is suitable for which purposes. 4. evaluate how cryptocurrencies can be stored, searched and analyzed for real transactions in open blockchain networks. 5. examine how cryptocurrencies can be secured, identifies selected risks, including legal, regulatory and tax aspects 6. identify selected uses of cryptocurrencies in personal finances, such as means of payment, trading, investing or hedging. 7. understand more advanced uses of blockchain, such as smart contracts, digital assets, tokenization, CBDC, DeFi and others.	
Brief outline of the course: The course provides an introductory understanding of cryptocurrencies such as bitcoin or ethereum and blockchain technology in the context of personal finance. The course will: - examine the theory and principles of functioning of digital currencies; - provide practical examples of basic transactions and operations of blockchain or distributed ledger-based systems; - examine the current and future interaction of digital currencies with banking, financial, legal and regulatory systems;	

- will help students understand the disruptive potential of blockchain and how this ecosystem can be seen as an innovation; - discuss the latest developments (such as tokenization, DeFi and CBDC). The course will consist of the following topics: 1. Theoretical introduction to cryptocurrencies and their history. Decentralized consensus proof-of-work and proof-of-stake, cryptocurrency overview. 2. A practical introduction to cryptocurrencies. Hands-on exercises in using and creating transactions with digital currencies. Working with a digital wallet, crypto exchanges, crypto ATMs. 3. Examples of the use of cryptocurrencies. Domestic and foreign payments. Trading and investing. Hedging and prediction markets. Tokenization. DeFi. CBDC. 4. Taxes, regulations and risks of cryptocurrencies.											
Recommended literature: 1. AMMOUS, S. 2018. The Bitcoin standard. Hoboken, New Jersey : John Wiley & Sons, 286 p. ISBN 978-1-119-47386-2. 2. AZHAR, A. 2021. Exponential. London : Cornerstone, 384 p. ISBN 978-1847942913.HOSP, J. 2018. Kryptomeny. Bratislava : Tatran, 172 s. ISBN 978-80-222-0945-8. 3. HARARI, Y., N. 2018. Money. London : Vintage Books, 133 p. ISBN 978-1-78487-402-5. 4. HAYEK, F. A. 1990. Denationalisation of Money The Argument Refined An Analysis of the Theory and Practice of Concurrent Currencies (3rd ed.). London, UK: The Institute of Economic Affairs. 5. CHOVCANULIAK, R. 2019. Pokrok bez povolenia. Bratislava : INESS, 288 s. ISBN 978-8-089-82007-8. 6. KRAVCHENKO, P., SKRIABIN, B., DUBININA, O. 2019. Blockchain And Decentralized Systems. Київ, Ukraine: Distibuted Lab. 7. NAKAMOTO, S. 2008. Bitcoin: A Peer-to-Peer Electronic Cash System. Retrieved from https://bitcoin.org/bitcoin.pdf 8. NARAYANAN, A., BONNEAU, J., FELTEN, E., MILLER, A., GOLDFELDER, S. 2016. Bitcoin and Cryptocurrency Technologies: A Comprehensive Introduction. Princeton, NJ: Princeton University Press. 9. SHRIER, D., L. 2020. Basic blockchain. London : Robinson, 182 p. ISBN 978-1-4721-4483-6. 10. TAPSCOTT, D., TAPSCOTT, A. 2018. Blockchain revolution. New York : Portfolio/Penguin, 358 p. ISBN 978-0-241-23786-1.											
Language of instruction: Slovak, English											
Notes:student time load: 90 hours Combined study: 26 h. Self-study: 50 h. Presentation preparation: 14 h.											
Course assessment The final number of assessed students: 133 <table border="1"> <thead> <tr> <th>abs</th><th>n</th><th>p</th><th>v</th></tr> </thead> <tbody> <tr> <td>66.92</td><td>32.33</td><td>0.0</td><td>0.75</td></tr> </tbody> </table>				abs	n	p	v	66.92	32.33	0.0	0.75
abs	n	p	v								
66.92	32.33	0.0	0.75								
Instructor: Ing. Ivan Sedliačik, PhD., doc. Ing. Ján Huňady, PhD.											
Last changed: 23.03.2023											

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajp-301	Course name: Current Topics in Translation
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3.	
Level: I.	
Prerequisites:	
Course completion conditions: Maximum number of points: 100. The course assessment corresponds to the standard A-FX grading scale. Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100 for completing the given requirements. a) continuous assessment: translation and translation analysis: 0-50 points b) final assessment: final essay: 0-50 points a) continuous assessment: translation and translation analysis: 0-50 points b) final assessment: final "commented" translation: 0-50 points	
Learning objectives: Student: 1. is familiar with the current cultural and social development and is able to implement the knowledge in translation of such issues; 2. is familiar with the new trends in Translation Studies (CAT, MT, PEMT).	
Brief outline of the course:	
Recommended literature: Bibliography relevant as of the course beginning . Will be specified at the beginning of the given semester.	
Language of instruction: Slovak and English B2	
Notes:student time load: 90 hrs. combined studies: 13 hrs. translation preparation and self-study: 77 hrs.	

Course assessment							
The final number of assessed students: 51							
A	B	C	D	E	FX(0)	FX(1)	n
11.76	35.29	29.41	13.73	3.92	3.92	1.96	0.0
Instructor: Mgr. Matej Laš, PhD.							
Last changed: 29.04.2022							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajp-311	Course name: Current Topics in Translation
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: Maximum number of points: 100. The course assessment corresponds to the standard A-FX grading scale. Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100 for completing the given requirements. a) continuous assessment: translation and translation analysis: 0-50 points b) final assessment: final essay: 0-50 points a) continuous assessment: translation and translation analysis: 0-50 points b) final assessment: final "commented" translation: 0-50 points	
Learning objectives: Student: 1. is familiar with the current cultural and social development and is able to implement the knowledge in translation of such issues; 2. is familiar with the new trends in Translation Studies (CAT, MT, PEMT).	
Brief outline of the course:	
Recommended literature: Bibliography relevant as of the course beginning . Will be specified at the beginning of the given semester.	
Language of instruction: Slovak and English B2	
Notes:student time load: 90 hrs. combined studies: 13 hrs. translation preparation and self-study: 77 hrs.	

Course assessment							
The final number of assessed students: 3							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	66.67	33.33	0.0	0.0	0.0	0.0	0.0
Instructor:							
Last changed: 04.09.2023							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Arts							
Code: 1d-POR-402		Course name: Differences in psychological development					
Type, extent and method of instruction: Form of instruction: Lecture Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 4.							
Level: I.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction:							
Notes:student time load:							
Course assessment The final number of assessed students: 380							
A	B	C	D	E	FX(0)	FX(1)	n
56.05	22.89	8.95	5.79	2.11	3.16	1.05	0.0
Instructor: PaedDr. Jana Stehlíková, PhD.							
Last changed: 17.06.2025							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Arts							
Code: 1d-che-607		Course name: Digital Technologies in School					
Type, extent and method of instruction: Form of instruction: Lecture / Practical / Seminar / Laboratory practical Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 0 / 26 / 0 / 0 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 4.							
Level: I.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction:							
Notes:student time load:							
Course assessment The final number of assessed students: 2							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	100.0	0.0	0.0	0.0	0.0	0.0
Instructor: doc. RNDr. Marek Skoršepa, PhD.							
Last changed: 12.04.2022							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1-OEV1		Course name: Diplomacy in Practice - Professional Excursion at the Embassy I.	
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 0 / 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 3., 5.			
Level: I.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 388			
abs	n	p	v
88.4	11.6	0.0	0.0
Instructor: PhDr. Erik Pajtinka, PhD., univ. doc.			
Last changed: 07.06.2024			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1-OEMO1		Course name: Diplomacy in Practice - Professional Excursion in an International Organization I.	
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 0 / 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 4., 6.			
Level: I.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 294			
abs	n	p	v
98.98	1.02	0.0	0.0
Instructor: PhDr. Erik Pajtinka, PhD., univ. doc.			
Last changed: 07.06.2024			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-aju-211	Course name: ELT to Different Age Groups
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 5	
Recommended semester/trimester: 1., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: The course will be evaluated on the basis of preliminary activities assigned during semester (simulations, portfolio). In the examination period after the end of semester there will be a final oral exam. In order to pass, the students have to acquire a minimum of 65 points. Evaluation is based on the following assessment criteria: A (100 – 94 %), B (93 – 87 %), C (86– 80 %), D (79 – 73 %), E (72 – 65 %). Minimum number of acquired percents is 65. Final oral exam will be held during officially recognised examination period. To summarize, the overall assessment consists of: a) continuous assessment: Continuous submitting of assignments related to elaboration of didactic activities aimed at ELT to primary school pupils: - creation of portfolio with the most effective activities and games applied for the given age group, simulation of individual classes aimed at primary school pupils: b) successful completion of the final oral exam. The minimum pass grade for simulation is 10 points and the minimal pass for portfolio is 15 points. a) continuous assessment: Simulations of classes, preparing a portfolio. b) final assessment: Final oral exam.	
Learning objectives: Student 1. is able to use data about effective ways how to teach English to different age groups, 2. is able to critically evaluate the position of a teacher in primary schools and children's clubs, will be able to apply didactic strategies and techniques, 3. will be able to identify specifics of ELT to the given age, 4. will be able to apply theoretical knowledge in practical way during simulations, 5. creates own portfolio of activities.	
Brief outline of the course: Characteristics of age groups in ELT. CEFR. National Program of Education related to ELT. Specifics of ELT to different age groups. Methods, strategies and techniques used in teaching. Motivation. Lesson plans. Self-reflection. Creativity. Logical and critical thinking. Key pedagogical documents needed when teaching English to different age groups.	
Recommended literature:	

HOMOLOVÁ, E. (2010). Motivating Young Learners in Acquiring English through Songs, Poems, Drama and Stories. In Theories in Practice. Zlín: Tomas Bata University. pp. 232 – 238. ISBN 978-80-7318-823-8.

LINDAHL, K. (2015). ELT in Early Childhood: Circle Time. Available at: <http://blog.tesol.org/elt-in-early-childhood-circle-time/> (accessed February 14, 2020).

LOJOVÁ, G., STRAKOVÁ, Z., Teoretické východiská vyučovania angličtiny v primárnom vzdelávaní. 2012. Bratislava: Univerzita Komenského, ISBN 978-80-223-3315-3 STRAKOVÁ, Z. Teaching English at Primary Level: From Principles to Practice. 2011. Prešov: Prešovská univerzita, ISBN 978-80-555-0494-0, s.93

STRAKOVÁ, Z., CIMERMANOVÁ, I. (eds.). Učiteľ cudzieho jazyka v kontexte primárneho vzdelávania. Prešov: Prešovská univerzita, 2010, ISBN 978-80-555-0232-8, s. 168.

PODHRADSKÁ, M. (2009). Veselá angličtina pre deti 2, vydavateľstvo TONADA. R 162 0016-2-731.

PODHRADSKÁ, M. (2010). Veselá angličtina pre deti 3, vydavateľstvo TONADA. R 162 0017-2-731.

UR, P. (1996). A Course in Language Teaching: Practice and Theory, Cambridge: CUP. 389 p. ISBN 978-0521567985.

Language of instruction:

Slovak B2, English B2

Notes: student time load:

150 hours:

Combined study (L, S): 26

Elaboration of assigned tasks: 34

Self-study: 30

Preparation for the final oral exam: 60

Course assessment

The final number of assessed students: 65

A	B	C	D	E	FX(0)	FX(1)	n
87.69	4.62	0.0	0.0	1.54	6.15	0.0	0.0

Instructor: Mgr. Anna Slatinská, PhD., univ. doc.

Last changed: 12.11.2021

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: e1-BACEP	Course name: EMERGE BRIDGE - Active Community Engagement in Practice
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26s Method of study: combined	
Number of credits: 5	
Recommended semester/trimester: 1., 3., 5.	
Level: I., P	
Prerequisites:	
Course completion conditions:	
Learning objectives: Knowledge The student: • has knowledge of different forms and pathways of civic engagement and active citizenship • understands socio-economic, cultural, and ecological characteristics of communities • has knowledge of ethical principles in community engagement, including “Do No Harm” • understands key concepts related to social justice, inequality, and systemic change • has knowledge of project planning, community needs assessment, and asset-based approaches • understands principles of intercultural communication and teamwork • is aware of digital tools, inequalities, and creative engagement methods • understands principles of reciprocity, partnerships, and volunteering ethics • has knowledge of reflection, resilience, and well-being Skills The student: • can apply theoretical knowledge in real community contexts • can analyse community needs and resources • can collaborate effectively in international teams • can communicate using empathy and intercultural sensitivity • can apply ethical principles in practice • can critically reflect on their own learning and assumptions • can design and implement small-scale engagement activities • can use digital tools for collaboration and communication • can facilitate group interaction and participatory processes Competence (General Competence) The student: • demonstrates responsibility and autonomy in community engagement • shows civic responsibility and commitment to social justice • demonstrates intercultural awareness and adaptability • critically evaluates their own practice	

- collaborates effectively with community stakeholders
- demonstrates resilience in complex situations
- integrates theory with practice
- contributes to international teamwork and shared outcomes

Brief outline of the course:

Obsah

1. Preparation Phase – Online Course (May –

Students complete a structured online course consisting of the following modules:

1. Pathways of Civic Engagement and Citizenship
2. Rural Realities and Local Contexts
3. Ethics, Cultural Humility, and Social Responsibility
4. Social Justice and Systemic Change
5. Communication, Teamwork, and Interpersonal Skills
6. Project Design, Asset Mapping, and Needs Assessment
7. Digital Empowerment and Creative Methods
8. Community Partnership and Reciprocity
9. Reflection, Resilience, and Well-being

Additional mandatory activities:

- One joint online preparatory session
 - One online meeting with the community partner
- #### 2. Field Placement Phase
- Participation in a community-based project in an international team
 - Collaboration with local organisations and stakeholders
 - Engagement with real community needs
 - Application of knowledge and skills from the online course
 - Ongoing reflection and facilitated group discussions
- #### 3. Reflection and Evaluation session
- Structured reflection sessions
 - Peer learning and experience sharing
 - Evaluation of project impact
 - Integration of practice with academic learning

Recommended literature:

Boyte, H. C. (2008). *Everyday politics: Reconnecting citizens and public life*. University of Pennsylvania Press.

Council of Europe. (2018). *Reference framework of competences for democratic culture*. Council of Europe Publishing.

Ekman, J., & Amnå, E. (2012). Political participation and civic engagement: Towards a new typology. *Human Affairs*, 22(3), 283–300. <https://doi.org/10.2478/s13374-012-0024-1>

Freire, P. (1970). *Pedagogy of the oppressed*. Continuum.

Jacoby, B. (2015). *Service-learning essentials: Questions, answers, and lessons learned*. Jossey-Bass.

Mitchell, T. D. (2008). Traditional vs. critical service-learning: Engaging the literature to differentiate two models. *Michigan Journal of Community Service Learning*, 14(2), 50–65.

Putnam, R. D. (2000). *Bowling alone: The collapse and revival of American community*. Simon & Schuster.

Rawls, J. (1971). *A theory of justice*. Harvard University Press.

United Nations. (2015). *Transforming our world: The 2030 agenda for sustainable development*. United Nations.

Weick, K. E. (1995). Sensemaking in organizations. Sage Publications.			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 0			
abs	n	p	v
0.0	0.0	0.0	0.0
Instructor: doc. PhDr. Alžbeta Brozmanová Gregorová, PhD., Mgr. Anna Slatinská, PhD., univ. doc.			
Last changed: 08.06.2026			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: e1-ESZ	Course name: EMERGE Európa a európsky spôsob života
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26s Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I., P	
Prerequisites:	
Course completion conditions: a) Continuous assessment (50%): preparation (individually or in small teams) of presentations on a selected topic, submission of a draft version, and incorporation of feedback from the instructors b) Final assessment (50%): active participation in the final colloquium – presentation of the final versions of the presentations and active participation in the discussion on the presented topics a) continuous assessment: a) Continuous assessment (50%): preparation (individually or in small teams) of presentations on a selected topic, submission of a draft version, and incorporation of instructors' feedback. b) final assessment: b) Final assessment (50%): active participation in the final colloquium – presentation of the final versions of the presentations and active participation in the discussion on the presented topics.	
Learning objectives: After completing the course, the student is able to: - analyse key and current topics of European integration with an emphasis on promoting the European way of life and European values, - understand the causes and consequences of differing attitudes toward European integration and formulate their own position on them, - understand the multidimensional perception of the European Union through the eyes of its citizens, with a focus on its values, - identify the most important factors influencing EU citizens and determine the factors shaping European identity, - recognise different models of Europe's regional division; define Europe's core and peripheral regions; understand the challenges faced by Europe's peripheral regions, - understand the methodology of research on European values, interpret its results, and know how these results can be applied in practice,	

- understand the language policy of the European Union and its application in language education; distinguish between plurilingualism and multilingualism; understand the theoretical framework of intercomprehension.

Brief outline of the course:

- Geography of Europe's regions – defining the European cultural space, models of regional division in Europe, identification of core and peripheral regions, selected issues of Europe's peripheral regions.
- Goals and values of the European Union: legal basis, significance and relevance in today's world – general objectives of the EU (promotion of peace, values, and well-being), objectives in the area of freedom, security and justice, economic objectives, and the main values of the EU (respect for human dignity, freedom, democracy, equality, the rule of law, and human rights); the Charter of Fundamental Rights of the European Union.
- Values of solidarity and cooperation – the EU's timeless contribution to the present; citizen engagement in European debates during European elections; values and principles of the European Union.
- Research on European values – methodology and results of research on European values.
- Hierarchy of priorities and typology of EU policies – hierarchy of priorities in Europe through the analysis of EU budget revenues and expenditures (development trends and current state).
- The euro as an embodiment of European identity – selected aspects of monetary and financial integration in Europe; the international role of the euro in the global economy.
- Europe fit for the digital age – empowering people through the promotion of EU values: rules for the use of AI, ensuring a safe and responsible online environment, ensuring fair and open digital markets, European digital identity, European data strategy.
- The European Union as an area of freedom, security and justice – judicial cooperation in civil and criminal matters; mutual trust in the judicial systems of Member States as a fundamental principle of the European area of freedom, security and justice, and its challenges.
- European languages – linguistic relationships and basic characteristics of language groups; official, regional, minority, and heritage languages in Europe; multilingualism and multiculturalism in European regions.
- The value of linguistic diversity in the European Union – EU language policy and its application in language education in selected Member States; plurilingualism and multilingualism in the EU; theoretical framework of intercomprehension, its basic principles and methods.

Recommended literature:

1. BALDWIN, R., WYPLOSZ, CH. The Economics of European Integration. 2015. London: McGraw-Hill companies, ISBN 978007716965
2. FUNTA, R. kol. Európske právo. 3., doplnené a rozšírené vydanie. Bratislava : Wolters Kluwer SR s.r.o., 2024.
3. GAJDOŠ, A., MAZÚREK, J., TOLMÁČI, L., HOUDKOVÁ, Z., BAAR, V., MADLEŇÁK, T., LACIKA, J. Regionálna geografia Európy. Bratislava: VEDA. 2013. ISBN 978-80-224-1304-6
4. JÁNOŠÍKOVÁ, M.: Repetitórium práva Európskej únie, 3. vydanie, Iuris Libri, Bratislava, 2024
5. LIPKOVÁ, Ľ. A kol. Európska únia. 2011. Bratislava: Sprint dva. ISBN 9788089393336
6. RADÍČOVÁ, I. Byť alebo nebyť : Európska únia. Centrum pre otvorené politiku. 2016. ISBN 9788097253608
7. SOMERS F.J.L. et al.. European Business Environment. New York: Routledge, 2015. ISBN 978-9-0017-6891-1

8. SUDER, G., LINDEQUE, J. Doing Business in Europe. London: SAGE. 2018. ISBN 978-1-5264-2073-2 9. www.atlasofeuropeanvalues.eu 10. www.aktualneproblemyeuropy.sk 11. Webové sídla európskych inštitúcií a agentúr			
Language of instruction: Slovak, English			
Notes:student time load:			
Course assessment The final number of assessed students: 7			
abs	n	p	v
100.0	0.0	0.0	0.0
Instructor: RNDr. Tibor Madleňák, PhD., doc. PaedDr. Mária Huraj Rošteková, PhD., prof. PhDr. Katarína Chovancová, PhD., JUDr. Elena Júdová, PhD., Mgr. Janka Kubeková, PhD., Ing. Žaneta Lacová, PhD.			
Last changed: 08.06.2026			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: e1-FL1	Course name: EMERGE Foreign Language 1
Type, extent and method of instruction: Form of instruction: Practical Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26s Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I., P	
Prerequisites:	
Course completion conditions: active participation in instruction, final written assessment b) final assessment: test	
Learning objectives: After successfully completing the course, the student will possess the following skills in the selected foreign language: - can introduce themselves and make acquaintances; - can express basic needs and communicate in some everyday situations; - is familiar with the basic elements of the culture of the community that actively uses the target language; - is familiar with the key typological and genealogical characteristics of the target language.	
Brief outline of the course: In the course, the student will become acquainted with any new foreign language from the current offer, with their initial level of competence in that language at the beginning of the course being A0–A1.1 according to the Common European Framework of Reference for Languages (CEFR). The aim is to broaden general linguistic awareness, knowledge of European languages, and to deepen individual receptive and productive communicative competence in a new language. The range of foreign languages offered includes selected languages of EU Member States, as well as some minority and regional languages used in Europe and languages of partner countries outside the EU. Instruction in the course partially employs plurilingual approaches to foreign language teaching. The course is intended for applicants interested in the study opportunities offered by the EMERGE European University Alliance.	
Recommended literature:	
Language of instruction: French, German, Spanish, Italian, Polish, Ukrainian, Russian, Irish, Turkish, Slovak for Foreigners	
Notes: student time load: 26 hours – language exercises, 20 hours – self-study, 2 hours – consultations, 2 hours – final assessment	

Course assessment			
The final number of assessed students: 12			
abs	n	p	v
75.0	25.0	0.0	0.0
Instructor: prof. PhDr. Katarína Chovancová, PhD., doc. PhDr. Jana Pecníková, PhD., Mgr. Eva Reichwalderová, PhD., Mgr. Gabriel Rožai, PhD., univ. doc., Mgr. Igor Cintula, PhD., Mgr. Jana Štefaňáková, PhD., univ. doc., Svitlana Shekhavtsova, PhD., M.A. James Ó Conaill, doc. Mgr. Gabriela Olchowa, PhD., Dr. İsmail Aydo#du			
Last changed: 09.06.2026			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: e1-FL2	Course name: EMERGE Foreign Language 2
Type, extent and method of instruction: Form of instruction: Practical Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26s Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I., P	
Prerequisites:	
Course completion conditions: active participation in instruction, final written assessment b) final assessment: test	
Learning objectives: After successfully completing the course, the student will possess the following skills in the selected foreign language: - can express basic needs and communicate in common everyday situations; - is familiar with the basic elements of the culture of the community that actively uses the target language; - is familiar with the key typological and genealogical characteristics of the target language. The selected foreign language is mastered at the A1–A2 level.	
Brief outline of the course: In the course, the student continues studying a foreign language from the current offer, with their initial level of competence in that language at the beginning of the course being A1.1–A1 according to the Common European Framework of Reference for Languages (CEFR). The aim is to broaden general linguistic awareness, knowledge of European languages, and to further develop individual receptive and productive communicative competence in the new language. The range of foreign languages offered includes selected languages of EU Member States, as well as some minority and regional languages used in Europe and languages of partner countries outside the EU. Instruction in the course partially employs plurilingual approaches to foreign language teaching. The course is intended for applicants interested in the study opportunities offered by the EMERGE European University Alliance.	
Recommended literature:	
Language of instruction: French, German, Spanish, Italian, Polish, Ukrainian, Russian, Irish, Turkish, Slovak for Foreigner	
Notes: student time load: 26 hours – language exercises, 20 hours – self-study, 2 hours – consultations, 2 hours – final assessment	

Course assessment			
The final number of assessed students: 11			
abs	n	p	v
90.91	9.09	0.0	0.0
Instructor: prof. PhDr. Katarína Chovancová, PhD., doc. PhDr. Jana Pecníková, PhD., Mgr. Eva Reichwalderová, PhD., Mgr. Gabriel Rožai, PhD., univ. doc., Mgr. Bc. Vera Liudogovskaia, Mgr. Jana Štefaňáková, PhD., univ. doc., Svitlana Shekhavtsova, PhD., M.A. James Ó Conaill, Dr. İsmail Aydo#du			
Last changed: 09.06.2026			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: e1-FL3		Course name: EMERGE Foreign Language 3	
Type, extent and method of instruction: Form of instruction: Practical Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26s Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3., 5.			
Level: I., P			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction: French, German, Spanish, Italian, Russian, Irish, Turkish, Slovak for Foreigner			
Notes:student time load:			
Course assessment The final number of assessed students: 0			
abs	n	p	v
0.0	0.0	0.0	0.0
Instructor: prof. PhDr. Katarína Chovancová, PhD., doc. PhDr. Jana Pecníková, PhD., Mgr. Eva Reichwalderová, PhD., Mgr. Gabriel Rožai, PhD., univ. doc., Mgr. Bc. Vera Liudogovskaia, Palina Lissitsyna, M.A. James Ó Conaill, Dr. İsmail Aydo#du			
Last changed: 09.06.2026			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: e1-FL4		Course name: EMERGE Foreign Language 4	
Type, extent and method of instruction: Form of instruction: Practical Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 338 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 2., 4., 6.			
Level: I., P			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction: French, German, Spanish, Italian, Russian, Irish, Turkish, Slovak for Foreigner			
Notes:student time load:			
Course assessment The final number of assessed students: 0			
abs	n	p	v
0.0	0.0	0.0	0.0
Instructor: prof. PhDr. Katarína Chovancová, PhD., doc. PhDr. Jana Pecníková, PhD., Mgr. Eva Reichwalderová, PhD., Mgr. Gabriel Rožai, PhD., univ. doc., Mgr. Bc. Vera Liudogovskaia, Palina Lissitsyna, M.A. James Ó Conaill, Dr. İsmail Aydo#du			
Last changed: 09.06.2026			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: e1-IINT	Course name: EMERGE Interkultúrne interakcie
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26s Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I., P	
Prerequisites:	
Course completion conditions: The course is taught and assessed in two areas: 1. Theoretical background of intercultural studies and their application in Service Learning (community-oriented assistance/service): continuous assessment – test (50%). 2. Practical application of theoretical knowledge through the implementation of a community-oriented Service Learning project: team proposal, consultation, and implementation of a selected Service Learning project. Examples of project areas include: • Volunteer projects in multicultural communities (support for migrants, language education, cultural exchange programs) • Experiential workshops on intercultural communication and sensitivity • Joint creative workshops (artistic, culinary, musical) supporting cultural exchange • Discussion forums and storytelling evenings with members of various cultural communities • Shadowing programs in organizations supporting intercultural dialogue • Field research and community mapping aimed at understanding the needs of diverse cultural groups Final assessment (50%): active participation in the final colloquium – presentation of final project outputs and active participation in discussion (final reflection). a) continuous assessment: test (50%) b) final assessment: Final assessment (50%): active participation in the final colloquium – presentation of final project outputs and active participation in discussion (final reflection).	
Learning objectives: After completing the course, students will acquire the following: • Knowledge: • Ability to define the concept of culture and understand differentiation of cultures based on dominant cultural theories and models (Hofstede, Trompenaars, Lewis, etc.) • Knowledge of principles and theoretical background of Service Learning • Apply theoretical knowledge to define their own cultural identity • Interpret and explain cultural values influencing interaction within and with communities	

- Understand cultural differences in communities, their causes, and prevention of negative impacts
- Anticipate cultural conflict situations and propose preventive solutions
- Design and justify solutions to culturally problematic situations
- Differentiate advantages and disadvantages of cultural diversity and propose anti-discrimination measures
- Work collaboratively in teams
- Conduct SWOT analysis, manage work processes, and solve problems
- Think critically and mediate interpersonal situations and conflicts
- Implement a project from initial idea to evaluation report
- Develop realistic self-assessment skills

Brief outline of the course:

- Definition and basics of intercultural communication
- Cultural typologies, values, identities, and communication styles
- Comparison of other cultures with one's own national cultural identity
- Multicultural society
- Management of cultural diversity in communities
- Resolving intercultural differences and conflicts
- Prevention of discrimination in communities
- Use of Service Learning in intercultural interventions
- Project planning, management, and monitoring
- Planning and implementation of a team Service Learning project
- Presentation and evaluation of project results

Recommended literature:

Odporúčaná literatúra:

1. LEWIS, R.L. When cultures collide: Leading across cultures. 2006. Boston - London: Nicholas Brealey International 2006. 3rd ed. ISBN-13: 978-1-904838-02-9
2. TROMPENAARS, F. – HAMPDEN-TURNER, Ch. 1998. Riding the Waves of Culture. Understanding Cultural Diversity in Business. London : Nicolas Brealy Publ., 1998. ISBN 1-85788-176-1.
3. HOFSTEDE, G., MINKOV, M. 2010. Cultures and Organisations. Software of the Mind. New York, McGraw Hill 2010. ISBN 978-07-166418-9.
4. BROZMANOVÁ GREGOROVÁ, A. et al. 2014. Service learning. Inovatívna stratégia učenia (sa). Banská Bystrica: Belianom, 2014. ISBN 978-80-557-0829-4
5. BENČIKOVÁ, D., MINÁROVÁ, M., POLČICOVÁ, M. 2009. Slovensko-anglicko-nemecký výkladový slovník interkultúrnej komunikácie. Banská Bystrica: Univerzita Mateja Bela, Ekonomická fakulta, 2009. 86 s. ISBN 978-80-8083-918-5
6. OLEJÁROVÁ M. a kol. 2007. Charakteristika vybraných krajín z pohľadu interkultúrnej komunikácie. Banská Bystrica, UMB, 2007.
7. MEYER, Erin. 2015. The Culture Map. Decoding how people think, lead, and get things done across cultures. New York: Public Affairs. ISBN 978-1-61039-276-1.
8. <https://www.hofstede-insights.com/country-comparison/>
9. <https://www.thtconsulting.com/models/7-dimensions-of-culture/>
10. <https://www.crossculture.com/the-lewis-model-dimensions-of-behaviour/>
11. Materiály a texty, distribuované na hodinách

Language of instruction:

Slovak, English

Notes: student time load:

90 h			
Course assessment			
The final number of assessed students: 9			
abs	n	p	v
55.56	44.44	0.0	0.0
Instructor: doc. PaedDr. Jana Javorčíková, PhD., univ. prof., doc. PhDr. Jana Pecníková, PhD., Mgr. Petra Strnádoová, PhD.			
Last changed: 29.01.2026			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-eko-22	Course name: Effective Communication
Type, extent and method of instruction: Form of instruction: Lecture Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: I.	
Prerequisites:	
Course completion conditions: a) continuous assessment: Written test in 7th week of education – max 40 points, min 25 points; b) final assessment: Written exam - max 60 points, min 40 points. To successfully pass the subject student needs at least 65 % of points from both of the exams.	
Learning objectives: Student 1. remembers models of language behavior and principles of effective communication; 2. is aware of relation between verbal and nonverbal communication in communication strategy by acquiring communicational aims and fulfilling goals; 3. is able to logically and adequately present information and base relevancy and adequacy nonverbal signals during communication; 4. is able to apply conversational maxims and maxims of politeness in simulated and real communicational situations; 5. is competent to adequately and appropriately use nonverbal agents in effective communication, gains skills to identify its function and meaning in specific communicational situations (deciding, belief, conflicts and other).	
Brief outline of the course: Terms, models, schemes. Language code, coding, decoding, denotation and connotation. Communicational spheres, communicational situations. Communicational noise, communicational barriers and problems in communication, communicational bad habits. Communicational functions. Conversational maxims and maxims of politeness. Principles of effective communication. Hearing. Questions. Answers. Feedback and assessment. Culture of language expression. Basic oral expression. Functions of nonverbal agents in communication. Gender specifics and intercultural differences. Phonics. Visionics. Mimics. Gestics. Haptic. Posture. Kinetics. Proxemics (territoriality). Colorics. Graphics. Netiquette. Olfactorics.	
Recommended literature: 1. ADAIR, J.: Efektivní komunikace. Praha: Alfa Publishing, 2004. 2. ŠKVARENINOVÁ, O.: Rečová komunikácia, Trnava : UCM, 2014	

3. PEASE A. - PEASE, B.: Veľká kniha reči tela. Ako čítať myšlienky podľa gest. Bratislava : Ikar, 2010.
4. HIERHOLD, E. Rétorika a prezentace. Praha : Grada Publishing, 2005.
5. KLINCKOVÁ, J. Verbálna komunikácia z pohľadu lingvist(i)ky. Banská Bystrica : FHV UMB, 2008.
6. KLINCKOVÁ, J. Neverbálna komunikácia alebo komunikujeme nielen slovami. Banská Bystrica : UMB, 2011.
7. LEWIS, D. Tajná reč tela. Praha : Victoria Publishing, 1995.
8. PETERS-KUEHLINGER, G. – FRIEDEL, J. Komunikační a jiné „měkké“ dovednosti. Praha : Grada Publishing, 2007.
9. SCHARLAU/ová, Ch. Trénink úspěšné komunikace. Praha: Grada Publishing, 2010.
10. ĎURIGOVÁ, Natália. Medzikultúrna komunikácia. Aktuálne problémy a možnosti riešenia. Acta Culturologica, zv. č. 14, FF UK Bratislava. 2004.
11. HOFSTEDE, G. - HOFSTEDE, G. J.: Kultury a organizace. Software lidské mysli. Praha : Linde, 2006.

Language of instruction:

Notes:student time load:

90 hrs, of that:

Combined study (L, S, K): 26 hrs

Self-study: 26 hrs

Preparation for written exam: 38 hrs

Course assessment

The final number of assessed students: 414

A	B	C	D	E	FX(0)	FX(1)	n
49.76	24.88	15.22	4.11	3.86	1.93	0.24	0.0

Instructor: doc. PhDr. Anita Hut'ková, PhD.

Last changed: 08.12.2021

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajmL-316	Course name: English Language B2 for UMB Students
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: This elective course is intended for students of sports educology, sports science and other humanities and philology studies at the Faculty of Arts, UMB in Banská Bystrica, except for study programmes English Language and Culture, English for Translation in Economic Practice and Teaching English Language and Literature. Students will take three written continuous assessment tests during the semester. Upon completion the course students will take a written final test. Credits will not be awarded a student who scores less than 65% on the continuous assessment tests and the final test. The student is entitled to one re-sit exam. The assessment is in compliance with the following grading scale: A (100-94%), B (93-87%), B (93-87%), B (93-87%), C (86-80%), D (79-73%), E (72-65%). a) continuous assessment: Three continuous written tests: 30% Active participation in seminars: 10% b) final assessment: Final test: 60%	
Learning objectives: The student: 1. understands not only essential but also specific information in broader English texts and can communicate in more challenging communicative situations in the professional and private spheres; 2. masters upper-intermediate language activities and strategies in English (listening comprehension, speaking, writing, reading comprehension) 3. is able to identify elements of narrative style in written discourse at B2 level; 4. is able to translate from/into English texts at B2 level; 6. is able to use summarising techniques to summarise relevant data.	
Brief outline of the course: Selected topics include: 1. Passions and fashions 2. No fear! 3. It depends how you look at it 4. All things high tech 5. Seeing is believing	

6. Telling it how it is							
Recommended literature: SOARS, Liz - SOARS, John. New Headway Intermediate. 4th Edition. Students Book. Oxford : OUP, 2010. SOARS, Liz - SOARS, John. New Headway Intermediate. 4th Edition. Work Book. Oxford : OUP, 2010.							
Language of instruction: English							
Notes:student time load: Total: 90 hours Seminars: 13 Preparation for continuous written tests: 15 Preparation for the final written test: 30 Self-study: 32							
Course assessment The final number of assessed students: 141							
A	B	C	D	E	FX(0)	FX(1)	n
41.84	17.73	9.22	7.09	10.64	11.35	2.13	0.0
Instructor: PaedDr. Alena Štulajterová, PhD., M.A. James Ó Conaill, Mgr. Patrícia Kvokačka Hatiarová							
Last changed: 11.09.2023							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajmZ-317	Course name: English Language B2 for UMB Students
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3.	
Level: I.	
Prerequisites:	
Course completion conditions: This elective course is intended for students of sports educology, sports science and other humanities and philology studies at the Faculty of Arts, UMB in Banská Bystrica, except for study programmes English Language and Culture, English for Translation in Economic Practice and Teaching English Language and Literature. Students will take three written continuous assessment tests during the semester. Upon completion the course students will take a written final test. Credits will not be awarded a student who scores less than 65% on the continuous assessment tests and the final test. The student is entitled to one re-sit exam. The assessment is in compliance with the following grading scale: A (100-94%), B (93-87%), B (93-87%), B (93-87%), C (86-80%), D (79-73%), E (72-65%). a) continuous assessment: Three continuous written tests: 30% Active participation in seminars: 10% b) final assessment: Final test: 60%	
Learning objectives: The student: 1. understands not only essential but also specific information in broader English texts and can communicate in more challenging communicative situations in the professional and private spheres; 2. masters upper-intermediate language activities and strategies in English (listening comprehension, speaking, writing, reading comprehension) 3. is able to identify elements of narrative style in written discourse at B2 level; 4. is able to translate from/into English texts at B2 level; 6. is able to use summarising techniques to summarise relevant data.	
Brief outline of the course: Selected topics include: 1. Passions and fashions 2. No fear! 3. It depends how you look at it 4. All things high tech 5. Seeing is believing	

6. Telling it how it is							
Recommended literature: SOARS, Liz - SOARS, John. New Headway Intermediate. 4th Edition. Students Book. Oxford : OUP, 2010. SOARS, Liz - SOARS, John. New Headway Intermediate. 4th Edition. Work Book. Oxford : OUP, 2010.							
Language of instruction: English, Slovak							
Notes:student time load: Total: 90 hours Seminars: 13 Preparation for continuous written tests: 15 Preparation for the final written test: 30 Self-study: 32							
Course assessment The final number of assessed students: 184							
A	B	C	D	E	FX(0)	FX(1)	n
22.28	14.13	13.04	13.04	16.3	11.96	9.24	0.0
Instructor: PaedDr. Alena Štulajterová, PhD., doc. Natalia Kovalchuk, PhD., Mgr. Richard Gramanich Štromajer, PhD., M.A. James Ó Conaill, Mgr. Patrícia Kvokačka Hatiarová							
Last changed: 03.05.2023							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajzak-101	Course name: English Language C1
Type, extent and method of instruction: Form of instruction: Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: To successfully complete the course, students must attend lectures regularly, miss no more than four seminars, and successfully complete two graded assignments: an oral and a written one. Students who receive a grade lower than 65% on any of the graded assignments will not pass the course. If the final grade is lower than 65%, students will have one opportunity to retake any graded assignment in which they scored less than 65%. Course grading follows the standard A-FX scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). 1. Active participation and homework assignments: 10% of the total grade 2. Oral exam: 45% of the total grade 3. Written exam: 45% of the total grade To successfully complete the course, students must earn at least 65% on each of these individual assignments.	
Learning objectives: understand important information and be able to communicate fluently in academic situations 2. use basic language skills and strategies in English (listening comprehension, speaking, writing, reading comprehension) at the C1 level 3. recognize and understand elements of academic writing in English 4. summarize and identify the main idea of academic texts in English	
Brief outline of the course: 1. Introduction, a grammar entrance quiz 2. Listening comprehension exercise (It's Magic / New Car from Cambridge Proficiency Exam CD) 3. Unit 5 (from Gateway B2+, selected pages) 4. Reading comprehension exercise (Chris Reed: The Rage of Rambo) + discussion 5. Listening comprehension exercise (Katie Melua Interview_Aftenshowet) + discussion 6. Reading comprehension exercise (J. Hudanish: Foreword) + discussion 7. Listening comprehension exercise (Granta Interview with Paul Auster) + discussion 8. Vocabulary stop-and-check test 1 9. Listening comprehension exercise (John Lennon Shot BBC NEWS 1980) + discussion 10. Reading comprehension exercise (How Porn Affects the Brain Like a Drug) + discussion 11. Listening comprehension exercise (TIME's interview with Woody Allen) + discussion 12. Reading comprehension exercise (Woody Allen: The Kugelmass Episode) + discussion, the	

rest for HW 13. Vocabulary stop-and-check test 2							
Recommended literature: HEWINGS, G. 2012. Cambridge Academic English: Upper Intermediate. Student's Book. Cambridge: Cambridge University Press. 176 p. ISBN 978-0521165204.							
Language of instruction: English B2							
Notes:student time load: 90 hrs., including: combined study (lectures/seminars/consultations): 26 seminar preparation and homework: 52 studying for the written test: 12							
Course assessment The final number of assessed students: 111							
A	B	C	D	E	FX(0)	FX(1)	n
30.63	31.53	18.92	5.41	2.7	7.21	3.6	0.0
Instructor: Mgr. Michael Eliot Dove							
Last changed: 10.04.2026							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajsZ-117	Course name: English Lexicology
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 5.	
Level: I.	
Prerequisites:	
Course completion conditions: The maximum total number of points obtained for the final evaluation is 100. Credits will be awarded to a student who has obtained at least 65 out of 100 points for meeting the specified conditions. The student has the right to one corrective term of the written test. a) continuous assessment: Participation during the lecture and seminar classes of teaching with emphasis on homework done. b) final assessment: Passing the final written exam at least 65%.	
Learning objectives: The academic course includes the latest knowledge of lexical semantics and lexical morphology with regard to application in English oral communication with emphasis on the specifics of English vocabulary, such as the acquisition and practical use of phrasal verbs in simulating specific communication situations. The aim of education is also the acquisition, identification and application of word-formation processes in a foreign language.	
Brief outline of the course: Lexical semantics (lexical meaning, nature of language, semiotic triangle, paradigmatic relations) and word formation (derivation, composition, abbreviation, etc.). Understanding and mastering the classification of a specific vocabulary of phrasal verbs. Acquisition and application of the register of selected phrasal verbs. Ability to identify and apply specific word-formation processes in modern English.	
Recommended literature: 1. JESENSKÁ, P. – ŠTULAJEROVÁ, A. 2013. Selected Chapters on English Lexical Semantics. Banská Bystrica: UMB in Banská Bystrica, 2013. 2. JESENSKÁ, P. 2015. Selected Topics on English Word-Formation. Banská Bystrica: Belianum in Banská Bystrica, 2015. 3. JESENSKÁ, P. 2019. English Vocabulary Stratification. Banská Bystrica: Belianum in Banská Bystrica, 2019. Available online: https://publikacie.umb.sk/humanitne-vedy/cudzie-jazyky/english-vocabulary-stratification.html 4. BÖHMEROVÁ, A. 2010. Blending as Lexical Amalgamation and Its Onomatological and Lexicographical Status in English and Slovak. Bratislava: ŠEVT, a.s., 2010	

5. ŠTEKAUER, P. 1996. A Theory of Conversion in English. Frankfurt am Main, Berlin, Bern, New York, Wien: Peter Lang, 1996.
6. PLAG, I. 2009. Word-Formation in English. Cambridge: Cambridge University Press, 2009.
7. KATAMBA, F. 1995. English Words. New York: Routledge, 1995.
8. BAUER, L. 1991. English Word-formation. Cambridge: Cambridge University Press, 1991.
9. CRUSE, D.A. 1991. Lexical Semantics. Cambridge: Cambridge University Press, 1991.
10. Plato. 360 BC Cratylus (angl. preklad B. Jowett) – available online [http:// classics.mit.edu/Plato/cratylus.html](http://classics.mit.edu/Plato/cratylus.html) (cit. 05/03/2014)

Language of instruction:

Slovak, English

Notes:student time load:

120 hours, of which:

Combined study (P, S, K): 26

Self-study, including home preparation for teaching and preparation for the final examination:

Course assessment

The final number of assessed students: 385

A	B	C	D	E	FX(0)	FX(1)	n
49.61	19.48	13.51	8.05	7.53	0.52	1.3	0.0

Instructor: doc. PaedDr. Petra Jesenská, PhD.

Last changed: 05.09.2022

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-113	Course name: English Literature 1
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 3.	
Level: I.	
Prerequisites:	
Course completion conditions: a) continuous assessment in the seminars in the form of assessed activities: min. 0-max. 20 points. b) final assessment: oral exam: 0-80 points (a short written test is a requirement to take the final oral exam) Maximum number of points: 100. Course assessment corresponds to standard A-FX grading scale. Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.	
Learning objectives: Students: 1. On the basis of acquired knowledge will be able to search, process and analyse a primary literary text as well as a secondary critical literary text in both Slovak and a foreign language; 2. Will acquire and actively use adequate and relevant vocabulary connected with literary studies as well as with related social sciences (e.g. history, political science, sociology, etc.); 3. Will understand the principles, contexts and mutual relations between English and European/Worldwide literary texts, movements and styles of the 16th-20th centuries; 4. Will apply scientific research methods (data collecting, hypothesis formulation, analysis, synthesis, approval and disapproval of hypothesis) in the field of literary studies; 5. Will apply critical analysis in the assessment of chosen social and political events depicted in analysed literary works; 6. Will acquire the ability to debate in a foreign language.	
Brief outline of the course: Introduction to English literature periods of literary movements. Development of literature in the territory of England and the context of Old English and Middle English period. Humanism, Restoration and Renaissance. The Enlightenment and Classicism. Neo-Classical prose. Development of the novel. Pre-romanticism. Romanticism – 1st and 2nd generation of English Romanticists.	
Recommended literature: Recommended reading: Odporúčaná literatúra: JAVORČÍKOVÁ, J. 2015 (Reedícia 2017). A Compendium of English Literature. Banská Bystrica: Belianum, 201 s. ISBN 978-80-557-1004-4.	

CUDDON, J. 1999. Dictionary of Literary Terms and Literary Theory. London : Penguin, 1999.
 EAGLETON, T. 1983. Literary Theory. Minneapolis : University of Minnesota, 1983.
 FORD, B. 1983. The New Pelican Guide to English Literature 1-7. London : Penguin Books, 1983.
 GREENBLATT, S., ABRAMS, M. H. et al., 2006. The Norton Anthology of English Literature, Volume 1, New York: W. W. Norton and Company, 2904 s. ISBN 978-0-393-92531-9.
 GREENBLATT, S., ABRAMS, M. H. et al., 2006. The Norton Anthology of English Literature, Volume 2, New York: W. W. Norton and Company, 2877 s. ISBN 978-0-393-92532-6.
 Materials distributed during lessons and via Moodle platform.
 Further reading:
 BAŠTÍN, Š. – OLEXA, J. – STUDENÁ, Z. 1993. Dejiny anglickej a americkej literatúry. Bratislava : Obzor, 1993.
 NUNNING, A. (ed.) 2006. Lexikon teorie literatury a kultury. Brno : Host, 2006.
 PICKARD, S. 2005. Britská civilizácia. Bratislava : SPN, 2005.
 STŘÍBRNÝ, Z. 1987. Dějiny anglické literatury a kultury 1, 2. Praha : Academia, 1987.
 10. STŘÍBRNÝ, Z. 1987. Dějiny anglické literatury a kultury 1, 2. Praha : Academia, 1987.

Language of instruction:

English

Notes: student time load:

120 hrs., including:

combined study (lectures/seminars/consultations): 30

self-study: 90

Course assessment

The final number of assessed students: 499

A	B	C	D	E	FX(0)	FX(1)	n
28.26	21.64	19.04	7.62	8.02	10.22	5.21	0.0

Instructor: doc. PaedDr. Jana Javorčíková, PhD., univ. prof., Mgr. Richard Gramanich Štromajer, PhD.

Last changed: 05.09.2025

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-119	Course name: English Literature 2
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 6.	
Level: I.	
Prerequisites:	
Course completion conditions: No prerequisites: active participation in classes and completion of final assessment requirements as follows: a) continuous assessment in seminars via voluntary bonus activities (0-10 points) and reading portfolio ("abstracts") = 10 points b) final assessment: quiz (20 points) and oral exam (70 points). A 65% in quiz (13 points) is a precondition to the oral exam. The total number for the course is 100 points. Requirements comply with the University Statute. Credits will be awarded only to those students who gain minimum 65% or 65 points in the course. Final assessment: A (100–94 %), B (93–87 %), C (86–80 %), D (79–73 %), E (72–65 %). a) continuous assessment: Continuous assessment in seminars via voluntary bonus activities (0-10 points) and reading portfolio ("abstracts") = 10 points b) final assessment: Final assessment: quiz (20 points) and oral exam (70 points). A 65% in quiz (13 points) is a precondition to the oral exam. The total number for the course is 100 points. Requirements comply with the University Statute. Credits will be awarded only to those students who gain minimum 65% or 65 points in the course. Final assessment: A (100–94 %), B (93–87 %), C (86–80 %), D (79–73 %), E (72–65 %).	
Learning objectives: On the basis of the information/skills gained in the course, students will be able to: 1. search, process and analyze primary literary texts as well as secondary literary- critical texts in mother and foreign language. 2. gain and actively use appropriate lexicon, related to literary studies, as well as related social areas, such as history, political sciences, social sciences, etc.	

3. understand principles, contexts and interrelations between English and world/European literary texts, movements, trends of the 19th-20th ct.
4. apply methods of scientific research (such as data collection, formulating hypotheses, analysis, synthesis and confirmation or reconfiguration of hypothesis) in the field of literary studies.
5. apply critical analysis to the process of evaluation of selected political and social phenomena.
6. give arguments in foreign language and think critically.
7. use intercultural competences, gained in the course.

Brief outline of the course:

Introduction to modern English literature and periodisation of literary movements. Realism - critical Realism of the Victorian Era. Poetry of High and Late Romanticism. Drama of the High and Late Romanticism. Fin de siècle and Modernism. Post-War literature, Angry Young Men and Working-class novelists. Postmodernism. Literature of minorities and world literature written in English. Campus novel, British humour. English drama of the 20th and 21st ct. English poetry of the 20th and 21st ct. Selected topics in present-day literature and literature of the Commonwealth. Literature, culture and its pedagogical and translation-related implications.

Recommended literature:

1. JAVORČÍKOVÁ, J. 2015 (reedícia 2017). A Compendium of English Literature : an annotated companion to English literature and literary theory. Banská Bystrica : Belianum, 201 s. ISBN 978-80-557-1004-4.
2. JAVORČÍKOVÁ, J. 2014. Contemporary literature in English : selected historical, social and literary contexts. Hradec Králové : Gaudeamus, 2014. 222 s. ISBN 978-80-7435-474-8.
3. JAVORČÍKOVÁ, J. 2018. World Literature. Bratislava : Z-F Lingua, 2018. 205 s. ISBN 978-80-8177-043-2.
4. JAVORČÍKOVÁ, J. 2013. Nové metódy integrácie dramatických aktivít - dialóg, skeč, komiks a "reader's theatre" do výučby anglického jazyka = New methods of integrating drama activities - dialogue, sketch, comics and reader's theatre into English language acquisition. In Determinanty pregraduálnej prípravy učiteľov anglického jazyka 2 : monografia Katedry anglistiky a amerikanistiky. Banská Bystrica : Univerzita Mateja Bela, Fakulta humanitných vied, 2013. s. 5-27. ISBN 978-80-557-0484-5.
5. JAVORČÍKOVÁ, J. 2010. Literárny a kultúrny artefakt v procese výučby = Literary and cultural artefact in the process of teaching. In Philologica LXV. : zborník Filozofickej fakulty Univerzity Komenského. (ed.). Mária Huttová. Bratislava : Univerzita Komenského, Filozofická fakulta, 2010. s. 209-215. ISBN 978-80-223-2894-4.
6. CUDDON, J. 1998. (reedícia 2000; vybrané heslá). Dictionary of Literary Terms and Literary Theory. London : Penguin, 1998. 991 s. ISBN 9780140513639.
7. EAGLETON, T. 1983. Literary Theory. Minneapolis : University of Minnesota, 1983. 244 s. ISBN 0816612382.
8. FORD, B. 1983. The New Pelican Guide to English Literature 1-7. London : Penguin Books, 1983. 532 s. ISBN 13: 9780140222708.
9. GREENBLATT, S., ABRAMS, M. H. et al., (vybrané kapitoly). 2006. The Norton Anthology of English Literature, Volume 1, New York: W. W. Norton and Company, 2904 s. ISBN 978-0-393-92531-9.
10. BAŠTÍN, Š. – OLEXA, J. – STUDENÁ, Z. (vybrané kapitoly). 1993. Dejiny anglickej a americkej literatúry. Bratislava : Obzor, 1993. 352 s. ISBN 80-215-0253-3.
11. NUNNING, A. (ed.) (vybrané heslá). 2006. Lexikon teorie literatury a kultury. Brno : Host, 912 s. 2006.

Language of instruction:

English B2

Notes:student time load:

120 hours, out of which:

combined study (lecture, seminar, consultation hours): 26

self-study: 94 (includes preparation for seminars, reading of representative works, preparation of reading portfolio - Abstracts): 26

preparation for the final quiz: 26

preparation for the final oral exam: 42

Course assessment

The final number of assessed students: 304

A	B	C	D	E	FX(0)	FX(1)	n
41.78	17.76	11.18	12.17	9.21	5.26	2.63	0.0

Instructor: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Last changed: 11.09.2023

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-214	Course name: English Literature 3
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 5	
Recommended semester/trimester: 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: 6 partial assignments (5 points each): 30 points - Final assignment: 20 points - Oral exam: 50 points b) final assessment: A 28.0, B 24.0, C 16.0, D 8.0, E 4.0, FX(0), 12.0, FX(1) 8.0, n 0.0	
Learning objectives: Students will be able to: 1. analyze contemporary texts written in English, 2. compare literary forms and media, 3. develop and articulate their own arguments, 4. demonstrate intercultural awareness when interpreting how contemporary literature portrays identity, community, and cultural difference.	
Brief outline of the course: Week 1: Introduction to the course Weeks 2–13 (lectures): 1. An overview of contemporary English literature: context, genres, trends, reading strategies (short excerpts: Monica Ali: <i>*Brick Lane*</i>; Andrea Levy: <i>*Small Island*</i>...), 2. Style and humor in the postcolonial social novel (short excerpts: Zadie Smith: <i>NW</i>; Alan Hollinghurst: <i>The Line of Beauty</i>...), 3. Perspective, error, and responsibility in ethical reading (short excerpts: Ian McEwan: <i>Saturday</i>; Kate Atkinson: <i>A God in Ruins</i>...), 4. metafiction and intertextuality (short excerpts: Ali Smith: <i>The Accidental</i>; Jeanette Winterson: <i>Oranges Are Not the Only Fruit</i>...), 5. blending of genres and grand narrative structure (short excerpts: Jennifer Egan: <i>A Visit from the Goon Squad</i>; Ali Smith: <i>How to Be Both</i>...), 6. the role of time and memory in narratology (short excerpts: Kazuo Ishiguro: <i>Klara and the Sun</i>; Emma Healey: <i>Elizabeth Is Missing</i>...), 7. how to read a graphic novel (short excerpts: Alan Moore & Dave Gibbons: <i>Watchmen</i>; Marjane Satrapi: <i>Persepolis</i>...),	

8. digital literature and multimodality (short excerpts: Shelley Jackson: Patchwork Girl; Jennifer Egan: Black Box...),
9. retrospection and reliability in unreliable narration (short excerpts: Sarah Waters: The Little Stranger; Kazuo Ishiguro: The Remains of the Day...),
10. "spoken word" in the context of contemporary poetry (short excerpts: Warson Shire; Carol Ann Duffy – selected poems),
11. "working-class narratives" (short excerpts: Douglas Stuart: Shuggie Brain; Kit de Waal: My Name is Leon...),
12. Contemporary Literature Today – review.

Weeks 2–13 (seminars):

1. Character voices and humor in the postcolonial social novel: Zadie Smith: White Teeth (2000),
2. Character voices and humor in the postcolonial social novel: Zadie Smith: White Teeth (2000),
3. How metafiction changes perspective and ethical reading: Ian McEwan: Atonement (2001),
4. How metafiction changes perspective and ethical reading: Ian McEwan: Atonement (2001),
5. Genre hybridity and narrative architecture: David Mitchell: Cloud Atlas (2004),
6. Genre hybridity and narrative architecture: David Mitchell: Cloud Atlas (2004),
7. Graphic storytelling – the collaboration of text and image: Neil Gaiman: The Sandman Vol. 1 (Preludes & Nocturnes),
8. Interactivity in digital literature: Christine Wilks: *Underbelly* (2010),
9. Retrospective and unreliable memory: Julian Barnes: *The Sense of an Ending* (2011),
10. "spoken word" and performative poetry: Kae Tempest: *Brand New Ancients* (2013),
11. "working-class narrative": Bernardine Evaristo: Girl, Woman, Other (2019),
12. "working-class narrative": Bernardine Evaristo: Girl, Woman, Other (2019).

Note: All necessary materials will be available on my department website; you will receive the access password during the first class.

Recommended literature:

Odporúčaná literatúra:

BENNETT, Joshua. Spoken Word The Story of How Performance Poetry Changed the World. Londýn: Square Peg, 2023. 304 s. ISBN 978-1-5291-1048-7

DUNST, Alexander. The Rise of the Graphic Novel. Cambridge: Cambridge University Press, 2023. 254 s. ISBN 978-1-109-19252

ELSTERMANN, Annika. Digital Literature and Critical Theory. Londýn: Routledge, 2022. 206 p. ISBN 978-1-0324-2242-8

ENGLISH, James F. A Concise Companion to Contemporary British Fiction. Oxford: Wiley-Blackwell, 2005. 296 s. ISBN 978-1-4051-2001-2

JAVORČÍKOVÁ, Jana. Contemporary Literature in English: Selected Historical, Social and Cultural Contexts. Banská Bystrica: Univerzita Mateja Bela v Banskej Bystrici, 2012. 205 s. ISBN 978-80-557-0430-2

JAVORČÍKOVÁ, Jana. Voices from beyond: A modern coursebook of cultural studies for philologists: with the focus on (e)migration as a political, ethical, linguistic and cultural phenomenon in the era of globalization. Bratislava: F LINGUA, 2020. 249 s. ISBN 978-80-8177-071-5

KOWALIK, George. Hybrid Novels (Routledge Studies in Contemporary Literature) 1st edition. Oxfordshire: Routledge, 2025. 220 s. ISBN 978-1-0329-9972-2

ORR, Mary. Intertextuality: Debates and Contexts. Cambridge: Polity, 2003. 256 s. ISBN 978-0-7456-0621-7

WAUGH, Patricia. Metafiction: The Theory and Practice of Self-Conscious Fiction (New Accents) 1st edition. Londýn: Routledge, 2002. 188 s. ISBN 978-0-415-03006-9

Language of instruction: English							
Notes:student time load: Poznámky – časová záťaž študenta 150 hodín, z toho: - kombinované štúdium (P, S, K): 30, - samoštúdium: 120.							
Course assessment The final number of assessed students: 35							
A	B	C	D	E	FX(0)	FX(1)	n
45.71	17.14	14.29	5.71	2.86	8.57	5.71	0.0
Instructor: doc. PaedDr. Jana Javorčíková, PhD., univ. prof., Mgr. Richard Gramanich Štromajer, PhD.							
Last changed: 10.04.2026							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-112	Course name: English Morphology
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 / 13 Method of study: combined	
Number of credits: 5	
Recommended semester/trimester: 2.	
Level: I.	
Prerequisites:	
Course completion conditions: Students will take a written test containing different assignments in which they will apply theoretical knowledge after the end of the semester. The maximum number of points for the ongoing and final assessment is 100. Credits will be assigned to the student who acquires a minimum of 65 out of 100 points for the fulfilment of the given conditions. The student has the right to resit the written test once and at the same time to resit the final written exam once. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%) b) final assessment: Final written test	
Learning objectives: The student will be able: 1. To use topical terminology and correct grammatical forms and justify their use according to the acquired theory in the English language. 2. To analyze morphological phenomena in the English text and use the appropriate classification of particular word classes. 3. To apply gained theoretical knowledge in oral and written practice, to demonstrate their appropriate use. 4. To evaluate which morphological structures have to be used in the particular English context. 5. To evaluate the morphological differences of two different language systems (English and Slovak) based on the comparison. 6. To create the system of grammatical categories in the English language.	
Brief outline of the course: An introduction to morphology, basic terms – morphemes – bound and free, the derivational and inflectional morphemes, word analysis. Word classes and conversion. Nouns – classification and grammatical categories (countability, expression of number, gender and grammatical case), determiners and pronouns. Adjectives and adverbs – their classification and comparison. Verbs, their characteristics and classification. Auxiliary verbs. Modal verbs. Grammatical categories (tense, aspect, voice, mood). Expression of future. Nonfinite verb forms and their usage	
Recommended literature:	

1. CARTER, R. – MCCARTHY, M. 2006. Cambridge Grammar of English. Cambridge: Cambridge University Press, 2006.
2. HARDOŠOVÁ, M. 2009. Practical English Morphology. Banská Bystrica: Univerzita Mateja Bela, Fakulta humanitných vied, 2009.
3. Elektronická príručka E-Morphology v Moodle. <https://lms.umb.sk/login/index.php>
4. HEWINGS, M. 2004. Advanced Grammar in Use. Cambridge: Cambridge University Press, 2004.
5. HAIS, K. 2006. Anglická gramatika, Bratislava, SPN – Mladé letá 2006.
6. LEECH, G. 2009. An A - Z of English Grammar and Usage, Longman, 2009.
7. SWAN, M. 2005. Practical English Usage, Oxford University Press, Oxford: Oxford University Press, 2005.
8. PETERS, S. - GRÁF, T. 1999. Cvičebnica anglickej gramatiky, Polyglot, 1999.

Language of instruction:

Slovak B2. English B2

Notes: student time load:

Student workload

Combined study: 39 hrs

Self-study: 30 hrs

Preparation for class: 60 hrs

Preparation for the final test: 31 hrs

Course assessment

The final number of assessed students: 628

A	B	C	D	E	FX(0)	FX(1)	n
10.35	13.38	19.9	17.83	29.14	3.03	6.37	0.0

Instructor: Mgr. Anna Slatinská, PhD., univ. doc., Mgr. Barbora Vinczeová, PhD.

Last changed: 22.03.2022

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-213	Course name: English Stylistics
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 5	
Recommended semester/trimester: 6.	
Level: I.	
Prerequisites:	
Course completion conditions: During the semester, students write one continuous assessment test and elaborate stylistic analysis of an English text. At the end of the semester students write final test. Student will not get credits if s/he scores less than 10 points for the stylistic analysis of the text and less than 25 points for the final test. Student can re-sit the exam once. This exam will cover study material from the whole semester. Final assessment is realised according to the standard criteria: A (100 – 94 %), B (93 – 87 %), C (86 – 80 %), D (79 – 73 %), E (72 – 65 %). The minimum number of points for obtaining credits is 65 points out of 100. Continuous assessment: Test: 0-30 points Stylistic analysis of the text: 0-30 points a) continuous assessment: written test: 0 - 50 points b) final assessment: final test: 0 - 20 points stylistic analysis of a text. 0 - 30 points	
Learning objectives: Student 1. identifies phonetic, phonological, lexical and syntactical expressive means and stylistic devices in various kinds of texts; 2. is able to classify identified stylistically significant features in the text into categories; 3. is able to determine to which functional language style particular text belongs to and identifies style forming devices in it; 4. applies theoretical knowledge from stylistics at the process of creative writing with regards to coherence and cohesion of the text, as well as its aesthetic peculiarities; 5. translates all kinds of texts stylistically adequately from/to the English language; 6. analyses stylistic adequacy of used expressive means in various artistic and advertising texts, evaluates stylistic adequacy of translation of literary, as well as non-literary texts. 7. creates texts of various genres in selected functional styles of English.	
Brief outline of the course:	

1. Introducing stylistics, style and stylistic devices, levels of stylistic analysis; 2. Stylistic devices on the phonetic-phonological level and their translation into Slovak; 3. Stylistic devices on the syntactical level and their translation into Slovak; grammar versus style and genre; 4. Stylistic devices on the lexical level and their translation into Slovak; 5. Stylistic classification of the English vocabulary and its translation peculiarities; 6. Text and discourse, cohesion and cohesive devices, coherent models; stylistic analysis of the text; 7. Spoken and written language – a stylistic approach; 8. Literary style and its translation peculiarities; 9. Colloquial style and its translation peculiarities; 10. Journalistic style – the language of newspapers; 11. The language of press advertisements; 12. Scientific and technical style and its translation peculiarities; 13. The style of official documents and its translation peculiarities							
Recommended literature:							
Language of instruction: English Language - level C1							
Notes:student time load: Time load: 150 hours combined study (P, S): 26 self-study: 30 preparation for the written test: 27 preparation for the stylistic analysis of the text: 27 preparation for the final test: 40							
Course assessment The final number of assessed students: 133							
A	B	C	D	E	FX(0)	FX(1)	n
34.59	17.29	12.78	13.53	15.79	4.51	1.5	0.0
Instructor: doc. PaedDr. Petra Jesenská, PhD., PaedDr. Alena Štulajterová, PhD.							
Last changed: 01.10.2024							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-114	Course name: English Syntax
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 3.	
Level: I.	
Prerequisites:	
Course completion conditions: During the semester, students will take a written test that will verify the practical use of their knowledge. They will take a written test with variable assignments for the practical application of theoretical knowledge and take the final written exam after the end of the semester. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. The student has the right to one resit of the written test and one resit of the final written exam. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%) b) final assessment: Final written test.	
Learning objectives: The student will be able: 1. To analyse sentence structure, types of sentence, the clause and the phrase, sentence constructions as well as grammatical and semantic units with communicative function of the English language 2. To use all gained knowledge in the sphere of translation and interpreting or during teacher's practice and to analyse links between words in a sentence and to create correct sentence constructions as well as correct word order. 3. To identify components of constructions, e.g. sentence elements in selected types of texts 4. To recognise types of sentence (the simple sentence, the compound sentence, the complex sentence) 5. To analyse modal and emotional aspect of sentence	
Brief outline of the course: Introduction to study of English syntax. Terminology. Form and function. Speech acts. The sentence, the clause, the phrase. The simple sentence, sentence elements. Basic simple sentence patterns. Kinds of simple sentence. Concord. Coordination and subordination. The compound sentence. The complex sentence (noun clause, relative clauses, adverbial clauses). Final written test.	
Recommended literature: HRNČÍŘ, Arnošt, SLATINSKÁ Anna. 2021. Selected chapters from practical English syntax - student's book. 2. vyd. - Banská Bystrica : Vydavateľstvo Univerzity Mateja Bela - Belianum, 2021. - 126 s. ISBN 978-80-557-1898-9. RAFAJLOVIČOVÁ, Rita. 2012. The English Sentence. Prešov : FF Prešovskej univerzity, 157 s. ISBN 978-80-555-0577-0.	

RAFAJLOVIČOVÁ, Rita. 2013. Subordination in Different Text Types- 1. vyd. - Prešov: Filozofická Fakulta Prešovskej univerzity v Prešove, 2013. - 241 s. - Acta Facultatis Philosophicae Universitatis Prešovensis.

RAFAJLOVIČOVÁ, Rita. 2003. A Survey of the English SYNTAX, FHPV PU Prešov 2003, 164 s., ISBN 80-8068-172-4

RAFAJLOVIČOVÁ, Rita. 2012. English Syntax, Vysokoškolská učebnica, Prešovská tlačiareň, Prešov 2012, ISBN 978-80-970862-0-6

VERSPoor, Marjolijn – SAUTER, Kim. 2000. English Sentence Analysis. Amsterdam : John Benjamins Publishing co., 245 s. ISBN 9781556196614.

VINCE, Michael. Advanced Language Practice. Oxford : Heinemann, 1994. ISBN 0 435 24125 7.

VINCE, Michael. 2003. Language Practice with key. Turin: Macmillan, 326 s. ISBN 1-405-00762-1.

VERSPoor, Marjolijn – SAUTER, Kim. 2000. English Sentence Analysis. Amsterdam : John Benjamins Publishing co., 245 s. ISBN 9781556196614.

Language of instruction:

Slovak B2, English B1

Notes: student time load:

120 hours:

Combined classes: 26

Practising selected chapters from English Syntax: 30

Elaboration of assigned tasks: 34

Self-study, preparation for the final written test: 30

Course assessment

The final number of assessed students: 542

A	B	C	D	E	FX(0)	FX(1)	n
34.5	16.97	17.34	12.73	14.76	2.4	1.29	0.0

Instructor: Mgr. Anna Slatinská, PhD., univ. doc., Mgr. Vanda Koniarová

Last changed: 12.11.2021

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-318	Course name: English for Students of English and American Studies 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: In the course of the semester students will take a written test (50%) as part of the continuous assessment. At the end of the semester they will take a final written exam (50%). The assessment is carried out according to the ECTS grading scale: A (100 – 94%), B (93 – 87%), C (86 – 80%), D (79 – 73%), E (72 – 65%). Credits will be assigned to those students who by fulfilling the stated conditions gain at least 65%. a) continuous assessment: midterm test: 0-50 points b) final assessment: final written test: 0-50 points	
Learning objectives: The student will be able: 1. To identify relevant vocabulary in the text and during listening 2. To define mutual connections within the text 3. To apply study materials to real life 4. To determine the level of the text according to language and content difficulty 5. To critically assess ideas within the text and present his/her own arguments 6. To confront his/her own acquired knowledge with the read or heard text.	
Brief outline of the course: The course primarily focuses on the improvement of language means (vocabulary, grammar, pronunciation) and receptive language skills (reading and listening comprehension) in the English at the B2 level.	
Recommended literature: Beglar, David - Murray, Neil - Rost, Michael: Contemporary Topics 3. Academic Listening and Note-taking Skills. NY: Person Education, 2009. ISBN: 978-0-13-234523-1 https://learnenglish.britishcouncil.org/skills/listening https://learnenglish.britishcouncil.org/skills/reading	
Language of instruction: English B2	
Notes:student time load: Student workload of 90 hrs., consisting of: seminars: 13 hrs., preparation for the continuous assessment test: 30 hrs. self-study: 17 hrs. preparation for the final written test: 30 hrs.	

Course assessment							
The final number of assessed students: 44							
A	B	C	D	E	FX(0)	FX(1)	n
18.18	4.55	25.0	25.0	22.73	4.55	0.0	0.0
Instructor: doc. Natalia Kovalchuk, PhD.							
Last changed: 31.05.2022							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-319	Course name: English for Students of English and American Studies 2
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: I.	
Prerequisites:	
Course completion conditions: In accordance with the classification system, the student can collect the total of 100 points. Credits are assigned and the course is successfully completed if the student collects at least 65 points. a) continuous assessment: Active participation in seminar: 40 p. b) final assessment: Oral examination: 30 p. Argumentative essay: 30 p.	
Learning objectives: The student is capable of reading and listening comprehension in English on the C1 level. They can write an argumentative essay and participate in a discussion on the C1 level.	
Brief outline of the course: 1. reading comprehension 2. listening comprehension 3. discussion 4. writing (argumentative essay) 5. grammar	
Recommended literature: Hewings, Martin. English Grammar in Use Advanced. Cambridge University Press, 2013. ROACH, Peter. English Phonetics and Phonology. A Practical Course. Cambridge University Press, 4th edition, 2009 ŠTULAJTEROVÁ, A. – JESENSKÁ, P. 2013. English Stylistics. Banská Bystrica: Univerzita Mateja Bela Elektronická príručka E-Morphology v Moodle. https://lms.umb.sk/login/index.php McCRAE, John - BOARDMAN, Roy. 1993. Reading Between The Lines: Integrated Language and Literature Activities. Cambridge: Cambridge University Press, 1993	
Language of instruction: English C1	
Notes:student time load:	

120 h: 60 h self-study and preparation for the seminar, 30 h writing the argumentative essay, 30 h preparation for the oral examination							
Course assessment							
The final number of assessed students: 43							
A	B	C	D	E	FX(0)	FX(1)	n
67.44	13.95	9.3	0.0	4.65	4.65	0.0	0.0
Instructor: Mgr. Marianna Bachledová, PhD.							
Last changed: 12.08.2022							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-uELP	Course name: Environmental law and policy
Type, extent and method of instruction: Form of instruction: Lecture Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26s Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: The prerequisite for passing the course is attendance at a minimum of 90% of the teaching and active participation of students in class. The evaluation is in accordance with the classification scale according to the Study Regulations of Matej Bel University. a) continuous assessment: Continuous evaluation is not performed. b) final assessment: The basis for the award of the final grade is the demonstration of mastery of the knowledge of the lecture material, which is demonstrated in an active dialogue with the teacher in the teaching of the subject.	
Learning objectives: The graduate of the course understands the theoretical and value-based foundations of environmental protection and development, including anthropocentric and ecocentric approaches and their relationship to human rights protection. The student is familiar with the system of state and local environmental policy and understands the basic principles of legal regulation and decision-making in environmental matters. The graduate is able to analyse legal issues in the field of nature, landscape, water and forest protection, as well as spatial planning and construction law as instruments of environmental protection and development. The student understands the significance of green infrastructure as a tool for sustainable and economic territorial development and is familiar with SEA and EIA processes. The graduate is capable of identifying conflicts between public interest and individual rights and of formulating professional legal opinions supporting the principle of sustainable development.	
Brief outline of the course: 1. Introduction to Environmental Protection and Development: Anthropocentric and Ecocentric Approaches 2. Environment and Human Rights 3. State and Local Government Environmental Policy 4. Legal Regulation and Decision-Making in Environmental Matters 5. Sustainable Development 6. Nature and Landscape Protection 7. Water and Forest Protection	

8. Spatial Planning and Construction Law as Instruments for Environmental Protection and Development 9. Green Infrastructure – Introduction to the Concept 10. Green Infrastructure as an Economic Instrument for Territorial Development 11. SEA and EIA Processes – Introduction 12. Neighbour Relations			
Recommended literature: 1. AUSTIN, Gary. Green infrastructure for landscape planning: integrating human and natural systems. London: Routledge, Taylor & Francis Group, 2014. ISBN 978-0-415-84353-9. 2. MARK A. BENEDICT; EDWARD T. MCMAHON a MARK A. THE CONSERVATION FUND. Green Infrastructure: Linking Landscapes and Communities. Island Press, 2012. ISBN 9781597267649. 3. PÍRY, Martin. Zelená infraštruktúra – Samosprávne metódy podpory a rozvoja. Banská Bystrica: Belianum, 2023. ISBN 9788055720517.			
Language of instruction: English language			
Notes:student time load: 90 hours combined study (L, C): 26 hours self-study: 64 hours			
Course assessment The final number of assessed students: 0			
abs	n	p	v
0.0	0.0	0.0	0.0
Instructor: JUDr. Martin Píry, PhD.			
Last changed: 13.03.2026			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: U-1-EUŠRMČ	Course name: European Union - structure, decision-making mechanisms, membership
Type, extent and method of instruction: Form of instruction: Lecture Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: Final evaluation: Discussion on selected topics of current evolution of European integration - 100% b) final assessment: Final colloquium on the topic "Position of the Slovak Republic in the European Union - current status and future perspectives from the perspective of political, economic and socio-economic development" - 100%	
Learning objectives: The student learn the basic terminology related to the field of European integration and is able to use it effectively in professional discussions and when processing professional texts and studies focusing on selected aspects of the subject matter. The student can create a basic timeline/line of the development of the European integration process, knows its basic developmental milestones, as well as specific factors and circumstances that influenced the dynamics of the integration process's progress to higher and more complex developmental phases. The student knows the specifics and mechanisms through which the functionality and fulfillment of the basic competences of the European Union are maintained from the perspective of the activities and decision-making mechanisms applied within the key institutions of the European Union. The student correctly understands and can evaluate the extent and level of inter-institutional relations and can identify possible problem areas of the functionality of selected models of these relations. The student will become familiar with the specifics, influences and factors (political, economic, social, cultural) of both the internal and external space of the European Union, which currently most significantly determine its current and future development.	
Brief outline of the course: 1. Introduction to the study of European integration. 2. European integration - the main developmental milestones and their significance and impact on the dynamics of the integration process. 3. Institutions of the European Union I. - position in the institutional structure, competencies, mutual relations, decision-making mechanism and their implementation. 4. Institutions of the European Union II. - position in the institutional structure, competencies, mutual relations, decision-making mechanism and their implementation.	

5. The transformation process of the countries of Central and Eastern Europe and its specifics.
6. The transformation process of the Slovak Republic - circumstances, situation, key milestones, specifics.
7. The process of integration of the Slovak Republic into the European Union - stages of the integration process.
8. Benefits resulting from the membership of the Slovak Republic in the EU.
9. The European Union and the global financial crisis - the impact of the global financial crisis on the European integration area and the search for ways to solve it.
10. The Europe 2020 strategy and its implementation in the conditions of the Slovak Republic.
11. The impact of the Covid-19 pandemic on the European integration area.
12. The EU energy crisis.
13. The NextGenerationEU instrument in the context of efforts for economic recovery and resilience.
14. The Economic Recovery and Resilience Plan and its implementation in the conditions of the Slovak Republic - main milestones and their fulfillment.

Recommended literature:

1. NUGENT, N. 2017. The Government and Politics of the European Union (8th Edition). Londýn: Palgrave Macmillan, 2017, ISBN: 9781137454089
2. CINI, Michelle a Nieves Pérez SOLÓRZANO BORRAGÁN, 2022. European Union Politics. New York, NY: Oxford University Press, USA. 7th edition. ISBN 978-0-19-886223-9.
3. Kratochvíl, P.: Teorie evropské integrace. Praha: Portál 2008
4. Wiener, A., Diez, T. (Eds.): European Integration Theory. Oxford: Oxford University Press 2004
- Elistrup-Sangiovanni, M. (Ed.): Debates on European Integration: A Reader. Basingstoke Palgrave Macmillan 2006,
5. Nelsen, B. F. – Stubb, A. (Eds.): The European Union: Readings on Theory and Practice of European Integration. Basingstoke: Palgrave Macmillan, 2003,
6. Rosamond, B.: Theories of European Integration. Basingstoke: Palgrave Macmillan 2000,
7. Rýsová, L., Štulajter, M., Slobodníková, I., Olejárová, B.: Introduction to European Integration. Banská Bystrica, FPVaMV UMB, 2018, ISBN 978-80-557-1398-4.,
8. Rýsová, L., Dobřík, M.: Analýza vybraných náhledů na proces evropské integrace In Evropa 21. století: rozmanitost a soudržnost? / zost. Marta Goňcová a kol. Brno: Masarykova univerzita, Centrum pro evropská studia, 2008. - ISBN 978-80-210-4766-2. s. 73-96,
9. Rýsová, L.: Koncepcia neofunkcionalizmu In Interpolis '06 : zborník príspevkov z 3. vedeckej konferencie doktorandov v Banskej Bystrici, 23. novembra 2006 / zost. Dagmar Hoscheková, Rastislav Kazanský. Banská Bystrica : Univerzita Mateja Bela, 2006. ISBN 978-80-8083-375-6. s. 142-150,
8. Dušek, J., Pána, L. a kol.: Udržitelný rozvoj v evropských regionech 1. vyd. - České Budějovice: Vysoká škola evropských a regionálních studií, 2010. - 400 s. - ISBN 978-80-86708-90-4.

Language of instruction:

Notes: student time load:

Course assessment

The final number of assessed students: 292

abs	n	p	v
99.66	0.34	0.0	0.0

Instructor: Mgr. Vladimír Müller, PhD., doc. PhDr. Lucia Rýsová, PhD.

Last changed: 20.02.2026

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-geu-205	Course name: European integration organizations
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: a) continuous assessment: Presentation of a report and active participation in seminars (40%) b) final assessment: Written exam (60%)	
Learning objectives: After completing the course, the student: 1. defines the basic concepts such as integration and international organizations, 2. is able to state the causes and objectives of integration processes, 3. evaluates the advantages and disadvantages of international integration, 4. provides examples of integration in Europe and worldwide, 5. characterizes the origins and development of integration processes in Europe after the Second World War, 6. identifies the most important milestones of European integration, 7. describes the individual waves of enlargement of the European Communities and/or the European Union up to its present form, 8. lists the candidate countries and assesses their chances of accession to the European Union, 9. know the most important institutions of the European Union, describes their position and functioning, 10. evaluates the position of the European Union in the contemporary world and states the priorities of its foreign and security policy, 11. is able to take a position on current issues of EU monetary, agricultural, and regional policy, 12. is able to discuss important challenges facing contemporary Europe, such as the migration crisis, the rise of populism and extremism, environmental problems, rural depopulation, population ageing, and the sustainability of the welfare state, 13. evaluates Slovakia's position within the European Union and other integration groupings, 14. is able to discuss the advantages and disadvantages of Slovakia's membership in the European Union.	
Brief outline of the course: • Definition of the concept of integration, types and stages of integration, examples of existing integration groupings worldwide, significance of integration (advantages and disadvantages).	

- Various concepts and attempts at integration in Europe in the past (before 1945); integration groupings in Western and Eastern Europe during the Cold War (Euratom, Coal and Steel Community, EEC vs. COMECON).
- The process to the creation of the European Union and the successive waves of its enlargement up to its current form; possible scenarios for further EU enlargement.
- Internal functioning of the EU, its structure and institutions.
- Current discussions on the state and possible reforms of the EU, different perspectives on its internal organization and future perspectives.
- The EU's position in the contemporary global geopolitical situation; EU foreign and security policy.
- EU monetary policy.
- EU agricultural policy.
- Europe of regions, regionalism in the EU, regional policy and regional disparities, euroregions.
- Other integration groupings in contemporary Europe, their characteristics and significance (EFTA, EEA, OSCE, SEI, CEFTA, V4, Benelux, and others).
- The process of Slovakia's integration and its position within the EU.
- Slovakia's membership and position in other integration groupings.

Recommended literature:

1. ASH, T. G. (2006): Svobodný svět. Amerika, Evropa a budoucnost západu. Praha : Paseka, 2006, 240 s. ISBN 80-7185-707-6
2. GEISTLINGER, M. a kol. (2000): Európska integrácia. Bratislava : Eurounion, 2000, 341 s. ISBN 80-88984-13-0
3. GERBET, P. (2004): Budování Evropy. Praha: Karolinum, 2004, 450 s. ISBN 80-246-0111-7
4. KOZIAK, T. (2003): Federálna únia a britské projekty európskej integrácie do r. 1945. Prešov, 2003. 145 s. ISBN 80-88876-11-7
5. KREJČÍ, O. (2000): Geopolitika středoevropského prostoru. Praha : Ekopress, 2000, 319 s. ISBN 80-86119-29-7
6. DEFARGES, P. M. (2002): Evropské instituce. Praha : Karolinum, 221 s. ISBN 8024600862
7. PLECHANOVÁ, B. (2004): Institucionální vývoj Evropské unie od Maastrichtské smlouvy k východnímu rozšíření. Praha : Karolinum, 2004. ISBN 80-246-0800-6
8. ŠÍBL, D. a kol. (2001): Európska únia. Bratislava : Ekonóm, 2001, 221 s. ISBN 80-225-1376-8.
9. ŠÍBL, D. a kol. (2004): Postavenie Slovenska v Európskej únii. Bratislava : Ekonóm, 2004, 250 s. ISBN 80-225-1864-4
10. VEBER, L. (2004): Dějiny sjednocené Evropy od antických počátku po současnost. Praha : Lidové noviny, 2004, 645 s.

Language of instruction:

slovak

Notes: student time load:

90 hours

Combined study (seminars, consultation): 26 hours

Preparation of a presentation: 20 hours

Ongoing preparation for seminars: 13 hours

Self-study and exam preparation: 31 hours

Course assessment							
The final number of assessed students: 42							
A	B	C	D	E	FX(0)	FX(1)	n
73.81	16.67	0.0	0.0	0.0	7.14	0.0	2.38
Instructor: RNDr. Tibor Madleňák, PhD.							
Last changed: 17.02.2026							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1d-fpv-313		Course name: Everyday Chemistry	
Type, extent and method of instruction: Form of instruction: Lecture Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 2., 4., 6.			
Level: I.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 305			
abs	n	p	v
95.08	4.92	0.0	0.0
Instructor: doc. RNDr. Marek Skoršepa, PhD.			
Last changed: 29.03.2023			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-fpv-211	Course name: Field course abroad
Type, extent and method of instruction: Form of instruction: Practical Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 120s Method of study: combined	
Number of credits: 6	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: Active participation in field courses organized by the Department of Geography and Geology, Faculty of Natural Sciences, UMB, lasting 10 to 12 days in a selected country or region (the destination changes each year). To enroll in the course, it is necessary to follow the announcements on the department's website and register via the online application form within the specified time period. The instructor will confirm or decline participation by email. Students are responsible for covering the financial costs associated with participation in the field courses. The requirements for successful completion are specified with regard to the visited country and regions. Active participation in field courses includes: preparation of a selected topic; participation in discussions on selected issues; preparation of photo documentation; use of field orientation tools; sharing experiences from visited locations with other participants of the field course; and participation in workshops organized in cooperation with the visited universities.	
Learning objectives: The student: • prepare for fieldwork by studying literature and using map and online sources, • is able to navigate in unfamiliar terrain, • uses orientation tools (maps, diagrams, plans, GPS devices), • applies acquired knowledge in a specific geographical area, • applies and develops critical analysis and resulting synthesis, • evaluates causal relationships behind differing economic levels of regions and generalizes the acquired knowledge, • uses a foreign language in research tasks as well as in communication with residents, authorities, and institutions, • assesses acquired knowledge and develops new foundations leading to comprehensive syntheses, • creates textual and visual materials, • is able to defend his/her opinions and support them with the submitted work.	
Brief outline of the course: • Landscape type of a European or non-European region • A specific rural and urban area that does not occur in Slovakia • Coastal, high-mountain, arid, or humid landscape area	

• Population and settlements of the selected region • Historical, social, and political development of the region • Economic activities and the economic development level of the region							
Recommended literature: 1. GAJDOŠ, A. a kol., 2014. Regionálna geografia Európy. Bratislava: VEDA. 592 s. ISBN 978-80-224-1304-6 2. GAJDOŠ, A., MADLEŇÁK, T., 2020: Geografia regiónov Európy. Južná Európa. 1.vyd. Banská Bystrica : Fakulta prírodných vied Univerzity Mateja Bela, 2020, 127 s. ISBN 978-80-557-1796-8. VI 3. GAJDOŠ, A., MADLEŇÁK, T., 2022: Geografia regiónov Európy : Juhovýchodná Európa 1. časť. - 1. vyd. - Banská Bystrica : Vydavateľstvo Univerzity Mateja Bela - Belianum, 2022, 73 s. ISBN 978-80-557-2013-5. Dostupné na: https://www.fpv.umb.sk/katedry/katedra-geografie-a-geologie/veda-a-vyskum/publikacie/book-19586/geografia-regionov-europy-juhovýchodna-europa-1-cast.html 4. Professional textual and cartographic sources on individual European regions and countries, or non-European territories.							
Language of instruction: slovak, english							
Notes:student time load: Preparation and active fieldwork: 120 hours Self-study and preparation of a selected topic: 30 hours Processing of photo documentation and worksheets: 30 hours							
Course assessment The final number of assessed students: 65							
A	B	C	D	E	FX(0)	FX(1)	n
55.38	0.0	0.0	0.0	0.0	43.08	0.0	1.54
Instructor: RNDr. Tíbor Madleňák, PhD., doc. RNDr. Alfonz Gajdoš, PhD., RNDr. Michaela Žoncová, PhD.							
Last changed: 18.02.2026							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1d-fpv-133		Course name: Financial literacy	
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3., 5.			
Level: I., P			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 99			
abs	n	p	v
94.95	5.05	0.0	0.0
Instructor: Ing. Jana Crmanová			
Last changed: 31.07.2026			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-227	Course name: Fitness swimming 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: The student masters two swimming styles on the basic level. a) continuous assessment: continuous assessment: Active participation in classes: 30 p. Endurance swimming test: 70 p. 12-minute endurance test (min. 500m). b) final assessment: final assessment: Based on the continuous assessment	
Learning objectives: Learning outcomes: The student masters at least two swimming styles, can evaluate it upon observation and provide assistance.	
Brief outline of the course: Brief outline of the course: Input swimming ability test. Fitness goals in swimming. The structure of a fitness swimming programme. Determining the load intensity in water. Training methods and principles in fitness swimming. Using swimming tools in fitness swimming Testing swimming skills and performance	
Recommended literature: Recommended literature: 1. BENČEK, M. - MERICA, M. - HLAVATÝ, R. 2005. Plávanie. Banská Bystrica: FHV UMB, 2005. 197 s. ISBN 80-8083-140-8. 2. ČECHOVSKÁ, I. – MILER, T. 2008. Plavání. 2. přeprac. vyd. Praha: Grada, 2008. 127 s. ISBN 9788024721545. 3. MACEJKOVÁ, Y. – BENČURIKOVÁ, Ľ. 2014. Plávanie. Bratislava: STIMUL, 2014. 103 s. ISBN 978-80-8127- 100-7 4. MANDZÁK, P. a kol. 2011. Nácvik plaveckých spôsobov v praxi. Banská Bystrica: FHV UMB, 2011, 115s. ISBN 978-80-557-0310-7. 5. Pravidlá plávania. Slovenská plavecká federácia. 2019. Dostupné online: https://ssgelba.sk/wpcontent/uploads/2016/09/pravidla_plavania.pdf	

6. RUŽBARSKÝ, P. - MATÚŠ, I. 2017. Technická a kondičná príprava v plávaní. Prešov: FŠ, Prešov, 2017. 252s. ISBN 978-80-555-1978-4						
Language of instruction: slovak						
Notes:student time load:						
Course assessment The final number of assessed students: 95						
A	B	C	D	E	FX(0)	FX(1)
57.89	20.0	6.32	4.21	2.11	9.47	0.0
Instructor: PaedDr. Zuzana Pupišová, PhD., univ. doc., PaedDr. Martina Mandzáková, PhD., univ. doc.						
Last changed: 08.11.2022						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-zfj-003	Course name: French Basics
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: During the semester, the student participates in class activities (30%). Completes a seminary paper according to the assignment (30%). At the end of the semester, he/she takes a written final test in French (40%). The student is entitled to one make-up written final test. The maximum total percentage obtained for the midterm and final assessment is 100%. The grading scale is: A (100-94%), B (93-87%), C (86-80%), D (79-73%), E (72-65%). Credit will be awarded to a student who has achieved a minimum of 65 out of 100 points in meeting the specified requirements. (a) Interim Assessment: Participation in oral activities (30%) Seminar work (30%) (b) written final test (40%) a) continuous assessment: activities in classroom (30%) seminary paper (30%) b) final assessment: test (40%)	
Learning objectives: The student 1. is able to tell basic information about himself and his immediate surroundings 2. is able to react in basic situations (greeting, thanking, introducing yourself, expressing yourself taste) 3. understands audio and written basic information (announcements, basic conversation) 4. has basic knowledge of French culture	
Brief outline of the course: 1. Acquaintance with the French language, with greetings, the alphabet and polite words. 2. Introducing yourself and family members. 3. Names of states and nationalities. 4. Numbers. 5. Activities in free time	
Recommended literature:	

1. Grand-Clément, O. 2000. Co dělat co říkat? Savoir-vivre français aneb umět žít s Francouzi. Plzeň: Fraus
2. Mérieux, R. - Loiseau, Y. 2008. Latitudes A1-A2. Paris : Didier
3. Pravda, M. - Pravdová, M. 2006. Francúzština pre samoukov. Bratislava: SPN 4. Štorcel, T. 2007. Francúzska konverzácia. Bratislava: Príroda
4. Štorcel, T. 2007. Francúzska konverzácia. Bratislava: Príroda
5. Pecníková, J. - Ráčková, L. 2023. Základy francúzštiny. Guide de survie dans les pays francophones. Banská Bystrica: Belianum. (dostupné v <https://repo.umb.sk/>)

Language of instruction:

Slovak

Notes:student time load:

90 hours, of which:

Combined study (P, S, K): 26 self-study: 14

preparation for regular activities: 10

preparation for the seminary paper: 20

preparation for the final written test: 20

Course assessment

The final number of assessed students: 159

A	B	C	D	E	FX(0)	FX(1)	n
50.31	22.64	11.95	4.4	6.92	3.14	0.63	0.0

Instructor: doc. PhDr. Jana Pecníková, PhD., Gautier Quentin Crept

Last changed: 20.11.2024

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Arts							
Code: 1d-fj-001		Course name: French Language 2					
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 2., 4., 6.							
Level: I.							
Prerequisites:							
Course completion conditions: The maximum total number of points obtained for the interim and final assessment is 100. Credits will be awarded to a student who has earned at least 65 out of 100 points for fulfilling the specified requirements. a) continuous assessment: participation and activities in classes (0-20 points) b) final assessment: final exam (0-80 points)							
Learning objectives: The student 1. uses basic language skills in French, 2. is able to talk about his interests and his plans for the future. 3. can write an e-mail asking for something. 4. can talk about events that took place in the past.							
Brief outline of the course: 1. 1. Understand interests and preferences based on recordings and then be able to talk about yours. 2. Weekend plans. 3. Description of the house/apartment and its equipment. 4. Gastronomy in France and Slovakia. 5. Tense of irregular verbs. 6. Free time.							
Recommended literature: LOISEAU, Y. - MERIEUX, R. 2009. Latitudes 1. Paris: Didier Pecníková, J. - Ráčková, L. 2023. Základy francúzštiny. Belianum, BB.							
Language of instruction: French A1							
Notes:student time load: 120 hours, of which: full-time study: 26 hours Exam preparation + written exam: 94 hours							
Course assessment The final number of assessed students: 39							
A	B	C	D	E	FX(0)	FX(1)	n
51.28	20.51	17.95	2.56	0.0	7.69	0.0	0.0
Instructor: doc. PhDr. Jana Pecníková, PhD., Gautier Quentin Crept							

Last changed: 14.09.2023
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-fj-029	Course name: French Language 3
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: The maximum total number of points obtained for the interim and final assessment is 100. Credits will be awarded to a student who has earned at least 65 out of 100 points for fulfilling the specified requirements. a) continuous assessment: participation and activities in classes (0-20 points) b) final assessment: final exam (0-80 points) b) final assessment: test	
Learning objectives: The student 1. uses basic language skills in French, 2. is able to talk about his interests and his plans for the future. 3. can write an e-mail asking for something. 4. can talk about events that took place in the past.	
Brief outline of the course: 1. Lire/Ecouter divers documents 2. Discussions simples sur des thèmes relatifs à la vie quotidienne 3. Exercices de grammaire 4. Travail sur le vocabulaire	
Recommended literature: 1. Abou-Samra, M., Pinson, C., Perrard, M., & Heu, E. (2018). Edito A1. 2. Berthet, A. (2011). Alter ego 1 : méthode de français. 3. Chahi, F., Denyer, M., Gloanec, A., Briet, G., Collige-Neuenschwander, V., & Fouillet, R. (2019). Défi 1, A1, méthode de français : Livre de l'élève. 4. Hirschsprung, N., & Tricot, T. (2017). Cosmopolite A1 : Méthode de français. Hachette Français Langue Etrangère.	
Language of instruction: French A1-A2	
Notes:student time load: 90 hours, of which: full-time study: 26 hours Exam preparation + written exam: 64 hours	

Course assessment							
The final number of assessed students: 0							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: Gautier Quentin Crept, doc. PhDr. Jana Pecníková, PhD.							
Last changed: 26.06.2025							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-fj-030	Course name: French language 4
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: The maximum total number of points obtained for the interim and final assessment is 100. Credits will be awarded to a student who has earned at least 65 out of 100 points for fulfilling the specified requirements. a) continuous assessment: participation and activities in classes (0-20 points) b) final assessment: final exam (0-80 points) b) final assessment: test	
Learning objectives: The student 1. uses basic language skills in French, 2. is able to talk about his interests and his plans for the future. 3. can write an e-mail asking for something. 4. can talk about events that took place in the past.	
Brief outline of the course: 1. Lire/Ecouter divers documents 2. Discussions simples sur des thèmes relatifs à la vie quotidienne 3. Exercices de grammaire 4. Travail sur le vocabulaire	
Recommended literature: 1. Abou-Samra, M., Pinson, C., Perrard, M., & Heu, E. (2018). Edito A1. 2. Berthet, A. (2011). Alter ego 1 : méthode de français. 3. Chahi, F., Denyer, M., Gloanec, A., Briet, G., Collige-Neuenschwander, V., & Fouillet, R. (2019). Défi 1, A1, méthode de français : Livre de l'élève. 4. Hirschsprung, N., & Tricot, T. (2017). Cosmopolite A1 : Méthode de français. Hachette Français Langue Etrangère.	
Language of instruction: French A1-A2	
Notes:student time load: 90 hours, of which: full-time study: 26 hours Exam preparation + written exam: 64 hours	

Course assessment							
The final number of assessed students: 0							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: Gautier Quentin Crept, doc. PhDr. Jana Pecníková, PhD.							
Last changed: 26.06.2025							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Arts						
Code: 1d-utr-240		Course name: Fundamentals of Conditioning in Ice Hockey 1				
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1.						
Level: I.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: PaedDr. Mgr. Lukáš Opáth, PhD.						
Last changed:						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Arts						
Code: 1d-utr-241		Course name: Fundamentals of Conditioning in Ice Hockey 2				
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 2.						
Level: I.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: PaedDr. Mgr. Lukáš Opáth, PhD.						
Last changed:						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Arts						
Code: 1d-utr-242		Course name: Fundamentals of Conditioning in Ice Hockey 3				
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 3.						
Level: I.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: PaedDr. Mgr. Lukáš Opáth, PhD.						
Last changed:						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Arts						
Code: 1d-utr-243		Course name: Fundamentals of Conditioning in Ice Hockey 4				
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 4.						
Level: I.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: PaedDr. Mgr. Lukáš Opáth, PhD.						
Last changed:						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Arts						
Code: 1d-utr-244		Course name: Fundamentals of Conditioning in Ice Hockey 5				
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 5.						
Level: I.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: PaedDr. Mgr. Lukáš Opáth, PhD.						
Last changed:						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Arts						
Code: 1d-utr-245		Course name: Fundamentals of Conditioning in Ice Hockey 6				
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 6.						
Level: I.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: PaedDr. Mgr. Lukáš Opáth, PhD.						
Last changed:						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Arts							
Code: 1d-VVP-401		Course name: General and developmental psychology					
Type, extent and method of instruction: Form of instruction: Lecture Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined							
Number of credits: 4							
Recommended semester/trimester: 1.							
Level: I.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction:							
Notes:student time load:							
Course assessment The final number of assessed students: 1943							
A	B	C	D	E	FX(0)	FX(1)	n
7.21	10.91	20.74	21.62	30.98	1.34	7.21	0.0
Instructor: doc. PaedDr. Lucia Pašková, PhD., doc. Mgr. Lenka Ďuricová, PhD.							
Last changed: 03.06.2025							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Arts							
Code: 1d-VDI-101		Course name: General didactics					
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 / 26 Method of study: combined							
Number of credits: 4							
Recommended semester/trimester: 5.							
Level: I.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction:							
Notes:student time load:							
Course assessment The final number of assessed students: 957							
A	B	C	D	E	FX(0)	FX(1)	n
23.41	20.27	23.2	19.33	11.49	0.63	1.67	0.0
Instructor: doc. PaedDr. Lenka Rovňanová, PhD., univ. prof.							
Last changed: 06.12.2021							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-fpv-107	Course name: Geographical exploration of Europe
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I., P	
Prerequisites:	
Course completion conditions: Mandatory: 100% attendance at the scheduled seminars Continuous assessment: attendance record Final assessment: quantitative evaluation of attendance and active participation in the presented topic	
Learning objectives: After completing the course, the student is able to: 1. identify geographical areas and countries of Europe and the Mediterranean 2. master the presented geographical area so that he has basic knowledge of geographical phenomena, 3. is able to know and actively use existing basic sources of information, critically evaluate them and partially synthesize them in the form of a current discussion, 4. apply theoretical knowledge and own experience in evaluating the presented area. 5. analyze the socio-political conditions of the designated geographical area of Europe	
Brief outline of the course: -Central Europe (areas: Alpine, Carpathian, Baltic, North Sea, Rhineland, Danube), -Western Europe (areas: Rhine Delta, Greater Paris, Greater London, British Isles), -Southwestern Europe (areas: Iberian, Apennine, Insular), -Southeastern Europe (areas: Adriatic, Dinaric, Hellenic, Black Sea), -Eastern Europe (areas: Carpathian, Polesie, Dnieper, Crimean, European part of Russia), -Northern Europe (areas: Scandinavian, Jutland, Baltic, Insular),	
Recommended literature: GAJDOŠ, A. a kol., 2014. Regionálna geografia Európy. Bratislava: VEDA. 592 s. ISBN 978-80-224-1304-6 GAJDOŠ, A., MADLEŇÁK, T., 2020: Geografia regiónov Európy. Južná Európa. 1.vyd. Banská Bystrica : Fakulta prírodných vied Univerzity Mateja Bela, 2020, 127 s. ISBN 978-80-557-1796-8. VI GAJDOŠ, A., MADLEŇÁK, T., 2022: Geografia regiónov Európy : Juhovýchodná Európa 1. časť. - 1.	

vyd. - Banská Bystrica : Vydavateľstvo Univerzity Mateja Bela - Belianum, 2022, 73 s. ISBN 978-80-557-2013-5. Dostupné na: <https://www.fpv.umb.sk/katedry/katedra-geografie-a-geologie/veda-a-vyskum/publikacie/book-19586/geografia-regionov-europy-juhovýchodna-europa-1-cast.html>

Language of instruction:

slovak

Notes:student time load:

Notes - student workload: 26 hours

combined study (P, C/L, consultation): 26 hours

Course assessment

The final number of assessed students: 1595

abs	n	p	v
89.91	10.09	0.0	0.0

Instructor: doc. RNDr. Alfonz Gajdoš, PhD., RNDr. Tibor Madleňák, PhD.

Last changed: 10.04.2026

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-nj-001	Course name: German Language 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: Continuous assessment. Active participation in seminars: 0–40 p. Completion of assignments and exercises: 0–20 p. Final assessment. Written exam: 0–40 p. The maximum number of points consisting of continuous and final assessment is 100. Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: The student learns the basic rules of German pronunciation, orthography, grammar, and vocabulary used in the basic common communication situations (A1 level).	
Brief outline of the course: The seminar focuses on learning basic orthoepic, orthographic, grammatical rules, and vocabulary on the A1 level. German language course book texts are used along with authentic texts, and grammatical and lexical exercises (printed and electronic). 1. Grammar – conjugation of auxiliary, weak, and strong verbs; modal verbs, declination of the determiners and nouns in 1st and 4th cases; personal pronouns, the negative, syntax in indicative, interrogative, and exclamatory sentences. 2. Topics: German in basic communication situations: introduction, travelling, family, housing, etc. 3. Training receptive and productive language skills – A1 level.	
Recommended literature: 1. ALBRECHT, U. – DANE, D. – FANDRYCH, CH.: Passwort Deutsch neu 1 – Kurs/Übungsbuch + CD. Stuttgart : Klett Verlag, 2014. ISBN 9783126764100 2. WITZLINGER, H: Deutsch. Aber Hallo! Grundstufe I A1. Online: www.deutschkurse-passau.de . 3. KRENN, W. – PUCHTA, H.: Ideen 1. Deutsch als Fremdsprache. Kursbuch. München : Hueber-Verlag, 2008. ISBN 978-3-19-001823-9 4. KRENN, W. – PUCHTA, H.: Ideen 1. Deutsch als Fremdsprache. Arbeitsbuch. München : Hueber-Verlag, 2008. ISBN 9783190118236 www.mein-deutschbuch.de www.lingolia.de	

www.schubert-verlag.de/aufgaben/uebungen_a1/a1_uebungen_index_z.htm (on-line cvičenia na slovnú zásobu a gramatiku, úrovne A1 – A2)

Language of instruction:

Slovak language

Notes: student time load:

Course assessment

The final number of assessed students: 125

A	B	C	D	E	FX(0)	FX(1)	n
33.6	32.8	10.4	4.8	7.2	11.2	0.0	0.0

Instructor: Mgr. Jana Štefaňáková, PhD., univ. doc., Mgr. Adriána Tarajová

Last changed: 26.03.2023

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-nj-002	Course name: German Language 2
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: Continuous assessment. Active participation in seminars: Completion of assignments and exercises: 0–40 p. 0–20 p. Final assessment. Written exam: 0–40 p. The maximum number of points consisting of continuous and final assessment is 100. Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: Upon successful completion of this course, the student: 1. masters grammar on the A1–A2 level 2. has the vocabulary to communicate in the A1–A2 level communication situations 3. can read, listen to, and write texts on the selected topics on the A1–A2 level 4. can speak on the A1–A2 level	
Brief outline of the course: The seminar is focused on learning and training German grammar and vocabulary on the A1–A2 level. 1. Grammar: possessive pronouns, prepositions for the 3rd and 4th cases, adjectives, coordinating conjunctions, reflective verbs, verb „werden“; weak verbs – future tense, preterite, and perfectum. 2. Topics: daily regime, social relationships, clothes, housing, navigation in a city, hobbies 3. Development of the receptive and productive language skills through completing assignments and working with texts on the A1–A2 level.	
Recommended literature: 1. ALBRECHT, U. – DANE, D. – FANDRYCH, CH.: Passwort Deutsch neu 1 – Kurs/Übungsbuch + CD. Stuttgart : Klett Verlag, 2014. ISBN 9783126764100 2. WITZLINGER, H: Deutsch. Aber Hallo! A2. Online: www.deutschkurse-passau.de. 3. KRENN, W. – PUCHTA, H.: Ideen 1. Deutsch ales Fremdsprache. Kursbuch. München : Hueber-Verlag, 2008. ISBN 978-3-19-001823-9 4. KRENN, W. – PUCHTA, H.: Ideen 1. Deutsch ales Fremdsprache. Arbeitsbuch. München : Hueber-Verlag, 2008. ISBN 9783190118236 www.mein-deutschbuch.de	

www.lingolia.de							
Language of instruction: German A1, Slovak							
Notes:student time load:							
Course assessment The final number of assessed students: 78							
A	B	C	D	E	FX(0)	FX(1)	n
66.67	24.36	3.85	0.0	1.28	3.85	0.0	0.0
Instructor: Mgr. Jana Štefaňáková, PhD., univ. doc., Mgr. Adriána Tarajová							
Last changed: 26.03.2023							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-nj-003	Course name: German Language 3
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: a) continuous assessment: completion of exercises and short texts: 40 p. b) final assessment: Written exam: 60 p. The maximum number of points consisting of continuous and final assessment is 100. Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: The student learns the rules of the German grammatical system and vocabulary for the selected topics on the A2–B1 level. They can apply these rules in common communication situations and engage in written and spoken communication.	
Brief outline of the course: The seminar is focused on enhancing the knowledge of German grammar and its oral and written application to improve the student's communication competence in the selected topics. It employs a system of grammatical and communication exercises enhancing the associations between language forms and their meaning.	
Recommended literature: H. Funk a kol. STUDIO d A2. Plzeň: Fraus, 2006. ISBN 80-7238-580-1 L.M. Brand. Die Schöne ist angekommen..München:Klett, 1999. ISBN 3-12-675318-3 http://www.schubert-verlag.de/aufgaben/uebungen_a1/a1_uebungen_index_z.htm (on-line cvičenia na slovnú zásobu a gramatiku)	
Language of instruction: German A2–B1, Slovak	
Notes:student time load:	

Course assessment							
The final number of assessed students: 11							
A	B	C	D	E	FX(0)	FX(1)	n
36.36	63.64	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: Palina Lissitsyna							
Last changed: 26.03.2023							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-nj-004	Course name: German Language 4
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: a) continuous assessment: Active participation in seminars: 20 p. Seminar paper: 20 p. b) final assessment: oral exam: 60 p. The maximum number of points consisting of continuous and final assessment is 100. Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: The student learns the rules of the German grammatical system and vocabulary for the selected topics on the A2–B1 level. They can apply these rules in common communication situations and engage in written and spoken communication.	
Brief outline of the course: The seminar is focused on enhancing the knowledge of German grammar and its oral and written application to improve the student's communication competence in the selected topics. It employs a system of grammatical and communication exercises enhancing the associations between language forms and their meaning.	
Recommended literature: H. Funk a kol. STUDIO d A2. Plzeň: Fraus, 2006. ISBN 80-7238-580-1 L.M. Brand. Die Schöne ist angekommen..München:Klett, 1999. ISBN 3-12-675318-3 http://www.schubert-verlag.de/aufgaben/uebungen_a1/a1_uebungen_index_z.htm (on-line cvičenia na slovnú zásobu a gramatiku, úrovne A2 – B1)	
Language of instruction: German A2–B1, Slovak	
Notes:student time load:	

Course assessment							
The final number of assessed students: 13							
A	B	C	D	E	FX(0)	FX(1)	n
69.23	23.08	7.69	0.0	0.0	0.0	0.0	0.0
Instructor: Palina Lissitsyna							
Last changed: 26.03.2023							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-nj-005	Course name: German Language 5
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: a) continuous assessment: completion of exercises and short texts: 40 b) final assessment: Written exam: 60 p. The maximum number of points consisting of continuous and final assessment is 100. Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: The student learns the rules of the German grammatical system and vocabulary for the selected topics on the B1–B2 level. They can apply these rules in common communication situations and engage in written and spoken communication.	
Brief outline of the course: The seminar is focused on enhancing the knowledge of German grammar and its oral and written application to improve the student's communication competence in the selected topics. It employs a system of grammatical and communication exercises enhancing the associations between language forms and their meaning.	
Recommended literature: H. Funk a kol. STUDIO d B1. Plzeň: Fraus, 2006. ISBN 80-7238-580-1 L.M. Brand. Die Schöne ist angekommen..München:Klett, 1999. ISBN 3-12-675318-3 http://www.schubert-verlag.de/aufgaben/uebungen_b1/b1_uebungen_index_z.htm (on-line cvičenia na slovnú zásobu a gramatiku, úrovne B1 – B2)	
Language of instruction: German B1–B2, Slovak	
Notes:student time load:	

Course assessment							
The final number of assessed students: 6							
A	B	C	D	E	FX(0)	FX(1)	n
83.33	16.67	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: Palina Lissitsyna							
Last changed: 21.11.2022							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-zaknj-002	Course name: German in Practice
Type, extent and method of instruction: Form of instruction: Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: Continuous assessment. Active participation in seminars: 0–40 p., completion of exercises and assignments: 0–20 p. Final assessment: written test. 0–40 p. The final assessment involves active participation in seminars, completion of exercises and assignments, and results of the final written test. The maximum number of points consisting of continuous and final assessment is 100. Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: The student is familiar with grammar, can understand texts, write and speak in German (on the selected topics) on the A2–B1 level. They know the vocabulary and phrases used in the selected areas, and navigates the social reality of German-speaking countries.	
Brief outline of the course: The seminar is focused on developing the language competence in the selected topics, German grammar and its application in the written and spoken forms (A2–B1 level). 1. Grammar – verb conjugation, modal verbs, noun declension, personal and possessive pronouns, future and past tenses: preterite, perfectum, passive voice 2. Topics: German in basic communication situations: work, family, housing, travelling, leisure time etc. 3. Topics: housing and travelling, sports, technology, culture, arts, nursing. 4. Training receptive and productive language skills – A2–B1 level.	
Recommended literature: 1. KRENN, W. – PUCHTA, H. 2008. Ideen 1, 2. Deutsch als Fremdsprache. Kursbuch. München: Hueber-Verlag. 2. KRENN, W. – PUCHTA, H. 2008. Ideen 1, 2. Deutsch als Fremdsprache. Arbeitsbuch. München: Hueber-Verlag. 3. KANISOVÁ, Z. – RICHTER, M. 2005. Sprache im Alltag. Ein Konversationsbuch für Fortgeschrittene. Nové prepracované vydanie, Bratislava, Remedium. 4. MACHALOVÁ, M. 2005. Praktická cvičebnica nemčiny. Bratislava, Sprint.	

5. HILPERT, S. - SCHÜMANN, A. - GOTTSTEIN-SCHRAMM, B. - KALENDER, S. – ROBERT, A. -SPECHT, F. 2008. Schritte international 1, 2. München : Hueber-Verlag.
6. WITZLINGER, H: Deutsch. Aber Hallo! Grundstufe I A1. Online: www.deutschkurse-passau.de.
7. www.mein-deutschbuch.de
8. www.lingolia.dehttp://www.schubert-verlag.de/aufgaben/uebungen_a1/a1_uebungen_index_z.htm 1.

Language of instruction:

Slovak, German (A1)

Notes:student time load:

90 h.

combined studies (S, C): 26 h.

completion of assignments and exercises, self-study: 34 h. Preparation for the final written exam: 30 h.

Course assessment

The final number of assessed students: 50

A	B	C	D	E	FX(0)	FX(1)	n
86.0	12.0	0.0	0.0	0.0	2.0	0.0	0.0

Instructor: Mgr. Jana Štefaňáková, PhD., univ. doc.

Last changed: 25.03.2023

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-221	Course name: Golf Exercises 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements. B=93-86%; C=85-79%; D=78-72%; E=71-65%). Golf techniques, basic swings: Drive, Put, Chip, Lob. a) continuous assessment: continuous assessment: Practical skills: 100 p. (min. 65 p.) b) final assessment: Based on the continuous assessment.	
Learning objectives: Learning outcomes: Learning outcomes: - The student masters the practical golf skills on the appropriate level - masters the procedures and methods in theory and practice - understands the importance of golf for the physical development and can integrate it into their regimen to prevent civilisation diseases	
Brief outline of the course: Brief outline of the course: – Golf safety. – Golf ethic – behaviour and speed at the golfing course. – Basic golf rules. – Golf techniques, basic swings: Drive, Put, Chip, Lob. – Golf as a game – harmonising the elements.	
Recommended literature: Recommended literature: ALLIS, P. Golf. Dokonalý pruvodce hrou. Brno: Jota, 1995. 220 s. ISBN 80-85617-59-5. Z anglického The Golf handbook the complete guide to the greatest game vydaného v r. 1989 v nakladatelství MARSCHALL EDITION Ltd.	

BALLINGALL, P. 1998. Golf - 101 Praktických rád. Bratislava: Ikar, 1998. 72 s. ISBN 80-7118-445-4. Z anglického originálu 101 Essentiel Tips/Golf. 1998. London: Dorling Kindersley Limited

KALIVODOVÁ, M. Golfík má súrodenca. Golf – revue a golfe a životnom štýle. 2008, r. 4, č. 5, s. 68. ISSN 1336-7390.

PAVLÍK, M. Kondičná príprava – pevné základy. Golf – revue a golfe a životnom štýle. 2010b, r. 6, č. 1, s. 46. ISSN 1336-7390.

PAVLÍK, M. Škola pre pokročilých – sila švih. Golf – revue a golfe a životnom štýle. 2010c, r. 6, č. 1, s. 47. ISSN 1336-7390.

Language of instruction:

Notes:student time load:

student time load

90 h. Presence study: 26 h. Developing practical skills: 64 h.

Course assessment

The final number of assessed students: 85

A	B	C	D	E	FX(0)	FX(1)
47.06	35.29	3.53	3.53	0.0	10.59	0.0

Instructor: doc. PaedDr. Jiří Michal, PhD.

Last changed: 23.03.2023

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-212	Course name: Grammar Seminar
Type, extent and method of instruction: Form of instruction: Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 5	
Recommended semester/trimester: 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: During the semester, students will create a PPT presentation on a given topic to demonstrate their knowledge of the grammatical issues in theory and practice. The students will take the final written test after the end of the semester. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. The student has the right to one resit of the written test and one resit of the final written exam. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%) b) final assessment: Written test	
Learning objectives: The student will be able: 1. To use grammatical forms and structures of different tenses in English language in a correct way as well as modal verbs with different functions and to give reasons for their use. 2. To explain and use the passive voice, indirect speech, relative and adverbial clauses. 3. To apply the gained knowledge and skills in practical oral and written form. 4. To examine and analyse different types of determiners, pronouns and prepositions in English context. 5. To analyse grammatical differences of two different language systems (English and Slovak one). 6. To express a complex opinion on the topic of functional grammatical rules of the English language.	
Brief outline of the course: Present and past tenses in simple and complex form. Different ways of expressing future. Passive constructions and their translation. Finite and non-finite constructions. Indirect speech, backshift, adverbs of time. Relative clauses and their functions in the main clause. Adverbial clauses of different types and their function in the main clause.	

The use of determiners, pronouns and prepositions.							
Recommended literature: 1. Advanced Grammar in Use - Martin Hewings, Cambridge, 2013. ISBN 9781107699892 2. RAYMOND MURPHY - English Grammar in Use, third edition, Cambridge, 2006. ISBN 0-521-53289-2							
Language of instruction: English B2							
Notes:student time load: Student workload: 150 hrs. Seminar course: 26 hrs. Practice of grammatical features and phenomena: 30 hrs. Study for the final written test: 44 hrs. PPT presentation: 50 hrs							
Course assessment The final number of assessed students: 196							
A	B	C	D	E	FX(0)	FX(1)	n
63.27	18.37	9.69	3.06	1.53	4.08	0.0	0.0
Instructor: Mgr. Barbora Vinczeová, PhD.							
Last changed: 11.09.2023							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-222	Course name: Gymnastic Exercises 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: Active participation in seminars. Mastering basic gymnastic shapes. The maximum number of points consisting of continuous and final assessment is 100 (=100%). Grading scale: A (100–94%), B (93–86%), C (85–79%), D (78–72%), E (71–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements. a) continuous assessment: a) continuous assessment: Active participation in seminars: 70 b. Mastering basic gymnastic shapes: 30 p. Min. passing score = 65 p. (E). b) final assessment: b) final assessment: based on the continuous assessment.	
Learning objectives: Learning outcomes: The student acquires theoretical knowledge of the subject matter and becomes able to perform basic gymnastic shapes; uses their knowledge and skills in the training and teaching processes; an use preparatory exercises in gymnastics; applies their knowledge to train and master more advanced gymnastic shapes.	
Brief outline of the course: Brief outline of the course: The goal is to develop physical abilities necessary for artistic gymnastics. Remove shortcomings and improve the technique.	
Recommended literature: Recommended literature: 1) FEČ, K. 1994. Teória didaktika gymnastiky. Prešov: Pdf v Prešove, 1994. 118 s. 2. KREMnický, J. 2003. Prípravné cvičenia v športovej gymnastike. In: Nové trendy v súčasnom. životnom štýle v oblasti fitness, gymnastiky, tancov a úpolov zo IV. vedeckej konferencie. Bratislava : FTVŠ UK. 2003. s. 53-57 ISBN 80-88901-88-X. 3. KREMnický, J. 2004.	

Spevňovacie cvičenia v etape športovej predprípravy v športovej gymnastike. In: Telesná výchova, šport a zdravie. Banská Bystrica: KTVŠ, FHV UMB B. B., 2004. s. 53 – 63. ISBN 80-8075-03-3 4. KREMnickÝ, J. 2006. Program športovej predprípravy pre 6-7 ročných chlapcov zameraný na športovú gymnastiku. In: Telesná výchova a šport na univerzitách. Nitra: SPU, 2006, s.130 - 139. ISBN 80-8069 802-30 5. KRIŠTOFIČ, J. 2004. Gymnastická príprava športovce. Praha : Grada, 2004. 192 s. ISBN 80-247-1006-4 6. NOVOTNÁ, N. 2003. Gymnastika (Vybrané kapitoly). B. Bystrica : PF UMB, 2003. 121 s. 7. PELIKÁN, H. 2001. Terminológia gymnastiky. Bratislava: UK, 2001 8. STREŠKOVÁ, E. 2003. GYMNASTIKA. Akrobacia a preskoky. Bratislava : FTVŠ UK, 2003. 116 s. 9. ZÍTKO, M. 1998. Akrobacie. Praha : Česká asociace sport pro všechny, 1998. 46 s.

Language of instruction:

slovak

Notes:student time load:

student time load

Total: 90 h. Combined study: 26 h. Seminar paper preparation: 32 h. Preparation for the practical output: 32 h.

Course assessment

The final number of assessed students: 145

A	B	C	D	E	FX(0)	FX(1)
73.1	11.72	4.14	1.38	2.76	6.21	0.69

Instructor: PaedDr. Zuzana Pupišová, PhD., univ. doc., Mgr. Michaela Slováková, PhD.

Last changed: 23.03.2023

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-002	Course name: Health Theory in PE and Sports
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 2.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: During the semester, the student creates and presents a seminar paper. Active attendance is required. The student is allowed to miss 2 classes per semester. During the examination period, the student takes a written test from health theory in PE and sports. The maximum number of points consisting of continuous and final assessment is 100 (=100%). Grading scale: A (100–94%), B (93–86%), C (85–79%), D (78–72%), E (71–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements a) continuous assessment: a) continuous assessment: seminar paper – 40 p. b) final assessment: b) final assessment: written test – 60 points	
Learning objectives: Learning outcomes: The student - can identify attributes of healthy lifestyle - can identify healthy and unhealthy eating - understands the risks of addictive substances and their negative impact on human health - can explain the importance of physical activity for human health - understands the importance of accustoming one's body to cold and its methods - adheres to the hygienic requirements related to physical activity - follows the safety rules during physical activity - integrates physical activity in their daily regimen.	
Brief outline of the course: Brief outline of the course: Healthy lifestyle principles, the importance of daily physical activity and rest during the day, drinking regimen, balanced nutrition.	

Energy intake and expenditure.
 Negative effects of risk factors (smoking, alcohol, drugs).
 The importance of physical activity for individual health and adaptation to load. Quality sleep
 Optimism and good mood.
 Avoiding stress and regular resting. The impact of physical load on physiological changes.
 accustoming one's body to cold.
 Hygienic principles and their importance. Organising exercises. Helping students complete the
 exercises correctly. Proper posture.
 Physical activity in the daily regimen.

Recommended literature:

Recommended literature:

1. HRČKA, J. - DRDÁČKA, B. 1992. Rekreačná telesná výchova a šport. Bratislava: SNP, 1992.181s.
ISBN 80-08-00486-X
2. LIBA, J. 2010. Výchova k zdraviu. Prešov: Prešovská univerzita. 2010. 260 s. ISBN 978-80-555-0070-6
3. LIBA, J. 2016. Výchova k zdraviu v školskej edukácii. Prešovská univerzita v Prešove, Pedagogická fakulta. 2016. 244 s. ISBN 978-80-555-1612-7 <https://www.unipo.sk/public/media/20082/2016-PV-LIBA-Vychova-k-zdraviu.pdf>
4. MICHAL, J. 2009. Pohybová aktivita, mládež a drogy. Univerzita Mateja Bela, KTV Banská Bystrica, 2009. 106 s. ISBN 978-80-89183-63-0
5. MICHAL, J. 2017. Lifestyle of primary scholl pupils. Gaudeamus.2017. 74 s. ISBN 978-80-7435-676-6
6. STRAŇAVSKÁ, S. – GÖRNER, K. 2018. Outdoor activities and their impact on forming lifestyle. Gaudeamus. 2018. 114 s. ISBN 978-80-7435-722-0

Language of instruction:

Notes:student time load:

Notes: student time load

Total: 120 h.

Combined study (lectures/seminars/consultations): 26 h.

Self-study, seminar paper preparation and presentation: 94 h.

Course assessment

The final number of assessed students: 740

A	B	C	D	E	FX(0)	FX(1)
30.0	32.84	22.57	8.38	1.76	2.84	1.62

Instructor: prof. PaedDr. Pavol Bartík, PhD., PaedDr. Stanislava Straňavská, PhD.

Last changed: 09.11.2022

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-210	Course name: History of Great Britain
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 5	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: The overall assessment of the course is made up of the following assessed tasks: 1. TEST I (50 points), 2. TEST II (50 points). In addition to above mentioned tasks, students can be awarded points for active participation in class discussions (3 points per seminar) as well as penal points for non-attendance of more than two seminars (-3 points per class). Test I is a mid-term test written in week 7 or 8 and Test II after the end of classes (during exam time). The tests are based on the lectures, weekly reading assignments and topics discussed in seminars. Attendance at seminars is compulsory.	
Learning objectives: Its chief objective is to give students a general overview of the most important periods, people and ideas in British history in terms of its political, economic and cultural development. In seminars students will have a chance to explore and discuss seminars some of the documents, issues and ideas that have shaped the modern British nations.	
Brief outline of the course: Prehistoric Britain (c. 500 000 BC - 43 AD) Roman Britain (AD 43-410) The Early Middle Ages (1066-1307) The Late Middle Ages (1290-1485) The Stuarts (1603-1688) The Eighteen Century (1688-1789) The Age of Industrial Revolution The Age of Liberalism (1851-1914) 20th Century: World War I and Interwar Years (1914 - 1939) 20th Century: World War II and Welfare State	
Recommended literature: 1. MORGAN, Kenneth. [ed.] The Young Oxford History of Britain and Ireland. Oxford University Press, 2005. 2. MCDOWALL, David. An Illustrated History of Britain. Longman, 1989	
Language of instruction: English B2	

Notes:student time load:

150hrs., including:

combined study (lectures/seminars/consultations): 26hrs

self-study: 124hrs

Course assessment

The final number of assessed students: 363

A	B	C	D	E	FX(0)	FX(1)	n
19.28	13.5	14.6	14.88	24.79	2.2	10.74	0.0

Instructor: PhDr. Roman Ličko, PhD., Mgr. Matej Laš, PhD.**Last changed:** 14.04.2026**Approved by:** doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-211	Course name: History of the USA
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 5	
Recommended semester/trimester: 2.	
Level: I.	
Prerequisites:	
Course completion conditions: The overall assessment of the course is made up of the following assessed tasks: 1. TEST I (50 points), 2. TEST II (50 points). In addition to above mentioned tasks, students can be awarded points for active participation in class discussions (3 points per seminar) as well as penal points for non-attendance of more than two seminars (-3 points per class). Test I is a mid-term test written in week 7 or 8 and Test II after the end of classes (during exam time). The tests are based on the lectures, weekly reading assignments and topics discussed in seminars. Attendance at seminars is compulsory.	
Learning objectives: Its chief objective is to give students a general overview of the most important periods, people and ideas in American history in terms of its political, economic and cultural development. In seminars students will have a chance to explore and discuss seminars some of the documents, issues and ideas that have shaped the modern American nations.	
Brief outline of the course: Colonial Period (1606 - 1774) Towards Independence (1775 -1783) The Formation of a National Government (1783 -1791) Westward Expansion and Manifest Destiny The Civil War and Reconstruction (1861 - 1877) Years of Growth and the American Empire Discontent and Reform War and Prosperity (1917 - 1929) Depression and the New Deal (1929 -1941) From Isolationism to Hiroshima: World War II Cold War and Conflict Abroad: America in the Fifties	
Recommended literature: An Illustrated History of America (Bryn O'Callaghan) I DON'T KNOW MUCH ABOUT AMERICAN HISTORY by Kenneth C. Davis A Biography of America - Electronic Coursebook	
Language of instruction:	

English B2							
Notes:student time load: 150hrs., including: combined study (lectures/seminars/consultations): 26hrs self-study: 124hrs							
Course assessment The final number of assessed students: 348							
A	B	C	D	E	FX(0)	FX(1)	n
20.98	14.08	16.95	14.08	25.0	1.44	7.47	0.0
Instructor: PhDr. Roman Ličko, PhD., Mgr. Matej Laš, PhD.							
Last changed: 14.04.2026							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1d-HAT1-003		Course name: Hra a tanec 1	
Type, extent and method of instruction: Form of instruction: Practical / Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3., 5.			
Level: I.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 46			
abs	n	p	v
100.0	0.0	0.0	0.0
Instructor: Mgr. art. Martin Urban, PhD.			
Last changed: 30.03.2023			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-229	Course name: Hron River Rafting
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: The student can swim b) final assessment: final assessment: Theoretical knowledge: 50 p. Mastering basic practical rafting skills: 50 p	
Learning objectives: Learning outcomes: The student: - understands the subject matter and is properly acquainted with rafting - can apply their knowledge and skills in practice - can plan and organise a short-term hiking activity in practice - uses their knowledge and skills from training in practice.	
Brief outline of the course: Brief outline of the course: 1. Basic movement habits necessary to control a canoe or raft. 2. Practical training on still water. 3. Practical training on running water. 4. Getting acquainted with the river morphology, using water and river currents for the rafter's favour. 5. Getting acquainted with river rafting safety measures, self-rescue, rescue using throwing bag, resuscitation after drowning. 6. Hron River rafting	
Recommended literature: Recommended literature: BENCE, M. – BOBULA, T. – ZBIŇOVSKÝ, P. 2008. Vodné športy. Banská Bystrica : FHV UMB, 2008. BÍLÝ, M. et al. 2001. Kanoistika. Grada publishing et al. 2001. KOMPÁN, J., a kol. 2017. Outdoorové aktivity, športy a špecifiká pobytu v prírode. Banská Bystrica: Univerzita Mateja Bela. 2017. ISBN: 978-80-557-1342-7	

ŠTEMPROK, S. 1983. Vodní turistika. Praha : Olympia, 1983. ZAJAC, A. et al. 1983. Športy a turistika vo vode. Bratislava : Šport, 1983.						
Language of instruction:						
Notes:student time load: Time load for the student: 90 h. Combined study (L, S, C): 26 h. Skill improvement: 31 h., self-study: 33 h.						
Course assessment The final number of assessed students: 274						
A	B	C	D	E	FX(0)	FX(1)
94.16	0.0	0.0	0.0	0.0	3.28	2.55
Instructor: PaedDr. Jaroslav Kompán, PhD.						
Last changed: 23.03.2023						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ozvstv-107	Course name: Human Physiology and Biochemistry
Type, extent and method of instruction: Form of instruction: Lecture Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 3.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: Active attendance is required. The student is allowed to miss 3 classes per semester. This applies to students without an individual study plan. During the examination period, the student takes a written test focused on human physiology and biochemistry. a) continuous assessment: continuous assessment: N/A b) final assessment: final assessment: Written test: 100 points (min. (min. 65 p.) The maximum number of points consisting of continuous and final assessment is 100 (=100%). Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%), Fx (less than 64%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements	
Learning objectives: Learning outcomes: The student: - actively uses correct specialised terminology related to physiology and biochemistry; - understands biochemical processes relevant for sports performance and adaptation to the training load; - understands how energy is created and transformed, metabolism of energy substrates, and hormonal regulation; - understands functions of different organs and systems during rest; - understands how body works in terms of physiology; - understands how different physiological processes are linked and how the body adapts to load.	
Brief outline of the course: Brief outline of the course:	

Last changed: 23.09.2025
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Arts							
Code: 1d-IPG-221		Course name: Inclusive Pedagogy					
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 3.							
Level: I.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction:							
Notes:student time load:							
Course assessment The final number of assessed students: 124							
A	B	C	D	E	FX(0)	FX(1)	n
3.23	7.26	25.81	25.0	20.16	16.94	1.61	0.0
Instructor: doc. Mgr. Mariana Cabanová, PhD., PhDr. Patrícia Zólyomiová, PhD.							
Last changed: 02.12.2021							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Arts							
Code: 1d-fyz-507		Course name: Informatics for teachers					
Type, extent and method of instruction: Form of instruction: Lecture / Practical / Seminar / Laboratory practical Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 0 / 26 / 0 / 0 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 3.							
Level: I.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction:							
Notes:student time load:							
Course assessment The final number of assessed students: 498							
A	B	C	D	E	FX(0)	FX(1)	n
65.66	14.06	9.44	3.41	3.82	1.41	2.21	0.0
Instructor: doc. PaedDr. Miriam Spodniaková Pfefferová, PhD.							
Last changed: 17.06.2022							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1d-fpv-504		Course name: Information Security	
Type, extent and method of instruction: Form of instruction: Lecture Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3., 5.			
Level: I., P			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 275			
abs	n	p	v
89.45	10.55	0.0	0.0
Instructor: doc. Ing. Ľudovít Trajtel', PhD., PaedDr. Mgr. Vladimír Siládi, PhD.			
Last changed: 13.09.2023			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-226	Course name: Inline Skating 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: During the semester, the student is proving their knowledge of the theory and practice of inline skating basics. At the end of the semester, they prove their practical skills. The maximum number of points consisting of continuous and final assessment is 100 (=100%). Grading scale: A (100–94%), B (93–86%), C (85–79%), D (78–72%), E (72–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: Learning outcomes: - masters the practical skills on the appropriate level - masters the procedures and methods in theory and practice - understands the importance of inline skating for the physical development and can integrate it into their regimen to prevent civilisation diseases	
Brief outline of the course: Brief outline of the course: Inline skating basics (skating forward/backward, curves, stopping and braking, crossovers, etc.)	
Recommended literature: Recommended literature: CHRIS, E. 1996 Abeceda in-line bruslení. Praha, IKAR 1996. MICHAL, J. 1998 Vybrané kapitoly zo sezónnych činností. PF UMB 1998 str.108 ISBN 80-85162-99-7 MICHAL, J. 2000 Sezónne činnosti na 1. stupni základných škôl. Banská Bystrica: UMB PF, 2000, 72 s. ISBN 80-8055-461-7 MILLAR, C. 1998. In-line bruslení: pro začátečníky: pokročilé. Praha, Knižný klub 1998	
Language of instruction: slovak	
Notes: student time load: student time load Total: 120 h. Presence study: 26 h. Developing practical skills: 94 h.	

Course assessment						
The final number of assessed students: 81						
A	B	C	D	E	FX(0)	FX(1)
58.02	19.75	4.94	0.0	1.23	14.81	1.23
Instructor: PaedDr. Stanislava Straňavská, PhD.						
Last changed: 08.11.2022						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: D_1_DVaJO_cuvp	Course name: Intellectual and Industrial Property of an Organization
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: attendance at lectures	
Learning objectives: The student: 1. understands the importance of intellectual property in business activities. 2. understands the basic framework of intellectual property law in the Slovak Republic, the EU, and at the regional/international level, including the costs associated with its protection. 3. is able to identify the creation of intellectual property within a company and establish basic processes for its protection. 4. is capable of selecting an optimal intellectual property protection strategy with regard to the type of product/service. 5. is able to apply the basic principles of intellectual property commercialization. 6. is able to identify and prevent infringements of the intellectual property rights of other entities.	
Brief outline of the course: The aim of the course is to provide students with theoretical and practical knowledge of intellectual property and the importance of its protection in business practice. The course focuses on the creation of intellectual property within a company, strategies for its protection, and possibilities for its effective use and commercialization. It also addresses the significance and benefits arising from intellectual property protection for current and future entrepreneurs, as well as examples of good practice. Experts in the field of intellectual property and industrial property protection will introduce students to the possibilities of protecting brands, ideas, innovations, designs, patents, and copyrighted works, including computer programs and software. Students will gain knowledge about when and how intellectual property should be protected in Slovakia and abroad, how it can be commercialized, and how intellectual property rights can be exercised, enforced, and respected in business activities. The course will also include practical examples and analyses of disputes concerning patents, trademarks, designs, and software based on cases from the practice of the Industrial Property Office of the Slovak Republic. Experts from the Industrial Property Office of the Slovak Republic will participate in the lectures.	
Recommended literature:	

1. VOJČÍK, Peter a kol. Právo duševného vlastníctva. 2. vyd. Plzeň: Aleš Čeněk, s. r. o. 2014. 496 s. ISBN 978-80-7380-527-2.
2. ADAMOVIČ, Zuzana. Právo duševného vlastníctva. Bratislava: TINCT, 2020. ISBN 978-80-973544-0-4.
3. BAČÁROVÁ Renáta a kol. Ochrana ľudských hodnôt v súkromnom práve. TypoPress, 2023. 229 s. ISBN 978-80-8129-144-9.
4. MEDVEC, Matúš a kol. Označenia pôvodu výrobkov a zemepisné označenia výrobkov. Bratislava: C. H. Beck, s.r.o., organizačná zložka, 2024. 208 s. ISBN 978-80-8232-048-3.
5. SVAČINA, Pavel; BOHÁČEK, Martin; BAČÁROVÁ, Renáta; RÝDLOVÁ, Barbora. Odměňování zaměstnaneckých (podnikových) vynálezů a jeho přiměřenost – právní a ekonomické aspekty. Praha: Wolters Kluwer ČR, 2020, 376 s. ISBN 97880766760189
6. FARKAŠOVÁ, Elena; PETRÁNSKY, Ľudovít. Design teória a metodológia 1. Vydavateľstvo Technickej univerzity vo Zvolene, 1. vyd. 2020, 201 s. ISBN 978-80-228-3219-9.
7. FARKAŠOVÁ, Elena; PETRÁNSKY, Ľudovít. Design teória a metodológia 2. Vydavateľstvo Technickej univerzity vo Zvolene, 1. vyd. 2020, 183 s. ISBN 978-80-228-3243-4.
8. BABIAKOVÁ, Barbora, LALÍKOVÁ, Lucia. Ochrana duševného vlastníctva. Banská Bystrica: Vydavateľstvo UMB, 2011. ISBN 978-80-557-0179-0. 2.
9. POLTORAK, A. I., & LERNER, P. J. (2013). Essentials of licensing intellectual property. John Wiley & Sons.
10. STIM, R. (2026). Patent, copyright & trademark: An intellectual property desk reference (19th ed.). Nolo.
11. BAINBRIDGE, D. I. (2021). Intellectual property (11th ed.). Pearson Education.
12. CORNISH, W., LLEWELYN, D., & APLIN, T. (2022). Intellectual property: Patents, copyright, trademarks and allied rights (10th ed.). Sweet & Maxwell.
13. KRUSPIG, S., & SCHWARZ, C. (2019). Legal protection for computer-implemented inventions: A practical guide. Wolters Kluwer.
14. European Commission. (2023). Your guide to IP commercialisation. European IP Helpdesk. <https://intellectual-property-helpdesk.ec.europa.eu>
15. Úrad priemyselného vlastníctva Slovenskej republiky. (2024). Duševné vlastníctvo v podnikaní. Banská Bystrica: ÚPV SR. <https://www.indprop.gov.sk>
16. World Intellectual Property Organization. (2022). Intellectual property for business series. Geneva: WIPO. <https://www.wipo.int/sme/en>
17. OECD. (2022). Intellectual property rights and innovation in SMEs. OECD Publishing. <https://www.oecd.org>
18. Časopis Duševné vlastníctvo (vychádza 2x ročne)
- Zákon č. 435/2001 Z.z. o patentoch dodatkových ochranných osvedčeniach a o zmene a doplnení niektorých zákonov (patentový zákon),
- Zákon č. 517/2007 Z.z. o úžitkových vzoroch a o zmene a doplnení niektorých zákonov,
- Zákon č. 444/2002 Z.z. o dizajnoch,
- Zákon č. 506/2009 Z.z. o ochranných známkach,
- Zákon č. 469/2003 Z.z. o označeniach pôvodu výrobkov a zemepisných označeniach výrobkov a o zmene a doplnení niektorých zákonov.

Language of instruction:

Slovak

Notes: student time load:

90 hours

direct teaching: 26 hours

self-study: 64 hours			
Course assessment			
The final number of assessed students: 266			
abs	n	p	v
81.58	18.42	0.0	0.0
Instructor: Ing. Barbora Mazúrová, PhD.			
Last changed: 21.05.2026			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajp-322	Course name: Intercultural Communication and Translation
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: In the course of semester, students will be required to submit four assignments (three written assignments on chosen topics and one case study). Students must be able to read and understand complex texts in a variety of genres in English, and to write analytical and critical essays that are logically and coherently structured. At the end of the semester students have to pass a written test and an oral exam. Credits will be awarded to students who successfully (more than 64 %) pass the final exam (written and oral) and the partial assignments during the semester. Students are allowed to take a re-sit of the final exam. Assessment according to the university classification scale: A (100 – 94 %), B (93 – 87 %), C (86 – 80 %), D (79 – 73 %), E (72 – 65 %). To receive the credits students must gain a minimum of 65 % of total 100 points.	
Learning objectives: 1. demonstrate the understanding of the role of culture in international communication 2. gain knowledge, skills and intercultural sensitivity and the related language competence 3. improve translation skills in intercultural issues 4. develop a set of translation skills of an intercultural competent translator	
Brief outline of the course: Intercultural communication and the role of English in 21st century, global language, lingua franca. The role of culture in international relations. National cultures, typologies and classification of cultures. Cultural diversity, multiculturalism and multilingualism and their impact on intercultural relations. Barriers in intercultural communication: cultural differences and language nuances causing misunderstandings; acculturation. Case studies in intercultural communication and interaction. Cultural awareness in translation: socio-linguistic and linguo-cultural issues in translation and interpreting.	
Recommended literature: 1. ZELENKOVÁ, A. 2019. Intercultural Relations in Business. Banská Bystrica: Belianum, Matej Bel University, 2019. ISBN 978-80-557-1608-4	

2. GUDYKUNST, W., B. 2003. Cross-cultural and Intercultural Communication. Thousand Oaks, CA : SAGE Publications. ISBN 978-0-7619-2900-0. 3. TROMPENAARS, F. – Hampden-Turner, Ch. 1998. Riding the Waves of Culture. Understanding Cultural Diversity in Business. London : Nicolas Brealy Publ.,1998. ISBN 1-85788-176-1. 4. HOFSTEDE, G., Hofstede G. J., Minkov, M. 2010. Cultures and Organisations. Software of the Mind. New York : McGraw Hill 2010. ISBN 978-07-166418-9.							
Language of instruction:							
Notes:student time load: combined study: (lecture, seminar, consultations): 13 self-study: 30 written assignments: 17 preparation for oral exam: 10 preparation for final written test: 20							
Course assessment The final number of assessed students: 5							
A	B	C	D	E	FX(0)	FX(1)	n
100.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: doc. PhDr. Anna Zelenková, PhD.							
Last changed: 12.12.2024							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-aju-111	Course name: Intercultural Studies for Future Teachers
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 4.	
Level: I.	
Prerequisites:	
Course completion conditions: No prerequisites, active participation in class, completion of assessment requirements: a) Continuous assessment in seminars: 0-20 points (students have a choice of several activities: presentation – project) b) Final quiz (20 points) and oral exam: 0-60 points (min 65% in the final quiz = 13 points is a precondition to participation in the oral exam) Final grade in accordance with the University Statute as follows: A (100–94 %), B (93–87 %), C (86–80 %), D (79–73 %), E (72–65 %). Credits will be awarded to those who gain min. 65% (max. 100). a) continuous assessment: Includes: preparation for seminars (reading texts): 20 h, preparation for seminar (elaboration of the project/ presentation): 10 h b) final assessment: Final assessment: preparation for the final quiz: 20 h; preparation for the final oral exam: 40 h	
Learning objectives: Students can: 1. Knowledge: -Students can actively use appropriate and relevant vocabulary, related to cultural studies and related disciplines (political sciences, sociology), -Students understand principles of core institutions in Great Britain, USA, Canada and other Anglophone countries and can describe and compare the aforementioned ones, students also understand contexts of national and world Anglophone literature(s) and their literary connections. 2.Skills: -Students can give arguments in foreign language and critically think, -Students can apply methods of research in humanities (data collection, formulating the hypothesis, analysis and synthesis, confirmation or alternation of hypothesis) in the field of cultural studies, 2. Competences: –Students can apply critical analysis in the process of evaluation of selected phenomena in the English world, -Students can use and apply gathered competences in EFL, -Students can function in real world and masters the art of crossing cultures.	

Brief outline of the course:

Introduction to cultural studies. What is Identity? What is Culture? What is Otherness? Cultural differences between East and West. Intercultural competences. Culture shock and culture shock management. Intercultural studies. Comparative intercultural studies. The experience of otherness – migration, immigration, emigration via eyes of Slovak immigrants. Pedagogical and didactic implications of the subject.

Recommended literature:

JAVORČÍKOVÁ, J. – ZELENKOVÁ, A. 2020. Voices from beyond: A modern coursebook of cultural studies for philologists : with the focus on (e)migration as a political, ethical, linguistic and cultural phenomenon in the era of globalization Bratislava : Z-F LINGUA, 2020. - 249 s. ISBN 978-80-8177-071-5. 2. JAVORČÍKOVÁ, J. – ZELENKOVÁ, A. 2019. CLIL: Conceptual differences in teaching "realia" to philological and non-philological students. In Journal of Language and Cultural Education = JoLaCE. - S. 1. : De Gruyter Open, 2019. - ISSN 1339-4045. - Vol. 7, no. 3 (2019), pp. 18-34. 3. ZELENKOVÁ, A. 2019. Intercultural Relations in Business. Banská Bystrica : Belianum, 120 s. ISBN 978-80-557-1608-4. 4. BARKER, CH. 2011. (selected chapters). Cultural Studies. New York: Sage, 584 s. ISBN 978-0857024809. 5. ZELENKOVÁ, A.; HANESOVÁ, D. (2019): Intercultural Competence of University Teachers: a Challenge for Internalisation. In JoLaCe. No. 7, Vol. 1, pp. 1-18. <https://doi.org/10.2478/jolace-2019-0001> 6. PECNÍKOVÁ, J.; PONDELÍKOVÁ, I.; MALÍŠOVÁ, D. 2021: Kultúra – identita – občianstvo v kontexte transformácie Slovenska 15 rokov po vstupe do EÚ. Banská Bystrica: Koprnt. 2021. 7. HANESOVÁ, D. 2014: From Learning Facts to Learning to Think. Banská Bystrica: PF. 95 s. ISBN 978-80-557-0655-9. 8. PECNÍKOVÁ, J.; SLATINSKÁ, A. 2016: Socio-cultural discourse of competencies and barriers in intercultural communication. In Schevchenko, V. (ed.). Formation and Transformation of Discourses, Samara National Research University. 178 s. ISBN 97880969837-7-3. 9. JAVORČÍKOVÁ, J. – DOVE, M. E. 2019. Explorations in American Life and Culture. Banská Bystrica: Belianum, 2021. DOI: <https://doi.org/10.24040/2021.9788055718606>.

Language of instruction:

English (B2)

Notes:student time load:

120 hours, including:

Combined study (P, S, K): 26 h

Self-study (94 h): includes: preparation for seminars (reading texts): 20 h, preparation for seminar (elaboration of the project/ presentation): 10 h; preparation for the final quiz: 20 h; preparation for the final oral exam: 40 h

Course assessment

The final number of assessed students: 269

A	B	C	D	E	FX(0)	FX(1)	n
63.57	24.16	5.58	2.97	1.86	1.86	0.0	0.0

Instructor: doc. PaedDr. Jana Javorčíková, PhD., univ. prof., doc. PhDr. Anna Zelenková, PhD.

Last changed: 11.09.2023

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-iko-001	Course name: Intercultural communication
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: I.	
Prerequisites:	
Course completion conditions: During the semester, the student creates a seminar paper (6 pages) and a presentation (PowerPoint, Prezi etc.) addressing the selected topic. After completing the semester, the student takes the final written exam. The maximum number of points consisting of continuous and final assessment is 100. Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements. The student has the right to one resit. The grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements: a) active participation and seminar paper preparation with presentation – max. 40 p. b) written exam – max. 60 p. a) continuous assessment: active participation and seminar paper preparation with presentation – max. 40 p. b) final assessment: written exam – max. 60 p.	
Learning objectives: Students: 1. use the required facts and basic concepts of the curriculum 2. are able to define, explain and apply the required facts and basic concepts of the curriculum 3. are able to apply the acquired curriculum in various situations 4. assess, on the basis of available information, the events and phenomena studied; 5. evaluate ideas, statements, facts and materials, integrates its knowledge in the evaluation 6. create a new compact semantic set of information and connections based on acquired knowledge from the study of the subject	
Brief outline of the course: 1. Culture, global culture and cultural identity. 2. Intercultural dimensions 3. Interculturality and intercultural communication (in everyday life, in the professional sphere) 4. Competences in intercultural communication 5. Barriers in intercultural communication 6. Intercultural identity	

7. Interculturality and multiculturalism – similarities and differences
8. Intercultural education (forms)
9. Otherness and intercultural communication
10. Cultural intelligence

Recommended literature:

1. DOLINSKÁ, V. 2004. Prieniky kultúr v globálnom priestore. Banská Bystrica : Ekonomická fakulta UMB, s. 62. ISBN 80-8055-929-5.
2. DOLINSKÁ, V. 2016. Akulturačné štúdie pre ekonómov. Kultúrne odlišnosti medzinárodného pracovného prostredia. Bratislava: Wolters Kluwer. 90 s. ISBN 978-80-8168-324-4.
3. FRIEDOVÁ, A. 2004. Interkultúrne hodnoty v anglicky hovoriacich krajinách a na Slovensku. In :Acta oeconomica N° 17. Banská Bystrica : Ekonomická fakulta UMB, 2004, s. 169 – 171. ISBN 80-8055-989-1.
4. GIBSON, R. 2000. Intercultural Business Communication. New York: OUP, 2000. ISBN 0-19-442180-5, 111 s.
5. HABIŇÁKOVÁ, E. 2013. Kultúrne obsahy v interkultúrnej komunikácii. Trnava: FMK, 2013. 122 s. ISBN 978-80-8105-504-1.
6. HOFSTEDE, G. et al. 2005. Culture and organisations: Software of the mind. Intercultural Cooperation and its Importance for Survival. London: McGraw Hill. 2005. ISBN 0-07-143959-5. (český preklad: Kultury a organizace. Software lidské mysli. Praha: Linde. 2007. ISBN 80-86131-70-X.
7. OLEJÁROVÁ, M. a kol. Charakteristika vybraných krajín z pohľadu interkultúrnej komunikácie. Banská Bystrica :UMB EF, 2007, s. 29 – 39. ISBN 978-8083-507-1.
8. PECNÍKOVÁ, J. et al. 2018. Interkultúrne kompetencie v politike súdržnosti na európskej a regionálnej úrovni. Banská Bystrica: Belianum, 2018. 100 s. ISBN 978-80-557-1472-1.
9. PECNÍKOVÁ, J. 2020. Úvod do štúdia kultúr(y). Banská Bystrica: Dali BB, 2020. 79 s. ISBN 978-80-8141-241-7.
10. POLIAK, P.2015. Interkultúrne rozdiely v manažmente organizácií. Banská Bystrica: Belianum. 141 s. ISBN 978-80-557-1029-7.
11. PONDELÍKOVÁ, I. 2020. Úvod do medzinárodných kultúrnych vzťahov a interkultúrnej komunikácie. Banská Bystrica: DALI BB, 2020. 95 s. ISBN 978-80-8141-243-1.
12. PRŮCHA, Jan: Interkulturní komunikace. Praha: Grada Publishing, 2009. ISBN 978-80-247-3069-1.
13. ZELENKOVÁ, A. 2010. Interkultúrne vzdelávanie v cudzích jazykoch na vysokej škole. Banská Bystrica: UMB, 2010. 188 s. ISBN 978-80-557-0014-4.
14. ZELENKOVÁ, A. 2014. Interkultúrna kompetencia v kontexte vysokoškolského vzdelávania. Ekonomie, manažment a cestovný ruch. Banská Bystrica : Belianum. 178 s. ISBN 978-80-557-0817-1.

Language of instruction:

Slovak

Notes:student time load:

Student time load - 90 hours:

Combined study: 26 h (13 L, 13 S).

Presentation: 14 h.

Seminar paper (6 pgs): 15 h.

Preparation for the final written exam: 25 h.

Bibliography review: 10 h.

Course assessment							
The final number of assessed students: 72							
A	B	C	D	E	FX(0)	FX(1)	n
69.44	19.44	5.56	0.0	0.0	5.56	0.0	0.0
Instructor: doc. PhDr. Jana Pecníková, PhD.							
Last changed: 02.06.2024							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-kom-050	Course name: International Certificate of German Language
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: a) continuous assessment: active participation in seminars: 0–30 p. Written test: 0–30 p. b) final assessment: Written and oral test: 0–40 p. The grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: The student can read and listen with comprehension, speak fluently, write, and actively participate in a conversation about general topics on the respective CEFR level (A1–C2).	
Brief outline of the course: The seminar focuses on improving language skills in the four basic areas (reading and listening comprehension, writing, speaking). The goal is to prepare the student for an international language certificate exam proving their German language skills on the respective CEFR level (A1–C2).	
Recommended literature: HELBIG, G. - BUSCHA, J. Übungsgrammatik Deutsch. Langenscheidt, 1992. ISBN 3-324-00379-2 HILPERT, S. - SCHÜMANN, A. - GOTTSTEIN-SCHRAMM, B. - KALENDER, S. – ROBERT, A. -SPECHT, F. 2008. Schritte international 1, 2, 3. München : Hueber-Verlag. KANISOVÁ, Z. – RICHTER, M. Sprache im Alltag. Ein Konversationsbuch für Fortgeschrittene. Nové prepracované vydanie, Bratislava, Remedium, 2005 WITZLINGER, H: Deutsch. Aber Hallo! A2, B1, B2. Online: www.deutschkurse-passau.de . www.mein-deutschbuch.de www.lingolia.dehttp://www.schubert-verlag.de/aufgaben/uebungen_a1/a1_uebungen_index_z.htm 1.	
Language of instruction: German A1 - C2	
Notes:student time load:	

Course assessment							
The final number of assessed students: 12							
A	B	C	D	E	FX(0)	FX(1)	n
75.0	25.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: Mgr. Jana Štefaňáková, PhD., univ. doc.							
Last changed: 25.03.2023							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajp-302	Course name: Interpreting Practice
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 5.	
Level: I.	
Prerequisites:	
Course completion conditions: The total number of points obtained for the continuous and final assessment is 100. It corresponds to the ECTS grading scale. Credits will be assigned to a student who gets minimally 65 out of 100 points. a) continuous assessment: Keeping an interpreting “journal” containing the recording and evaluation of progress in the acquisition of specific interpreting skills: 0-50 points. b) final assessment: Submitting a paper: 0-50 points.	
Learning objectives: The student will: 1. Be familiarized with the specifics of interpreting, 2. Acquire the basic skills needed to master interpreting of simpler texts, 3. Be able to apply acquired information and experience in practice, 4. Know the latest trends in interpreting software, 5. Be able to prepare interpreting terminology and create multilingual glossaries in an electronic form.	
Brief outline of the course: Specifics of simultaneous and consecutive interpreting. Interpreting and memory preparatory exercises. Mini-summaries. Identification of main ideas and their reformulation. Practising note-taking. Presentation and use of interpreting software. Creation of terminological glossaries. Crisis management.	
Recommended literature: 1. DJOVČOŠ, M. - DJOVČOŠOVÁ, Z. 2013. Aphasia and Interpreting: Aphasia-based interpreting exercises. In: FORUM, Marianne Lederer and Choi Jungwha (eds.), Paris: ESIT - Université Paris 3 Sorbonne Nouvelle, 2013. s. 23-49. ISSN 158-7647. 2. GILE, D. 2009. Basic Concepts and Models for Interpreter and Translator Training. Revised Edition. Amsterdam/Philadelphia: John Benjamins Publishing Company, 2009. Strana: 2 3. GILLIES, A. 2005. Note-taking for Consecutive Interpreting – A Short Course. Manchester/Northampton: St. Jerome Publishing, 2005.	

4. KENÍŽ, A. 1980. Úvod do komunikačnej teórie tlmočenia. Vysokoškolské skriptá. Bratislava: FF UK, 1980. 5. MAKAROVÁ, V. 2004. Tlmočenie. Hraničná oblasť medzi vedou, skúsenosťou a umením možného. Bratislava: Stimul, 2004. 6. MELICHERČÍKOVÁ, M. 2014. Práca a terminológiou a elektronické nástroje v rámci prípravy na tlmočenie. In : Preklad a tlmočenie 11. Banská Bystrica : Filozofická fakulta, 2014 (v tlači). 7. MÜGLOVÁ, D. 2009. Komunikácia, tlmočenie, preklad alebo Prečo spadla Babylonská veža? Bratislava: Enigma, 2009. 8. PÖCHHACKER, F. 2004. Introducing Interpreting Studies. London/New York: Routledge, 2004. 9. PÖCHHACKER, F., SCHLESINGER, M. 2002. The Interpreting Studies Reader. London/New York: Routledge, 2002. 10. ŠAVELOVÁ, J., MELICHERČÍKOVÁ, M. 2013. Simultaneous Interpreting. Univerzita Mateja Bela: Banská Bystrica, 2013.																							
Language of instruction: Slovak and English B2.																							
Notes: student time load: 90 hrs. combined studies (S, C): 13 hrs. keeping an interpreting journal: 17 hrs. submitting a paper: 60 hrs.																							
Course assessment The final number of assessed students: 6 <table border="1"> <thead> <tr> <th>A</th><th>B</th><th>C</th><th>D</th><th>E</th><th>FX(0)</th><th>FX(1)</th><th>n</th></tr> </thead> <tbody> <tr> <td>83.33</td><td>0.0</td><td>16.67</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> </tbody> </table>								A	B	C	D	E	FX(0)	FX(1)	n	83.33	0.0	16.67	0.0	0.0	0.0	0.0	0.0
A	B	C	D	E	FX(0)	FX(1)	n																
83.33	0.0	16.67	0.0	0.0	0.0	0.0	0.0																
Instructor: PhDr. Miroslava Melicherčíková, PhD., univ. doc., doc. PhDr. Martin Djovčoš, PhD.																							
Last changed: 30.05.2022																							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.																							

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Arts							
Code: 1d-ajs-324		Course name: Introduction to Audiovisual Production					
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 2., 4., 6.							
Level: I.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction:							
Notes:student time load:							
Course assessment The final number of assessed students: 8							
A	B	C	D	E	FX(0)	FX(1)	n
100.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: PhDr. Ľubica Pliešovská, PhD.							
Last changed: 27.01.2026							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-aju-112	Course name: Introduction to the Methodology of Teaching English
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 6.	
Level: I.	
Prerequisites:	
Course completion conditions: Over the course of the semester, the student will prepare a presentation of two teaching activities and one written response to a scholarly article on a predetermined topic. At the end of the semester, the student will take a written final test. Credits will not be awarded to a student who scores less than 65% on the test. The student is entitled to one retake written test. The grading scale is A (100-94%), B (93-87%), C (86-80%), D (79-73%), E (72-65%). Credits will be awarded to the student who scores at least 65% of the total points (2 teaching activities + 1 response to a scholarly article + test). Continuous assessment: 2 teaching activities: 0-10 points, 1 written response to a scholarly article: 0-5 points, 15 points in total a) continuous assessment: Continuous assessment: two teaching activities: 0-10 points, one written response to a scholarly article: 0- 5 points, 15 points total	
Learning objectives: 1. masters basic terminology used in ELT 2. understands the basic principles of each method and the possibilities of their application in class 3. can compare and evaluate the suitability of the teacher's didactic approach in short simulated learning situations, can justify the use of the mother tongue 4. is able to categorize diverse learning tasks according to given criteria. 5. can suggest basic ways of motivating different age groups of learners. 6. can evaluate the effectiveness of instructions in English for tasks and the place of the mother tongue in foreign language education.	
Brief outline of the course: The Content and substance of the course Introduction to the Methodology of Teaching English. Language as a means of communication. Motivation of the pupil in the English lesson. Warm-up activities as a motivational aspect of the lesson. Communicative competence and its subcompetences. Methods, principles and techniques of English language teaching. The use of	

target and mother tongue in the classroom. Lesson management. Organisational forms of work and types of teaching tasks. Teacher and pupil roles. Errors in pupil oral and written expression and teacher response.

Recommended literature:

1. HARMER, J. The Practice of English Language Teaching, Harlow: Longman 2007
2. HOMOLOVÁ, E. Methodology of Teaching English 1. Banská Bystrica: Belianum, 2013
3. BETÁKOVÁ, L. - HOMOLOVÁ, E. – ŠTULRAJTEROVÁ, M. Moderní didaktika anglického jazyka v otázkách a odpovědích . Praha: Wolters Kluwer, 2017.
4. 1. LOJOVÁ, G. - VLČKOVÁ, K. Styly a strategie učení ve výuce cizích jazyků. Praha: Portál, 2011
5. STRAKOVÁ, Z. Teaching English as a Foreign Language. Prešov, PU: 2014
6. DOFF, A. Teach English CUP, 1992
7. Spoločný európsky referenčný rámec pre jazyky. Bratislava. ŠPÚ, 2016
8. Odborné časopisy: Forum, Modern English Teacher, Humanizing Language Teaching Magazine

Language of instruction:

English C1

Notes: student time load:

Student's time load: 120 hours of which:
combined study (P, S, K): 26
self-study: 14
preparation of teaching activities: 20
written response to scholarly articles: 20
preparation for written test: 40

Course assessment

The final number of assessed students: 187

A	B	C	D	E	FX(0)	FX(1)	n
31.55	25.67	18.72	15.51	3.21	2.14	3.21	0.0

Instructor: Mgr. Anna Slatinská, PhD., univ. doc., PhDr. Miroslava Melicherčíková, PhD., univ. doc., doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Last changed: 05.09.2025

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-110	Course name: Introduction to the Study of the English Language and Literature
Type, extent and method of instruction: Form of instruction: Lecture Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 1.	
Level: I.	
Prerequisites:	
Course completion conditions: After completing the course, students may obtain a maximum of 100 points (50 points from the linguistic part and 50 points from the literary part). Students have the right to one re-sit test. The evaluation is in compliance with the following classification scale: A (100 - 94%), B (93 - 87%), C (86 - 80%), D (79 - 73%), E (72 - 65%). Credits will be awarded to a student who has obtained at least 65% from both the linguistic and literary parts. If a student obtains more than 80% in one part of the course and does not reach the minimum set limit of 65% in the other part of the course, he / she re-sits only from the part on which he / she failed. Introduction to linguistics: Final test: 0 - 50 points Introduction to literature: a) Continuous assessment from the literary part: participation in a literary-cultural discussion (5 points), test of reading and literary literacy (5 points), test of intercultural competences (5 points). b) Final evaluation: Final test: 35 points (35%). a) continuous assessment: Introduction to literature: a) continuous assessment in literary part: participation in a literary-cultural discussion (5 points), test of reading and literary competence (5 points), test of intercultural competence (5 points). b) final assessment: After completion of the term, students will take a final exam. Each student is entitled to one re-take exam. 85 points (includes 50 points for Introduction to linguistics and 35 points for Introduction to literature). Requirements comply with the University Statute. Credits will be awarded only to those students who gain minimum 65% or 65 points from both parts. Final assessment: A (100–94 %), B (93–87 %), C (86–80 %), D (79–73 %), E (72–65 %).	
Learning objectives:	

1. Students will gain an overview of diachronic and synchronic linguistics with special regard to the English language, namely the historical development of the English language and its language levels (phonetic-phonological, morphological-syntactic, lexical-semantic and stylistic).
2. Students learn essential linguistic terminology.
3. Theoretical knowledge in the sphere of synchronic linguistics is being applied to a specific English language material.
4. Upon completion of the course, he / she will acquire knowledge in the field of contemporary Anglophone literary science.
5. Students learn essential literary terminology and have an overview of contemporary literary criticism.
6. Students can apply the theoretical knowledge in the interpretation of prose, poetic and dramatic texts in English, they also acquire soft skills, e.g. ability to solve problems in the field.

Brief outline of the course:

Introduction to the study of English:

English language development (Old English Period, Middle English Period, Early Modern English Period, Modern English Period). Language and its system, basic linguistic concepts. Phonetic-phonological level. Morphological level. Syntactical level. Lexical-semantic level. Stylistic level. Specifics of spoken and written language. Language and society. Internet linguistics. Pragmatic linguistics.

Epistemology and gnoseology of literature – attributes of “literariness”. Linguistic, cultural and social effects of reading literature. Periodization of literary movements. Genology and development of genres. Poetry (genre variants, analysis of selected works). Tropes. Prose (novel, its structure, characters, narrators, etc.). Drama (genre variants – comedy, tragedy, drama, analysis of selected works). Analysis (explication, close reading). Methods of writing about literature. Pedagogical and translation-related implication of the discipline.

Recommended literature:

Úvod do štúdia AJ:

1. ŠTULAJTEROVÁ, A. 2021. An Introduction Language Studies. Banská Bystrica: Belianum, 2021.

2. ŠTEKAUER, P. 1993. Essentials of English Linguistics. Prešov: Slovacontact, 1993.

3. YULE, G. 2010. The Study of Language. Cambridge: Cambridge University Press. 2010.

Introduction to literature:

JAVORČÍKOVÁ, J.- ŠIPOŠOVÁ, M. 2017. Thinking About Literature: Language, Pedagogical Contexts and Cultural Identity of Literature. Bratislava : Z-F Lingua, 110 s. ISBN 978-808177 034-0.

FRANKO, Š. 1994. Theory of Anglophonic Literatures. Prešov : Slovacontact, 1994. 110 p. ISBN 80-901417-2-2.

CUDDON, J. A. 1998. (reedícia 2000, 2008 ai.) The Penguin Dictionary of Literary Terms and Literary Theory. London : Penguin, 1998. 991 p. ISBN 9 780140 513639.

EAGLETON, T. 1994. (reedícia 2000). Literary Theory. Minneapolis : University of Minnesota, 244 p. ISBN 0-8166-1238-2.

JAVORČÍKOVÁ, J. 2009. K problémom teórie literárnych žánrov - štúdia z komparatívnej genológie = On some problems of literary genres - a study in comparative genology.

In Conversatoria Litteraria : międzynarodowy rocznik naukowy : w kregu zagadnień komparatystyki: teoria i praktyka związków literackich / rec. Zbigniew Lisowski. Roč. 2. - Siedlce : Instytut Filologii Polskiej, Akademia Podlaska, 2009. - ISSN 1897-1423. - S. 75-88.

JAVORČÍKOVÁ, J. 2009. Postmoderný text ako médium významu / Jana Javorčíková.

In Mladá veda 2009 : humanitné vedy - literárna veda : zborník vedeckých štúdií doktorandov a mladých vedeckých pracovníkov Fakulty humanitných vied Univerzity Mateja Bela v Banskej Bystrici / zost. Eva Homolová ... [et al.] ; rec. Zuzana Hurtajová, Milan Jurčo ... [et al.]. - Banská Bystrica : Univerzita Mateja Bela, Fakulta humanitných vied, 2009. - ISBN 978-80-8083-861-4. - S. 39-46.

Language of instruction:

Slovak and English language B2

Notes:student time load:

Total: 120 h; includes: Introduction to linguistics: 60 and Introduction to literature: 60 h.

Introduction to the study of English

Combined study (P, S, K): 13

Self-study: 47 as follows:

Linguistic theories and linguistic schools: 10

Selected chapters from the textbook An Introduction to Language Studies: 10

Preparation for the final test: 27

2. Introduction to literature:

Combined study (lectures, seminars, consultation hours): 13 h

Self-study: 47 h as follows:

- Preparation for the participation in a literary-cultural debate = 5 h

-Preparation for the literary and reading competence test = 5 h

-Preparation for the intercultural competence test = 5 h

-Preparation for the final written test = 32 h

Course assessment

The final number of assessed students: 673

A	B	C	D	E	FX(0)	FX(1)	n
17.68	18.72	19.17	19.76	15.6	4.01	5.05	0.0

Instructor: doc. PaedDr. Jana Javorčíková, PhD., univ. prof., PaedDr. Alena Štulajterová, PhD.

Last changed: 30.03.2022

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-306	Course name: Irish Language 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3.	
Level: I.	
Prerequisites:	
Course completion conditions: The students will take part in a preliminary assessment (a test). After the semester students will take part in the final written exam. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. Credits will not be assigned to the student who will fail to submit the preliminary test during semester or gaining less than 10 points, being a part of preliminary assessment. The student has the right to resit the preliminary test and one resit of the final written exam. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%)	
Learning objectives: Irish Language Irish Language will explore basic conversational Irish phrases, common vocabulary, as well as basic grammar and phonology so as to enable students to form and correctly pronounce grammatical sentences with independently-learned vocabulary. Irish Language 1 aims to give students; - an ability to read and pronounce Irish as pronounced by native Irish-speakers - a knowledge of the International Phonetic Alphabet as applied to Irish - a knowledge of basic Irish vocabulary - a knowlede of basic Irish grammar and grammatical terminology - an ability to form basic grammatical sentences involving various parts of speech (prepositions, pronouns, nouns, adjectives, verbs, adverbs, etc.)	
Brief outline of the course: Introduction Irish language and its position in the Irish Constitution Characteristics of the Irish language (in comparison to other Celtic languages) Key facts about the Irish language Basic phrases in the Irish language Introducing yourself in the Irish language Sentence elements Sentence structure in the Irish language	

Recommended literature:

Irish dictionaries;

- <https://www.teanglann.ie/en/fgb/>

- https://en.wiktionary.org/wiki/Category:Irish_lemmas

- Dineen's Dictionary (pre-standardised spelling) - <http://www.scriobh.ie/page.aspx?id=26&l=2>

General Irish-language resources;

- <http://nualeargais.ie/foghlaim/>

- Bibliography of Irish Linguistics and Literature; <https://bill.celt.dias.ie/vol4/index2.html>

Irish grammar;

- <http://nualeargais.ie/gnag/gram.htm>

- Graméar na Gaedhilge (1906) - <https://en.wikisource.org/wiki/Graim>

%C3%A9ar_na_Gaedhilge

Resources for Munster Irish;

- Myles Dillon & Donncha Ó Cróinín; 1961, Teach Yourself Irish (<https://ia801608.us.archive.org/34/items/TeachYourselfIrish/TYI1961.pdf>)

(in French)

- Marie-Louise Sjoestedt-Jonval; 1931, Phonétique d'un parler irlandais de Kerry

https://fr.wikisource.org/wiki/Phon%C3%A9tique_d%E2%80%99un_parler_irlandais_de_Kerry

- Marie-Louise Sjoestedt-Jonval; 1938, Description de un parler irlandais de Kerry

https://fr.wikisource.org/wiki/Description_d%E2%80%99un_parler_irlandais_de_Kerry

Irish-language History;

- Doyle, Aidan; 2015, A History of the Irish Language: From the Norman Invasion to Independence. Oxford.

- The Story of English (effect on Irish language) – Episode 8 “The Loaded Weapon” (in 7 parts) <https://www.youtube.com/watch?v=hsOduU-20qk&list=PL1DAC7C41112A9B3E>

Authors of Munster Irish;

“The Blasket-Island Writers”; Tomás Ó Criomhthain, Muiris Ó Súilleabháin, Peig Sayers

<https://www.youtube.com/watch?v=DM166JoI-Us> - Oileán Eile (“Another Island”)

- Tomás Ó Criomhthain; https://wikisource.org/wiki/Author:Tom%C3%A1s_

%C3%93_Criomhthain

An t-Oileánach (“The Islandman”)

- Muiris Ó Súilleabháin;

Fiche Blia[dha]n ag Fás (“Twenty Years a-Growing”)

- Peig Sayers;

Peig – A Scéal Féin (Peg – Her Own Story)

Machtnamh Seanamhná (The Reflections of an Old Woman)

- Peadar Ua Laoghaire; https://wikisource.org/wiki/Author:Peadar_Ua_Laoghaire

Mo Sgéal Féin (“My Own Story”);

https://wikisource.org/wiki/Mo_Sg%C3%A9al_F%C3%A9in (with audio of native speaker)

Irish-Language Media;

- Raidió na Gaeltachta, <https://www.rte.ie/rnag/>

- TG4, <https://www.tg4.ie/ga/>

BILOVESKÝ, V. 2012. Globalizácia ako negatívum rozvoja. In: Studia russico-slovaca 1.

Ružomberok : UC Rosenbergensis. s. 119 – 122. ISBN 978-8080-8497-02.

BILOVESKÝ, V. 2013. Does Integrating Europe Need Polylingualism and Multiculturalism? In: European Researcher. Vol. 42, no. 2-3, s. 455-461.

DE PAOR. 1988. The People of Ireland. In: The People of Ireland. 1988. Dublin : The Appletree Press. ISBN 0-86281-198-8.

MHIC MHATHÚNA, M. 2008. Supporting children's participation in second-language stories in an Irish-language preschool. In: Early Years: An International Research Journal. 2008. vol, 28, no. 3. s. 299-309. ISSN 0957-5146.

MORIARTY, M. 2009. Normalising language through television: the case of the Irish language television channel, TG4. In: Journal of Multicultural Discourses. 2009. vol. 4, no. 2, s. 137-149. ISSN 1744-7143.

Ó HIFERNÁIN, T. 2008. Raising Children to be Bilingual in the Gaeltacht: Language Preference and Practice. In: International Journal of Bilingual Education and Bilingualism. 2008. vol. 10, no. 4, s. 510-528. ISSN 1367-0050.

Ó LAOIRE, M. 2012. Language policy and minority language education in Ireland: re-exploring the issues. In: Language, Culture and Curriculum. 2012. vol 25, no. 1, s. 17-25. ISSN 0790-8318.

Ó RIAIN, S. 2010. Irish and Scottish Gaelic. A European Perspective. In: Naukovij visnik Volinskogo nacional'nogo universitetu imeni Lesi Ukrainki. 2010. s. 262-267.

Ó TUATHAIGH, G. 1988. The Celts II. In: BBC, The People of Ireland. Dublin: The Appletree Press, 1988. pp. 40-54. ISBN 0-86281-198-8.

Ó TOOLE, C, FLETCHER, P. 2010. Validity of a Parent Report Instrument for Irish-Speaking Toddlers. In: First Language. 2010. s. 199-217.

SLATINSKÁ, A. 2014. Irish language as a part of cultural identity of the Irish. In European journal of social and human sciences. - Banská Bystrica : Univerzita Mateja Bela v Banskej Bystrici, Filozofická fakulta, 2014. - ISSN 1339-6773. - Vol. 3, no. 3 (2014), pp.151-155.

Language of instruction:

English language B2

Notes:student time load:

Student workload: 90 hrs

seminar course (S): 13 hrs

preliminary test preparation: 37 hrs

study for the final written test: 40 hrs

Course assessment

The final number of assessed students: 37

A	B	C	D	E	FX(0)	FX(1)	n
18.92	27.03	2.7	24.32	16.22	5.41	5.41	0.0

Instructor: Mgr. Anna Slatinská, PhD., univ. doc., M.A. James Ó Conaill

Last changed: 29.04.2022

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-316	Course name: Irish Language 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: I.	
Prerequisites:	
Course completion conditions: The students will take part in a preliminary assessment (a test). After the semester students will take part in the final written exam. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. Credits will not be assigned to the student who will fail to submit the preliminary test during semester or gaining less than 10 points, being a part of preliminary assessment. The student has the right to resit the preliminary test and one resit of the final written exam. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%)	
Learning objectives: Irish Language Irish Language will explore basic conversational Irish phrases, common vocabulary, as well as basic grammar and phonology so as to enable students to form and correctly pronounce grammatical sentences with independently-learned vocabulary. Irish Language 1 aims to give students; - an ability to read and pronounce Irish as pronounced by native Irish-speakers - a knowledge of the International Phonetic Alphabet as applied to Irish - a knowledge of basic Irish vocabulary - a knowlede of basic Irish grammar and grammatical terminology - an ability to form basic grammatical sentences involving various parts of speech (prepositions, pronouns, nouns, adjectives, verbs, adverbs, etc.)	
Brief outline of the course: Introduction Irish language and its position in the Irish Constitution Characteristics of the Irish language (in comparison to other Celtic languages) Key facts about the Irish language Basic phrases in the Irish language Introducing yourself in the Irish language Sentence elements Sentence structure in the Irish language	

Recommended literature:

Irish dictionaries;

- <https://www.teanglann.ie/en/fgb/>

- https://en.wiktionary.org/wiki/Category:Irish_lemmas

- Dineen's Dictionary (pre-standardised spelling) - <http://www.scriobh.ie/page.aspx?id=26&l=2>

General Irish-language resources;

- <http://nualeargais.ie/foghlaim/>

- Bibliography of Irish Linguistics and Literature; <https://bill.celt.dias.ie/vol4/index2.html>

Irish grammar;

- <http://nualeargais.ie/gnag/gram.htm>

- Graméar na Gaedhilge (1906) - <https://en.wikisource.org/wiki/Graim>

%C3%A9ar_na_Gaedhilge

Resources for Munster Irish;

- Myles Dillon & Donncha Ó Cróinín; 1961, Teach Yourself Irish (<https://ia801608.us.archive.org/34/items/TeachYourselfIrish/TYI1961.pdf>)

(in French)

- Marie-Louise Sjoestedt-Jonval; 1931, Phonétique d'un parler irlandais de Kerry

https://fr.wikisource.org/wiki/Phon%C3%A9tique_d%E2%80%99un_parler_irlandais_de_Kerry

- Marie-Louise Sjoestedt-Jonval; 1938, Description de un parler irlandais de Kerry

https://fr.wikisource.org/wiki/Description_d%E2%80%99un_parler_irlandais_de_Kerry

Irish-language History;

- Doyle, Aidan; 2015, A History of the Irish Language: From the Norman Invasion to Independence. Oxford.

- The Story of English (effect on Irish language) – Episode 8 “The Loaded Weapon” (in 7 parts) <https://www.youtube.com/watch?v=hsOduU-20qk&list=PL1DAC7C41112A9B3E>

Authors of Munster Irish;

“The Blasket-Island Writers”; Tomás Ó Criomhthain, Muiris Ó Súilleabháin, Peig Sayers

<https://www.youtube.com/watch?v=DM166JoI-Us> - Oileán Eile (“Another Island”)

- Tomás Ó Criomhthain; https://wikisource.org/wiki/Author:Tom%C3%A1s_

%C3%93_Criomhthain

An t-Oileánach (“The Islandman”)

- Muiris Ó Súilleabháin;

Fiche Blia[dha]n ag Fás (“Twenty Years a-Growing”)

- Peig Sayers;

Peig – A Scéal Féin (Peg – Her Own Story)

Machtnamh Seanamhná (The Reflections of an Old Woman)

- Peadar Ua Laoghaire; https://wikisource.org/wiki/Author:Peadar_Ua_Laoghaire

Mo Sgéal Féin (“My Own Story”);

https://wikisource.org/wiki/Mo_Sg%C3%A9al_F%C3%A9in (with audio of native speaker)

Irish-Language Media;

- Raidió na Gaeltachta, <https://www.rte.ie/rnag/>

- TG4, <https://www.tg4.ie/ga/>

BILOVESKÝ, V. 2012. Globalizácia ako negatívum rozvoja. In: Studia russico-slovaca 1.

Ružomberok : UC Rosenbergensis. s. 119 – 122. ISBN 978-8080-8497-02.

BILOVESKÝ, V. 2013. Does Integrating Europe Need Polylingualism and Multiculturalism? In: European Researcher. Vol. 42, no. 2-3, s. 455-461.

DE PAOR. 1988. The People of Ireland. In: The People of Ireland. 1988. Dublin : The Appletree Press. ISBN 0-86281-198-8.

MHIC MHATHÚNA, M. 2008. Supporting children's participation in second-language stories in an Irish-language preschool. In: Early Years: An International Research Journal. 2008. vol, 28, no. 3. s. 299-309. ISSN 0957-5146.

MORIARTY, M. 2009. Normalising language through television: the case of the Irish language television channel, TG4. In: Journal of Multicultural Discourses. 2009. vol. 4, no. 2, s. 137-149. ISSN 1744-7143.

Ó HIFERNÁIN, T. 2008. Raising Children to be Bilingual in the Gaeltacht: Language Preference and Practice. In: International Journal of Bilingual Education and Bilingualism. 2008. vol. 10, no. 4, s. 510-528. ISSN 1367-0050.

Ó LAOIRE, M. 2012. Language policy and minority language education in Ireland: re-exploring the issues. In: Language, Culture and Curriculum. 2012. vol 25, no. 1, s. 17-25. ISSN 0790-8318.

Ó RIAIN, S. 2010. Irish and Scottish Gaelic. A European Perspective. In: Naukovij visnik Volinskogo nacional'nogo universitetu imeni Lesi Ukrainki. 2010. s. 262-267.

Ó TUATHAIGH, G. 1988. The Celts II. In: BBC, The People of Ireland. Dublin: The Appletree Press, 1988. pp. 40-54. ISBN 0-86281-198-8.

Ó TOOLE, C, FLETCHER, P. 2010. Validity of a Parent Report Instrument for Irish-Speaking Toddlers. In: First Language. 2010. s. 199-217.

SLATINSKÁ, A. 2014. Irish language as a part of cultural identity of the Irish. In European journal of social and human sciences. - Banská Bystrica : Univerzita Mateja Bela v Banskej Bystrici, Filozofická fakulta, 2014. - ISSN 1339-6773. - Vol. 3, no. 3 (2014), pp.151-155.

Language of instruction:

English language B2

Notes:student time load:

Student workload: 90 hrs

seminar course (S): 13 hrs

preliminary test preparation: 37 hrs

study for the final written test: 40 hrs

Course assessment

The final number of assessed students: 6

A	B	C	D	E	FX(0)	FX(1)	n
66.67	16.67	16.67	0.0	0.0	0.0	0.0	0.0

Instructor: Mgr. Anna Slatinská, PhD., univ. doc., M.A. James Ó Conaill

Last changed: 14.09.2023

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-308	Course name: Irish Language 2
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: I.	
Prerequisites:	
Course completion conditions: Each student will take an in-class written and aural exam at the end of the course. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. Credits will not be assigned to the student who will fail to submit the seminar work during semester or gaining less than the pass grade of 65%. The student has the right to modify the seminar work if it is considered inadequate and/or present a second time. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%).	
Learning objectives: Irish Language 2 will further explore basic conversational Irish phrases, common vocabulary, as well as basic grammar and phonology which students will have been introduced to during Irish Language 1. Students will be enabled to further develop their communicative skills in Irish towards achieving an A1 level at the CEFR. Irish Language 2 aims to give students: - an ability to read and pronounce Irish as pronounced by native Irish-speakers, - a further developed vocabulary in line with an A1 level at the CEFR, - a working knowledge of basic Irish grammar and grammatical terminology, - an ability to form basic grammatical sentences involving various parts of speech (prepositions, pronouns, nouns, adjectives, verbs, adverbs, etc.), - an ability to make simple dialogues and communicate on basic topics such as family, food, travelling.	
Brief outline of the course: Week 1: Review of language introduced in Irish Language 1. Week 2: An tAinm Briathartha. Talking about current actions and pastimes I. Week 3: An tAinm Briathartha. Talking about current actions and pastimes II. Week 4: An tAinm Briathartha. Talking about current actions and pastimes III. Week 5: Likes and Dislikes. Prepositional pronoun: le Week 6: Likes and Dislikes II. Week 7: Talking About sickness. Going to the doctor. Week 8: An tAinm Briathartha IV. Purpose and cause. Week 9: An Aimsir Láithreach (The present habitual tense). Review.	

Week 10: Review of topics. Week 11: Food and Drink. Week 12: Review. Week 13: Exam.							
Recommended literature: • Ó Domhnaill, T. 1967, Buntús cainte: a first step in spoken Irish, Oifig an tSoláthair, Baile Átha Cliath. • Teastas Eorpach na Gaeilge (European Certificate of Irish) Welcome to Teastas Eorpach na Gaeilge (teg.ie) • Bibliography of Irish Linguistics and Literature: https://bill.celt.dias.ie/vol4/index2.html • Irish grammar; - http://nualeargais.ie/gnag/gram.htm • Raidió na Gaeltachta, https://www.rte.ie/rnag/ • TG4, https://www.tg4.ie/ga/ • SLATINSKÁ, A. 2014. Irish language as a part of cultural identity of the Irish. In European journal of social and human sciences. - Banská Bystrica : Univerzita Mateja Bela v Banskej Bystrici, Filozofická fakulta, 2014. - ISSN 1339-6773. - Vol. 3, no. 3 (2014), pp.151-155							
Language of instruction: English language B2							
Notes:student time load: Student workload: 90 hrs seminar course (S): 13 hrs self-study: 77 hrs							
Course assessment The final number of assessed students: 15							
A	B	C	D	E	FX(0)	FX(1)	n
46.67	20.0	20.0	6.67	0.0	6.67	0.0	0.0
Instructor: Mgr. Anna Slatinská, PhD., univ. doc., M.A. James Ó Conaill							
Last changed: 31.01.2024							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-310	Course name: Irish Language 3
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: The students will take part in a preliminary assessment (a test). After the semester students will take part in the final written exam. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. Credits will not be assigned to the student who will fail to submit the preliminary test during semester or gaining less than 10 points, being a part of preliminary assessment. The student has the right to resit the preliminary test and one resit of the final written exam. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%)	
Learning objectives: Irish Language 1 aims to give students; - an ability to read and pronounce Irish as pronounced by native Irish-speakers - a knowledge of the International Phonetic Alphabet as applied to Irish - a knowledge of basic Irish vocabulary - a knowlede of basic Irish grammar and grammatical terminology - an ability to form basic grammatical sentences involving various parts of speech (prepositions, pronouns, nouns, adjectives, verbs, adverbs, etc.) -is able to make simple dialogues and communicate on basic topics such as family, food, travelling. -enhances listening and reading skills on pre-intermediate level	
Brief outline of the course:	
Recommended literature: Irish dictionaries; - https://www.teanglann.ie/en/fgb/ - https://en.wiktionary.org/wiki/Category:Irish_lemmas - Dineen's Dictionary (pre-standardised spelling) - http://www.scriobh.ie/page.aspx?id=26&l=2 General Irish-language resources; - http://nualeargais.ie/foghlaim/ - Bibliography of Irish Linguistics and Literature; https://bill.celt.dias.ie/vol4/index2.html Irish grammar; - http://nualeargais.ie/gnag/gram.htm	

- Graiméar na Gaedhilge (1906) - https://en.wikisource.org/wiki/Graim%C3%A9ar_na_Gaedhilge
Resources for Munster Irish;
- Myles Dillon & Donncha Ó Cróinín; 1961, Teach Yourself Irish (<https://ia801608.us.archive.org/34/items/TeachYourselfIrish/TYI1961.pdf>)
(in French)
- Marie-Louise Sjoestedt-Jonval; 1931, Phonétique d'un parler irlandais de Kerry
https://fr.wikisource.org/wiki/Phon%C3%A9tique_d%E2%80%99un_parler_irlandais_de_Kerry
- Marie-Louise Sjoestedt-Jonval; 1938, Description de un parler irlandais de Kerry
https://fr.wikisource.org/wiki/Description_d%E2%80%99un_parler_irlandais_de_Kerry
- Irish-language History;
- Doyle, Aidan; 2015, A History of the Irish Language: From the Norman Invasion to Independence. Oxford.
- The Story of English (effect on Irish language) – Episode 8 “The Loaded Weapon” (in 7 parts)
<https://www.youtube.com/watch?v=hsOduU-20qk&list=PL1DAC7C41112A9B3E>
- Authors of Munster Irish;
“The Blasket-Island Writers”; Tomás Ó Criomhthain, Muiris Ó Súilleabháin, Peig Sayers
<https://www.youtube.com/watch?v=DM166JoI-Us> - Oileán Eile (“Another Island”)
- Tomás Ó Criomhthain; https://wikisource.org/wiki/Author:Tom%C3%A1s_%C3%93_Criomhthain
An t-Oileánach (“The Islandman”)
- Muiris Ó Súilleabháin;
Fiche Blia[dha]n ag Fás (“Twenty Years a-Growing”)
- Peig Sayers;
Peig – A Scéal Féin (Peg – Her Own Story)
Machtnamh Seanamhná (The Reflections of an Old Woman)
- Peadar Ua Laoghaire; https://wikisource.org/wiki/Author:Peadar_Ua_Laoghaire
Mo Sgéal Féin (“My Own Story”);
https://wikisource.org/wiki/Mo_Sg%C3%A9al_F%C3%A9in (with audio of native speaker)
- Irish-Language Media;
- Raidió na Gaeltachta, <https://www.rte.ie/rnag/>
- TG4, <https://www.tg4.ie/ga/>
- BILOVESKÝ, V. 2012. Globalizácia ako negatívum rozvoja. In: *Studia russico-slovaca* 1. Ružomberok : UC Rosenbergensis. s. 119 – 122. ISBN 978-8080-8497-02.
- BILOVESKÝ, V. 2013. Does Integrating Europe Need Polylingualism and Multiculturalism? In: *European Researcher*. Vol. 42, no. 2-3, s. 455-461.
- DE PAOR. 1988. The People of Ireland. In: *The People of Ireland*. 1988. Dublin : The Appletree Press. ISBN 0-86281-198-8.
- MHIC MHATHÚNA, M. 2008. Supporting children’s participation in second-language stories in an Irish-language preschool. In: *Early Years: An International Research Journal*. 2008. vol, 28, no. 3. s. 299-309. ISSN 0957-5146.
- MORIARTY, M. 2009. Normalising language through television: the case of the Irish language television channel, TG4. In: *Journal of Multicultural Discourses*. 2009. vol. 4, no. 2, s. 137-149. ISSN 1744-7143.
- Ó HIFERNÁIN, T. 2008. Raising Children to be Bilingual in the Gaeltacht: Language Preference and Practice. In: *International Journal of Bilingual Education and Bilingualism*. 2008. vol. 10, no. 4, s. 510-528. ISSN 1367-0050.
- Ó LAOIRE, M. 2012. Language policy and minority language education in Ireland: re-exploring the issues. In: *Language, Culture and Curriculum*. 2012. vol 25, no. 1, s. 17-25. ISSN 0790-8318.

Ó RIAIN, S. 2010. Irish and Scottish Gaelic. A European Perspective. In: Naukovij visnik Volinskogo nacional'nogo universitetu imeni Lesi Ukrainki. 2010. s. 262-267.

Ó TUATHAIGH, G. 1988. The Celts II. In: BBC, The People of Ireland. Dublin: The Appletree Press, 1988. pp. 40-54. ISBN 0-86281-198-8.

Ó TOOLE, C, FLETCHER, P. 2010. Validity of a Parent Report Instrument for Irish-Speaking Toddlers. In: First Language. 2010. s. 199-217.

SLATINSKÁ, A. 2014. Irish language as a part of cultural identity of the Irish. In European journal of social and human sciences. - Banská Bystrica : Univerzita Mateja Bela v Banskej Bystrici, Filozofická fakulta, 2014. - ISSN 1339-6773. - Vol. 3, no. 3 (2014), pp.151-155.

Language of instruction:

English Language B2

Notes:student time load:

Student workload: 90 hrs
seminar course (S): 13 hrs
preliminary test preparation: 37 hrs
study for the final written test: 40 hrs

Course assessment

The final number of assessed students: 5

A	B	C	D	E	FX(0)	FX(1)	n
20.0	60.0	20.0	0.0	0.0	0.0	0.0	0.0

Instructor: Mgr. Anna Slatinská, PhD., univ. doc., M.A. James Ó Conaill

Last changed: 29.04.2022

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-307	Course name: Irish Studies 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: The students will elaborate a seminar work on the given topic (10 pages). After the semester students will take part in the final written exam. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. Credits will not be assigned to the student who will fail to submit the seminar work during semester or gaining less than 10 points, being a part of preliminary assessment. The student has the right to modify the seminar work if it is considered inadequate and one resit of the final written exam. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%)	
Learning objectives: The student will be able: 1. To use the required facts and basic concepts studied in the subject (cultural, social, political and economic aspects of Irish identity, linguistic, cultural and social diversity of Irish Republic). 2. To define and describe required facts about Irish language, national and cultural identity, Irish culture as a part of identity, education system, language policy, revitalization, language normalization, multiculturalism, diversity. 3. To apply the acquired facts in different situational contexts (dialogues, presentations, discussions). 4. To evaluate studied facts and data on the given topics (language death, vitality of the Irish language, challenges of Irish language acquisition in the context of 21st century, future of the Irish language, European context - challenges and perspectives for the Irish language). 5. To critically analyse thoughts, statements, documents and other materials inevitable for the successful completion of the subject (following the recommended literature - books, articles, documents, etc.). 6. To elaborate a seminar work on the selected topic on the basis of acquired knowledge in the given subject	
Brief outline of the course: An introduction to Irish Studies	

Irish studies - geographical, cultural, social aspects of Irish Identity, linguistic, cultural diversity in Ireland

Strana: 2

Landscape as a factor of creating identity

Irish language

Irish language in the context of national and cultural identity of the Irish

Irish language and education system

Irish identity

Organizations supporting Irish language acquisition

Galway - future ECOC?

Education - NUIG, Department of Irish Language, Centre for Irish Studies

Irish language revitalization

Current challenges in the area of minority languages acquisition

20-year strategy for the Irish language 2010-2030

Irish language and media

Other important topics:

Irish Studies 1 explores topics such as the pre-Indo-European history of Ireland, the arrival of the Celts, Ancient Brehon/Irish Law, The Vikings in Ireland (795-1014), The Battle of Clontarf (1014), The Anglo-Norman Invasion (1169), the Lordship of Ireland (1177-1542), the Statutes of Kilkenny (1366), the Tudor Conquest of Ireland, the Battle of Kinsale (1601), the Ulster Plantations, and Oliver Cromwell's Invasion of Ireland (1649-1653), etc.

Final summary of the course

Recommended literature:

BILOVESKÝ, V. 2012. Globalizácia ako negatívum rozvoja. In: Studia russico-slovaca 1. Ružomberok : UC Rosenbergensis. s. 119 – 122. ISBN 978-8080-8497-02.

BILOVESKÝ, V. 2013. Does Integrating Europe Need Polylingualism and Multiculturalism? In: European Researcher. Vol. 42, no. 2-3, s. 455-461.

DE PAOR. 1988. The People of Ireland. In: The People of Ireland. 1988. Dublin : The Appletree Press. ISBN 0-86281-198-8.

MHIC MHATHÚNA, M. 2008. Supporting children's participation in second-language stories in an Irish-language preschool. In: Early Years: An International Research Journal. 2008. vol, 28, no. 3. s. 299-309. ISSN 0957-5146.

MORIARTY, M. 2009. Normalising language through television: the case of the Irish language television channel, TG4. In: Journal of Multicultural Discourses. 2009. vol. 4, no. 2, s. 137-149. ISSN 1744-7143.

Ó HIFEARNÁIN, T. 2008. Raising Children to be Bilingual in the Gaeltacht: Language Preference and Practice. In: International Journal of Bilingual Education and Bilingualism. 2008. vol. 10, no. 4, s. 510-528. ISSN 1367-0050.

Ó LAOIRE, M. 2012. Language policy and minority language education in Ireland: re-exploring the issues. In: Language, Culture and Curriculum. 2012. vol 25, no. 1, s. 17-25. ISSN 0790-8318.

Ó RIAIN, S. 2010. Irish and Scottish Gaelic. A European Perspective. In: Naukovij visnik Volinskogo nacional'nogo universitetu imeni Lesi Ukrainki. 2010. s. 262-267.

Ó TUATHAIGH, G. 1988. The Celts II. In: BBC, The People of Ireland. Dublin: The Appletree Press, 1988. pp. 40-54. ISBN 0-86281-198-8.

Ó TOOLE, C, FLETCHER, P. 2010. Validity of a Parent Report Instrument for Irish-Speaking Toddlers. In: First Language. 2010. s. 199-217.

SLATINSKÁ, A. 2014. Irish language as a part of cultural identity of the Irish.

In European journal of social and human sciences. - Banská Bystrica : Univerzita Mateja Bela v Banskej Bystrici, Filozofická fakulta, 2014. - ISSN 1339-6773. - Vol. 3, no. 3 (2014), pp.151-155.

Language of instruction:

English language B2

Notes:student time load:

Student workload: 90 hrs

seminar course (S): 13 hrs

elaboaration of seminar work: 37 hrs

study for the final written test: 40 hrs

Course assessment

The final number of assessed students: 34

A	B	C	D	E	FX(0)	FX(1)	n
29.41	41.18	23.53	0.0	2.94	2.94	0.0	0.0

Instructor: Mgr. Anna Slatinská, PhD., univ. doc., M.A. James Ó Conaill

Last changed: 29.04.2022

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-317	Course name: Irish Studies 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: The students will elaborate a seminar work on the given topic (10 pages). After the semester students will take part in the final written exam. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. Credits will not be assigned to the student who will fail to submit the seminar work during semester or gaining less than 10 points, being a part of preliminary assessment. The student has the right to modify the seminar work if it is considered inadequate and one resit of the final written exam. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%)	
Learning objectives: The student will be able: 1. To use the required facts and basic concepts studied in the subject (cultural, social, political and economic aspects of Irish identity, linguistic, cultural and social diversity of Irish Republic). 2. To define and describe required facts about Irish language, national and cultural identity, Irish culture as a part of identity, education system, language policy, revitalization, language normalization, multiculturalism, diversity. 3. To apply the acquired facts in different situational contexts (dialogues, presentations, discussions). 4. To evaluate studied facts and data on the given topics (language death, vitality of the Irish language, challenges of Irish language acquisition in the context of 21st century, future of the Irish language, European context - challenges and perspectives for the Irish language). 5. To critically analyse thoughts, statements, documents and other materials inevitable for the successful completion of the subject (following the recommended literature - books, articles, documents, etc.). 6. To elaborate a seminar work on the selected topic on the basis of acquired knowledge in the given subject	
Brief outline of the course: An introduction to Irish Studies	

Irish studies - geographical, cultural, social aspects of Irish Identity, linguistic, cultural diversity in Ireland

Strana: 2

Landscape as a factor of creating identity

Irish language

Irish language in the context of national and cultural identity of the Irish

Irish language and education system

Irish identity

Organizations supporting Irish language acquisition

Galway - future ECOC?

Education - NUIG, Department of Irish Language, Centre for Irish Studies

Irish language revitalization

Current challenges in the area of minority languages acquisition

20-year strategy for the Irish language 2010-2030

Irish language and media

Other important topics:

Irish Studies 1 explores topics such as the pre-Indo-European history of Ireland, the arrival of the Celts, Ancient Brehon/Irish Law, The Vikings in Ireland (795-1014), The Battle of Clontarf (1014), The Anglo-Norman Invasion (1169), the Lordship of Ireland (1177-1542), the Statutes of Kilkenny (1366), the Tudor Conquest of Ireland, the Battle of Kinsale (1601), the Ulster Plantations, and Oliver Cromwell's Invasion of Ireland (1649-1653), etc.

Final summary of the course

Recommended literature:

BILOVESKÝ, V. 2012. Globalizácia ako negatívum rozvoja. In: Studia russico-slovaca 1. Ružomberok : UC Rosenbergensis. s. 119 – 122. ISBN 978-8080-8497-02.

BILOVESKÝ, V. 2013. Does Integrating Europe Need Polylingualism and Multiculturalism? In: European Researcher. Vol. 42, no. 2-3, s. 455-461.

DE PAOR. 1988. The People of Ireland. In: The People of Ireland. 1988. Dublin : The Appletree Press. ISBN 0-86281-198-8.

MHIC MHATHÚNA, M. 2008. Supporting children's participation in second-language stories in an Irish-language preschool. In: Early Years: An International Research Journal. 2008. vol, 28, no. 3. s. 299-309. ISSN 0957-5146.

MORIARTY, M. 2009. Normalising language through television: the case of the Irish language television channel, TG4. In: Journal of Multicultural Discourses. 2009. vol. 4, no. 2, s. 137-149. ISSN 1744-7143.

Ó HIFEARNÁIN, T. 2008. Raising Children to be Bilingual in the Gaeltacht: Language Preference and Practice. In: International Journal of Bilingual Education and Bilingualism. 2008. vol. 10, no. 4, s. 510-528. ISSN 1367-0050.

Ó LAOIRE, M. 2012. Language policy and minority language education in Ireland: re-exploring the issues. In: Language, Culture and Curriculum. 2012. vol 25, no. 1, s. 17-25. ISSN 0790-8318.

Ó RIAIN, S. 2010. Irish and Scottish Gaelic. A European Perspective. In: Naukovij visnik Volinskogo nacional'nogo universitetu imeni Lesi Ukrainki. 2010. s. 262-267.

Ó TUATHAIGH, G. 1988. The Celts II. In: BBC, The People of Ireland. Dublin: The Appletree Press, 1988. pp. 40-54. ISBN 0-86281-198-8.

Ó TOOLE, C, FLETCHER, P. 2010. Validity of a Parent Report Instrument for Irish-Speaking Toddlers. In: First Language. 2010. s. 199-217.

SLATINSKÁ, A. 2014. Irish language as a part of cultural identity of the Irish.

In European journal of social and human sciences. - Banská Bystrica : Univerzita Mateja Bela v Banskej Bystrici, Filozofická fakulta, 2014. - ISSN 1339-6773. - Vol. 3, no. 3 (2014), pp.151-155.

Language of instruction:

English language B2

Notes:student time load:

Student workload: 90 hrs

seminar course (S): 13 hrs

elaboaration of seminar work: 37 hrs

study for the final written test: 40 hrs

Course assessment

The final number of assessed students: 6

A	B	C	D	E	FX(0)	FX(1)	n
16.67	66.67	0.0	0.0	0.0	16.67	0.0	0.0

Instructor: Mgr. Anna Slatinská, PhD., univ. doc., M.A. James Ó Conaill

Last changed: 14.09.2023

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-309	Course name: Irish Studies 2
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester:	
Level: I.	
Prerequisites:	
Course completion conditions: The students will elaborate a seminar work on the given topic (10 pages). After the semester students will take part in the final written exam. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. Credits will not be assigned to the student who will fail to submit the seminar work during semester or gaining less than 10 points, being a part of preliminary assessment. The student has the right to modify the seminar work if it is considered inadequate and one resit of the final written exam. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%)	
Learning objectives: The student will be able: 1. To use the required facts and basic concepts studied in the subject (cultural, social, political and economic aspects of Irish identity, linguistic, cultural and social diversity of Irish Republic). 2. To define and describe required facts about Irish language, national and cultural identity, Irish culture as a part of identity, education system, language policy, revitalization, language normalization, multiculturalism, diversity. 3. To apply the acquired facts in different situational contexts (dialogues, presentations, discussions). 4. To evaluate studied facts and data on the given topics (language death, vitality of the Irish language, challenges of Irish language acquisition in the context of 21st century, future of the Irish language, European context - challenges and perspectives for the Irish language). 5. To critically analyse thoughts, statements, documents and other materials inevitable for the successful completion of the subject (following the recommended literature - books, articles, documents, etc.). 6. To elaborate a seminar work on the selected topic on the basis of acquired knowledge in the given subject	
Brief outline of the course: An introduction to Irish Studies	

Future of the Irish language
 Language death and Irish language revitalization
 Gaeltacht and its future
 Irish language education nowadays
 Irish language standarization
 Sean-nós as a part of Irish cultural and national identity
 Selected chapters from the Irish studies:
 Irish studies - geographical, cultural, social aspects of Irish Identity, linguistic, cultural diversity in Ireland
 Landscape as a factor of creating identity
 Irish language
 Irish language in the context of national and cultural identity of the Irish
 Irish language and education system
 Irish identity
 Organizations supporting Irish language acquisition
 Galway - future ECOC?
 Education - NUIG, Department of Irish Language, Centre for Irish Studies
 Irish language revitalization
 Current challenges in the area of minority languages acquisition
 20-year strategy for the Irish language 2010-2030
 Irish language and media

Recommended literature:

BILOVESKÝ, V. 2012. Globalizácia ako negatívum rozvoja. In: Studia russico-slovaca 1. Ružomberok : UC Rosenbergensis. s. 119 – 122. ISBN 978-8080-8497-02.
 BILOVESKÝ, V. 2013. Does Integrating Europe Need Polylingualism and Multiculturalism? In: European Researcher. Vol. 42, no. 2-3, s. 455-461.
 DE PAOR. 1988. The People of Ireland. In: The People of Ireland. 1988. Dublin : The Appletree Press. ISBN 0-86281-198-8.
 MHIC MHATHÚNA, M. 2008. Supporting children's participation in second-language stories in an Irish-language preschool. In: Early Years: An International Research Journal. 2008. vol, 28, no. 3. s. 299-309. ISSN 0957-5146.
 MORIARTY, M. 2009. Normalising language through television: the case of the Irish language television channel, TG4. In: Journal of Multicultural Discourses. 2009. vol. 4, no. 2, s. 137-149. ISSN 1744-7143.
 Ó HIFERNÁIN, T. 2008. Raising Children to be Bilingual in the Gaeltacht: Language Preference and Practice. In: International Journal of Bilingual Education and Bilingualism. 2008. vol. 10, no. 4, s. 510-528. ISSN 1367-0050.
 Ó LAOIRE, M. 2012. Language policy and minority language education in Ireland: re-exploring the issues. In: Language, Culture and Curriculum. 2012. vol 25, no. 1, s. 17-25. ISSN 0790-8318.
 Ó RIAIN, S. 2010. Irish and Scottish Gaelic. A European Perspective. In: Naukovij visnik Volinskogo nacional'nogo universitetu imeni Lesi Ukrainki. 2010. s. 262-267.
 Ó TUATHAIGH, G. 1988. The Celts II. In: BBC, The People of Ireland. Dublin: The Appletree Press, 1988. pp. 40-54. ISBN 0-86281-198-8.
 Ó TOOLE, C, FLETCHER, P. 2010. Validity of a Parent Report Instrument for Irish-Speaking Toddlers. In: First Language. 2010. s. 199-217.
 SLATINSKÁ, A. 2014. Irish language as a part of cultural identity of the Irish. In European journal of social and human sciences. - Banská Bystrica : Univerzita Mateja Bela v Banskej Bystrici, Filozofická fakulta, 2014. - ISSN 1339-6773. - Vol. 3, no. 3 (2014), pp.151-155.

Language of instruction: English language B2							
Notes:student time load: Student workload: 90 hrs seminar course (S): 13 hrs elaboaration of seminar work: 37 hrs study for the final written test: 40 hrs							
Course assessment The final number of assessed students: 18							
A	B	C	D	E	FX(0)	FX(1)	n
44.44	50.0	0.0	0.0	0.0	5.56	0.0	0.0
Instructor: Mgr. Anna Slatinská, PhD., univ. doc., M.A. James Ó Conaill							
Last changed: 29.04.2022							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-311	Course name: Irish Studies 3
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 3.	
Level: I.	
Prerequisites:	
Course completion conditions: The students will elaborate a seminar work on the given topic (10 pages). After the semester students will take part in the final written exam. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. Credits will not be assigned to the student who will fail to submit the seminar work during semester or gaining less than 10 points, being a part of preliminary assessment. The student has the right to modify the seminar work if it is considered inadequate and one resit of the final written exam. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%)	
Learning objectives: The student will be able: 1. To use the required facts and basic concepts studied in the subject (cultural, social, political and economic aspects of Irish identity, linguistic, cultural and social diversity of Irish Republic). 2. To define and describe required facts about Irish language, national and cultural identity, Irish culture as a part of identity, education system, language policy, revitalization, language normalization, multiculturalism, diversity. 3. To apply the acquired facts in different situational contexts (dialogues, presentations, discussions). 4. To evaluate studied facts and data on the given topics (language death, vitality of the Irish language, challenges of Irish language acquisition in the context of 21st century, future of the Irish language, European context - challenges and perspectives for the Irish language). 5. To critically analyse thoughts, statements, documents and other materials inevitable for the successful completion of the subject (following the recommended literature - books, articles, documents, etc.). 6. To elaborate a seminar work on the selected topic on the basis of acquired knowledge in the given subject Irish Studies aims to give students; - an insight into the most important events in the history of Ireland	

- a knowledge of the chronology of significant events in the history of Ireland - a knowledge of the relation between various events in the history of Ireland - an appreciation of notable aspects of culture in Ireland throughout its history - an ability to write about Irish history and culture using modern academic conventions							
Brief outline of the course: Irish Studies 3 explores the most important events in the history of Ireland, along with discussing aspects of Irish culture such as the Irish language, music, poetry and literature, storytelling, mythology and religion, St. Patrick, the geography of Ireland, etc.							
Recommended literature: Resources; Database of cultural and historical documents - http://www.askaboutireland.ie/reading-room/ Links to databases of Irish history and culture https://www.ria.ie/irish-history-online/external-resources Logainm (Database of Placenames in Ireland) - https://www.logainm.ie/en/ History of Ireland - https://en.wikipedia.org/wiki/History_of_Ireland Cromwell in Ireland - http://www.olivercromwell.org/wordpress/?page_id=1837 The Irish Story - https://www.theirishstory.com/category/history/irish-history/#.X8X1OMj7TIU Bibliography of Irish Linguistics and Literature; https://bill.celt.dias.ie/vol4/index2.html Video Resources; - "The Origins of the Irish"; https://www.youtube.com/watch?v=ZdLUcBbYZqU - "Study Ireland: History" (in 8 episodes) - https://www.youtube.com/watch?v=QuO4C9_nn9g&list=PLmDLV-EiXI_ul7kamgxdLQuVX5hPEtxET - "The Story of Ireland" (in 5 episodes); https://www.youtube.com/watch?v=Jb11KxSGQpk&list=PL9ePwrw_5Jy0F2AHTbIcHjXTQ0g3VqftY - "DNA Caillte" ("Lost DNA") - The Battle of Kinsale (in Irish with English subtitles); https://www.tg4.ie/ga/player/seinn/?pid=6190954173001&title=In%20Aimsir%20Chogaidh&series=DNA%20Caillte&genre=Faisneis&pcode=095984 - Cromwell in Ireland, "God's Executioner" - https://www.youtube.com/watch?v=lWkBieHmV3s							
Language of instruction: English Language B2							
Notes:student time load: Student workload: 90 hrs seminar course (S): 13 hrs elaboration of seminar work: 37 hrs study for the final written test: 40 hrs							
Course assessment The final number of assessed students: 2							
A	B	C	D	E	FX(0)	FX(1)	n
50.0	0.0	50.0	0.0	0.0	0.0	0.0	0.0
Instructor: Mgr. Anna Slatinská, PhD., univ. doc., M.A. James Ó Conaill							
Last changed: 29.04.2022							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-uPPvK	Course name: Labour Law in a nutshell
Type, extent and method of instruction: Form of instruction: Lecture Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: The prerequisite for passing the course is attendance at a minimum of 90% of the teaching and active participation of students in class. The evaluation is in accordance with the classification scale according to the Study Regulations of Matej Bel University. a) continuous assessment: Continuous evaluation is not performed. b) final assessment: The basis for the award of the final grade is the demonstration of mastery of the knowledge of the lecture material, which is demonstrated in an active dialogue with the teacher in the teaching of the subject.	
Learning objectives: The graduate will have knowledge of the basic principles and functions of labor law, will be oriented in the basic provisions of the Labor Code, should be able to apply them to individual and collective labor relations in practical life.	
Brief outline of the course: 1. Concept and subject of labour law. Basic principles of labour law. 2. Subjects of labour law, labour law subjectivity. Pre-contractual relations. 3. Employment contract (essential elements, other arrangements). Probationary period. 4. Types of employment relationship. Fixed-term employment. Methods of termination of employment. 5. Agreement on termination of employment (subjects, form, reasons). Termination of employment (subjects, form, reasons). 6. Immediate termination of employment (subjects, form, reasons). Severance pay, severance pay. Prohibition of competing activities during and after termination of employment. 7. Working time (scheduling, length). Rest periods. 8. Overtime work, on-call time. Types of leave (brief characteristics). 9. Wages (brief characteristics). Maternity leave, parental leave. 10. Obstacles to work on the part of the employee. Obstacles to work on the employer's side. 11. Assumptions of liability for damages. Employee's liability for damages. 12. Employer's liability for damages. Agreements for work performed outside the employment relationship (brief characteristics).	

Recommended literature:

TKÁČ, V. - ŠVEC, M. - PETRÍKOVÁ, L. - POLÁČEK TUREKOVÁ, Z. - SLIVKA BEDLOVIČOVÁ, J. 2021. Pracovné právo. 1. vyd. Banská Bystrica: Belianum, 2021, 405 s. ISBN 978-80-557-1855-2.

PETRÍKOVÁ, L. 2021. Nové trendy v pracovnom práve. 1. vyd. Banská Bystrica: Belianum, 2021, 114 s. ISBN 978-80-557-1830-9.

PODHOREC, I. - POLÁČEK TUREKOVÁ, Z. - PETRÍKOVÁ, L. 2016. Repetitórium pracovného práva. 1. vydanie. Bratislava: Wolters Kluwer s. r. o., 2016, 95 s. Current wording - no. 311/2001 Coll. Labor Code as amended.

Language of instruction:

Slovak language

Notes:student time load:

90 hours

combined study (L, C): 26 hours

self-study: 64 hours

Course assessment

The final number of assessed students: 478

abs	n	p	v
91.63	8.37	0.0	0.0

Instructor: JUDr. Lucia Petriková, PhD.

Last changed: 22.05.2023

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: D_1_LPORP_cupv	Course name: Leadership, Entrepreneurship and Personal Development in Practice
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: a) Continuous assessment – Ideathon: 50 points b) Final assessment – active participation: 50 points.	
Learning objectives: After completing the course, the student will: 1. formulate their own vision and translate it into a specific project plan in the field of business, public services or the non-profit sector, 2. apply creative idea generation techniques and select solutions that respond to real social or market needs, 3. identify the problems of target groups and verify them through interviews, feedback and rapid testing, 4. propose a solution during a team Ideathon and transforms the idea into the basic concept of the project (business plan), 5. create a simple concept of a product, service or initiative and iteratively improve it based on feedback from mentors, 6. cooperate in a team, take on a leadership role and effectively coordinate work in solving a project challenge, 7. make decisions under conditions of time pressure and uncertainty typical of Ideathon and project work, 8. propose a basic model of project implementation including the value proposition and the expected impact, 9. effectively communicate the solution and present the project in the form of a short pitch in front of a panel of experts, 10. reflect on one's own learning process, analyzes mistakes and develops psychological resilience and entrepreneurial thinking, 11. builds self-confidence, authentic performance and the ability to receive constructive feedback.	
Brief outline of the course: The course is divided into 12 topics, which are provided by internal lecturers and external experts: 1. Introduction to leadership, entrepreneurship and personal development. Self-diagnosis through Gallup methodology (talent identification). Course objectives and completion conditions.	

2. Vision board. Creating a vision, setting goals, values and personal direction. Coaching. Teamwork.
3. Leadership in a team: management skills, roles in a team, coordination, conflict resolution. Project management. Strategic decision-making and project planning - business model, implementation plan, impact measurement.
4. Leader in practice 1: Change management as an effective tool.
5. Leader in practice 2: Leading an institution or project.
6. Identifying needs and problems, connecting with talents. Working with the target group, mapping stakeholders, validating the problem.
7. Product/service concept creation (team building).
8. Value proposition (1.Target customer, 2.Problem/Need, 3.Solution/Benefit, 4.Differentiation)
9. Ideathon with mentor support and use of AI tools (Business plan creation). Creative thinking and idea generation – ideation techniques in the areas of business, public services and the non-profit sector.
10. Ideathon evaluation (argumentation and presentation for potential investors). Communication, pitching and networking – presentation of solutions, storytelling, working with the audience.
11. Entrepreneur's story (inspirational lecture).
12. Final reflection and evaluation. Feedback.

Recommended literature:

1. Blank, S., & Dorf, B. (2012). The startup owner's manual: The step-by-step guide for building a great company. K&S Ranch.
2. Brown, B. (2025). Strong ground: The lessons of daring leadership, the tenacity of paradox, and the wisdom of the human spirit. Random House.
3. Brown, T. (2009). Change by design: How design thinking transforms organizations and inspires innovation. Harper Business.
4. Collins, J., & Lazier, B. (2020). Beyond entrepreneurship 2.0: Turning your business into an enduring great company. Random House.
5. Covey, S. R. (2014). 7 návyků skutečně efektivních lidí. Management Press.
6. Dees, J. G., Emerson, J., & Economy, P. (2002). Strategic tools for social entrepreneurs: Enhancing the performance of your enterprising nonprofit. John Wiley & Sons.
7. Drucker, P. F. (2007). Inovace a podnikavost: Praxe a principy. Management Press.
8. Kotter, J. P. (2012). Leading change (Rev. ed.). Harvard Business Review Press.
9. Knapp, J., Zeratsky, J., & Kowitz, B. (2016). Sprint: How to solve big problems and test new ideas in just five days. Simon & Schuster.
10. Mulgan, G. (2019). Social innovation: How societies find the power to change. Policy Press.
11. Osterwalder, A., & Pigneur, Y. (2010). Business model generation: A handbook for visionaries, game changers, and challengers. John Wiley & Sons.
12. Ries, E. (2011). The lean startup: How today's entrepreneurs use continuous innovation to create radically successful businesses. Crown Business.

Language of instruction:

Slovak, English

Notes:student time load:

90 hours, of which:

Combined study (L, S, C): M – 26 h.

Self-study: 30 h.

Preparation and implementation of the ideathon: 30 h.

Data collection: 4 h.

Course assessment							
The final number of assessed students: 0							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: Ing. Ivan Sedliačik, PhD., Ing. Michal Mešťan, PhD., MBA							
Last changed: 11.05.2026							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Arts							
Code: 1d-PVC-102		Course name: Leisure time pedagogy and methodology leisure activities					
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 4.							
Level: I.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction:							
Notes:student time load:							
Course assessment The final number of assessed students: 296							
A	B	C	D	E	FX(0)	FX(1)	n
47.97	21.28	8.78	6.42	5.74	5.07	4.73	0.0
Instructor: doc. Mgr. Lívia Nemcová, PhD.							
Last changed: 06.12.2021							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-fil-013	Course name: Logical Argumentation
Type, extent and method of instruction: Form of instruction: Lecture Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: I.	
Prerequisites:	
Course completion conditions: a) continuous assessment: Test in the thematic areas no. 1-4: 30% of assessment Test in the thematic areas no. 5-8: 30% of assessment b) final assessment: Reconstruction of argumentation of specialized text: 40% of assessment	
Learning objectives: Students: 1. Will be able to identify arguments and its form. 2. Will be able to identify logical forms of statements in Slovak. 3. Will be familiar with the applied basic rules of deduction and strategies of propositional logic. 4. Will be familiar with the use of basic techniques and rules of logical semantics.	
Brief outline of the course: 1. How to think logically – the validity of argumentation, deduction and induction, the meaning of the logical “must”, formal logic and formal correctness, identification of logical form, incorrectness, value of logic. 2. How to prove your arguments are logical in formal language for formal logic, formal language of propositional logic, arguments and derivation schemes, proof and rules of natural deduction, definition of the proof in propositional logic. 3. Implementing and removing of the logical conjunction, negation and double negation. 4. Conditionals – Modus Ponens, conditional proof, biconditional, Modus Tolens. 5. Implementing disjunction, disjunctive proof. 6. How to construct proofs – basic strategies, proof and subproof, Reductio ad Absurdum, derived rules. 7. Formal logic and semantics – syntax and semantics, principle of bivalence, truth functions, tables and logical conjunctions, creation of truth tables. 8. Tautologies, contradictions and statements with neutral form, semantic proof, semantic equivalence.	
Recommended literature: CMOREJ, P. (2001): Úvod do logickej syntaxe a sémantiky. Iris, Bratislava. GAHÉR (2003): Logika pre každého. Iris, Bratislava.	

ZOUHAR, M. (2008): Základy logiky pre spoločenskovedné a humanitné odbory. Veda, Bratislava.

Language of instruction:

Notes:student time load:

Student time load: 90 hrs

Combined studies (L, S, C): 26 hrs

Library study: 10 hrs

Reconstructing an argument in a scholarly text: 24 hrs

Preparation for tests: 30 hrs

Course assessment

The final number of assessed students: 234

A	B	C	D	E	FX(0)	FX(1)	n
35.47	26.07	18.8	9.4	4.7	0.0	5.56	0.0

Instructor: doc. Mgr. Martin Schmidt, PhD.

Last changed: 07.07.2025

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-001	Course name: Methodology and Statistics in Final Theses
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 5.	
Level: I.	
Prerequisites:	
Course completion conditions: The condition for the evaluation of the course is mandatory, active participation of the student in the class and consultation with the supervisor of the final thesis. During the teaching part of the semester, the student continuously works on the final thesis project, which he/she submits in electronic form by the deadline set by the course instructor. The outcome of the course is the successful completion/assessment of the final thesis project and a written test of the lecture content. The student must master the specified requirements for the final course evaluation. a) continuous assessment: - Written test from the content of lectures: max 40 points, min 26 points - Thesis project assessed by the supervisor: max 60 points, min 39 points. Both parts of the interim assessment can be corrected by the student in case of an insufficient assessment (FX) within the period for completion of study obligations within the deadlines set by the course teacher and the supervisor of the thesis. b) final assessment: - on the basis of a mid-term evaluation. The maximum number of points obtained for the mid-term and final evaluation is 100 points, which is 100 %. This corresponds to the grading scale (A = 100-94 %, B = 93-87 %, C = 86-80 %, D = 79-73 %, E = 72-65 %, FX = 64 % or less). Credit will be awarded to a student who has achieved a minimum of 65 % marks in both interim assessment tasks in order to fulfil the specified requirements and thus meet the requirements for the final assessment of the course. Credits will be awarded to a student who has achieved a minimum of 65 % marks in both interim assessment tasks in order to meet the requirements of the final assessment of the course. The award of credits is also subject to compliance with the minimum attendance criterion set by the course instructor (applicable only to students without an individual study plan).	
Learning objectives: Learning outcomes: The student: - has complex knowledge of thesis preparation and creation based including theory as well as practical skills - can find, process, and analyse the information pertaining to their field of study and understands the basics of methodology and statistics within the scope of their final thesis.	

Brief outline of the course:

Brief outline of the course:

Thesis structure.

Working with specialised literature and citation standards. Field-specific methodology. Content analysis.

Basic observation methods. Interview, questionnaire, survey. Sociometric techniques.

Evaluation and scaling. Testing motor skills and knowledge

Experiment.

Quantitative methods of survey result processing in research. Statistical data analysis.

Exploratory analysis basics. Basic terms in statistics.

Types of variable scales.

Types of selection.

Descriptive characteristics of statistical data.

Qualitative methods of survey result processing in research. Basics of logic and fact-based argumentation.

Specialised and scientific discussion.

Thesis defence preparation.

Recommended literature:

Recommended literature:

1. BROŽÁNI, J. 2019. Základy štatistiky : vysokoškolské skriptá pre študentov vedného odboru „Vedy o športe“, Nitra : Univerzita Konštantína Filozofa, 2019. 104 s. ISBN 978-80-558-1441-4.

2. HENDL, J. 2009. Přehled statistických metod: analýza a metaanalýza dat. Praha : Portál, 2009. 695 s. ISBN 978-80-7367-482-3.

3. HINTON, P.H. - McMURRAY, I. - BROWNLOW, CH. 2014. SPSS Explained. Londýn, New York : Routledge, Taylor & Francis Group, 2014. 386 s. ISBN 9780415616027.

4. CHRÁSKA, M. 2007. Metody pedagogického výskumu. Praha : Grada, 2007. 265 s. ISBN 978-80-247-1369-4.

5. KAMPMILLER, T.- CIHOVÁ, I. – ZAPLETALOVÁ L. 2010. Základy metodológie výskumu v telesnej výchove a športe. Bratislava : Univerzita Komenského Bratislava, 2010. 192 s. ISBN 97-88089-2572-70.

6. KATUŠČÁK, D. 1998. Ako písať vysokoškolské a kvalifikačné práce. Bratislava : Stimul, 1998. 117 s. ISBN 80-85697-82-3.

7. KOMPÁN, J – PAUGSCHOVÁ, B. – VALENČÁKOVÁ, V. 2010. Vedy o športe. Ústí nad Labem : Univerzita J.E. Purkyně, Pedagogická fakulta, 2010. 162 s. ISBN 978-80-7414-274-1.

8. PIVOVARNÍČEK, P. 2021. Bratislava : VEDA, vydavateľstvo Slovenskej akadémie vied & Praha : Nakladatelství Academia, Středisko společných činností AV ČR, v.v.i., 2021. 225 s. ISBN 978-80-200-3295-9 & ISBN 978-80-224-1889-4.

9. STARŠÍ, J. – GÖRNER, K. 1995. Vedeckovýskumná činnosť v telesnej výchove a športe - Učebné texty Banská Bystrica : FHV UMB, 1995. 84 s. ISBN 80-85162-88-1.

10. THOMAS, J.R., - NELSON, J.K., - SILVERMAN, S.J. 2015. Research Methods in Physical Activity. Champaign : Human Kinetics, 2015. 479 s. ISBN 978-1-4504-7044-5.

Language of instruction:**Notes:student time load:**

Notes: student time load

120 h.

Combined study (L, S, C): 26 h.

Thesis project preparation and presentation: 45 h.

Preparation for the final assessment: 49 h.						
Course assessment						
The final number of assessed students: 330						
A	B	C	D	E	FX(0)	FX(1)
5.15	13.03	21.82	20.3	23.64	3.64	12.42
Instructor: PaedDr. Jaroslav Kompán, PhD., prof. PaedDr. Ľudmila Jančoková, CSc., doc. PaedDr. Štefan Adamčák, PhD., prof. PaedDr. Pavol Bartík, PhD., PaedDr. Boris Beťák, PhD., Mgr. David Brúnn, PhD., prof. PaedDr. Ivan Čillík, CSc., Mgr. et Mgr. Jana Daubnerová, PhD., Mgr. Andrea Izáková, PhD., PaedDr. Rastislav Kollár, PhD., Mgr. Juraj Kremnický, PhD., univ. doc., MUDr. Mgr. Peter Kysel', PhD., PaedDr. Martina Mandzáková, PhD., univ. doc., doc. PaedDr. Jiří Michal, PhD., doc. PaedDr. Miroslav Nemec, PhD., PaedDr. Mgr. Lukáš Opáth, PhD., Mgr. Jaroslav Popelka, PhD., prof. PaedDr. Martin Pupiš, PhD., PaedDr. Zuzana Pupišová, PhD., univ. doc., Mgr. Miroslava Rošková, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD., Mgr. Michaela Slováková, PhD., PaedDr. Stanislava Straňavská, PhD., Mgr. Jozef Sýkora, PhD., doc. PhDr. Peter Šťastný, Ph.D., Mgr. Vladimír Franek, PhD., Mgr. Kristián Bako, PhD., Mgr. Michal Hlávek, PhD., Mgr. Marián Škorik, PhD.						
Last changed: 11.09.2024						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-204	Course name: Mountain Climbing Basics 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: Active attendance is required. a) continuous assessment: continuous assessment: The student proves their advanced knot-tying abilities. The student masters the alternative belaying methods (rope and other tools): 50 p. The student masters the more advanced climbing techniques on the artificial climbing wall using equipment: 50 p. b) final assessment: final assessment: The maximum number of points consisting of continuous and final assessment is 100 (=100%). Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: Learning outcomes: The student masters the basics of climbing on an artificial wall.	
Brief outline of the course: Brief outline of the course: The student learns about the basic climbing techniques, tools, and equipment. Bouldering and rope climbing. Top Rope climbing. Advanced wall climbing techniques (3). Dynamic belaying (1st vs 2nd climber). Progressive belaying – vertical and horizontal climbing.	
Recommended literature: Recommended literature: 1. FRANK, T. - KUBLÁK, T. – a kol. 2007. Horolezecká abeceda. Praha : EPOCHA s.r.o., 2007. 664 s. ISBN 978-80-87027-35-6 2. MANDZÁK, P. – ADAMČÁK, Š. 2003. Lezecká príprava detí mladšieho školského veku na umelej horolezeckej stene v Banskej Bystrici. In.: Turistika a športy v prírode. (Súčasný stav a najnovšie trendy). Liptovský Mikuláš : Vojenská akadémia v L. Mikuláši, 2003. 77 – 82 s. ISBN 80-8040-221-3 3. MANDZÁK, P. 2006. Bouldering	

a jeho vplyv na telesnú zdatnosť a rozvoj vybraných pohybových schopností mládeže. In.: Sport a kvalita života 2006, Zborník z konferencie. Brno : Masarykova univerzita, 2006. ISBN

Language of instruction:

Slovak

Notes: student time load:

student time load

90 h. Combined study: 26 h. Individual preparation (knot-tying): 32 h. Individual preparation (wall climbing): 32 h.

Course assessment

The final number of assessed students: 166

A	B	C	D	E	FX(0)	FX(1)
82.53	0.6	0.6	1.81	0.0	9.04	5.42

Instructor: PaedDr. Jaroslav Kompán, PhD.

Last changed: 07.11.2022

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ozvstv-101	Course name: Movement Games and General Gymnastics
Type, extent and method of instruction: Form of instruction: Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 39 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1.	
Level: I.	
Prerequisites:	
Course completion conditions: The condition of subject evaluation is mandatory, active participation of the student in classes. Acceptable absence is 3 hours. from the total subsidy for the semester within the individual parts of the course. It only applies to students without an individual study plan. In the second half of the teaching part of the semester, the student will present at least 1 movement game, present a warm-up and at the same time pass a written test on general gymnastics. In the final week of the semester, he will demonstrate practical mastery of individual exercise forms, positions and movements from general gymnastics. Students can correct the interim assessment from general gymnastics in the deadlines listed by the teacher within the period for completing the study obligations. a) continuous assessment: - practical presentation min. 1 movement game: 50 points (min. 33b) - practically show the basic exercise forms, positions and movements: 25 points (min. 16b) - written test in general gymnastics: 25 points (min. 16b) b) final assessment: final assessment: Based on the continuous assessment. The maximum number of points consisting of continuous and final assessment is 100 (=100%). Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%), Fx (less than 64%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: Learning outcomes: The student: - knows the system of movement games suitable for the preparatory, main, and final parts of the exercise units - knows the system of movement games involving equipment and aids - knows the system of movement games focused on different sport games - can organise and evaluate movement games - can use the movement games to develop physical abilities and skills	

- can correctly name and describe exercising positions, movements and gymnastic shapes; can design and lead a warm-up
- can demonstrate the series of gymnastic exercises individually and in a group
- can prove their knowledge of organisation, safety, assistance and rescue; uses the optimal technique to perform basic gymnastic positions and shapes and locomotion
- can evaluate the technique, aesthetics, and composition (content) of a gymnastic exercise; can identify and evaluate errors in performance, incorrect posture, movement range, muscle tone vs. atony
- can realistically assess their own level of performance.

Brief outline of the course:

Brief outline of the course:

The importance of games in the education process. Motivation factors in movement games.

Selection, organisation and management of movement games.

Movement games focused on the development of speed, strength, endurance, and coordination skills using a variety of equipment and aids.

Movements focused on volleyball, basketball, football, handball, and untraditional sport games in education.

Posture principles, correct posture, incorrect posture. Basic terminology of physical exercises.

Movement components in general gymnastics.

The structure of a gymnastic unit and organisation – introduction, preparation, main and final parts of the lesson.

Preparation, imitation exercises, learning and improving positions, movements, gymnastic shapes and their series.

Recommended literature:

Recommended literature:

1. ADAMČÁK, Š. - NEMEC, M. 2010. Pohybové hry a školská telesná a športová výchova. Banská Bystrica : Univerzita Mateja Bela, Fakulta humanitných vied, Bratia Sabovci s.r.o. Zvolen, 2010. 209 s. ISBN 978-80-557-0099-1.

2. ADAMČÁK, Š. - NEMEC, M. 2014. Pohybové hry 1 - hry v telocvični : zásobník pohybových hier pre učiteľov telesnej a športovej . Žilina : EDIS-vydavateľstvo Žilinskej univerzity, 2014. 88 s. ISBN 978-80-554-0967-2.

3. ADAMČÁK, Š. - NOVOTNÁ, N. 2009. Hry v telocvični a základná gymnastika. Žilina : EDIS Žilina, 2009. 204 s. ISBN 978-80-554-0125-6.

4. ADAMČÁK, Š. - VLADOVIČOVÁ, N. - NOVOTNÁ, N. - KOLLÁR, R. 2005. Pohybové hry a telovýchovné názvoslovie. Banská Bystrica : PF UMB, 2005. 104 s. ISBN 80-8083-079-7 .

5. ARGAJ, G. 2016. Pohybové hry. Bratislava : Univerzita Komenského, 2016. 128 s. ISBN 978-80-223-4022-9.

6. NOVOTNÁ, N. - NOVOTNÁ, B. - KRŠKA, P. 2011. Gymnastika (vybrané kapitoly). Ružomberok : PF KU, 2011. 121 s. ISBN 978-80-8084-755-5. [cit. 2021-09-09]. Dostupné na internete: <https://readgur.com/doc/183584/novotn%C3%A1-b---kr%C5%A1ka-p--gymnastika--vybran%C3%A9-kapitoly->

7. Kolektív autorov. 2014. Telesná a športová výchova – kolektívne športové činnosti, gymnastické a tanečné pohybové činnosti. Bratislava : NŠC a FTVŠ UK Bratislava, 2014. 246 s. ISBN 978-80-971466-3-4. [cit. 2021-09-09]. Dostupné na internete: http://www.telesnavychova.sk/userfiles/file/kolektivne_sportove_cinnosti_m.pdf

8. KLÁČEK, T. 2005. Metodika nácviku a technika priamej dopomoci v gymnastických prvkoch v školskej telesnej výchove. Metodicko-pedagogické centrum v Prešove. 1.vydanie. 31s. ISBN 80-8045-386-1.

Language of instruction:

Slovak

Notes:student time load:

student time load

90 h.

Combined study: 39 h.

Studying for the written test: 10 h. (2x5 h.)

Preparation for the evaluation of physical performance: 36 h. Preparation of the presentation: 5 h.

Course assessment

The final number of assessed students: 1122

A	B	C	D	E	FX(0)	FX(1)
8.11	23.98	28.88	14.62	10.25	1.16	13.01

Instructor: Mgr. Michaela Slováková, PhD., doc. PaedDr. Štefan Adamčák, PhD., PaedDr. Boris Beťák, PhD., PaedDr. Zuzana Pupišová, PhD., univ. doc., Mgr. Juraj Kremnický, PhD., univ. doc.

Last changed: 07.09.2024

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-nj-006	Course name: Nemecký jazyk 6
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: a) continuous assessment: completion of exercises and short texts: 40 b) final assessment: Written exam: 60 p. The maximum number of points consisting of continuous and final assessment is 100. Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: The student learns the rules of the German grammatical system and vocabulary for the selected topics on the B1–B2 level. They can apply these rules in common communication situations and engage in written and spoken communication.	
Brief outline of the course: The seminar is focused on enhancing the knowledge of German grammar and its oral and written application to improve the student's communication competence in the selected topics. It employs a system of grammatical and communication exercises enhancing the associations between language forms and their meaning.	
Recommended literature: H. Funk a kol. STUDIO d B1. Plzeň: Fraus, 2006. ISBN 80-7238-580-1 L.M. Brand. Die Schöne ist angekommen..München:Klett, 1999. ISBN 3-12-675318-3 http://www.schubert-verlag.de/aufgaben/uebungen_b1/b1_uebungen_index_z.htm (on-line cvičenia na slovnú zásobu a gramatiku, úrovne B1 - B2)	
Language of instruction: German B1–B2, Slovak	
Notes:student time load:	

Course assessment							
The final number of assessed students: 2							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	100.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: Palina Lissitsyna							
Last changed: 21.11.2022							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1d-uOI		Course name: Ochrana inovácií	
Type, extent and method of instruction: Form of instruction: Lecture Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3., 5.			
Level: I.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 218			
abs	n	p	v
86.24	13.76	0.0	0.0
Instructor: doc. JUDr. Juraj Takáč, PhD.			
Last changed: 12.09.2024			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Arts							
Code: 1d-ajs-301		Course name: Oral Expression in English					
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 2., 4., 6.							
Level: I.							
Prerequisites:							
Course completion conditions: Grades are calculated using the following ECTS scale: A (100 – 94%), B (93 – 87%), C (86-80%), D (79 – 73%), E (72 – 65%). Students who earn at least 65% on each graded task and as their final grade will receive a passing grade for the course and credits. a) active participation: 15% b) speech in English: 85%							
Learning objectives: Students will learn to deliver a speech in English.							
Brief outline of the course: Introduction: What do I want to change? Why? And how? Overview of rhetorical devices using real examples Presentations + feedback							
Recommended literature:							
Language of instruction: English B2							
Notes:student time load: 90 hrs seminars: 13 self-study: 57 speech preparation: 20							
Course assessment The final number of assessed students: 123							
A	B	C	D	E	FX(0)	FX(1)	n
56.1	34.15	7.32	1.63	0.0	0.81	0.0	0.0
Instructor: Mgr. Michael Eliot Dove							
Last changed: 29.05.2025							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-tre-102	Course name: Organising Leisure-Time Physical Activities
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 26 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 3.	
Level: I.	
Prerequisites:	
Course completion conditions: During the studies, the student acquires knowledge of the organization and management of a wide range of of leisure-time physical activities, gains information about the possibilities of organizing school and extracurricular sport. Plan, organize and evaluate leisure-time physical activity. a) continuous assessment: - Seminar work (evaluation of leisure physical activity): 0-30 points (min. 20 points) - practical output (planning and organization of leisure physical activity): 0-30 points (min. 20 points) - written test: 0-40 points (min. 25 points) total: 0-100 points (min. 65 points) Students can correct the interim evaluation on the dates announced by the teacher within the period for the completion of study obligations. b) final assessment: On the basis of a continuous assessment. The course assessment corresponds to the A-FX grading scale: A (100 – 94%), B (93 – 87%), C (86 – 80%), D (79 – 73%), E (72 – 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.	
Learning objectives: Student: - is familiar with the organization and management of leisure activities for a wide range of people of interested persons; - knows the importance and application of physical activities in leisure time and in contemporary lifestyles youth and adults; - can practically plan and organise different types of leisure-time physical activities; - theoretically knows the control mechanisms for the evaluation of a completed leisure project theoretical and practical aspects of the leisure-time physical activity; - is familiar with the effects and concepts related to the implementation of a leisure-time physical activity; - is familiar with the problems of the contemporary way of life of different groups of people in leisure time and place of leisure-time physical activities in it.	

Brief outline of the course:

Characteristics of physical activity, leisure time and possibilities of its use, meaning and application of physical activities in leisure time and in the contemporary way of life of different groups of people, the impact of environmental and other factors on leisure-time physical activities, basic knowledge and knowledge of the theory of recreational sport, leisure time management, project development in the field of leisure-time physical activities, legislative minimum for the organization of extracurricular and public sports events, concepts of development of physical movement in leisure time, differentiation of approach to differently physically and physically able pupils.

Recommended literature:

1. Koncepcia štátnej politiky v oblasti športu – Zdroj: <https://www.minedu.sk/9027-sk/koncepciastatnej-politiky-v-oblasti-sportu-slovensky-sport-2020/>
2. Stratégia Slovenskej republiky pre mládež na roky 2021 – 2028 – Zdroj: <https://www.minedu.sk/12183-sk/dokumenty-a-predpisy/>
3. Hofbauer, B. (2004). Děti, mládež a volný čas. Praha : Portál
4. Adamčák, Š., Nemec, M. (2020). Pohybovo-športové aktivity žiakov stredných škôl. Žilina : IPV Inštitút priemyselnej výchovy
5. Adamčák, Š., Nemec, M., Bartík, P. (2015). Pohybové aktivity žiakov a žiačok základných škôl. Banská Bystrica : Vydavateľstvo Univerzity Mateja Bela – Belianum
6. Nemec, M. (2013). Transparency of municipal grants for sports: Slovakia = Transparentnosť mestských dotácií pre šport: Slovensko. In Acta Universitatis Matthiae Belii : physical education and sport : recenzovaný časopis vedeckých štúdií. Banská Bystrica : Univerzita Mateja Bela, Fakulta humanitných vied
7. Slovenský zväz rekreačnej telesnej výchovy a športu – Zdroj: <http://www.szrtvs.sk/>
8. Asociácia športu pre všetkých Slovenskej republiky – Zdroj: <http://aspv.sk/>
9. Zákon č. 1/2014 Z. z. o organizovaní verejných športových podujatí – Zdroj: <https://www.slovlex.sk/pravne-predpisy/SK/ZZ/2014/1/20160101>

Language of instruction:

Slovak

Notes:student time load:

student time load: 120 hrs., of which:

combined study (s): 39 hrs.

preparation of a leisure-time physical activity project: 31 hrs.

event organization: 15 hrs.

self-study: 15 hrs.

seminar paper: 20 hrs.

Course assessment

The final number of assessed students: 141

A	B	C	D	E	FX(0)	FX(1)
50.35	27.66	9.93	0.0	2.13	4.96	4.96

Instructor: doc. PaedDr. Miroslav Nemec, PhD., Mgr. Jaroslav Popelka, PhD.

Last changed: 08.09.2024

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Arts							
Code: 1d-OPX-102		Course name: Orientation practice					
Type, extent and method of instruction: Form of instruction: Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 5.							
Level: I.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction:							
Notes:student time load:							
Course assessment The final number of assessed students: 87							
A	B	C	D	E	FX(0)	FX(1)	n
82.76	3.45	2.3	0.0	3.45	8.05	0.0	0.0
Instructor: PhDr. Patrícia Zólyomiová, PhD.							
Last changed: 07.02.2022							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-111	Course name: Phonetics and Phonology EN
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 1.	
Level: I.	
Prerequisites:	
Course completion conditions: The course assessment combines continuous (75%) and end-of-semester testing (25%). The student may be tested in class (25%), given a mid-semester test or set a take-home assignment (25%). The end-of-semester written test (25%) is given during the examination period. The standard ECTS grading scale is applied: A (100 – 94 %), B (93 – 87 %), C (86 – 80 %), D (79 – 73 %), E (72 – 65 %). Credits are awarded to the student who has collected at least 65% of the marks from overall assessment. a) continuous assessment: In-class oral examination: 0 – 25%. Mid-semester written test: 25% – 50% b) final assessment: End-of-semester written test: 25% – 50%	
Learning objectives: By the end of the course the student will be able to: 1. apply the skills and knowledge from the field of phonetics and phonology to the practice of TEFL with the emphasis on the needs of Slovak learners of English, 2. Contrast and compare the differences between the phonemic inventories of English and Slovak, 3. Appreciate the differences between the standard British and American pronunciations, 4. use effectively word stress simple and complex words, 5. appreciate selected aspects of connected speech in British English.	
Brief outline of the course: Introduction. The production of speech sounds. Long vowels, diphthongs and triphthongs. Voicing and consonants. Phonemes and symbols. Fricatives and affricates. Nasals and other consonants. The syllable. Strong and weak syllables. Stress in simple words. Complex word stress. Weak forms. Aspects of connected speech. Varieties of English pronunciation.	
Recommended literature: 1. ROACH, Peter. English Phonetics and Phonology. A Practical Course. Cambridge University Press, 4th edition, 2009 2. BÁZLIK, Miroslav – MIŠKOVIČOVÁ, Jolana. Pravidlá výslovnosti britskej a americkej výslovnosti. Iura Edition, 2012	
Language of instruction: English B2	
Notes: student time load:	

Student workload in hours per semester: 120 (including lectures, seminars, self-study and take-home assignments)							
Course assessment							
The final number of assessed students: 658							
A	B	C	D	E	FX(0)	FX(1)	n
10.79	11.85	17.48	16.26	27.51	4.86	11.25	0.0
Instructor: doc. PaedDr. Petra Jesenská, PhD., PhDr. Roman Ličko, PhD.							
Last changed: 14.04.2026							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1d-vstv-101		Course name: Physical Education 1	
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3., 5.			
Level: I.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 515			
abs	n	p	v
71.46	28.54	0.0	0.0
Instructor: Mgr. Jaroslav Popelka, PhD., PaedDr. Jaroslav Kompán, PhD., doc. PaedDr. Jiří Michal, PhD., Mgr. Andrea Izáková, PhD., PaedDr. Mgr. Lukáš Opáth, PhD., doc. PaedDr. Pavol Pivovarniček, PhD., Mgr. Michal Hlávek, PhD., Mgr. Marián Škorik, PhD., Mgr. Andrej Dibdiak, Mgr. Bc. Lukáš Karabín, Mgr. Olívia Mudráková, Mgr. Marek Janík			
Last changed: 08.09.2025			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1d-vstv-102		Course name: Physical Education 2	
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 2., 4., 6.			
Level: I.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 532			
abs	n	p	v
78.38	21.62	0.0	0.0
Instructor: Mgr. Jaroslav Popelka, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Andrea Izáková, PhD., doc. PaedDr. Jiří Michal, PhD., PaedDr. Mgr. Lukáš Opáth, PhD., doc. PaedDr. Pavol Pivovarniček, PhD., Mgr. Michal Hlávek, PhD., Mgr. Marián Škorik, PhD., Mgr. Andrej Dibdiak, Mgr. Bc. Lukáš Karabín, Mgr. Olívia Mudráková, Mgr. Marek Janík			
Last changed: 08.09.2025			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1d-vstv-103		Course name: Physical Education 3	
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3., 5.			
Level: I.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 315			
abs	n	p	v
82.86	17.14	0.0	0.0
Instructor: Mgr. Jaroslav Popelka, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Andrea Izáková, PhD., doc. PaedDr. Jiří Michal, PhD., PaedDr. Mgr. Lukáš Opáth, PhD., doc. PaedDr. Pavol Pivovarniček, PhD., Mgr. Michal Hlávek, PhD., Mgr. Marián Škorik, PhD., Mgr. Bc. Lukáš Karabín, Mgr. Andrej Dibdiak, Mgr. Olívia Mudráková, Mgr. Marek Janík			
Last changed: 08.09.2025			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1d-vstv-104		Course name: Physical Education 4	
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 2., 4., 6.			
Level: I.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 251			
abs	n	p	v
81.67	18.33	0.0	0.0
Instructor: Mgr. Jaroslav Popelka, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Andrea Izáková, PhD., doc. PaedDr. Jiří Michal, PhD., PaedDr. Mgr. Lukáš Opáth, PhD., doc. PaedDr. Pavol Pivovarniček, PhD., Mgr. Michal Hlávek, PhD., Mgr. Marián Škorik, PhD., Mgr. Bc. Lukáš Karabín, Mgr. Andrej Dibdiak, Mgr. Olívia Mudráková, Mgr. Marek Janík			
Last changed: 08.09.2025			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1d-vstv-105		Course name: Physical Education 5	
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3., 5.			
Level: I.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 88			
abs	n	p	v
87.5	12.5	0.0	0.0
Instructor: Mgr. Jaroslav Popelka, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Andrea Izáková, PhD., doc. PaedDr. Jiří Michal, PhD., PaedDr. Mgr. Lukáš Opáth, PhD., doc. PaedDr. Pavol Pivovarniček, PhD., Mgr. Michal Hlávek, PhD., Mgr. Marián Škorik, PhD., Mgr. Bc. Lukáš Karabín, Mgr. Andrej Dibdiak, Mgr. Olívia Mudráková, Mgr. Marek Janík			
Last changed: 08.09.2025			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ozvstv-113	Course name: Physiology of Exercise and Sports and Functional Anatomy
Type, extent and method of instruction: Form of instruction: Lecture Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 5.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: Active attendance is required. A written test is taken during the examination period. a) continuous assessment: continuous assessment: N/A b) final assessment: final assessment: Written test: 100 points (min. (min. 65 p.) The maximum number of points consisting of continuous and final assessment is 100 (=100%). Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%), Fx (less than 64%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: Learning outcomes: The student: - understands the role and function of the individual parts of the musculoskeletal system, their control and regulation mechanisms; - knows the structure of a muscle cell, its parts, and function; - understands the basics mechanisms of muscle contraction and the process of creating energy for muscle work; - understands how organ systems work in the process of creating energy in a muscle (cardiovascular, respiratory, hormonal); - understands how muscular activity is controlled by CNS and ANS; - understands the adaptation changes to organ systems during systematic training; - can apply this knowledge to create physical activity programmes focused on increasing performance and improving health;	
Brief outline of the course: Brief outline of the course:	

Functional anatomy of the musculoskeletal system, primary determinants of individual anatomic structures and the relationship among them, the effect of physical activity.

Physiology of exercise and sports.

The structure and types of muscle tissue, muscle contraction mechanism. Sources of energy for muscle work.

The function of the respiratory system during performance (minute ventilation, respiratory volume, adaptation changes during systematic training).

The parameters of cardiovascular functions under different types of load (dilation, heart hypertrophy).

Changes to blood volume and composition under load and during systematic training.

Maximum oxygen consumption, heredity, training and how to affect VO₂ max through training.

Physiological mechanisms involved in oxygen transport and utilisation. The physiological concept of aerobic and anaerobic thresholds.

The physiological response to systematic physical activity with adaptation changes from the viewpoint of performance and health.

Sports chronobiology basics.

Recommended literature:

Recommended literature:

1. BÍNOVSKÝ, A. Funkčná anatómia pohybového systému. Bratislava: UK, 2013. 274 s. ISBN 978-80-223-22414-4
2. HAMAR, D., LIPKOVÁ, J. 2012. Fyziológia telesných cvičení. 5. vyd. Bratislava: UK, 2008. 176 s. ISBN 978-80-223-2366-6
3. JANČOKOVÁ, Ľ. 2018. Fyziológia vo vedách o športe v pojmoch. Žilina: IPV, 190 s. ISBN 978-80-89902-12-5
4. JANČOKOVÁ, Ľ. a kol. 2011. Chronobiológia a výkonnosť v športe. Banská Bystrica: FHV UMB, 2011. 147 s. ISBN 978-80-557-0286-5
5. JANČOKOVÁ, Ľ. a kol. 2013. Chronobiológia od teórie k športovej praxi. Banská Bystrica: Belianum, 2013. 202 s. ISBN 978-80-557-0634-4
6. JANKOVSKÁ, Ž., KOMPÁN, J., JURÁKOVÁ, M. 2007. Topografická a funkčná anatómia v obrazoch. 1. časť. Kostrová sústava. B. Bystrica: FHV UMB, 2007. 56 s. ISBN 978-80-8083-393-0
7. JANKOVSKÁ, Ž., KOMPÁN, J., JURÁKOVÁ, M. 2008. Topografická a funkčná anatómia v obrazoch. 2. časť. Svalová sústava. B. Bystrica: FHV UMB, 2008. 58 s. ISBN 978-80-8083-564-4
8. STANKOVIČOVÁ a kol. 2015. Anatómia a fyziológia. Bratislava: UK Komenského, 2015, 268s. ISBN 978-80-223-3944-5 [Online]. [Cit. 2021-09-09], Dostupné na: https://www.fpharm.uniba.sk/fileadmin/faf/Pracoviska-subory/KFT/Anat_fyz/fyziologia_skripta_web.pdf

Language of instruction:

slovak

Notes: student time load:

student time load

Total: 120 h. Combined study: 26 h.

Studying for the written test: 94 h.

Course assessment						
The final number of assessed students: 503						
A	B	C	D	E	FX(0)	FX(1)
28.83	19.28	23.26	8.35	14.31	0.8	5.17
Instructor: doc. PaedDr. Štefan Adamčák, PhD., prof. PaedDr. Martin Pupiš, PhD., MUDr. Lucia Zacharová						
Last changed: 23.03.2023						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-pol-201	Course name: Polish Language A1 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: During the semester, the student continuously submits their completed homework. In the last week of the semester, the student takes a written test. After completing the semester, they take a final oral exam. Credits will not be awarded to a student who scores fewer than 19.5 in the written test and/or fewer than 22.5 in the oral exam. The student has the right to one resit (For each part of the final exam respectively.) The grading scale: A (100 – 94 %), B (93 – 87 %), C (86 – 80 %), D (79 – 73 %), E (72 – 65 %). Credits are assigned to the student who collects the minimum of 65 points (%). a) continuous assessment: Completing homework: 0–30 p. Written test in week 13: 35 p. b) final assessment: Oral exam during the exam period: 35 p.	
Learning objectives: The student understands the most important content and intent of written and oral texts addressing everyday life. They can use the Polish language fluently and spontaneously. Their communication competence allows them to speak to Polish native speakers in most everyday situations.	
Brief outline of the course: Polish alphabet. Pronunciation of vowels and consonants. Informal and formal greetings. Introduction. Basic courtesies. Polish names and surnames. Personal information. Countries and nationalities. Colours. In the classroom. Self-presentation. Description of a person – appearance and attributes. Hobbies. Sports. Occupations. Expressing possessiveness. Numerals 0–100. Fruit and vegetables. Shopping in a stall, supermarket, market, mall. Foodstuff. Meals. Café & restaurant. Expressing preferences. Family and relatives. Family tree. Parts of day and seasons. Months and week days. Life and institutions in Poland.	
Recommended literature: 1. STEMPEK, I. – STELMACH, A. i in. 2011. Polski. Krok po kroku A1. Podręcznik. Kraków : Glossa, 2011. 2. STEMPEK, I. – STELMACH, A. i in. 2011. Polski. Krok po kroku A1. Zeszyt ćwiczeń. Kraków : Glossa, 2011.	

3. MAŁOLEPSZA, M., SZYMKIEWICZ, A. 2020. Hurra. Po polsku. Część 1. Podręcznik studenta. Kraków : Prolog, 2020.
- 4 MAŁOLEPSZA, M., SZYMKIEWICZ, A. 2020. Hurra. Po polsku 1. Zeszyt ćwiczeń. Kraków : Prolog, 2020.
5. MADELSKA, L., WARCHOŁ-SCHLOTTMANN, M. 2013. Hurra! Odkrywamy język polski. Gramatyka dla uczących (się) języka polskiego jako obcego. Kraków : Prolog, 2013.
6. MACHOWSKA, J. 2022. Gramatyka? Dlaczego nie?!. Ćwiczenia gramatyczne dla poziomu A!. Kraków : Universitas, 2022.
7. GARNCAREK, P. 2022. Czas na czasownik. Kraków : Universitas, 2022.
8. LIPIŃSKA, E. 2022. Nie ma róży bez kolców. Ćwiczenia ortograficzne dla cudzoziemców. Kraków : Universitas, 2022.

Language of instruction:

Slovak, Polish

Notes:student time load:

90 h.

Presence, combined studies (L, S, C): 26 h.

Self-study: 14 h.

Completing homework: 15 h.

studying for the written test: 15 h.

Studying for the oral exam: 20 h.

Course assessment

The final number of assessed students: 57

A	B	C	D	E	FX(0)	FX(1)	n
26.32	19.3	12.28	19.3	3.51	10.53	8.77	0.0

Instructor: doc. Mgr. Gabriela Olchowa, PhD.

Last changed: 16.02.2023

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-pol-202	Course name: Polish Language A1 2
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: During the semester, the student continuously submits their completed homework. In the last week of the semester, the student takes a written test. After completing the semester, they take a final oral exam. Credits will not be awarded to a student who scores fewer than 19.5 in the written test and/or fewer than 22.5 in the oral exam. The student has the right to one resit (For each part of the final exam respectively.) The grading scale: A (100 – 94 %), B (93 – 87 %), C (86 – 80 %), D (79 – 73 %), E (72 – 65 %). Credits are assigned to the student who collects the minimum of 65 points (%). a) continuous assessment: Completing homework: 0–30 p. Written test in week 13: 35 p. b) final assessment: Oral exam during the exam period: 35 p.	
Learning objectives: The student understands the most important content and intent of written and oral texts addressing everyday life. They can use the Polish language fluently and spontaneously. Their communication competence allows them to speak to Polish native speakers in most everyday situations.	
Brief outline of the course: Free time. Expressing temporal relations. Communication tools. Collecting information: station, airport, hotel, travel agency. Travelling. Meetings. Invitation. Positive and negative response to proposals. Shopping. Size, measure, weight, clothing. Requests, feelings, compliments, opinions. Future plans. Weather forecast. Furniture and home appliances. Rooms. Rental. Expressing spatial relationships. Writing advertisements. Polish physical geography and demography. Tourist attractions. Weekend and holiday plans. Family celebrations. Congratulations. Language etiquette. Savoir-vivre. Famous Polish figures – biography. Body parts, disease symptoms. Visiting doctors and dentists.	

Providing advice, expressing dis/satisfaction. Writing complaints. Police chronicles – car accident, theft, loss of personal items, fire.							
Recommended literature: 1. STEMPEK, I. – STELMACH, A. i in. 2011. Polski. Krok po kroku A1. Podręcznik. Kraków : Glossa, 2011. 2. STEMPEK, I. – STELMACH, A. i in. 2011. Polski. Krok po kroku A1. Zeszyt ćwiczeń. Kraków : Glossa, 2011. 3. MAŁOLEPSZA, M., SZYMKIEWICZ, A. 2020. Hurra. Po polsku. Część 1. Podręcznik studenta. Kraków : Prolog, 2020. 4. MAŁOLEPSZA, M., SZYMKIEWICZ, A. 2020. Hurra. Po polsku 1. Zeszyt ćwiczeń. Kraków : Prolog, 2020. 5. MADELSKA, L., WARCHOŁ-SCHLOTTMANN, M. 2013. Hurra! Odkrywamy język polski. Gramatyka dla uczących (się) języka polskiego jako obcego. Kraków : Prolog, 2013. 6. SZELC-MAYS, M. 2022. Coś Wam powiem... Ćwiczenia komunikacyjne. Kraków : Universitas, 2022. 7. GARNCAREK, P. 2022. Czas na czasownik. Kraków : Universitas, 2022. 8. LIPIŃSKA, E. 2022. Z polskim na Ty. Kraków : Universitas, 2022. 9. PYZIK, J. 2022. Przygoda z gramatyką. Kraków : Universitas, 2022.							
Language of instruction: Slovak, Polish							
Notes: student time load: 90 h. Combined study (S, C): 26 h. Self-study: 14 h. Completing homework: 10 h. studying for the written test: 20 h. Studying for the oral exam: 20 h.							
Course assessment The final number of assessed students: 54							
A	B	C	D	E	FX(0)	FX(1)	n
61.11	14.81	7.41	3.7	0.0	12.96	0.0	0.0
Instructor: doc. Mgr. Gabriela Olchowa, PhD.							
Last changed: 16.02.2023							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-pol-203	Course name: Polish Language A2 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: During the semester, the student continuously submits their completed homework and presents a selected topic. After completing the semester, the student takes the final oral and written exams. The student will not be assigned the credits if they score fewer than 19.5 for the homework and presentation submitted; and/or fewer than 22.5 for the final written and oral exams respectively. The student has the right to one resit. The grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements. a) continuous assessment: Completing homework: 0–15 p. Presentation: 0–15 p. b) final assessment: written final exam (test): 0–35 p. oral final exam: 0–35 p. Final exam in total: 0–70 p. 0–70 p.	
Learning objectives: The student understands the most important content and intent of written and oral texts addressing general, specific, and abstract topics. They can use the Polish language fluently and spontaneously. The level of communication competence allows the student to easily communicate with Polish native speakers. They are able to express their opinion on the topic they find interesting as well as past events, and participate in a (formal) discussion.	
Brief outline of the course: Reporting events – disasters. Summarisation. Favourite film – a comparison. Requests, proposals, commands. Expressing opinions. Adjectives describing people. Structure of definition. Computer and the Internet – people’s friends. Discussing education. Classroom meeting. Job and occupation. Job interview. Types of companies. Discussing work-related problems. Writing e-mails. CV and cover letter. Roots – discussion. Orders, bans, recommendations. Travel, packing, airport. Holiday in Poland – tourist attractions. Letters, e-mails, text messages. Weekend in mountains – verbs of movement.	
Recommended literature:	

1 STEMPEK, I. – STELMACH, A. i in. 2020. Polski. Krok po kroku A2. Kraków : Glossa, 2020. 2 BURKAT, A. – JASIŃSKA, A. 2020. Hurra! Po polsku cz.2. Kraków : Prolog, 2020. 3. SZELC-MAYS, M. 2022. Coś Wam powiem... Ćwiczenia komunikacyjne. Kraków : Universiadas, 2022. 4 BURKAT, A. – JASIŃSKA, A. 2020. Hurra! Po polsku cz.2. Zeszyt ćwiczeń. Kraków : Prolog, 2020. 5. STEMPEK, I. – STELMACH, A. i in. 2011. Polski. Krok po kroku A2. Zeszyt ćwiczeń. Kraków : Glossa, 2014.							
Language of instruction: Slovak, Polish A1							
Notes:student time load: 90 h. Presence, combined studies (L, S, C): 26 h. Self-study: 14 h. Completing of homework and preparation of presentations: 20 h. Studying for the written test: 15 h. Studying for the oral exam: 15 h.							
Course assessment The final number of assessed students: 6							
A	B	C	D	E	FX(0)	FX(1)	n
83.33	16.67	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: doc. Mgr. Gabriela Olchowa, PhD.							
Last changed: 16.02.2023							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-pol-204	Course name: Polish Language A2 2
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: During the semester, the student continuously submits their completed homework and presents a selected topic. After completing the semester, the student takes the final oral and written exams. The student will not be assigned the credits if they score fewer than 19.5 for the homework and presentation submitted; and/or fewer than 22.5 for the final written and oral exams respectively. The student has the right to one resit. The grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements. a) continuous assessment: Completing homework: 0–15 p. Presentation: 0–15 p. b) final assessment: written final exam (test): 0–35 p. final oral exam: 0–35 p. Final exam in total: 0–70 p. 0–70 p.	
Learning objectives: The student understands the most important content and intent of written and oral texts addressing general, specific, and abstract topics. They can use the Polish language fluently and spontaneously. The level of communication competence allows the student to easily communicate with Polish native speakers. They are able to express their opinion on the topic they find interesting as well as past events, and participate in a (formal) discussion.	
Brief outline of the course: Traffic rules. Discussing life problems: unemployment, alcoholism, violence, discrimination, depression. Key life situations, interpersonal relationships. Foundations, volunteering. Expressing dissatisfaction and resentment. Recent Polish history – describing events, discussing historical facts. Polish holidays. Easter and traditions. Describing situations. Expressing temporal contexts. Discussing the past – important dates, Solidarity, martial law. Poland and Polish society. Politics. Power in Poland. Polish parliament, political parties, elections. Animals. Ecology and environmental protection. Polish consumer. Exchanging opinions. Comparison. Discussing films	

and theatre. Expressing emotions. Discussions – arguments for and against. Museum, exhibitions – discussing art. Expressing appreciation, respect, and critical attitudes.

Recommended literature:

- 1 STEMPEK, I. – STELMACH, A. i in. 2020. Polski. Krok po kroku A2. Kraków : Glossa, 2020.
- 2 BURKAT, A. – JASIŃSKA, A. 2020. Hurra! Po polsku cz.2. Kraków : Prolog, 2020.
3. SZELC-MAYS, M. 2022. Coś Wam powiem... Ćwiczenia komunikacyjne. Kraków : Universiadas, 2022.
- 4 BURKAT, A. – JASIŃSKA, A. 2020. Hurra! Po polsku cz.2. Zeszyt ćwiczeń. Kraków : Prolog, 2020.
5. STEMPEK, I. – STELMACH, A. i in. 2011. Polski. Krok po kroku A2. Zeszyt ćwiczeń. Kraków : Glossa, 2014.

Language of instruction:

Slovak, Polish A1

Notes:student time load:

90 h.

Combined study (S, C): 26 h.

Self-study: 14 h.

Completing of homework and preparation of presentations: 20 h.

Studying for the written test: 15 h.

Studying for the oral exam: 15 h.

Course assessment

The final number of assessed students: 15

A	B	C	D	E	FX(0)	FX(1)	n
60.0	26.67	0.0	0.0	6.67	6.67	0.0	0.0

Instructor: doc. Mgr. Gabriela Olchowa, PhD.

Last changed: 16.02.2023

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1-PAPLP	Course name: Practical Aspects of Human Rights Promotion
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 / 0 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: a) continuous assessment: Active participation in classes (80%) Fulfillment of assignments: Processing of a selected human rights topic into the form of a status on social networks (individual work) Preparation and presentation of a brief presentation on one of the following three options: about a selected book on human rights topics, about a current human rights issue, or about a human rights-focused event or activity (individual work) Preparation and implementation of a 30-minute discussion on one of the topics of the course (group work) b) final assessment: Active participation in the final colloquium	
Learning objectives: Graduates of the course acquired basic knowledge about the observance of human rights in society and learned to analyze these topics in a broader context. During their studies, they developed the ability to critically assess specific cases of human rights violations, examine their causes and consequences, and evaluate what legal and advocacy tools can contribute to solving them. They also gained practical skills in engaging in activities that contribute to improving the human rights situation of groups exposed to violations. Graduates are ready to engage in projects and initiatives aimed at positive changes in the sphere of human rights in their surroundings, while maintaining openness to new perspectives and solutions to human rights violations.	
Brief outline of the course: Universality and Diversity of Human Rights: Theoretical Approaches and Their Application NGOs in the Human Rights Ecosystem: Actors, Evolution and Impact Right to Protest: Freedom, Regulations and Authoritarian Practices Human Rights Defenders: Between Recognition and Persecution Racism in the 21st Century: Structural Discrimination, Privilege and Marginalization Housing, poverty and inequality: Economic and social rights at stake Human Rights Education as a Tool for Change: Knowledge, Values and Civic Engagement Safe space for all: Preventing sexualized violence through education	

Cultivating human rights hope: Social, activist and artistic practice
Human rights in the digital world
Local and community dimension of human rights protection

Recommended literature:

DEMBOUR, Marie-Bénédicte, 2010. What Are Human Rights? Four Schools of Thought. In: Human Rights Quarterly [online]. Johns Hopkins University Press, 32(1), 2-20 [cit. 2024-05-03]. ISSN 1085-794X. Dostupné na: <https://doi.org/10.1353/hrq.0.0130>.

DONNELLY, Jack, 2003. Universal Human Rights in Theory and Practice. Ithaca: Cornell University Press. 290 p. ISBN 978-0-8014-8776-7.

MOYN, Samuel, 2022. Poslední utopie. Lidská práva v dějinách. Praha: Rybka Publishers. 387 s. ISBN 978-80-87950-92-0.

SLIWINSKI, Sharon, 2009. The Aesthetics of Human Rights. In: Culture, Theory & Critique [online]. Taylor & Francis, 50(1), 23-39 [cit. 2024-02-01]. ISSN 1473-5776. Available at: https://www.researchgate.net/publication/263415538_The_Aesthetics_of_Human_Rights

MADDEN, David; MARCUSE, Peter, 2020. Na obranu bydlení. Praha: Neklid. 166 s. ISBN 9788090756229

AMNESTY INTERNATIONAL, 2024. Nedosiahnuteľná potreba bývať - Výskum o práve na bývanie a dostupnosti verejného nájomného bývania na Slovensku. Amnesty International. 325 s. EUR 72/8641/2024

Relevant Human Rights Online Courses from Amnesty International (academy.amnesty.org, eduworkout.org)

CUSHMAN, Thomas ed. Handbook of Human Rights. New York: Routledge, s. 7-21. ISBN: 978-0-203-88703-5.

hooks, bell, 2023. Feminismus je pro všechny. Politika vášně. Olomouc: Broken Books. 155 s. ISBN 978-80-906307-3-4.

ISHAY, Micheline R., 2023. The Human Rights Reader. New York: Routledge. 693 p. ISBN: 978-1-003-12140-4.

GRAEBER, David a David WENGROW, 2023. Počiatok všetkého. Nová história ľudstva. Bratislava: Tatran. 671 s. ISBN 978-80-222-1402-5.

GREAR, Anna, 2020. Embrancing vulnerability. Notes towards human rights for a more-than-human world. In: BEDFORD, Daniel a Jonathan HERRING, eds. Embrancing vulnerability: The challenges and implication for law. New York: Routledge, pp. 153-174. ISBN: 978-1-351-10570-5.

AGHA, Peter, 2018. Lidská práva v mezikulturních perspektivách. Praha: Nakladatelství Academia, ISBN 978-80-200-2958-4.

GONZALES-SALZBERG, Damian A. a Loveday HODSON, 2020. Research methods for international human rights law. New York: Routledge. ISBN 978-0-429-46897-1.

SMITH, Rhona a Lee McCNEL, 2018. Research Methods in Human Rights. New York: Routledge. ISBN 978-1-315-67263-2.

Language of instruction:

English, Slovak

Notes: student time load:

Total: 90 hours
- of which:
lectures: 39 hours
preparation of assignments: 30 hours
self-study and preparation for the final colloquium: 21 hours

Course assessment			
The final number of assessed students: 24			
abs	n	p	v
91.67	8.33	0.0	0.0
Instructor: doc. PhDr. Martina Bolečeková, PhD.			
Last changed: 21.05.2025			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-pci-25	Course name: Professional Reading
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3.	
Level: I.	
Prerequisites:	
Course completion conditions: a) continuous assessment: 10 regular practical exercises (0 – 5 points), technical discussions (0 – 10 points) b) final assessment: analysis (0 – 10 points), final colloquium (0 – 30 points) Maximum number of points is 100. Credits are assigned to the student who acquired a minimum of 65 points for fulfilling certain requirements.	
Learning objectives: The student will be able: 1. To competently acquire the effective theoretical knowledge about the visually processed (written – printed – electronically conditioned) communicate, 2. To understand the connections between the parts of the written text in its deep (motivical-thematic) and surface level, 3. To understand the genre characteristics of the visual text, 4. To choose an effective methodical approach for the immediate acceptance and usage of the content, form and meaning of the communicate, 5. To effectively apply the acquired knowledge in the practical communication through the visual communicates.	
Brief outline of the course: Introductory self-test: what do we want and what do we need? How to study in practice. Professional reading and numeric data. Visual communicates in practice. Communicate = form + content. Psychosocial peculiarities of the professional reading. Reading A: informational (orientational), cursory reading. Reading B: selective, statutory reading. Reading C: recreational, combined reading. Diversity of the lecture and professional work with the information. Reading as a key linguistic competence in the linguistic education. Syntheses and consequences.	
Recommended literature: 1. ADAIR, J.: Efektivní komunikace. Praha : Alfa Publishing, 2004. 2. ČMEJRKOVÁ, S. – DANEŠ, F. – SVĚTLÁ, J.: Jak napsat odborný text. Praha : Leda, 1999. 3. FINDRA, J.: Štylistika súčasnej slovenčiny. Martin : Osveta, 2013. 4. GRUBER, D.: Inteligentní čtení v internetovém věku. Ostrava : Gruber TDP, 2017. 5. HÖRNER, G.: Rychlé čtení. Brno : Computer Press, 2007.	

6. KAHN, N. B.: Jak efektivně studovat a pracovat s informacemi. Praha : Portál, 2001.
7. KIKÁ, M.: Efektívne vysokoškolské štúdium. Banská Bystrica : Belianum, 2020.
8. MAKULOVÁ, S. – BUZOVÁ, K.: Manažment informačných zdrojov a knižnično-informačných služieb. Bratislava : ELET, 2011. 174 s.
9. MISTRÍK, J.: Efektívne čítanie. Bratislava : Veda, 1996.
10. PAPIK, R.: Strategie vyhledávání informací a elektronické informační zdroje. 1. vyd. Praha : Velryba, 2011.
11. PATRÁŠ, V.: Sociolingvistické aspekty elektronicky podmienenej komunikácie. Karviná : OPF, 2009.
12. PATRÁŠ, V.: Pohotovosť čítania a myšlienkové spracovanie textu. Banská Bystrica : UMB, 2011.
13. ZIELKE, W.: Jak číst rychleji a lépe. Praha : Svoboda, 1988.

Language of instruction:

Notes: student time load:

90 hours in total, of which:

Sit-in-class study (L,S,C): 26 hrs.

E-learning: 26 hrs.

Case-studies: 26 hrs.

Preparation for the final assessment: 12 hrs.

Course assessment

The final number of assessed students: 103

A	B	C	D	E	FX(0)	FX(1)	n
50.49	18.45	10.68	8.74	9.71	1.94	0.0	0.0

Instructor: prof. PaedDr. Vladimír Patráš, CSc.

Last changed: 23.04.2024

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Arts							
Code: 1d-KRE-402		Course name: Psychology of creativity					
Type, extent and method of instruction: Form of instruction: Practical Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 2.							
Level: I.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction:							
Notes:student time load:							
Course assessment The final number of assessed students: 1495							
A	B	C	D	E	FX(0)	FX(1)	n
59.13	15.85	11.64	6.56	5.42	0.13	1.27	0.0
Instructor: doc. PaedDr. Lucia Pašková, PhD., PaedDr. Magdaléna Kremnická, PhD.							
Last changed: 17.06.2025							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-kup-24	Course name: Public Technical Speech
Type, extent and method of instruction: Form of instruction: Lecture Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: I.	
Prerequisites:	
Course completion conditions: a) continuous assessment: critical reading and evaluation of the chosen technical sources (0 – 20 points), case studies (0 – 10 points), technical studies (0 – 20 points) b) final assessment: public performance of the chosen motif and discussion (0 – 50 points) Maximum number of points covering a continual and final assessment is 100. Credits are assigned to the student who acquires a minimum of 65 points out of possible 100.	
Learning objectives: The student will be able: 1. To differentiate between the oral and written version of the public technical speech, 2. To understand the basic demarcation and to distinguish between the depth and surface level of the technical text, 3. To respect the rules of preparation and rules of managing the successful public dialogue, 4. To apply the acquired knowledge in the technical communication in a way that the student's public technical communication was accurate, persuasive, understandable and language-communicational cultivated.	
Brief outline of the course: Essence, function and goals of the public technical communication. Supporting trends in the technical communication. Technical speech as an effective intersection of the responsible preparation and creative realization. Classification of the technical speeches. Speech techniques, psychological-communicational base and methodological-didactic features of the public performing. Intelligibility and persuasiveness of the speech: topic and its structuring. Argumentation as an ideological-conceptual basis of the technical speech. Introducing of the technical text as a complex matter.	
Recommended literature: 1. COHEN, R. F. – MILLER, J. L.: Reason to Write: Strategies for Success in Academic Writing. (Intermediate.) London : Oxford University Press, 2003. 2. ČMEJRKOVÁ, S. – DANEŠ, F. – SVĚTLÁ, J.: Jak napsat odborný text. Praha : Leda, 1999. 3. GÁLISOVÁ, A.: Verejný odborný prejav a prezentácia. Banská Bystrica : UMB, 2011.	

4. GERŠLOVÁ, J.: Vádemékum vědecké a odborné práce. Šenov : Professional Publishing, 2009.
5. HIERHOLD, E.: Rétorika a prezentace. Praha : Grada, 2005.
6. JELÍNEK, M. – ŠVANDOVÁ, B.: Argumentace a umění komunikovat. Brno : MU, 1999.
7. KAHN/ová, N. B.: Jak efektivně studovat a pracovat s informacemi. Praha : Portál, 2001.
8. KOLKA, M. – PAVLÍČKOVÁ, I. – VEČEŘA, M.: Píšeme seminární a diplomové práce na počítači. 2., doplň. a rozšíř. vyd. Brno : Masarykova univerzita, 2011.
9. KRAUS, J. a kol.: Člověk mluvící. Voznice : Leda, 2011.
10. KŘIVOHLAVÝ, J.: Jak si navzájem lépe porozumíme. Praha : Svoboda, 1988.
11. MIKULÁŠTÍK, M.: Komunikační dovednosti v praxi. Praha : Grada, 2003.
12. PATRÁŠ, V.: Pohotovité čítanie a myšlienkové spracovanie textu. Banská Bystrica : UMB, 2011.
13. SLANČOVÁ, D.: Základy praktickej rétoriky. Prešov : Náuka, 2001.
14. SPOUSTA, V.: Vádemékum autora odborné a vědecké práce humanitního a sociálního zaměření. Brno : Akademické nakladatelství CERM, 2009.
15. ŠIROKÝ, J. a kol.: Tvoříme a publikujeme odborné texty. Brno : Computer Press, 2011.

Language of instruction:

Notes: student time load:

90 hours in total:

Sit-in-class study (L,S,C): 26 hrs.

Work with the technical literature and sources: 15 hrs.

Preparation for the seminars, e-learning, case studies: 15 hrs.

Preparation for the final assessment: 14 hrs.

Preparation for the public presentation: 20 hrs.

Course assessment

The final number of assessed students: 154

A	B	C	D	E	FX(0)	FX(1)	n
47.4	35.06	11.04	0.65	0.0	5.84	0.0	0.0

Instructor: doc. PaedDr. Július Lomenčík, PhD.

Last changed: 08.12.2021

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-256	Course name: Representation 1
Type, extent and method of instruction: Form of instruction: Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2.	
Level: I.	
Prerequisites:	
Course completion conditions: 1. Participation in the Olympic Games, World Championships, European Championships, junior or senior category, participation in the World Universiade, participation in the Academic World Championships. 2. Placing up to 3rd place in the individual championship of the Slovak Republic (in the junior category). 3. Placing up to 6th place in the individual championship of the Slovak Republic (in the senior category). 4. Successful representation at the Academic Championships of the Slovak Republic, Slovak Universiade. 5. Participation in the team that plays the highest Slovak national competition. 6. Documented coaching activities in clubs at the representative level or in clubs that play the highest Slovak national competition. b) final assessment: For the awarding of the evaluation from the given subject it is necessary to bring documents (results list, diploma, coaching activity confirmed by the club's statutes...), which prove the successful representation of the student according to points 1 - 6, to PaedDr. Martina Mandzáková, PhD., (no. office 12). The student's name should be highlighted in the document. Deadline for submitting the documents: Continuously until the end of the teaching part of the winter semester of the academic year!	
Learning objectives:	
Brief outline of the course:	
Recommended literature:	
Language of instruction:	
Notes:student time load:	

Course assessment			
The final number of assessed students: 41			
abs	n	p	v
100.0	0.0	0.0	0.0
Instructor: PaedDr. Boris Beťák, PhD., PaedDr. Rastislav Kollár, PhD., PaedDr. Martina Mandzáková, PhD., univ. doc.			
Last changed: 09.01.2025			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-257	Course name: Representation 2
Type, extent and method of instruction: Form of instruction: Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 4.	
Level: I.	
Prerequisites:	
Course completion conditions: 1. Participation in the Olympic Games, World Championships, European Championships, junior or senior category, participation in the World Universiade, participation in the Academic World Championships. 2. Placing up to 3rd place in the individual championship of the Slovak Republic (in the junior category). 3. Placing up to 6th place in the individual championship of the Slovak Republic (in the senior category). 4. Successful representation at the Academic Championships of the Slovak Republic, Slovak Universiade. 5. Participation in the team that plays the highest Slovak national competition. 6. Documented coaching activities in clubs at the representative level or in clubs that play the highest Slovak national competition. b) final assessment: For the awarding of the evaluation from the given subject it is necessary to bring documents (results list, diploma, coaching activity confirmed by the club's statutes...), which prove the successful representation of the student according to points 1 - 6, to PaedDr. Martina Mandzáková, PhD., (no. office 12). The student's name should be highlighted in the document. Deadline for submitting the documents: Continuously until the end of the teaching part of the winter semester of the academic year!	
Learning objectives:	
Brief outline of the course:	
Recommended literature:	
Language of instruction:	
Notes:student time load:	

Course assessment			
The final number of assessed students: 29			
abs	n	p	v
100.0	0.0	0.0	0.0
Instructor: PaedDr. Boris Beťák, PhD., PaedDr. Rastislav Kollár, PhD., PaedDr. Martina Mandzáková, PhD., univ. doc.			
Last changed: 09.01.2025			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-258	Course name: Representation 3
Type, extent and method of instruction: Form of instruction: Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 6.	
Level: I.	
Prerequisites:	
Course completion conditions: 1. Participation in the Olympic Games, World Championships, European Championships, junior or senior category, participation in the World Universiade, participation in the Academic World Championships. 2. Placing up to 3rd place in the individual championship of the Slovak Republic (in the junior category). 3. Placing up to 6th place in the individual championship of the Slovak Republic (in the senior category). 4. Successful representation at the Academic Championships of the Slovak Republic, Slovak Universiade. 5. Participation in the team that plays the highest Slovak national competition. 6. Documented coaching activities in clubs at the representative level or in clubs that play the highest Slovak national competition. b) final assessment: For the awarding of the evaluation from the given subject it is necessary to bring documents (results list, diploma, coaching activity confirmed by the club's statutes...), which prove the successful representation of the student according to points 1 - 6, to PaedDr. Martina Mandžáková, PhD., (no. office 12). The student's name should be highlighted in the document. Deadline for submitting the documents: Continuously until the end of the teaching part of the winter semester of the academic year!	
Learning objectives:	
Brief outline of the course:	
Recommended literature:	
Language of instruction:	
Notes:student time load:	

Course assessment			
The final number of assessed students: 29			
abs	n	p	v
100.0	0.0	0.0	0.0
Instructor: PaedDr. Boris Beťák, PhD., PaedDr. Rastislav Kollár, PhD., PaedDr. Martina Mandzáková, PhD., univ. doc.			
Last changed: 09.01.2025			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1d-RIS-513		Course name: Rod, identita, spoločnosť	
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 2., 4., 6.			
Level: I.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 218			
abs	n	p	v
87.61	12.39	0.0	0.0
Instructor: doc. PhDr. Alžbeta Brozmanová Gregorová, PhD., Mgr. Jana Šolcová, PhD., PhDr. Katarína Kurčíková, PhD., PhDr. Lucia Galková, PhD., doc. Mgr. Lívia Nemcová, PhD., doc. PaedDr. Lenka Rovňanová, PhD., univ. prof., Mgr. Zuzana Heinzová, PhD., Mgr. Martina Kubealaková, PhD., univ. doc., prof. PhDr. Alexandra Bitušíková, CSc., doc. Ing. Kamila Borseková, PhD., PhDr. Kamila Koza Beňová, PhD., RNDr. Elena Kupcová, PhD., Mgr. Lujza Urbancová, PhD., PaedDr. Zuzana Bariaková, PhD.			
Last changed: 29.03.2023			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 12-RSOA	Course name: Rozvojová spolupráca a občianska angažovanosť
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 0 / 0 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I., II.	
Prerequisites:	
Course completion conditions: a) continuous assessment: Project Proposal (SlovakAid Template): 0-80 points b) final assessment: Project Presentation: 0-20 points	
Learning objectives: Students: 1. understand the fundamental theoretical concepts and terminology related to development cooperation and international development, and understand their interrelationships and systemic connections; 2. are able to apply acquired knowledge when examining specific cases in the fields of development cooperation and international development, interpret findings, and draw relevant conclusions; 3. can critically assess the activities and roles of various actors in these fields, identify problematic aspects, and propose appropriate solutions or alternative approaches; 4. are capable of developing a development project proposal on a selected or assigned topic, applying theoretical knowledge, analytical skills, and the ability to design effective solutions to development challenges.	
Brief outline of the course: 1. Terminology, instruments and forms of development assistance implementation, motivations for providing aid, and the economic significance of international development cooperation 2. Introduction to development project management 3. Major development challenges in Africa, Asia, and Latin America 4. Development assistance providers (official donors and emerging donors), international organizations and institutions engaged in development cooperation, and the SDGs 5. The development policy of the European Union 6. The role of the non-governmental organisations and private sector in international development cooperation 7. Development cooperation of the Slovak Republic – historical overview, institutional framework, territorial and sectoral priorities, and key challenges of Slovak development policy 8. Analysis of selected development projects implemented under the SlovakAid 9. Development diplomacy and its practical implementation	

10. Aid for Trade, the Business Partnership Programme, and other development cooperation initiatives 11. Development project design and preparation 12. Presentations of development projects			
Recommended literature: ZHAO, J. (2023): International Development Cooperation: Theory, Practice, and Evaluation. ISBN 978-9811258879. HASLAM, P. A. – SCHAFER, J. – BEAUDET, P. (2021): Introduction to International Development: Approaches, Actors, Issues, and Practice, 4th Edition. ISBN 978-0199036431. DEVELTERE, P. – HUYSE, H. – VAN ONGEVALLE, J. (2021): International Development Cooperation Today: A Radical Shift Towards a Global Paradigm. ISBN 978-9462702615. POTTER, R. et al. (2018): Geographies of Development. An Introduction to Development Studies, 4th Edition. ISBN 978-1138794306. TODARO, M. P. – SMITH, S. C. (2020): Economic Development, 13th Edition. ISBN 978-1292291154. KINGSBURY, D. et al. (2016): International Development. Issues and Challenges, 3rd Edition. ISBN 978-1-137-42940-7. MINISTRY OF FOREIGN AND EUROPEAN AFFAIRS OF THE SLOVAK REPUBLIC (2025): Medium-Term Strategy for Development Cooperation of the Slovak Republic for 2025-2030. Official websites SlovakAid, OECD, United Nations, European Union and others.			
Language of instruction: Slovak, English			
Notes:student time load:			
Course assessment The final number of assessed students: 0			
abs	n	p	v
0.0	0.0	0.0	0.0
Instructor: doc. PhDr. Martina Bolečeková, PhD.			
Last changed: 18.06.2026			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-rus-234	Course name: Russian Language and for Beginners 2
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: The student has the right to one resit. Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100 for completing the given requirements. The grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). a) continuous assessment: 1. Test: 25 p. 2. Test: 25 p. b) final assessment: Written exam: 50 p.	
Learning objectives: The student can speak in Russian on the A2 level. They can navigate the following topics: nationalities, states, languages, professions, housing. They understand and can retell and interpret simple texts. They know and use the correct grammatical categories and can identify stylistic differences among texts. They can translate simple texts on the selected topics.	
Brief outline of the course:	
Recommended literature: 1. ARKADIEVA, E. V., GORBANEVSKAJA, G. V., KIRSANOVA, N. D. MARČUK, I. B. Kogda ne pomagajut slovari... časť 1. Moskva: Flinta, 2011, ISBN 978-5-89349-804-2 2. ARKADIEVA, E. V., GORBANEVSKAJA, G. V., KIRSANOVA, N. D. MARČUK, I. B. Kogda ne pomagajut slovari... časť 2. Moskva: Flinta, Nauka, 2011, ISBN 978-5-89349-938-4 3. BITECHINA, G. A. a kol.: 26 urokov po razvitii reči. Moskva: Russkij jazyk, 1975 4. DEKANOVA, E., ONDREJČEKOVÁ, E.: Da! Ruština, Učebnica a cvičebnica. ENIGMA, 2008, ISBN 80-89132-30-8 5. KAPITANOVA, T. I. a kol.: Testy, testy, testy... Sankt-Peterburg: Zlatoust, 2010, ISBN 978-5-86547-406-7 6. KOVÁČIKOVÁ, T.: Ruština pre samoukov. Bratislava: Slovenské pedagogické nakladateľstvo, 2009, ISBN 978-80-10-01588 7. LIZOŇ, M.: Jazykové cvičenia pre 1. a 2.ročník, FF UMB, Banská Bystrica 8. NEKOLOVÁ, V., CAMUTALIOVÁ, I., VASILJEVOVÁ, A.: Ruština nejen pro samouky. Praha: Leda, 2006, ISBN 8085927969	

Language of instruction: Russian A2, Slovak C2							
Notes:student time load: 150 h. Combined study (S, C): 26 h. self-study: 50 h. studying for continuous test 1: 20 h. studying for continuous test 2: 25 h. studying for the final test: 25 h.							
Course assessment The final number of assessed students: 54							
A	B	C	D	E	FX(0)	FX(1)	n
72.22	12.96	1.85	3.7	0.0	9.26	0.0	0.0
Instructor: Mgr. Igor Cintula, PhD.							
Last changed: 13.09.2022							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-rus-233	Course name: Russian language for beginners 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: The student has the right to one resit. Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100 for completing the given requirements. The grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). a) continuous assessment: 1. Test: 25 p. 2. Test: 25 p. b) final assessment: Written exam: 50 p.	
Learning objectives: The student can speak in Russian on the level A1–A2. They can answer the questions: Who is it? What is it? What is its name? What is your name? Where is it? (place adverbial) They can form negative sentences, decline, and conjugate. They can apply this knowledge to create their own professional CV. They can use the lexical units in accordance with the speech etiquette.	
Brief outline of the course: The course focuses on developing basic language skills on the A1–A2 level. Simple communication situations, reading and listening comprehension are trained. Specific attention is paid to speech etiquette, addressing, and greeting (Russian vs. Slovak).	
Recommended literature: 1. ARKADIEVA, E. V., GORBANEVSKAJA, G. V., KIRSANOVA, N. D. MARČUK, I. B. Kogda ne pomagajut slovari... časť 1. Moskva: Flinta, 2011, ISBN 978-5-89349-804-2 2. ARKADIEVA, E. V., GORBANEVSKAJA, G. V., KIRSANOVA, N. D. MARČUK, I. B. Kogda ne pomagajut slovari... časť 2. Moskva: Flinta, Nauka, 2011, ISBN 978-5-89349-938-4 3. BITECHINA, G. A. a kol.: 26 urokov po razvitiu reči. Moskva: Russkij jazyk, 1975 4. DEKANOVÁ, E., ONDREJČEKOVÁ, E.: Da! Ruština, Učebnica a cvičebnica. ENIGMA, 2008, ISBN 80-89132-30-8 5. KAPITANOVA, T. I. a kol.: Testy, testy, testy... Sankt-Peterburg: Zlatoust, 2010, ISBN 978-5-86547-406-7 6. KOVÁČIKOVÁ, T.: Ruština pre samoukov. Bratislava: Slovenské pedagogické nakladateľstvo, 2009, ISBN 978-80-10-01588 7. LIZOŇ, M.: Jazykové cvičenia pre 1. a 2.ročník, FF UMB, Banská Bystrica	

8. NEKOLOVÁ, V., CAMUTALIOVÁ, I., VASILJEVOVÁ, A.: Ruština nejen pro samouky.
Praha: Leda, 2006, ISBN 8085927969

Language of instruction:

Russian A1, Slovak C2

Notes:student time load:

150 h. Combined study (S, C): 26 h. self-study: 50 h. studying for continuous test 1: 20 h.
studying for continuous test 2: 25 h. studying for the final test: 25 h.

Course assessment

The final number of assessed students: 54

A	B	C	D	E	FX(0)	FX(1)	n
68.52	9.26	9.26	5.56	0.0	7.41	0.0	0.0

Instructor: Mgr. Igor Cintula, PhD.

Last changed: 13.09.2022

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1d-VAV1-613		Course name: Science and Faith	
Type, extent and method of instruction: Form of instruction: Lecture Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 39 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 2., 4., 6.			
Level: I.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 13			
abs	n	p	v
15.38	84.62	0.0	0.0
Instructor: prof. ThDr. Pavel Hanes, PhD., Mgr. Benjamin Uhrin, ThD.			
Last changed: 17.09.2025			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: D_1_ZpUzUdP_cup	Course name: Skills for Success: From University to Practice
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: a) Attendance and active participation in classes, with a maximum permitted absence of one 160-minute session – 30% b) Submission of partial assignments for each thematic area – 10% c) Final group presentation on a selected topic from the course syllabus, demonstrating the ability to apply the acquired skills to specific real-life situations, including feedback to team members – 60% If a student does not successfully complete the course in the regular assessment period, they will be required to complete an individual assignment and subsequently present their work in a form determined by the examiner, accounting for 100% of the final assessment.	
Learning objectives: The course focuses on the development of key transferable skills, including soft skills and power skills, required for graduates' successful transition into professional practice in companies, shared service centres, consulting firms, financial institutions and the public sector. In cooperation with the American Chamber of Commerce in the Slovak Republic, AmCham Slovakia, and participating business entities, the course reflects current employer expectations regarding graduates of economics-oriented study programmes. Particular emphasis is placed on business communication, teamwork, problem-solving, working with information, and decision-making under uncertainty. Upon successful completion of the course, students will be able to: • communicate effectively in a professional and multicultural working environment, including communication in English; • work in teams and contribute to solving practical business-related problems, such as process improvements, customer situations and project-based tasks; • argue, present proposed solutions and defend their opinions based on data and facts; • handle feedback, conflict situations and performance pressure in the workplace; • apply basic principles of critical thinking, decision-making and time management in economic and managerial practice; • operate effectively in the environment of shared service centres, business service centres and the corporate culture of international companies.	

The course was developed in cooperation with the American Chamber of Commerce in the Slovak Republic, AmCham Slovakia, and the Banská Bystrica Self-Governing Region. The Slovak version of the course will be delivered by professional soft-skills lecturers, such as Learning and Development Managers, Education Specialists and Certified Coaches, from companies associated within the Business Service Center Forum, BSCF, of AmCham Slovakia, including Accenture, IBM, GAMO, GlobalLogic, KPMG and potentially other companies.

Brief outline of the course:

Critical thinking and decision-making

- Critical thinking when working with information and data
- Decision-making under uncertainty and risk
- Managerial versus analytical decision-making
- Cognitive biases in economic decision-making
- Short practical case studies based on real company situations

Communication, teamwork and conflict resolution

- Professional and business communication in Slovak and English
- Communication in a multicultural environment
- Team roles and cooperation in projects
- Conflict resolution in teams
- Assertiveness and argumentation
- Simulations of workplace situations

Functioning of companies, shared service centres and remote work

- How business service centres and shared service centres operate
- Employer expectations regarding competencies, behaviour and performance
- Working in international and remote teams
- Corporate culture and “unwritten rules” in companies

Time management, performance and coping with workload

- Time and priority management
- Managing stress and performance pressure
- Work-life balance in practice
- Productivity in project-based environments and under deadlines
- Self-development and personal effectiveness

Feedback, self-reflection and professional development

- Giving and receiving feedback
- Self-reflection and personal strengths and weaknesses
- Working on one’s own development and identifying skill gaps
- Basics of design thinking in the context of solving practical problems
- Final team presentations of practice-oriented solutions

Recommended literature:

Core literature:

1. FISHER, J. 2025. The Next Conversation: Argue Less, Talk More. New York: TarcherPerigee. 2025, 304 s. ISBN: 978-0-593-71872-8.
2. URY, W. 2024. Possible: How We Survive (and Thrive) in an Age of Conflict. New York: Harper Business. 2024, 368 s. ISBN: 978-0-06-328690-0.
3. HELGBIG, K. – NORMAN, M. 2023. The Psychological Safety Playbook: Lead More Powerfully by Being More Human. Vancouver: Page Two Books. 2023, 166 s. ISBN: 978-1-77458-309-8.

4. MILLER, K. Q. – WAHL, S. T. 2023. Business and Professional Communication: KEYS for Workplace Excellence. Thousand Oaks: SAGE Publications. 2023, 456 s. ISBN: 978-1-07182-526-5.

5. BOWMAN, S. 2023. Safe to Great: The New Psychology of Leadership. Figure 1 Publishing. 2023, 160 s. ISBN: 978-1-77327-230-6.

6. KONČITÍKOVÁ, G. 2021. Inspirace Baťa. Zlín: Inspirace Baťa. 2021, 366 s. ISBN: 978-80-908183-0-9.

7. KONČITÍKOVÁ, G. 2024. Inspirace Baťa 2: Růst Tomáše Bati. Zlín: Inspirace Baťa. 2024, 360 s. ISBN: 978-80-908183-3-0.

8. COVEY, S. R. 2004. The 7 Habits of Highly Effective People: Powerful Lessons in Personal Change. New York: Free Press. 2004, 381 s. ISBN: 978-0-7432-6951-3.

9. HAMILTON, C. 2012. Communication for Results: A Guide for Business and the Professions. 9th ed. Boston: Wadsworth Cengage Learning. 2012, 512 s. ISBN: 978-1-111-34145-1.

10. FISHER, R. – URY, W. L. – PATTON, B. 2011. Getting to Yes: Negotiating Agreement Without Giving In. 3rd ed. New York: Penguin Books. 2011, 208 s. ISBN: 978-0-14-311875-6.

11. PATTERSON, K. – GRENNY, J. – McMILLAN, R. – SWITZLER, A. 2011. Crucial Confrontations: Tools for Resolving Broken Promises, Violated Expectations, and Bad Behavior. 2nd ed. New York: McGraw-Hill Education. 2011, 256 s. ISBN: 978-0-07-177132-0.

Supplementary literature:

1. REYNOLDS, G. 2014. Presentation Zen: Simple Ideas on Presentation Design and Delivery. 2nd ed. Berkeley: New Riders. 2014, 288 s. ISBN: 978-0-321-81635-9.

2. WEISSMAN, J. 2009. Presenting to Win: The Art of Telling Your Story. 2nd ed. New York: FT Press. 2009, 256 s. ISBN: 978-0-13-700906-5.

3. BOOHER, D. 1994. Confrontational Communication: Delivering Negative Feedback, Bad News, and Other Straight Talk. New York: Houghton Mifflin. 1994, 224 s. ISBN: 978-0-395-63500-6.

4. STONE, D. – HEEN, S. 2014. Thanks for the Feedback: The Science and Art of Receiving Feedback Well. New York: Viking. 2014, 368 s. ISBN: 978-0-670-02578-9.

The literature will be supplemented by corporate training materials used in internal learning and development activities of the individual companies associated within the Business Service Center Forum, BSCF, of the American Chamber of Commerce in the Slovak Republic.

Language of instruction:

Slovak, English

Notes: student time load:

Total student workload: 90 hours, of which:

Blended learning: lectures, seminars and consultations: 26 hours

Self-study: 34 hours

Preparation for continuous assessment: 10 hours

Preparation for the examination and final assessment: 20 hours

Course assessment

The final number of assessed students: 0

A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: Ing. Michal Mešťan, PhD., MBA

Last changed: 11.05.2026

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-scl-02	Course name: Slovak for foreigners S
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: The main language of instruction is Slovak at the B2 level according to the Common European Framework of Reference for Languages. a) continuous assessment: continuous tests from vocabulary and grammar (0-30 points), written home-works (0-10 points), b) final assessment: continuous assessment (0 – 40 points), final written test (0 – 20 points), oral exam (0 – 40 points). The maximum number of points consisting of continuous and final assessment is 100. Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100 for completing the given requirements.	
Learning objectives: A foreign student will acquire knowledge and skills depending on the initial language level according to the Common European Framework of Reference for Languages.	
Brief outline of the course: Topics: travelling, daily activities, colours, generational differences, economy, media, relationships, cities, orientation on streets, migration and tolerance, universities, work, profession, school, shopping, personal data, nature and character, Slovak republic, Slovak history, political and administrative system, citizenship, geography, culture, traditions, minorities, sports, sporting events, restaurants, crime and punishment, life in cities and in villages, environment and ecology, lifestyle.	
Recommended literature: BARKOVÁ, Viera – BUZNOVÁ, Viktória – DRATVA, Tomáš.: Slovenčina pre cudzincov – cvičebnica. Bratislava – SPN – Mladé letá, 2007. BORTLÍKOVÁ, Alica – MAIEROVÁ, Eva – NAVRÁTILOVÁ, Jana.: Hovorme spolu po slovensky B1. Bratislava – Univerzita Komenského, Centrum ďalšieho vzdelávania, 2016. BORTLÍKOVÁ, Alica – MAIEROVÁ, Eva – NAVRÁTILOVÁ, Jana.: Hovorme spolu po slovensky B2. Bratislava – Univerzita Komenského, Centrum ďalšieho vzdelávania, 2017. DRATVA, Tomáš.: Slovenčina pre cudzincov. 4. vyd. Bratislava – SPN – Mladé letá, 2007. PAPP, Štefan – LIPKOVÁ, Mária.: Prehľadná gramatika – slovenčina. Dubicko – INFOA, 2012. PEKAROVIČOVÁ, Jana.: Slovenčina pre cudzincov – praktická fonetická príručka. Bratislava – STIMUL, 2005.	

ULIČNÁ, Martina – ANDOROVÁ, Iveta – BÁČKAIOVÁ, Klaudia – GABRIKOVÁ, Adela.: Tri, dva, jeden – slovenčina. Bratislava – Univerzita Komenského, Centrum ďalšieho vzdelávania, 2017. VAJČKOVÁ, Mária.: Slovenčina pre cudzincov – gramatické cvičenia. 4. vyd. Bratislava – Univerzita Komenského, 2009. ŽIGOVÁ, Júlia.: Praktikum zo slovenskej gramatiky a ortografie pre cudzincov. Bratislava – Univerzita Komenského, 2015. Gramatické tabuľky, slovníky, lektorské didaktické materiály rozvíjajúce lexiku, systematizujúce gramatiku aj ortografiu.							
Language of instruction:							
Notes:student time load: 90 hours: in-class (L, S, C): 26 hours work with specialised literature and sources: 20 hours, seminars preparation 30 hours, final assessment preparation: 14 hours							
Course assessment The final number of assessed students: 69							
A	B	C	D	E	FX(0)	FX(1)	n
18.84	17.39	23.19	11.59	10.14	13.04	5.8	0.0
Instructor: PhDr. Annamária Genčiová, PhD., Mgr. Monika Bartošová							
Last changed: 24.01.2024							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-scz-01	Course name: Slovak for foreigners W
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: The main language of instruction is Slovak at the B2 level according to the Common European Framework of Reference for Languages. a) continuous assessment: continuous tests from vocabulary and grammar (0-30 points), written home-works (0-10 points), b) final assessment: continuous assessment (0 – 40 points), final written test (0 – 20 points), oral exam (0 – 40 points). The maximum number of points consisting of continuous and final assessment is 100. Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100 for completing the given requirements.	
Learning objectives: A foreign student will acquire knowledge and skills depending on the initial language level according to the Common European Framework of Reference for Languages.	
Brief outline of the course: Topics: travelling, daily activities, colours, generational differences, economy, media, relationships, cities, orientation on streets, migration and tolerance, universities, work, profession, school, shopping, personal data, nature and character, Slovak republic, Slovak history, political and administrative system, citizenship, geography, culture, traditions, minorities, sports, sporting events, restaurants, crime and punishment, life in cities and in villages, environment and ecology, lifestyle.	
Recommended literature: BARKOVÁ, Viera – BUZNOVÁ, Viktória – DRATVA, Tomáš.: Slovenčina pre cudzincov – cvičebnica. Bratislava – SPN – Mladé letá, 2007. BORTLÍKOVÁ, Alica – MAIEROVÁ, Eva – NAVRÁTILOVÁ, Jana.: Hovorme spolu po slovensky B1. Bratislava – Univerzita Komenského, Centrum ďalšieho vzdelávania, 2016. BORTLÍKOVÁ, Alica – MAIEROVÁ, Eva – NAVRÁTILOVÁ, Jana.: Hovorme spolu po slovensky B2. Bratislava – Univerzita Komenského, Centrum ďalšieho vzdelávania, 2017. DRATVA, Tomáš.: Slovenčina pre cudzincov. 4. vyd. Bratislava – SPN – Mladé letá, 2007. PAPP, Štefan – LIPKOVÁ, Mária.: Prehľadná gramatika – slovenčina. Dubicko – INFOA, 2012. PEKAROVIČOVÁ, Jana.: Slovenčina pre cudzincov – praktická fonetická príručka. Bratislava – STIMUL, 2005.	

ULIČNÁ, Martina – ANDOROVÁ, Iveta – BÁČKAIOVÁ, Klaudia – GABRIKOVÁ, Adela.: Tri, dva, jeden – slovenčina. Bratislava – Univerzita Komenského, Centrum ďalšieho vzdelávania, 2017. VAJIČKOVÁ, Mária.: Slovenčina pre cudzincov – gramatické cvičenia. 4. vyd. Bratislava – Univerzita Komenského, 2009. ŽIGOVÁ, Júlia.: Praktikum zo slovenskej gramatiky a ortografie pre cudzincov. Bratislava – Univerzita Komenského, 2015. Gramatické tabuľky, slovníky, lektorské didaktické materiály rozvíjajúce lexiku, systematizujúce gramatiku aj ortografiu.																							
Language of instruction: Slovak																							
Notes:student time load: 90 hours: in-class (L, S, C): 26 hours work with specialised literature and sources: 20 hours, seminars preparation 30 hours, final assessment preparation: 14 hours																							
Course assessment The final number of assessed students: 109 <table> <tr> <th>A</th><th>B</th><th>C</th><th>D</th><th>E</th><th>FX(0)</th><th>FX(1)</th><th>n</th></tr> <tr> <td>20.18</td><td>6.42</td><td>6.42</td><td>16.51</td><td>22.02</td><td>7.34</td><td>21.1</td><td>0.0</td></tr> </table>								A	B	C	D	E	FX(0)	FX(1)	n	20.18	6.42	6.42	16.51	22.02	7.34	21.1	0.0
A	B	C	D	E	FX(0)	FX(1)	n																
20.18	6.42	6.42	16.51	22.02	7.34	21.1	0.0																
Instructor: PhDr. Annamária Genčiová, PhD., Mgr. Monika Bartošová																							
Last changed: 25.09.2023																							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.																							

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Arts						
Code: 1d-utr-233		Course name: Snowboarding Exercises 1				
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1.						
Level: I.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 30						
A	B	C	D	E	FX(0)	FX(1)
50.0	10.0	0.0	0.0	0.0	40.0	0.0
Instructor: doc. PaedDr. Jiří Michal, PhD., PaedDr. Stanislava Straňavská, PhD.						
Last changed: 18.10.2023						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Arts							
Code: 1d-SOP-401		Course name: Social psychology					
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 / 13 Method of study: combined							
Number of credits: 4							
Recommended semester/trimester: 3.							
Level: I.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction:							
Notes:student time load:							
Course assessment The final number of assessed students: 1324							
A	B	C	D	E	FX(0)	FX(1)	n
25.23	22.28	25.0	17.22	6.72	0.98	2.57	0.0
Instructor: PhDr. Beáta Žitniaková Gurgová, PhD., PaedDr. Jana Stehlíková, PhD.							
Last changed: 17.06.2025							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1d-spr-193		Course name: Sociology: practical knowledge of society	
Type, extent and method of instruction: Form of instruction: Lecture Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 2., 4., 6.			
Level: I.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 269			
abs	n	p	v
99.26	0.74	0.0	0.0
Instructor: Mgr. Roman Hofreiter, PhD., univ. doc., doc. Mgr. M. A. Ivan Chorvát, CSc.			
Last changed: 27.03.2023			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Arts							
Code: 1d-zsj-002		Course name: Spanish Basics					
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 1., 3., 5.							
Level: I.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction:							
Notes:student time load:							
Course assessment The final number of assessed students: 382							
A	B	C	D	E	FX(0)	FX(1)	n
31.15	15.97	18.59	13.61	11.52	6.02	3.14	0.0
Instructor: Mgr. Eva Reichwalderová, PhD.							
Last changed: 19.11.2021							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-sju-001	Course name: Spanish language 2
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: The maximum total number of points obtained for the interim and final assessment is 100. Credits will be awarded to a student who has earned at least 65 out of 100 points for fulfilling the specified requirements. a) continuous assessment: participation and activities in classes (0-20 points) b) final assessment: final exam (0-80 points)	
Learning objectives: At the end of the course, the student is able to give information about himself and his family, introduce his field of study and the school where he studies, talk about his habits, describe his room/apartment/house; he can communicate in the present tense, recognises the announcement and command modes; knows the principles of Spanish grammar at A1 level; understands basic vocabulary expressions and can use them in the right situation; can understand simple text on common topics, understand simple instructions and follow simple orientation instructions.	
Brief outline of the course: 1. Family, 2. Days of the week, months, 3. Everyday repetitive activities, 4. Reversible verbs in the present tense, 5. Imperative negative, 6. Description of the house/apartment and furnishings, 7. Eating habits in Spain and Slovakia, 8. Timing of irregular verbs in the present tense, 9. Leisure time	
Recommended literature: 1. CASTRO VIÚDEZ, F. et al. 2012. Español en marcha. Madrid: SGEL. 2012 2. CORPAS, J. et al. 2013. Aula internacional 1 Nueva edición. Barcelona: difusión.	
Language of instruction: Spanish A1	
Notes:student time load: 120 hours, of which: full-time study: 26 hours Exam preparation + written exam: 94 hours	

Course assessment							
The final number of assessed students: 101							
A	B	C	D	E	FX(0)	FX(1)	n
39.6	14.85	12.87	9.9	7.92	13.86	0.99	0.0
Instructor: Mgr. Eva Reichwalderová, PhD.							
Last changed: 14.09.2023							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-aju-110	Course name: Special Language Seminar EN
Type, extent and method of instruction: Form of instruction: Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 2.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: The total amount of points for the continuous and final assessment is 100. The assessment is carried out according to the ECTS grading scale. Credits will be assigned to those students who by fulfilling the stated conditions gain at least 65 out of a total of 100 points. b) final assessment: Written test	
Learning objectives: The student will be able: 1. To communicate actively and passively in English about various scientific topics, including the active use of related vocabulary 2. To adjust their way of speaking depending on the listener and explain unknown terms in English 3. To use infinitives 4. To use special grammatical form for deduction, induction or prediction 5. To express themselves without repetition 6. Can use vocabulary and syntactic structures adding emphasis 7. Can create subordinate clauses and use them 8. Can use indirect speech 9. Can use discourse markers 10. Can use adverbs and adverbial clauses	
Brief outline of the course:	
Recommended literature: SASLOW, J. – ASCHER, A. 2023. Connectivity: Connecting People through English Level 5. Student's Book. Hoboken: Pearson Education, 2023.	
Language of instruction: English B2	
Notes: student time load: Student workload: 120hrs. combined studies (L, S, C): 26 hrs. self-study: 30hrs.	

preparation for seminars: 30 hrs. preparation for the finals test: 34 hrs							
Course assessment The final number of assessed students: 375							
A	B	C	D	E	FX(0)	FX(1)	n
33.87	21.33	15.47	14.67	12.53	0.8	1.33	0.0
Instructor: doc. PaedDr. Petra Jesenská, PhD., doc. Natalia Kovalchuk, PhD., Mgr. Michael Eliot Dove							
Last changed: 22.01.2026							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ozvstv-104	Course name: Sport Games 1 (Volleyball, Handball, Floorball)
Type, extent and method of instruction: Form of instruction: Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 52 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2.	
Level: I.	
Prerequisites:	
Course completion conditions: The condition for the evaluation of the course is the compulsory, active participation of the student in the lessons. Acceptable absences are 4 hours. from the total subsidy for the semester. It is only valid for students without an individual study plan. During the teaching part of the semester, the student undergoes testing of the level of practical skills and performance in the game in the sports games of volleyball, handball and floorball. In the last week, he will take a written test on the rules of these 3 sports games. Students can correct the interim evaluation on the dates announced by the teacher within the period for the completion of study obligations. a) continuous assessment: a) continuous assessment: - Test of practical skills and game performance: 80 p. (min. 52 p.) - Volleyball: 40 p. (min. 26 p.) - Handball: 20 points (min. 13 p.) - Floorball: 20 points (min. 13 p.) - Written test focused on game rules: 20 points (min. 13 p.) b) final assessment: final assessment: Based on the continuous assessment. The maximum number of points consisting of continuous and final assessment is 100 (=100%). Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%), Fx (less than 64%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: Learning outcomes: The student: - understands the importance of sport games for the physical development and can integrate it into their regimen; - knows and uses correct terminology (volleyball, handball, and floorball); - knows the rules of volleyball, handball, and floorball;	

- understands the point of suitable warm-up activities and can apply them in practice;
- has theoretical knowledge of the social-interactive as well as methodological and organisational forms and their application in training and improvement of individual drills, combinations, and the game system;
- can name and describe player roles in offence and defence (volleyball, handball, and floorball);
- understands drills, combinations, and game systems;
- can demonstrate and apply the techniques of basic individual player actions in a game (match);
- can actively participate in the basic game combinations and the selected games systems;
- understands the difference between individual and collective tactics;
- can fill in a simple observation sheet focused on individual and team performance;
- can organise an exercise group, judge the game, organise an event or tournament.

Brief outline of the course:

Brief outline of the course:

The importance and position of sports in human life (school, leisure time). The rules and terminology of volleyball, handball, and floorball.

Warm-up (general, specialised); movement games as a tool to create the contents of training and improvement of game drills.

Social-interactive and methodological-organisational forms in sport games.

Player roles, game actions, drills, game system, game combinations.

Training and improvement – defence and offence drills (methodology).

Training and improvement – defence and offence combinations (methodology). Training and improvement – defence and offence game systems (methodology). Complex individual improvement (match).

Judging, leadership, organisation – tournaments. Basics diagnostics in sports games (motor skill test, check-up exercises).

Recommended literature:

Recommended literature:

1. Aktuálne pravidlá športových hier volejbal, hádzaná, florbal.
2. KYSEL, J. 2010. Florbal: kompletní průvodce. 1 Vyd. Praha : Grada, 2010. 144 s. ISBN 978-80-247-3615-0.
3. NEMEC, M. a kol. 2014. Športové hry 1. časť. 2. dopln. a rozšír. vyd. Banská Bystrica : Vydavateľstvo Univerzity Mateja Bela - Belianum, 2014. 225 s. ISBN 978-80-557-0809-6.
4. ONDRUŠ, D. 2010. Florbal, ako trénovať a hrať. Žilina : ŠK Juventa Žilina, 2010. 117s. ISBN 55501071
5. PERÁČEK, P. a kol. 2004. Teória a didaktika športových hier 1. Bratislava : PEEM, 2004. 184 s. ISBN 80-89197-00-0.
6. POPELKA, J. – BEŤÁK, B. – PIVOVARNÍČEK, P. 2020. In which indicators can the difference between effectivity of static and dynamic stretching of young volleyball players be noticed? In Sport Science : International Scientific Journal of Kinesiology. ISSN 1840-3662, 2020, vol. 14, no. 1, p. 21-26.
7. POPELKA, J. – PAVLOVIČ, R. 2017. The effectiveness of various teaching approaches on the performance of the volleyball game. In SPORTLOGIA: scientific-expert journal of anthropological aspects of sports, physical education and recreation. ISSN 1986-6119, 2017, vol. 13, no. 1, p. 29-37.
8. PŘIDAL, V. - ZAPLETALOVÁ, L. 2010. Volejbal. Herný výkon – tréning – riadenie. Bratislava: Peter Mačura – PEEM, 2010. 181 s. ISBN 978-80-8113-030-4.
9. ZAPLETALOVÁ, L. - PŘIDAL, V. 1996. Teória a didaktika volejbalu. Bratislava : Univerzita Komenského, Fakulta telesnej výchovy a športu, 1996. 108 s. ISBN 80-967456-1-1.

10. ZAPLETALOVÁ, Ľ. – PŘIDAL, V. – LAURENČÍK, T. 2007. Volejbal, Základy techniky, taktiky a výučby. Bratislava : Univerzita Komenského, 2007. 158 s. ISBN 978-80-223-2280-5 11. ZAŤKOVÁ, V. 1999. Teória a didaktika hádzanej. Bratislava : Univerzita Komenského, 1999. 94 s. ISBN 80-22313-22-X.						
Language of instruction: slovak						
Notes:student time load: student time load 90 h. Combined study (L, S, C): 52 h. Preparation for the evaluation (practical skills): 28 h. Studying for the final test (game rules): 10 h						
Course assessment The final number of assessed students: 986						
A	B	C	D	E	FX(0)	FX(1)
1.83	24.34	37.22	22.72	6.8	0.2	6.9
Instructor: doc. PaedDr. Miroslav Nemec, PhD., PaedDr. Boris Beťák, PhD., PaedDr. Rastislav Kollár, PhD., Mgr. Jaroslav Popelka, PhD., PaedDr. Mgr. Lukáš Opáth, PhD., Mgr. Marek Janík						
Last changed: 08.09.2024						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ozvstv-114	Course name: Sport Games 2 (Basketball, Football)
Type, extent and method of instruction: Form of instruction: Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 52 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 5.	
Level: I.	
Prerequisites:	
Course completion conditions: The condition for the evaluation of the course is the compulsory, active participation of the student in the lessons. Acceptable absences are 4 hours. from the total subsidy for the semester. It is only valid for students without an individual study plan. During the teaching part of the semester, the student undergoes testing of the level of practical skills and performance in the game in the sports game of basketball, testing of skills and practical presentation of the application of methodological and organizational forms in the training and improvement of HČJ, HK and HS in the sports game of football. In the last week, he will take a written test from the rules of these 2 sports games. Students can correct the interim evaluation on the dates announced by the teacher within the period for the completion of study obligations. a) continuous assessment: a) continuous assessment: - Test of practical skills and game performance (basketball): 40 p. (min. 26 p.) - Test of practical skills (football): 10 p. (min. 6.5 p.) - Demonstration of methodological and organisational forms in football: 30 p. (min. 19.5 p.) - Written test focused on game rules: 20 points (min. 13 p.) b) final assessment: final assessment: Based on the continuous assessment. The maximum number of points consisting of continuous and final assessment is 100 (=100%). Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%), Fx (less than 64%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: Learning outcomes: The student: - knows and uses correct terminology (basketball, football); - has theoretical knowledge of the social-interactional as well as methodological and organisational forms and their application in training and improvement of individual drills, combinations, and the game system;	

- knows the rules of basketball and football;
- can name and describe player roles in offence and defence in both games;
- understands drills, combinations, and game systems;
- can demonstrate and apply the techniques of basic individual player actions in a game (match);
- can actively participate in the basic game combinations and the selected game system;
- understands the difference between individual and collective tactics;
- can fill in a simple observation sheet focused on individual and team performance;
- can organise an exercise group, judge the game, organise an event or tournament;
- demonstrates how methodological and organisational forms of training are applied to improve individual drills, combinations, and the game systems.

Brief outline of the course:

Brief outline of the course:

The rules and terminology of basketball and football.

Social-interactional and methodological-organizational forms in sport games.

Player roles, game actions, drills, game system, game combinations.

Training and improvement – defence and offence drills (methodology).

Training and improvement – defence and offence combinations (methodology). Training and improvement – defence and offence game systems (methodology). Complex individual improvement (match).

Judging, leadership, organisation – tournaments. Basics diagnostics in sports games (motor skill test, check-up exercises).

Practical outputs.

Recommended literature:

Recommended literature:

1. Aktuálne pravidlá športových hier basketbal a futbal
2. ARGAJ, G. – REHÁK, M. 2007. Teória a didaktika basketbalu II. Bratislava : Univerzita Komenského, 2007. 137s. ISBN 978-80-223-2325-3.
3. IZAKOVÁ, A. a kol. 2019. Teória a didaktika športovej hry basketbal. Banská Bystrica : Vydavateľstvo Univerzity Mateja Bela – Belianum, 2019. 130 s. ISBN 978-80-557-1648-0.
4. NEMEC, M. – KOLLÁR, R. 2009 Teória a didaktika futbalu. Banská Bystrica : PARTNER, 2009. 200 s. ISBN 978-80-89183-62-3
5. NEMEC, M. a kol. 2014. Športové hry 1. časť. 2. dopln. a rozšir. vyd. Banská Bystrica : Vydavateľstvo Univerzity Mateja Bela – Belianum, 2014. 225 s. ISBN 978-80-557-0809-6.
6. PERÁČEK, P. a kol. 2004. Teória a didaktika športových hier 1. Bratislava : PEEM, 2004. 184 s. ISBN 80-89197-00-0.
7. TOMÁNEK, Ľ. 2010. Teória a didaktika basketbalu. Bratislava : ICM Agency, 2010. 212 s. ISBN 978-80-89257-25.

Language of instruction:

slovak

Notes:student time load:

student time load

90 h.

Combined study (L, S, C): 52 h.

Preparation for the evaluation (practical skills): 22 h. Preparation for the practical demonstration: 8 h.

Studying for the written test (game rules): 8 h.

Course assessment						
The final number of assessed students: 505						
A	B	C	D	E	FX(0)	FX(1)
5.54	31.68	37.43	17.43	4.55	0.2	3.17
Instructor: doc. PaedDr. Miroslav Nemec, PhD., PaedDr. Boris Beťák, PhD., Mgr. Andrea Izáková, PhD., PaedDr. Rastislav Kollár, PhD.						
Last changed: 08.09.2024						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ozvstv-999	Course name: Sport Sciences
Type, extent and method of instruction: Form of instruction: Lecture Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 1.	
Level: I.	
Prerequisites:	
Course completion conditions: The condition of subject evaluation is mandatory, active participation of the student in classes. An acceptable absence is 2 hours. from the total subsidy for the semester. It only applies to students without an individual study plan. In the course of the semester, the student submits one term paper for evaluation and at the end passes a written exam on knowledge of the subject of Sports Science.	
a) continuous assessment: - semester work is focused on social issues of Sports Sciences and professional issues of Sports Sciences: max 50 points, min 32.5 points.	
b) final assessment: - written exam: max 50 points, min 32.5 points. The maximum number of points obtained for the interim and final assessment is 100 points, which represents 100%. Corresponds to the rating scale (A = 100 - 94%, B = 93 - 87%, C = 86 - 80%, D = 79 - 73%, E = 72 - 65%, FX = 64 and below). Credits will be awarded to a student who has obtained at least 65% of all points in the subject for fulfilling the specified conditions, while obtaining at least the minimum number of points from both the interim and final evaluation.	
Learning objectives: Learning outcomes: The student: - understands the position of the Sport Sciences field of study in the context of the education system and related study fields - understands the basic concepts of sport sciences - knows and uses correct terminology - understands the structure of Sport Sciences as a field of study from the historical as well as current viewpoints - understands the research activities in sport sciences - can navigate the up-to-date legislation addressing education and sports.	
Brief outline of the course: Brief outline of the course: Introduction. The university education system.	

Sport Sciences as a research field – system, subject matter, methods, structure, related fields. The position of sport sciences within society and its impact on other social areas. Basic sports legislation, funding sports, gaining professional qualifications in sports. Basic concepts of sport sciences. Organisation of physical education and sports in the Slovak Republic. Basic information on the creation of seminar papers and final theses. Research methods in sport sciences and their practical application.																				
Recommended literature: Recommended literature: 1. KASA, J. – ŠVEC, Š. Terminologický slovník vied o športe. Bratislava: PEEM, 2007. 270, ISBN 978-80-89197-78-1. 2. KOMPÁN, J – PAUGSCHOVÁ, B. – VALENČÁKOVÁ, V. Vedy o športe. Ústí nad Labem: Univerzita J.E. Purkyně, Pedagogická fakulta, 2010, 162 s, ISBN 9788074142741 3. STARŠÍ, J. 1999. Vedy o športe. Kapitoly z metodológie. Banská Bystrica: KTVŠ FHV UMB, 1999. 4. SÝKORA, F. et al. 1995. Telesná výchova a šport. [Terminologický a výkladový slovník]. Bratislava : F. R. C. s r. o., 402 s. 1995. ISBN 80-85508-26-5 5. Zákony: aktuálna legislatíva v športe: https://www.minedu.sk/vseobecne-zavazne-predpisy/																				
Language of instruction: slovak																				
Notes:student time load: student time load 120 h. Combined study (L, S, C): 26 h. Seminar paper preparation: 49 h. Consulting: 10 h. Studying for the oral exam: 35 h.																				
Course assessment The final number of assessed students: 1144 <table border="1"> <thead> <tr> <th>A</th><th>B</th><th>C</th><th>D</th><th>E</th><th>FX(0)</th><th>FX(1)</th></tr> </thead> <tbody> <tr> <td>1.49</td><td>5.07</td><td>13.99</td><td>21.85</td><td>32.08</td><td>2.62</td><td>22.9</td></tr> </tbody> </table>							A	B	C	D	E	FX(0)	FX(1)	1.49	5.07	13.99	21.85	32.08	2.62	22.9
A	B	C	D	E	FX(0)	FX(1)														
1.49	5.07	13.99	21.85	32.08	2.62	22.9														
Instructor: prof. PaedDr. Martin Pupiš, PhD., PaedDr. Jaroslav Kompán, PhD.																				
Last changed: 09.09.2024																				
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.																				

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ozvstv-111	Course name: Sports History and Olympianism
Type, extent and method of instruction: Form of instruction: Lecture Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: Active attendance is required. The student is allowed to miss 3 classes per semester. This applies to students without an individual study plan. To receive the final assessment, the student is obliged to take the final written exam. b) final assessment: final assessment: Written exam: 100 p. The maximum number of points consisting of continuous and final assessment is 100 (=100%). Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%), Fx (less than 64%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: Learning outcomes: The student: - knows the basic terminology related to history of sports and physical education; - understands the evolution of sports and physical education; - develops general knowledge of history of sports and Olympianism as well as selected sports disciplines; - can use the available specialised literature, retrieve relevant information from printed and online sources; - understands how history shaped the current reality of sports and physical education; - knows basic social phenomena (civilisation changes, etc.) and understands how they influence the development of sports and physical education (from the historical point of view); - can properly analyse the source texts and draw conclusions.	
Brief outline of the course: Brief outline of the course: Stages and milestones in Slovak and world history of sports and physical education (PE). The establishment and development of the sports movement around the world and in Slovakia. Major figures who shaped sports and PE during different stages of their evolution.	

Ancient Greek Olympic Games vs. contemporary OG – origin and evolution.						
Recommended literature: Recommended literature: 1. GAJDOŠ, A. 2007. Osobnosti slovenského športu 1896 – 2006. Martin: Matica slovenská, 2007, 274 s. EAN 9788070909560 2. GREXA, J a kol. 1996. Olympijské hnutie na Slovensku. Od Atén po Atlantú. Bratislava . Slovenský olympijský výbor, 1996. 212 s. ISBN 80-85401-56-8. 3. GREXA, J., 2006. Olympijská výchova. Metodická príručka SOV. Bratislava : SOV 2006, 86 s. ISBN 80-969522-0-X. 3. KÖSSL, J. 1977. Dějiny Československého olympijskeho hnutí. Praha : Olympia, 1977. 4. KRUSEOVÁ, B. – MENDEM, A.1996. Kronika olympijských hier 1986 – 1996. Bratislava : Fortuna Print, 1996. 5. PERÚTKA, J. 1980. Dejiny telesnej výchovy a športu na Slovensku. Bratislava : Šport, 1980. 284s. 6. PERÚTKA, J. et al.1985. Dejiny telesnej kultúry. Bratislava : SPN, 1985. 288s. 7. SEMAN, F. 2012. Míľniky svetového športu. Bratislava : SOV, MŠVVaŠ. ISBN 978-80-89460-09-0 8. SOMMER, J. 2003. Dějiny sportu. Olomouc : Fontána, 2003. 274s. ISBN 978-80-73361-16-7 9. VLADOVIČOVÁ, N. – GÖRNER, K. 1996. Vybrané kapitoly z dejín telesnej kultúry. B. Bystrica : PF UMB, 1996. 92s.						
Language of instruction: slovak						
Notes:student time load: student time load 90 h. Combined study (L, S, C): 26 h. Seminar paper preparation 1: 20 h. Seminar paper preparation 2: 20 h. Studying for the written test: 24 h.						
Course assessment The final number of assessed students: 968						
A	B	C	D	E	FX(0)	FX(1)
1.55	9.4	19.63	14.26	37.19	1.24	16.74
Instructor: prof. PaedDr. Martin Pupiš, PhD., PaedDr. Boris Beťák, PhD.						
Last changed: 23.03.2023						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ozvstv-115	Course name: Sports Psychology and Pedagogy
Type, extent and method of instruction: Form of instruction: Lecture Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 6.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: Active attendance is required. To complete the course, the student has to master the theoretical as well as practical topics. a) continuous assessment: continuous assessment: Seminar paper: 40 p. b) final assessment: final assessment: Written exam: 60 p. The maximum number of points consisting of continuous and final assessment is 100 (=100%). Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%), Fx (less than 64%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements	
Learning objectives: Learning outcomes: The student: - can transfer their knowledge of sports psychology and pedagogy to other contexts (courses on sports theory and didactics, specialisations, coaching practice, recreational sports, practice, etc.) - and apply them to sport-specific didactics; - applies their knowledge in practice; - can evaluate their knowledge in this field and apply it in PE and sports; - can evaluate other people's knowledge of this field; - creates a seminar paper addressing this topic.	
Brief outline of the course: Brief outline of the course: Mental processes – characteristics and functions in physical education and sports (cognitive, emotive, motivational, volitional). The ontogenesis of motor skills and motor learning. Social-psychological aspects of PE and sports, team dynamics, communication, interaction.	

Athlete, coach, instructor, PE teacher – personality.
 The psychological aspects of sports training, regulation of ongoing mental states;
 individualisation of sports training, adaptation processes. Cooperation among the coach, PE teacher,
 and psychologist.
 Diagnosing psychosomatic, social-psychological, psychophysiological, and personality indicators
 as part of performance improvement and stabilisation.
 Sports pedagogy – general theory. Sports pedagogy – history. Sports pedagogy – methodology.
 Sports pedagogy in Slovakia and abroad.
 School sports pedagogy. Leisure sports pedagogy. Experiential pedagogy.
 Leisure pedagogy, Leisure activities for the youth.
 Sports and leisure-time physical activity.

Recommended literature:

Recommended literature:

1. BLAHÚTKOVÁ, M. – SLÍŽIK, M. 2013. Vybrané kapitoly z psychologie sportu. Brno: FSPPS, 2013. 118 s. ISBN 978-80-210-6859-9 online <https://www.fsps.muni.cz/impact/knihovna/vybrane-kapitoly-z-psychologie-sportu/>
2. GREGOR, T. 2013. Psychológia športu. Bratislava: MAURO Slovakia, 2013. 400s. ISBN 9788096809271
3. GURSKÝ, T. 2005. Psychológia športu. Bratislava: SZTK, 2005.
4. JANSÁ, P. – DOVALIL, J. et al. 2009. Sportovní příprava. Praha: Q-art, 2009. 295 s. ISBN 9788090328099
5. JANSÁ, P. 2012. Pedagogika sportu. Praha: Karolinum, 2012, 226 s. ISBN 978-80-246-3986-4.
6. LERNER, J. 1988. Didaktické základy vyučovacích metod. Bratislava: SPN, 1988.
7. MACÁK, I. – HOŠEK, V. 1987. Psychológia telesnej výchovy a športu. Bratislava: SPN, 1987.
8. MACÁK, I. 1997. Psychológia športovej úspešnosti. Bratislava: FTVŠ UK, 1997
9. MOJŽÍŠEK, L. 1988. Vyučovací metody. 3.vyd. Praha: SPN, 1988.
10. PRŮCHA, J. 2005. Moderní pedagogika. 3. vyd. Praha: Portál, 2005, 481 s. ISBN 80-7367-047-X.
11. SLEPIČKA, Et al 2009 Psychologie sportu. UK: Karolinum 2009. 242 s. ISBN 9788024616025
12. SLEPIČKOVÁ, I. 2005. Sport a volný čas. Praha: Karolinum, 2005. 115 s. ISBN 8024610396
13. SVOBODA, B. 2007. Pedagogika sportu, 2. vyd. Praha: Karolinum, 2007, 250 s. ISBN 978-80-246-1358-1
14. ŠVEC, Š. et al. 1998. Metodológia vied o výchove. Bratislava: IRIS, 1998. 300s. ISBN 8088778735
15. TOD, D. – THATCHER, J. – RAHMAN, R. 2012. Psychologie sportu. Praha: Grada. 2012. 200s. ISBN 9788024739236
16. VÁŽANSKÝ, M. 1992. Volný čas a pedagogika zážitku. Brno: MU, 1992, 64 s. ISBN 80-210-0428-2. Dostupné na: <http://alis.uniba.sk:8088/lib/item?id=chamo:211813&fromLocationLink=false&theme=Katalog>
17. ZUSKOVÁ, K. a kol. 2010. Osobnosť športovca z pohľadu vybraných oblastí psychológie a športu. Prešov: Prešovská univerzita, Fakulta športu, 2010. 231 s. ISBN 978-80-555-0134-5.

Language of instruction:

slovak

Notes:student time load:

student time load

90 h.

Combined study (L, S, C): 39 h. Preparation for the exam: 35 h.

seminar paper preparation: 16 h.

Course assessment

The final number of assessed students: 431

A	B	C	D	E	FX(0)	FX(1)
19.95	35.5	22.97	11.6	2.09	3.48	4.41

Instructor: doc. Mgr. PhDr. Miroslav Sližik, PhD., Mgr. Miroslava Rošková, PhD., Mgr. Andrea Izáková, PhD.

Last changed: 23.03.2023

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-009	Course name: Sports Sociology
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 6.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: Active attendance is required. To complete the course, the student has to master the theoretical as well as practical topics. a) continuous assessment: continuous assessment: Seminar paper: 40 p. b) final assessment: final assessment: Written exam: 60 p. The maximum number of points consisting of continuous and final assessment is 100 (=100%). Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: Learning outcomes: The student: understands the primary rules of sports sociology and can apply it in games as well as in individual sports – can transfer them to other contexts as well (courses on sports didactics, specialisations, coaching practice, etc.) – can apply their knowledge in the organisation of different sports – understands the position of sports as an organic subsystem of society – distinguishes organised and non-organised sporting events in terms of sports sociology – can apply their knowledge in practice – can evaluate their knowledge and apply it in PE – can evaluate other people's knowledge of sports sociology – creates a seminar paper.	
Brief outline of the course: Brief outline of the course: Sports Sociology – goal, tasks, importance. Main stages and research methods. Evolution of the discipline. Sports as a social phenomenon. The social function of sports. How sports manifest in society. Sports as a socialisation tool. The stages of a professional athlete's career. Sports collective as a social group. Sports as a tool of establishing interpersonal relationships. The system of sports and its social function. The European Sports Charter. Professionalisation and commercialisation of sports. Social-pathological determinants in sport. Audience as a part of modern sports. Mass media	

and sports. Social inequalities and sports. Sports as a social stratification factor. Organisations, management, and funding of sports in the SR after 1989. The Sports Act of 2015

Recommended literature:

Recommended literature:

1. BOČÁK, M. - MERGEŠ, J. - SASÁK, P. 2018. Súčasný mediálny šport. Prešov : Filozofická fakulta PU v Prešove, 2018. 256 s. ISBN 978-80-555-2174-9
2. GREGOR, T. 2013. Psychológia športu. Bratislava : MAURO Slovakia, 2013. 400 s. ISBN 978- 80 - 968092-7-1
3. GURSKÝ, T. 2005. Psychológia športu. Bratislava : SZTK, 2005. 109 s.
4. LEŠKA, D. 2005. Sociológia športu. Bratislava : ICM AGENCY, 2005. 272 s. ISBN 80-969268-4 - 5
5. SEKOT, A. 2008. Sociologické problémy športu. Praha : Grada Publishing, a.s., 2008. 224 s. ISBN 978-80-247-2562-8
6. SLEPIČKA, P. - HOŠEK, V. - HÁTLOVÁ, B. 2009. Psychologie sportu. Praha : Univerzita Karlova, 2009. 240 s. ISBN 978-80-246-1602-5
7. ŠIMONEK, J. 2017. Dvojité kariéry športovcov na Slovensku. Nitra : Univerzita Konštantína Filozofa, 2017. 84 s. ISBN 978-80-558-1152-9

Language of instruction:**Notes:student time load:**

Total: 120 h.

combined study (lectures/seminars/consultations): 26 h.

preparation for the exam: 40 h.

seminar paper preparation: 30 h.

field research: 24 h.

Course assessment

The final number of assessed students: 174

A	B	C	D	E	FX(0)	FX(1)
19.54	36.21	27.59	10.34	0.0	1.72	4.6

Instructor: doc. Mgr. PhDr. Miroslav Sližik, PhD., Mgr. Miroslava Rošková, PhD.

Last changed: 23.03.2023

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ass-002	Course name: State Examination Bachelor's Thesis Defence
Type, extent and method of instruction: Form of instruction: Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined	
Number of credits: 10	
Recommended semester/trimester: 5., 6..	
Level: I.	
Prerequisites:	
Course completion conditions: The conditions for receiving the assessment A to E from the committee, after taking the content of the state examination into account, are specified in the syllabi for the state examination. b) final assessment: Final assessment: The state examination has two parts: (1) Defence of the bachelor thesis. The supervisor of the bachelor's thesis and the opponent will write a review of the thesis and propose an evaluation. The State Examination Committee comprehensively evaluates the quality of the bachelor's thesis on the basis of the reviews and the student's defence of the thesis. (2) The State Examination includes a colloquium debate (Methodological Instructions for the State Examination, 2022). In the colloquium, the student responds to the formulated questions and topics in the form of a more broadly conceived problem related to the bachelor's thesis, the solution of which requires the student's knowledge of the issues presented in the syllabi for the state examination. These are based on a disciplinary-didactic foundation in relation to the broader psychodidactic context of education.	
Learning objectives: 1. The student understands the concept and processing of the individual parts of the bachelor thesis. He/she is oriented in the selection of the thesis topics, is familiar with the requirements for the bachelor thesis in terms of content and form. 2. The student is able to work with professional literary sources, can analyse the ideas of individual authors, paraphrase, compare and take own opinions on them. 3. The student evaluates and analyses, forms ideas into logical units, draws conclusions and makes recommendations for practice. 4. The student produces a bachelor's thesis focused on the given issue, according to the set requirements and can successfully prepare for the defence.	
Brief outline of the course: According to the nature and focus of the thesis topic. Choice of the topic in cooperation with the supervisor of the bachelor thesis. Basic orientation in the literature - research, study of literature. Development of the basic outline of the thesis and the time plan of the thesis. Preparation of the bachelor thesis. Preparation of the bachelor thesis defence on the basis of the reviews of the opponent and the consultant. Integration of the knowledge of the individual courses completed in the	

bachelor's studies, according to the syllabi for the state examination. Professional communication and argumentation. Work with literature, bibliographic and citation standards.

Recommended literature:

1. According to the topic of the bachelor thesis.
2. Smernica č. 9/2021 o záverečných, rigorózných a habilitačných prácach na Univerzite Mateja Bela v Banskej Bystrici. Dostupné na: <https://www.pdf.umb.sk/app/cmsFile.php?disposition=a&ID=22360>
3. STN ISO 690:2012. Informácie a dokumentácia. Návod na tvorbu bibliografických odkazov na informačné pramene a ich citovanie.
4. ISO 7144:1986. Documentation – Presentation of theses and similar documents.
5. Metodické usmernenie Ministerstva školstva, vedy, výskumu a športu Slovenskej republiky č. 56/2011 o náležitostiach záverečných prác, ich bibliografickej registrácii, uchovávaní a sprístupňovaní.
6. STN ISO 2145:1997. Dokumentácia. Číslovanie oddielov a pododdielov písaných dokumentov.
7. STN ISO 214:1998. Dokumentácia. Abstrakty (referáty) pre publikácie a dokumentáciu.
8. STN ISO 690:2012. Informácie a dokumentácia. Návod na tvorbu bibliografických odkazov na informačné pramene a ich citovanie.
9. Vyhláška Ministerstva školstva, vedy, výskumu a športu Slovenskej republiky č. 246/2019 Z. z. o postupe získavania vedecko-pedagogických titulov a umelecko-pedagogických titulov docent a profesor.
10. Vyhláška Ministerstva školstva, vedy, výskumu a športu Slovenskej republiky č. 233/2011 Z. z., ktorou sa vykonávajú niektoré ustanovenia zákona č. 131/2002 Z. z. o vysokých školách a o zmene a doplnení niektorých zákonov v znení neskorších predpisov.
11. Zákon č. 185/2015 Z. z. Autorský zákon v znení neskorších predpisov.
12. Zákon č. 126/2015 Z. z. o knižniciach a o zmene a doplnení zákona č. 206/2009 Z. z. o múzeách a o galériách a o ochrane predmetov kultúrnej hodnoty a o zmene zákona Slovenskej národnej rady č. 372/1990 Zb. o priestupkoch v znení neskorších predpisov v znení zákona č. 38/2014 Z. z. 10. Zákon č. 211/2000 Z. z. o slobodnom prístupe k informáciám a o zmene a doplnení niektorých zákonov (zákon o slobode informácií) v znení neskorších predpisov.
13. Zákon č. 131/2002 Z. z. o vysokých školách a o zmene a doplnení niektorých zákonov v znení neskorších predpisov.

Language of instruction:

Slovak, English

Notes:student time load:

Total amount of 300 hrs., consisting of:

Consultations: 20 hrs.

Self-study: 100 hrs.

Writing the bachelor's thesis: 150 hrs.

Defence of the bachelor's thesis: 30 hrs.

Course assessment

The final number of assessed students: 35

A	B	C	D	E	FX(0)	FX(1)
51.43	17.14	5.71	14.29	5.71	0.0	5.71

Instructor:

Last changed: 04.04.2022

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ozvstv-116	Course name: State Examination – Bachelor Thesis and Defence
Type, extent and method of instruction: Form of instruction: Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined	
Number of credits: 10	
Recommended semester/trimester: 5., 6..	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: Final assessment: The state exam consists of two parts: (1) Bachelor thesis (BT) defence. Bachelor thesis supervisor and reviewer will prepare a thesis report and propose an evaluation. The State Examination Commission provides a complex evaluation of the BT quality based on the reviews and student's thesis defence. (2) The state examination also includes a specialised discussion (Methodological Instruction on the State Examination, 2022). During the discussion, the student responds to questions addressing the broader context of their BT subject matter to prove they have the knowledge pertaining to the state examination topics. These topics address the subject didactics of physical education and sports as well as the psychodidactic context of education. The conditions for obtaining grades A to E take into account both parts of the state examination. They are specified in the state examination topics.	
a) continuous assessment: N/A	
b) final assessment: b) final assessment: The state exam consists of two parts: (1) Bachelor thesis (BT) defence. Bachelor thesis supervisor and reviewer will prepare a thesis report and propose an evaluation. The State Examination Commission provides a complex evaluation of the BT quality based on the reviews and student's thesis defence. (2) The state examination also includes a specialised discussion (Methodological Instruction on the State Examination, 2022). During the discussion, the student responds to questions addressing the broader context of their BT subject matter to prove they have the knowledge pertaining to the state examination topics. These topics address the subject didactics of physical education and sports as well as the psychodidactic context of education. The conditions for obtaining grades A to E take into account both parts of the state examination. They are specified in the state examination topics.	
Learning objectives: Learning outcomes:	

1. The student can design and write all parts of the Bachelor thesis. They navigate final thesis topics and understand the requirements for a Bachelor thesis in terms of both its form and content. 2. The student can work with specialised literature, analyse their authors' ideas, paraphrase, compare, and formulate their own opinions. 3. The student evaluates, analyses, arranges their ideas into logical aggregates, draws conclusions, and formulates practical recommendations. 4. The student can create a Bachelor thesis addressing the selected topic in accordance with the requirements and prepare its defence.
Brief outline of the course: Brief outline of the course: In accordance with the nature and focus of the final thesis. Selection of the topic in cooperation with the Bachelor thesis supervisor. Basic orientation in literature – research and study. Drafting the thesis structure and planning the writing schedule. Completion of the thesis. Preparation for the defence based on the reviews (by the reviewer and supervisor). Integration of the knowledge of individual disciplines studied within the Bachelor study in terms of the state examination topics. Specialised communication and argumentation. Working with literature, bibliographic and citation standards.
Recommended literature: Recommended literature: Recommended literature: 1. In accordance with the Bachelor thesis topic. 2. Directive No. 9/2021 on final, rigorous, and habilitation theses at MBU in Banská Bystrica: Dostupné na: https://www.pdf.umb.sk/app/cmsFile.php?disposition=a&ID=22360 3. STN ISO 690:2012. Informácie a dokumentácia. Návod na tvorbu bibliografických odkazov na informačné pramene a ich citovanie. 4. ISO 7144:1986. Documentation – Presentation of theses and similar documents. 5. Methodological Guideline of the Ministry of Education, Science, Research and Sport of the Slovak Republic No. 56/2011 on the requirements for final theses, their bibliographic registration, storage, and accessibility. 6. STN ISO 2145:1997. Dokumentácia. Číslovanie oddielov a pododdielov písaných dokumentov. 7. STN ISO 214:1998. Dokumentácia. Abstrakty (referáty) pre publikácie a dokumentáciu. 8. STN ISO 690:2012. Informácie a dokumentácia. Návod na tvorbu bibliografických odkazov na informačné pramene a ich citovanie. 9. Decree of the Ministry of Education of the SR No. 246/2019 on the procedure for obtaining the academic and artistic-pedagogical degrees of associate professor and professor 10. The Decree of the Ministry of Education of the SR No. 233/2011 Coll. amending Act No. 131/2002 Coll. on Higher Education Institutions as amended. 11. Act 185/2015 Coll. Copyright Act as amended. 12. Act No. 126/2015 Coll. on Libraries and amending Act No. 206/2009 Coll. on Museums and Galleries and on the Protection of Objects of Cultural Value and amending Act No. 372/1990 Coll. on Misdemeanours of the Slovak National Council, as amended by Act No. 38/2014 Coll. 10. Act No. 211/2000 Coll. on free access to information as amended. 13. Act No. 131/2002 Coll. on higher education as amended.
Language of instruction: slovak/czech

Notes:student time load:

student time load

300 h. Consulting: 20 h. Self-study: 100 h. Completion of the thesis: 150 h. Defence preparation: 30 h.

Course assessment

The final number of assessed students: 115

A	B	C	D	E	FX(0)	FX(1)
15.65	19.13	28.7	22.61	13.04	0.0	0.87

Instructor:**Last changed:** 08.11.2022**Approved by:** doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-stu-801	Course name: Student Tutoring EN 1
Type, extent and method of instruction: Form of instruction: Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: At the beginning of the semester, the student gets acquainted with the study regulations and maps the needs of students over whom he has taken over the tutoring. After consultations with the department's study advisor, he/she will prepare a plan of creative activities in order to increase students' awareness. During the semester, he implements information activities, which he/she evaluates at the end of the semester in the form of a report and self-reflection.	
a) continuous assessment: Analysis and evaluation of suggestions/needs/problems: 0 - 20 points, preparation of activities: 0 - 25 points, implementation of activities: 0 - 25 points, total: 0 - 70 points.	
b) final assessment: Preparation of the final self-evaluation report on the implemented activities and their results with relevant annexes (plan of activities, promotion, list of participants, photo documentation) and recommendations 0-30 points. The evaluation is performed according to the classification scale: A (100 - 94%), B (93 - 87%), C (86 - 80%), D (79 - 73%), E (72 - 65%). Credits will be awarded to a student who has obtained at least 65 out of 100 points.	
Learning objectives: Student: 1. is able to identify the needs and problems of the students; 2. is able to communicate appropriately in the student community; 3. is able to independently organize consulting activities; 4. applies knowledge of the academic environment in counseling; 5. creates a communication platform on the social network and uses it effectively; 6. is able to evaluate student stimuli; 7. is able to assess appropriate forms of promotion of its activities; 8. is able to evaluate the benefits of their creative activities and present their results.	
Brief outline of the course: The tutor cooperates with the departmental coordinators of ECTS in the study counseling and informing of students in study matters arising from the study regulations and valid legislation.	

As part of the self-study, they will get acquainted with the study regulations. In cooperation with the study advisor, he/she provides students with advice on the selection of subjects and the compilation of the study plan in AiS2. He/she shares with students his/her experience with the selection and provision of study literature, preparation for exams, with the possibility of individual study, obtaining scholarships or participating in the activities of student organizations. The tutor maps, analyzes and evaluates the needs of students (e.g. in the form of an online questionnaire). In cooperation with the department's study advisor or with other tutors he/she prepares presentations and discussions, which he/she effectively promotes. The tutor informs students about important dates in the study schedule. He/she collects suggestions from students, evaluates them and communicates study problems with responsible staff. Suitable platforms on social networks are used for communication.

Recommended literature:

KAHN, Norma B. 2001. Jak efektivně studovat a pracovat s informacemi. Praha : Portál, 2001.
 MEŠKO, Dušan – KATUŠČÁK, Dušan – FINDRA, Ján a kol. 2013. Chcete byť úspešní na vysokej škole? Akademická príručka. Martin : Osveta, 2013.
 Smernica č. 2/2020 o individuálnom štúdiu na FF UMB. Dostupné na internete: <https://www.ff.umb.sk/dokumenty/smernice.html>
 Smernica č.12/2011 o záverečných, rigorózných a habilitačných prácach na Univerzite Mateja Bela v Banskej Bystrici. Dostupné na internete: <https://www.ff.umb.sk/dokumenty/smernice.html>
 Sprievodca štúdiom pre študentov so špecifickými potrebami na UMB v Banskej Bystrici. Dostupné na internete: <https://www.umb.sk/studium/student/student-so-specifickymi-potrebami/informacie-pre-studentov-so-specifickymi-potrebami.html>
 Sprievodca užívateľa ECTS. 2015. Luxembourg : Publications Office of the European Union, 2015. Dostupné na internete: <https://www.umb.sk/app/cmsFile.php?disposition=i&ID=5679>
 Študijný poriadok Univerzity Mateja Bela v Banskej Bystrici pre študentov študijných programov akreditovaných od 1. 1. 2013. Dostupné na internete: <https://www.umb.sk/studium/student/know-how-pre-studenta/studijne-predpisy.html>
 VETRÁKOVÁ, Milota. 2014. Systém kvality vzdelávania na Univerzite Mateja Bela v Banskej Bystrici. Banská Bystrica : Belianum, 2014.
 Zákon č. 131/2002 Z. z. o vysokých školách a o zmene a doplnení niektorých zákonov v znení neskorších predpisov. Dostupné na internete: <https://www.zakonypreludi.sk/zz/2002-131>

Language of instruction:

Slovak, English B2

Notes:student time load:

Total time load: 90 hours, of which:
 self-study: 5
 consultations of the plan: 5
 preparation of activities: 20
 implementation of activities: 40
 preparation of the final report: 20

Course assessment

The final number of assessed students: 6

A	B	C	D	E	FX(0)	FX(1)	n
100.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: PhDr. Miroslava Melicherčíková, PhD., univ. doc., PhDr. Roman Ličko, PhD.

Last changed: 11.08.2022

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-stu-802	Course name: Student Tutoring EN 2
Type, extent and method of instruction: Form of instruction: Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 4.	
Level: I.	
Prerequisites:	
Course completion conditions: At the beginning of the semester, the student gets acquainted with the study regulations and maps the needs of students over whom he has taken over the tutoring. After consultations with the department's study advisor, he/she will prepare a plan of creative activities in order to increase students' awareness. During the semester, he implements information activities, which he/she evaluates at the end of the semester in the form of a report and self-reflection. a) continuous assessment: Analysis and evaluation of suggestions/needs/problems: 0 - 20 points, preparation of activities: 0 - 25 points, implementation of activities: 0 - 25 points, total: 0 - 70 points. b) final assessment: Preparation of the final self-evaluation report on the implemented activities and their results with relevant annexes (plan of activities, promotion, list of participants, photo documentation) and recommendations 0-30 points. The evaluation is performed according to the classification scale: A (100 - 94%), B (93 - 87%), C (86 - 80%), D (79 - 73%), E (72 - 65%). Credits will be awarded to a student who has obtained at least 65 out of 100 points.	
Learning objectives: Student: 1. is able to identify the needs and problems of the students; 2. is able to communicate appropriately in the student community; 3. is able to independently organize consulting activities; 4. applies knowledge of the academic environment in counseling; 5. creates a communication platform on the social network and uses it effectively; 6. is able to evaluate student stimuli; 7. is able to assess appropriate forms of promotion of its activities; 8. is able to evaluate the benefits of their creative activities and present their results.	
Brief outline of the course: The tutor cooperates with the departmental coordinators of ECTS in the study counseling and informing of students in study matters arising from the study regulations and valid legislation.	

As part of the self-study, they will get acquainted with the study regulations. In cooperation with the study advisor, he/she provides students with advice on the selection of subjects and the compilation of the study plan in AiS2. He/she shares with students his/her experience with the selection and provision of study literature, preparation for exams, with the possibility of individual study, obtaining scholarships or participating in the activities of student organizations. The tutor maps, analyzes and evaluates the needs of students (e.g. in the form of an online questionnaire). In cooperation with the department's study advisor or with other tutors he/she prepares presentations and discussions, which he/she effectively promotes. The tutor informs students about important dates in the study schedule. He/she collects suggestions from students, evaluates them and communicates study problems with responsible staff. Suitable platforms on social networks are used for communication.

Recommended literature:

KAHN, Norma B. 2001. Jak efektivně studovat a pracovat s informacemi. Praha : Portál, 2001.

MEŠKO, Dušan – KATUŠČÁK, Dušan – FINDRA, Ján a kol. 2013. Chcete byť úspešní na vysokej škole? Akademická príručka. Martin : Osveta, 2013.

Smernica č. 2/2020 o individuálnom štúdiu na FF UMB. Dostupné na internete: <https://www.ff.umb.sk/dokumenty/smernice.html>

Smernica č.12/2011 o záverečných, rigorózných a habilitačných prácach na Univerzite Mateja Bela v Banskej Bystrici. Dostupné na internete: <https://www.ff.umb.sk/dokumenty/smernice.html>
Sprievodca štúdiom pre študentov so špecifickými potrebami na UMB v Banskej Bystrici.

Dostupné na internete: <https://www.umb.sk/studium/student/student-so-specifickymi-potrebami/informacie-pre-studentov-so-specifickymi-potrebami.html>

Sprievodca užívateľa ECTS. 2015. Luxembourg : Publications Office of the European Union, 2015. Dostupné na internete: <https://www.umb.sk/app/cmsFile.php?disposition=i&ID=5679>

Študijný poriadok Univerzity Mateja Bela v Banskej Bystrici pre študentov študijných programov akreditovaných od 1. 1. 2013. Dostupné na internete: <https://www.umb.sk/studium/student/know-how-pre-studenta/studijne-predpisy.html>

VETRÁKOVÁ, Milota. 2014. Systém kvality vzdelávania na Univerzite Mateja Bela v Banskej Bystrici. Banská Bystrica : Belianum, 2014.

Zákon č. 131/2002 Z. z. o vysokých školách a o zmene a doplnení niektorých zákonov v znení neskorších predpisov. Dostupné na internete: <https://www.zakonypreludi.sk/zz/2002-131>

Language of instruction:

Slovak, English B2

Notes:student time load:

Total time load: 90 hours, of which:

self-study: 5

consultations of the plan: 5

preparation of activities: 20

implementation of activities: 40

preparation of the final report: 20

Course assessment

The final number of assessed students: 9

A	B	C	D	E	FX(0)	FX(1)	n
100.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: PhDr. Miroslava Melicherčíková, PhD., univ. doc., PhDr. Roman Ličko, PhD.

Last changed: 11.08.2022

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-250	Course name: Student scientific activity 1
Type, extent and method of instruction: Form of instruction: Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2.	
Level: I.	
Prerequisites:	
Course completion conditions: A condition of the course assessment is the active participation of the student in the SSCC. During the semester, the student continuously works on his/her research project or on the creation of a movement composition. The outcome of the course is the submission and handing in of the project of the scientific thesis or the idea sheet of the movement composition and the active performance at the all-faculty SVUK on the specified date in the summer semester. The student must master the specified requirements for the final course grade. b) final assessment: - on the basis of active participation in the faculty-wide SACS (graduated).	
Learning objectives: Student: Theoretical section - remembers and masters the knowledge of the issues of preparation and implementation of scientific work, - can apply the knowledge in specific scientific work. - is able to orientate himself/herself in the problems of different types of professional and scientific work, - is able to understand the interrelationships of knowledge from individual disciplines of higher education, - is able to apply the knowledge acquired in the subjects to specific procedures in his/her own scientific work. - can correctly use methods, interpret results and formulate conclusions, - can create a specific scientific work in sport, which can be the basis for his/her final thesis. - can analyse a solved problem into logically and systematically separated and interconnected structural parts of a scientific thesis. - is able to continue his/her education in the subject and can be independent and autonomous. Movement tracks - Can perform an overall harmonisation of movement and music - knows how to apply appropriate content means in relation to the subject and the maturity of the practitioners, technical demonstration - can interpret the musical subject in rhythmic, tempo and dynamic structure, uniformity of performance, interplay in plan and space.	

- can use variety, gradations, logical sequence of exercises, development and variations of supporting movement motifs,
- knows how to incorporate appropriate elements with the application of compositional articulation, application of contrast and variety of variations of movement motifs
- can create and perform a complete movement composition with an original theme.

Brief outline of the course:

Theoretical section

- Preparation and implementation of scientific work.
- Timetable of thesis development.
- The peculiarities of scientific work in sport.
- Work with sources, list of bibliographic references - Individual parts of the scientific work.
- Methods of data acquisition.
- Methods of evaluation.
- Interpretation of results, formulation of conclusions, etc.
- Ethical issues related to scientific work.
- Communication skills in presentation.
- Shortcomings in conducting research and writing scientific papers.

Movement tracks

- Preparation of the theme of a movement composition.
- selection of a musical theme
- choreography
- technical mastery of individual movement elements and their variations
- application of spatial changes
- use of appropriate expressive elements and means

Recommended literature:

1. Časopisecká odborná a vedecká literatúra z domácich, zahraničných printových aj online literárnych zdrojov, ktoré vychádzajú zo záverečných prác.
2. HENDL, J. 2009. Přehled statistických metod : analýza a metaanalýza dat. Praha : Portál, 2009. 736 s. ISBN 978-80-7367-482-3.
3. KIMLIČKA, Š. 2002. Ako citovať a vytvárať zoznamy bibliografických odkazov podľa noriem ISO 690 pre „klasické“ a elektronické zdroje. Bratislava : STIMUL, 2002. 82 s. ISBN 80-88982-57-X.
4. KOMPÁN, J. a kol. 2010. Vedy o športe. Pedagogická fakulta, Univerzita J. E. Purkyně v Ústí nad Labem: PrintActive s.r.o. Ústí nad Labem, 2010. 166 s. ISBN 9788074142741
5. MEŠKO, D. – KATUŠČÁK, D. a kol. 2004. Akademická príručka. Martin : Osveta. 2004. 317 s.
6. PIVOVARNIČEK, P. 2021 Štatistické vyhodnocovacie metódy vo vedách o športe pomocou softvéru SPSS. Bratislava: VEDA, 2021. 225 s. ISBN 978-80-200-3295-9
7. SMERNICA č.12/2011 o záverečných, rigorózných a habilitačných prácach na UMB v Banskej Bystrici a jej dodatky
8. ŠVARÍČEK, R. – ŠEĐOVÁ, K. 2007. Kvalitativní výskum v pedagogických vědách. Praha : Portál, 2007. 384 s. ISBN 9788026206446
9. ŠVEC, Š. a kol. 1998. Metodológia vied o výchove. Bratislava : IRIS, 1998. 300s. ISBN 8088778735
9. HALMOVÁ, N.- PALOVIČOVÁ, J.-ŠIMONEKOVÁ, H.-TRUNEČKOVÁ, E. 2002. Rytmická gymnastika a tance II. časť. Nitra: PF UKF, 2002, 156 s. ISBN: 80- 8050- 560- 8.
10. NOVOTNÁ, N.- VLADOVIČOVÁ, N. – PALOVIČOVÁ, J. 2013. Kreativne, estetické a psychomotorické činnosti. Banská Bystrica: FHV UMB, 2013 96s. ISBN 978-80-557-0579-8
11. HALMOVÁ, N. 2000. Rytmická gymnastika a aerobik. Nitra: PF UKF, 2000, 66 s.

12. Kolektív autorov. 2014. Telesná a športová výchova – kolektívne športové činnosti, gymnastické a tanečné pohybové činnosti. Bratislava: NŠC a FTVŠ UK Bratislava, 246s. ISBN: 978-80-971466-3-4 [cit. 2021-09-09]. Dostupné na internete: 13. http://videoportal.fhvp.unipo.sk/2015/2015_projekt_fasportu/rl_aer/rl_aer.htm			
Language of instruction: slovak			
Notes:student time load: 90 hours, of which: preparation of the final thesis project and contact consultations with the thesis supervisor: 80 hours, active output at the faculty-wide SVUK 10 hours.			
Course assessment The final number of assessed students: 6			
abs	n	p	v
100.0	0.0	0.0	0.0
Instructor: PaedDr. Boris Beťák, PhD., Mgr. Miroslava Rošková, PhD., PaedDr. Rastislav Kollár, PhD.			
Last changed: 13.01.2025			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-251	Course name: Student scientific activity 2
Type, extent and method of instruction: Form of instruction: Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 4.	
Level: I.	
Prerequisites:	
Course completion conditions: A condition of the course assessment is the active participation of the student in the SSCC. During the semester, the student continuously works on his/her research project or on the creation of a movement composition. The outcome of the course is the submission and handing in of the project of the scientific thesis or the idea sheet of the movement composition and the active performance at the all-faculty SVUK on the specified date in the summer semester. The student must master the specified requirements for the final course grade. b) final assessment: - on the basis of active participation in the faculty-wide SACS (graduated).	
Learning objectives: Student: Theoretical section - remembers and masters the knowledge of the issues of preparation and implementation of scientific work, - can apply the knowledge in specific scientific work. - is able to orientate himself/herself in the problems of different types of professional and scientific work, - is able to understand the interrelationships of knowledge from individual disciplines of higher education, - is able to apply the knowledge acquired in the subjects to specific procedures in his/her own scientific work. - can correctly use methods, interpret results and formulate conclusions, - can create a specific scientific work in sport, which can be the basis for his/her final thesis. - can analyse a solved problem into logically and systematically separated and interconnected structural parts of a scientific thesis. - is able to continue his/her education in the subject and can be independent and autonomous. Movement tracks - Can perform an overall harmonisation of movement and music - knows how to apply appropriate content means in relation to the subject and the maturity of the practitioners, technical demonstration - can interpret the musical subject in rhythmic, tempo and dynamic structure, uniformity of performance, interplay in plan and space.	

- can use variety, gradations, logical sequence of exercises, development and variations of supporting movement motifs,
- knows how to incorporate appropriate elements with the application of compositional articulation, application of contrast and variety of variations of movement motifs
- can create and perform a complete movement composition with an original theme.

Brief outline of the course:

Recommended literature:

1. Časopisecká odborná a vedecká literatúra z domácich, zahraničných printových aj online literárnych zdrojov, ktoré vychádzajú zo záverečných prác.
2. HENDL, J. 2009. Přehled statistických metod : analýza a metaanalýza dat. Praha : Portál, 2009. 736 s. ISBN 978-80-7367-482-3.
3. KIMLIČKA, Š. 2002. Ako citovať a vytvárať zoznamy bibliografických odkazov podľa noriem ISO 690 pre „klasické“ a elektronické zdroje. Bratislava : STIMUL, 2002. 82 s. ISBN 80-88982-57-X.
4. KOMPÁN, J. a kol. 2010. Vedy o športe. Pedagogická fakulta, Univerzita J. E. Purkyně v Ústí nad Labem: PrintActive s.r.o. Ústí nad Labem, 2010. 166 s. ISBN 9788074142741
5. MEŠKO, D. – KATUŠČÁK, D. a kol. 2004. Akademická príručka. Martin : Osveta. 2004. 317 s.
6. PIVOVARNIČEK, P. 2021 Štatistické vyhodnocovacie metódy vo vedách o športe pomocou softvéru SPSS. Bratislava: VEDA, 2021. 225 s. ISBN 978-80-200-3295-9
7. SMERNICA č.12/2011 o záverečných, rigorózných a habilitačných prácach na UMB v Banskej Bystrici a jej dodatky
8. ŠVARÍČEK, R. – ŠEĐOVÁ, K. 2007. Kvalitativní výskum v pedagogických vědách. Praha : Portál, 2007. 384 s. ISBN 9788026206446
9. ŠVEC, Š. a kol. 1998. Metodológia vied o výchove. Bratislava : IRIS, 1998. 300s. ISBN 8088778735
9. HALMOVÁ, N.- PALOVIČOVÁ, J.-ŠIMONEKOVÁ, H.-TRUNEČKOVÁ, E. 2002. Rytmická gymnastika a tance II. časť. Nitra: PF UKF, 2002, 156 s. ISBN: 80- 8050- 560- 8.
10. NOVOTNÁ, N.- VLADOVIČOVÁ, N. – PALOVIČOVÁ, J. 2013. Kreativne, estetické a psychomotorické činnosti. Banská Bystrica: FHV UMB, 2013 96s. ISBN 978-80-557-0579-8
11. HALMOVÁ, N. 2000. Rytmická gymnastika a aerobik. Nitra: PF UKF, 2000, 66 s.
12. Kolektív autorov. 2014. Telesná a športová výchova – kolektívne športové činnosti, gymnastické a tanečné pohybové činnosti. Bratislava: NŠC a FTVŠ UK Bratislava, 246s. ISBN: 978-80-971466-3-4 [cit. 2021-09-09]. Dostupné na internete:
13. http://videoportal.fhvp.unipo.sk/2015/2015_projekt_fasportu/rl_aer/rl_aer.htm

Language of instruction:

slovak

Notes: student time load:

90 hours, of which: preparation of the final thesis project and contact consultations with the thesis supervisor: 80 hours, active output at the faculty-wide SVUK 10 hours.

Course assessment

The final number of assessed students: 14

abs	n	p	v
100.0	0.0	0.0	0.0

Instructor: PaedDr. Boris Beťák, PhD., Mgr. Miroslava Rošková, PhD., PaedDr. Rastislav Kollár, PhD.

Last changed: 13.01.2025
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-252	Course name: Student scientific activity 3
Type, extent and method of instruction: Form of instruction: Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 6.	
Level: I.	
Prerequisites:	
Course completion conditions: A condition of the course assessment is the active participation of the student in the SSCC. During the semester, the student continuously works on his/her research project or on the creation of a movement composition. The outcome of the course is the submission and handing in of the project of the scientific thesis or the idea sheet of the movement composition and the active performance at the all-faculty SVUK on the specified date in the summer semester. The student must master the specified requirements for the final course grade. b) final assessment: - on the basis of active participation in the faculty-wide SACS (graduated).	
Learning objectives: Student: Theoretical section - remembers and masters the knowledge of the issues of preparation and implementation of scientific work, - can apply the knowledge in specific scientific work. - is able to orientate himself/herself in the problems of different types of professional and scientific work, - is able to understand the interrelationships of knowledge from individual disciplines of higher education, - is able to apply the knowledge acquired in the subjects to specific procedures in his/her own scientific work. - can correctly use methods, interpret results and formulate conclusions, - can create a specific scientific work in sport, which can be the basis for his/her final thesis. - can analyse a solved problem into logically and systematically separated and interconnected structural parts of a scientific thesis. - is able to continue his/her education in the subject and can be independent and autonomous. Movement tracks - Can perform an overall harmonisation of movement and music - knows how to apply appropriate content means in relation to the subject and the maturity of the practitioners, technical demonstration - can interpret the musical subject in rhythmic, tempo and dynamic structure, uniformity of performance, interplay in plan and space.	

- can use variety, gradations, logical sequence of exercises, development and variations of supporting movement motifs,
- knows how to incorporate appropriate elements with the application of compositional articulation, application of contrast and variety of variations of movement motifs
- can create and perform a complete movement composition with an original theme.

Brief outline of the course:

Theoretical section

- Preparation and implementation of scientific work.
- Timetable of thesis development.
- The peculiarities of scientific work in sport.
- Work with sources, list of bibliographic references - Individual parts of the scientific work.
- Methods of data acquisition.
- Methods of evaluation.
- Interpretation of results, formulation of conclusions, etc.
- Ethical issues related to scientific work.
- Communication skills in presentation.
- Shortcomings in conducting research and writing scientific papers.

Movement tracks

- Preparation of the theme of a movement composition.
- selection of a musical theme
- choreography
- technical mastery of individual movement elements and their variations
- application of spatial changes
- use of appropriate expressive elements and means

Recommended literature:

1. Časopisecká odborná a vedecká literatúra z domácich, zahraničných printových aj online literárnych zdrojov, ktoré vychádzajú zo záverečných prác.
2. HENDL, J. 2009. Přehled statistických metod : analýza a metaanalýza dat. Praha : Portál, 2009. 736 s. ISBN 978-80-7367-482-3.
3. KIMLIČKA, Š. 2002. Ako citovať a vytvárať zoznamy bibliografických odkazov podľa noriem ISO 690 pre „klasické“ a elektronické zdroje. Bratislava : STIMUL, 2002. 82 s. ISBN 80-88982-57-X.
4. KOMPÁN, J. a kol. 2010. Vedy o športe. Pedagogická fakulta, Univerzita J. E. Purkyně v Ústí nad Labem: PrintActive s.r.o. Ústí nad Labem, 2010. 166 s. ISBN 9788074142741
5. MEŠKO, D. – KATUŠČÁK, D. a kol. 2004. Akademická príručka. Martin : Osveta. 2004. 317 s.
6. PIVOVARNIČEK, P. 2021 Štatistické vyhodnocovacie metódy vo vedách o športe pomocou softvéru SPSS. Bratislava: VEDA, 2021. 225 s. ISBN 978-80-200-3295-9
7. SMERNICA č.12/2011 o záverečných, rigorózných a habilitačných prácach na UMB v Banskej Bystrici a jej dodatky
8. ŠVARÍČEK, R. – ŠEĐOVÁ, K. 2007. Kvalitativní výskum v pedagogických vědách. Praha : Portál, 2007. 384 s. ISBN 9788026206446
9. ŠVEC, Š. a kol. 1998. Metodológia vied o výchove. Bratislava : IRIS, 1998. 300s. ISBN 8088778735
9. HALMOVÁ, N.- PALOVIČOVÁ, J.-ŠIMONEKOVÁ, H.-TRUNEČKOVÁ, E. 2002. Rytmická gymnastika a tance II. časť. Nitra: PF UKF, 2002, 156 s. ISBN: 80- 8050- 560- 8.
10. NOVOTNÁ, N.- VLADOVIČOVÁ, N. – PALOVIČOVÁ, J. 2013. Kreativne, estetické a psychomotorické činnosti. Banská Bystrica: FHV UMB, 2013 96s. ISBN 978-80-557-0579-8
11. HALMOVÁ, N. 2000. Rytmická gymnastika a aerobik. Nitra: PF UKF, 2000, 66 s.

12. Kolektív autorov. 2014. Telesná a športová výchova – kolektívne športové činnosti, gymnastické a tanečné pohybové činnosti. Bratislava: NŠC a FTVŠ UK Bratislava, 246s. ISBN: 978-80-971466-3-4 [cit. 2021-09-09]. Dostupné na internete: 13. http://videoportal.fhvp.unipo.sk/2015/2015_projekt_fasportu/rl_aer/rl_aer.htm			
Language of instruction: slovak			
Notes:student time load: 90 hours, of which: preparation of the final thesis project and contact consultations with the thesis supervisor: 80 hours, active output at the faculty-wide SVUK 10 hours.			
Course assessment The final number of assessed students: 11			
abs	n	p	v
100.0	0.0	0.0	0.0
Instructor: PaedDr. Boris Beťák, PhD., Mgr. Miroslava Rošková, PhD., PaedDr. Rastislav Kollár, PhD.			
Last changed: 13.01.2025			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1d-SVA		Course name: Students' Scientific Activity	
Type, extent and method of instruction: Form of instruction: Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined			
Number of credits: 2			
Recommended semester/trimester: 2., 4., 6.			
Level: I.			
Prerequisites:			
Course completion conditions: The course is completed after the student has defended their work at the student scientific conference. b) final assessment: Upon defence of the work, the course will be recognised as completed (Abs).			
Learning objectives: The student is able to create a scholarly work addressing the selected topic, present it, and defend before the commission during the student conference.			
Brief outline of the course: The student selects a supervisor and topic. They proceed to write a 10-page scholarly work following the IMRaD structure (introduction, methodology, results, discussion). The work is to be submitted to the department coordinator within the specified deadline. Subsequently, the student attends the student conference to present and defend their work. The course is considered completed (Abs) at this point.			
Recommended literature:			
Language of instruction: Slovak, English			
Notes:student time load: 60 h: 10 h consulting, 40 h research and writing, 10 h preparation for the oral presentation			
Course assessment The final number of assessed students: 3			
abs	n	p	v
100.0	0.0	0.0	0.0
Instructor: Mgr. Marianna Bachledová, PhD.			
Last changed: 06.03.2023			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ozvstv-102	Course name: Summer Seasonal Activities
Type, extent and method of instruction: Form of instruction: Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 39 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: Active attendance is required. The student acquires the following knowledge and skills: practical specialised and technical skills related to outdoor activities and camping; organisation of a hiking-orienteeing run; outdoor games and experiential teaching; practical mastering, planning, preparation, organisation, and implementation of specific hiking routes; successful completion of an orienteeing run. a) continuous assessment: a) continuous assessment: - seminar paper: 20 p. - practical specialised and technical skills related to outdoor activities and camping; organisation of a hiking-orienteeing run; outdoor games and experiential teaching; 20 p. - practical mastering, planning, preparation, organisation, and implementation of specific hiking routes; 40 p. - Successful completion of an orienteeing run: 20 p. b) final assessment: final assessment: Based on the continuous assessment. The maximum number of points consisting of continuous and final assessment is 100 (=100%). Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%), Fx (less than 64%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: Learning outcomes: The student: - navigates the subject matter and has the necessary knowledge of summer seasonal activities including the course of life and health protection, - can apply their knowledge and hiking skills in practice - can plan and organise a short-term hiking activity in practice, - uses their knowledge and skills from training in practice.	

- can design, facilitate, and organise simple competitive and other summer physical activities

Brief outline of the course:

Brief outline of the course:

The history of hiking and outdoor activities.

Basic practical specialised and technical skills related to outdoor activities and camping; Designing and following specific hiking routes.

Cultural and other excursions allowing to link the knowledge from different academic subjects at schools.

Acquisition of practical knowledge and outdoor sport related skills focused mainly on orienteering and its organisation.

Practical outdoor games and exercises – experiential learning and teaching; outdoor animation; navigation; mountain dangers; hiking equipment; planning and organisation of outdoor activities and camping; health benefits of hiking; navigation using a map; ICT and new trends in outdoor activities.

Environmental protection vs. hiking and camping, basic environmental education.

The course of life and health protection – outdoor activities and camping in school education.

Characteristics of the activities and skills addressed within individual thematic units.

The system of educating sport experts and outdoor activities.

Getting acquainted with the valid legislation addressing outdoor sports and educational activities.

Recommended literature:

Recommended literature:

1. ADAMČÁK, Š. a kol. 2016. Globálny polohový systém a jeho využitie pri realizácii pohybových aktivít u žiakov základných škôl. Banská Bystrica: FF UMB, 2016, 116 s. ISBN 978-80-557-1185-0.

2. BABIAR, M. - BACZEK, J. B. - KOMPÁN, J. 2013. Outdoorové animácie v cestovnom ruchu. Bratislava: STAGEMAN Group. Ltd., 2013. 115 s.

3. GÖRNER, K. - PYŠNÝ, L. - KOMPÁN, J. 2007. Pešia turistika a pobyt v prírode z pohľadu ich všestranného využitia. Ustí nad Labem: UZS UJEP, 2007. 109 s. ISBN 9788070448724

4. JUNGER, J. et al. 2002. Turistika a športy v prírode, Prešov: FHaPV PU, 2002. 266 s. ISBN 80-8068-097-3

5. KOMPÁN, J., a kol. 2017. Outdoorové aktivity, športy a špecifiká pobytu v prírode. Banská Bystrica: Univerzita Mateja Bela. 2017. ISBN: 978-80-557-1342-7

6. KLUB SLOVENSKÝCH TURISTOV. 2019 Turisticko-orientačný beh (Metodická príručka) KST, 2019 96 s.

7. NEUMAN, J. et al. 2000. Turistika a športy v přírodě. Praha: Portál, 2000. ISBN 8071783919

8. Zákony a vyhlášky - aktuálna legislatíva pre aktivity, športy realizované v prírode

Language of instruction:

slovak

Notes:student time load:

student time load

90 h.

Combined study (L, S, C): 39 h. Skill improvement: 31 h.

seminar paper preparation: 20 h.

Course assessment						
The final number of assessed students: 930						
A	B	C	D	E	FX(0)	FX(1)
35.48	33.12	17.53	5.48	0.86	5.48	2.04
Instructor: doc. PaedDr. Štefan Adamčák, PhD., doc. PaedDr. Miroslav Nemec, PhD., prof. PaedDr. Ivan Čillík, CSc., Mgr. et Mgr. Jana Daubnerová, PhD., prof. PaedDr. Martin Pupiš, PhD., PaedDr. Rastislav Kollár, PhD., PaedDr. Jaroslav Kompán, PhD.						
Last changed: 23.03.2023						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ozvstv-108	Course name: Swimming
Type, extent and method of instruction: Form of instruction: Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 39 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 3.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: Active attendance is required. The student is allowed to miss 2 classes per semester. This applies to students without an individual study plan. The student demonstrates the correct techniques of swimming styles, starts, and turns as well as swimming performance (tetrathlon). a) continuous assessment: a) continuous assessment: - Swimming styles, starts, and turns – assessment: 45 p. - Performance-focused swimming tetrathlon: 45 p. - swimming underwater: 10 p. b) final assessment: - on the basis of an interim evaluation Students can correct their interim assessment at the dates announced by the teacher within the period for completion of the study obligations. The maximum number of points obtained for the mid-term and final assessment is 100 points, which is 100%. This corresponds to the grading scale (A = 100-94%, B = 93-87%, C = 86-80%, D = 79-73%, E = 72-65%, Fx = 64% or less). Credit will be awarded to a student who has earned at least 65% of the total points in the course for meeting the specified requirements.	
Learning objectives: Learning outcomes: The student: - knows the swimming terminology, can describe basic turns and starts in different swimming styles; - can use swimming aids correctly (goggles, floating aids); - can perform basic swimming movements pertaining to the selected swimming styles correctly; - can swim correctly in terms of technique including starts and turns; - proceeds correctly in individual learning and improvement of swimming skills and styles; - can evaluate technical errors in swimming techniques upon observation.	
Brief outline of the course: Brief outline of the course:	

Swimming skills (floating, gliding, breathing, navigation, underwater swimming, diving).
 Breaststroke – training legs, arms, breathing, synchronisation, starts, turns.
 Crawl – training legs, arms, breathing, synchronisation, starts, turns.
 Backstroke – training legs, arms, breathing, synchronisation, starts, turns.

Recommended literature:

Recommended literature:

1. BENCE, M. - MERICA, M. - HLAVATÝ, R. 2005. Plávanie. Banská Bystrica: FHV UMB, 2005. 197 s. ISBN 80-8083-140-8.
2. ČECHOVSKÁ, I. a kol. 2014. Aktualizované poznatky z didaktiky plavání II. Variabilita plaveckých dovedností a techniky plaveckých způsobů. Sborník příspěvku z odborného semináře pořádaného dne 18. září 2014 v Praze. Praha: 2014, FTVS UK. 129 s. ISBN 978-80-87647-18-9.
3. ČECHOVSKÁ, I. – MILER, T. 2008. Plavání. 2. přeprac. vyd. Praha: Grada, 2008. 127 s. ISBN 9788024721545
4. LUKÁŠEK, M. 2014. Plavání I. Brno: Masarykova univerzita, ISBN 978-80-210-7324.
5. MACEJKOVÁ, Y. – BENČURIKOVÁ, Ľ. 2014. Plávanie. Bratislava: STIMUL, 2014. 103 s. ISBN 978-80-8127-100-7
6. MANDZÁK, P. a kol. 2011. Nácvik plaveckých spôsobov v praxi. Banská Bystrica: FHV UMB, 2011, 115s. ISBN 978-80-557-0310-7.
7. MICHAL, J. 2002. Teória a didaktika plávania. Banská Bystrica: PF UMB, 2002. 98 s. ISBN 80-8055-679-2.
8. Pravidlá plávania. Slovenská plavecká federácia. 2019. Dostupné online: https://ssgelba.sk/wp-content/uploads/2016/09/pravidla_plavania.pdf

Language of instruction:

slovak

Notes: student time load:

student time load

90 h.

Combined study (L, S, C): 39 h.

Preparation of the presentation on common swimming styles: 11 h.

Individual preparation (swimming styles and techniques): 20 h. Preparation for a practical test (swimming tetrathlon): 20 h.

Course assessment

The final number of assessed students: 747

A	B	C	D	E	FX(0)	FX(1)
10.04	11.65	18.88	17.14	37.22	1.47	3.61

Instructor: PaedDr. Zuzana Pupišová, PhD., univ. doc., PaedDr. Martina Mandzáková, PhD., univ. doc., Mgr. Jaroslav Popelka, PhD., doc. PaedDr. Jiří Michal, PhD.

Last changed: 10.09.2024

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-223	Course name: Swimming Exercises 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: - The student adds this course in AIS. - The student completes the assignments necessary to receive their continuous assessment. - The student demonstrates the correct techniques of swimming styles, starts, and turns. - Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements. (A=100-94%; B=93-86%; C=85-79%; D=78-72%; E=71-65%). a) continuous assessment: continuous assessment: - Demonstration of two selected swimming styles (butterfly stroke, backstroke, breaststroke, front crawl): 80%. - Active participation in classes: 20%. b) final assessment: final assessment: Based on the continuous assessment and active attendance.	
Learning objectives: Learning outcomes: The student: - masters the correct techniques of swimming styles, starts, and turns - can use swimming tools correctly - can swim a specific distance using different styles correctly including the start and turn - knows the swimming terminology and technical exercises, and can evaluate errors in swimming techniques upon observation.	
Brief outline of the course: Brief outline of the course: Swimming warm-up and identifying students' swimming skills. Swimming style improvement (breaststroke, front crawl, backstroke) using technical exercises and tools based on the individual skill level. Improving start and turn techniques. Swimming technique evaluation upon observation.	

Recommended literature:

Recommended literature:

1. BENČE, M. - MERICA, M. - HLAVATÝ, R. 2005. Plávanie. Banská Bystrica: FHV UMB, 2005. 197 s. ISBN 80-8083-140-8.
2. ČECHOVSKÁ, I. a kol. 2014. Aktualizované poznatky z didaktiky plavání II. Variabilita plaveckých dovedností a techniky plaveckých způsobů. Sborník příspěvku z odborného semináře pořádaného dne 18. září 2014 v Praze. Praha: 2014, FTVS UK. 129 s. ISBN 978-80-87647-18-9.
3. ČECHOVSKÁ, I. – MILER, T. 2008. Plavání. 2. přeprac. vyd. Praha: Grada, 2008. 127 s. ISBN 9788024721545
4. LUKÁŠEK, M. 2014. Plavání I. Brno: Masarykova univerzita, ISBN 978-80-210-7324.
5. MACEJKOVÁ, Y. – BENČURIKOVÁ, L. 2014. Plávanie. Bratislava: STIMUL, 2014. 103 s. ISBN 978-80-8127-100-7
6. MANDZÁK, P. a kol. 2011. Nácvik plaveckých spôsobov v praxi. Banská Bystrica: FHV UMB, 2011, 115s. ISBN 978-80-557-0310-7.
7. MICHAL, J. 2002. Teória a didaktika plávania. Banská Bystrica: PF UMB, 2002. 98 s. ISBN 80-8055-679-2.
8. Pravidlá plávania. Slovenská plavecká federácia. 2019. Dostupné online: https://ssgelba.sk/wpcontent/uploads/2016/09/pravidla_plavania.pdf

Language of instruction:

Slovak

Notes: student time load:

student time load

90 h.

Combined study: 26 h.

Individual preparation (swimming styles and techniques): 34 h. Individual preparation (turns): 15 h.

Individual preparation (starts): 15 h.

Course assessment

The final number of assessed students: 123

A	B	C	D	E	FX(0)	FX(1)
62.6	10.57	11.38	1.63	2.44	11.38	0.0

Instructor: PaedDr. Zuzana Pupišová, PhD., univ. doc., PaedDr. Martina Mandzáková, PhD., univ. doc.

Last changed: 07.11.2022

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-aju-210	Course name: Teaching English with Technology
Type, extent and method of instruction: Form of instruction: Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 5	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: The total course assessment corresponds to the A-FX grading scale: A (100 – 94%), B (93 – 87%), C (86 – 80%), D (79 – 73%), E (72 – 65%). Credits will be awarded to students who earn a minimum of 65 points out of a possible 100. a) planning and teaching an EFL lesson at the C1 level with the use of technology: 90% b) active participation: 10% a) continuous assessment: active participation: 10% b) final assessment: planning and teaching an EFL lesson at the C1 level with the use of technology: 90%	
Learning objectives: The student will... 1. ...have an overview of various electronic teaching aids and tools, and they will be capable of choosing among them. 2. ...will be able to prepare and implement an effective EFL lesson using technology.	
Brief outline of the course: The future of technology and foreign-language teaching An overview of various aids and tools Model lessons with discussion Lesson planning Lesson implementation	
Recommended literature: RUSSELL, Victoria – MURPHY-JUDY, Kathryn. Teaching Language Online: A Guide for Designing, Developing, and Delivering Online, Blended, and Flipped Language Courses. Routledge, 2021. https://doi.org/10.4324/9780429426483	
Language of instruction: English B2	
Notes:student time load: 150 hours in total: Combined study (lectures/seminars/consultations): 26	

Self-study: 124							
Course assessment							
The final number of assessed students: 79							
A	B	C	D	E	FX(0)	FX(1)	n
22.78	24.05	36.71	7.59	5.06	3.8	0.0	0.0
Instructor: Mgr. Anna Slatinská, PhD., univ. doc., Mgr. Michael Eliot Dove							
Last changed: 19.11.2021							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-225	Course name: Tennis Exercises 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: Active attendance is required. The student is allowed to miss 6 classes per semester. This applies to students without an individual study plan. During the semester, the student takes a practical test focused on practical skills and game performance. a) continuous assessment: continuous assessment: Test of practical skills: 100 p. b) final assessment: final assessment: Based on the continuous assessment. The maximum number of points consisting of continuous and final assessment is 100 (=100%). Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: Learning outcomes: The student: - masters the practical skills on the appropriate level - masters the procedures and methods in theory and practice - understands the importance of tennis for the physical development and can integrate it into their regimen to prevent civilisation diseases	
Brief outline of the course: Brief outline of the course: Basic strokes (forehand, backhand, serving). Preparatory exercises with and without the tennis racket. Movement games focused on tennis.	
Recommended literature: Recommended literature: 1. HRDINA, V. 2001. Tenis pre každého. Plzeň : vlastný náklad, 2001.	

2. JANKOVSKÝ, J. 2002. Tenis. Praha : Grada 2002. 100 s.
3. KOROMHÁZOVÁ, V. – LINHARTOVÁ, D. 2008. Jak Dokonale zvládnout tenis. Praha : Grada, 2008. 112 s. ISBN 978-80-247-2316-7.
4. LANGEROVÁ, M. – HEŘMANOVÁ, B. 2005. Tenis a děti. Praha : Grada 2005. 104 s. ISBN 80-247-1256-3.
5. LINHARTOVÁ, D. 2009. Tenis. Praha : Grada 2009. 104 s. ISBN 978-80-247-2703-5.
6. MERUNKA, L. 1978. Tenis mladých. Bratislava : SPN, 1978. Pravidlá tenisu. Bratislava : Šport, STU.

Language of instruction:

slovak

Notes: student time load:

student time load

90 h.

Combined study: 26 h.

Preparation for mastering of the technique and selected practical skills: 64 h

Course assessment

The final number of assessed students: 118

A	B	C	D	E	FX(0)	FX(1)
44.92	30.51	11.02	1.69	0.85	6.78	4.24

Instructor: PaedDr. Boris Beťák, PhD.

Last changed: 08.11.2022

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-vdsl-01	Course name: The Great Works in World Literature I
Type, extent and method of instruction: Form of instruction: Lecture Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: The student prepares an essay in which he/she takes a position on the issue discussed. The final assessment is passed/failed.	
Learning objectives: 1. The student will obtain an adequate overview of the origin and functioning of selected representative literary works from several civilizational and cultural areas of ancient literature; will improve in professional terminology. 2. The student will acquire the specific interpretation skills necessary when working with a literary text anchored in a radically different cultural environment, thereby strengthening tolerance towards cultural differences and the will to respect the right to be different.	
Brief outline of the course: The greatest works in ancient Mesopotamia. Sumerian literature, Sumerian-Akkadian synthesis in literature. Ancient Egyptian literature – the greatest works. Ancient Chinese literature; basic Confucian and Taoist texts, old Chinese poetry. Ancient Indian literature - the most important written monuments from the Vedic period and from the so-called historical period, ancient Indian epics. Hebrew (ancient Jewish) literature. The Bible. Ancient Arabic literature; poetry of the pre-Islamic era, the Koran as a religious text and a literary monument. Ancient Greek literature (great works of archaic epic, lyric and drama). Ancient Roman literature, the great works of poets of the classical period (Vergilius, Horatius, Ovidius).	
Recommended literature: 1. BURKE, Peter. Kulturní historie. Dokořán, 2011. 2. MACURA, V. a kol.: Slovník světových literárních děl 1. – 2. Praha : Odeon, 1989. 3. ELIADE, M.: Dejiny náboženských predstáv a ideí 1. – 3. Bratislava : Agora, 1995, 1997, 4. 1997. 5. Velké postavy východního myšlení: slovník myslitelů. Uspořádal Ian P. McGreal. Praha : 6. Prostor, 1998. 7. ASSMANN, J.: Kultura a paměť. Písmo, vzpomínka a politická identita v rozvinutých 8. kulturách starověku. Praha : PROSTOR, 2001. 9. Duchovní prameny života: stvoření světa ve starých mýtech a náboženstvích. Praha : Vyšehrad, 1997. 10. PUTNA, M. C.: Homér 21, http://www.fhs.cuni.cz/homer21/main.html	

11. CANFORA, Luciano: Dějiny řecké literatury 12. CONTE, Gian Biagio: Dějiny římské literatury.			
Language of instruction: Slovak			
Notes:student time load: 90 hours, of which 26 hours full-time, 64 hours self-study			
Course assessment The final number of assessed students: 97			
abs	n	p	v
98.97	1.03	0.0	0.0
Instructor: PaedDr. Zuzana Bariaková, PhD., prof. PaedDr. Martin Golema, PhD., doc. Ivan Jančovič, PhD., Mgr. Martina Kubealaková, PhD., univ. doc., Mgr. Eva Pršová, PhD., doc. PaedDr. Jozef Tatár, PhD.			
Last changed: 19.09.2023			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-tpzp-101	Course name: Thesis Creation and Presentation
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 3.	
Level: I.	
Prerequisites:	
Course completion conditions: a) continuous assessment: seminar paper preparation 30% b) final assessment: written/oral exam 70%	
Learning objectives: The student 1. is able to create an academic text and thesis on their own 2. can follow the bibliographical guidelines and norms 3. follows the basic principles of research presentation 4. understand citing ethics and technique 5. can efficiently communicate and present their own knowledge and skills in speaking and writing	
Brief outline of the course: Text, text types, factual texts, written text. Contents, topics, language, and composition of specialised text. University final and qualification theses – academic writing. Bibliography and bibliographic norms. Primary sources – printed and digital/electronic. Quotation, citation, bibliographic reference. Copyright, author and academic ethics. Abstract – How to solve a problem? How the problem was solved? What are the specific results? How is it useful? Presentation – basic principles for slide composition.	
Recommended literature: 1. Čmejrková, Světlá – Daneš, František – Světlá Jindra: Jak napsat odborný text. Praha: Leda 1999. 2. Katuščák, Dušan. Ako písať záverečné a kvalifikačné práce. Enigma, 2004. 3. Meško, Dušan – Katuščák, Dušan – Findra, Ján a kol.: Akademická príručka. 2., dopl. vyd. Martin : Osveta, 2005. 4. Šanderová, Jadwiga, Jak číst a psát odborný text ve společenských vědách. Několik zásad pro začátečníky, Praha, Slon, 2007.	
Language of instruction:	
Notes: student time load: 90 h. combined study (lectures/seminars/consultations): 26, self-study: 42 seminar paper preparation: 22	

Course assessment							
The final number of assessed students: 287							
A	B	C	D	E	FX(0)	FX(1)	n
11.15	22.3	20.56	16.38	13.59	15.68	0.35	0.0
Instructor: Mgr. Roman Hofreiter, PhD., univ. doc., doc. Mgr. M. A. Ivan Chorvát, CSc., Mgr. Ivan Souček, PhD.							
Last changed: 12.09.2022							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Arts							
Code: 1d-mcr		Course name: To think, to read, to reflect: skills for the digital age					
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 1., 3.							
Level: I.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction:							
Notes:student time load:							
Course assessment The final number of assessed students: 0							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: prof. PaedDr. Martin Golema, PhD., doc. Ivan Jančovič, PhD., Mgr. Eva Pršová, PhD., PaedDr. Zuzana Bariaková, PhD., Mgr. Martina Kubealaková, PhD., univ. doc., Mgr. Eva Urbanová Šimková, PhD.							
Last changed: 23.03.2026							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajuL-302	Course name: Translation in Teaching Practice
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 4.	
Level: I.	
Prerequisites:	
Course completion conditions: During the semester, students translate various types of texts with regard to methodology of teaching translation in the English classroom. Students' active approach at the seminars is being expected. Besides translations of text selected by the teacher, a student will propose and activity s/he will use for using translation in the English classroom. Translations together with their ELT methodology will be submitted by the student in the form of the translation diary in the last week of the term. The number of points obtained corresponds to the grading assessment scale. Credits will be given to students who obtain for fulfilling certain requirements at least 65 out of 100 points. a) continuous assessment: active participation at seminars: 0-25 points b) final assessment: translation diary: 0-75 points	
Learning objectives: The student will be able: 1. To understand basic concepts of translating in theory and practice with regard to linguistic as well as cultural aspects of translation. 2. To understand issues related to pre-translation text analysis and translation methods. 3. To apply theoretical knowledge from ELT methodology in the process of a creative translation of the text during the English class. 4. To propose ELT methodology and to apply communicative approach in using translation in the English classroom.	
Brief outline of the course: Basic concepts in translation studies. Translating as a communicative approach. Combined translation. Group translation. Translation without a dictionary - yes or not? Practical translation of texts in EL classroom. Translation process and teaching English. The place of mother tongue in EL classroom. Variations in teaching English through translation.	
Recommended literature: NEWMARK, P. 1989. A Textbook of Translation. London : Longman, 1989. GROMOVÁ, E. 1996. Interpretácia v procese prekladu. Nitra : VŠP, 1996.	

CHAMBERLIN, D. – WHITE, G. 1994. Advanced English for Translation. Cambridge – CUP, 1994.
 ŠTULAJTEROVÁ, A. Zahrajme sa s prekladom. Banská Bystrica : Metodické centrum, 1997.
 ŠTULAJTEROVÁ, A. - JESENSKÁ, P. English Stylistics. Banská Bystrica : UMB, 2013.

Language of instruction:

English B2 and Slovak

Notes:student time load:

Time load: 90

combined studies: 13

self-study: 37

preparation of translation activity in EL classroom: 10

translation diary: 30

Course assessment

The final number of assessed students: 10

A	B	C	D	E	FX(0)	FX(1)	n
70.0	30.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: PaedDr. Alena Štulajterová, PhD.

Last changed: 03.05.2023

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajuZ-301	Course name: Translation in Teaching Practice
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 3.	
Level: I.	
Prerequisites:	
Course completion conditions: During the semester, students translate various types of texts with regard to methodology of teaching translation in the English classroom. Students' active approach at the seminars is being expected. Besides translations of text selected by the teacher, a student will propose and activity s/he will use for using translation in the English classroom. Translations together with their ELT methodology will be submitted by the student in the form of the translation diary in the last week of the term. The number of points obtained corresponds to the grading assessment scale. Credits will be given to students who obtain for fulfilling certain requirements at least 65 out of 100 points. a) continuous assessment: active participation at seminars: 0-25 points b) final assessment: translation diary: 0-75 points	
Learning objectives: The student will be able: 1. To understand basic concepts of translating in theory and practice with regard to linguistic as well as cultural aspects of translation. 2. To understand issues related to pre-translation text analysis and translation methods. 3. To apply theoretical knowledge from ELT methodology in the process of a creative translation of the text during the English class. 4. To propose ELT methodology and to apply communicative approach in using translation in the English classroom.	
Brief outline of the course: Basic concepts in translation studies. Translating as a communicative approach. Combined translation. Group translation. Translation without a dictionary - yes or not? Practical translation of texts in EL classroom. Translation process and teaching English. The place of mother tongue in EL classroom. Variations in teaching English through translation.	
Recommended literature: NEWMARK, P. 1989. A Textbook of Translation. London : Longman, 1989. GROMOVÁ, E. 1996. Interpretácia v procese prekladu. Nitra : VŠP, 1996.	

CHAMBERLIN, D. – WHITE, G. 1994. Advanced English for Translation. Cambridge – CUP, 1994.

ŠTULAJTEROVÁ, A. Zahrajme sa s prekladom. Banská Bystrica : Metodické centrum, 1997.

ŠTULAJTEROVÁ, A. - JESENSKÁ, P. English Stylistics. Banská Bystrica : UMB, 2013.

Language of instruction:

English B2 and Slovak

Notes:student time load:

Time load: 90

combined studies: 13

self-study: 37

preparation of translation activity in EL classroom: 10

translation diary: 30

Course assessment

The final number of assessed students: 12

A	B	C	D	E	FX(0)	FX(1)	n
75.0	25.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: PaedDr. Alena Štulajterová, PhD.

Last changed: 29.04.2022

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajm-309	Course name: Turkish Language 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: During the semester, students will take a written test that will verify the practical use of their knowledge. They will take a written test with variable assignments for the practical application of theoretical knowledge and take the final oral exam after the end of the semester. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%). a) continuous assessment: a) written test – 40 points b) final assessment: b) final written examination: 0 – 60 points	
Learning objectives: Students will be able: 1. to talk about places/directions/family/occupation in Turkish, 2. to listen to and understand some simple short dialogues in Turkish, 3. to read some texts in Turkish, 4. to write some texts in Turkish.	
Brief outline of the course: 1. Greeting 2. Daily Life 3. Our family and our relatives 4. Time is passing 5. Enjoy your mail 6. Bureaucracy everywhere 7. The future will come some day also 8. He said something 9. Different worlds and lifes 10. Our media 11. Healthy living	

12. Travel							
Recommended literature: 1. Gökkuşuğu Türkçe Eğitim Kitabı (Rainbow Turkish Education Book), Mgr Öztürk TUNCAY, Dilset, 2014. 2. Yeni Hayat (New Life), Gedik Enver, Mevsimler, 2015. 3. Yabancı Dil Olarak Türkçe Öğretimi, Prof Dr. Güzel Abdurrahman, Akçağ, 2002. 4. Etkinliklerle Türkçe Öğretimi, Aslan Derya and Doğan Birsen, Ekin, 2013. 5. Haydi Türkçe Öğrenelim, commision, Yunus Emre enstitüsü, 2015.							
Language of instruction: English language B2							
Notes:student time load: student workload: 90 hrs. seminars: 13 study for the continuous written test: 30 hrs. study for the final oral exam: 47 hrs.							
Course assessment The final number of assessed students: 243							
A	B	C	D	E	FX(0)	FX(1)	n
38.27	14.81	18.93	20.99	2.47	4.12	0.41	0.0
Instructor: Dr. İsmail Aydo#du							
Last changed: 16.08.2022							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajm-310	Course name: Turkish Language 2
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: During the semester, students will take a written test that will verify the practical use of their knowledge. They will take a written test with variable assignments for the practical application of theoretical knowledge and take the final oral exam after the end of the semester. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%). a) continuous assessment: a) written test – 40 points b) final assessment: b) final written examination: 0 – 60 points	
Learning objectives: Students will be able: 1. to talk about places/directions/family/occupation in Turkish, 2. to listen to and understand some simple short dialogues in Turkish, 3. to read some texts in Turkish, 4. to write some texts in Turkish.	
Brief outline of the course: 1. Greeting 2. Daily Life 3. Our family and our relatives 4. Time is passing 5. Enjoy your mail 6. Bureaucracy everywhere 7. The future will come some day also 8. He said something 9. Different worlds and lifes 10. Our media 11. Healthy living	

12. Travel 13. Turkish culture and identity 14. Lifestyle							
Recommended literature: 1. Gökkuşuğu Türkçe Eğitim Kitabı (Rainbow Turkish Education Book), Mgr Öztürk TUNCAY, Dilset, 2014. 2. Yeni Hayat (New Life), Gedik Enver, Mevsimler, 2015. 3. Yabancı Dil Olarak Türkçe Öğretimi, Prof Dr. Güzel Abdurrahman, Akçağ, 2002. 4. Etkinliklerle Türkçe Öğretimi, Aslan Derya and Doğan Birsen, Ekin, 2013. 5. Haydi Türkçe Öğrenelim, commission, Yunus Emre enstitüsü, 2015.							
Language of instruction: English language B2							
Notes:student time load: student workload: 90 hrs. seminars: 13 study for the continuous written test: 30 hrs. study for the final oral exam: 47 hrs.							
Course assessment The final number of assessed students: 165							
A	B	C	D	E	FX(0)	FX(1)	n
37.58	12.73	18.79	18.18	7.88	2.42	2.42	0.0
Instructor: Dr. İsmail Aydo#du							
Last changed: 16.08.2022							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajm-311	Course name: Turkish Language 3
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: During the semester, students will take a written test that will verify the practical use of their knowledge. They will take a written test with variable assignments for the practical application of theoretical knowledge and take the final oral exam after the end of the semester. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%). a) continuous assessment: a) written test – 40 points b) final assessment: b) final written examination: 0 – 60 points	
Learning objectives: Students will be able: 1. to talk about places/directions/family/occupation in Turkish, 2. to listen to and understand some simple short dialogues in Turkish, 3. to read some texts in Turkish, 4. to write some texts in Turkish.	
Brief outline of the course: 1. Greeting 2. Daily Life 3. Our family and our relatives 4. Time is passing 5. Enjoy your mail 6. Bureaucracy everywhere 7. The future will come some day also 8. He said something 9. Different worlds and lifes 10. Our media 11. Healthy living	

12. Travel 13. Turkish culture and identity 14. Lifestyle							
Recommended literature: 1. Gökkuşuğu Türkçe Eğitim Kitabı (Rainbow Turkish Education Book), Mgr Öztürk TUNCAY, Dilset, 2014. 2. Yeni Hayat (New Life), Gedik Enver, Mevsimler, 2015. 3. Yabancı Dil Olarak Türkçe Öğretimi, Prof Dr. Güzel Abdurrahman, Akçağ, 2002. 4. Etkinliklerle Türkçe Öğretimi, Aslan Derya and Doğan Birsen, Ekin, 2013. 5. Haydi Türkçe Öğrenelim, commission, Yunus Emre enstitüsü, 2015.							
Language of instruction: English language B2							
Notes:student time load: student workload: 90 hrs. seminars: 13 study for the continuous written test: 30 hrs. study for the final oral exam: 47 hrs.							
Course assessment The final number of assessed students: 52							
A	B	C	D	E	FX(0)	FX(1)	n
46.15	15.38	17.31	11.54	1.92	7.69	0.0	0.0
Instructor: Dr. İsmail Aydo#du							
Last changed: 16.08.2022							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajm-312	Course name: Turkish Language 4
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 4., 6.	
Level: I.	
Prerequisites:	
Course completion conditions: During the semester, students will take a written test that will verify the practical use of their knowledge. They will take a written test with variable assignments for the practical application of theoretical knowledge and take the final oral exam after the end of the semester. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%). a) continuous assessment: a) written test – 40 points b) final assessment: b) final written examination: 0 – 60 points	
Learning objectives: Students will be able: 1. to talk about places/directions/family/occupation in Turkish, 2. to listen to and understand some simple short dialogues in Turkish, 3. to read some texts in Turkish, 4. to write some texts in Turkish.	
Brief outline of the course: 1. Greeting 2. Daily Life 3. Our family and our relatives 4. Time is passing 5. Enjoy your mail 6. Bureaucracy everywhere 7. The future will come some day also 8. He said something 9. Different worlds and lifes 10. Our media 11. Healthy living	

12. Travel 13. Turkish culture and identity 14. Lifestyle							
Recommended literature: 1. Gökkuşuğu Türkçe Eğitim Kitabı (Rainbow Turkish Education Book), Mgr Öztürk TUNCAY, Dilset, 2014. 2. Yeni Hayat (New Life), Gedik Enver, Mevsimler, 2015. 3. Yabancı Dil Olarak Türkçe Öğretimi, Prof Dr. Güzel Abdurrahman, Akçağ, 2002. 4. Etkinliklerle Türkçe Öğretimi, Aslan Derya and Doğan Birsen, Ekin, 2013. 5. Haydi Türkçe Öğrenelim, commission, Yunus Emre enstitüsü, 2015.							
Language of instruction: English language B2							
Notes:student time load: student workload: 90 hrs. seminars: 13 study for the continuous written test: 30 hrs. study for the final oral exam: 47 hrs.							
Course assessment The final number of assessed students: 35							
A	B	C	D	E	FX(0)	FX(1)	n
40.0	14.29	11.43	25.71	2.86	5.71	0.0	0.0
Instructor: Dr. İsmail Aydo#du							
Last changed: 11.09.2023							
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.							

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1d-FS1-003		Course name: University folklore ensemble 1	
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3., 5.			
Level: I.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 51			
abs	n	p	v
96.08	3.92	0.0	0.0
Instructor: Mgr. art. Martin Urban, PhD.			
Last changed: 30.03.2023			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1d-UKO1-003		Course name: Univerzitný komorný orchester 1	
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3., 5.			
Level: I.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 13			
abs	n	p	v
84.62	15.38	0.0	0.0
Instructor: Mgr. Pavel Martinka, PhD.			
Last changed: 30.03.2023			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Arts			
Code: 1d-SPZ1-003		Course name: Univerzitný spevácky zbor 1	
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3., 5.			
Level: I.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 58			
abs	n	p	v
94.83	5.17	0.0	0.0
Instructor: Mgr. Pavel Martinka, PhD.			
Last changed: 04.04.2023			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ajs-323	Course name: Volunteering in Sa zobud'!
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3., 5.	
Level: I.	
Prerequisites:	
Course completion conditions: The student is actively involved in activities of the student civic association Sa zobud'!. Student works in a team, participates in the creation of the student community and the organization of events. The prerequisite for successful completion is active participation in membership meetings and working a minimum of 5 hours per week. At the end of the semester, the student will submit a report on their activities during the semester, which will include feedback on each activity. The report will be evaluated as part of the course requirements.	
Learning objectives: After successful completion of the course, the student will gain practical experience in organizing activities. Develops specific competences necessary for the profession with a focus on the development of civic engagement and service to society. Student is able to independently determine the initial situation, the objectives of the activity, the process of achieving the objective and the timetable, to identify problems, to find partners, to determine the right promotion, the needs of personnel resources, to implement and evaluate the activities. Student learns how to motivate students of translation and interpreting to engage in volunteer activities.	
Brief outline of the course: As part of volunteer activities, students actively participate in the activities of the student civic association Sa zobud'!, which connects students of translation and interpreting in Slovakia. Volunteers participate in the organisation of the Winter School of Translation and other activities organised by the civic association.	
Recommended literature: HATIAROVÁ, Patrícia. Zviditeľňovanie prekladateľskej profesie na Slovensku. #Diplomová práca#, 95904f5e-c4a1-48cb-9ea7-70dad221ba09. KRÁLIKOVÁ, Nadežda (zost.). Ja nie som dobrovoľník! Ja to robím len tak... Bratislava : IUVENTA, 2006, ISBN 80-8072-054-1.	
Language of instruction: Slovak, English	
Notes: student time load:	

Course assessment			
The final number of assessed students: 3			
abs	n	p	v
66.67	33.33	0.0	0.0
Instructor: doc. PhDr. Martin Djovčoš, PhD.			
Last changed: 03.07.2024			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-253	Course name: Volunteering in sports 1
Type, extent and method of instruction: Form of instruction: Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2.	
Level: I.	
Prerequisites:	
Course completion conditions: 1. Active volunteering for a total of 40 hours for: (a) an international or domestic sporting event organised by a national sports federation or other sports organisation, (b) a faculty or national round of the SVA; or (c) co-organising sporting events for students and staff of UMB 2. Preparation of a final report on the volunteering activity, which is also a certificate of completion. The student's final report will be certified by the organisation for which the volunteering activity was carried out. The confirmation shall include the name of the organisation, the student's name, surname and date of birth, the name of the sporting event, the date and the total time in hours of the volunteering activity. The student shall briefly describe the content of the volunteering activity and the skills acquired during the volunteering. b) final assessment: Final grade based on completion of course requirements and student completion of a final report - (Pass). The student may also acquire a total of 40 hours through a combination of volunteering at several events in which he/she has actively participated.	
Learning objectives: Student: - is able to use terminology correctly in the chosen sport, - is able to correctly name and describe the content of the chosen sport, - knows the rules in the chosen sport, - is flexible and able to fulfil the tasks of the organising committee	
Brief outline of the course: Volunteering at an international sporting event.	
Recommended literature:	
Language of instruction: Slovak/Czech/English	
Notes:student time load:	

Total time commitment of the student: 90 hours, of which: 40 hours of volunteering Preparation for volunteering: 35 hours Preparation of the final report: 15 hours			
Course assessment The final number of assessed students: 1			
abs	n	p	v
100.0	0.0	0.0	0.0
Instructor: PaedDr. Boris Beťák, PhD., Mgr. et Mgr. Jana Daubnerová, PhD., PaedDr. Rastislav Kollár, PhD.			
Last changed: 14.03.2025			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-254	Course name: Volunteering in sports 2
Type, extent and method of instruction: Form of instruction: Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 4.	
Level: I.	
Prerequisites:	
Course completion conditions: 1. Active volunteering for a total of 40 hours for: (a) an international or domestic sporting event organised by a national sports federation or other sports organisation, (b) a faculty or national round of the SVA; or (c) co-organising sporting events for students and staff of UMB 2. Preparation of a final report on the volunteering activity, which is also a certificate of completion. The student's final report will be certified by the organisation for which the volunteering activity was carried out. The confirmation shall include the name of the organisation, the student's name, surname and date of birth, the name of the sporting event, the date and the total time in hours of the volunteering activity. The student shall briefly describe the content of the volunteering activity and the skills acquired during the volunteering. b) final assessment: Final grade based on completion of course requirements and student completion of a final report - (Pass). The student may also acquire a total of 40 hours through a combination of volunteering at several events in which he/she has actively participated.	
Learning objectives: Student: - is able to use terminology correctly in the chosen sport, - is able to correctly name and describe the content of the chosen sport, - knows the rules in the chosen sport, - is flexible and able to fulfil the tasks of the organising committee	
Brief outline of the course: Volunteering at an international sporting event.	
Recommended literature:	
Language of instruction: Slovak/Czech/English	
Notes:student time load:	

Total time commitment of the student: 90 hours, of which: 40 hours of volunteering Preparation for volunteering: 35 hours Preparation of the final report: 15 hours			
Course assessment The final number of assessed students: 5			
abs	n	p	v
100.0	0.0	0.0	0.0
Instructor: PaedDr. Boris Beťák, PhD., Mgr. et Mgr. Jana Daubnerová, PhD., PaedDr. Rastislav Kollár, PhD.			
Last changed: 14.03.2025			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-255	Course name: Volunteering in sports 3
Type, extent and method of instruction: Form of instruction: Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 6.	
Level: I.	
Prerequisites:	
Course completion conditions: 1. Active volunteering for a total of 40 hours for: (a) an international or domestic sporting event organised by a national sports federation or other sports organisation, (b) a faculty or national round of the SVA; or (c) co-organising sporting events for students and staff of UMB 2. Preparation of a final report on the volunteering activity, which is also a certificate of completion. The student's final report will be certified by the organisation for which the volunteering activity was carried out. The confirmation shall include the name of the organisation, the student's name, surname and date of birth, the name of the sporting event, the date and the total time in hours of the volunteering activity. The student shall briefly describe the content of the volunteering activity and the skills acquired during the volunteering. b) final assessment: Final grade based on completion of course requirements and student completion of a final report - (Pass). The student may also acquire a total of 40 hours through a combination of volunteering at several events in which he/she has actively participated.	
Learning objectives: Student: - is able to use terminology correctly in the chosen sport, - is able to correctly name and describe the content of the chosen sport, - knows the rules in the chosen sport, - is flexible and able to fulfil the tasks of the organising committee	
Brief outline of the course: Volunteering at an international sporting event.	
Recommended literature:	
Language of instruction: Slovak/Czech/English	
Notes:student time load:	

Total time commitment of the student: 90 hours, of which: 40 hours of volunteering Preparation for volunteering: 35 hours Preparation of the final report: 15 hours			
Course assessment The final number of assessed students: 0			
abs	n	p	v
0.0	0.0	0.0	0.0
Instructor: PaedDr. Boris Beťák, PhD., Mgr. et Mgr. Jana Daubnerová, PhD., PaedDr. Rastislav Kollár, PhD.			
Last changed: 14.03.2025			
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-230	Course name: Water Polo
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: The student signs up for this course in AIS and completes the assignments necessary to receive their continuous assessment: seminar papers, active participation in seminars, written test. (A=100-94%; B=93-86%; C=85-79%; D=78-72%; E=71-65%). a) continuous assessment: a) continuous assessment: Seminar paper and active participation in classes b) final assessment: b) final assessment: Written test	
Learning objectives: Learning outcomes: The student has theoretical knowledge of the water polo rules and practical knowledge regarding training, improvement, and game systems.	
Brief outline of the course: Brief outline of the course: 1. Improving fitness level – strength, speed, endurance. 2. Improving joint mobility. Water polo rules.	
Recommended literature: Recommended literature: JUNK, Ivan: Vodní pólo - určeno pro posl. fak. tělesné kultury. Olomouc : Univerzita Palackého, 1992 NEDOROST, K.: Jednotný tréninkový systém vodného póla. Praha 1983 ŠTELLER, P.: Vodné pólo. Moskva, 1981 VIDUMANSKÝ, Ladislav – KALEČÍK Ľubomír: Teória a didaktika vodného póla. Bratislava: FTVŠ UK, 2006, 72s. ISBN 8022321699 EGAN, Tracie: Water Polo. Rosen Pub Group, 2004, ISBN-10: 1404201866 EVERIST, Kirk: Becoming a Champion Water Polo Player: Defensive Techniques, Skills & Drills. EVERIST, Kirk: Becoming a Champion Water Polo Player: Offensive Techniques, Skills & Drills. TANNER, John: Coaching Water Polo. TANNER, John: Team Tactics for Water Polo. Časopisy: Tělesná výchova a šport, Tělesná výchova a sport mládeže	

Language of instruction:						
Notes:student time load: Notes: student time load Time load for the student: Total: 120 h. Combined study (lectures/seminars/consultations): 26 h. Preparation of the presentation: 30 h. Studying for the oral exam: 64 h.						
Course assessment The final number of assessed students: 38						
A	B	C	D	E	FX(0)	FX(1)
78.95	0.0	0.0	0.0	2.63	18.42	0.0
Instructor: PaedDr. Zuzana Pupišová, PhD., univ. doc., PaedDr. Martina Mandzáková, PhD., univ. doc.						
Last changed: 23.03.2023						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-010	Course name: Water Sports and Bicycle Touring
Type, extent and method of instruction: Form of instruction: Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 4.	
Level: I.	
Prerequisites:	
Course completion conditions: Course completion conditions: The student proves their practical skills in water sports and bicycle touring and takes a written test a) continuous assessment: a) continuous assessment: water sports: 40 p. (min. 26 p.) (canoe: getting in and out – 10 p.; rowing – 10 p.; kayak: getting in and out – 10 p.; rowing – 10 p.) bicycle touring: 40 p. (min. 26 p.): flat tyre repair – 20 p.; trail track – 20 p. b) final assessment: b) final assessment: The maximum number of points consisting of continuous and final assessment is 100 (=100%). Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: Learning outcomes: The student - knows the history of boats and the correct terminology - can name, describe, show, and use the basic rowing techniques - knows the history of bicycle touring and can name, describe, show, and use the trail track/road cycling technique - understands the importance of water sports and bicycle touring for physical development and can integrate them into their regiment to prevent civilisation diseases - develops a positive attitude to water sports and bicycle touring, nature protection, and cultural heritage of the region - knows the cycling and rowing safety rules	
Brief outline of the course: Brief outline of the course: The importance and position of water sports and bicycle touring in human life. The history and evolution of water sports and bicycle touring in Slovakia and abroad.	

Basic terminology and rules. Training and improving basic rowing techniques (rowing boat, canoe, kayak). Training on still water. Safety and rescuing in water sports (preparation and the course of a water sporting event). Equipment for different types of events. Basic boat maintenance. Training and improving basic cycling techniques – trail and road. Organisation of bicycle tours and safety. Bicycle maintenance.						
Recommended literature: Recommended literature: 1. BENČE, M., BOBULA, T., ZBIŇOVSKÝ, P.: 2008. Vodné športy. Banská Bystrica: FHV UMB, 2008. ISBN 978-80-8083-521-7 [Online] [cit. 2021-09-09]. Dostupné na internete: https://kdv.rt.sk/wp-content/uploads/2008/01/vodne_sporty.pdf 2. BÍLÝ, M. a kol. 2001. Kanoistika. Praha: Grada Publishing, 2001, 140s. ISBN: 80-247-9050-5 3. KOMPÁN, J., a kol. 2017. Outdoorové aktivity, športy a špecifiká pobytu v prírode. Banská Bystrica: Univerzita Mateja Bela. 2017. ISBN: 978-80-557-1342-7 4. KRÁL, L., MAKEŠ, P. 2003. Velká kniha cyklistiky. Brno : Computer Press, 2003. 144s, ISBN: 80-7226-815-5 5. LANDA, P. 2005. Cyklistika. Praha : Grada, 2005, 108s. ISBN: 80-247-0726-8 6. LIŠKOVÁ, J. 2005. Kolo a děti, vybavení, výuka jízdy, tipy na výlety. Praha : Grada, 2005, 90s. ISBN 8024711346 7. ZAJAC, A. a kol. 1983. Športy a turistika na vode. Bratislava: Šport, 198s. ISBN 77-035-83 8. HÁP, P. a kol. 2014. Pobyt v letní přírodě. (e-kniha). Olomouc: UP Olomouc, 2014. [Online] [cit. 2021-09-09]. Dostupné na internete: https://publi.cz/books/174/Hap.html						
Language of instruction:						
Notes: student time load: Notes: student time load 120 h. Presence study: 26 h. Developing practical skills: 60 h. Studying for the written test: 10 h. Preparation for the evaluation: 24 h.						
Course assessment The final number of assessed students: 511						
A	B	C	D	E	FX(0)	FX(1)
49.32	34.64	5.48	0.39	0.0	9.98	0.2
Instructor: doc. PaedDr. Štefan Adamčák, PhD., doc. PaedDr. Miroslav Nemec, PhD., PaedDr. Rastislav Kollár, PhD., Mgr. Juraj Kremnický, PhD., univ. doc., PaedDr. Jaroslav Kompán, PhD.						
Last changed: 31.05.2023						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-ozvstv-109	Course name: Winter Seasonal Activities
Type, extent and method of instruction: Form of instruction: Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 65 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 3.	
Level: I.	
Prerequisites:	
Course completion conditions: The condition of subject evaluation is mandatory, active 100% participation of the student in classes. The student will acquire practical skills in cross-country and downhill skiing, snowboarding and skating. Students can correct the interim assessment on the dates listed by the teacher within the period for completing the study obligations. a) continuous assessment: - presentation of practical downhill skiing skills 30 points (min. 20 p) - presentation of practical cross-country skiing skills 25 points (min. 16 p) - presentation of practical snowboarding skills 25 points (min. 16 p) - presentation of practical skating skills 20 points (min. 13 p) b) final assessment: Based on the continuous assessment. The maximum number of points consisting of continuous and final assessment is 100 (=100%). Grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%), Fx (less than 64%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: The student: - knows how to apply his/her knowledge in the selection of suitable ski equipment, - has mastered the basic rules of safety of staying and moving on the slopes and on the ice surface, - knows and is able to use correctly the technical terminology used in winter sports (skiing, snowboarding and skating, - knows the practical skills of cross-country and downhill skiing, snowboarding and skating, - can analyze terrain conditions and adapt their riding to them, - understands the impact and importance of the natural environment and the implementation of winter sports for human health and physical development.	
Brief outline of the course: Student: Theoretical basics of downhill and cross-country skiing, snowboarding, and skating.	

Selection of skiing, snowboarding and skating equipment. Maintenance and waxing of skis and snowboards. Games in the snow. Principles of safety on the slopes and on the ice. Principles safety of staying and moving on the slopes - white code. Practice of basic and advanced downhill skiing techniques (balance on skis, downhill, curves - in two-sided inversion, from two-sided inversion, from inversion top and bottom ski, downhill curves, riding in rough terrain, basics of carving). Practice of basic snowboard training techniques (sliding down the chute, sliding diagonally slope, slant slope riding, sliding a half-arch to the slope (fan, girlangs), snowboard curves (frontside and backside), snowboard control, smooth and safe riding on downhill, riding on the lift). Practice of technique in classic and skate style cross-country skiing (alternating two-step running, running with a push-off, single and single-step, double-sided skating single- and double-step with alternating arm work). Practice of basic skating technique (walking on skates, forward skating, skating backwards, stopping, short arcs, forward skating, skate control, smooth and safe skating on ice).
Recommended literature: 1. MICHAL, J. 2001. Teória a didaktika lyžovania. Banská Bystrica: PDF UMB v Banskej Bystrici, 2001. 94 s. ISBN 80-8055-591-5. 2. MICHAL, J. 2013. Snowboarding. Zvolen: Technická univerzita vo Zvolene, 2013. 80 s. ISBN 978-80-228-2597-9. 3. MICHAL, J. – NEMEC, M. – ADAMČÁK, Š. – STRAŇAVSKÁ, S. 2019. Pohybové hry 2 – hry v zimnej prírode. Žilina: IPV Inštitút priemyselnej výchovy, 2019. 116 s. ISBN 978-80-89902-15-0 4. PAUGSCHOVÁ, B. a kol. 2004. Lyžovanie : Učebné texty pre študentov telesnej výchovy. Banská Bystrica: FHV UMB, 2004. 237 s. ISBN 80-8055-880-9. 5. STARŠÍ, J. - FILC, P.- KRIŽKOVÁ, E. 1994. Teória a didaktika korčuľovania a základov hokeja. Bratislava: FTVŠ UK. 6. Video-skola-bezeckeho-lyzovani [online]. Dostupné na: https://bezky.net/skupiny/2-skola-bezeckeho-lyzovani. 7. Video technika bežecké lyžovanie UMB [online]. Dostupné na: https://lms.umb.sk/pluginfile.php/332902/mod_resource/content/2/Techniky%20a%20sp%C3%B4soby%20behu%20na%20ly%C5%B8iach.mp4 8. Základy bezpečnosti - Biely kodex [online]. Dostupné na: (https://www.jasna.sk/informacie/ostatne/biely-kodex) 8. Zjazdové lyžovanie - obrat prednožením, [online]. Dostupné na: https://www.ff.umb.sk/jmichal/film-metodicky-vystup-zjazdove-lyzovanie-obrat-prednozenim.html 9. Zjazdové lyžovanie -Základný lyžiarsky výcvik -metodický rad, [online]. Dostupné na:https://www.ff.umb.sk/jmichal/film-zjazdove-lyzovanie-zakladny-lyziarsky-vycvikmetodickyrad-4503.html
Language of instruction: slovak
Notes:student time load: student time load: 90 hrs., of which: combined study (s): 65 hrs. skills development: 10 hrs. preparation for practical skills assessment: 15 hrs.

Course assessment						
The final number of assessed students: 738						
A	B	C	D	E	FX(0)	FX(1)
2.85	17.21	32.11	30.08	9.62	2.71	5.42
Instructor: doc. PaedDr. Jiří Michal, PhD., doc. PaedDr. Štefan Adamčák, PhD., doc. PaedDr. Miroslav Nemec, PhD., PaedDr. Rastislav Kollár, PhD., Mgr. Juraj Kremnický, PhD., univ. doc., PaedDr. Mgr. Lukáš Opáth, PhD., PaedDr. Boris Beťák, PhD., Mgr. David Brúnn, PhD.						
Last changed: 11.09.2025						
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.						

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Arts							
Code: 1d-ajs-302		Course name: Written Expression in English					
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 1., 3., 5.							
Level: I.							
Prerequisites:							
Course completion conditions: Grades are calculated using the following ECTS scale: A (100 – 94%), B (93 – 87%), C (86-80%), D (79 – 73%), E (72 – 65%). Students who earn at least 65% on each graded writing assignment and as their final grade will receive a passing grade for the course and credits. a) active participation + homework: 0-10 points b) Writing Assignment 1: 0-30 points c) Writing Assignment 2: 0-60 points							
Learning objectives: Students will learn to write communicative texts of various genres in English. Possible genres include the following: persuasive academic essay, travel brochure, arts and culture criticism, formal letter.							
Brief outline of the course: Introduction: Creating professional-looking texts in English Text 1 Text 2							
Recommended literature:							
Language of instruction: English B2							
Notes:student time load: 90 hrs seminars: 13 hrs self-study: 50 hrs writing graded assignments: 27 hrs							
Course assessment The final number of assessed students: 107							
A	B	C	D	E	FX(0)	FX(1)	n
12.15	42.06	27.1	9.35	0.0	5.61	3.74	0.0
Instructor: Mgr. Michael Eliot Dove							

Last changed: 04.09.2023
Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Arts	
Code: 1d-utr-236	Course name: Yoga
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: I.	
Prerequisites:	
Course completion conditions: The condition for the evaluation of the course is mandatory, active participation of the student in the class. Acceptable absences are 3 hours of the total allocation for the semester within the individual parts of the course. Applies only to students without an individual study plan. In the final week during the class portion of the semester, the student will present mastery of the Bari Khatu pranam yoga routine. a) continuous assessment: - presentation of yoga set Bari Khatu pranam: 100 points b) final assessment: - on the basis of the interim evaluation The maximum number of points obtained for the interim and final evaluation is 100 points, which is 100%. This corresponds to the grading scale (A = 100-94%, B = 93-87%, C = 86-80%, D = 79-73%, E = 72-65%, Fx = 64% or less). Credit will be awarded to a student who has earned at least 65% of the total points in the course for meeting the specified requirements.	
Learning objectives: Student: - Knows the basic concepts of traditional yoga and has practically mastered the basic principles of yoga physical, relaxation and breathing exercises, - Knows yoga techniques, preparatory exercises - Sarvahita asanas, asana, relaxation, full yogic breath, pranayama, pratyahara and meditation, - can practically demonstrate the Bari Khatu pranam yoga setup, - can demonstrate knowledge of the application of yoga techniques and elements in sports.	
Brief outline of the course: 1. Yoga as a science -1h, practice: standing posture - 1h. 2. Structure of yoga class according to Yoga in Daily Life System, asanas, sarvahitaasanas, difference between other exercises, basic principles in yoga practice-1h, practice: khatupranam posture -1h. 3. Yoga as psychosomatic exercises, antakarana, meaning of OM -1h, practice: practice of yogic breathing, 1st part of sarvahitaasana 1st lesson -1h.	

4. Hatha yoga kriyas - purification yoga techniques -1h, practice: agnisara kriya, neti, kapalabhata - 1h.
5. Gunas, yogic diet - 1h, practice: sarvahitaāsana 1st part 2nd lesson - 1h.
6. Pranayama and Prana - 1h, practice: 1st part of sarvahitaāsana 3rd lesson, pranayama nadisodhana I -1h.
7. Relaxation and its principles, sankalpa -1h, practice: relaxation from cassette tape, bhastrika pranayama - 1h.
8. Use of yoga exercises as compensation for overuse and spinal disorders in sports -1h, practice: exercise set for back pain - 1h.
9. Use of yoga exercises as compensation for overuse and joint disorders in sports -1h, practice : exercise set against joint pain-1h.
10. Use of yoga exercises as preparation before sports performance -1h, practice : exercise set - 1h.
11. Meditation and its principles-1h, practice : Bari Kathupranam, pranayama, meditation - 1h.

Recommended literature:

Dostálek, C. 1996. Hathajóga. Praha : Karlova Univerzita, 1996. Votava, J. 1988. Jóga očima lékaře. Praha : Avicenum, 1988. Mahešvarananda. 2003. Jóga proti bolestem zad. Strilky : DNM s.r.o., 200. ISBN 80-903200-3-1.
 Mahešvarananda. 1998. Jóga proti bolestem kloubu. Martin, 1998. ISBN 80-967331-2-5.
 Mahešvarananda. 2000. Systém Joga v dennom živote (preklad z nemeckého originálu). 2000. ISBN 3-85052-002-1.
 Mahešvarananda. 2010. Jóga proti diabetu, preklad z nemeckého originálu. Praha, 2010.

Language of instruction:

slovak

Notes:student time load:

90 hours, of which: combined study: 26 hours individual preparation for mastering the Bari Khatu pranam yoga routine: 64 hours.

Course assessment

The final number of assessed students: 31

A	B	C	D	E	FX(0)	FX(1)
93.55	0.0	0.0	0.0	0.0	3.23	3.23

Instructor:

Last changed: 08.01.2025

Approved by: doc. PaedDr. Jana Javorčíková, PhD., univ. prof.