

Register

1. Academic Writing.....	4
2. Alternative and Unconventional Sports Games.....	6
3. An Introduction to Debate and Reasoning.....	7
4. Beach Volleyball Exercises 2.....	8
5. Children's Athletics 2.....	10
6. Coaching Practice 1.....	11
7. Coaching Practice 1.....	13
8. Conditioning in Ice Hockey 1.....	15
9. Conditioning in Ice Hockey 2.....	16
10. Contemporary Conflicts in the World: Economic, Political, Social and Legal Dimensions.....	17
11. Contemporary Poland (A2 - B1).....	19
12. Contemporary Russia (A2 - B1).....	21
13. Continual Teaching Practice.....	23
14. Continuous Practice/Observation Practice.....	24
15. Continuous Practice/Performance Practice 1.....	26
16. Continuous Practice/Performance Practice 2.....	29
17. Course of Life and Health Protection.....	32
18. Cross-Country Skiing Exercises 2.....	33
19. Cross-cutting themes in education.....	34
20. Diagnostics in Sports.....	35
21. Didactics of Physical and Sport Education.....	38
22. Diplomacy in Practice - Professional Excursion at the Embassy II.....	41
23. Diplomacy in Practice - Professional Excursion in an International Organization II.....	42
24. Educational and school psychology.....	43
25. English Language B2 for UMB students.....	44
26. English Language B2 for UMB students.....	46
27. Finance in practice.....	48
28. Fitness Programme Creation in Sports.....	49
29. Fitness swimming 2.....	50
30. French Language 2.....	51
31. French language 1.....	53
32. French language 3.....	55
33. French language 4.....	57
34. General Foundations of Private Law.....	59
35. German Language 1.....	61
36. German Language 2.....	63
37. German Language 3.....	65
38. Golf Exercises 2.....	67
39. Gymnastic Exercises 2.....	68
40. Inline Skating 2.....	69
41. International Certificate of German Language.....	70
42. Irish Language 1.....	72
43. Irish Language 1.....	75
44. Irish Language 2.....	78
45. Irish Language 3.....	81
46. Limits of intimacy: on responsible relationships.....	84
47. Mediation and resolution of interpersonal conflicts.....	85
48. Methodical practice in football.....	86

49. Methodology of Sports.....	87
50. Methodology of Sports 1 (Sports Games, Swimming).....	88
51. Methodology of Sports 2 (Athletics, Gymnastics, Forms of Combat, Skiing, Snowboarding).....	91
52. Modern Rhetoric.....	94
53. Mountain Climbing Basics 2.....	96
54. Národné obranné sily.....	97
55. Physical Education 6.....	98
56. Physical Education 7.....	99
57. Physical Education 8.....	100
58. Polish Language A1 1.....	101
59. Polish Language A1 2.....	103
60. Polish Language A2 1.....	105
61. Polish Language A2 2.....	107
62. Positive psychology.....	109
63. Practice Laboratory.....	110
64. Regeneration and Massage.....	113
65. Representation 1.....	114
66. Representation 2.....	116
67. Research methodology in education.....	118
68. Rozvojová spolupráca a občianska angažovanosť.....	119
69. Russian Language and for Beginners 1.....	121
70. Russian Language and for Beginners 2.....	123
71. School pedagogy and school management.....	125
72. Snowboarding Exercises 2.....	126
73. Social pathology and prevention.....	127
74. Spanish Language 2.....	128
75. Spanish language 1.....	130
76. Sport Medicine.....	131
77. Sport Specialization 1 – Alpine Skiing.....	132
78. Sport Specialization 1 – Athletics.....	133
79. Sport Specialization 1 – Basketball.....	135
80. Sport Specialization 1 – Biathlon.....	136
81. Sport Specialization 1 – Conditioning Coach.....	137
82. Sport Specialization 1 – Football.....	138
83. Sport Specialization 1 – Ice Hockey.....	139
84. Sport Specialization 1 – Judo.....	140
85. Sport Specialization 1 – Karate.....	141
86. Sport Specialization 1 – Kickbox.....	142
87. Sport Specialization 1 – Snowboarding.....	143
88. Sport Specialization 1 – Sports Gymnastics.....	144
89. Sport Specialization 1 – Swimming.....	145
90. Sport Specialization 1 – Taekwondo.....	147
91. Sport Specialization 1 – Volleyball.....	148
92. Sport Specialization 1 – Weightlifting.....	149
93. Sport Specialization 1 – Wrestling.....	150
94. Sport Specialization 2 – Alpine Skiing.....	151
95. Sport Specialization 2 – Athletics.....	152
96. Sport Specialization 2 – Basketball.....	154

97. Sport Specialization 2 – Biathlon.....	155
98. Sport Specialization 2 – Conditioning Coach.....	156
99. Sport Specialization 2 – Football.....	157
100. Sport Specialization 2 – Ice Hockey.....	158
101. Sport Specialization 2 – Judo.....	159
102. Sport Specialization 2 – Karate.....	160
103. Sport Specialization 2 – Kickbox.....	161
104. Sport Specialization 2 – Snowboarding.....	162
105. Sport Specialization 2 – Sports Gymnastics.....	163
106. Sport Specialization 2 – Swimming.....	164
107. Sport Specialization 2 – Taekwondo.....	166
108. Sport Specialization 2 – Volleyball.....	167
109. Sport Specialization 2 – Weightlifting.....	168
110. Sport Specialization 2 – Wrestling.....	169
111. Sports Research.....	170
112. Sports terminology for advanced in English.....	173
113. State Exam Master Thesis with Defence.....	175
114. Student scientific activity 1.....	179
115. Student scientific activity 2.....	182
116. Swimming Exercises 2.....	185
117. Team Building in PE and Sports.....	186
118. Tennis Exercises 2.....	187
119. The Great Works in World Literature II.....	188
120. Theory and Didactics of Recreational Sports.....	190
121. Turkish Language 1.....	192
122. Turkish Language 2.....	194
123. Turkish Language 3.....	196
124. University folklore ensemble 1.....	198
125. Univerzitný komorný orchester 1.....	199
126. Univerzitný spevácky zbor 1.....	200
127. Volunteering in sports 1.....	201
128. Volunteering in sports 2.....	203

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-ap-55	Course name: Academic Writing
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3.	
Level: II.	
Prerequisites:	
Course completion conditions: a) independence, b) active and creative participation in the practical parts of the course, c) mastering the final written output. a) continuous assessment: Test: 0 – 40 points. b) final assessment: Final Test: 0 – 60 points Maximum number of points covering continual and final assessment: 100. Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.	
Learning objectives: Course aims Student 1. remembers differences between oral and written/print communication, 2. uses gained knowledge by creating written text, 3. is able to work on his own and conceive information, 4. applies theoretical knowledge by solving practical tasks, 5. evaluates and is able to justify chosen solution by reasoning, 6. creates complex written communication, which he is able to present to professional and lay recipient as well.	
Brief outline of the course: Modern scientific and professional communication sphere. Successful communication as a professional skill and a social advantage. Oral and written/printed communication in the academic environment - similarities and differences, complementarity, intercultural features. Formal and content page of professional text. Genre typology of professional texts. Ethical aspects of academic communication, copyright. Choice of thesis topic: strategy, title and structure. Information sources, sources and documents - types, selection, critical analysis, inclusion in a professional text with an argumentative mission. References, citations and citation standards. Academic writing through the viewfinder of the composition - the relationship between intention, genre and architecture (diploma thesis). Canonical components of the academic text. Coherence and continuity of the text. Neuralgic places in academic writing.	

Recommended literature:

1. ČMEJRKOVÁ, S. – DANEŠ, F. – SVĚTLÁ, J.: Jak napsat odborný text. Praha : Leda, 1999.
2. GIBILISCO, S.: Statistika bez předchozích znalostí. Brno : Computer Press, 2009.
3. CHAJDIÁK, J.: Štatistika jednoducho. Bratislava : Statis, 2003.
4. KAHN, N. B.: Jak efektivně studovat a pracovat s informacemi. Praha : Portál, 2001.
5. KATUŠČÁK, D. a kol.: Ako písať záverečné a kvalifikačné práce. Martin : Enigma, 2007.
6. MEŠKO, D. et al.: Akademická příručka. 2. uprav. a dopln. vyd. Martin : Osveta, 2005.
7. PATRÁŠ, V.: Pohotovité čítanie a myšlienkové spracovanie textu. Banská Bystrica : UMB, 2011.
8. PUNCH, K.: Úspěšný návrh výzkumu. Praha : Portál, 2008.
9. SPOUSTA, V.: Vademékum autora odborné a vědecké práce. Brno : Akademické nakladatelství CERM, s. r. o., 2009.
10. STAROŇOVÁ, K.: Vedecké písanie. Ako písať akademické a vedecké texty. Martin : Osveta, 2011.
11. ŠESTÁK, Z.: Jak psát a přednášet o vědě. 1. vyd. Praha : Academia, 2000.
12. ŠIROKÝ, J. a kol.: Tvoříme a publikujeme odborné texty. Brno : Computer Press, 2011.

Language of instruction:

Slovak, Czech

Notes: student time load:

90 hrs., of that:

Combined study (L, C): 26 hrs.

Self-study: 39 hrs.

Preparation for written exams: 25 hrs.

Course assessment

The final number of assessed students: 329

A	B	C	D	E	FX(0)	FX(1)	n
41.64	13.37	7.9	22.49	13.37	0.91	0.3	0.0

Instructor: prof. PaedDr. Vladimír Patráš, CSc.

Last changed: 19.03.2026

Approved by: prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-utr-005		Course name: Alternative and Unconventional Sports Games				
Type, extent and method of instruction: Form of instruction: Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 4						
Recommended semester/trimester: 2.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 248						
A	B	C	D	E	FX(0)	FX(1)
58.06	31.85	7.26	1.61	0.0	0.81	0.4
Instructor: doc. PaedDr. Štefan Adamčák, PhD., doc. PaedDr. Miroslav Nemec, PhD.						
Last changed: 07.02.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Sports, Science and Health			
Code: 12-IDR		Course name: An Introduction to Debate and Reasoning	
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 0 / 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3.			
Level: I., II.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment			
The final number of assessed students: 0			
abs	n	p	v
0.0	0.0	0.0	0.0
Instructor: doc. PhDr. Dana Benčíková, PhD.			
Last changed: 31.08.2026			
Approved by: prof. PaedDr. Ivan Čillík, CSc.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-utr-224	Course name: Beach Volleyball Exercises 2
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2.	
Level: II.	
Prerequisites:	
Course completion conditions: The student will actively participate in the practical teaching of beach volleyball during the classes, which are normally held after the teaching part of the semester in May or June. The student is evaluated on the basis of testing basic beach volleyball game skills and performance in the game. The maximum number of points obtained for the interim and final evaluation is 100%. Corresponds to the rating scale (A: 100-94 points, B: 93-87 points, C: 86-80 points, D: 79-73 points, E: 72-65 points, F: 64 and less points). Credits will be awarded to a student who obtained at least 65% of all points from the subject for fulfilling the specified conditions. a) continuous assessment: Testing basic game skills: 0–40 p. (min. 26 p.). Individual player performance: 0–40 p. (min. 39 p.). b) final assessment: Based on the continuous assessment	
Learning objectives: The student 1. knows and uses correct terminology 2. can name and describe the game and demonstrate the basic game action techniques (individual, combinations, system) 3. knows players' roles (defence/offence) and game rules on the level allowing them to judge a beach volleyball match 4. can self-evaluate own player performance as well as team performance 5. understands the importance of this game for the physical development and can integrate it into their regimen to prevent civilisation diseases	
Brief outline of the course: The importance and position of beach volleyball in human life (school, leisure time). Game terminology. Rules and terminology. Characteristics, analysis, game system, contents. Slovak beach volleyball athletes. Player performance and its diagnostics. Training and improvement – defence and offence (individual). Training and improvement – defence and offence (combinations), standard situations. Training and improvement – defence and offence (basic game systems). Complex individual improvement (match). Judging, beach volleyball tournament – organisation	

and management.						
Recommended literature: 1. NEMEC, M. a kol. 2013. Športové hry 1. časť. Belinianum : Banská Bystrica, 2013. 202 s. ISBN 978-80-557-0608-5 2. KAPLAN, O. - DŽAVORONOK, M. 2001. Plážový volejbal. GRADA, 2001. 104 s. ISBN 80-247-0055-7 3. VLACH, J. - PINZÍK, M. - TURNEROVÁ, T. 2010. Plážový volejbal – hra pre každého. Žilina : Milan Pinzík, 2010. 122s. ISBN 978-80-970313-0-5 4. ZAPLETALOVÁ, L. - PŘIDAL, V. – LAUREN, T. 2007. VOLEJBAL. Základy techniky, taktiky a výučby. UK Bratislava, 2007. 158 s. ISBN 978-80-223-2280-5						
Language of instruction: slovak						
Notes:student time load: student time load Total: 90 h. Presence study: 26 h. Preparation for the evaluation (practical skills): 32 h. Preparation for the exam: 32 h.						
Course assessment The final number of assessed students: 43						
A	B	C	D	E	FX(0)	FX(1)
93.02	0.0	0.0	0.0	0.0	6.98	0.0
Instructor: PaedDr. Boris Beťák, PhD., Mgr. Jaroslav Popelka, PhD., Mgr. Vladimír Franek, PhD.						
Last changed: 05.06.2024						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-utr-202		Course name: Children’s Athletics 2				
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1., 3.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 62						
A	B	C	D	E	FX(0)	FX(1)
93.55	3.23	0.0	0.0	0.0	3.23	0.0
Instructor: prof. PaedDr. Ivan Čillík, CSc., Mgr. Maroš Varga						
Last changed: 05.09.2023						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-tre-001	Course name: Coaching Practice 1
Type, extent and method of instruction: Form of instruction: Prax Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 2	
Recommended semester/trimester: 1.	
Level: II.	
Prerequisites:	
Course completion conditions: During the semester, the student leads a part of the training unit, evaluates other methodological procedures and prepares hospital records from the completed coaching experience. a) continuous assessment: - leading part of the training unit: 60 points - written preparations for leading part of the training unit: 20 points - hospital records from practice: 20 points b) final assessment: - on the basis of an ongoing assessment The maximum number of points obtained for the interim and final assessment is 100 points, which represents 100%. Students can correct the interim assessment on the dates listed by the teacher within the period for completing the study obligations.	
Learning objectives: Student: - remembers knowledge from practice, - will use theoretical knowledge, practical skills and abilities in leading a training unit, - is able to orient himself in the management of the training unit, - applies knowledge, especially from sports specialization when conducting training, - evaluates individual parts of the training unit, evaluates the course of training, content, methods, forms and training means, - will create a comprehensive view of the management of the training unit in youth categories.	
Brief outline of the course: Management of the training unit in sports specialization. Breakdown and analysis of the training unit as a whole and individual parts of the training unit. Participation at least 10 TJ.	
Recommended literature: 1. ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9	

2. DOVALIL, J. a kol. 2009. Výkon a trénink ve sportu. Praha: Olympia. 336 s. ISBN 978-80-7376-130-1

3. KAMPMILLER, T. a kol. 2012. Teória športu a didaktika športového tréningu. Bratislava: ICM Agency. 353 s. ISBN 978-80-89257-48-5

Recommended literature: domestic/ foreign books, journals, magazines, internet sources

Language of instruction:

slovak

Notes:student time load:

60 hours, of which:

combined study: 26 hours

preparation for leading trainings: 2 p.m.

analysis of practice, training evaluation: 10 hrs.

preparation of hospitalization records: 10 hours

Course assessment

The final number of assessed students: 140

A	B	C	D	E	FX(0)	FX(1)
90.0	5.0	1.43	1.43	0.71	0.0	1.43

Instructor: prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD., Mgr. David Brúnn, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD., PaedDr. Jaroslav Kompán, PhD., PaedDr. Zuzana Pupišová, PhD., univ. doc., Mgr. Andrea Izáková, PhD., doc. PhDr. Peter Šťastný, Ph.D., PaedDr. Mgr. Lukáš Opáth, PhD., doc. PaedDr. Jiří Michal, PhD., Mgr. Jaroslav Popelka, PhD., Mgr. Juraj Kremnický, PhD., univ. doc., doc. PaedDr. Miroslav Nemec, PhD., Mgr. Kristián Bako, PhD.

Last changed: 07.09.2024

Approved by: prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-tre-003	Course name: Coaching Practice 1
Type, extent and method of instruction: Form of instruction: Prax Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 2	
Recommended semester/trimester: 4.	
Level: II.	
Prerequisites:	
Course completion conditions: During the semester, the student leads a part of the training unit, evaluates other methodological procedures and prepares hospital records from the completed coaching experience. a) continuous assessment: - management of the training unit: 60 points - written preparations for leading part of the training unit: 20 points - hospital records from practice: 20 points b) final assessment: - on the basis of an ongoing assessment. Students can correct the interim assessment on the dates listed by the teacher within the period for completing the study obligations.	
Learning objectives: Student: - remembers knowledge from practice, - will use theoretical knowledge, practical skills and abilities in leading a training unit, - is able to orient himself in the management of the training unit, - applies knowledge, especially from sports specialization when conducting training, - evaluates individual parts of the training unit, evaluates the course of training, content, methods, forms and training means, - will create a comprehensive view of the management of the training unit in youth categories.	
Brief outline of the course: Management of the training unit in sports specialization. Breakdown and analysis of the training unit as a whole and individual parts of the training unit. Participation at least 10 TJ.	
Recommended literature: 1. ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9 2. DOVALIL, J. a kol. 2009. Výkon a tréning ve sportu. Praha: Olympia. 336 s. ISBN 978-80-7376-130-1 3. KAMPMILLER, T. a kol. 2012. Teória športu a didaktika športového tréningu. Bratislava: ICM Agency. 353 s. ISBN 978-80-89257-48-5	

Recommended literature: domestic/ foreign books, journals, magazines, internet sources						
Language of instruction: slovan						
Notes:student time load: 60 hours, of which: combined study: 26 hours preparation for leading trainings: 2 p.m. analysis of practice, training evaluation: 10 hrs. preparation of hospitalization records: 10 hours						
Course assessment The final number of assessed students: 98						
A	B	C	D	E	FX(0)	FX(1)
96.94	0.0	2.04	0.0	0.0	1.02	0.0
Instructor: prof. PaedDr. Ivan Čillík, CSc., prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD., PaedDr. Zuzana Pupišová, PhD., univ. doc., Mgr. Andrea Izáková, PhD., Mgr. David Brúnn, PhD., doc. PaedDr. Jiří Michal, PhD., PaedDr. Jaroslav Kompán, PhD., doc. PaedDr. Miroslav Nemec, PhD., Mgr. Kristián Bako, PhD.						
Last changed: 07.09.2024						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-utr-234		Course name: Conditioning in Ice Hockey 1				
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: PaedDr. Mgr. Lukáš Opáth, PhD., Mgr. Marek Janík						
Last changed:						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-utr-235		Course name: Conditioning in Ice Hockey 2				
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 3.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: PaedDr. Mgr. Lukáš Opáth, PhD., Mgr. Marek Janík						
Last changed:						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 12-SKS	Course name: Contemporary Conflicts in the World: Economic, Political, Social and Legal Dimensions
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 / 0 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3.	
Level: I., II.	
Prerequisites:	
Course completion conditions: .	
Learning objectives: Upon successful completion of the course, the student will be able to: explain the main causes, characteristics and typology of contemporary conflicts; identify the political, economic, social, security and legal dimensions of conflicts; analyse selected contemporary conflicts from an interdisciplinary perspective; assess the impact of conflicts on international security, the economy, migration, social stability and human rights; describe the role of states, international organisations and non-state actors in the emergence, development and resolution of conflicts; distinguish between facts, expert interpretations, propaganda and disinformation; use relevant academic sources and critically evaluate information about conflicts; formulate and substantiate their own position on selected issues related to contemporary conflicts; propose basic approaches to conflict prevention, mitigation and peaceful resolution.	
Brief outline of the course: Introduction to the study of contemporary conflicts – key concepts, causes and typology of conflicts. The evolution of armed conflicts and the changing nature of warfare in the 21st century. State and non-state actors in contemporary conflicts. Political and geopolitical dimensions of conflicts. Economic causes and consequences of conflicts – sanctions, trade and the financing of warfare. Energy, resource and food security in conflict situations. Social consequences of conflicts – migration, poverty, radicalisation and social polarisation. International legal aspects of conflicts and international humanitarian law. Human rights protection and international criminal responsibility. Hybrid threats, information operations, propaganda and disinformation. Analysis of selected contemporary conflicts in Europe and its neighbourhood. Analysis of selected conflicts in the Middle East, Africa and Asia. Conflict prevention, management and peaceful resolution – final discussion and synthesis of acquired knowledge.	

Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment			
The final number of assessed students: 0			
abs	n	p	v
0.0	0.0	0.0	0.0
Instructor: doc. PhDr. Rastislav Kazanský, PhD., EMBA			
Last changed: 07.09.2026			
Approved by: prof. PaedDr. Ivan Čillík, CSc.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-pol-205	Course name: Contemporary Poland (A2 - B1)
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3.	
Level: II.	
Prerequisites:	
Course completion conditions: During the semester, the student continuously submits their completed homework. In the last week of the semester, the student takes a written test. After completing the semester, they take a final oral exam. Credits will not be awarded to a student who scores fewer than 19.5 in the written test and/or fewer than 22.5 in the oral exam. The student has the right to one resit (For each part of the final exam respectively.) The grading scale: A (100 – 94 %), B (93 – 87 %), C (86 – 80 %), D (79 – 73 %), E (72 – 65 %). Credits are assigned to the student who collects the minimum of 65 points (%). a) continuous assessment: Completing homework: 0–30 p. Written test in week 13: 35 p. b) final assessment: Oral exam during the exam period: 35 p.	
Learning objectives: The student is able to analyse thematic maps. They can identify and analyse the components of a socio-geographic system and evaluate how they are linked to the physical-geographic sphere. The student follows the state and development of economy, transport, and services and has detailed knowledge of the Polish state administration, self-governments, and current political situation in Poland. They collect this information on their own and apply them in the translation process as well as in general and specialised communication in Polish.	
Brief outline of the course: The geographic position of Poland (Central Europe), its characteristics, and significance. Administrative division. Regions. Nature, soil types, plants, animals. National parks, protected monuments and areas. Demography. Population (development, distribution, major settlements – classification and structure). Ethnic minorities. Religion in Poland. Mineral resources. Diversification of gas and oil supply. Development and structure of economy. Importance and characteristics of agriculture. Basic factors in Polish industrial production. Main types of transport, its distribution, and tourism. Social and technical services. International trade (export, import). Selected topics in political geography – the Republic of Poland, the structure of state and self-government bodies, parliamentary democracy in Poland - legislative, executive and judicial powers. Polish political parties. Poland in international institutions. The geopolitical position of Poland.	

Recommended literature:

- 1 STARZOMSKI, J. 2011. Geografia. Warszawa : READ ME, 2011.
- 2 WSPÓŁCZESNE SPOŁECZEŃSTWO POLSKIE, 2020. Ed. A. Gizy, M. Sikorska. Warszawa : PWN, 2020.
3. ŚLESZYŃSKI, P. – CZAPIEWSKI, K. 2021. Atlas Wyszehradzki. Warszawa : GADGET, 2021.
3. WĘCŁAWOWICZ, G. 2018. Geografia społeczna Polski. Warszawa : PWN, 2018.
- 4 KRAWCZYK. SZ. 2013. Wiedza o społeczeństwie. Warszawa : Lango. 2013.
5. OSTASZEWSKA, K, RICHLING, A. 2005. Geografia fizyczna Polski. Warszawa : PWN. 2005.

Language of instruction:

Slovak, Polish

Notes: student time load:

90 h.

Presence, combined studies (L, S, C): 26 h.

Self-study: 14 h.

Completing homework: 15 h.

studying for the written test: 15 h.

Studying for the oral exam: 20 h.

Course assessment

The final number of assessed students: 0

A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: doc. Mgr. Gabriela Olchowa, PhD.

Last changed: 16.02.2023

Approved by: prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Sports, Science and Health							
Code: 2d-rus-232		Course name: Contemporary Russia (A2 - B1)					
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 2., 4.							
Level: II.							
Prerequisites:							
Course completion conditions: The student has the right to one resit. Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements. The grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). a) continuous assessment: Active participation in seminars: 50% b) final assessment: Discussion on the selected topic: 50%							
Learning objectives: The course aims to help the student develop their communication skills. The course focuses on the contemporary form of the Russian language and works with up-to-date resources, mainly mass media texts. The student expands their vocabulary and learns about the specificities of contemporary Russian in practice.							
Brief outline of the course: The course addresses a broad variety of current social, political, and cultural issues presented by mass media in Russia and abroad.							
Recommended literature: current Russian print, TV, radio, Internet							
Language of instruction: Slovak, Russian (B2)							
Notes:student time load: 120 h. Active participation in seminars: 26 h. Text preparation: 94 h.							
Course assessment The final number of assessed students: 0							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: Mgr. Martin Lizoň, PhD., univ. doc.
Last changed: 02.11.2022
Approved by: prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-ozvstv-106		Course name: Continual Teaching Practice				
Type, extent and method of instruction: Form of instruction: Prax Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 30s Method of study: combined						
Number of credits: 2						
Recommended semester/trimester: 4.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course: Brief outline of the course: The content of the continuous teaching practice is to project a lesson on the basis of the instructions from the training teachers. Students will consult their preparation for teaching with the training teacher and then teach a lesson on their own.						
Recommended literature:						
Language of instruction: Language of instruction: Slovak, Czech						
Notes:student time load: Total time required for student work: 60 hours, of which: implementation and analysis of teaching hours: 30 hours, portfolio preparation: 20 hours, consultations: 10 hours						
Course assessment The final number of assessed students: 257						
A	B	C	D	E	FX(0)	FX(1)
89.11	8.95	0.39	0.0	0.0	1.56	0.0
Instructor: doc. PaedDr. Jiří Michal, PhD.						
Last changed: 25.09.2025						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-ozvstv-103	Course name: Continuous Practice/Observation Practice
Type, extent and method of instruction: Form of instruction: Prax Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26s Method of study: combined	
Number of credits: 2	
Recommended semester/trimester: 1.	
Level: II.	
Prerequisites:	
Course completion conditions:	
Learning objectives:	
Brief outline of the course: Brief outline of the course: During the observations of students in the lessons, it is recommended to observe: the readiness of the class and of the pupils for schooling (neatness of the classroom, arrival of teacher to the class, preparation of the teaching aids and technical means and their use in the lessons, etc.). The readiness of the pupils after the bell rings, welcoming the teacher (behaviour of the teacher and the pupils, method of checking class attendance, etc.). Checking homework (when during the lesson and how it is carried out, difficulty and extent of the homework, frequency of assigning homework, used forms and methods of checking, orientation of the homework in the creative thinking of the pupils, how the theoretical knowledge is applied to the practical activities, verbal evaluation and classification of pupils' performance, etc.). Checking out the pupils' knowledge (the method of checking, its content and extent), activation of the pupils when individually examining a pupil, orientation of the teacher on the creative thinking of the pupils, the way of applying the theoretical knowledge on practical activities, verbal evaluation and classification of pupils' performance, etc. Setting out the topic and aim of the lesson (how the pupils are motivated for active learning, use of interdisciplinary relations, etc.). Exposition of the course material (used forms and means of work, activity of the teacher and pupils, modernizing the content, forms and means of the work, etc.). Fixating the new course material (organizing the fixing of the course material, types of fixation methods, their relationship towards exposition methods, orientation of the pupils' attention on the possibilities of the practical application of new knowledge into practice, formulating and the means of giving checking questions, use of technical means for the fixation of the course material, feedback during the fixation, etc.). Homework (how the teacher assigns homework, motivation to do homework, individualised, individual, pair and group homework, etc.). The teacher (teacher's communicative skills, objectivity, demands, respecting the wants of pupils, respecting personality possibilities, gesticulation and facial expressions, their neatness, motion in the classroom, their reactions to unexpected impulses, their temperament, voice intensity, etc.).	
Recommended literature:	

Language of instruction:						
Notes:student time load:						
Course assessment						
The final number of assessed students: 389						
A	B	C	D	E	FX(0)	FX(1)
87.15	11.31	0.51	0.0	0.0	1.03	0.0
Instructor: doc. PaedDr. Jiří Michal, PhD.						
Last changed: 25.09.2025						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-ozvstv-104	Course name: Continuous Practice/Performance Practice 1
Type, extent and method of instruction: Form of instruction: Prax Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26s Method of study: combined	
Number of credits: 2	
Recommended semester/trimester: 2.	
Level: II.	
Prerequisites:	
Course completion conditions: Course completion conditions: During the semester, the students will attend the practice and there they will prove their practical skills as well as theoretical knowledge in organizing lessons as a PE teacher. The maximum number of points covering a continual and final assessment is 100. The course assessment corresponds to the A-FX grading scale: A (100 – 94%), B (93 – 87%), C (86 – 80%), D (79 – 73%), E (72 – 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100. a) continuous assessment: The continuous assessment comprises active participation (100%) in the practicum, the preparation of records and individual outputs (40 points), analyses of class sessions (30 points), and the evaluation conducted by the supervising teacher (30 points). b) final assessment: The final grade is awarded by the course guarantor on the basis of the continuous assessment.	
Learning objectives: Course aims: Students will: 1. Remember the theoretical knowledge about the learnt course material as the basis for the practical part of the university preparation. 2. Have general knowledge about the basic issues of the theory and didactics of the PE. 3. Be able to show and use the technique of practicing exercises correctly. 4. Be able to prepare for active performance in PE classes. 5. Be able to work with specialised literature.	
Brief outline of the course: Brief outline of the course: Orientation in actual school practice, in the work of teachers and pupils and in the individualities of primary and secondary school pupils. Integration and confrontation of the theoretical and practical part of the university preparation, carrying out of the teaching performances and real education activities in primary and secondary schools, broadening of the motivation for further study and self-education.	

Perception of pedagogical and psychological phenomena in an actual school situation, their recording and interpreting; psychological and pedagogical thinking.

Recommended literature:

Recommended literature:

1. Antala, B. 2001. Didaktika školskej telesnej výchovy. Bratislava : FTVŠ UK, 2001.
 2. Čapek, R. (2015). Moderní didaktika. Grada Publishing.
 3. Hrčka, J a kol. 2000. Základy športovej edukológie. Bratislava : FTVŠ UK, 2000.
 4. Inovovaný štátny vzdelávací program pre ISCED 2, 3. (aktuálna verzia dostupná na internete)
 5. Kalhoust, Z., & Obst, O. (2002). Školní didaktika. Portál.
 6. Kožuchová, M., Obdržálek, Z., Porubská, E., & Káník, R. (2000). Didaktika pre učiteľov základnej a strednej školy. VEDA.
 7. László, K., & Osvaldová, Z. (2014). Didaktika. Belianum.
 8. Mertin, V. (2012). Metody a postupy poznávání žáka. Pedagogická diagnostika. Wolters Kluwer.
 9. Michal, J.: Učebné osnovy z predmetu Telesná a športová výchova pre ISCED 2. In:
 10. Obdržálek, Z. (2003). Didaktika pre študentov učiteľstva základnej školy. UK v Bratislave.
 11. Petlák, E. (2012). Inovácie v didaktike. Dubnický technologický inštitút.
 12. Petlák, E. (2000). Pedagogicko-didaktická práca učiteľa. IRIS.
 13. Petty, G. (2013). Moderní vyučování. Portál.
 14. Průcha, J. (2017). Moderní pedagogika. 6. vyd. Portál.
 15. Rovňanová, L. (2015). Profesionálne kompetencie učiteľov. Belianum.
 16. Rovňanová, L. (2015). Učebné štýly žiakov a vyučovacie štýly učiteľov. MPC.
 17. Siegllová, D. (2019). Konec školní nudy: didaktické metody pro 21. století. Grada Publishing.
 18. Sitná, D. (2013). Metody aktivního vyučování. Portál.
 19. Športový edukátor 1. č.2/09, Nitra: UKF, 2009, s.4-28. ISSN –1337-7809
 20. Šimonek, Jaromír. Didaktika telesnej výchovy. Nitra : PF UKF, 2005. 112 s. ISBN 80-8050-873-
 21. Tilinger, P.a kol. 2002. Pedagogické praxe v telesné výchově a sportu. Praha: Karolínium, 2002, s. 115
 22. Turek, I. (2014). Didaktika. 3. prepr. vyd. Wolters Kluwer.
 23. Zormanová, L. (2012). Výukové metody v pedagogice. Grada Publishing.
- Odborné časopisy a noviny, aj v e-podobe.
Odkazy na e-zdroje v LMS Moodle.
Internetový portál rezortu školstva a s ním súvisiace webstránky relevantných inštitúcií:
www.minedu.sk, www.statpedu.sk, www.nucem.sk, www.casopisdobraskola.sk
Zborníky a časopisy z odboru školská telesná výchovy a šport.

Language of instruction:

Language of instruction:
Slovak, Czech

Notes:student time load:

Notes:
Student time load: 60 hrs.
In-class work: 26 hrs.
Preparation for teaching: 10 hrs.
Preparation of the portfolio: 24 hrs.

Course assessment						
The final number of assessed students: 359						
A	B	C	D	E	FX(0)	FX(1)
33.98	45.96	15.32	3.62	0.0	1.11	0.0
Instructor: Mgr. Andrea Izáková, PhD., doc. PaedDr. Jiří Michal, PhD., doc. PaedDr. Štefan Adamčák, PhD., doc. PaedDr. Miroslav Nemec, PhD., PaedDr. Mgr. Lukáš Opáth, PhD., Mgr. Jaroslav Popelka, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD., PaedDr. Stanislava Straňavská, PhD., PaedDr. Jaroslav Kompán, PhD., PaedDr. Martina Mandzáková, PhD., univ. doc.						
Last changed: 26.09.2025						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-ozvstv-105	Course name: Continuous Practice/Performance Practice 2
Type, extent and method of instruction: Form of instruction: Prax Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26s Method of study: combined	
Number of credits: 2	
Recommended semester/trimester: 3.	
Level: II.	
Prerequisites:	
Course completion conditions: Course completion conditions: During the semester the students will attend practice and there prove their practical skills as well as theoretical knowledge in organizing lessons as a PE teacher. The maximum number of points covering a continual and final assessment is 100. The course assessment corresponds to the A-FX grading scale: A (100 – 94%), B (93 – 87%), C (86 – 80%), D (79 – 73%), E (72 – 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100. a) continuous assessment: Continuous assessment: 100% attendance at the teaching practice – observations and individual performances: 50 points b) final assessment: Final assessment: materials portfolio concerning teaching practice: - written records of the didactic observations of the lessons – observations of the training teacher: 20 points. - written preparations for the direct teaching, consulted and evaluated by a teacher from the Department of Physical Education and Sports, including the didactic analysis of the course material and analysis with the training teacher of a primary school: 30 points	
Learning objectives: Course aims: Students will: 1. Remember the theoretical knowledge about the learnt course material as the basis for the practical part of the university preparation. 2. Have general knowledge about the basic issues of PE theory and didactics. 3. Be able to show and use the technique of practicing exercises correctly. 4. Be able to prepare for the active performance in PE classes. 5. Be able to work with specialised literature.	
Brief outline of the course: Brief outline of the course:	

Orientation in actual school practice, in the work of teachers and pupils and in the individualities of primary and secondary school pupils. Integration and confrontation of the theoretical and practical part of the university preparation, execution of teaching performances and actual education activities in primary and secondary schools, broadening the motivation for further study and self-education. Perception of pedagogical and psychological phenomena in an actual school situation, their recording and interpreting; psychological and pedagogical thinking.
Recommended literature: Recommended literature: 1. Antala, B. 2001. Didaktika školskej telesnej výchovy. Bratislava : FTVŠ UK, 2001. 2. Čapek, R. (2015). Moderní didaktika. Grada Publishing. 3. Hrčka, J a kol. 2000. Základy športovej edukológie. Bratislava : FTVŠ UK, 2000. 4. Inovovaný štátny vzdelávací program pre ISCED 2, 3. (aktuálna verzia dostupná na internete) 5. Kalhoust, Z., & Obst, O. (2002). Školní didaktika. Portál. 6. Kožuchová, M., Obdržálek, Z., Porubská, E., & Káník, R. (2000). Didaktika pre učiteľov základnej a strednej školy. VEDA. 7. László, K., & Osvaldová, Z. (2014). Didaktika. Belianum. 8. Mertin, V. (2012). Metody a postupy poznávání žáka. Pedagogická diagnostika. Wolters Kluwer. 9. Michal, J.: Učebné osnovy z predmetu Telesná a športová výchova pre ISCED 2. In: 10. Obdržálek, Z. (2003). Didaktika pre študentov učiteľstva základnej školy. UK v Bratislave. 11. Petlák, E. (2012). Inovácie v didaktike. Dubnický technologický inštitút. 12. Petlák, E. (2000). Pedagogicko-didaktická práca učiteľa. IRIS. 13. Petty, G. (2013). Moderní vyučování. Portál. 14. Průcha, J. (2017). Moderní pedagogika. 6. vyd. Portál. 15. Rovňanová, L. (2015). Profesijské kompetencie učiteľov. Belianum. 16. Rovňanová, L. (2015). Učebné štýly žiakov a vyučovacie štýly učiteľov. MPC. 17. Siegllová, D. (2019). Konec školní nudy: didaktické metody pro 21. století. Grada Publishing. 18. Sitná, D. (2013). Metody aktivního vyučování. Portál. 19. Športový edukátor 1. č.2/09, Nitra: UKF, 2009, s.4-28. ISSN –1337-7809 20. Šimonek, Jaromír. Didaktika telesnej výchovy. Nitra : PF UKF, 2005. 112 s. ISBN 80-8050-873- 21. Tilinger, P.a kol. 2002. Pedagogické praxe v telesné výchově a sportu. Praha: Karolínium, 2002, s. 115 22. Turek, I. (2014). Didaktika. 3. prepr. vyd. Wolters Kluwer. 23. Zormanová, L. (2012). Výukové metody v pedagogice. Grada Publishing. Odborné časopisy a noviny, aj v e-podobe. Odkazy na e-zdroje v LMS Moodle. Internetový portál rezortu školstva a s ním súvisiace webstránky relevantných inštitúcií: www.minedu.sk, www.statpedu.sk, www.nucem.sk, www.casopisdobraskola.sk Zborníky a časopisy z odboru školská telesná výchovy a šport.
Language of instruction: Language of instruction: Slovak, Czech
Notes:student time load: Notes: Student time load: 60 hrs. In-class work: 26 hrs.

Preparation for teaching: 10 hrs. Preparation of the portfolio: 24 hrs.						
Course assessment The final number of assessed students: 258						
A	B	C	D	E	FX(0)	FX(1)
36.82	50.78	8.53	1.55	0.39	0.78	1.16
Instructor: Mgr. Andrea Izáková, PhD., doc. PaedDr. Miroslav Nemec, PhD., doc. PaedDr. Štefan Adamčák, PhD., PaedDr. Mgr. Lukáš Opáth, PhD., PaedDr. Boris Beťák, PhD., Mgr. Jaroslav Popelka, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD., PaedDr. Stanislava Straňavská, PhD., PaedDr. Rastislav Kollár, PhD., PaedDr. Martina Mandzáková, PhD., univ. doc., doc. PaedDr. Jiří Michal, PhD., Mgr. Michaela Slováková, PhD., PaedDr. Jaroslav Kompán, PhD.						
Last changed: 17.02.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-utr-007		Course name: Course of Life and Health Protection				
Type, extent and method of instruction: Form of instruction: Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 4						
Recommended semester/trimester: 2.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 310						
A	B	C	D	E	FX(0)	FX(1)
57.1	31.94	8.06	0.65	0.0	2.26	0.0
Instructor: doc. PaedDr. Jiří Michal, PhD., PaedDr. Stanislava Straňavská, PhD.						
Last changed: 08.02.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-utr-201		Course name: Cross-Country Skiing Exercises 2				
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1., 3.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 113						
A	B	C	D	E	FX(0)	FX(1)
95.58	0.0	1.77	0.0	0.88	1.77	0.0
Instructor: PaedDr. Rastislav Kollár, PhD., doc. PaedDr. Jiří Michal, PhD., Mgr. David Brúnn, PhD.						
Last changed: 04.10.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Sports, Science and Health							
Code: 2d-PTE-102		Course name: Cross-cutting themes in education					
Type, extent and method of instruction: Form of instruction: Lecture / Practical Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 3.							
Level: II.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction:							
Notes:student time load:							
Course assessment The final number of assessed students: 235							
A	B	C	D	E	FX(0)	FX(1)	n
85.11	7.66	4.26	1.28	0.0	0.0	1.7	0.0
Instructor: doc. PaedDr. Lenka Rovňanová, PhD., doc. Mgr. Lívia Nemcová, PhD.							
Last changed: 25.03.2026							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-tre-002	Course name: Diagnostics in Sports
Type, extent and method of instruction: Form of instruction: Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 39 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 2.	
Level: II.	
Prerequisites:	
Course completion conditions: The condition for the evaluation of the course is mandatory, active participation of the student in the class. a) continuous assessment: - Diagnosis of psychological aptitudes in sport: 34 points (min. 22pts) - Diagnosis of physical fitness: 33 points (min. 21.5pts) - Diagnosis of coordination of movement skills: 33 points (min. 21,5pts) b) final assessment: - on the basis of an interim evaluation The maximum number of points obtained for the interim and final assessment is 100 points, which is 100%. This corresponds to the grading scale (A = 100-94%, B = 93-87%, C = 86-80%, D = 79-73%, E = 72-65%, Fx = 64% or less). Credit will be awarded to a student who has earned at least 65% of the total points in the course for meeting the specified requirements.	
Learning objectives: Student: - Knows the basic methods of assessing the performance and capacity of basic energy systems in elite, performance, and recreational sport, - understands the importance of testing body functions for refining the assessment of movement abilities, - knows the basics of measurement theory and assessment of test reliability and validity, knows the methods of diagnosis and assessment of fitness, - know methods of diagnosis and assessment of coordination skills, - understands the methods of diagnosing the personality disposition of an individual in terms of age and performance, - can use the acquired knowledge and practical experience to assess the current state of training, predict performance and manage sports training.	
Brief outline of the course: Introduction to diagnostics in sport (field, laboratory). Assessment of anaerobic capacity (alactate, lactate), aerobic capacity tests, anaerobic threshold. Physical and physiological principles of quantification of exercise intensity and prerequisites in children, adolescents, adults and seniors.	

Diagnosis and assessment of fitness abilities (methodological procedures, testing systematics, standardization of testing, practical skills of testing strength, speed, endurance and flexibility abilities, development of fitness test batteries taking into account age specificities).
 Diagnosis and assessment of coordination abilities, practical skills from testing: balance abilities, spatial-orientation abilities, kinesthetic-differentiation abilities, rhythmic abilities, motor learning - docility, flexibility, creation of test batteries of coordination abilities taking into account age specificities.
 Diagnosis and assessment of psychological prerequisites of children, adolescents, adults and seniors.

Recommended literature:

1. BELEJ, M. – JUNGER, J. 2006. Motorické testy koordinačných schopností. Prešov: FŠ PU. 177 s. ISBN 80-8068-500-2
2. BLAHÚTKOVÁ, M. – SLIŽIK, M. 2014. Vybrané kapitoly z psychologie sportu. Brno: FSPS. 120 s. ISBN 978-80-210-6859-9.
3. GREGOR, T. 2013. Psychológia športu. Bratislava: MAURO Slovakia, 400 s. ISBN 978-80-968092-7-1.
4. GURSKÝ, T. 2005. Psychológia športu. Bratislava: SZTK, 2005. Nitra: PF UKF. 107 s.
5. JANČOKOVÁ, Ľ. 2018. Fyziológia vo vedách o športe v pojmach. Žilina: IPV, UMB FF, KTVŠ. 190 s. ISBN 978-80-89902-12-5.
6. LACZO, E. a kol. 2014. Rozvoj a diagnostika pohybových schopností detí a mládeže. Bratislava : NŠC, FTVŠ UK. 160 s. ISBN 978-80-971466-0-3, online: <http://www.telesnavychova.sk/stranka/ucebne-materialy>
7. MĚKOTA, M. – NOVOSAD, J. 2005. Motorické schopnosti. Olomouc: FTK UP. 175. ISBN 80-244-0981-X.
8. MORAVEC, R. – KAMPMILLER, T. – SEDLÁČEK, J. a kol. 2002. Eurofit – Telesný rozvoj a pohybová výkonnosť školskej populácie na Slovensku. 2. vyd. Bratislava: SVSTVS. 180 s. ISBN: 80- 89075-11-8.
9. NEUMAN, J. 2003 Cvičení a testy obratnosti, vytrvalosti a síly. Praha: Portál. 160 s. ISBN 80-7178-730-2
10. TANNER, R. – GORE, CH. 2013. Physiological tests for Elite Athletes, 2nd edition, Australian Institute of Sport. 560 s. ISBN: 9781492575894

Language of instruction:

slovak

Notes: student time load:

120 hours, of which:

combined studies (P, S, K): 52 hrs.

40 hrs.

preparation of diagnostic protocols and their processing: 28 hrs.

Course assessment

The final number of assessed students: 117

A	B	C	D	E	FX(0)	FX(1)
23.08	52.99	17.09	2.56	0.85	0.85	2.56

Instructor: doc. Mgr. PhDr. Miroslav Sližik, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Juraj Kremnický, PhD., univ. doc.

Last changed: 14.03.2025

Approved by: prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-ozvstv-101	Course name: Didactics of Physical and Sport Education
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 1.	
Level: II.	
Prerequisites:	
Course completion conditions: During the semester, the student will prepare and present a seminar paper according to the assignment. In the period for the completion of his/her study duties, he/she will take a written examination. Credits will be awarded to a student who has obtained at least 65 out of 100 points for meeting the specified conditions. Students can correct the interim evaluation on the dates announced by the teacher within the period for the completion of study obligations. a) continuous assessment: Seminar work: 0-40 points (min 26 points) b) final assessment: Written exam: 0-60 points (min 39 points)	
Learning objectives: Student: 1. It will also be used in other subjects, e.g. in the Theory and Didactics of Recreational Sport, in continuous and continuous pedagogical practice, etc. 2. He/she is able to use the acquired knowledge in the didactics of individual sports. 3. Applies knowledge in professional practice. 4. Assesses his/her knowledge of didactics of physical and sports education and is able to apply it in the physical education process. 5. Evaluates himself and others in the field of knowledge in the didactics of physical and sports education. 6. Create a seminar paper on the issue of didactics of physical and sports education.	
Brief outline of the course: Educational process in physical and sports education – physical education process. The essence, basic factors and structure of the physical education process. General and specific features of the physical education process. Teaching and teaching in physical and sports education. Developing motor skills in school physical education and sports education. Educational activity in the physical education process. Pupil in physical and sports education. Physical and Sports Education Teacher. Physical and sports education projects in primary and secondary schools. Conditions of the physical education process. Assessment in school physical and sports education. The importance of evaluation. Types of evaluation. Assessment of physical development and general physical	

performance of pupils. Assessment of pupils' acquisition of motor skills and knowledge. Evaluation of the pupil's relationship to physical and sports education, social manifestations of the pupil. Organizational forms in school physical and sports education, didactic forms in physical and sports education classes. Physical and sports education lesson. Typology of physical and sports education. Lesson structure. Specific didactic forms. Planning in School Physical and Sports Education. Curricular reform of basic education. Extracurricular physical education and sport in primary and secondary schools.

Recommended literature:

Recommended literature:

1. ANTALA, B. 2001. Didaktika školskej telesnej výchovy. Bratislava : FTVŠ UK, 2001.
2. BARTÍK, P. 2009. Postoje žiakov základných škôl k telesnej výchove a športu a úroveň ich teoretických vedomostí z telesnej výchovy v intenciách vzdelávacieho štandardu. Banská Bystrica: FHV UMB, 2009, 132 s. ISBN 978-80-8083-764-8.
3. FRŮMEL, K.: Specifické zásady v tělesné výchově na středních školách. Teor. Praxe těl. Vých., 35 (1), s. 51-57.
4. HRČKA, J. a kol. 2000. Základy športovej edukológie. Bratislava: FTVŠ UK 2000.
5. CHROMÍK, M. a kol.: Didaktika telesnej výchovy. Bratislava: Univerzita Komenského, 1993, s. 14-24.
6. MICHAL, J.2003. Sledovanie intenzity zaťaženia na hodinách telesnej výchovy u žiakov stredných škôl. In: Súčasný stav a perspektívne tendencie v telovýchovnom procese. Banská Bystrica: PF UMB, 2003. s. 68-73. ISBN80-8055-850-7.
7. MICHAL, J. a kol. 2001. Vybrané kapitoly z didaktiky telesnej výchovy a športu detí mladšieho školského veku. 3. vyd. Banská Bystrica : UMB, 2001. 125 s
8. MICHAL, J. a kol : Učebné osnovy z predmetu Telesná a športová výchova pre ISCED 2. In: Športový edukátor 1. č.2/09, Nitra: UKF, 2009, s.4-28.
9. SÝKORA, F. a kol.: Telesná výchova a šport. Terminologický a výkladový slovník. Bratislava: FRG s.r.o., 1995.
10. ŠIMONEK, J. 2005.Didaktika telesnej výchovy. Nitra : PF UKF, 2005. 112 s. ISBN 80-8050-873-
11. TRUNEČKOVÁ, E. 2002. Základy športovej edukácie na školách. Banská Bystrica: UMB PF 2002
12. Zborníky a časopisy z odboru školská telesná výchovy a šport.

Language of instruction:

Language of instruction:
Slovak/Czech

Notes:student time load:

Notes

120 hrs., of which:

combined study (l,s,c): 26 hrs.

exam preparation: 64 hrs.

seminar paper preparation: 30 hrs.

Course assessment

The final number of assessed students: 394

A	B	C	D	E	FX(0)	FX(1)
32.99	36.29	22.34	5.08	1.02	0.0	2.28

Instructor: doc. PaedDr. Miroslav Nemec, PhD., doc. PaedDr. Jiří Michal, PhD., Mgr. Andrea Izáková, PhD.
Last changed: 23.09.2025
Approved by: prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Sports, Science and Health			
Code: 2-OEV2		Course name: Diplomacy in Practice - Professional Excursion at the Embassy II.	
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 0 / 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3.			
Level: II.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 337			
abs	n	p	v
90.5	9.5	0.0	0.0
Instructor: doc. PhDr. Erik Pajtinka, PhD.			
Last changed: 07.06.2024			
Approved by: prof. PaedDr. Ivan Čillík, CSc.			

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Sports, Science and Health			
Code: 2-OEMO2		Course name: Diplomacy in Practice - Professional Excursion in an International Organization II.	
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 0 / 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 2., 4.			
Level: II.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 241			
abs	n	p	v
99.17	0.83	0.0	0.0
Instructor: doc. PhDr. Erik Pajtinka, PhD.			
Last changed: 07.06.2024			
Approved by: prof. PaedDr. Ivan Čillík, CSc.			

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Sports, Science and Health							
Code: 2d-PGS-401		Course name: Educational and school psychology					
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 / 13 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 1.							
Level: II.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction:							
Notes:student time load:							
Course assessment The final number of assessed students: 900							
A	B	C	D	E	FX(0)	FX(1)	n
23.89	27.56	26.11	14.78	6.56	0.0	1.11	0.0
Instructor: doc. PaedDr. Lada Kaliská, PhD., univ. prof., PaedDr. Jana Stehlíková, PhD.							
Last changed: 24.03.2026							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-ajmL-316	Course name: English Language B2 for UMB students
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: II.	
Prerequisites:	
Course completion conditions: This elective course is intended for students of sports educology, sports science and other humanities and philology studies at the Faculty of Arts, UMB in Banská Bystrica, except for study programmes English Language and Culture, English for Translation in Economic Practice and Teaching English Language and Literature. Students will take three written continuous assessment tests during the semester. Upon completion the course students will take a written final test. Credits will not be awarded a student who scores less than 65% on the continuous assessment tests and the final test. The student is entitled to one re-sit exam. The assessment is in compliance with the following grading scale: A (100-94%), B (93-87%), B (93-87%), B (93-87%), C (86-80%), D (79-73%), E (72-65%). a) continuous assessment: Three continuous written tests: 30% Active participation in seminars: 10% b) final assessment: Written final test: 60%	
Learning objectives: The student: 1. understands not only essential but also specific information in broader English texts and can communicate in more challenging communicative situations in the professional and private spheres; 2. masters upper-intermediate language activities and strategies in English (listening comprehension, speaking, writing, reading comprehension) 3. is able to identify elements of narrative style in written discourse at B2 level; 4. is able to translate from/into English texts at B2 level; 6. is able to use summarising techniques to summarise relevant data.	
Brief outline of the course: Selected topics include: 1. Passions and fashions 2. No fear! 3. It depends how you look at it 4. All things high tech 5. Seeing is believing	

6. Telling it how it is							
Recommended literature: SOARS, Liz - SOARS, John. New Headway Intermediate. 4th Edition. Students Book. Oxford : OUP, 2010. SOARS, Liz - SOARS, John. New Headway Intermediate. 4th Edition. Work Book. Oxford : OUP, 2010.							
Language of instruction: English							
Notes:student time load: Total: 90 hours Seminars: 13 Preparation for continuous written tests: 15 Preparation for the final written test: 30 Self-study: 32							
Course assessment The final number of assessed students: 26							
A	B	C	D	E	FX(0)	FX(1)	n
61.54	7.69	7.69	19.23	0.0	3.85	0.0	0.0
Instructor: PaedDr. Alena Štulajterová, PhD., M.A. James Ó Conaill, Mgr. Richard Gramanich Štromajer, PhD., Mgr. Patrícia Kvokačka Hatiarová, doc. Natalia Kovalchuk, PhD., Mgr. Vanda Koniarová							
Last changed: 11.09.2023							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-ajmZ-317	Course name: English Language B2 for UMB students
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3.	
Level: II.	
Prerequisites:	
Course completion conditions: This elective course is intended for students of sports educology, sports science and other humanities and philology studies at the Faculty of Arts, UMB in Banská Bystrica, except for study programmes English Language and Culture, English for Translation in Economic Practice and Teaching English Language and Literature. Students will take three written continuous assessment tests during the semester. Upon completion the course students will take a written final test. Credits will not be awarded a student who scores less than 65% on the continuous assessment tests and the final test. The student is entitled to one re-sit exam. The assessment is in compliance with the following grading scale: A (100-94%), B (93-87%), B (93-87%), B (93-87%), C (86-80%), D (79-73%), E (72-65%). a) continuous assessment: Three continuous written tests: 30% Active participation in seminars: 10% b) final assessment: Written final test: 60%	
Learning objectives: The student: 1. understands not only essential but also specific information in broader English texts and can communicate in more challenging communicative situations in the professional and private spheres; 2. masters upper-intermediate language activities and strategies in English (listening comprehension, speaking, writing, reading comprehension) 3. is able to identify elements of narrative style in written discourse at B2 level; 4. is able to translate from/into English texts at B2 level; 6. is able to use summarising techniques to summarise relevant data.	
Brief outline of the course: Selected topics include: 1. Passions and fashions 2. No fear! 3. It depends how you look at it 4. All things high tech 5. Seeing is believing	

6. Telling it how it is							
Recommended literature: SOARS, Liz - SOARS, John. New Headway Intermediate. 4th Edition. Students Book. Oxford : OUP, 2010. SOARS, Liz - SOARS, John. New Headway Intermediate. 4th Edition. Work Book. Oxford : OUP, 2010.							
Language of instruction: English, Slovak							
Notes:student time load: Total: 90 hours Seminars: 13 Preparation for continuous written tests: 15 Preparation for the final written test: 30 Self-study: 32							
Course assessment The final number of assessed students: 27							
A	B	C	D	E	FX(0)	FX(1)	n
66.67	7.41	7.41	3.7	3.7	7.41	3.7	0.0
Instructor: PaedDr. Alena Štulajterová, PhD., M.A. James Ó Conaill, Mgr. Richard Gramanich Štromajer, PhD.							
Last changed: 17.05.2023							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Sports, Science and Health			
Code: 2d-fpv-124		Course name: Finance in practice	
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3.			
Level: II.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 107			
abs	n	p	v
98.13	1.87	0.0	0.0
Instructor: Ing. Jana Crmanová			
Last changed: 21.09.2026			
Approved by: prof. PaedDr. Ivan Čillík, CSc.			

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-utr-010		Course name: Fitness Programme Creation in Sports				
Type, extent and method of instruction: Form of instruction: Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 4						
Recommended semester/trimester: 2.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 74						
A	B	C	D	E	FX(0)	FX(1)
32.43	21.62	31.08	10.81	2.7	0.0	1.35
Instructor: PaedDr. Roman Švantner, PhD.						
Last changed: 08.02.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-utr-227		Course name: Fitness swimming 2				
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 2.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 33						
A	B	C	D	E	FX(0)	FX(1)
63.64	6.06	12.12	0.0	0.0	15.15	3.03
Instructor: PaedDr. Zuzana Pupišová, PhD., univ. doc., PaedDr. Martina Mandzáková, PhD., univ. doc.						
Last changed: 05.10.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Sports, Science and Health							
Code: 2d-fj-001		Course name: French Language 2					
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 2., 4.							
Level: II.							
Prerequisites:							
Course completion conditions: The maximum total number of points obtained for the interim and final assessment is 100. Credits will be awarded to a student who has earned at least 65 out of 100 points for fulfilling the specified requirements. a) continuous assessment: participation and activities in classes (0-20 points) b) final assessment: final exam (0-80 points)							
Learning objectives: The student 1. uses basic language skills in French, 2. is able to talk about his interests and his plans for the future. 3. can write an e-mail asking for something. 4. can talk about events that took place in the past.							
Brief outline of the course: 1. Understand interests and preferences based on recordings and then be able to talk about yours. 2. Weekend plans. 3. Description of the house/apartment and its equipment. 4. Gastronomy in France and Slovakia. 5. Tense of irregular verbs. 6. Free time.							
Recommended literature: LOISEAU, Y. - MERIEUX, R. 2009. Latitudes 1. Paris: Didier Pecníková, J. - Ráčková, L. Základy francúzštiny, Belianum, 2023							
Language of instruction: French A1							
Notes:student time load: 120 hours, of which: full-time study: 26 hours Exam preparation + written exam: 94 hours							
Course assessment The final number of assessed students: 13							
A	B	C	D	E	FX(0)	FX(1)	n
46.15	15.38	0.0	15.38	0.0	23.08	0.0	0.0
Instructor: doc. PhDr. Jana Pecníková, PhD., Elsa Manon Pachoud Janody							

Last changed: 14.09.2023
Approved by: prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-fj-002	Course name: French language 1
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3.	
Level: II.	
Prerequisites:	
Course completion conditions: During the semester, the student participates in class activities (30%). Completes a seminary paper according to the assignment (30%). At the end of the semester, he/she takes a written final test in French (40%). The student is entitled to one make-up written final test. The maximum total percentage obtained for the midterm and final assessment is 100%. The grading scale is: A (100-94%), B (93-87%), C (86-80%), D (79-73%), E (72-65%). Credit will be awarded to a student who has achieved a minimum of 65 out of 100 points in meeting the specified requirements. (a) Interim Assessment: Participation in oral activities (30%) Seminar work (30%) (b) written final test (40%) a) continuous assessment: continuous assessment: participation in oral activities (30%), seminary paper in French language (30%) b) final assessment: final assessment: written final test on the French language (40%)	
Learning objectives: The student 1. is able to tell basic information about himself and his immediate surroundings 2. is able to react in basic situations (greeting, thanking, introducing yourself, expressing yourself taste) 3. understands audio and written basic information (announcements, basic conversation) 4. has basic knowledge of French culture	
Brief outline of the course: 1. Acquaintance with the French language, with greetings, the alphabet and polite words. 2. Introducing yourself and family members. 3. Names of states and nationalities. 4. Numbers. 5. Activities in free time	
Recommended literature: 1. Mérieux, R. ; Loiseau, Y. 2008. Latitudes A1-A2. Paris : Didier 5. Pecníková, J. - Ráčková, L. 2023. Základy francúzštiny (Belianum, BB)	
Language of instruction: slovak or another language (except french)	
Notes:student time load:	

Course assessment							
The final number of assessed students: 21							
A	B	C	D	E	FX(0)	FX(1)	n
38.1	33.33	9.52	4.76	14.29	0.0	0.0	0.0
Instructor: doc. PhDr. Jana Pecníková, PhD., Elsa Manon Pachoud Janody							
Last changed: 20.11.2024							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-fj-005	Course name: French language 3
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3.	
Level: II.	
Prerequisites:	
Course completion conditions: The maximum total number of points obtained for the interim and final assessment is 100. Credits will be awarded to a student who has earned at least 65 out of 100 points for fulfilling the specified requirements. a) continuous assessment: participation and activities in classes (0-20 points) b) final assessment: final exam (0-80 points) b) final assessment: test	
Learning objectives: The student 1. uses basic language skills in French, 2. is able to talk about his interests and his plans for the future. 3. can write an e-mail asking for something. 4. can talk about events that took place in the past.	
Brief outline of the course: 1. Lire/Ecouter divers documents 2. Discussions simples sur des thèmes relatifs à la vie quotidienne 3. Exercices de grammaire 4. Travail sur le vocabulaire	
Recommended literature: 1. Abou-Samra, M., Pinson, C., Perrard, M., & Heu, E. (2018). Edito A1. 2. Berthet, A. (2011). Alter ego 1 : méthode de français. 3. Chahi, F., Denyer, M., Gloanec, A., Briet, G., Collige-Neuenschwander, V., & Fouillet, R. (2019). Défi 1, A1, méthode de français : Livre de l'élève. 4. Hirschsprung, N., & Tricot, T. (2017). Cosmopolite A1 : Méthode de français. Hachette Français Langue Etrangère.	
Language of instruction: French A1-A2	
Notes:student time load: 90 hours, of which: full-time study: 26 hours Exam preparation + written exam: 64 hours	

Course assessment							
The final number of assessed students: 0							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: doc. PhDr. Jana Pecníková, PhD., Elsa Manon Pachoud Janody							
Last changed: 26.06.2025							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-fj-006	Course name: French language 4
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: II.	
Prerequisites:	
Course completion conditions: The maximum total number of points obtained for the interim and final assessment is 100. Credits will be awarded to a student who has earned at least 65 out of 100 points for fulfilling the specified requirements. a) continuous assessment: participation and activities in classes (0-20 points) b) final assessment: final exam (0-80 points) b) final assessment: test	
Learning objectives: The student 1. uses basic language skills in French, 2. is able to talk about his interests and his plans for the future. 3. can write an e-mail asking for something. 4. can talk about events that took place in the past.	
Brief outline of the course: 1. Lire/Ecouter divers documents 2. Discussions simples sur des thèmes relatifs à la vie quotidienne 3. Exercices de grammaire 4. Travail sur le vocabulaire	
Recommended literature: 1. Abou-Samra, M., Pinson, C., Perrard, M., & Heu, E. (2018). Edito A1. 2. Berthet, A. (2011). Alter ego 1 : méthode de français. 3. Chahi, F., Denyer, M., Gloanec, A., Briet, G., Collige-Neuenschwander, V., & Fouillet, R. (2019). Défi 1, A1, méthode de français : Livre de l'élève.	
Language of instruction: French A1-A2	
Notes:student time load: 90 hours, of which: full-time study: 26 hours Exam preparation + written exam: 64 hours	

Course assessment							
The final number of assessed students: 0							
A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: doc. PhDr. Jana Pecníková, PhD., Elsa Manon Pachoud Janody							
Last changed: 26.06.2025							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-uVZSP	Course name: General Foundations of Private Law
Type, extent and method of instruction: Form of instruction: Lecture Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: II.	
Prerequisites:	
Course completion conditions: The prerequisite for passing the course is attendance at a minimum of 90% of the teaching and active participation of students in class. The evaluation is in accordance with the classification scale according to the Study Regulations of Matej Bel University. a) continuous assessment: Continuous evaluation is not performed. b) final assessment: The basis for the award of the final grade is the demonstration of mastery of the knowledge of the lecture material, which is demonstrated in an active dialogue with the teacher in the teaching of the subject.	
Learning objectives: The graduate will be able to distinguish private law from public law, will be oriented in the basic principles of private law, which in the European continental legal system traditionally includes civil law, commercial law, family law and international private law. The graduate will have knowledge of the basic institutions of private law (both substantive and procedural), their current legal regulation and use in practice.	
Brief outline of the course:	
Recommended literature: VOJČÍK, P. a kol.: Občianske právo hmotné 1. a 2., Plzeň: Aleš Čeněk, 2018. 764 s. ISBN 978-80-73807-19-1. CIRÁK, J. - GANDŽALOVÁ, D.: Základy rodinného práva, Úvodná časť - Manželské práva - Osvojenie, Banská Bystrica: UMB Belianum, 2019. ISBN 978-80-557-1548-3. MURÁNSKA, J. - GANDŽALOVÁ, D. - TAKÁČ, J.: Základy rodinného práva, Rodičia a deti - Výživné, Banská Bystrica: UMB Belianum, 2019. ISBN 978-80-557-1622-0. KUBÍČEK, P. – ŠKRINÁR, A. – NEVOLNÁ, Z. – KOLKUSOVÁ, R. – ĎURICA, M.: Obchodné právo. 3. vydanie. Plzeň: Aleš Čeněk, 2021, 420 s. ISBN 978-80-7380-847-1. Act No. 40/1964 Coll. Civil Code as amended. Act No. 36/2005 Coll. on the Family, as amended. Act No. 160/2015 Coll. on the Civil Procedure Code, as amended. Act No. 161/2015 Coll. on the Civil Procedure Code, as amended.	

Act No. 513/1990 Coll., Commercial Code, as amended.			
Language of instruction: Slovak language			
Notes:student time load: 90 hours combined study (L, C): 26 hours self-study: 64 hours			
Course assessment The final number of assessed students: 171			
abs	n	p	v
84.8	15.2	0.0	0.0
Instructor: prof. JUDr. Daniela Gandžalová, PhD., doc. JUDr. Marián Ďurana, PhD., doc. JUDr. Juraj Takáč, PhD., doc. JUDr. Katarína Zajác Ševcová, PhD., JUDr. Monika Némethová, PhD., Mgr. Miroslava Dolíhalová, PhD., JUDr. Jakub Dzimko, PhD., JUDr. Dominik Čipka, PhD., JUDr. Ing. Miroslav Paller, JUDr. Lucia Petriková, PhD.			
Last changed: 30.03.2023			
Approved by: prof. PaedDr. Ivan Čillík, CSc.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-nj-001	Course name: German Language 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3.	
Level: II.	
Prerequisites:	
Course completion conditions: Continuous assessment. Active participation in seminars: 0–40 p. Completion of assignments and exercises: 0–20 p. Final assessment. Written exam: 0–40 p. The maximum number of points consisting of continuous and final assessment is 100. Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: The student learns the basic rules of German pronunciation, orthography, grammar, and vocabulary used in the basic common communication situations (A1 level).	
Brief outline of the course: The seminar focuses on learning basic orthoepic, orthographic, grammatical rules, and vocabulary on the A1 level. German language course book texts are used along with authentic texts, and grammatical and lexical exercises (printed and electronic). 1. Grammar – conjugation of auxiliary, weak, and strong verbs; modal verbs, declination of the determiners and nouns in 1st and 4th cases; personal pronouns, the negative, syntax in indicative, interrogative, and exclamatory sentences. 2. Topics: German in basic communication situations: introduction, travelling, family, housing, etc. 3. Training receptive and productive language skills – A1 level.	
Recommended literature: 1. ALBRECHT, U. – DANE, D. – FANDRYCH, CH.: Passwort Deutsch neu 1 – Kurs/Übungsbuch + CD. Stuttgart : Klett Verlag, 2014. ISBN 9783126764100 2. WITZLINGER, H: Deutsch. Aber Hallo! Grundstufe I A1. Online: www.deutschkursepassau.de . 3. KRENN, W. – PUCHTA, H.: Ideen 1. Deutsch als Fremdsprache. Kursbuch. München : Hueber-Verlag, 2008. ISBN 978-3-19-001823-9 4. KRENN, W. – PUCHTA, H.: Ideen 1. Deutsch als Fremdsprache. Arbeitsbuch. München : Hueber-Verlag, 2008. ISBN 9783190118236 www.mein-deutschbuch.de www.lingolia.de www.schubert-verlag.de/aufgaben/uebungen_a1/a1_uebungen_index_z.htm (on-line cvičenia na	

slovnú zásobu a gramatiku, úrovne A1 – A2)							
Language of instruction: Slovak language							
Notes:student time load:							
Course assessment The final number of assessed students: 118							
A	B	C	D	E	FX(0)	FX(1)	n
69.49	24.58	3.39	1.69	0.0	0.85	0.0	0.0
Instructor: Mgr. Jana Štefaňáková, PhD., univ. doc.							
Last changed: 25.03.2023							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-nj-002	Course name: German Language 2
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: II.	
Prerequisites:	
Course completion conditions: Continuous assessment. Active participation in seminars: Completion of assignments and exercises: 0–40 p. 0–20 p. Final assessment. Written exam: 0–40 p. The maximum number of points consisting of continuous and final assessment is 100. Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: Upon successful completion of this course, the student: 1. masters grammar on the A1–A2 level 2. has the vocabulary to communicate in the A1–A2 level communication situations 3. can read, listen to, and write texts on the selected topics on the A1–A2 level 4. can speak on the A1–A2 level	
Brief outline of the course: The seminar is focused on learning and training German grammar and vocabulary on the A1–A2 level. 1. Grammar: possessive pronouns, prepositions for the 3rd and 4th cases, adjectives, coordinating conjunctions, reflective verbs, verb „werden“; weak verbs – future tense, preterite, and perfectum. 2. Topics: daily regime, social relationships, clothes, housing, navigation in a city, hobbies 3. Development of the receptive and productive language skills through completing assignments and working with texts on the A1–A2 level.	
Recommended literature: 1. ALBRECHT, U. – DANE, D. – FANDRYCH, CH.: Passwort Deutsch neu 1 – Kurs/Übungsbuch + CD. Stuttgart : Klett Verlag, 2014. ISBN 9783126764100 2. WITZLINGER, H: Deutsch. Aber Hallo! A2. Online: www.deutschkurse-passau.de. 3. KRENN, W. – PUCHTA, H.: Ideen 1. Deutsch ales Fremdsprache. Kursbuch. München : Hueber-Verlag, 2008. ISBN 978-3-19-001823-9 4. KRENN, W. – PUCHTA, H.: Ideen 1. Deutsch ales Fremdsprache. Arbeitsbuch. München : Hueber-Verlag, 2008. ISBN 9783190118236 www.mein-deutschbuch.de www.lingolia.de	

www.schubert-verlag.de/aufgaben/uebungen_a1/a1_uebungen_index_z.htm (on-line cvičenia na slovnú zásobu a gramatiku, úrovne A1 – A2)

Language of instruction:

German A1, Slovak

Notes: student time load:

Course assessment

The final number of assessed students: 39

A	B	C	D	E	FX(0)	FX(1)	n
87.18	5.13	5.13	2.56	0.0	0.0	0.0	0.0

Instructor: Mgr. Jana Štefaňáková, PhD., univ. doc.

Last changed: 25.03.2023

Approved by: prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-nj-003	Course name: German Language 3
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3.	
Level: II.	
Prerequisites:	
Course completion conditions: a) continuous assessment: completion of exercises and short texts: 40 p b) final assessment: Written exam: 60 p. The maximum number of points consisting of continuous and final assessment is 100. Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: The student learns the rules of the German grammatical system and vocabulary for the selected topics on the A2–B1 level. They can apply these rules in common communication situations and engage in written and spoken communication.	
Brief outline of the course: The seminar is focused on enhancing the knowledge of German grammar and its oral and written application to improve the student's communication competence in the selected topics. It employs a system of grammatical and communication exercises enhancing the associations between language forms and their meaning.	
Recommended literature: H. Funk a kol. STUDIO d A2. Plzeň: Fraus, 2006. ISBN 80-7238-580-1 L.M. Brand. Die Schöne ist angekommen..München:Klett, 1999. ISBN 3-12-675318-3 http://www.schubert-verlag.de/aufgaben/uebungen_a1/a1_uebungen_index_z.htm (on-line cvičenia na slovnú zásobu a gramatiku)	
Language of instruction: German A2–B1, Slovak	
Notes:student time load:	

Course assessment							
The final number of assessed students: 7							
A	B	C	D	E	FX(0)	FX(1)	n
71.43	28.57	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: Palina Lissitsyna							
Last changed: 21.11.2022							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-utr-221		Course name: Golf Exercises 2				
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 2.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 85						
A	B	C	D	E	FX(0)	FX(1)
85.88	10.59	0.0	2.35	0.0	1.18	0.0
Instructor: doc. PaedDr. Jiří Michal, PhD.						
Last changed: 04.10.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-utr-222		Course name: Gymnastic Exercises 2				
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 2.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 120						
A	B	C	D	E	FX(0)	FX(1)
81.67	7.5	4.17	0.0	0.83	5.83	0.0
Instructor: PaedDr. Zuzana Pupišová, PhD., univ. doc., Mgr. Michaela Slováková, PhD.						
Last changed: 06.10.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-utr-226		Course name: Inline Skating 2				
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 2.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 114						
A	B	C	D	E	FX(0)	FX(1)
78.07	4.39	13.16	0.0	0.88	3.51	0.0
Instructor: PaedDr. Stanislava Straňavská, PhD.						
Last changed: 05.10.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-kom-138	Course name: International Certificate of German Language
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3.	
Level: II.	
Prerequisites:	
Course completion conditions: a) continuous assessment: active participation in seminars: 0–30 p. Written test: 0–30 p. b) final assessment: Written and oral test: 0–40 p. The grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements.	
Learning objectives: The student can read and listen with comprehension, speak fluently, write, and actively participate in a conversation about general topics on the respective CEFR level (A1–C2).	
Brief outline of the course: The seminar focuses on improving language skills in the four basic areas (reading and listening comprehension, writing, speaking). The goal is to prepare the student for an international language certificate exam proving their German language skills on the respective CEFR level (A1–C2).	
Recommended literature: HELBIG, G. - BUSCHA, J. Übungsgrammatik Deutsch. Langenscheidt, 1992. ISBN 3-324-00379-2 HILPERT, S. - SCHÜMANN, A. - GOTTSTEIN-SCHRAMM, B. - KALENDER, S. – ROBERT, A. -SPECHT, F. 2008. Schritte international 1, 2, 3. München : Hueber-Verlag. KANISOVÁ, Z. – RICHTER, M. Sprache im Alltag. Ein Konversationsbuch für Fortgeschrittene. Nové prepracované vydanie, Bratislava, Remedium, 2005 WITZLINGER, H: Deutsch. Aber Hallo! A2, B1, B2. Online: www.deutschkurse-passau.de . www.mein-deutschbuch.de www.lingolia.dehttp://www.schubert-verlag.de/aufgaben/uebungen_a1/a1_uebungen_index_z.htm 1.	
Language of instruction: German A1 - C2	
Notes:student time load:	

Course assessment							
The final number of assessed students: 8							
A	B	C	D	E	FX(0)	FX(1)	n
100.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: Mgr. Jana Štefaňáková, PhD., univ. doc.							
Last changed: 25.03.2023							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-ajs-304	Course name: Irish Language 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3.	
Level: II.	
Prerequisites:	
Course completion conditions: The students will take part in a preliminary assessment (a test). After the semester students will take part in the final written exam. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. Credits will not be assigned to the student who will fail to submit the preliminary test during semester or gaining less than 10 points, being a part of preliminary assessment. The student has the right to resit the preliminary test and one resit of the final written exam. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%)	
Learning objectives: Irish Language will explore basic conversational Irish phrases, common vocabulary, as well as basic grammar and phonology so as to enable students to form and correctly pronounce grammatical sentences with independently-learned vocabulary. Irish Language 1 aims to give students; - an ability to read and pronounce Irish as pronounced by native Irish-speakers - a knowledge of the International Phonetic Alphabet as applied to Irish - a knowledge of basic Irish vocabulary - a knowlede of basic Irish grammar and grammatical terminology - an ability to form basic grammatical sentences involving various parts of speech (prepositions, pronouns, nouns, adjectives, verbs, adverbs, etc.)	
Brief outline of the course:	
Recommended literature: Irish dictionaries; - https://www.teanglann.ie/en/fgb/ - https://en.wiktionary.org/wiki/Category:Irish_lemmas - Dineen's Dictionary (pre-standardised spelling) - http://www.scriobh.ie/page.aspx?id=26&l=2 General Irish-language resources; - http://nualeargais.ie/foghlaim/ - Bibliography of Irish Linguistics and Literature; https://bill.celt.dias.ie/vol4/index2.html Irish grammar;	

- <http://nualeargais.ie/gnag/gram.htm>
- Graiméar na Gaedhilge (1906) - https://en.wikisource.org/wiki/Graim%C3%A9ar_na_Gaedhilge
- Resources for Munster Irish;
- Myles Dillon & Donncha Ó Cróinín; 1961, Teach Yourself Irish (<https://ia801608.us.archive.org/34/items/TeachYourselfIrish/TYI1961.pdf>) (in French)
- Marie-Louise Sjoestedt-Jonval; 1931, Phonétique d'un parler irlandais de Kerry https://fr.wikisource.org/wiki/Phon%C3%A9tique_d%E2%80%99un_parler_irlandais_de_Kerry
- Marie-Louise Sjoestedt-Jonval; 1938, Description de un parler irlandais de Kerry https://fr.wikisource.org/wiki/Description_d%E2%80%99un_parler_irlandais_de_Kerry
- Irish-language History;
- Doyle, Aidan; 2015, A History of the Irish Language: From the Norman Invasion to Independence. Oxford.
- The Story of English (effect on Irish language) – Episode 8 “The Loaded Weapon” (in 7 parts) <https://www.youtube.com/watch?v=hsOduU-20qk&list=PL1DAC7C41112A9B3E>
- Authors of Munster Irish;
- “The Blasket-Island Writers”; Tomás Ó Criomhthain, Muiris Ó Súilleabháin, Peig Sayers <https://www.youtube.com/watch?v=DM166JoI-Us> - Oileán Eile (“Another Island”)
- Tomás Ó Criomhthain; https://wikisource.org/wiki/Author:Tom%C3%A1s_%C3%93_Criomhthain
- An t-Oileánach (“The Islandman”)
- Muiris Ó Súilleabháin;
- Fiche Blia[dha]n ag Fás (“Twenty Years a-Growing”)
- Peig Sayers;
- Peig – A Scéal Féin (Peg – Her Own Story)
- Machtnamh Seanamhná (The Reflections of an Old Woman)
- Peadar Ua Laoghaire; https://wikisource.org/wiki/Author:Peadar_Ua_Laoghaire
- Mo Sgéal Féin (“My Own Story”);
- https://wikisource.org/wiki/Mo_Sg%C3%A9al_F%C3%A9in (with audio of native speaker)
- Irish-Language Media;
- Raidió na Gaeltachta, <https://www.rte.ie/rnag/>
- TG4, <https://www.tg4.ie/ga/>
- BILOVESKÝ, V. 2012. Globalizácia ako negatívum rozvoja. In: Studia russico-slovaca 1. Ružomberok : UC Rosenbergensis. s. 119 – 122. ISBN 978-8080-8497-02.
- BILOVESKÝ, V. 2013. Does Integrating Europe Need Polylingualism and Multiculturalism? In: European Researcher. Vol. 42, no. 2-3, s. 455-461.
- DE PAOR. 1988. The People of Ireland. In: The People of Ireland. 1988. Dublin : The Appletree Press. ISBN 0-86281-198-8.
- MHIC MHATHÚNA, M. 2008. Supporting children’s participation in second-language stories in an Irish-language preschool. In: Early Years: An International Research Journal. 2008. vol, 28, no. 3. s. 299-309. ISSN 0957-5146.
- MORIARTY, M. 2009. Normalising language through television: the case of the Irish language television channel, TG4. In: Journal of Multicultural Discourses. 2009. vol. 4, no. 2, s. 137-149. ISSN 1744-7143.
- Ó HIFERNÁIN, T. 2008. Raising Children to be Bilingual in the Gaeltacht: Language Preference and Practice. In: International Journal of Bilingual Education and Bilingualism. 2008. vol. 10, no. 4, s. 510-528. ISSN 1367-0050.

Ó LAOIRE, M. 2012. Language policy and minority language education in Ireland: re-exploring the issues. In: Language, Culture and Curriculum. 2012. vol 25, no. 1, s. 17-25. ISSN 0790-8318.

Ó RIAIN, S. 2010. Irish and Scottish Gaelic. A European Perspective. In: Naukovij visnik Volinskogo nacional'nogo universitetu imeni Lesi Ukrainki. 2010. s. 262-267.

Ó TUATHAIGH, G. 1988. The Celts II. In: BBC, The People of Ireland. Dublin: The Appletree Press, 1988. pp. 40-54. ISBN 0-86281-198-8.

Ó TOOLE, C, FLETCHER, P. 2010. Validity of a Parent Report Instrument for Irish-Speaking Toddlers. In: First Language. 2010. s. 199-217.

SLATINSKÁ, A. 2014. Irish language as a part of cultural identity of the Irish. In European journal of social and human sciences. - Banská Bystrica : Univerzita Mateja Bela v Banskej Bystrici, Filozofická fakulta, 2014. - ISSN 1339-6773. - Vol. 3, no. 3 (2014), pp.151-155.

Language of instruction:

English Language B2

Notes:student time load:

Course assessment

The final number of assessed students: 8

A	B	C	D	E	FX(0)	FX(1)	n
62.5	0.0	37.5	0.0	0.0	0.0	0.0	0.0

Instructor: Mgr. Anna Slatinská, PhD., univ. doc., M.A. James Ó Conaill

Last changed: 29.04.2022

Approved by: prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-ajs-314	Course name: Irish Language 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2.	
Level: II.	
Prerequisites:	
Course completion conditions: The students will take part in a preliminary assessment (a test). After the semester students will take part in the final written exam. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. Credits will not be assigned to the student who will fail to submit the preliminary test during semester or gaining less than 10 points, being a part of preliminary assessment. The student has the right to resit the preliminary test and one resit of the final written exam. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%)	
Learning objectives: Irish Language will explore basic conversational Irish phrases, common vocabulary, as well as basic grammar and phonology so as to enable students to form and correctly pronounce grammatical sentences with independently-learned vocabulary. Irish Language 1 aims to give students; - an ability to read and pronounce Irish as pronounced by native Irish-speakers - a knowledge of the International Phonetic Alphabet as applied to Irish - a knowledge of basic Irish vocabulary - a knowlede of basic Irish grammar and grammatical terminology - an ability to form basic grammatical sentences involving various parts of speech (prepositions, pronouns, nouns, adjectives, verbs, adverbs, etc.)	
Brief outline of the course:	
Recommended literature: Irish dictionaries; - https://www.teanglann.ie/en/fgb/ - https://en.wiktionary.org/wiki/Category:Irish_lemmas - Dineen's Dictionary (pre-standardised spelling) - http://www.scriobh.ie/page.aspx?id=26&l=2 General Irish-language resources; - http://nualeargais.ie/foghlaim/ - Bibliography of Irish Linguistics and Literature; https://bill.celt.dias.ie/vol4/index2.html Irish grammar;	

- <http://nualeargais.ie/gnag/gram.htm>
- Graiméar na Gaedhilge (1906) - https://en.wikisource.org/wiki/Graim%C3%A9ar_na_Gaedhilge
- Resources for Munster Irish;
- Myles Dillon & Donncha Ó Cróinín; 1961, Teach Yourself Irish (<https://ia801608.us.archive.org/34/items/TeachYourselfIrish/TYI1961.pdf>) (in French)
- Marie-Louise Sjoestedt-Jonval; 1931, Phonétique d'un parler irlandais de Kerry https://fr.wikisource.org/wiki/Phon%C3%A9tique_d%E2%80%99un_parler_irlandais_de_Kerry
- Marie-Louise Sjoestedt-Jonval; 1938, Description de un parler irlandais de Kerry https://fr.wikisource.org/wiki/Description_d%E2%80%99un_parler_irlandais_de_Kerry
- Irish-language History;
- Doyle, Aidan; 2015, A History of the Irish Language: From the Norman Invasion to Independence. Oxford.
- The Story of English (effect on Irish language) – Episode 8 “The Loaded Weapon” (in 7 parts) <https://www.youtube.com/watch?v=hsOduU-20qk&list=PL1DAC7C41112A9B3E>
- Authors of Munster Irish;
- “The Blasket-Island Writers”; Tomás Ó Criomhthain, Muiris Ó Súilleabháin, Peig Sayers <https://www.youtube.com/watch?v=DM166JoI-Us> - Oileán Eile (“Another Island”)
- Tomás Ó Criomhthain; https://wikisource.org/wiki/Author:Tom%C3%A1s_%C3%93_Criomhthain
- An t-Oileánach (“The Islandman”)
- Muiris Ó Súilleabháin;
- Fiche Blia[dha]n ag Fás (“Twenty Years a-Growing”)
- Peig Sayers;
- Peig – A Scéal Féin (Peg – Her Own Story)
- Machtnamh Seanamhná (The Reflections of an Old Woman)
- Peadar Ua Laoghaire; https://wikisource.org/wiki/Author:Peadar_Ua_Laoghaire
- Mo Sgéal Féin (“My Own Story”);
- https://wikisource.org/wiki/Mo_Sg%C3%A9al_F%C3%A9in (with audio of native speaker)
- Irish-Language Media;
- Raidió na Gaeltachta, <https://www.rte.ie/rnag/>
- TG4, <https://www.tg4.ie/ga/>
- BILOVESKÝ, V. 2012. Globalizácia ako negatívum rozvoja. In: Studia russico-slovaca 1. Ružomberok : UC Rosenbergensis. s. 119 – 122. ISBN 978-8080-8497-02.
- BILOVESKÝ, V. 2013. Does Integrating Europe Need Polylingualism and Multiculturalism? In: European Researcher. Vol. 42, no. 2-3, s. 455-461.
- DE PAOR. 1988. The People of Ireland. In: The People of Ireland. 1988. Dublin : The Appletree Press. ISBN 0-86281-198-8.
- MHIC MHATHÚNA, M. 2008. Supporting children’s participation in second-language stories in an Irish-language preschool. In: Early Years: An International Research Journal. 2008. vol, 28, no. 3. s. 299-309. ISSN 0957-5146.
- MORIARTY, M. 2009. Normalising language through television: the case of the Irish language television channel, TG4. In: Journal of Multicultural Discourses. 2009. vol. 4, no. 2, s. 137-149. ISSN 1744-7143.
- Ó HIFERNÁIN, T. 2008. Raising Children to be Bilingual in the Gaeltacht: Language Preference and Practice. In: International Journal of Bilingual Education and Bilingualism. 2008. vol. 10, no. 4, s. 510-528. ISSN 1367-0050.

Ó LAOIRE, M. 2012. Language policy and minority language education in Ireland: re-exploring the issues. In: Language, Culture and Curriculum. 2012. vol 25, no. 1, s. 17-25. ISSN 0790-8318.

Ó RIAIN, S. 2010. Irish and Scottish Gaelic. A European Perspective. In: Naukovij visnik Volinskogo nacional'nogo universitetu imeni Lesi Ukrainki. 2010. s. 262-267.

Ó TUATHAIGH, G. 1988. The Celts II. In: BBC, The People of Ireland. Dublin: The Appletree Press, 1988. pp. 40-54. ISBN 0-86281-198-8.

Ó TOOLE, C, FLETCHER, P. 2010. Validity of a Parent Report Instrument for Irish-Speaking Toddlers. In: First Language. 2010. s. 199-217.

SLATINSKÁ, A. 2014. Irish language as a part of cultural identity of the Irish. In European journal of social and human sciences. - Banská Bystrica : Univerzita Mateja Bela v Banskej Bystrici, Filozofická fakulta, 2014. - ISSN 1339-6773. - Vol. 3, no. 3 (2014), pp.151-155.

Language of instruction:

English Language B2

Notes:student time load:

Course assessment

The final number of assessed students: 0

A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: Mgr. Anna Slatinská, PhD., univ. doc., M.A. James Ó Conaill

Last changed: 14.09.2023

Approved by: prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-ajs-308	Course name: Irish Language 2
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2.	
Level: II.	
Prerequisites:	
Course completion conditions: The students will take part in a preliminary assessment (a test). After the semester students will take part in the final written exam. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. Credits will not be assigned to the student who will fail to submit the preliminary test during semester or gaining less than 10 points, being a part of preliminary assessment. The student has the right to resit the preliminary test and one resit of the final written exam. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%)	
Learning objectives: Irish Language Irish Language will explore basic conversational Irish phrases, common vocabulary, as well as basic grammar and phonology so as to enable students to form and correctly pronounce grammatical sentences with independently-learned vocabulary. Irish Language 1 aims to give students; - an ability to read and pronounce Irish as pronounced by native Irish-speakers - a knowledge of the International Phonetic Alphabet as applied to Irish - a knowledge of basic Irish vocabulary - a knowlede of basic Irish grammar and grammatical terminology - an ability to form basic grammatical sentences involving various parts of speech (prepositions, pronouns, nouns, adjectives, verbs, adverbs, etc.) -is able to make simple dialogues and communicate on basic topics such as family, food, travelling.	
Brief outline of the course:	
Recommended literature: General Irish-language resources; - http://nualeargais.ie/foghlaim/ - Bibliography of Irish Linguistics and Literature; https://bill.celt.dias.ie/vol4/index2.html Irish grammar; - http://nualeargais.ie/gnag/gram.htm	

- Graiméar na Gaedhilge (1906) - https://en.wikisource.org/wiki/Graim%C3%A9ar_na_Gaedhilge
Resources for Munster Irish;
- Myles Dillon & Donncha Ó Cróinín; 1961, Teach Yourself Irish (<https://ia801608.us.archive.org/34/items/TeachYourselfIrish/TYI1961.pdf>)
(in French)
- Marie-Louise Sjoestedt-Jonval; 1931, Phonétique d'un parler irlandais de Kerry
https://fr.wikisource.org/wiki/Phon%C3%A9tique_d%E2%80%99un_parler_irlandais_de_Kerry
- Marie-Louise Sjoestedt-Jonval; 1938, Description de un parler irlandais de Kerry
https://fr.wikisource.org/wiki/Description_d%E2%80%99un_parler_irlandais_de_Kerry
- Irish-language History;
- Doyle, Aidan; 2015, A History of the Irish Language: From the Norman Invasion to Independence. Oxford.
- The Story of English (effect on Irish language) – Episode 8 “The Loaded Weapon” (in 7 parts)
<https://www.youtube.com/watch?v=hsOduU-20qk&list=PL1DAC7C41112A9B3E>
- Authors of Munster Irish;
“The Blasket-Island Writers”; Tomás Ó Criomhthain, Muiris Ó Súilleabháin, Peig Sayers
<https://www.youtube.com/watch?v=DM166JoI-Us> - Oileán Eile (“Another Island”)
- Tomás Ó Criomhthain; https://wikisource.org/wiki/Author:Tom%C3%A1s_%C3%93_Criomhthain
An t-Oileánach (“The Islandman”)
- Muiris Ó Súilleabháin;
Fiche Blia[dha]n ag Fás (“Twenty Years a-Growing”)
- Peig Sayers;
Peig – A Scéal Féin (Peg – Her Own Story)
Machtnamh Seanamhná (The Reflections of an Old Woman)
- Peadar Ua Laoghaire; https://wikisource.org/wiki/Author:Peadar_Ua_Laoghaire
Mo Sgéal Féin (“My Own Story”);
https://wikisource.org/wiki/Mo_Sg%C3%A9al_F%C3%A9in (with audio of native speaker)
- Irish-Language Media;
- Raidió na Gaeltachta, <https://www.rte.ie/rnag/>
- TG4, <https://www.tg4.ie/ga/>
- BILOVESKÝ, V. 2012. Globalizácia ako negatívum rozvoja. In: *Studia russico-slovaca* 1. Ružomberok : UC Rosenbergensis. s. 119 – 122. ISBN 978-8080-8497-02.
- BILOVESKÝ, V. 2013. Does Integrating Europe Need Polylingualism and Multiculturalism? In: *European Researcher*. Vol. 42, no. 2-3, s. 455-461.
- DE PAOR. 1988. The People of Ireland. In: *The People of Ireland*. 1988. Dublin : The Appletree Press. ISBN 0-86281-198-8.
- MHIC MHATHÚNA, M. 2008. Supporting children’s participation in second-language stories in an Irish-language preschool. In: *Early Years: An International Research Journal*. 2008. vol, 28, no. 3. s. 299-309. ISSN 0957-5146.
- MORIARTY, M. 2009. Normalising language through television: the case of the Irish language television channel, TG4. In: *Journal of Multicultural Discourses*. 2009. vol. 4, no. 2, s. 137-149. ISSN 1744-7143.
- Ó HIFERNÁIN, T. 2008. Raising Children to be Bilingual in the Gaeltacht: Language Preference and Practice. In: *International Journal of Bilingual Education and Bilingualism*. 2008. vol. 10, no. 4, s. 510-528. ISSN 1367-0050.
- Ó LAOIRE, M. 2012. Language policy and minority language education in Ireland: re-exploring the issues. In: *Language, Culture and Curriculum*. 2012. vol 25, no. 1, s. 17-25. ISSN 0790-8318.

Ó RIAIN, S. 2010. Irish and Scottish Gaelic. A European Perspective. In: Naukovij visnik Volinskogo nacional'nogo universitetu imeni Lesi Ukrainki. 2010. s. 262-267.

Ó TUATHAIGH, G. 1988. The Celts II. In: BBC, The People of Ireland. Dublin: The Appletree Press, 1988. pp. 40-54. ISBN 0-86281-198-8.

Ó TOOLE, C, FLETCHER, P. 2010. Validity of a Parent Report Instrument for Irish-Speaking Toddlers. In: First Language. 2010. s. 199-217.

SLATINSKÁ, A. 2014. Irish language as a part of cultural identity of the Irish. In European journal of social and human sciences. - Banská Bystrica : Univerzita Mateja Bela v Banskej Bystrici, Filozofická fakulta, 2014. - ISSN 1339-6773. - Vol. 3, no. 3 (2014), pp.151-155.

Language of instruction:

English Language B2

Notes:student time load:

Student workload: 90 hrs
seminar course (S): 13 hrs
preliminary test preparation: 37 hrs
study for the final written test: 40 hrs

Course assessment

The final number of assessed students: 2

A	B	C	D	E	FX(0)	FX(1)	n
50.0	50.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: Mgr. Anna Slatinská, PhD., univ. doc., M.A. James Ó Conaill

Last changed: 29.04.2022

Approved by: prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-ajs-306	Course name: Irish Language 3
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3.	
Level: II.	
Prerequisites:	
Course completion conditions: The students will take part in a preliminary assessment (a test). After the semester students will take part in the final written exam. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. Credits will not be assigned to the student who will fail to submit the preliminary test during semester or gaining less than 10 points, being a part of preliminary assessment. The student has the right to resit the preliminary test and one resit of the final written exam. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%)	
Learning objectives: Irish Language 1 aims to give students; - an ability to read and pronounce Irish as pronounced by native Irish-speakers - a knowledge of the International Phonetic Alphabet as applied to Irish - a knowledge of basic Irish vocabulary - a knowlede of basic Irish grammar and grammatical terminology - an ability to form basic grammatical sentences involving various parts of speech (prepositions, pronouns, nouns, adjectives, verbs, adverbs, etc.) -is able to make simple dialogues and communicate on basic topics such as family, food, travelling. -enhances listening and reading skills on pre-intermediate level	
Brief outline of the course:	
Recommended literature: Irish dictionaries; - https://www.teanglann.ie/en/fgb/ - https://en.wiktionary.org/wiki/Category:Irish_lemmas - Dineen's Dictionary (pre-standardised spelling) - http://www.scriobh.ie/page.aspx?id=26&l=2 General Irish-language resources; - http://nualeargais.ie/foghlaim/ - Bibliography of Irish Linguistics and Literature; https://bill.celt.dias.ie/vol4/index2.html Irish grammar; - http://nualeargais.ie/gnag/gram.htm	

- Graiméar na Gaedhilge (1906) - https://en.wikisource.org/wiki/Graim%C3%A9ar_na_Gaedhilge
- Resources for Munster Irish;
- Myles Dillon & Donncha Ó Cróinín; 1961, Teach Yourself Irish (<https://ia801608.us.archive.org/34/items/TeachYourselfIrish/TYI1961.pdf>) (in French)
- Marie-Louise Sjoestedt-Jonval; 1931, Phonétique d'un parler irlandais de Kerry https://fr.wikisource.org/wiki/Phon%C3%A9tique_d%E2%80%99un_parler_irlandais_de_Kerry
- Marie-Louise Sjoestedt-Jonval; 1938, Description de un parler irlandais de Kerry https://fr.wikisource.org/wiki/Description_d%E2%80%99un_parler_irlandais_de_Kerry
- Irish-language History;
- Doyle, Aidan; 2015, A History of the Irish Language: From the Norman Invasion to Independence. Oxford.
- The Story of English (effect on Irish language) – Episode 8 “The Loaded Weapon” (in 7 parts) <https://www.youtube.com/watch?v=hsOduU-20qk&list=PL1DAC7C41112A9B3E>
- Authors of Munster Irish;
- “The Blasket-Island Writers”; Tomás Ó Criomhthain, Muiris Ó Súilleabháin, Peig Sayers <https://www.youtube.com/watch?v=DM166JoI-Us> - Oileán Eile (“Another Island”)
- Tomás Ó Criomhthain; https://wikisource.org/wiki/Author:Tom%C3%A1s_%C3%93_Criomhthain
- An t-Oileánach (“The Islandman”)
- Muiris Ó Súilleabháin;
- Fiche Blia[dha]n ag Fás (“Twenty Years a-Growing”)
- Peig Sayers;
- Peig – A Scéal Féin (Peg – Her Own Story)
- Machtnamh Seanamhná (The Reflections of an Old Woman)
- Peadar Ua Laoghaire; https://wikisource.org/wiki/Author:Peadar_Ua_Laoghaire
- Mo Sgéal Féin (“My Own Story”);
- https://wikisource.org/wiki/Mo_Sg%C3%A9al_F%C3%A9in (with audio of native speaker)
- Irish-Language Media;
- Raidió na Gaeltachta, <https://www.rte.ie/rnag/>
- TG4, <https://www.tg4.ie/ga/>
- BILOVESKÝ, V. 2012. Globalizácia ako negatívum rozvoja. In: *Studia russico-slovaca* 1. Ružomberok : UC Rosenbergensis. s. 119 – 122. ISBN 978-8080-8497-02.
- BILOVESKÝ, V. 2013. Does Integrating Europe Need Polylingualism and Multiculturalism? In: *European Researcher*. Vol. 42, no. 2-3, s. 455-461.
- DE PAOR. 1988. The People of Ireland. In: *The People of Ireland*. 1988. Dublin : The Appletree Press. ISBN 0-86281-198-8.
- MHIC MHATHÚNA, M. 2008. Supporting children’s participation in second-language stories in an Irish-language preschool. In: *Early Years: An International Research Journal*. 2008. vol, 28, no. 3. s. 299-309. ISSN 0957-5146.
- MORIARTY, M. 2009. Normalising language through television: the case of the Irish language television channel, TG4. In: *Journal of Multicultural Discourses*. 2009. vol. 4, no. 2, s. 137-149. ISSN 1744-7143.
- Ó HIFERNÁIN, T. 2008. Raising Children to be Bilingual in the Gaeltacht: Language Preference and Practice. In: *International Journal of Bilingual Education and Bilingualism*. 2008. vol. 10, no. 4, s. 510-528. ISSN 1367-0050.
- Ó LAOIRE, M. 2012. Language policy and minority language education in Ireland: re-exploring the issues. In: *Language, Culture and Curriculum*. 2012. vol 25, no. 1, s. 17-25. ISSN 0790-8318.

Ó RIAIN, S. 2010. Irish and Scottish Gaelic. A European Perspective. In: Naukovij visnik Volinskogo nacional'nogo universitetu imeni Lesi Ukrainki. 2010. s. 262-267.

Ó TUATHAIGH, G. 1988. The Celts II. In: BBC, The People of Ireland. Dublin: The Appletree Press, 1988. pp. 40-54. ISBN 0-86281-198-8.

Ó TOOLE, C, FLETCHER, P. 2010. Validity of a Parent Report Instrument for Irish-Speaking Toddlers. In: First Language. 2010. s. 199-217.

SLATINSKÁ, A. 2014. Irish language as a part of cultural identity of the Irish. In European journal of social and human sciences. - Banská Bystrica : Univerzita Mateja Bela v Banskej Bystrici, Filozofická fakulta, 2014. - ISSN 1339-6773. - Vol. 3, no. 3 (2014), pp.151-155.

Language of instruction:

English Language B2

Notes:student time load:

Student workload: 90 hrs
seminar course (S): 13 hrs
preliminary test preparation: 37 hrs
study for the final written test: 40 hrs

Course assessment

The final number of assessed students: 0

A	B	C	D	E	FX(0)	FX(1)	n
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: Mgr. Anna Slatinská, PhD., univ. doc., M.A. James Ó Conaill

Last changed: 29.04.2022

Approved by: prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Sports, Science and Health			
Code: 2d-LMT-123		Course name: Limits of intimacy: on responsible relationships	
Type, extent and method of instruction: Form of instruction: Practical / Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 2., 4.			
Level: II.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 654			
abs	n	p	v
97.09	2.91	0.0	0.0
Instructor: doc. Mgr. Lívia Nemcová, PhD., doc. PaedDr. Lenka Rovňanová, PhD.			
Last changed: 22.03.2023			
Approved by: prof. PaedDr. Ivan Čillík, CSc.			

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Sports, Science and Health							
Code: 2d-MED-402		Course name: Mediation and resolution of interpersonal conflicts					
Type, extent and method of instruction: Form of instruction: Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 1.							
Level: II.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction:							
Notes:student time load:							
Course assessment The final number of assessed students: 33							
A	B	C	D	E	FX(0)	FX(1)	n
45.45	33.33	21.21	0.0	0.0	0.0	0.0	0.0
Instructor: doc. Mgr. Lenka Ďuricová, PhD., Mgr. Zuzana Heinzová, PhD.							
Last changed: 04.03.2026							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-utr-229		Course name: Methodical practice in football				
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 2.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: doc. PaedDr. Miroslav Nemec, PhD., PaedDr. Rastislav Kollár, PhD.						
Last changed: 22.08.2025						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-005		Course name: Methodology of Sports				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 4						
Recommended semester/trimester: 3.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature: 1. ČILLÍK, I. 2004. Športová príprava v atletike. Banská Bystrica: FHV UMB, 2004. 128 s. 2. ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9 3. DOVALIL, J. a kol. 2009. Výkon a tréning ve sportu. Praha: Olympia. 336 s. ISBN 978-80-7376-130-1 4. KAMPMILLER, T a kol. 2012. Teória športu a didaktika športového tréningu. Bratislava: ICM Agency. 353 s. ISBN 978-80-89257-48-5 5. MARTENS, R. Úspěšný tréner. Praha : Grada. 2006. Recommended literature: domestic/ foreign books, journals, magazines, internet sources						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 95						
A	B	C	D	E	FX(0)	FX(1)
11.58	24.21	28.42	23.16	11.58	1.05	0.0
Instructor: prof. PaedDr. Martin Pupiš, PhD., prof. PaedDr. Ivan Čillík, CSc.						
Last changed: 05.09.2023						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-ozvstv-001	Course name: Methodology of Sports 1 (Sports Games, Swimming)
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 52 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 2.	
Level: II.	
Prerequisites:	
Course completion conditions: During the semester, the student undergoes verification of the level of didactic skills and methodological knowledge in conducting a lesson in sports, movement games and swimming. The prerequisite is the preparation for the lesson of sport and movement games and swimming according to the assigned topic. Successful completion of the examination in didactics and methodology of sport and movement games and swimming.	
a) continuous assessment: Verification of the level of didactic skills when conducting a lesson on sports and movement games: practical output of the student according to the assigned topic - 0-20 points (minimum 13 points). Verification of the level of didactic skills when conducting a swimming lesson: practical output of the student according to the assigned topic - 0-20 points (minimum 13 points). Students can correct the interim assessment on the dates listed by the teacher within the period for completing the study obligations.	
b) final assessment: Written test on didactics and methodology of sport and movement games: 0-30 points (minimum 20 points). Written test on the didactics and methodology of swimming: 0-30 points (minimum 20 points). The course assessment corresponds to the A-FX grading scale: A (100 – 94%), B (93 – 87%), C (86 – 80%), D (79 – 73%), E (72 – 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.	
Learning objectives: The student acquires (in terms of knowledge): - Ability to apply the acquired knowledge and skills from sports, movement games and swimming in other subjects (e.g., as part of a continuous practice) - The ability to use the correct terminology of individual sports, movement games and swimming when explaining the curriculum. - Able to teach the basic game activities (HČJ, HK and HS) in the sports games of football, volleyball, basketball, handball, and floorball correctly according to the knowledge of the content of the game.	

- Able to use adequate movement games from the point of view of the focus and structure of the lesson and to apply them methodically correctly in the classroom. - Able to teach the basic skills of swimming methodically correctly. The student acquires the ability (in terms of understanding): - Apply adequate procedures and appropriate didactic methods and forms of teaching (MOF) of sports games according to the level of the pupils. - Identify and differentiate swimming skills according to the needs of the pupils. The student will acquire the ability (in terms of application, evaluation, and creation): - Name and describe the content of a game and practically in a game (match) demonstrate and apply the technique of basic game actions (HČJ, HK and HS) in individual sports games (football, volleyball, basketball, handball, and floorball). - Select adequate movement games to develop movement skills and the acquisition of movement skills from the sports. - Apply individual movement skills from sports, movement games and swimming to the development of their own teaching project for teaching in primary and secondary school. - Evaluate his/her strengths and weaknesses in teaching sports, movement games and swimming, can use the principle of feedback, whether from the practitioner or the content of the teaching, can evaluate the level and quality of methodological outputs of classmates. - Integrate the acquired knowledge and skills into different pedagogical situations.
Brief outline of the course:
Recommended literature: 1. ARGAJ, G. - REHÁK, M. 2007. Teória a didaktika basketbalu II. Bratislava : UK, 2007. 137s. 2. NEMEC, M. a kol. 2013. Športové hry 1. časť. Banská Bystrica : UMB FHV - Belianum, 202 s. 2013 3. NEMEC, M. - KOLLÁR, R. 2009 Teória a didaktika futbalu, Banská Bystrica : KollárRastislav, 2009. 200s. 4. ONDRUŠ, D. 2010. Florbal, ako trénovať a hrať. Žilina : ŠK Juventa Žilina, 2010. 117s. 5. PERÁČEK, P. a kol. 2004. Teória a didaktika športových hier 1. Bratislava : PEEM, 2004. 184s. 6. PŘIDAL, V. - ZAPLETALOVÁ, L. 2003. Volejbal. Bratislava : PEEM, 2003. 180s. 7. TÁBORSKÝ, F. 2004. Sportovní hry. Praha : Grada, 2004. 164s. 8. TÁBORSKÝ, F. 2005. Sportovní hry II. Praha : Grada, 2005. 172s. 9. ZAPLETALOVÁ, L. - PŘIDAL, V. 1996. Teória a didaktika volejbalu. Bratislava : UK, 1996. 108s. 10. ZAŤKOVÁ, V. 1999. Teória a didaktika hádzanej. Bratislava : UK, 1999. 199s. 11. BENEC M., MERICA M., HLAVATÝ R. 2005. Plávanie. Banská Bystrica : Univerzita Mateja Bela, 2005. 198 s. 12. MACEJKOVÁ, Y. 2005. Didaktika plávania. Bratislava: ICM agency, 2005, 149 s. 13. MANDZÁK, P. a kol. 2011. Nácvik plaveckých spôsobov v praxi. Banská Bystrica: KTVŠFHV UMB, 2011, 115 s. 14. RUŽBARSKÝ, P., MATÚŠ, I. 2017. Technická a kondičná príprava v plávaní. Prešov: FŠPU, 2017. 239 s.
Language of instruction: slovak
Notes: student time load: student time load: 120 hrs., of which: combined study (l,s,c): 65 hrs.

written test preparation: 25 hrs. didactic output assessment preparation: 30 hrs						
Course assessment The final number of assessed students: 307						
A	B	C	D	E	FX(0)	FX(1)
8.47	36.48	38.44	14.66	0.33	0.65	0.98
Instructor: doc. PaedDr. Štefan Adamčák, PhD., doc. PaedDr. Miroslav Nemec, PhD., PaedDr. Martina Mandzáková, PhD., univ. doc.						
Last changed: 07.09.2024						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-ozvstv-002	Course name: Methodology of Sports 2 (Athletics, Gymnastics, Forms of Combat, Skiing, Snowboarding)
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 / 104 Method of study: combined	
Number of credits: 5	
Recommended semester/trimester: 3.	
Level: II.	
Prerequisites:	
Course completion conditions: During the semester, the student will complete the verification of the level of didactic skills in didactics of athletics, didactics of gymnastics and didactics of combats in the conduct of the classroom lesson and verification of the level of practical skills in downhill and cross-country a) continuous assessment: Practical presentation of the lesson: athletics - 10 points (min.6,5 points), gymnastics - 10 points (min.6,5 points), combats - 10 points (min.6,5 points), Active 100% participation in the course and verification of the level of practical skills (downhill skiing, cross-country skiing, snowboarding) in conducting lessons in the ski education and training course 30b (min. 19.5 points), Written test: Athletics - 10b (min. 6,5b), Gymnastics - 10b (min. 6,5b), Combats - 10b (min. 6,5b), Downhill and cross-country skiing and snowboarding - 10b (min. 6,5b). b) final assessment: On the basis of a continuous assessment. The course assessment corresponds to the A-FX grading scale: A (100 – 94%), B (93 – 87%), C (86 – 80%), D (79 – 73%), E (72 – 65%). Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100.	
Learning objectives: The student acquires (in terms of knowledge): • Ability to apply the acquired knowledge and skills from athletics, gymnastics, combats, downhill and cross-country skiing and snowboarding in other subjects (e.g., as part of a continuous practice) • The student is able to methodically teach the basic skills of athletics, gymnastics, combats and self-defence, downhill and cross-country skiing and snowboarding. The student acquires the ability (in terms of understanding): • Identify and differentiate athletic, gymnastic, and combat exercises.	

- Work with the content of downhill and cross-country skiing and snowboarding instruction in the basic means of developing motor skills and acquiring motor skills from these sports. The student will acquire the ability (in terms of application, evaluation, and creation):
- Apply individual movement skills from athletics, gymnastics, combats, downhill and cross-country skiing, and snowboarding to the development of a custom teaching project for elementary and middle school instruction.
- Evaluate the level and quality of the methodological outputs of classmates in athletics, gymnastics, combats and downhill and cross-country skiing and snowboarding.
- Integrate acquired knowledge and skills into a variety of teaching situations.

Brief outline of the course:

Didactics of athletics:

- Methodological outputs of students focused on the training of individual athletic disciplines and preparatory athletic exercises.
- Theoretical knowledge of the history, systematics, types, and significance of athletics.
- General fundamentals of the technique and didactics of athletic disciplines.
- Technique, methodology of individual athletic disciplines.
- Short distance running, middle and long distance running, athletic walking, hurdles, relay races; jumping, and throwing. Organization, refereeing of athletics competitions.
- Fundamentals of sports training in athletics and development of movement skills and athletics.

Didactics of gymnastics:

- Didactics of gymnastics (basic, fitness, rhythmic and health).
- Gymnastic sports - characteristics.
- Movement means of gymnastics.
- Construction of gymnastic units with different content.
- Nomenclature of physical exercises.

Didactics of the combats:

- The didactics of combat sports. Didactics of the combat sport and self-defense.
- Didactic use of preparatory combats (combat lifts, resistances, and combat games) in the classroom.
- Didactics of practicing and improving the falling technique (falling backwards, falling sideways, falling forwards) -methodological outputs.
- Didactics of practicing and improving basic technical activities of combat sports (karate, wrestling, judo)- methodological outputs.
- Didactics of training and improvement of basic techniques of self-defense - methodological outputs.

Didactics of downhill and cross-country skiing and snowboarding:

- The importance and position of downhill and cross-country skiing, snowboarding and sports games in human life (school and leisure).
- Organization of skiing and snowboarding education and training course.
- Preparatory exercises and movement games for cross-country skiing - practical outcomes.
- Preparatory exercises and movement games for downhill skiing - practical outcomes.
- Preparatory exercises and movement games for snowboarding - practical outcomes.
- Methodical series of basic cross-country training - practical outputs.
- Methodological series of basic downhill training - practical outputs.
- Methodological series of basic snowboard training - practical outputs.

Recommended literature:

1. BARTÍK, P. et al. 2010. Teória a didaktika úpolov pre základné a stredné školy. BanskáBystrica: FHV UMB, 2010. 241 s. ISBN 978-80-557-0004-5.

2. ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica : Slovenský atletický zväz., 2020. 245 s.
3. Kolektív autorov. 2014. Telesná a športová výchova – kolektívne športové činnosti, gymnastické a tanečné pohybové činnosti. Bratislava: NŠC a FTVŠ UK Bratislava, 246s. ISBN: 978-80-971466-3-4 [cit. 2021-09-08]. Dostupné na internete: http://www.telesnavychova.sk/userfiles/file/kolektivne_sportove_cinnosti_m.pdf
4. MICHAL, J. 2010. Snowboarding 1.časť. Študijný materiál pre učiteľov I. kvalifikačného stupňa. Banská Bystrica : SAS, 2010. 56s.
5. MICHAL, J. 2001. Teória a didaktika lyžovania. Banská Bystrica : UMB PF, 2001. 94s.
6. PAUGSCHOVÁ, B. a kol. 2005. Lyžovanie. Banská Bystrica : FHV UMB, 2005. 237s.
7. Najnovšia odborná literatúra v časopisoch, zborníkoch a periodikách, metodické materiály, internetové zdroje.

Language of instruction:

slovak

Notes: student time load:

student time load: 150 hrs., of which:

combined study (l,s,c): 130 hrs.

written test preparation: 20 hrs.

Course assessment

The final number of assessed students: 204

A	B	C	D	E	FX(0)	FX(1)
4.41	23.53	41.67	25.98	3.92	0.0	0.49

Instructor: Mgr. Juraj Kremnický, PhD., univ. doc., prof. PaedDr. Ivan Čillík, CSc., Mgr. Miroslava Rošková, PhD., Mgr. Michaela Slováková, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD., doc. PaedDr. Štefan Adamčák, PhD., PaedDr. Rastislav Kollár, PhD., doc. PaedDr. Jiří Michal, PhD., doc. PaedDr. Miroslav Nemec, PhD.

Last changed: 17.09.2025

Approved by: prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-mr-55	Course name: Modern Rhetoric
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1.	
Level: II.	
Prerequisites:	
Course completion conditions: a) continuous assessment: discussible approaches to the introduced case studies (0 – 25 points) suggestions for the synchronization of the parts in the rhetoric speech (0 – 25 points) b) final assessment: presentation of the chosen motif in the public performance with the speech analysis (0 – 50 points) Maximum number of points obtained is 100. Credits are assigned to the student who acquires minimum 65 points for fulfilling certain conditions.	
Learning objectives: The student will be able 1. To know the purpose and be aware of the meaning of the public communication, 2. To understand the interdisciplinary definition, relations and connections in the speech communication, 3. To identify the conceptual-compositional essence of the speech text, 4. To master the content-motivic peculiarities and expressional possibilities of the rhetoric communicate, 5. To respect the principles of preparation and rules of successful rhetoric, 6. To purposefully apply the acquired knowledge in a way to make the speech interesting, impressive, argumentative persuasive, understandable and cultivated.	
Brief outline of the course: Profile and purpose of the subject, literature and sources. (Self)image, stage fright. Communication means of the speaker - verbal and nonverbal part. Verbal part of the rhetoric communication - selective excurses. Accuracy and comprehensibility: the topic and its structure. Genres of speech. Nonverbal components of rhetoric communication - essence and meaning. Arguing, wrong arguments and communication risks. Detailed preparation of public speaking.	
Recommended literature: a) basic: ARISTOTELES: Rétorika. Martin : Thetis, 2009. DAŇKOVÁ, M.: Prokounkňte komunikační styly druhých. Praha : Grada Publishing, 2018. FEXEUS, H.: Nejlepší přesvědčovací techniky. Praha : Grada Publishing, 2017.	

GALLO, J.: Rétorika v teórii a praxi. Prešov : Dominanta, 2004.
 HIERHOLD, E.: Rétorika a prezentace. Praha : Grada, 2005.
 KRÁĽ, Á.: Pravidlá slovenskej výslovnosti. Martin : Matica slovenská, 2005.
 MISTRÍK, J.: Rétorika. 3. vyd. Bratislava : SPN, 1987.
 PATRÁŠ, V.: Pohotovité čítanie a myšlienkové spracovanie textu. Banská Bystrica : UMB, 2011.
 ŠKVARENINOVÁ, O.: Rečová komunikácia. 3., rozšír. vyd. Trnava : UCM, 2014.
 ŠPAČKOVÁ, A.: Moderní rétorika na univerzitě. Praha : UK, 2017.
 b) secondary:
 BECK/ová, G.: Zakázaná rétorika. 30 manipulativních technik. Praha : Grada, 2007.
 BRUNO/vá, T. – ADAMCZYK, G.: Řeč těla. Praha : Grada, 2005.
 BUČEK, J.: Rola moderátora v masmediálním dialógu. Zlín : VeRBuM, 2012.
 EKMAN, P. – FRIESEN, W.: Emoce pod maskou. Praha : Biz Books, 2015.
 KRAUS, J. a kol.: Člověk mluvící. Voznice : Leda, 2011.
 MARKOŠ, J.: Sila rozumu v bláznivej dobe. Bratislava : NPress, 2019.
 MYSLOVIČOVÁ, S. – VANČOVÁ, I. (eds.): Spytovali ste sa. Bratislava : JÚĽŠ SAV, 2017.
 SLEZÁK, M.: Achillova pata a jiné patálie: dobrodružný výklad živých slov, rčení, úsloví a často používaných frází od A do Ž. Praha : Euromedia Group, 2019.
 STEHLÍKOVÁ, M.: Tajomstvo reči tela. Bratislava : BodyTalks, 2018.
 STANČEK, Ľ. – ŠURÁB, M.: Rétorika dnes. Ružomberok : Rektorát KU, 2006.
 TERMANN, S.: Umění přesvědčit a vyjednat. Praha : Grada, 2009.
 URBANOVÁ, M. a kol.: Rétorika pro právníky. Plzeň : Aleš Čeněk, 2009.
 VYBÍRAL, Z.: Psychologie komunikace. Praha : Portál, 2005.

Language of instruction:

Notes:student time load:

90 hrs.

Sit-in-class study (L,S,C): 26 hrs.

Work with the technical literature and sources: 20 hrs.

E-learning, case studies: 10 hrs.

Preparation for the final assessment: 24 hrs.

Preparation for the public performance in front of the audience: 10 hrs.

Course assessment

The final number of assessed students: 75

A	B	C	D	E	FX(0)	FX(1)	n
64.0	18.67	12.0	2.67	1.33	1.33	0.0	0.0

Instructor: prof. PaedDr. Vladimír Patráš, CSc.

Last changed: 23.04.2024

Approved by: prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-utr-228		Course name: Mountain Climbing Basics 2				
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 2.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 93						
A	B	C	D	E	FX(0)	FX(1)
95.7	1.08	0.0	0.0	0.0	3.23	0.0
Instructor: PaedDr. Jaroslav Kompán, PhD.						
Last changed: 20.09.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Sports, Science and Health			
Code: 1d-2d-umb-301	Course name: Národné obranné sily		
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 14d / 4s Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3.			
Level: I., II.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 0			
abs	n	p	v
0.0	0.0	0.0	0.0
Instructor: doc. PaedDr. Miriam Spodniaková Pfefferová, PhD.			
Last changed: 13.09.2026			
Approved by: prof. PaedDr. Ivan Čillík, CSc.			

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Sports, Science and Health			
Code: 2d-vstv-106		Course name: Physical Education 6	
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3.			
Level: II.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 217			
abs	n	p	v
93.55	6.45	0.0	0.0
Instructor: Mgr. Jaroslav Popelka, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Andrea Izáková, PhD., doc. PaedDr. Jiří Michal, PhD., PaedDr. Mgr. Lukáš Opáth, PhD., doc. PaedDr. Pavol Pivovarniček, PhD., Mgr. Kristián Bako, PhD., Mgr. Michal Hlávek, PhD., Mgr. Marián Škorik, PhD., Mgr. Andrej Dibdiak, Mgr. Bc. Lukáš Karabín, Mgr. Olívia Mudráková, Mgr. Marek Janík, Mgr. Dominik Klimek			
Last changed: 08.09.2025			
Approved by: prof. PaedDr. Ivan Čillík, CSc.			

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Sports, Science and Health			
Code: 2d-vstv-107		Course name: Physical Education 7	
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 2., 4.			
Level: II.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 265			
abs	n	p	v
91.7	8.3	0.0	0.0
Instructor: Mgr. Jaroslav Popelka, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Andrea Izáková, PhD., doc. PaedDr. Jiří Michal, PhD., PaedDr. Mgr. Lukáš Opáth, PhD., doc. PaedDr. Pavol Pivovarniček, PhD., Mgr. Martin Bako, Mgr. Marián Škorik, PhD., Mgr. Michal Hlávek, PhD., Mgr. Bc. Lukáš Karabín, Mgr. Andrej Dibdiak, Mgr. Olívia Mudráková, Mgr. Marek Janík, Mgr. Dominik Klimek			
Last changed: 08.09.2025			
Approved by: prof. PaedDr. Ivan Čillík, CSc.			

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Sports, Science and Health			
Code: 2d-vstv-108		Course name: Physical Education 8	
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3.			
Level: II.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 121			
abs	n	p	v
91.74	8.26	0.0	0.0
Instructor: PaedDr. Boris Beťák, PhD., Mgr. Jaroslav Popelka, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Andrea Izáková, PhD., doc. PaedDr. Jiří Michal, PhD., PaedDr. Mgr. Lukáš Opáth, PhD., doc. PaedDr. Pavol Pivovarniček, PhD., Mgr. Michal Hlávek, PhD., Mgr. Kristián Bako, PhD., Mgr. Marián Škorik, PhD., Mgr. Andrej Dibdiak, Mgr. Bc. Lukáš Karabín, Mgr. Olívia Mudráková, Mgr. Marek Janík, Mgr. Dominik Klimek			
Last changed: 08.09.2025			
Approved by: prof. PaedDr. Ivan Čillík, CSc.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-pol-201	Course name: Polish Language A1 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1.	
Level: II.	
Prerequisites:	
Course completion conditions: During the semester, the student continuously submits their completed homework. In the last week of the semester, the student takes a written test. After completing the semester, they take a final oral exam. Credits will not be awarded to a student who scores fewer than 19.5 in the written test and/or fewer than 22.5 in the oral exam. The student has the right to one resit (For each part of the final exam respectively.) The grading scale: A (100 – 94 %), B (93 – 87 %), C (86 – 80 %), D (79 – 73 %), E (72 – 65 %). Credits are assigned to the student who collects the minimum of 65 points (%). a) continuous assessment: Completing homework: 0–30 p. Written test in week 13: 35 p. b) final assessment: Oral exam during the exam period: 35 p.	
Learning objectives: The student understands the most important content and intent of written and oral texts addressing everyday life. They can use the Polish language fluently and spontaneously. Their communication competence allows them to speak to Polish native speakers in most everyday situations.	
Brief outline of the course: Polish alphabet. Pronunciation of vowels and consonants. Informal and formal greetings. Introduction. Basic courtesies. Polish names and surnames. Personal information. Countries and nationalities. Colours. In the classroom. Self-presentation. Description of a person – appearance and attributes. Hobbies. Sports. Occupations. Expressing possessiveness. Numerals 0–100. Fruit and vegetables. Shopping in a stall, supermarket, market, mall. Foodstuff. Meals. Café & restaurant. Expressing preferences. Family and relatives. Family tree. Parts of day and seasons. Months and week days. Life and institutions in Poland.	
Recommended literature: 1. STEMPEK, I. – STELMACH, A. i in. 2011. Polski. Krok po kroku A1. Podręcznik. Kraków : Glossa, 2011. 2. STEMPEK, I. – STELMACH, A. i in. 2011. Polski. Krok po kroku A1. Zeszyt ćwiczeń. Kraków : Glossa, 2011.	

3. MAŁOLEPSZA, M., SZYMKIEWICZ, A. 2020. Hurra. Po polsku. Część 1. Podręcznik studenta. Kraków : Prolog, 2020.
- 4 MAŁOLEPSZA, M., SZYMKIEWICZ, A. 2020. Hurra. Po polsku 1. Zeszyt ćwiczeń. Kraków : Prolog, 2020.
5. MADELSKA, L., WARCHOŁ-SCHLOTTMANN, M. 2013. Hurra! Odkrywamy język polski. Gramatyka dla uczących (się) języka polskiego jako obcego. Kraków : Prolog, 2013.
6. MACHOWSKA, J. 2022. Gramatyka? Dlaczego nie?!. Ćwiczenia gramatyczne dla poziomu A!. Kraków : Universitas, 2022.
7. GARNCAREK, P. 2022. Czas na czasownik. Kraków : Universitas, 2022.
8. LIPIŃSKA, E. 2022. Nie ma róży bez kolców. Ćwiczenia ortograficzne dla cudzoziemców. Kraków : Universitas, 2022.

Language of instruction:

Slovak, Polish

Notes:student time load:

90 h.

Presence, combined studies (L, S, C): 26 h.

Self-study: 14 h.

Completing homework: 15 h.

studying for the written test: 15 h.

Studying for the oral exam: 20 h.

Course assessment

The final number of assessed students: 82

A	B	C	D	E	FX(0)	FX(1)	n
53.66	14.63	23.17	6.1	0.0	1.22	1.22	0.0

Instructor: doc. Mgr. Gabriela Olchowa, PhD.

Last changed: 16.02.2023

Approved by: prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-pol-202	Course name: Polish Language A1 2
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2.	
Level: II.	
Prerequisites:	
Course completion conditions: During the semester, the student continuously submits their completed homework. In the last week of the semester, the student takes a written test. After completing the semester, they take a final oral exam. Credits will not be awarded to a student who scores fewer than 19.5 in the written test and/or fewer than 22.5 in the oral exam. The student has the right to one resit (For each part of the final exam respectively.) The grading scale: A (100 – 94 %), B (93 – 87 %), C (86 – 80 %), D (79 – 73 %), E (72 – 65 %). Credits are assigned to the student who collects the minimum of 65 points (%). a) continuous assessment: Completing homework: 0–30 p. Written test in week 13: 35 p. b) final assessment: Oral exam during the exam period: 35 p.	
Learning objectives: The student understands the most important content and intent of written and oral texts addressing everyday life. They can use the Polish language fluently and spontaneously. Their communication competence allows them to speak to Polish native speakers in most everyday situations.	
Brief outline of the course: Free time. Expressing temporal relations. Communication tools. Collecting information: station, airport, hotel, travel agency. Travelling. Meetings. Invitation. Positive and negative response to proposals. Shopping. Size, measure, weight, clothing. Requests, feelings, compliments, opinions. Future plans. Weather forecast. Furniture and home appliances. Rooms. Rental. Expressing spatial relationships. Writing advertisements. Polish physical geography and demography. Tourist attractions. Weekend and holiday plans. Family celebrations. Congratulations. Language etiquette. Savoir-vivre. Famous Polish figures – biography. Body parts, disease symptoms. Visiting doctors and dentists.	

Providing advice, expressing dis/satisfaction. Writing complaints. Police chronicles – car accident, theft, loss of personal items, fire.							
Recommended literature: 1. STEMPEK, I. – STELMACH, A. i in. 2011. Polski. Krok po kroku A1. Podręcznik. Kraków : Glossa, 2011. 2. STEMPEK, I. – STELMACH, A. i in. 2011. Polski. Krok po kroku A1. Zeszyt ćwiczeń. Kraków : Glossa, 2011. 3. MAŁOLEPSZA, M., SZYMKIEWICZ, A. 2020. Hurra. Po polsku. Część 1. Podręcznik studenta. Kraków : Prolog, 2020. 4. MAŁOLEPSZA, M., SZYMKIEWICZ, A. 2020. Hurra. Po polsku 1. Zeszyt ćwiczeń. Kraków : Prolog, 2020. 5. MADELSKA, L., WARCHOŁ-SCHLOTTMANN, M. 2013. Hurra! Odkrywamy język polski. Gramatyka dla uczących (się) języka polskiego jako obcego. Kraków : Prolog, 2013. 6. SZELC-MAYS, M. 2022. Coś Wam powiem... Ćwiczenia komunikacyjne. Kraków : Universitas, 2022. 7. GARNCAREK, P. 2022. Czas na czasownik. Kraków : Universitas, 2022. 8. LIPIŃSKA, E. 2022. Z polskim na Ty. Kraków : Universitas, 2022. 9. PYZIK, J. 2022. Przygoda z gramatyką. Kraków : Universitas, 2022.							
Language of instruction: Slovak, Polish							
Notes: student time load: 90 h. Combined study (S, C): 26 h. Self-study: 14 h. Completing homework: 10 h. studying for the written test: 20 h. Studying for the oral exam: 20 h.							
Course assessment The final number of assessed students: 30							
A	B	C	D	E	FX(0)	FX(1)	n
63.33	20.0	3.33	3.33	0.0	10.0	0.0	0.0
Instructor: doc. Mgr. Gabriela Olchowa, PhD.							
Last changed: 16.02.2023							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-pol-203	Course name: Polish Language A2 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 3.	
Level: II.	
Prerequisites:	
Course completion conditions: During the semester, the student continuously submits their completed homework and presents a selected topic. After completing the semester, the student takes the final oral and written exams. The student will not be assigned the credits if they score fewer than 19.5 for the homework and presentation submitted; and/or fewer than 22.5 for the final written and oral exams respectively. The student has the right to one resit. The grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements. a) continuous assessment: Completing homework: 0–15 p. Presentation: 0–15 p. b) final assessment: written final exam (test): 0–35 p. final oral exam: 0–35 p. Final exam in total: 0–70 p. 0–70 p.	
Learning objectives: The student understands the most important content and intent of written and oral texts addressing general, specific, and abstract topics. They can use the Polish language fluently and spontaneously. The level of communication competence allows the student to easily communicate with Polish native speakers. They are able to express their opinion on the topic they find interesting as well as past events, and participate in a (formal) discussion.	
Brief outline of the course: Reporting events – disasters. Summarisation. Favourite film – a comparison. Requests, proposals, commands. Expressing opinions. Adjectives describing people. Structure of definition. Computer and the Internet – people’s friends. Discussing education. Classroom meeting. Job and occupation. Job interview. Types of companies. Discussing work-related problems. Writing e-mails. CV and cover letter. Roots – discussion. Orders, bans, recommendations. Travel, packing, airport. Holiday in Poland – tourist attractions. Letters, e-mails, text messages. Weekend in mountains – verbs of movement.	
Recommended literature:	

1 STEMPEK, I. – STELMACH, A. i in. 2020. Polski. Krok po kroku A2. Kraków : Glossa, 2020. 2 BURKAT, A. – JASIŃSKA, A. 2020. Hurra! Po polsku cz.2. Kraków : Prolog, 2020. 3. SZELC-MAYS, M. 2022. Coś Wam powiem... Ćwiczenia komunikacyjne. Kraków : Universiadas, 2022. 4 BURKAT, A. – JASIŃSKA, A. 2020. Hurra! Po polsku cz.2. Zeszyt ćwiczeń. Kraków : Prolog, 2020. 5. STEMPEK, I. – STELMACH, A. i in. 2011. Polski. Krok po kroku A2. Zeszyt ćwiczeń. Kraków : Glossa, 2014.							
Language of instruction: Slovak, Polish A1							
Notes:student time load: 90 h. Presence, combined studies (L, S, C): 26 h. Self-study: 14 h. Completing of homework and preparation of presentations: 20 h. Studying for the written test: 15 h. Studying for the oral exam: 15 h.							
Course assessment The final number of assessed students: 10							
A	B	C	D	E	FX(0)	FX(1)	n
100.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: doc. Mgr. Gabriela Olchowa, PhD.							
Last changed: 16.02.2023							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-pol-204	Course name: Polish Language A2 2
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: II.	
Prerequisites:	
Course completion conditions: During the semester, the student continuously submits their completed homework and presents a selected topic. After completing the semester, the student takes the final oral and written exams. The student will not be assigned the credits if they score fewer than 19.5 for the homework and presentation submitted; and/or fewer than 22.5 for the final written and oral exams respectively. The student has the right to one resit. The grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). Credits are assigned to the student who collects the minimum of 65 points out of the possible 100 for completing the given requirements. a) continuous assessment: Completing homework: 0–15 p. Presentation: 0–15 p. b) final assessment: written final exam (test): 0–35 p. final oral exam: 0–35 p. Final exam in total: 0–70 p. 0–70 p.	
Learning objectives: The student understands the most important content and intent of written and oral texts addressing general, specific, and abstract topics. They can use the Polish language fluently and spontaneously. The level of communication competence allows the student to easily communicate with Polish native speakers. They are able to express their opinion on the topic they find interesting as well as past events, and participate in a (formal) discussion.	
Brief outline of the course: Traffic rules. Discussing life problems: unemployment, alcoholism, violence, discrimination, depression. Key life situations, interpersonal relationships. Foundations, volunteering. Expressing dissatisfaction and resentment. Recent Polish history – describing events, discussing historical facts. Polish holidays. Easter and traditions. Describing situations. Expressing temporal contexts. Discussing the past – important dates, Solidarity, martial law. Poland and Polish society. Politics. Power in Poland. Polish parliament, political parties, elections. Animals. Ecology and environmental protection. Polish consumer. Exchanging opinions. Comparison. Discussing films	

and theatre. Expressing emotions. Discussions – arguments for and against. Museum, exhibitions – discussing art. Expressing appreciation, respect, and critical attitudes.

Recommended literature:

- 1 STEMPEK, I. – STELMACH, A. i in. 2020. Polski. Krok po kroku A2. Kraków : Glossa, 2020.
- 2 BURKAT, A. – JASIŃSKA, A. 2020. Hurra! Po polsku cz.2. Kraków : Prolog, 2020.
3. SZELC-MAYS, M. 2022. Coś Wam powiem... Ćwiczenia komunikacyjne. Kraków : Universiadas, 2022.
- 4 BURKAT, A. – JASIŃSKA, A. 2020. Hurra! Po polsku cz.2. Zeszyt ćwiczeń. Kraków : Prolog, 2020.
5. STEMPEK, I. – STELMACH, A. i in. 2011. Polski. Krok po kroku A2. Zeszyt ćwiczeń. Kraków : Glossa, 2014.

Language of instruction:

Slovak, Polish A1

Notes:student time load:

90 h.

Combined study (S, C): 26 h.

Self-study: 14 h.

Completing of homework and preparation of presentations: 20 h.

Studying for the written test: 15 h.

Studying for the oral exam: 15 h.

Course assessment

The final number of assessed students: 7

A	B	C	D	E	FX(0)	FX(1)	n
100.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Instructor: doc. Mgr. Gabriela Olchowa, PhD.

Last changed: 16.02.2023

Approved by: prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Sports, Science and Health							
Code: 2d-POZ-402		Course name: Positive psychology					
Type, extent and method of instruction: Form of instruction: Lecture Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 2.							
Level: II.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction:							
Notes:student time load:							
Course assessment The final number of assessed students: 516							
A	B	C	D	E	FX(0)	FX(1)	n
45.16	14.34	12.21	11.24	11.82	0.97	4.26	0.0
Instructor: Mgr. Zuzana Heinzová, PhD., doc. PaedDr. Lucia Pašková, PhD.							
Last changed: 24.03.2026							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: D_2_LpP_cupv	Course name: Practice Laboratory
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 1., 3.	
Level: II.	
Prerequisites:	
Course completion conditions: a) continuous assessment: participation in SILab activities – 50% of the overall grade b) final assessment: preparation and presentation of a semester project – 50% of the overall grade Within the continuous assessment, students complete assignments based on project-oriented learning implemented in the Social Innovation Living Lab (SILab) environment. The assessment includes active participation in classes and SILab activities, as well as participation in activities carried out in cooperation with external partners from practice. The final assessment consists of the preparation and presentation of a semester project focused on proposing a solution to a specific real-world problem (e.g., a business model, an innovative solution, a strategy, etc.). A student receives a “passed” grade if they achieve at least 65% of the total course evaluation by fulfilling the specified requirements. A resit for the continuous assessment can be completed no later than the last week of teaching and ongoing study obligations and consists of completing substitute assignments. A resit for the final assessment can be completed during the period designated for completing study obligations and consists of a revised or newly prepared semester project and its presentation, focused on proposing a solution to a specific real-world problem.	
Learning objectives: The student: 1. uses appropriate scientific and analytical methods to solve assignments and is able to independently and methodologically correctly address research and applied tasks, 2. applies methods of collecting and processing primary and secondary data in practice, evaluates their suitability, formulates research questions and proposes solutions, 3. designs solutions to problems including an action plan and implementation strategy, applying principles of innovation ecosystems and smart solutions in public, private, and non-profit sectors, 4. designs and tests solutions in a living lab (SILab) using participatory approaches, creates and evaluates business models with regard to sustainability and ESG, 5. works with data and digital tools in designing solutions, 6. uses participatory and co-creation approaches when engaging stakeholders, 7. evaluates the social and economic impact of solutions, integrates knowledge from different disciplines, and presents results to both professional and general audiences.	

Brief outline of the course:

Introduction to the course, idea generation, identification of business opportunities, definition of vision and strategic goals. Social economy, social entrepreneurship, legal framework of social enterprises in Slovakia, business models with social impact, impact measurement, ESG, CSR and non-financial reporting. Business plan development (Business Model Canvas, Lean Canvas), market research, competitor and customer analysis, segmentation, value proposition and go-to-market strategy. Operational planning, logistics, supply chains, outsourcing and risk management. Brand building, identity and positioning, basics of marketing, sales strategies and customer journey. Digital marketing (SEO, content, social media, CRM), feedback, product iteration and MVP. Digital business models, use of AI in business and its impacts, cybersecurity and data protection. Entrepreneurial mindset, dealing with failure, soft skills, leadership and ethics. Presentation of the business plan, pitch deck and defense of solutions.

Recommended literature:

1. ANICHE, L. Q., a kol. 2024. Boosting co-creation of Nature-based Solutions within Living Labs: Interrelating enablers using Interpretive Structural Modelling. *Environmental Science & Policy*, 161, 103873. ISSN 1462-9011. DOI: <https://doi.org/10.1016/j.envsci.2024.103873>
2. BLAND, D. J., & OSTERWALDER, A. (2019). *Testing business ideas: A field guide for rapid experimentation*. Wiley.
3. COOLEY, T. (2021). *The pitch deck book: How to present your business and secure investors*. Independently published.
4. ENoLL. 2025. *Living Lab Origins, Developments and Future Perspectives*. DOI: <https://doi.org/10.5281/zenodo.14764597>
5. FUGLSANG, Lars, HANSEN, Anne V., MERGEL, Ines a RØHNEBÆK, Maria. 2021. Living labs for public sector innovation: An integrative literature review. *Administrative Sciences*, 11(2), 58. DOI: <https://doi.org/10.3390/admsci11020058>
6. HERTH, A., VERBURG, R. a BLOK, K. 2025. The Innovation Power of Living Labs to Enable Sustainability Transitions: Challenges and Opportunities of On-Campus Initiatives. *Creativity and Innovation Management*, 34(2), 427–442. DOI: <https://doi.org/10.1111/caim.12649>
7. KOTLER, P., KARTAJAYA, H., & SETIAWAN, I. (2021). *Marketing 5.0: Technology for humanity*. Wiley.
8. KOTLER, P., KARTAJAYA, H., & SETIAWAN, I. (2025). *Marketing 6.0: Budoucnost ve znamení zážitků*. Grada.
9. KOTLER, P., KARTAJAYA, H., & SETIAWAN, I. (2026). *Marketing 7.0: A guide for thinking marketers in the age of AI*. Wiley.
10. KÖNIG, W., SCHWARZ, L. a LÖBBE, S. 2025. Co-creating sustainability interventions in practice—coping with constitutive challenges of transdisciplinary collaboration in living labs. *Sustainability*, 17(16), 7197. DOI: <https://doi.org/10.3390/su17167197>
11. LEUNG, T. C. H., CHIU, W.-K., YOU, C. S.-X., & FONG, B. Y. F. (2023). *Environmental, social and governance and sustainable development in healthcare*. Springer Singapore. <https://doi.org/10.1007/978-981-99-1564-4>
12. RĂDULESCU, M. A., LEENDERTSE, W. a ARTS, J. 2022. Living Labs: A Creative and Collaborative Planning Approach. In: FRANKLIN, A., ed. *Co-Creativity and Engaged Scholarship*. Cham: Palgrave Macmillan. DOI: https://doi.org/10.1007/978-3-030-84248-2_15
13. SODHI, M. S., & TANG, C. S. (2012). *Managing supply chain risk*. Springer. <https://doi.org/10.1007/978-1-4614-3238-8>

Language of instruction:

Slovak

Notes:student time load:

120 hours including:

Combined study (P, S, K):

Teaching: 26 hours

Self-study: 24 hours

Project work and assignments: 70 hours

Course assessment

The final number of assessed students: 0

abs	n	p	v
0.0	0.0	0.0	0.0

Instructor: Ing. Lucia Dobrotová, PhD., Ing. Katarína Sýkorová, PhD., doc. Ing. Radoslav Kožiak, PhD., doc. Ing. Nikoleta Jakuš Muthová, PhD., doc. Ing. Mária Murray Svidroňová, PhD., doc. Ing. Denisa Malá, PhD.

Last changed: 05.05.2026**Approved by:** prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-utr-002		Course name: Regeneration and Massage				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 26 Method of study: combined						
Number of credits: 4						
Recommended semester/trimester: 1.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 373						
A	B	C	D	E	FX(0)	FX(1)
31.37	30.56	26.81	8.04	2.14	0.8	0.27
Instructor: PaedDr. Zuzana Pupišová, PhD., univ. doc., PhDr. Dávid Líška, PhD.						
Last changed: 16.02.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-utr-256	Course name: Representation 1
Type, extent and method of instruction: Form of instruction: Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2.	
Level: II.	
Prerequisites:	
Course completion conditions: 1. Participation in the Olympic Games, World Championships, European Championships, junior or senior category, participation in the World Universiade, participation in the Academic World Championships. 2. Placing up to 3rd place in the individual championship of the Slovak Republic (in the junior category). 3. Placing up to 6th place in the individual championship of the Slovak Republic (in the senior category). 4. Successful representation at the Academic Championships of the Slovak Republic, Slovak Universiade. 5. Participation in the team that plays the highest Slovak national competition. 6. Documented coaching activities in clubs at the representative level or in clubs that play the highest Slovak national competition. b) final assessment: For the awarding of the evaluation from the given subject it is necessary to bring documents (results list, diploma, coaching activity confirmed by the club's statutes...), which prove the successful representation of the student according to points 1 - 6, to PaedDr. Martina Mandzáková, PhD., (no. office 12). The student's name should be highlighted in the document. Deadline for submitting the documents: Continuously until the end of the teaching part of the winter semester of the academic year!	
Learning objectives:	
Brief outline of the course:	
Recommended literature:	
Language of instruction:	
Notes:student time load:	

Course assessment			
The final number of assessed students: 22			
abs	n	p	v
100.0	0.0	0.0	0.0
Instructor: PaedDr. Boris Beťák, PhD., PaedDr. Rastislav Kollár, PhD., PaedDr. Martina Mandzáková, PhD., univ. doc.			
Last changed: 09.01.2025			
Approved by: prof. PaedDr. Ivan Čillík, CSc.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-utr-257	Course name: Representation 2
Type, extent and method of instruction: Form of instruction: Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 4.	
Level: II.	
Prerequisites:	
Course completion conditions: 1. Participation in the Olympic Games, World Championships, European Championships, junior or senior category, participation in the World Universiade, participation in the Academic World Championships. 2. Placing up to 3rd place in the individual championship of the Slovak Republic (in the junior category). 3. Placing up to 6th place in the individual championship of the Slovak Republic (in the senior category). 4. Successful representation at the Academic Championships of the Slovak Republic, Slovak Universiade. 5. Participation in the team that plays the highest Slovak national competition. 6. Documented coaching activities in clubs at the representative level or in clubs that play the highest Slovak national competition. b) final assessment: For the awarding of the evaluation from the given subject it is necessary to bring documents (results list, diploma, coaching activity confirmed by the club's statutes...), which prove the successful representation of the student according to points 1 - 6, to PaedDr. Martina Mandzáková, PhD., (no. office 12). The student's name should be highlighted in the document. Deadline for submitting the documents: Continuously until the end of the teaching part of the winter semester of the academic year!	
Learning objectives:	
Brief outline of the course:	
Recommended literature:	
Language of instruction:	
Notes:student time load:	

Course assessment			
The final number of assessed students: 21			
abs	n	p	v
100.0	0.0	0.0	0.0
Instructor: PaedDr. Boris Beťák, PhD., PaedDr. Rastislav Kollár, PhD., PaedDr. Martina Mandzáková, PhD., univ. doc.			
Last changed: 09.01.2025			
Approved by: prof. PaedDr. Ivan Čillík, CSc.			

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Sports, Science and Health							
Code: 2d-MVE-221		Course name: Research methodology in education					
Type, extent and method of instruction: Form of instruction: Lecture Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 2.							
Level: II.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction:							
Notes:student time load:							
Course assessment The final number of assessed students: 907							
A	B	C	D	E	FX(0)	FX(1)	n
42.67	25.69	17.75	8.49	4.63	0.66	0.11	0.0
Instructor: prof. PhDr. Miriam Niklová, PhD.							
Last changed: 18.03.2026							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 12-RSOA	Course name: Rozvojová spolupráca a občianska angažovanosť
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 0 / 0 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: I., II.	
Prerequisites:	
Course completion conditions: a) continuous assessment: Project Proposal (SlovakAid Template): 0-80 points b) final assessment: Project Presentation: 0-20 points	
Learning objectives: Students: 1. understand the fundamental theoretical concepts and terminology related to development cooperation and international development, and understand their interrelationships and systemic connections; 2. are able to apply acquired knowledge when examining specific cases in the fields of development cooperation and international development, interpret findings, and draw relevant conclusions; 3. can critically assess the activities and roles of various actors in these fields, identify problematic aspects, and propose appropriate solutions or alternative approaches; 4. are capable of developing a development project proposal on a selected or assigned topic, applying theoretical knowledge, analytical skills, and the ability to design effective solutions to development challenges.	
Brief outline of the course: 1. Terminology, instruments and forms of development assistance implementation, motivations for providing aid, and the economic significance of international development cooperation 2. Introduction to development project management 3. Major development challenges in Africa, Asia, and Latin America 4. Development assistance providers (official donors and emerging donors), international organizations and institutions engaged in development cooperation, and the SDGs 5. The development policy of the European Union 6. The role of the non-governmental organisations and private sector in international development cooperation 7. Development cooperation of the Slovak Republic – historical overview, institutional framework, territorial and sectoral priorities, and key challenges of Slovak development policy 8. Analysis of selected development projects implemented under the SlovakAid 9. Development diplomacy and its practical implementation	

10. Aid for Trade, the Business Partnership Programme, and other development cooperation initiatives 11. Development project design and preparation 12. Presentations of development projects			
Recommended literature: ZHAO, J. (2023): International Development Cooperation: Theory, Practice, and Evaluation. ISBN 978-9811258879. HASLAM, P. A. – SCHAFER, J. – BEAUDET, P. (2021): Introduction to International Development: Approaches, Actors, Issues, and Practice, 4th Edition. ISBN 978-0199036431. DEVELTERE, P. – HUYSE, H. – VAN ONGEVALLE, J. (2021): International Development Cooperation Today: A Radical Shift Towards a Global Paradigm. ISBN 978-9462702615. POTTER, R. et al. (2018): Geographies of Development. An Introduction to Development Studies, 4th Edition. ISBN 978-1138794306. TODARO, M. P. – SMITH, S. C. (2020): Economic Development, 13th Edition. ISBN 978-1292291154. KINGSBURY, D. et al. (2016): International Development. Issues and Challenges, 3rd Edition. ISBN 978-1-137-42940-7. MINISTRY OF FOREIGN AND EUROPEAN AFFAIRS OF THE SLOVAK REPUBLIC (2025): Medium-Term Strategy for Development Cooperation of the Slovak Republic for 2025-2030. Official websites SlovakAid, OECD, United Nations, European Union and others.			
Language of instruction: Slovak, English			
Notes:student time load:			
Course assessment The final number of assessed students: 0			
abs	n	p	v
0.0	0.0	0.0	0.0
Instructor: doc. PhDr. Martina Bolečeková, PhD.			
Last changed: 18.06.2026			
Approved by: prof. PaedDr. Ivan Čillík, CSc.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-rus-230	Course name: Russian Language and for Beginners 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3.	
Level: II.	
Prerequisites:	
Course completion conditions: The student has the right to one resit. Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100 for completing the given requirements. The grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). a) continuous assessment: 1. Test: 25 p. 2. Test: 25 p.	
Learning objectives: The student can speak in Russian on the level A1–A2. They can answer the questions: Who is it? What is it? What is its name? What is your name? Where is it? (place adverbial) They can form negative sentences, decline, and conjugate. They can apply this knowledge to create their own professional CV. They can use the lexical units in accordance with the speech etiquette.	
Brief outline of the course: The course focuses on developing basic language skills on the A1–A2 level. Simple communication situations, reading and listening comprehension are trained. Specific attention is paid to speech etiquette, addressing, and greeting (Russian vs. Slovak).	
Recommended literature: 1. ARKADIEVA, E. V., GORBANEVSKAJA, G. V., KIRSANOVA, N. D. MARČUK, I. B. Kogda ne pomagajut slovari... časť 1. Moskva: Flinta, 2011, ISBN 978-5-89349-804-2 2. ARKADIEVA, E. V., GORBANEVSKAJA, G. V., KIRSANOVA, N. D. MARČUK, I. B. Kogda ne pomagajut slovari... časť 2. Moskva: Flinta, Nauka, 2011, ISBN 978-5-89349-938-4 3. BITECHINA, G. A. a kol.: 26 urokov po razvitiu reči. Moskva: Russkij jazyk, 1975 4. DEKANOVÁ, E., ONDREJČEKOVÁ, E.: Да! Ruština, Učebnica a cvičebnica. ENIGMA, 2008, ISBN 80-89132-30-8 5. KAPITANOVA, T. I. a kol.: Testy, testy, testy... Sankt-Peterburg: Zlatoust, 2010, ISBN 978-5-86547-406-7 6. KOVÁČIKOVÁ, T.: Ruština pre samoukov. Bratislava: Slovenské pedagogické nakladateľstvo, 2009, ISBN 978-80-10-01588 7. LIZOŇ, M.: Jazykové cvičenia pre 1. a 2.ročník, FF UMB, Banská Bystrica 8. NEKOLOVÁ, V., CAMUTALIOVÁ, I., VASILJEVOVÁ, A.: Ruština nejen pro samouky.	

Praha: Leda, 2006, ISBN 8085927969							
Language of instruction: Russian A1, Slovak C2							
Notes:student time load: 150 h. Combined study (S, C): 26 h. self-study: 50 h. studying for continuous test 1: 20 h. studying for continuous test 2: 25 h. studying for the final test: 25 h.							
Course assessment The final number of assessed students: 32							
A	B	C	D	E	FX(0)	FX(1)	n
96.88	0.0	0.0	0.0	0.0	3.13	0.0	0.0
Instructor: Mgr. Igor Cintula, PhD.							
Last changed: 21.09.2022							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-rus-231	Course name: Russian Language and for Beginners 2
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: II.	
Prerequisites:	
Course completion conditions: The student has the right to one resit. Credits are assigned to the student who acquires a minimum of 65 points out of a possible 100 for completing the given requirements. The grading scale: A (100–94%), B (93–87%), C (86–80%), D (79–73%), E (72–65%). a) continuous assessment: 1. Test: 25 p. 2. Test: 25 p. b) final assessment: Written exam: 50 p.	
Learning objectives: The student can speak in Russian on the A2 level. They can navigate the following topics: nationalities, states, languages, professions, housing. They understand and can retell and interpret simple texts. They know and use the correct grammatical categories and can identify stylistic differences among texts. They can translate simple texts on the selected topics.	
Brief outline of the course: The subject is aimed at mastering basic language skills at the A1-A2 level. Attention focuses on simple communication situations, understanding read and spoken text. He devotes a special place to the issue of speech etiquette, forms of address, greeting and farewell in Russian language in comparison with Slovak.	
Recommended literature: 1. ARKADIEVA, E. V., GORBANEVSKAJA, G. V., KIRSANOVA, N. D. MARČUK, I. B. Kogda ne pomagajut slovari... časť 1. Moskva: Flinta, 2011, ISBN 978-5-89349-804-2 2. ARKADIEVA, E. V., GORBANEVSKAJA, G. V., KIRSANOVA, N. D. MARČUK, I. B. Kogda ne pomagajut slovari... časť 2. Moskva: Flinta, Nauka, 2011, ISBN 978-5-89349-938-4 3. BITECHINA, G. A. a kol.: 26 urokov po razvitiu reči. Moskva: Russkij jazyk, 1975 4. DEKANOVÁ, E., ONDREJČEKOVÁ, E.: Да! Ruština, Učebnica a cvičebnica. ENIGMA, 2008, ISBN 80-89132-30-8 5. KAPITANOVA, T. I. a kol.: Testy, testy, testy... Sankt-Peterburg: Zlatoust, 2010, ISBN 978-5-86547-406-7 6. KOVÁČIKOVÁ, T.: Ruština pre samoukov. Bratislava: Slovenské pedagogické nakladateľstvo, 2009, ISBN 978-80-10-01588	

7. LIZOŇ, M.: Jazykové cvičenia pre 1. a 2.ročník, FF UMB, Banská Bystrica
 8. NEKOLOVÁ, V., CAMUTALIOVÁ, I., VASILJEVOVÁ, A.: Ruština nejen pro samouky.
 Praha: Leda, 2006, ISBN 8085927969

Language of instruction:

Russian A2, Slovak C2

Notes:student time load:

150 h. Combined study (S, C): 26 h. self-study: 50 h. studying for continuous test 1: 20 h.
 studying for continuous test 2: 25 h. studying for the final test: 25 h.

Course assessment

The final number of assessed students: 29

A	B	C	D	E	FX(0)	FX(1)	n
75.86	10.34	0.0	3.45	0.0	10.34	0.0	0.0

Instructor: Mgr. Igor Cintula, PhD.

Last changed: 21.09.2022

Approved by: prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Sports, Science and Health							
Code: 2d-SPM-101		Course name: School pedagogy and school management					
Type, extent and method of instruction: Form of instruction: Lecture / Practical Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 / 26 Method of study: combined							
Number of credits: 4							
Recommended semester/trimester: 2.							
Level: II.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction:							
Notes:student time load:							
Course assessment The final number of assessed students: 906							
A	B	C	D	E	FX(0)	FX(1)	n
14.79	30.91	29.03	17.99	4.86	0.77	1.66	0.0
Instructor: doc. PaedDr. Lenka Rovňanová, PhD.							
Last changed: 25.03.2026							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-utr-233		Course name: Snowboarding Exercises 2				
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1., 3.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 62						
A	B	C	D	E	FX(0)	FX(1)
46.77	35.48	8.06	0.0	0.0	9.68	0.0
Instructor: doc. PaedDr. Jiří Michal, PhD., PaedDr. Stanislava Straňavská, PhD.						
Last changed: 18.10.2023						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Sports, Science and Health							
Code: 2d-SPP-102		Course name: Social pathology and prevention					
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 / 13 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 1.							
Level: II.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction:							
Notes:student time load:							
Course assessment The final number of assessed students: 460							
A	B	C	D	E	FX(0)	FX(1)	n
29.57	30.0	17.61	10.87	9.57	1.3	1.09	0.0
Instructor: doc. PhDr. Mário Dulovics, PhD., prof. PhDr. Miriam Niklová, PhD.							
Last changed: 18.03.2026							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-sju-001	Course name: Spanish Language 2
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: II.	
Prerequisites:	
Course completion conditions: The maximum total number of points obtained for the interim and final assessment is 100. Credits will be awarded to a student who has earned at least 65 out of 100 points for fulfilling the specified requirements. a) continuous assessment: participation and activities in classes (0-20 points) b) final assessment: final exam (0-80 points)	
Learning objectives: At the end of the course, the student is able to give information about himself and his family, introduce his field of study and the school where he studies, talk about his habits, describe his room/apartment/house; he can communicate in the present tense, recognises the announcement and command modes; knows the principles of Spanish grammar at A1 level; understands basic vocabulary expressions and can use them in the right situation; can understand simple text on common topics, understand simple instructions and follow simple orientation instructions.	
Brief outline of the course: 1. Family, 2. Days of the week, months, 3. Everyday repetitive activities, 4. Reversible verbs in the present tense, 5. Imperative negative, 6. Description of the house/apartment and furnishings, 7. Eating habits in Spain and Slovakia, 8. Timing of irregular verbs in the present tense, 9. Leisure time	
Recommended literature: 1. CASTRO VIÚDEZ, F. et al. 2012. Español en marcha. Madrid: SGEL. 2012 2. CORPAS, J. et al. 2013. Aula internacional 1 Nueva edición. Barcelona: difusión.	
Language of instruction: Spanish A1	
Notes:student time load: 120 hours, of which: full-time study: 26 hours Exam preparation + written exam: 94 hours	

Course assessment							
The final number of assessed students: 41							
A	B	C	D	E	FX(0)	FX(1)	n
58.54	19.51	7.32	2.44	7.32	4.88	0.0	0.0
Instructor: Mgr. Eva Reichwalderová, PhD., univ. doc.							
Last changed: 14.09.2023							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica							
Faculty: Faculty of Sports, Science and Health							
Code: 2d-sj-001		Course name: Spanish language 1					
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined							
Number of credits: 3							
Recommended semester/trimester: 1., 3.							
Level: II.							
Prerequisites:							
Course completion conditions:							
Learning objectives:							
Brief outline of the course:							
Recommended literature:							
Language of instruction: slovak or another language (except spanish)							
Notes:student time load:							
Course assessment The final number of assessed students: 129							
A	B	C	D	E	FX(0)	FX(1)	n
30.23	29.46	19.38	10.08	5.43	3.88	1.55	0.0
Instructor: Mgr. Eva Reichwalderová, PhD., univ. doc.							
Last changed: 21.09.2023							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-utr-003		Course name: Sport Medicine				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 4						
Recommended semester/trimester: 1.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 256						
A	B	C	D	E	FX(0)	FX(1)
37.89	9.38	17.97	14.84	19.92	0.0	0.0
Instructor: prof. PaedDr. Martin Pupiš, PhD., MUDr. Lucia Zacharová, Mgr. Vladimír Franek, PhD.						
Last changed: 08.02.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-351		Course name: Sport Specialization 1 – Alpine Skiing				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: doc. PaedDr. Jiří Michal, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-tre-201	Course name: Sport Specialization 1 – Athletics
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1.	
Level: II.	
Prerequisites:	
Course completion conditions: Presentation of assigned topics, participation in organizing and deciding athletic competitions, active participation in the training process, passing a written and oral exam. a) continuous assessment: - presentation of assigned topics 0 - 20 points - active participation in 2 athletic races as organizer, referee 0 - 10 points - active participation in the training process 0 - 20 points b) final assessment: -written and oral exam 0 - 50 points and based on continuous evaluation. Students can correct the interim assessment on the dates listed by the teacher within the period for completing the study obligations.	
Learning objectives: A student 1. remembers the knowledge from the studied subject as a prerequisite for the analysis of technique, 2. uses the skills acquired in the training process, 3. is able to orientate himself in technical issues: analysis, particularities in age categories and performance levels. Eliminating errors in technique. 4. applies knowledge when evaluating current performance in athletics, 5. evaluates the technique and can immediately point out shortcomings, 6. is able to create a record of the technique of an athletic discipline, has a comprehensive view of the biomechanical laws of the technique of athletic disciplines and is able to apply them in the training process.	
Brief outline of the course: Technique of athletic disciplines with a focus on: analysis of technique, peculiarities of technique in individual age and performance levels, immediate evaluation of technique, elimination of technical deficiencies. The use of technical support when creating a record of an athletic discipline, analyzing the technique of athletic disciplines.	
Recommended literature: ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9 KAMPMILLER, T. a kol. 2000. Teória a didaktika atletiky II. Bratislava: FTVŠ UK. 96 s.	

Časopisecká literatúra z domácich, zahraničných zdrojov. www.atletikasvk.sk www.wa.org www.ea.or						
Language of instruction: slovak						
Notes:student time load: Total student workload: 90 hours, of which: full-time study: 26 hours preparation for presentations: 8 p.m. exam preparation: 24 hours active participation in the organization and decision-making of the race: 8 p.m.						
Course assessment The final number of assessed students: 17						
A	B	C	D	E	FX(0)	FX(1)
0.0	35.29	35.29	29.41	0.0	0.0	0.0
Instructor: prof. PaedDr. Ivan Čillík, CSc.						
Last changed: 16.09.2024						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-211		Course name: Sport Specialization 1 – Basketball				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 13						
A	B	C	D	E	FX(0)	FX(1)
30.77	7.69	15.38	46.15	0.0	0.0	0.0
Instructor: Mgr. Andrea Izáková, PhD.						
Last changed: 14.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-221		Course name: Sport Specialization 1 – Biathlon				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: Mgr. et Mgr. Jana Daubnerová, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-261		Course name: Sport Specialization 1 – Conditioning Coach				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 61						
A	B	C	D	E	FX(0)	FX(1)
93.44	3.28	0.0	1.64	0.0	1.64	0.0
Instructor: prof. PaedDr. Martin Pupiš, PhD., Mgr. David Brúnn, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-361		Course name: Sport Specialization 1 – Football				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: doc. PaedDr. Miroslav Nemec, PhD., PaedDr. Rastislav Kollár, PhD.						
Last changed: 08.07.2025						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-271		Course name: Sport Specialization 1 – Ice Hockey				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 31						
A	B	C	D	E	FX(0)	FX(1)
0.0	32.26	54.84	9.68	0.0	3.23	0.0
Instructor: PaedDr. Mgr. Lukáš Opáth, PhD., doc. PhDr. Peter Šťastný, Ph.D.						
Last changed: 14.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-231		Course name: Sport Specialization 1 – Judo				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 4						
A	B	C	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: prof. PaedDr. Pavol Bartík, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-241		Course name: Sport Specialization 1 – Karate				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 4						
A	B	C	D	E	FX(0)	FX(1)
50.0	0.0	25.0	25.0	0.0	0.0	0.0
Instructor: doc. Mgr. PhDr. Miroslav Sližik, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-251		Course name: Sport Specialization 1 – Kickbox				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-291		Course name: Sport Specialization 1 – Snowboarding				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: doc. PaedDr. Jiří Michal, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-301		Course name: Sport Specialization 1 – Sports Gymnastics				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: Mgr. Juraj Kremnický, PhD., univ. doc.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-tre-281	Course name: Sport Specialization 1 – Swimming
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1.	
Level: II.	
Prerequisites:	
Course completion conditions: The prerequisite is to present 2 presentations during the semester according to the assigned topics. Participate actively in 2 competitions in the specialization as an organizer, judge. Pass a written and an oral exam in the period for completion of the study obligations. a) continuous assessment: - presentation in two classes: 20 points - active participation in competitions as a referee or coach (min. 2 competitions): 20 points - written examination: 20 points b) final assessment: On the basis of a continuous assessment (60 points) and an oral examination (40 points) The maximum number of points obtained for the interim and final assessment is 100 points, which is 100%. This corresponds to the grading scale (A = 100-94%, B = 93-87%, C = 86-80%, D = 79-73%, E = 72-65%, Fx = 64% or less). Credit will be awarded to a student who has earned at least 65% of the total points in the course for meeting the specified requirements.	
Learning objectives: Learning Outcome: Student: - remembers the knowledge of technique and biomechanics of swimming techniques, can analyze and methodologically describe them, - can use the knowledge gained from the training process, - is able to orientate himself/herself in the problems of the training process and training unit construction, - is able to apply the knowledge in the training process and reflect on the current state of performance, - knows how to evaluate deficiencies in technique and knows how to correct them, - knows how to create a scheme of testing and diagnostics, knows its meaning and benefits.	
Brief outline of the course:	
Recommended literature:	
Language of instruction:	
Notes:student time load:	

Course assessment						
The final number of assessed students: 10						
A	B	C	D	E	FX(0)	FX(1)
30.0	0.0	50.0	20.0	0.0	0.0	0.0
Instructor: PaedDr. Zuzana Pupišová, PhD., univ. doc.						
Last changed: 11.09.2024						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-311		Course name: Sport Specialization 1 – Taekwondo				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-321		Course name: Sport Specialization 1 – Volleyball				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 2						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	100.0	0.0	0.0
Instructor: Mgr. Jaroslav Popelka, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-331		Course name: Sport Specialization 1 – Weightlifting				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-341		Course name: Sport Specialization 1 – Wrestling				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 1.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: prof. PaedDr. Pavol Bartík, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-352		Course name: Sport Specialization 2 – Alpine Skiing				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 3.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: doc. PaedDr. Jiří Michal, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-tre-202	Course name: Sport Specialization 2 – Athletics
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 3.	
Level: II.	
Prerequisites:	
Course completion conditions: Presentation of assigned topics, participation in organizing and deciding athletic competitions, active participation in the training process, passing a written and oral exam. a) continuous assessment: - presentation of assigned topics 0 - 20 points - active participation in 2 athletic races as organizer, referee 0 - 10 points - active participation in the training process 0 - 20 points b) final assessment: - written and oral exam 0 - 50 points and based on continuous assessment. Students can correct the interim assessment on the dates listed by the teacher within the period for completing the study obligations.	
Learning objectives: A student 1. remembers knowledge from the issue of sports training and knows how to apply it in practice, 2. uses the skills acquired in the training process, 3. is able to orient himself in athletic training and in the training of individual athletic disciplines at all performance levels, 4. applies knowledge when evaluating current performance in athletics, 5. evaluates the training, its structure, content, methods, forms and training means, 6. creates a comprehensive view of the issue of sports training in athletics. He masters the issue of research work in sports specialization. He can apply his knowledge in practical training activities.	
Brief outline of the course: Sports training in athletics: management of training in all athletic disciplines. Management of training in all performance levels: recreational sport, performance sport, elite sport. Research work in athletics: content, methodology, results, application of knowledge in practice. Current questions from the athletic movement.	
Recommended literature: ČILLÍK, I. 2003. Učebné osnovy športovej prípravy v atletike. Bratislava: MŠ SR. 170 s. ISBN 80-88992-51-6 ČILLÍK, I. 2004. Športová príprava v atletike. Banská Bystrica FHV UMB. 128 s. ISBN 80-8055-992-9	

ČILLÍK, I. a kol. 2018. Detská atletika I. Bratislava: Slovenský atletický zväz. 100 s. ISBN 978-80-8141-247-9

ČILLÍK, I. a kol. 2020. Atletika. Banská Bystrica: Slovenský atletický zväz. 247 s. ISBN 978-80-8141-247-9

DOVALIL, J. a kol. 2009. Výkon a tréning ve sportu. Praha: Olympia. 336 s. ISBN 978-80-7376-130-1

KAMPMILLER, T. a kol. 2000. Teória a didaktika atletiky II. Bratislava: FTVŠ UK. 96 s.

KAMPMILLER, T. a kol. 2012. Teória športu a didaktika športového tréningu. Bratislava: ICM Agency. 353 s. ISBN 978-80-89257-48-5

LACZO, E. 2006. Prekážkové šprinty. Bratislava: IGM Agency. 140 s. ISBN 80-969268-9-6

MILLEROVÁ, V. a kol. 2001. Běhy na krátké tratě. Praha: Olympia. 288 s. ISBN 80-7033-570-X

PERIČ, T. 2008. Sportovní příprava dětí. Praha: Grada. 192 s. ISBN 978-80-247-2643-4

PERIČ, T. 2006. Výběr sportovních talentu. Praha: Grada. 100 s. ISBN 80-247-1827-8

PUPIŠ, M. 2018. Atletická chôdza : učebné texty pre trénerskú špecializáciu atletika a školenia trénerov atletiky. 1. vyd. Bratislava : Slovenský atletický zväz, 2018. 74 s. ISBN 978-80-8141-170-0.

ŠIMON, J. a kol. 2004. Atletické vrhy a hody. Praha: Olympia. 236 s. SBN 80-7033-815-6

VELEBIL, V. a kol. 2002. Skoky. Praha: Olympia. 120 s.

Časopisecká literatúra z domácich, zahraničných zdrojov.
www.atletikasvk.sk
www.wa.org
www.ea.org

Language of instruction:

slovak

Notes:student time load:

Total student workload: 90 hours, of which:

full-time study: 26 hours

preparation for presentations: 8 p.m.

exam preparation: 24 hours

active participation in the organization and decision-making of the race: 8 p.m.

Course assessment

The final number of assessed students: 11

A	B	C	D	E	FX(0)	FX(1)
18.18	54.55	0.0	0.0	27.27	0.0	0.0

Instructor: prof. PaedDr. Ivan Čillík, CSc.

Last changed: 16.09.2024

Approved by: prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-212		Course name: Sport Specialization 2 – Basketball				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 3.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 10						
A	B	C	D	E	FX(0)	FX(1)
30.0	30.0	20.0	20.0	0.0	0.0	0.0
Instructor: Mgr. Andrea Izáková, PhD.						
Last changed: 14.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-222		Course name: Sport Specialization 2 – Biathlon				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 3.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: Mgr. et Mgr. Jana Daubnerová, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-262		Course name: Sport Specialization 2 – Conditioning Coach				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 3.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 40						
A	B	C	D	E	FX(0)	FX(1)
22.5	32.5	20.0	20.0	5.0	0.0	0.0
Instructor: prof. PaedDr. Martin Pupiš, PhD., Mgr. David Brúnn, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-362		Course name: Sport Specialization 2 – Football				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 3.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: doc. PaedDr. Miroslav Nemec, PhD., PaedDr. Rastislav Kollár, PhD.						
Last changed: 07.07.2025						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-272		Course name: Sport Specialization 2 – Ice Hockey				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 3.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 23						
A	B	C	D	E	FX(0)	FX(1)
8.7	21.74	47.83	21.74	0.0	0.0	0.0
Instructor: PaedDr. Mgr. Lukáš Opáth, PhD., doc. PhDr. Peter Šťastný, Ph.D.						
Last changed: 14.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-232		Course name: Sport Specialization 2 – Judo				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 3.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 2						
A	B	C	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: prof. PaedDr. Pavol Bartík, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-242		Course name: Sport Specialization 2 – Karate				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 3.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 2						
A	B	C	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: doc. Mgr. PhDr. Miroslav Sližik, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-252		Course name: Sport Specialization 2 – Kickbox				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 3.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-292		Course name: Sport Specialization 2 – Snowboarding				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 3.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: doc. PaedDr. Jiří Michal, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-302		Course name: Sport Specialization 2 – Sports Gymnastics				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 3.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: Mgr. Juraj Kremnický, PhD., univ. doc.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-tre-282	Course name: Sport Specialization 2 – Swimming
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 3.	
Level: II.	
Prerequisites:	
Course completion conditions: The prerequisite for passing the course is to present 2 presentations during the semester according to the assigned topics. Actively participate in 2 competitions as an organizer, co-organizer, judge or coach. Pass a written and oral examination in the period for completion of the course requirements. a) continuous assessment: - active presentation of seminar papers (10 points) - active participation in the competition (referee, organizer, coach): (10 points) - written test (30 points) - active participation (10 points) b) final assessment: On the basis of a continuous assessment (60 points) and an oral examination (40 points) The maximum number of points obtained for the interim and final assessment is 100 points, which is 100%. This corresponds to the grading scale (A = 100-94%, B = 93-87%, C = 86-80%, D = 79-73%, E = 72-65%, Fx = 64% or less). Credit will be awarded to a student who has earned at least 65% of the total points in the course for meeting the specified requirements.	
Learning objectives: Student controls: - theoretical knowledge of the organization of swimming competitions, - knows the possibilities of increasing performance by developing movement skills, - knows the methods of diagnostics and their importance, - knows how to apply training in alpine environment, - knows the knowledge of adaptation in hypoxic environment, - knows the importance and focus of training load in the period of tuning sports performance.	
Brief outline of the course: Organization of swimming competitions, sports training in swimming, possibilities of increasing performance by developing movement abilities, methods of diagnosis and their importance, training in alpine environment, adaptation in hypoxic environment, time shift, competitions in indoor pool and in open pool, focus of training load in the period of tuning of sports performance.	
Recommended literature:	

Language of instruction:						
Notes:student time load:						
Course assessment						
The final number of assessed students: 7						
A	B	C	D	E	FX(0)	FX(1)
57.14	0.0	0.0	0.0	42.86	0.0	0.0
Instructor: PaedDr. Zuzana Pupišová, PhD., univ. doc.						
Last changed: 11.09.2024						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-312		Course name: Sport Specialization 2 – Taekwondo				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 3.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-322		Course name: Sport Specialization 2 – Volleyball				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 3.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 1						
A	B	C	D	E	FX(0)	FX(1)
100.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: Mgr. Jaroslav Popelka, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-332		Course name: Sport Specialization 2 – Weightlifting				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 3.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: prof. PaedDr. Pavol Bartík, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-tre-342		Course name: Sport Specialization 2 – Wrestling				
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 13 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 3.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 0						
A	B	C	D	E	FX(0)	FX(1)
0.0	0.0	0.0	0.0	0.0	0.0	0.0
Instructor: prof. PaedDr. Pavol Bartík, PhD.						
Last changed: 13.01.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-tre-004	Course name: Sports Research
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 3.	
Level: II.	
Prerequisites:	
Course completion conditions: The condition for the evaluation of the course is mandatory, active participation of the student in the class and consultation with the supervisor of the final thesis. The outcome of the course is the submission and presentation of the thesis project during the teaching part of the semester to the course instructor and the submission of the project to the thesis supervisor at the end of the teaching part of the semester. The student must master the specified requirements for the final course grade.	
a) continuous assessment: - Partial part of the final thesis project evaluated by the subject teacher: max 40 points, min 26 points, - Partial part of the final thesis project assessed by the supervisor: max 60 points, min 39 points. Both parts of the interim assessment can be corrected by the student in case of an insufficient assessment (FX) within the period for completion of the study obligations within the deadlines set by the course teacher and the supervisor of the thesis.	
b) final assessment: - on the basis of a mid-term evaluation. The maximum number of points obtained for the mid-term and final evaluation is 100 points, which is 100 %. This corresponds to the grading scale (A = 100-94 %, B = 93-87 %, C = 86-80 %, D = 79-73 %, E = 72-65 %, FX = 64 % or less). Credit will be awarded to a student who has achieved a minimum of 65 % marks in both interim assessment tasks in order to fulfil the specified requirements and thus meet the requirements for the final assessment of the course. The award of credits is also subject to the minimum attendance criterion set by the course instructor (applies only to students without an individual study plan).	
Learning objectives: Student: - remembers and masters the knowledge of the issues of preparation and implementation of the final thesis, - knows how to apply the knowledge in a specific thesis, - is able to orientate himself/herself in the issues of different types of professional, qualification and scientific theses,	

- is able to understand the interrelationships of knowledge from individual disciplines of higher education,
- is able to apply the knowledge acquired in the course to specific procedures in his/her own final thesis,
- can correctly use methods, interpret results and formulate conclusions,
- can create a specific thesis project in sport, which can be the basis for his/her master thesis.
- can analyze the problem to be solved into logically and systematically separated and interrelated structural parts of the thesis,
- is able to continue his/her education in the subject and is able to be independent and autonomous.

Brief outline of the course:

- Types of professional, qualifying and scientific papers.
- Preparation and implementation of scientific work.
- Timetable of the final thesis development
- Specific features of final theses in sport.
- Working with sources, list of bibliographic references.
- Individual parts of the thesis.
- Methods of data acquisition.
- Methods of data evaluation (e.g. statistical analysis, basics of inferential data analysis, statistical hypothesis testing, parametric and non-parametric statistical tests, validation of normality of data distribution. Interpretation of results, formulation of conclusions, etc.)
- Assessment of written final papers.
- Ethical issues related to scientific work.
- Communication skills in presentation.
- Organisation of a scientific event.
- Shortcomings in conducting research and writing scientific papers.

Recommended literature:

1. Časopisecká odborná a vedecká literatúra z domácich, zahraničných printových aj online literárnych zdrojov, ktoré vychádzajú zo záverečných prác.
2. HENDL, J. 2009. Přehled statistických metod : analýza a metaanalýza dat. Praha : Portál, 2009. 736 s. ISBN 978-80-7367-482-3.
3. KIMLIČKA, Š. 2002. Ako citovať a vytvárať zoznamy bibliografických odkazov podľa noriem ISO 690 pre „klasické“ a elektronické zdroje. Bratislava : STIMUL, 2002. 82 s. ISBN 80-88982-57-X.
4. KOMPÁN, J. a kol. 2010. Vedy o športe. Pedagogická fakulta, Univerzita J. E. Purkyně v Ústí nad Labem : PrintActive s.r.o. Ústí nad Labem, 2010. 166 s. ISBN 9788074142741
5. MEŠKO, D. – KATUŠČÁK, D. a kol. 2004. Akademická príručka. Martin : Osveta. 2004. 317 s.
6. PIVOVARNIČEK, P. 2021 Štatistické vyhodnocovacie metódy vo vedách o športe pomocou softvéru SPSS. Bratislava : VEDA, 2021. 225 s. ISBN 978-80-200-3295-9
7. SMERNICA č.12/2011 o záverečných, rigorózných a habilitačných prácach na UMB v Banskej Bystrici a jej dodatky
8. ŠVAŘÍČEK, R. – ŠEĐOVÁ, K. 2007. Kvalitativní výskum v pedagogických vědách. Praha : Portál, 2007. 384 s. ISBN 9788026206446
9. ŠVEC, Š. a kol. 1998. Metodológia vied o výchove. Bratislava : IRIS, 1998. 300s. ISBN 8088778735

Language of instruction:

slovak

Notes:student time load:

90 hours, of which:

combined study: 39 hours

preparation of the final thesis project: 36 hours

mandatory contact consultations with the supervisor: min. 15 hours.

Course assessment

The final number of assessed students: 98

A	B	C	D	E	FX(0)	FX(1)
7.14	17.35	25.51	26.53	20.41	3.06	0.0

Instructor: prof. PaedDr. Martin Pupiš, PhD., Mgr. Vladimír Franek, PhD., doc. PaedDr. Štefan Adamčák, PhD., prof. PaedDr. Pavol Bartík, PhD., PaedDr. Boris Beťák, PhD., Mgr. David Brúnn, PhD., prof. PaedDr. Ivan Čillík, CSc., Mgr. et Mgr. Jana Daubnerová, PhD., Mgr. Andrea Izáková, PhD., PaedDr. Rastislav Kollár, PhD., PaedDr. Jaroslav Kompán, PhD., Mgr. Juraj Kremnický, PhD., univ. doc., PaedDr. Martina Mandzáková, PhD., univ. doc., doc. PaedDr. Jiří Michal, PhD., doc. PaedDr. Miroslav Nemec, PhD., PaedDr. Mgr. Lukáš Opáth, PhD., Mgr. Jaroslav Popelka, PhD., PaedDr. Zuzana Pupišová, PhD., univ. doc., Mgr. Miroslava Rošková, PhD., doc. Mgr. PhDr. Miroslav Sližik, PhD., Mgr. Michaela Slováková, PhD., PaedDr. Stanislava Straňavská, PhD., Mgr. Jozef Sýkora, PhD.

Last changed: 10.09.2024

Approved by: prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-utr-008	Course name: Sports terminology for advanced in English
Type, extent and method of instruction: Form of instruction: Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 2.	
Level: II.	
Prerequisites:	
Course completion conditions: The condition for the evaluation of the course is mandatory, active participation of the student in the class. For the final assessment of the course, the student must master the practical and theoretical requirements. a) continuous assessment: - individual completion of assigned tasks and their presentation: 40 points b) final assessment: - preparation of a professional text in Ai on a given topic: 60 points The maximum number of points obtained for the interim and final assessment is 40 points, which represents 100%. It corresponds to the grading scale (A = 100 - 94%, B = 93 - 87%, C = 86 - 80%, D = 79 - 73%, E = 72 - 65%, Fx = 64 and less). Credits are awarded to a student who has obtained at least 65% of all points in the subject for fulfilling the specified conditions.	
Learning objectives: Student: - understands and can produce a professional text containing professional sports terminology in English, - can discuss in English topics in the field of sport science, - can analyse a professional text containing sport terminology in the field of sport sciences.	
Brief outline of the course: Professional terminology in Slovak and English in the field of sports sciences. Sports terminology: body parts, movement skills, exercise physiology, sports nutrition, regeneration in sports, locomotor and non-locomotor movement skills, gymnastic terminology, terminology in individual sports disciplines, sports diplomacy.	
Recommended literature: 1. BUCKOVÁ, M. 2011. Interkultúrna komunikácia v oblasti športu. Terminológia (Zimné Olympijské Hry). [online]. Prešov: Prešovská univerzita v Prešove, 2011. 169 s. ISBN 978-80-555-0414-8. Dostupné na: https://www.pulib.sk/web/kniznica/elpub/dokument/Buckova1 2. JANČOKOVÁ, Ľ. 2018. Fyziológia vo vedách o športe v pojmoch. Žilina: IPV, 2018. 190 s. ISBN 978-80-89902-12-5. 3. KANDRÁČ, R. 2017. Anglicko-slovenský slovník vied o športe. 1. vyd. Prešov: Filozofická fakulta a Fakulta športu PU, 2017. 242 s. ISBN 978-80-555-1784-1.	

4. KANDRÁČ, R., 2013. Slovensko-anglický slovník vied o športe. 1. vyd. Prešov: FŠ PU, 2013. 155 s. ISBN 978-80-555-0922-8.
5. MAČURA, P. a kol., 2013. English for Slovak Sports Experts. 1. vyd. Bratislava: FTVŠ UK, 2013. 420 s. ISBN 978-80-223- 3493-8.

Language of instruction:

Slovak, English

Notes:student time load:

120 hrs., of which:

combined study: 26 hrs.

individual improvement English: 44 hrs.

preparation for the fulfillment of individual tasks and their consequences: 20 hrs.

preparation of a professional text in English: 30 hrs.

Course assessment

The final number of assessed students: 89

A	B	C	D	E	FX(0)	FX(1)
40.45	17.98	23.6	4.49	10.11	1.12	2.25

Instructor: Mgr. Marián Škorik, PhD.

Last changed: 11.06.2025

Approved by: prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-tre-007	Course name: State Exam Master Thesis with Defence
Type, extent and method of instruction: Form of instruction: Course type: A (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined	
Number of credits: 20	
Recommended semester/trimester: 3., 4..	
Level: II.	
Prerequisites:	
Course completion conditions: The state examination consists of two parts: 1. Defence of the master's thesis. The master's thesis supervisor and opponent will write an assessment of the thesis and propose an evaluation. The state examination committee comprehensively evaluates the quality of the master's thesis based on the assessments and student's defence of the thesis. 2. The independent part of the state examination from the Theory and Didactics of Physical Education. (The course has a separate information list with specified requirements for the state examination.) The exam is based on an oral discussion, questions formulated to encompass a more broadly conceived problem related to the master's thesis. The solution to this problem requires that the student have the necessary knowledge listed in the theses for the state examination. These are based on the socio-scientific, psychological-pedagogical and subject-didactic context of the physical education pedagogy field. The conditions for receiving the A to E, or FX assessment from the committee, after taking the content of the state examination into account, are specified in the theses for the state examination. a) continuous assessment: None b) final assessment: The state examination consists of two parts: 1. Defence of the master's thesis. The master's thesis supervisor and opponent will write an assessment of the thesis and propose an evaluation. The state examination committee comprehensively evaluates the quality of the master's thesis based on the assessments and student's defence of the thesis. 2. The independent part of the state examination from the Theory and Didactics of Physical Education. (The course has a separate information list with specified requirements for the state examination.) The exam is based on an oral discussion, questions formulated to encompass a more broadly conceived problem related to the master's thesis. The solution to this problem requires that the student have the necessary knowledge listed in the theses for the state examination. These are based on the socio-scientific, psychological-pedagogical and subject-didactic context of the physical education pedagogy field. The conditions for receiving the A to E, or FX assessment from the committee, after taking the content of the state examination into account, are specified in the theses for the state examination.	

Learning objectives:

y passing the state examination and defending the master's thesis students will be able:

- To gain bearings in knowledge related to the problem addressed in the master's thesis and broader relations of the given subject matter.
- To understand the contexts of the problem at hand, formulate preliminary conclusions from the master's thesis and clear recommendations for practice.
- To understand the mutual relations between various knowledge from individual disciplines of university studies.
- To utilise relevant specialized sources and from these identify important notions for the context of the thesis.
- To utilise theoretical knowledge of the subject matter in practical diagnostic and didactic applications.
- To utilise basic pedagogical, psychological and social relations to explain the problem at hand.
- To apply principles of bibliographic and citation standards.
- To analyse the problem at hand in the logical, systematically selected and mutually interconnected structural parts of the thesis
- To design and verify teaching methods and education programs to solve the problem addressed in the master's thesis, or design and carry out research and interpret the results.
- To critically work with the theoretical background of the problem at hand, synthesise it in the given context and use it in specialised communication while reasoning and defending their own views on the problem at hand.
- To create a consistent specialised, theoretical-didactic or theoretical-experimental text containing the creative utilisation of relevant specialised sources, their own unique thoughts and possible solutions to the problem at hand from the field of physical and sports education didactics in schools.

Brief outline of the course:

Specialised knowledge of the problem addressed in the master's thesis, of its international, social, broader psychological-pedagogical context. Didactic transformation of chosen theoretical knowledge in the given specialisation. Research methodology of the problem at hand. Integration of knowledge from the individual disciplines of university studies and the broader relations of the qualification course's theoretical background, according to the theses for the state examination. Integration of education and practical theory on the example of the issue addressed in the master's thesis. Specialized communication and reasoning. Work with literature, bibliographic and citation standards.

Recommended literature:

Literatúra k problematike diplomovej práce podľa odporúčania vedúceho diplomovej práce.
KIMLIČKA, Š. 2002. Ako citovať a vytvárať zoznamy bibliografických odkazov podľa noriem ISO 690 pre „klasické“ a elektronické zdroje. Bratislava : STIMUL, 2002.
MEŠKO, D. – KATUŠČÁK, D. 2005. Akademická príručka. 2. dopl. vydanie. Martin : Osveta, 2005.
Smernica č.12/2011 o záverečných, rigorózných a habilitačných prácach na UMB v Banskej Bystrici.
ŠVARÍČEK, R. – ŠEĐOVÁ, K. 2007. Kvalitativní výskum v pedagogických vědách. Praha: Portál, 2007.
ŠVEC, Š. a kol. 1998. Metodológia vied o výchove. Bratislava : IRIS 1998.
ADAMČÁK, Š. – NEMEC, M. 2010. Pohybové hry a školská telesná a športová výchova. Banská Bystrica: Univerzita Mateja Bela, Fakulta humanitných vied, Bratia Sabovci s.r.o., 2010, 241 s.

ADAMČÁK, Š. – NOVOTNÁ, N. 2009. Hry v telocvični a základná gymnastika. Žilina: EDIS Žilina, 2009, 204 s.

ANTALA a kol. 2001. Didaktika školskej telesnej výchovy. Bratislava: FTVŠ UK, 2001.

BARTÍK, P. – SLIŽIK, M. – ADAMČÁK, Š. et.al 2010. Teória a didaktika úpolov pre základné a stredné školy. Banská Bystrica: FHV UMB, 2010, 241s.

BARTÍK, P. – SLIŽIK, M. – REGULI, Z. 2007. Teória a didaktika úpolov a bojových umení. Banská Bystrica : PF UMB, 2007, 279s.

BARTÍK, P. 2005. Zdravotná telesná výchova I. Banská Bystrica: PF UMB, 2005, 124 s.

BENCE, M. a kol. 2005. Plávanie. Banská Bystrica : FHV UMB, 2005, 197 s.

ČILLÍK, I. a kol. 2009. Atletika. Banská Bystrica: FHV UMB, 2009, 200 s.

GREXA, J. et.al. 2006. Olympijská výchova. Bratislava, SOV, 2006, 86 s.

GURSKÝ, T. 2005. Psychológia športu. Bratislava : SZTK, 2005.

HRČKA, J.:2005. Edukológia športu pre všetkých. In.: Základy športovej edukológie. Bratislava: 2005.

KACÁNI, L. 2005. Teória a prax hernej prípravy. Bratislava : Šport, 2005. 228 s.

KOMPÁN, J. - PAUGSCHOVÁ, B. - VALENČÁKOVÁ, V. 2010. Vedy o športe. Banská Bystrica : FHV UMB, 2010. 162s.

MAČURA, P a kol. 1994. Teória a didaktika basketbalu. Bratislava : FTVŠ UK, 1994

MERICA, M. 2007. Plávanie. Trnava : MTF STU, 2007, 137 s.

MICHAL, J. 2001. Teória a didaktika lyžovania. Banská Bystrica : UMB PF, 2001. 94s.

MICHAL, J. 2010. Snowboarding. Študijný materiál pre učiteľov I. kvalifikačného stupňa. Banská Bystrica: SAS, 2010. 56 s.

NEMEC, M. et. al. 2008. Tréner futbalu – učebné texty pre trénerov EURO B licencie. Banská Bystrica: KŠC, SsFZ TMK vo vydavateľstve PARTNER, 2008. 199 s.

NEMEC, M.- KOLLÁR, R. Teória a didaktika futbalu. Banská Bystrica: Rastislav Kollár, 2009. 200s.

NOVOTNÁ, B. – KRŠKA, P. 2011. Gymnastika. Ružomberok: KU, PF, 2011, 115 s.

PAUGSCOVÁ, B. a kol. 2005. Lyžovanie. Banská Bystrica: FHV UMB, 2005.

PERÁČEK, P. a kol. 2004. Teória a didaktika športových hier. Bratislava : FTVŠ UK, 2004. 187s.

PEREČINSKÁ,K. - ANTOŠOVSKÁ, M. 2000.Všeobecná gymnastika. Prešov: FHPV PU, 2000. 105 s.

PŘIDAL, V. - ZAPLETALOVÁ, L. 2003. Volejbal. Bratislava : PEEM, 2003. 180 s.

SLEPIČKA, P. – HOŠEK, V. – HÁTLOVÁ, B. 2006. Psychologie sportu. Praha: Karolinum, 2006. ISBN 80-246 1290-9

STARŠÍ, J. - GORNER, K. 1995. Vedeckovýskumná činnosť v telesnej výchove a športe. Banská Bystrica : FHV UMB, 1995.84s.

ŠIMONEK, J. 2005. Didaktika telesnej výchovy. Nitra: PF UKF, 2005. 112 s.

ŠVEC, Š. 1998. Metodológia vied o výchove. Bratislava : 1998, 303 s. Univerzita Komenského, 2000. ISBN 80 – 88901 – 37 -5, str. 36 – 55.

ZAPLETALOVÁ, L. a kol. 2007. Volejbal. Bratislava : FTVŠ UK, 2007.158 s.

ZATKOVÁ, V. - HIANIK,J. 2006. Hádzaná. Bratislava : FTVŠ UK, 2006.

Language of instruction:

Notes:student time load:

Student workload: 600 hrs., consisting of:

Consultations: 20 hrs.

Independent study: 250 hrs.

Processing research and writing the master's thesis: 290 hrs.

Preparation for the state examination: 40 hrs.						
Course assessment						
The final number of assessed students: 65						
A	B	C	D	E	FX(0)	FX(1)
29.23	21.54	20.0	21.54	7.69	0.0	0.0
Instructor:						
Last changed: 21.02.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-utr-250	Course name: Student scientific activity 1
Type, extent and method of instruction: Form of instruction: Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2.	
Level: II.	
Prerequisites:	
Course completion conditions: A condition of the course assessment is the active participation of the student in the SSCC. During the semester, the student continuously works on his/her research project or on the creation of a movement composition. The outcome of the course is the submission and handing in of the project of the scientific thesis or the idea sheet of the movement composition and the active performance at the all-faculty SVUK on the specified date in the summer semester. The student must master the specified requirements for the final course grade. b) final assessment: - on the basis of active participation in the faculty-wide SACS (graduated).	
Learning objectives: Theoretical section - remembers and masters the knowledge of the issues of preparation and implementation of scientific work, - can apply the knowledge in specific scientific work. - is able to orientate himself/herself in the problems of different types of professional and scientific work, - is able to understand the interrelationships of knowledge from individual disciplines of higher education, - is able to apply the knowledge acquired in the subjects to specific procedures in his/her own scientific work. - can correctly use methods, interpret results and formulate conclusions, - can create a specific scientific work in sport, which can be the basis for his/her final thesis. - can analyse a solved problem into logically and systematically separated and interconnected structural parts of a scientific thesis. - is able to continue his/her education in the subject and can be independent and autonomous. Movement tracks - Can perform an overall harmonisation of movement and music - knows how to apply appropriate content means in relation to the subject and the maturity of the practitioners, technical demonstration - can interpret the musical subject in rhythmic, tempo and dynamic structure, uniformity of performance, interplay in plan and space.	

- can use variety, gradations, logical sequence of exercises, development and variations of supporting movement motifs,
- knows how to incorporate appropriate elements with the application of compositional articulation, application of contrast and variety of variations of movement motifs
- can create and perform a complete movement composition with an original theme.

Brief outline of the course:

Theoretical section

- Preparation and implementation of scientific work.
- Timetable of thesis development.
- The peculiarities of scientific work in sport.
- Work with sources, list of bibliographic references - Individual parts of the scientific work.
- Methods of data acquisition.
- Methods of evaluation.
- Interpretation of results, formulation of conclusions, etc.
- Ethical issues related to scientific work.
- Communication skills in presentation.
- Shortcomings in conducting research and writing scientific papers.

Movement tracks

- Preparation of the theme of a movement composition.
- selection of a musical theme
- choreography
- technical mastery of individual movement elements and their variations
- application of spatial changes
- use of appropriate expressive elements and means

Recommended literature:

1. Časopisecká odborná a vedecká literatúra z domácich, zahraničných printových aj online literárnych zdrojov, ktoré vychádzajú zo záverečných prác.
2. HENDL, J. 2009. Přehled statistických metod : analýza a metaanalýza dat. Praha : Portál, 2009. 736 s. ISBN 978-80-7367-482-3.
3. KIMLIČKA, Š. 2002. Ako citovať a vytvárať zoznamy bibliografických odkazov podľa noriem ISO 690 pre „klasické“ a elektronické zdroje. Bratislava : STIMUL, 2002. 82 s. ISBN 80-88982-57-X.
4. KOMPÁN, J. a kol. 2010. Vedy o športe. Pedagogická fakulta, Univerzita J. E. Purkyně v Ústí nad Labem: PrintActive s.r.o. Ústí nad Labem, 2010. 166 s. ISBN 9788074142741
5. MEŠKO, D. – KATUŠČÁK, D. a kol. 2004. Akademická príručka. Martin : Osveta. 2004. 317 s.
6. PIVOVARNIČEK, P. 2021 Štatistické vyhodnocovacie metódy vo vedách o športe pomocou softvéru SPSS. Bratislava: VEDA, 2021. 225 s. ISBN 978-80-200-3295-9
7. SMERNICA č.12/2011 o záverečných, rigorózných a habilitačných prácach na UMB v Banskej Bystrici a jej dodatky
8. ŠVARÍČEK, R. – ŠEĐOVÁ, K. 2007. Kvalitativní výskum v pedagogických vědách. Praha : Portál, 2007. 384 s. ISBN 9788026206446
9. ŠVEC, Š. a kol. 1998. Metodológia vied o výchove. Bratislava : IRIS, 1998. 300s. ISBN 8088778735
10. HALMOVÁ, N.- PALOVIČOVÁ, J.-ŠIMONEKOVÁ, H.-TRUNEČKOVÁ, E. 2002. Rytmická gymnastika a tance II. časť. Nitra: PF UKF, 2002, 156 s. ISBN: 80- 8050- 560- 8.
11. NOVOTNÁ, N.- VLADOVIČOVÁ, N. – PALOVIČOVÁ, J. 2013. Kreativne, estetické a psychomotorické činnosti. Banská Bystrica: FHV UMB, 2013 96s. ISBN 978-80-557-0579-8
11. HALMOVÁ, N. 2000. Rytmická gymnastika a aerobik. Nitra: PF UKF, 2000, 66 s.

12. Kolektív autorov. 2014. Telesná a športová výchova – kolektívne športové činnosti, gymnastické a tanečné pohybové činnosti. Bratislava: NŠC a FTVŠ UK Bratislava, 246s. ISBN: 978-80-971466-3-4 [cit. 2021-09-09]. Dostupné na internete: 13. http://videoportal.fhvp.unipo.sk/2015/2015_projekt_fasportu/rl_aer/rl_aer.htm			
Language of instruction: slovak			
Notes:student time load: 90 hours, of which: preparation of the final thesis project and contact consultations with the thesis supervisor: 80 hours, active output at the faculty-wide SVUK 10 hours.			
Course assessment The final number of assessed students: 4			
abs	n	p	v
100.0	0.0	0.0	0.0
Instructor: PaedDr. Boris Beťák, PhD., Mgr. Miroslava Rošková, PhD., PaedDr. Rastislav Kollár, PhD.			
Last changed: 13.01.2025			
Approved by: prof. PaedDr. Ivan Čillík, CSc.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-utr-251	Course name: Student scientific activity 2
Type, extent and method of instruction: Form of instruction: Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 4.	
Level: II.	
Prerequisites:	
Course completion conditions: A condition of the course assessment is the active participation of the student in the SSCC. During the semester, the student continuously works on his/her research project or on the creation of a movement composition. The outcome of the course is the submission and handing in of the project of the scientific thesis or the idea sheet of the movement composition and the active performance at the all-faculty SVUK on the specified date in the summer semester. The student must master the specified requirements for the final course grade. b) final assessment: - on the basis of active participation in the faculty-wide SACS (graduated).	
Learning objectives: Student: Theoretical section - remembers and masters the knowledge of the issues of preparation and implementation of scientific work, - can apply the knowledge in specific scientific work. - is able to orientate himself/herself in the problems of different types of professional and scientific work, - is able to understand the interrelationships of knowledge from individual disciplines of higher education, - is able to apply the knowledge acquired in the subjects to specific procedures in his/her own scientific work. - can correctly use methods, interpret results and formulate conclusions, - can create a specific scientific work in sport, which can be the basis for his/her final thesis. - can analyse a solved problem into logically and systematically separated and interconnected structural parts of a scientific thesis. - is able to continue his/her education in the subject and can be independent and autonomous. Movement tracks - Can perform an overall harmonisation of movement and music - knows how to apply appropriate content means in relation to the subject and the maturity of the practitioners, technical demonstration - can interpret the musical subject in rhythmic, tempo and dynamic structure, uniformity of performance, interplay in plan and space.	

- can use variety, gradations, logical sequence of exercises, development and variations of supporting movement motifs,
- knows how to incorporate appropriate elements with the application of compositional articulation, application of contrast and variety of variations of movement motifs
- can create and perform a complete movement composition with an original theme.

Brief outline of the course:

Theoretical section

- Preparation and implementation of scientific work.
- Timetable of thesis development.
- The peculiarities of scientific work in sport.
- Work with sources, list of bibliographic references - Individual parts of the scientific work.
- Methods of data acquisition.
- Methods of evaluation.
- Interpretation of results, formulation of conclusions, etc.
- Ethical issues related to scientific work.
- Communication skills in presentation.
- Shortcomings in conducting research and writing scientific papers.

Movement tracks

- Preparation of the theme of a movement composition.
- selection of a musical theme
- choreography
- technical mastery of individual movement elements and their variations
- application of spatial changes
- use of appropriate expressive elements and means

Recommended literature:

1. Časopisecká odborná a vedecká literatúra z domácich, zahraničných printových aj online literárnych zdrojov, ktoré vychádzajú zo záverečných prác.
2. HENDL, J. 2009. Přehled statistických metod : analýza a metaanalýza dat. Praha : Portál, 2009. 736 s. ISBN 978-80-7367-482-3.
3. KIMLIČKA, Š. 2002. Ako citovať a vytvárať zoznamy bibliografických odkazov podľa noriem ISO 690 pre „klasické“ a elektronické zdroje. Bratislava : STIMUL, 2002. 82 s. ISBN 80-88982-57-X.
4. KOMPÁN, J. a kol. 2010. Vedy o športe. Pedagogická fakulta, Univerzita J. E. Purkyně v Ústí nad Labem: PrintActive s.r.o. Ústí nad Labem, 2010. 166 s. ISBN 9788074142741
5. MEŠKO, D. – KATUŠČÁK, D. a kol. 2004. Akademická príručka. Martin : Osveta. 2004. 317 s.
6. PIVOVARNIČEK, P. 2021 Štatistické vyhodnocovacie metódy vo vedách o športe pomocou softvéru SPSS. Bratislava: VEDA, 2021. 225 s. ISBN 978-80-200-3295-9
7. SMERNICA č.12/2011 o záverečných, rigorózných a habilitačných prácach na UMB v Banskej Bystrici a jej dodatky
8. ŠVARÍČEK, R. – ŠEĐOVÁ, K. 2007. Kvalitativní výskum v pedagogických vědách. Praha : Portál, 2007. 384 s. ISBN 9788026206446
9. ŠVEC, Š. a kol. 1998. Metodológia vied o výchove. Bratislava : IRIS, 1998. 300s. ISBN 8088778735
9. HALMOVÁ, N.- PALOVIČOVÁ, J.-ŠIMONEKOVÁ, H.-TRUNEČKOVÁ, E. 2002. Rytmická gymnastika a tance II. časť. Nitra: PF UKF, 2002, 156 s. ISBN: 80- 8050- 560- 8.
10. NOVOTNÁ, N.- VLADOVIČOVÁ, N. – PALOVIČOVÁ, J. 2013. Kreativne, estetické a psychomotorické činnosti. Banská Bystrica: FHV UMB, 2013 96s. ISBN 978-80-557-0579-8
11. HALMOVÁ, N. 2000. Rytmická gymnastika a aerobik. Nitra: PF UKF, 2000, 66 s.

12. Kolektív autorov. 2014. Telesná a športová výchova – kolektívne športové činnosti, gymnastické a tanečné pohybové činnosti. Bratislava: NŠC a FTVŠ UK Bratislava, 246s. ISBN: 978-80-971466-3-4 [cit. 2021-09-09]. Dostupné na internete: 13. http://videoportal.fhvp.unipo.sk/2015/2015_projekt_fasportu/rl_aer/rl_aer.htm			
Language of instruction: slovak			
Notes:student time load: 90 hours, of which: preparation of the final thesis project and contact consultations with the thesis supervisor: 80 hours, active output at the faculty-wide SVUK 10 hours.			
Course assessment The final number of assessed students: 6			
abs	n	p	v
100.0	0.0	0.0	0.0
Instructor: PaedDr. Boris Beťák, PhD., Mgr. Miroslava Rošková, PhD., PaedDr. Rastislav Kollár, PhD.			
Last changed: 13.01.2025			
Approved by: prof. PaedDr. Ivan Čillík, CSc.			

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-utr-223		Course name: Swimming Exercises 2				
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 2.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 97						
A	B	C	D	E	FX(0)	FX(1)
54.64	24.74	12.37	8.25	0.0	0.0	0.0
Instructor: PaedDr. Zuzana Pupišová, PhD., univ. doc., PaedDr. Martina Mandzáková, PhD., univ. doc.						
Last changed: 05.10.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-utr-009		Course name: Team Building in PE and Sports				
Type, extent and method of instruction: Form of instruction: Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 4						
Recommended semester/trimester: 2.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 101						
A	B	C	D	E	FX(0)	FX(1)
90.1	0.99	0.0	0.0	0.0	8.91	0.0
Instructor: doc. Mgr. PhDr. Miroslav Sližik, PhD., Mgr. Miroslava Rošková, PhD., PaedDr. Jaroslav Kompán, PhD.						
Last changed: 15.02.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica						
Faculty: Faculty of Sports, Science and Health						
Code: 2d-utr-225		Course name: Tennis Exercises 2				
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined						
Number of credits: 3						
Recommended semester/trimester: 2.						
Level: II.						
Prerequisites:						
Course completion conditions:						
Learning objectives:						
Brief outline of the course:						
Recommended literature:						
Language of instruction:						
Notes:student time load:						
Course assessment The final number of assessed students: 116						
A	B	C	D	E	FX(0)	FX(1)
35.34	37.07	14.66	4.31	1.72	6.9	0.0
Instructor: PaedDr. Boris Beťák, PhD.						
Last changed: 05.10.2022						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-vdsl-02	Course name: The Great Works in World Literature II
Type, extent and method of instruction: Form of instruction: Lecture Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2., 4.	
Level: II.	
Prerequisites:	
Course completion conditions: The student prepares an essay in which he/she takes a position on the issue discussed. The final assessment is passed/failed.	
Learning objectives: 1. The student will obtain an adequate overview of the origin and functioning of selected representative literary works from several civilizational and cultural areas from medieval literature to contemporary literature; will improve in professional terminology. 2. The student will acquire the specific interpretation skills necessary when working with a literary text anchored in a radically different cultural environment, thereby strengthening tolerance towards cultural differences and the will to respect the right to be different. 3. The student is able to conduct research on the assigned topic, can identify reliable sources, select relevant information from them and present it to others in a clear and useful form. 4. The student will acquire an organized sum of knowledge and a more widely applicable set of useful habits, methods, approaches, competences applicable in the interpretation of literary and non-literary texts or other cultural phenomena from various cultural periods.	
Brief outline of the course: Some of the greatest works of the European literature from the Middle Ages to the present day will be presented. It will be a selective selection of the presentation of literary worlds and the values they created. The Divine Comedy as the main work of the Middle Ages or the Renaissance? The Middle Ages as the "cradle" of European culture and education. Testaments enfant terrible. The spiciness of the Decameron and Laura's ephemerality. From Shakespeare to French classical drama. Playwrights and their (non)dramatic characters. Fairy tales that changed the world. Shock the bourgeois! Avant-gardes in world art. Literature as a place for women. On Freedom, Being and Apricot Cocktails: Existentialism in World Literature. Crazy for Life: The Beat Generation and Their Followers. Great works in small publishers.	
Recommended literature: 1. BURKE, Peter. Kulturní historie. Dokořán, 2011. 2. MACURA, V. a kol.: Slovník světových literárních děl. 3. PIŠŮT, M.: Dejiny svetovej literatúry (I., II.). 4. Malá encyklopédia spisovateľov sveta	

5. VANTUCH, A.: Dejiny francúzskej literatúry.
6. BAŠTÍN, Š.: Dejiny anglickej a americkej literatúry.
7. STROMŠÍK, J.: Od Grimmshausena k Dürrenmattovi – Kapitoly z nemecké literatury.
8. CVRKAL, I.: Z dejín európskych literatúr 20. storočia.
9. CVRKAL, I.: Kapitoly z moderny, avantgardy a postmoderny.
10. NEZVAL, V.: Moderní básnické směry.
11. KASÁČ, Z.: Svetová literatúra 20. storočia.
12. Heslo Svetová literatúra, v: <http://hyperlexikon.sav.sk/sk/pojem/zobrazit///svetova-literatura>
13. <http://encyclopedia.thefreedictionary.com/Literature>

Language of instruction:

Slovak

Notes:student time load:

90 hours, of which 26 hours full-time, 64 hours self-study

Course assessment

The final number of assessed students: 78

abs	n	p	v
92.31	7.69	0.0	0.0

Instructor: PaedDr. Zuzana Bariaková, PhD., prof. PaedDr. Martin Golema, PhD., doc. Ivan Jančovič, PhD., Mgr. Martina Kubealaková, PhD., univ. doc., Mgr. Eva Pršová, PhD., doc. PaedDr. Jozef Tatár, PhD., Mgr. Eva Urbanová Šimková, PhD.

Last changed: 19.09.2023

Approved by: prof. PaedDr. Ivan Čillík, CSc.

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-utr-004	Course name: Theory and Didactics of Recreational Sports
Type, extent and method of instruction: Form of instruction: Lecture / Seminar Course type: B (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 / 26 Method of study: combined	
Number of credits: 4	
Recommended semester/trimester: 3.	
Level: II.	
Prerequisites:	
Course completion conditions: During the semester, the student will develop a recreational exercise program and implement a sports-recreational activity. The condition of subject evaluation is mandatory, active participation of the student in classes. Acceptable absence is 3 hours. from the total subsidy for the semester. During the period to complete the study obligations, the student takes a written test on the theory and didactics of physical and recreational activities. a) continuous assessment: - recreational exercise program – 40 points - management of sports and recreational activities - 20 points	
Learning objectives: A student - is able to know and follow the principles and rules of recreational sports; - knows how to use sports and exercise activities in free time; - can understand the importance of active rest to eliminate mental and physical fatigue; - evaluates the compensatory effect of physical exercises and knows suitable exercises to achieve it; - creates a reservoir of sports and recreational activities and a positive attitude towards purposeful use of free time, towards maintaining physical and mental health.	
Brief outline of the course: The importance and application of recreational and sports activities in free time and in the current way of life. Concepts from the field of recreational sports, free time, contemporary lifestyle and the place of sports - recreational activities in it. The difference between sports and sports-recreational training. Effects of recreational-sports training. Basic knowledge of the theory and didactics of recreational sports. Structure of sports and leisure activities. Teaching principles, procedures and methods in physical education and recreational sports. Organizational and didactic forms of the physical education process in basic physical education and recreational sports. Characteristics of movement activities in recreational sports.	

Characteristics of exercises in the ontogenetic development of the adult population. Development of aerobic fitness in recreational sports. Physical fitness testing in recreational-sports training. Determinants influencing the relationship to sports and recreational activities.						
Recommended literature: 1. BUKOVÁ, A. 2015. Didaktika základnej telesnej výchovy a rekreačného športu. Košice : UPJŠ, 2015. 92s. ISBN 978-80-8152-349-6 2. GLESK, P. - HARSÁNY, L. 1994. Metodika tréningu v rekreačnom športe. Bratislava: Olympijská spoločnosť Slovenska. 1994. 123 s. 3. HRČKA, J. - DRDÁČKA, B. 1992. Rekreačná telesná výchova a šport. Bratislava: SNP, 1992.181s. ISBN 80-08-00486-X 4. LABUDOVIČ, J. a kol. 2002. Šport pre všetkých. Bratislava: SZ RTVŠ. 2002. 5. LIBA, J. 2010. Výchova k zdraviu. Prešov: Prešovská univerzita. 2010. 260 s. ISBN978-80-555-0070-6 6. NEMČEK, D. a kol. 2011. Kvalita života seniorov a pohybová aktivita ako jej súčasť. Prešov : PU. 163 s. ISBN 978- 80- 7165-857-3 7. NEMČEK, D. a kol. 2010. Úroveň vybraných pohybových schopností žien v staršom veku. Bratislava: END s.r.o. 116 s. ISBN 978 -80-89324-03-3						
Language of instruction: slovak						
Notes:student time load: 120 hours, of which: Combined study (P, S, K): 39 hours Self-study: preparation for the written test: 81 hours.						
Course assessment The final number of assessed students: 172						
A	B	C	D	E	FX(0)	FX(1)
37.79	36.05	21.51	2.33	0.0	2.33	0.0
Instructor: PaedDr. Stanislava Straňavská, PhD., doc. PaedDr. Jiří Michal, PhD.						
Last changed: 07.09.2024						
Approved by: prof. PaedDr. Ivan Čillík, CSc.						

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-ajm-313	Course name: Turkish Language 1
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3.	
Level: II.	
Prerequisites:	
Course completion conditions: During the semester, students will take a written test that will verify the practical use of their knowledge. They will take a written test with variable assignments for the practical application of theoretical knowledge and take the final oral exam after the end of the semester. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%). a) continuous assessment: a) written test – 40 points b) final assessment: b) final written examination: 0 – 60 points	
Learning objectives: Students will be able: 1. to talk about places/directions/family/occupation in Turkish, 2. to listen to and understand some simple short dialogues in Turkish, 3. to read some texts in Turkish, 4. to write some texts in Turkish.	
Brief outline of the course: 1. Greeting 2. Daily Life 3. Our family and our relatives 4. Time is passing 5. Enjoy your mail 6. Bureaucracy everywhere 7. The future will come some day also 8. He said something 9. Different worlds and lifes 10. Our media 11. Healthy living	

12. Travel							
Recommended literature: 1. Gökkuşuğu Türkçe Eğitim Kitabı (Rainbow Turkish Education Book), Mgr Öztürk TUNCAY, Dilset, 2014. 2. Yeni Hayat (New Life), Gedik Enver, Mevsimler, 2015. 3. Yabancı Dil Olarak Türkçe Öğretimi, Prof Dr. Güzel Abdurrahman, Akçağ, 2002. 4. Etkinliklerle Türkçe Öğretimi, Aslan Derya and Doğan Birsen, Ekin, 2013. 5. Haydi Türkçe Öğrenelim, commision, Yunus Emre enstitüsü, 2015.							
Language of instruction: English language B2							
Notes:student time load: student workload: 90 hrs. seminars: 13 study for the continuous written test: 30 hrs. study for the final oral exam: 47 hrs.							
Course assessment The final number of assessed students: 99							
A	B	C	D	E	FX(0)	FX(1)	n
64.65	8.08	10.1	13.13	2.02	2.02	0.0	0.0
Instructor: Dr. İsmail Aydo#du							
Last changed: 16.08.2022							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-ajm-314	Course name: Turkish Language 2
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2.	
Level: II.	
Prerequisites:	
Course completion conditions: During the semester, students will take a written test that will verify the practical use of their knowledge. They will take a written test with variable assignments for the practical application of theoretical knowledge and take the final oral exam after the end of the semester. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%). a) continuous assessment: a) written test – 40 points b) final assessment: b) final written examination: 0 – 60 points	
Learning objectives: Students will be able: 1. to talk about places/directions/family/occupation in Turkish, 2. to listen to and understand some simple short dialogues in Turkish, 3. to read some texts in Turkish, 4. to write some texts in Turkish.	
Brief outline of the course: 1. Greeting 2. Daily Life 3. Our family and our relatives 4. Time is passing 5. Enjoy your mail 6. Bureaucracy everywhere 7. The future will come some day also 8. He said something 9. Different worlds and lifes 10. Our media 11. Healthy living	

12. Travel 13. Turkish culture and identity 14. Lifestyle							
Recommended literature: 1. Gökkuşuğu Türkçe Eğitim Kitabı (Rainbow Turkish Education Book), Mgr Öztürk TUNCAY, Dilset, 2014. 2. Yeni Hayat (New Life), Gedik Enver, Mevsimler, 2015. 3. Yabancı Dil Olarak Türkçe Öğretimi, Prof Dr. Güzel Abdurrahman, Akçağ, 2002. 4. Etkinliklerle Türkçe Öğretimi, Aslan Derya and Doğan Birsen, Ekin, 2013. 5. Haydi Türkçe Öğrenelim, commission, Yunus Emre enstitüsü, 2015.							
Language of instruction: English language B2							
Notes:student time load: student workload: 90 hrs. seminars: 13 study for the continuous written test: 30 hrs. study for the final oral exam: 47 hrs.							
Course assessment The final number of assessed students: 59							
A	B	C	D	E	FX(0)	FX(1)	n
62.71	15.25	11.86	6.78	0.0	3.39	0.0	0.0
Instructor: Dr. İsmail Aydo#du							
Last changed: 16.08.2022							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-ajm-315	Course name: Turkish Language 3
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 13 Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 1., 3.	
Level: II.	
Prerequisites:	
Course completion conditions: During the semester, students will take a written test that will verify the practical use of their knowledge. They will take a written test with variable assignments for the practical application of theoretical knowledge and take the final oral exam after the end of the semester. The maximum number of points for the continuous and final assessment is 100. Credits will be assigned to the student who acquires a minimal 65 out of 100 points for the fulfilment of the given conditions. The evaluation will be based on the ECTS grading scale: A (100-94%), B (93-87%), C (86-80%), D (79- 73%), E (72- 65%). a) continuous assessment: a) written test – 40 points b) final assessment: b) final written examination: 0 – 60 points	
Learning objectives: Students will be able: 1. to talk about places/directions/family/occupation in Turkish, 2. to listen to and understand some simple short dialogues in Turkish, 3. to read some texts in Turkish, 4. to write some texts in Turkish.	
Brief outline of the course: 1. Greeting 2. Daily Life 3. Our family and our relatives 4. Time is passing 5. Enjoy your mail 6. Bureaucracy everywhere 7. The future will come some day also 8. He said something 9. Different worlds and lifes 10. Our media 11. Healthy living	

12. Travel 13. Turkish culture and identity 14. Lifestyle							
Recommended literature: 1. Gökkuşuğu Türkçe Eğitim Kitabı (Rainbow Turkish Education Book), Mgr Öztürk TUNCAY, Dilset, 2014. 2. Yeni Hayat (New Life), Gedik Enver, Mevsimler, 2015. 3. Yabancı Dil Olarak Türkçe Öğretimi, Prof Dr. Güzel Abdurrahman, Akçağ, 2002. 4. Etkinliklerle Türkçe Öğretimi, Aslan Derya and Doğan Birsen, Ekin, 2013. 5. Haydi Türkçe Öğrenelim, commission, Yunus Emre enstitüsü, 2015.							
Language of instruction: English language B2							
Notes:student time load: student workload: 90 hrs. seminars: 13 study for the continuous written test: 30 hrs. study for the final oral exam: 47 hrs.							
Course assessment The final number of assessed students: 12							
A	B	C	D	E	FX(0)	FX(1)	n
33.33	0.0	8.33	41.67	0.0	16.67	0.0	0.0
Instructor: Dr. İsmail Aydo#du							
Last changed: 16.08.2022							
Approved by: prof. PaedDr. Ivan Čillík, CSc.							

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Sports, Science and Health			
Code: 2d-FS1-003		Course name: University folklore ensemble 1	
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3.			
Level: II.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 21			
abs	n	p	v
100.0	0.0	0.0	0.0
Instructor: Mgr. art. Martin Urban, PhD.			
Last changed: 04.04.2023			
Approved by: prof. PaedDr. Ivan Čillík, CSc.			

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Sports, Science and Health			
Code: 2d-UKO1-003		Course name: Univerzitný komorný orchester 1	
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3.			
Level: II.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 5			
abs	n	p	v
80.0	20.0	0.0	0.0
Instructor: Mgr. Pavel Martinka, PhD.			
Last changed: 04.04.2023			
Approved by: prof. PaedDr. Ivan Čillík, CSc.			

Course Description

University: Matej Bel University in Banská Bystrica			
Faculty: Faculty of Sports, Science and Health			
Code: 2d-SPZ1-003		Course name: Univerzitný spevácky zbor 1	
Type, extent and method of instruction: Form of instruction: Seminar Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: 26 Method of study: combined			
Number of credits: 3			
Recommended semester/trimester: 1., 3.			
Level: II.			
Prerequisites:			
Course completion conditions:			
Learning objectives:			
Brief outline of the course:			
Recommended literature:			
Language of instruction:			
Notes:student time load:			
Course assessment The final number of assessed students: 19			
abs	n	p	v
100.0	0.0	0.0	0.0
Instructor: Mgr. Pavel Martinka, PhD.			
Last changed: 04.04.2023			
Approved by: prof. PaedDr. Ivan Čillík, CSc.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-utr-253	Course name: Volunteering in sports 1
Type, extent and method of instruction: Form of instruction: Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 2.	
Level: II.	
Prerequisites:	
Course completion conditions: 1. Active volunteering for a total of 40 hours for: (a) an international or domestic sporting event organised by a national sports federation or other sports organisation, (b) a faculty or national round of the SVA; or (c) co-organising sporting events for students and staff of UMB 2. Preparation of a final report on the volunteering activity, which is also a certificate of completion. The student's final report will be certified by the organisation for which the volunteering activity was carried out. The confirmation shall include the name of the organisation, the student's name, surname and date of birth, the name of the sporting event, the date and the total time in hours of the volunteering activity. The student shall briefly describe the content of the volunteering activity and the skills acquired during the volunteering. b) final assessment: Final grade based on completion of course requirements and student completion of a final report - (Pass). The student may also acquire a total of 40 hours through a combination of volunteering at several events in which he/she has actively participated.	
Learning objectives: Student: - is able to use terminology correctly in the chosen sport, - is able to correctly name and describe the content of the chosen sport, - knows the rules in the chosen sport, - is flexible and able to fulfil the tasks of the organising committee	
Brief outline of the course: Volunteering at an international sporting event.	
Recommended literature:	
Language of instruction: Slovak/Czech/English	
Notes:student time load:	

Total time commitment of the student: 90 hours, of which: 40 hours of volunteering Preparation for volunteering: 35 hours Preparation of the final report: 15 hours			
Course assessment The final number of assessed students: 0			
abs	n	p	v
0.0	0.0	0.0	0.0
Instructor: PaedDr. Boris Beťák, PhD., Mgr. et Mgr. Jana Daubnerová, PhD., PaedDr. Rastislav Kollár, PhD.			
Last changed: 14.03.2025			
Approved by: prof. PaedDr. Ivan Čillík, CSc.			

Course Description

University: Matej Bel University in Banská Bystrica	
Faculty: Faculty of Sports, Science and Health	
Code: 2d-utr-254	Course name: Volunteering in sports 2
Type, extent and method of instruction: Form of instruction: Course type: C (A - Compulsory courses, B - Compulsory elective courses, C - Elective courses) Recommended number of periods: Method of study: combined	
Number of credits: 3	
Recommended semester/trimester: 4.	
Level: II.	
Prerequisites:	
Course completion conditions: 1. Active volunteering for a total of 40 hours for: (a) an international or domestic sporting event organised by a national sports federation or other sports organisation, (b) a faculty or national round of the SVA; or (c) co-organising sporting events for students and staff of UMB 2. Preparation of a final report on the volunteering activity, which is also a certificate of completion. The student's final report will be certified by the organisation for which the volunteering activity was carried out. The confirmation shall include the name of the organisation, the student's name, surname and date of birth, the name of the sporting event, the date and the total time in hours of the volunteering activity. The student shall briefly describe the content of the volunteering activity and the skills acquired during the volunteering. b) final assessment: Final grade based on completion of course requirements and student completion of a final report - (Pass). The student may also acquire a total of 40 hours through a combination of volunteering at several events in which he/she has actively participated.	
Learning objectives: Student: - is able to use terminology correctly in the chosen sport, - is able to correctly name and describe the content of the chosen sport, - knows the rules in the chosen sport, - is flexible and able to fulfil the tasks of the organising committee	
Brief outline of the course: Volunteering at an international sporting event.	
Recommended literature:	
Language of instruction: Slovak/Czech/English	
Notes:student time load:	

Total time commitment of the student: 90 hours, of which: 40 hours of volunteering Preparation for volunteering: 35 hours Preparation of the final report: 15 hours			
Course assessment The final number of assessed students: 1			
abs	n	p	v
100.0	0.0	0.0	0.0
Instructor: PaedDr. Boris Beťák, PhD., Mgr. et Mgr. Jana Daubnerová, PhD., PaedDr. Rastislav Kollár, PhD.			
Last changed: 14.03.2025			
Approved by: prof. PaedDr. Ivan Čillík, CSc.			